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*"Aid in your conversations. A good word always helps."*

- Andre Luiz/Chico Xavier

## Finding Happiness in the Divine Laws!

As we gear up for this hot summer we find ourselves sweating and trying to find ways to stay cool! We cannot avoid this scorching weather and likewise the heating up of our issues within our family ties as well.

Understanding the great transition our planet is enduring. More than ever we should reflect on part three of The Spirits' Book, where it lays out all of the natural/divine laws. There we find a sort of hand book on how to act, understand and work within ourselves and within our family. Understanding as well, as said in The Gospel according Spiritism, Ch. 14-item 8, that there are two kinds of families; families through spiritual ties and families of blood ties.

Let us see the importance of respecting and valuing family ties according to The Spirits' Book question 775, What would be the results for society if family ties were relaxed? - *A magnification of selfishness.*

We see here the importance of nourishing of family ties, as we understand in Spiritism the families we have are divinely chosen for us for our benefit and the benefit of those around us. It warrants us to reflect as well to do the best we can in our families. The spirits go even further to say, that "doing good does not only mean being charitable, but also being as useful as possible whenever your help is needed". This is a call to personal responsibility for all us. The spirits do not specify when and where this should be applied but in all ways we should look to practice this, and what better place to start than our very own family!

Take some time each day and reflect and ask yourself this questions "Am I being as helpful to my family as possible and to my neighbor?". Some people may say to themselves, "there is no good I can do in my family or neighbor...". Well the spirits left no rock unturned when they enlighten us in Q643 when they say "There are none who cannot do good- only selfish people never find an opportunity".

On that note we encourage you and welcome you to take part on this months lecture series that continues to talk about the divine/natural laws. Allowing each talk to be a gateway to you and your progress. (see schedule in page 2)



## Opposing Forces

*Emmanuel (spirit) and Chico Xavier (medium)*

Speaking of enemies, let us not refer, at this time, to people, but to opposing forces.

On the earth, we often find ourselves at the beginning or in the middle of vulnerable edification when certain events discourage or disturb us. In general, these are adverse current of thoughts that collapse on us, delaying projects and advantages that not only would benefit us, but also to the community to which we are bound.

This happens in spite of our confidence in goodness and all of our efforts in effecting it. And it happens because we are evolving spirits who need progress and refinement to whom err, however regrettable, serves as a lesson.

Let us learn how to move away disharmony, as much as we already prevent smallpox, and meningitis on earth. In the case of opposing energies, silence becomes its ideal vaccine.

When we empower ourselves by knowing that the lack of information is the absence of clues, we will easily entrust the sole task of lighting the green light of permission only for the best.

Currently on earth, we talk about a diversity of outlets: outlets of electricity, of energy, of supporting fuel. It is also fair to recognize that the outlet of spiritual shadows exists as well. It is a kind of wire for connection to imbalance.

Any little share of disoriented mental force can trigger a whole avalanche of preventable trials. This outlet of spiritual shadows is clearly revealed in a statement of complaint, in a frivolous remark, a joke in bad taste, in an unhappy human, a malicious reference, or any key concept that can lead us to lack of charity and disturbance.

Let us now recall the traffic signals. Let us watch ourselves while focusing in the general good. If you are mentally visited by ideas of cruelty and discord, lamentations or sadness, light up the red "do not proceed", in the space between the brain and the lips or between thoughts and hands to prevent the inconvenience and destructive spoken or written words.

This is the only way in which you will be wired to focus our attention on the love that disarms the opponents and makes us free, permanently free of negative forces considered by evil influences.



## Unpaid Help

Save some time for unpaid brotherly charity and for community action.

“Spare time” is always a dangerous mental space.

Donate it to your neighbor or to some organization dedicated to good deeds, to the building of lives.

Little actions result in the miracle of great accomplishments.

Never put off giving disinterested, unpaid help.

There is so much suffering awaiting help and understanding.

- Joanna de Angelis

In: *Happy Life* by Joanna de Angelis/Divaldo Franco



## - Lecture-Series - Awaken Conscience, Happy Individual

July 2012

- Calendar -

**SATURDAYS 6:00pm – 7:30pm \***  
All sessions are followed by Passes services and Free of Charge

July 7 – **Joseph, an Inspiration for Parents**  
by Vanessa Anseloni

July 14 – **Cherishing Family Ties**  
by Kirsten DeMelo

July 21 – **Progress always, never regress**  
by Daniel Santos

July 28 – **In the making of true civilization**  
by Leo Vieira

**THURSDAYS 7:00pm – 9:00pm \***

- July 5 - **Movie Night & Fundraiser** (refreshments)



**THE FILM OF THE SPIRITS**  
(O Filme dos Espiritos)  
After losing his wife to cancer, Dr. Bruno thinks of suicide. On the edge of suicide, he is offered The Spirits' Book and begins a new journey of transformation in regard to what he considered unknown and mysterious in his life. Surprisingly uplifting, this movie brings new hope and explanations about Life.

- July 12, 19, 26 - **Spirits in Your Diet**  
Spiritist Presentations and Discussions on Physical-Spiritual Nourishment

### SPYC Summer Camp and Family Day at the SSB!

Theme: Wellness, Finances and Spirituality

**Sunday, July 29, 2012**  
11:00am – 3:00pm

Location:  
Ruscombe Mansion  
4801 Yellowwood Ave,  
Baltimore, MD 21209

**Program**  
11:00am – **Movie Screening**  
THE FILM OF THE SPIRITS  
(O Filme dos Espiritos)  
for to the parents while children and youth start their activities

2 pm - **Finances and Spirituality**  
by Rev. Alice Reid

\$20 per Adult - FREE for Kids

**About Rev. Alice Reid**

In addition to her passion for engaging her spiritual life, Rev. Reid is an accountant and has her own Tax and Accounting practice, Compassionate Tax Service. Alice ministers her clients to move beyond their insecurities and fears about their money and taxes by building supportive relationships and empowering individuals to embrace their personal and business finances. Alice is outspoken about her beliefs that everything in life is inherently spiritual, even business and often interweaves the Religious Science philosophy into her professional activities.

**MONDAYS 6:00 – 8:00 PM\***

**Fraternal Counseling** (6:15pm-7:55pm)  
**Spiritual Treatment** (7:00pm – 7:45pm)

**ONLINE donation**  
ssbaltimore.org/donations

**Outreach Opportunities with the SSB**

1. **Cook a meal for women and children** at the emergency shelter Sarah's Hope – St. Vincent de Paul of Baltimore.
2. **Cleaning the SSB Center on Sundays**  
Contact us for more information

For more information : Phone: 410-382-5328 e-mail: [ssb@ssbaltimore.org](mailto:ssb@ssbaltimore.org) site: [www.ssbaltimore.org](http://www.ssbaltimore.org)

\* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226

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**SUMMER schedule - July 2012**

07: I Honor my Parents: Diligence & Devotion  
21: Lesson 5 Talking to God (Part II)  
29: SSB Especial Event & “Summer Camp”

## On the Web

### Kardec Radio



### SSB Bookstore

## ONLINE

### APPLY TODAY!

### SSB Credit Card

- Pick you card design -



## Thank you Chico!

June 30<sup>th</sup>, marks the 10<sup>th</sup> anniversary of the passing of our beloved Brazilian Spiritist Medium, Chico Xavier. Chico Xavier died at 92 years of age and he is considered one the most prolific mediums of the 20<sup>th</sup> Century. He psychographed more than 400 books and consoled thousands of people in his 75 years of active mediumship.



*“Those who govern their bodies wisely, attuning their minds to Divine Inspiration, never grow old, and never die, for they will maintain unalterable spiritual health, both in death, and in the blessing of survival.”*

**Joanna de Angelis**

### SSB Outreach Program



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Contact us for more information

## Be a Giver

Be a giver of the heart!  
Donate Monthly to defray cost! You can help! Talk to us or go to the website at [www.ssbaltimore.org](http://www.ssbaltimore.org) to donate safely online!  
Click the donation Button!

To Become a dedicated monthly giver! Please talk to one of our directors!