Spiritist News

Year 5, Issue 1, Jan/February 2007



In this issue:

The Spiritist Center1
The New Generation Seminar2
Spiritist Facts2
The Secret and the Spiritist Teachings3
How to Meditate3
Let's not abuse our Spirit-Guides4
New Books Release5
Events in the US5
I US Spiritist Symposium.6
SSB activities7

Published by



All rights reserved

Mailing Address: Spiritist Society of Baltimore. Inc. 115 S. High Street Baltimore, MD 21202 Tel: 410-382-5328 e-mail: ssb@ssbaltimore.org web site: www.ssbaltimore.org

> EDITORS: Daniel Santos, Ph.D. Vanessa Anseloni, Ph.D.

THE SPIRITIST CENTER

A Spiritist center, even the simplest one, is a temple of mind renewal towards a fulfilled, superior life.

None of us, who either attend or serve in such organization, should forget about the dignity of the task received and the elevation of our ministry.

In this sense, it is always lamentable to doubt the divine essence of our task.

This type of organization provides us with the opportunity to know, to illuminate, to contribute, to create and to help. Each of those opportunities come from our acts of love or sympathy, although we are still evolving.

The Spiritist house is a school where we can learn and teach, sow goodness and receive blessings, bettering ourselves and others in the eternal harvest.

When the doors of the Spiritist temple open, the divine light lightens up in the darkness of human ignorance. The healthy rays of this star



of fraternity and knowledge shine to the goodness of our community, providing a better life to all, even to the ones that have not aspired to a better life.

by Emmanuel

Inspirational message received from Francisco Xavier's mediumship, which was published in January 1951 in the "Reformador" - a Brazilian Spiritist Federation's Spiritist magazine.

Editorial

2007. A special year to celebrate 150 years of humanity's increasing awareness of its spirituality through the deep and practical teachings of Spiritism, which have been propelling great expressions of altruism in our world...

- page 2

Let us not abuse our Spirit-Guide!

May familiar spirits promote our material interests by making revelations to us for that purpose? "They are sometimes permitted to do so, and they very often assist you, in regard to those interests, as circumstances

- page 4

The Secret

Recently TS production LLC released an interesting documentary named The Secret, which talks about the power of our minds. It is said that other powerful minds kept it a secret until now. Well, is that true?

- page 3

arise; but...

Meditation

Simply sit up straight, breathe normally, and allow yourself to become aware of your breath coming in and going out. As you relax into simply being aware of your inhalation and exhalation...

- page 3

Spiritist Facts... - page 2

New Books Release...

Events in the US ...

"Reason requires that an intelligent effect must have an intelligent force as a cause."

- Allan Kardec (in The Spirits' Book)



The New Generation Seminar

expressions of altruism in our world.

On January 9, the Spiritist Society of Baltimore (SSB) to that." sponsored and organized a truly special event to promote the Spiritist ideas while paying tribute to Last, The Mansion of the Way's publisher in Spiritist View on Indigo and Crystal Children.

the words "I love myself, I am Addiction-free" as a Franco and Vanessa Anseloni. (see page page 5) part of the SSB's ongoing campaign to prevent Ambassador since 2005.

Spiritism. A group of 8 SSB members recited the the new generations are about to build. ■ famous Poem of Gratitude written by the Spirit

2007. A special year to celebrate 150 years of Amelia Rodrigues through Divaldo's Franco humanity's increasing awareness of its spirituality mediumship. In the words' of the SSB president, through the deep and practical teachings of "Divaldo Franco is already the true expression of Spiritism, which have been propelling great this new generation, the indigo and crystal children. And we found that no one else better than him could talk about the new generation, as he himself belongs

the 150th Anniversary of Spiritism. It was the gala collaboration with the Spiritist Society of Baltimore dinner "New Generation", a successful happening launched two new books: "The Dynamics of Our in Baltimore where Divaldo Franco, the great Sixth Sense" a phenomenal summary of the Spiritist Spiritist medium, gave its keynote address on the view of mediumship, from a workshop given by Divaldo Franco last July in the Lily Dale Assembly; and "The New Generation: The Spiritist View on Each attendee received an indigo wristband with Indigo and Crystal Children" written by Divaldo

addictions to which Divaldo Franco has been its Once August Comte once said, "the principal human challenge is to subordinate selfishness to altruism... and to live for others." On that night, we not only The SSB also paid a surprise tribute to Divaldo celebrated the fact that we are able to overcome this Franco for his 60 years of faithful and altruistic challenge, but we also found new resources to keep devotion to spreading the loving message of on this track by being aware of the new world that

- The Editors









Spiritist Facts

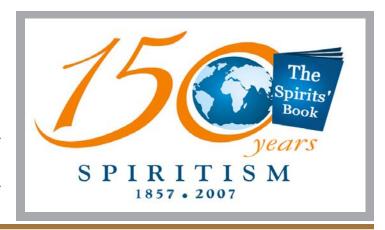


In May of 1855, Hippolyte Leon Denizard Rivail first witnessed the turning table phenomena and instantly understood that the communications between spirits and humankind implied science of profound moral consequences. He realized that in those phenomena laid the key to humanity's problems, past and future, and the

solution he had searched for his entire life. Rivail decided to investigate those phenomena rigorously and systematically.

With the help of different mediums, Prof. Rivail questioned the spirits about God, the invisible world, and the destiny of humankind on Earth. Rivail published these findings for the benefit and instruction of humanity. He was, however, unaware of the magnitude of the work he was performing, a set of principles capable of impacting and transforming the world. Two years later - on April 18, 1857 - the first edition of The Spirits' Book reaches the public. It is in this publication that Rivail adopts the penname of Allan Kardec [at the suggestion of the Spirits].

On April 18, 2007, we will celebrate the 150th anniversary of Spiritism!



The Spiritist Society of Baltimore, Inc.

Movie "The Secret" and the Spiritist Teachings

Recently the TS production LLC. released an interesting documentary, named The Secret, which talks about the power of our minds. It is said that other powerful minds kept a secret until now. Well, is that true? Many were the Masters who talked about the power of our minds. Our dear Jesus Christ even said "Ask and it shall be given." In 1868, Allan Kardec stated in one of his masterpieces, Genesis, about the power of our thoughts - see diagram below. On chapter 14, we learn that the universal energy named therein as universal cosmic fluid is the "vehicle of the thought, as the sound does upon the air. (...) We can, then, say with all truth that in such fluids there are waves and rays of thoughts that cross each other without ever becoming entangled, as do the waves and sonorous rays in the air.

Moreover, the thought creates *fluidic images* and reflects itself back on its perispiritual body, as on a mirror; the thought takes on body and somehow *photographs* itself on it.

This is how the innermost secret movements of the soul are reverberated onto the fluidic body; and how one soul can read another, as one reads a book; and how it sees what is not perceptible by the eyes of the body. Yet, although the intention is seen and it can foresee the subsequent execution of the act, it cannot determine the moment it will take place; neither can it be exact with details, or even affirm whether it will indeed take place, as later circumstances can modify the plans and change the dispositions."

Based on these comments, we conclude that we ought to learn how to better use our minds by habituating ourselves to enlightening thoughts. Thus, the principles told in the movie The Secret largely rely on the principles taught by Spiritism and many other wise philosophies.

Anyhow, here is a list of the good and practical teachings given in the movie *The Secret:*

- by Vanessa Anseloni



Write a gratitude list or keep a daily gratitude journal.

Create a vision board of pictures of what you would like to attract into your life.

Make a list of all of the positive attributes of the people you are close to in your life.

Reflect on how you evolve into the happy, self-content real you.

Write an affirmation list of positive self-statements in the present tense to read daily.

Spend time daily with heartfelt positive visualizations about your life goals.

HOW TO MEDITATE

Simply sit up straight, breathe normally, and allow yourself to become aware of your breath coming in and going out. As you relax into simply being aware of your inhalation and exhalation, you'll probably start to notice hundreds of thoughts passing through your mind. Some of them are easy to let go of, while others may lead you down a long avenue of related thoughts. When you find yourself chasing after a thought, simply bring yourself back to focusing on your breath. Do this for about a minute.

In the beginning, you may be surprised with the sheer number and variety of



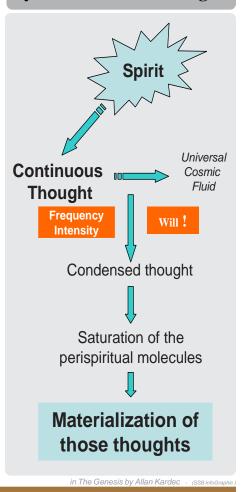
thoughts that pour through your awareness like a waterfall rushing over a steep cliff. An experience of this sort is not a sign of failure. It's a sign of success. You've begun to recognize how many thoughts ordinarily pass through your mind without your even noticing them.

You may also find yourself getting caught up in a particular train of thought and following it while ignoring everything else. Then, suddenly you remember that the point of the exercise is simply to watch your thoughts. Instead of pushing or condemning yourself, just go back to focusing on your breath.

If you keep this practice up, you'll find that even though thoughts and emotions come and go, the mind's natural clarity is never disturbed or interrupted. Becoming mindful is a gradual process of establishing new neuronal connections and inhibiting the gossip among old ones. It requires patiently taking one small step at a time, practicing in short intervals.

- by Yongey Mingur Rinpoche
(Text taken from Spirituality and Health magazine, March/April 2007)

Dynamics of Our Thoughts



The Spiritist Society of Baltimore, Inc.

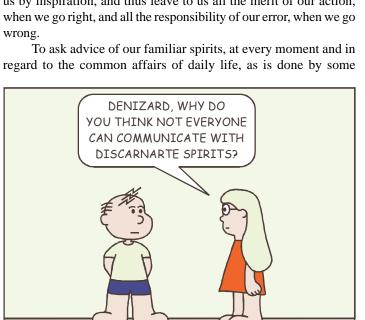
Let us not abuse our Spirit-Guides!

May familiar spirits promote our material interests by making revelations to us for that purpose?

"They are sometimes permitted to do so, and they very often assist you, in regard to those interests, as circumstances arise; but be assured that good spirits never lend themselves to the desires of cupidity and of greed. Bad spirits dazzle you by holding out a thousand temptations, in order to lure you on and to deceive you afterwards.

And you must remember that, if your purification requires you to undergo such and such vicissitudes, although your spirit-protectors may aid you to bear them more resignedly and may sometimes mitigate them, they are not permitted - and this for your own sakes, and in view of your best interests in the future - to deliver you from them. It is with your guardianangel as with a wise and affectionate father, who neither gives his child all he asks for, nor allows him to shirk a necessary task."

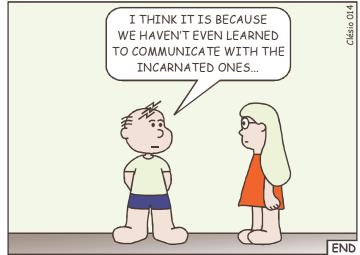
Remark - Our protecting spirits often show us the road we had better take, but without keeping us in leading-strings; if they did more than simply counsel us, leaving us free to do or not to do, we should lose our power of initiative and should not dare to take a step without them, which would be prejudicial to our advancement. In order to progress, we need to acquire experience, and often at our own expense; our spirit friends, therefore, even while giving us counsel, leave us to our own resources, as does a skilful teacher in dealing with his scholars. In the ordinary affairs of life, they counsel us by inspiration, and thus leave to us all the merit of our action, when we go right, and all the responsibility of our error, when we go wrong.





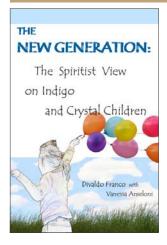
persons, is to impose on their kindness, and to mistake the nature of their mission. There are mediums who incessantly appeal to them for a decision in regard to the most trifling things. Such an abuse of mediumship denotes pettiness of ideas on the part of the medium; and it is; more-over, presumptuous to suppose that we have a good spirit always at our command, as a servant, and with nothing better to do than to he perpetually looking after the trumpery interests of our earthly lives. On the other hand, such an annihilation of our own judgement, such a reducing of ourselves to a state of passivity, renders our present life profitless, and is therefore prejudicial to our future. If it he puerile to question spirits about futile things, it is no less puerile on the part of spirits to busy themselves about the petty details of our daily life; such spirits may he well-intentioned, but they must evidently he very little above the earthly level.

The Mediums' Book, chapter 26, item 291, by Allan Kardec "Questions about moral and wordly interests"



The Spiritist Society of Baltimore, Inc.

New Books Release



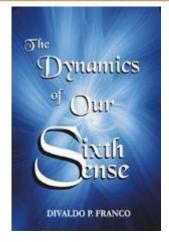
THE NEW GENERARATION:

the Spiritist View on Indigo and Crystal Children

by Divaldo Franco and Vanessa Anseloni

This book was written by the great spiritual leader and humanitarian Franco Divaldo and the neuroscientist and Spiritist Vanessa Anseloni. This book encompasses a never-before put together multidisciplinary view on the challenges faced by the new generations. It brings relevant information in the areas of Neurosciences, Psychology and Spiritism to help people

understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful world.



The Dynamics of Our SIXTH SENSE

by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the *I Spiritist Weekend in Lily Dale*, sponsored by the Lily Dale Assembly.

This workshop represents an unforeseen study of our sixth sense, our mediumship. Divaldo Franco provides us with the definition of mediumship, its types, and its

therapeutic features. Through his personal experiences, he enlightens us with considerations on the role of mediumship and its charitable purpose. The core of his teachings was of love and kindness. The end of the workshop was blessed with an uplifting trance channeled message of *Dr. Bezerra de Menezes* through Divaldo Franco's extraordinary mediumistic ability.

Go online to order these books at www.ssbaltimore.org/bookstore

EVENTS in the U.S.

Spiritism in Colorado

"On the weekend of Jan. 19 - 21, Vanessa Anseloni joined the mediums' group at The Caritas Spiritist Center in Boulder, CO, for a weekend of training, inspiration, and fraternity. All were enriched by Vanessa's visit, and much was accomplished in a very short time! The Caritas mediums have now eagerly embarked on implementing the instructions and new format given by Vanessa to develop each person's abilities as well as the group's vital solidarity in preparation for new levels of spiritual service to be available to the Boulder community. As the entire weekend was videotaped, Vanessa's training will be available to future groups as well. Thank you so much, Vanessa!"

- by Gloria Coelho

(President and founder of the Cartias Spiritist Center, CO)



Vanessa (fourth from left) with members of the The Caritas Spiritist Center in Boulder, CO

...in California

The Spiritist Group of David-CA (SGD) invites you to the following event: A WEEKEND OF JOY with

Vanessa Anseloni, PsyD, PhD.

Featuring:

"Training for Spiritist Speakers"
"Training on Spiritual Treatment and
Fraternal Counseling"

"Seminar: Spiritual Tools to Fight Fear and Anxiety"

MARCH 10-11, 2007
<u>Location</u>
University of California
007 Wellman Hall One Shields Ave.
Davis, CA 95616

<u>SAT, MARCH 10, 10 AM - 5 PM</u> **TRAINING FOR SPIRITIST SPEAKERS:** This is a 6-hour intensive training for those who are willing to learn new tools in how to spread the Spiritist teachings in the English-speaking language to the American public.

SUN, MARCH 11, 10 AM - 1 PM TRAINING ON SPIRITUAL TREATMENT & FRATERNAL COUNSELING: Learn how to establish a Spiritist service of love and charity in your center. Many people are undergoing a difficult moment in their lives. The Spiritist center can offer fraternal counseling and spiritual treatment to relieve the people's burdens.

SUN, MARCH 11, 2 PM - 3 PM SEMINAR: SPIRITUAL TOOLS TO FIGHT FEAR AND ANXIETY: with this seminar we will close our weekend of activities, bringing a message of hope and perseverance to all of us. This seminar is recommended to the general public.

This event is free of charge - Donations are welcomed! Please let us know in advance if you will be attending the event

FOR MORE INFORMATION PLEASE CONTACT:

Ronni L'amar (530) 304-1723 Claudia Rodrigues-Akin (916) 771-2646 e-mail: spiritistgroupofdavis@yahoo.com website: http://www.spiritism-davis.org

U.S. SPIRITIST SYMPOSIUM

A TRIBUTE TO THE



Revisiting the Past, Engineering the Future

1857

Saturday, April 14, 2007

2007

12 pm - 5 pm

early afternoon refreshments will be served

☆Pier 5 Hotel

(Inner Harbor) 711 Eastern Ave Baltimore, MD 21202



www.ssbaltimore.org 410-837-0991 (Limited seats: 300 people)

Opening Ceremony:

Empowering Ourselves As We Revisit The History Of Spiritism

Panel Discussion:

The Spirits' Book, The Tree Of Life

Posters Sessions: (during coffee break)

Unfolding The Spiritist Foundation

Round Table:

The Impact Of Spiritism In My Life

Closing Ceremony:

Engineering Our Future With Spiritism

Speakers:

Vanessa Anseloni (SSB, MD) Mauricio Cisneiros (CSSC, FL) Jussara Korngold (SGNY, NY)

Poster presenters: Luís Almeida (SSB, MD) Judith Peterschmidt (AKSS, MA) João Korngold (SGNY, NY) Sonia Doi (AKSS of MD) Daniel Benjamin (AKES, AZ) Daniel Assis (Blossom, CA)

Akemi Adams (Blossom, CA) Flávio Zanetti (AKSS, MA) Carolina Strosnider (SSB, MD) Elza d'Agosto (Love and Light, NJ) Nahur Fonseca (AKSS of MA) Eduardo Vasconcellos (AKSS of NY)

Júlio Carvalho (SCDL, NJ) (Marconi Vieira (AKSSD, CT)

Youth Activity:
Finding Myself in the New Era
(12 to 18 years old)

Ronny La'Mar (SGD, CA) Gregory Stewart (AKSS, MD) Bucky Stafford (SSB, MD)

Ézio Oliveira (SGR, GA) Junara Araújo (SGNY, NY)

Sponsored by:

Spiritist Society of Baltimore (MD), Spiritist Group of New York (NY), Christian Spiritist Study Center (FL), Allan Kardec Educational Society (AZ, PA), Allan Kardec Spiritist Society of Massachusetts (MA), Spiritist Society Love and Light (NJ), Spiritist Group Regeneration (GA), Spiritist Center Divine Light (NJ), Allan Kardec Spiritist Center of Danbury (CT), Home of Ehlael Kardecian Spiritist Center (FL), Kardecian Spiritist Federation of Florida (FL), Allan Kardec Spiritist Society of Marlboro (MA)

Supported by:

Supported by:
Blassom Spiritist Society (CA), Spiritist Group of Davis (CA), Allan Kardec Spiritist Society of MD (MD), Allan Kardec Spiritist Center of NY (NY) and the United States Spiritist Council (USSC)

Special Event

Conceptions and Misconceptions of Working with Spirit

by Tom Cratsley

Satuday, March 17, 2007 7:30 pm - 9:30 pm



Tom Cratsley, B.S. A dynamic healer and teacher, Tom has developed innovative methods for healing which achieve consistent results. His joyful approach opens the hearts of all who work with him. Tom studied psychology and religion at Harvard Divinity School. He has traveled extensively for over 20 years teaching and healing throughout the U.S. and Canada. He is one of the directors of Lily Dale Assembly, mecca of the spiritualist movement in the U.S.

Location:

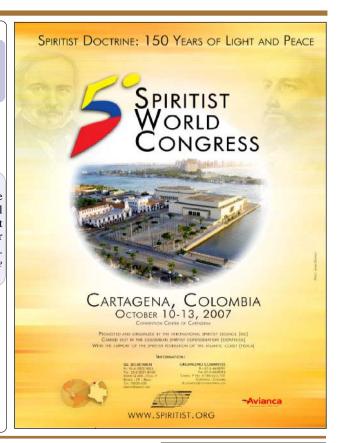
SPIRITWORKS Resource Center

1300 York Rd - Building C, Suite 300 **LUTHERVILLE, MD 21093**

Free Admission!!!

(No registration required)

This event is sponsored by the Spiritist Society of Baltimore, Inc. For more information, please call 410-382-5328



UPCOMING EVENTS

2007 WORKSHOP SERIES

Mar 31- The Spiritist ABC's of anxiety, stress and depression

Apr 28 - Reincarnation, path to freedom

May 19 - Astral Cities, our spiritual homes.

Free Admission !!!

Spiritist activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time: 7:30 pm - 9:15 pm



Watch it

every **Thursday and Saturday from 7:30PM**

at:

www.ssbaltimore.org

2007 Workshop Series on Spiritism

March 31st
The Spiritist ABC's of anxiety, stress and depression

April 28th

Reincarnation, path to freedom

May 19th Astral cities, our spiritual homes

June 30th

Feeding the body and the soul

July 28th
The dynamics of our sixth sense

August 25th

Spiritual influence: who is in control?

September 29th

Sleep, dreams and the whole nine yards of the soul's emancipation

October 27th

Decoding the Bible with a Spiritist key

November 17th

Environmentally savvy, Spiritually wise

December 15th

Learning with the Masters, making the difference

*Spiritist Education for children above 4 years old are provided during the workshop

OUR SERVICE LOCATION

SpiritWorks Resource Center 1300 York Rd - Building C, 3rd Floor Lutherville, MD 21093

JOIN OUR ACTIVITIES

TALKS on THE SPIRITS' BOOK

A tribute to the 150th anniversary to help us deepen our knowledge on Spiritism. - Open to the public, every Thursday from 8:00pm to 9:30pm.

FRATERNAL COUNSELING SPIRITUAL TREATMENT

These services are offered every Monday from 7pm to 7:45pm.

Therapeutic Moments

Every **Saturday** 7-8pm, except on the day of our monthly workshops

Mediumship Educational Meetings

(by invitation only)

These meetings take place every Monday from 8:00pm to 9:30pm for the study and practice of mediumship according to Spiritism.

Please, contact us for more info. Phone: 410 - 382-5328 or 410-837-0991 e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!