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"The one who is not devoted to the liberating action of work becomes a drag on the economy and society."

From the book Happy Life
by Joanna de Angelis / Divaldo Franco



Selfishness

SpiritistNews is back

New Design –New Space- New Year!



Always we learn dear friends, that renovation goes hand in hand with our spiritual development. In the Genesis codified by Allan Kardec we learn that when we become morally developed our ideas and concepts broaden. How do our concepts and ideas become broadened? One way is through self-renovation and renewal. That is why these past few months at the SSB we have been learning about Christ Conscious Emotions. Educating ourselves, second to loving one another according to Kardec, is vital in our renovation and renewal process. Christ Conscious emotions teach us to deepen our emotional intelligence and assist us in finding a deeper relationship with God.

We hope you will join us in this journey of a thousand miles that begins with a single step. All our activities continue to reflect these rejuvenating ideas with our Thursday studies on the book "Evolution in Two Worlds" to our theme of Christ Conscious Emotions. Come out and learn with us!

- Editors

A Recipe Against Selfishness

1. Try to forget the dark side of someone's personality.
2. Learn to listen calmly to your brother's complaints, without the impulse to interrupt him.
3. Forget the illusion that our relatives are the best people in the world and that your home should be given special privileges.
4. Do not dispute the paternity of useful ideas, even if it crosses your mind, since the authorship of all elevated services belongs to Jesus, our Master and Lord.
5. Do not cultivate self-promotion so that vanity does not nest in your heart.
6. Listen serenely and silently to harsh or bitter comments of your superiors and to assist with calmness and kindness to colleagues or subordinates, when they are touched by the cloud of trouble.
7. Receive kindly those who are neurotic and disrespectful, vaccinating yourself against impatience.
8. Abandon all kinds of criticism, understanding that you could be next to receive reprove.
9. Get used to people who have different views from your own and who appear much happier than you so that you may live on earth with the necessary balance.
10. Honor Charity in your own home, helping first, your own family, through the rigorous performance of your obligations, so that you are actually able to serve the world and mankind, today and forever.

- by the Spirit Andre Luiz

OUTREACH PROGRAM

Join us in serving meals for the homeless and those struggling with addiction at the Helping Up Mission. Please chose a date in our news board and sign your name.



Next:

Feb 19

- **Serving lunch**
12:30 pm to 2 pm
- **Serving dinner**
4:30 pm to 6 pm

(On Feb 19, we need two different groups. No more than 10 people per group)



Special Program

Jan – Feb 2012

SATURDAYS 6:00pm – 7:30pm

All sessions are followed by Passes services and are Free of Charge

Join us and deepen your understanding of Spiritism!

12-Step Program on Christ Conscious Feelings

Cont...

Jan 07 – **Indulgence** by Alba Morales

Jan 14 – **Faith** by Daniel Santos

Jan 28 – **Charity** by Vanessa Anseloni

Feb 04 – **Duty** by Leonardo Vieira

Feb 11 – **Love** by Kirsten DeMeio



5th SSB Spiritist Forum

Honoring Life

Saturday
Feb 14, 2012
9am – 9pm

- 1 – Boosting Progress with Spiritism
- 2 – Understanding collective karma
- 3 – The right to live
- 4 – Spiritual consequences of death penalty
- 5 – The right to die



THURSDAYS 7:00 – 8:40 PM

Evolution in Two Worlds
(COURSE)

For more information : Phone: 410-382-5328 e-mail: ssb@ssbaltimore.org site: www.ssbaltimore.org

Location: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226

MONDAYS 6:00 – 8:00 PM

Fraternal Counseling (6:15 - 8:55)

Spiritual Treatment (7:00 - 7:50)

“There are different moments in your life when. engrossed in problems. you feel ignored and think nobody knows the troubles you bear.
God Knows.”

- Joanna de Angelis/Divaldo Franco (book Child of God)

ALWAYS HELP (André Luiz, F.C.X.)

Faced by the night, do not censure the darkness.
Learn to disperse it with light.
*

It is futile to condemn the swamp.
Help it become purified.
*

On a stony road, do not throw rocks at others.
Transform the stones into useful works.
*

Avoid condemning the clamor of others.
Teach a profitable lesson with your silence.
*

When faced by difficult situations, do not adopt uncertainty.
Confront them with a clean conscience.

It is useless to blame the thorn.
Remove it with kindness.
*

Do not criticize the barren ground.
Instead, fertilize it.
*

Do not reproach the desert.
Help dig a well under the burning sand.
*

There is no advantage in disapproving when everyone else disapproves.
Help your brother with a good word.
*

It is always easy to observe evil and identify it.
However, what Christ expects from us is the discovery and cultivation of the good so that Divine Love may be glorified.

On the Web

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