

SSB Outreach Program

Items will be donated to a charitable institution*

Ongoing Donation List

✔Non-perishable food items:	✓ Hygiene products:
 ▶ Bottled water • Energy bars • Hot cereals • Whole grain crackers • Whole wheat pasta • Low sugar/high fiber cereal • Whole grain rice ✔ Canned food items: • Canned vegetables • Vegetable juice • Tomato sauce • Spaghetti Sauce • Canned fruit • Shelf-stable fruit cups • Canned Tuna • Canned Salmon • Canned Beans • Canned Chili • Canned Soups/Stews • Peanut butter • Nuts (unsalted) 	Razors Shaving cream Wet wipes Soap Shampoo/Conditioner Lotion Balmex rash cream Tampons Adult diapers ✓ General items Backpacks and tote bags (water-resistant)
	Humidifiers Air mattresses Plastic storage bins Blankets ✓ Clothes: must be NEW Socks (Adult sizes/Crew) Undergarments (all sizes): Boxers Boxers Sports Bras Women's Undergarments
✓ Baby products	✓ Clothes/shoes: gently used/new
Diapers (all sizes) Plastic baby bathtubs Baby formula (powder) Baby bottles & Pacifiers Hospital-grade personal breast-pumps Infant Tylenol and children's Motrin Infant bags or diaper bags Baby bouncers, walkers, and play mats	T-shirts (Size: Medium and above) Sturdy shoes (Adult sizes) Winter only (accepted September – January) Sweatpants Sweatshirts Thermal underwear tops and bottoms Gloves and hats



* Health Care for the Homeless (HCH) serves people who lack stable housing. This includes people living in shelters, transitional housing, on the streets, or "doubled up" with friends, neighbors, or relatives.

If you have any question, please contact us at: