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"Jesus Christ did not ask much from us, He did not demand that people climb Mount Everest or make great sacrifices. He just asked that we love one another."

-Chico Xavier

* Live Webcast - [Here](#)

Special Program (Dec/2017)

Schedule - [Get your Flyer in pdf](#)

Dec 02 – The Power of Love according to Christ, Spiritism and Science
Monica Malta

Dec 09 – Jesus and Physical Healing
Sonia Doi (Guest Speaker)

Dec 16 – “It is the Most Wonderful Time of the Year...”
Daniel Santos

Dec 17 – [SSB Holiday Fundraising Lunch](#)
(12pm-3pm)

Dec 23 – What We Expect Is Not What Always What We Receive
Leonardo Vieira

Dec 30 – CLOSED –New Year’s Weekend

More information about the talks [HERE](#)

* Live Webcast - [Here](#)

As 2017 approaching its end, the SSB would like to thank everyone for supporting its cause.
Many blessings!

Watch Spiritist Videos



Watch LIVE EVENT webcasting SPIRITISM

[12th U.S. Spiritist Symposium](#)
April 21st, 2018 - Washington, DC

Get to Know **SPIRITISM**

Disseminate **SPIRITISM**



[Allan Kardec](#)

ROADMAP PROGRAM for the Spiritist Study and Practice [Click Here](#)

BOOKSTORE



Newsletter



JAN-2015 [SpiritistNews](#)

- 2017 SSB activities -

- Mondays:** Spiritual treatment; Fraternal Counseling...see [meetings](#)
- Thursdays:** Course on Spiritism
- Saturdays:** Talks and Workshops

Online Spiritist Course (Roadmap Program)



Spiritist Program for Youth and Children

Check for [more info](#)

SSB OUTREACH PROGRAMS



Campaign!

Promoted by SSB and SVA
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SPIRITIST SOCIETIES OF MARYLAND

Support the **SSB** by shopping at **Amazon Smile**
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A portion of what you spend will be donated to Spiritist Society of Baltimore - SSB!

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[The Spiritist Magazine](#)
Issue #39



“Unshakable faith is that which can stand face to face



with reason in all epochs of humanity.”
- Allan Kardec



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[contact us](#)

Get To Know

SPIRITISM, A NEW ERA FOR HUMANITY

Adapted from the International Spiritist Council's flyer

THE SPIRITIST THOUGHT or SPIRITISM

What it is

- "Spiritism is a science which deals with the nature, origin and destiny of Spirits, as well as their relationship with the corporeal world."
- It is the set of principles, as revealed by the Superior Spirits, contained in Allan Kardec's works, which constitute the Spiritist Fundamentals: The Spirits' Book, The Mediums' Book, The Gospel Explained by Spiritism, Heaven and Hell, and The Genesis.
Allan Kardec (Taken from Qu'est-ce que le Spiritisme? - Préambule) Translated from the original French

What it reveals

- It reveals more profound concepts with respect to God, the Universe, the Human Being, the Spirits and the Laws which govern life itself.
- Furthermore, it reveals who we are; where we have come from; where we are going to; what is the objective of our existence; and what are the present and past causes of pain and suffering.

What it encompasses

- Spiritism contributes to all areas of knowledge, human activities and behavior, offering new perspectives for humankind.
- Spiritism is studied, analyzed, and practiced in all the fundamental aspects of life, such as scientific, philosophical, religious, ethical, moral, educational, and social.

Its main principles are:

- God is the Supreme Intelligence, first cause of all things. God is eternal, immutable, immaterial, unique, omnipotent, supremely just and good.
- The Universe is God's creation. It encompasses all rational and non-rational beings, both animate and inanimate, material and immaterial.
- In addition to the corporeal world inhabited by incarnate Spirits, which are human beings, there exists the spiritual world, inhabited by discarnate Spirits.
- There are other inhabited worlds in the Universe, with beings at different degrees of evolution: some less, some equal, and others more evolved than men on Earth (us).
- All the Laws of Nature are Divine Laws because God is their author. They cover both the physical and moral laws.
- A Human Being is a Spirit incarnated in a material body.
- What connects the physical body to the Spirit is a semi-material body named perispirit.
- Spirits are the intelligent beings of creation. They constitute the world of the Spirits, which pre-exists and outlives everything.
- Spirits are created simple and ignorant. They evolve intellectually and morally, passing from a lower order to a higher one, until they attain perfection, when they will enjoy unalterable bliss.
- Spirits preserve their individuality before, during, and after each incarnation.
- Spirits reincarnate as many times as is necessary for their spiritual advancement.
- Spirits are always progressing. In their multiple physical existences, they may sometimes become stationary but they never regress. The speed of their intellectual and moral progress depends on the efforts they make to attain perfection.
- Spirits belong to different orders according to the degree of perfection they have attained: Pure Spirits, who have attained maximum perfection; Good Spirits, whose predominant desire is towards goodness; and Imperfect Spirits, characterized by their ignorance, their tendency towards evil, and by their inferior passions.
- The Spirits' relations with Human Beings are constant and have always existed. The Good Spirits attract us towards goodness, sustain us in life's trials, and help us bear them with courage and resignation. The Imperfect Spirits induce us towards error.
- Jesus is the Guide and Model for all Humankind. The Doctrine He taught and exemplified is the purest expression of God's Law.
- The morality of Christ, as contained in the Gospels, is the guide for the secure progress of all Human Beings. Its practice is the solution for all human problems and the objective to be attained by Humankind.
- Human Beings are given free-will to act, but they must answer for the consequences of their actions.
- Future life reserves for Human Beings penalties and pleasures according to the respect they do or do not show for God's laws.
- Prayer is an act of adoration for God. It is found in the natural law and is the result of an innate sentiment in every Human Being, just as

the idea of the existence of the Creator is innate.

- Prayer makes Human Beings better. Whoever prays with confidence grows stronger against evil temptations, and God sends the Good Spirits to assist them. This assistance will never be denied when requested with sincerity.

THE SPIRITIST PRACTICE

- All Spiritist practice is gratuitous, following the orientation of the moral principle found in the Gospel: "Give for free what you receive for free."
- Spiritism is practiced with simplicity, without any external forms of worship, within the principle that God should be worshipped in spirit and in truth.
- Spiritism has no clergy, nor does it adopt or use at any of its meetings or during its practices the following: altars, images, candles, processions, sacraments, concession of indulgences, religious vestiments, alcoholic or hallucinogenic beverages, incense, tobacco, talismans, amulets, horoscopes, cartomancy, pyramids, crystals, or any other objects, rituals or external forms of worship.
- Spiritism does not impose its principles. It invites those interested in knowing it to submit its teachings to the test of reason before accepting them.
- Mediumship, which allows the Spirits to communicate with Human Beings, is a faculty which many individuals bring with them at birth, independently of the religion or belief that they may come to adopt.
- Spiritist mediumship practice is solely that which is practiced based on the principles of the Spiritist Thought and within Jesus' examples.
- Spiritism respects all religions and doctrines; values all efforts towards the practice of goodness; works towards peace and fellowship between all nations and all peoples, regardless of race, colour, nationality, creed, cultural or social standing. It also recognizes that "the truly good person is one who complies with the laws of justice, love, and charity in their highest degree of purity." (The Gospel According to Spiritism – chapter 17 – item 3)

"To be born, to die, to be reborn yet again,
and constantly progress..."- Allan Kardec

"Unshakable faith is only that which can meet reason
face to face in every Human epoch." - Allan Kardec

**The study of the works of Allan Kardec is fundamental
to achieve a true understanding of the Spiritism.**

CAMPAIGN FOR THE DISSEMINATION OF SPIRITISM

International Spiritist Council -website: <http://www.spiritist.org/> e-mail: spiritist@spiritist.org
Spiritist Society of Baltimore -website: <http://www.ssbaltimore.org/> e-mail: ssb@ssbaltimore.org

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Disseminate

SPIRITISM, ***A NEW ERA*** ***FOR HUMANITY***

THE SPIRITIST MOVEMENT

“Spirits assure us that the time appointed by Providence for a universal manifestation of their existence has now come; and that their mission, as the ministers of God and the instruments of His will, is to inaugurate, through the instructions they are charged to convey to us, a new era of regeneration for the human race.” Allan Kardec (The Spirits' Book – Prolegomena)

What It Is

- The Spiritist Movement is the cluster of activities whose objective is the study, dissemination, and practice of the Spiritist Doctrine, as contained in the basic works of Allan Kardec, placing it within the reach and at the service of all Humanity.

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The Codifier of Spiritism

HIPPOLYTE LÉON DENIZARD RIVAIL (**Allan Kardec**) was born in Lyon, France, on October 3, 1804, in a traditional family, greatly distinguished in the legal profession and court system. He did not pursue those careers. From his youth, he was inclined toward the studies of science and philosophy.

Educated in the renowned School of Pestalozzi, in Yverdon (Switzerland), he became one of that celebrated teacher's most eminent pupils and one of the most zealous propagandists of the Educational system that exercised a great influence in the reform of the Educational system in France and in Germany.

Endowed with a notable intelligence, he was drawn to teaching, due to his character and his special aptitudes. At fourteen, he had already started to teach what he had previously studied, to some of his schoolmates, who had assimilated less than he. It was at that school that the ideas originated, which would later categorize him in the class of the progressive and free-thinkers individuals of the day.

Although he had been born under the influence of the Catholic religion, he was educated in a Protestant country. The acts of intolerance that he witnessed under these circumstances, led him at an early age to conceive of the idea of a religious reformation, in which he labored silently for many years with the ultimate aim of achieving the unification of the faiths. He lacked, however, the indispensable element for the solution to that immense problem.

Spiritism came to light, at this time, to imprint in his mind the particular direction for future undertakings.

As soon as he completed his studies, he returned to France. Being thoroughly knowledgeable in the German language, he translated into German a variety of works on education and on morals and, what is uniquely characteristic of him, the works of Fénelon that had seduced him in an intriguing way.

He was a member of several societies, one of which the Royal Academy of Arras that, in the competition of 1831, awarded him notable recognition on the following subject: Which is a system of study more harmonious with the needs of the time?

From 1835 to 1840, he established, in his home, at Sèvres street, free study courses on Chemistry, Physics, Anatomy, Astronomy, etc., an accomplishment worthy of commendation at any time, but, above all, at this time in which only a few illuminated minds dared to follow that path.

Always concerned with making the educational system more appealing and interesting, he invented the ingenious method of teaching to count and a mnemonic picture of the History of France, with the objective of fixing in the memory, the dates of major events and discoveries that illuminated each reign.

Among his numerous works to foster education, we will mention the following: Proposed Plan for the improvement of Public Instruction (1828); A practical and theoretical study of Arithmetic, according to the methods of Pestalozzi, for the use of teachers and mothers (1824); Classic French Grammar (1831); A Manual of the Examination for the titles of capacity; Rational solutions to the subjects and problems in Arithmetic and in Geometry (1846); Grammatical Catechism of the French Language (1848); Program for the regular courses of Chemistry, Physics, Astronomy, Physiology, which he taught in Lyceum Polimatique; Normal dictations of the examinations of the Municipality and of Sorbonne, followed by Special Dictations regarding Orthographic Difficulties (1849), an accomplishment highly regarded at the time of its launching and from which new editions are still been published today.

It can be seen that even before Spiritism had become popularized Allan Kardec through his Celtic pseudonym, had already become well known, through the varied nature of his accomplishments in the educational system. His works always had the objective of illuminating the masses and of uniting them better to their respective families and countries.

About the year 1855, the spotlight focused on the subject of the manifestations of the Spirits, and Allan Kardec became dedicated to persevering on the observations of that phenomenon, and cogitating mainly in deducing its philosophical consequences. He could see, at once, that these phenomena were the beginning of new natural laws: the ones that govern the relationships between the visible and the invisible world. He recognized, in the action of the invisible world, one of the forces of Nature, whose knowledge would throw light on the immense problems that until then had been considered insoluble, and he understood its reach, under the religious point of view.

His main works written on this subject are: The Spirit's Book, concerning the philosophical part of the doctrine, and whose first edition appeared on April 18th, 1857; The Mediums' Book, concerning the experimental and scientific aspect (January of 1861); The Gospel according to Spiritism, concerning moral and ethics (April of 1864); Heaven and Hell, or The Justice of God according to Spiritism (August of 1865); Genesis, the Miracles and Predictions According to Spiritism (January of 1868); Revue Spirite, a monthly newspaper of psychological studies, that had begun on January 1st, 1858. On April 1st, 1858 he founded the first Spiritist Society regularly constituted, under the denomination of "Parisian Society of Spiritist Studies," whose deliberate objective was the study of whatever could contribute toward the fostering of this new science. Allan Kardec defended himself with total foundation, for having written something under the influence of preconceived or systematic ideas. As an individual with a cool calm nature, he observed the facts and from his observations deduced the laws that govern them. He was the first one to present the theory regarding such facts and to organize them into a doctrinal body, methodical and regular.

He demonstrated that the facts, which previously had erroneously been considered supernatural, were actually subject to the universal laws. He classified them under the phenomena of Nature, thereby eliminating the last refuge of the wonder and one of the elements of superstition.

During the first years of the introduction of the spiritist phenomena, they were considered more an object of curiosity than of serious meditation. The Spirit's Book caused the subject to be considered under a totally different aspect. The turning tables that had merely been a prelude were discarded, and people started to pay greater attention to the doctrine, that embraces all the subjects of interest for Humanity.

The date of the launching of The Spirit's Book, was the foundation of Spiritism, which until then, had only counted on scattered elements, without coordination, and whose reach most people could not understand. Starting from that moment, the doctrine attracted the attention of the serious-minded people and took a rapid development. In few years, those ideas overtook numerous followers in all social circles around the world. That unprecedented success took hold, without a doubt, due to the sympathy that such ideas inspired; but, it is also largely due to the clarity with which they were presented, which is one of the characteristics of Allan Kardec's works.

Avoiding the abstract formulas of Metaphysics, he knew how to attract everyone's to read about it without becoming tiresome, which was an essential condition to the dissemination of the idea. On all of the controversial points, his argument, of pure logic, does not leave room for dispute and it predisposes the conviction. The material proof that Spiritism presents of the existence of the soul and of a future life tends to destroy the materialistic and pantheistic ideas. One of the most fertile principles of that doctrine is the plurality of the existences, already foreseen by a group of ancient and modern philosophers, and, during these last times, by João Reynaud, Carlos Fourier, Eugênio Sue and others. The plurality of existences, however, had been maintained in a state of hypothesis and of system, while Spiritism had demonstrated the reality and the proofs that in this principle, one of Humanity's essential attributes resides. From the plurality of existences derived the explanation of all the apparent anomalies of human life, of all the intellectual, moral and social inequalities, allowing man to know whence he comes, where he is capable of going, why he is upon the earth, why he suffers temporarily, and can see, above all, the justice of God.

The innate ideas displayed in a present incarnation are explained by the knowledge previously acquired in prior lifetimes; also, the action of men of ancient times that are relived once again explains the progress of the individual and of Humanity; the sympathies and dislikes are naturally going to be a result of the experiences and the nature of relationships from previous incarnations. Those relationships, that reunite the great human family of all times, suggests as a base, the advanced principles of fraternity, of equality, of freedom and of universal solidarity, which are the very laws of Nature and not mere theory.

Instead of the postulate: "Without the Church there is no Salvation, which fosters separation and animosity between the different religious sects that have been responsible for so much bloodshed, Spiritism has as its emblem: Without Charity there is no Salvation, which enhances equality among men, tolerance, freedom of conscience and mutual benevolence in the eyes of God.

Instead of blind faith, which annuls free thinking, Spiritism says: Unshakable faith is only that which can meet reason face to face in every human epoch. In order to have faith a base is necessary; and, this base is the perfect intelligence of that which one believes. To be a believer is not enough; above all, it is imperative to comprehend. Blind faith is no longer a part of this century. It is in fact due to the dogma of blind faith that today we still have, such a great number of non-believers; as it tries to impose itself by annulling one of man's most precious abilities, that of reasoning, and of free-will.

A tireless worker, always the first to take on a task and the last one to leave it, Allan Kardec succumbed on March 31st, 1869. He was about to reduce his activities and to move to another place, due to the considerable extension of his multiple occupations. Several works which were about finished, or that were awaiting the opportunity to come to light, will one day demonstrate the extensive power of his concepts.

He died as he lived: working. He had suffered a heart ailment for many years that could only have been counteracted by means of intellectual rest and lessened physical activity. However, since he was consecrated to his work, he refused everything that could absorb one single minute of his time and deviate him from his favorite occupations. What happened to him occurs to all the souls that have a strong temper: "the sheet dulled the blade."

His body became numb and could no longer perform the services intended by his Spirit, while his spirit remained, more and more active, more energetic, fertile, forever enlarging the circle of its activity.

In such an unequal fight, his physical body could not subsist eternally. An aneurism ended his life and Allan Kardec died instantaneously. That left one less individual on Earth; but, a great name took his place among those that had illuminated this century; a great Spirit had departed for the Infinite, where all of those souls who he had consoled and illuminated, were waiting impatiently for his return! Death, I was saying not too long ago, redoubled its blows in the illustrious arrays! Whom will it now come to set free?

He went, as so many others, to recover in Space, to seek new elements for the recuperation of his worn-out organism due to a life of incessant labors. He departed to be among those who would be the luminaries of the new generation, to return shortly thereafter with them to pursue and to conclude the task that he had left in dedicated hands.

The individual is no longer here; but his soul, will remain with us forever. He will be a strong protector, an extra light, a tireless worker that the phalanges of Space have incorporated. As on Earth, without interfering with anyone, he will expound his opportune advices; he will lessen the premature zeal of the ardent ones; he will aid the sincere and the disinterested ones, and will stimulate the indecisive ones. He now clearly sees everything that he had foreseen! He is no longer subject to the uncertainties, nor to the frailties and he will share his convictions making us reach the goal with his finger, pointing the way for us, in that clear and precise language, that had consecrated him among the literary annals.

The man no longer exists, we said it; however, Allan Kardec is immortal and his memory, his works, and his Spirit will always be with those who stand strong and vigorously wave the flag that he always respected.

An extraordinary individuality set up the task. He was the guide and the secure port for everyone. On Earth, the work will outlive the worker. The believers won't congregate around Allan Kardec; but rather, they will congregate around Spiritism, just as he had structured it, and with his advice and his influence, we will move forward, with firm steps, to the blissful phase promised to a regenerated Humanity.

* * * * *

Sources: Spiritist Group of New York - SGNY
Great Exponents of Spiritism
Allan Kardec (Excerpted From Posthumous Work)

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e-mail: ssb@ssbaltimore.org

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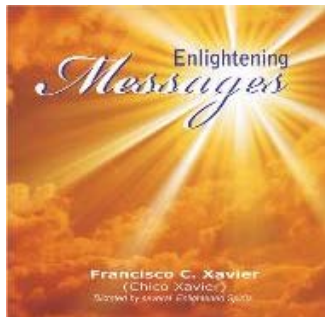


Bookstore



For special discounts - go to the end of the page

>> Payment methods accepted:



Enlightening Messages - CD

by Francisco C. Xavier
 This is the first CD on Francisco C. Xavier's prayers. Enlightening Messages contains the very inspiration that everyone needs in today's world. Francisco C. Xavier illuminated use of his mediumship consoled millions of lives, and continues to do so. In this CD, you will find messages that Mr. Xavier channeled from the caring and loving Spirits Emmanuel, Meimei, Maria Dolores, Andre Luiz, and many others.

This CD is also perfect for the Holiday season!

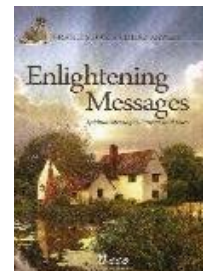
Play Samples (mp3)

- [Wait and Love](#)
- [Always](#)
- [Christmas Card](#)
- [A little More](#)
- [Omnipotent Love](#)
- [Joy](#)
- [The Divine Encounter](#)
- [Jesus, Kardec and Us](#)

Price: \$12.00

Qty:

[See all Messages](#)

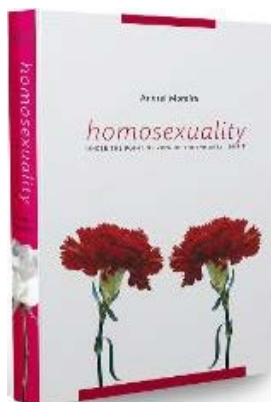


Enlightening Messages (Book)

by Francisco C. Xavier

Price: \$12.00

Qty:



HOMOSEXUALITY

From the viewpoint of the immortal spirit

Andrei Moreira, MD

How homosexuality and sexual diversity is viewed according to the principles of reincarnation and immortality of the soul? How to understand the role and meaning of the sexual orientation in the life of a homosexual, their families and communities from an evolutionary perspective? Scientific knowledge and reflections according to Spiritist teachings are brought together in this book, aimed at encouraging the development of an inclusive and loving culture of alterity and human advancement.

Price: \$22.50

Qty:



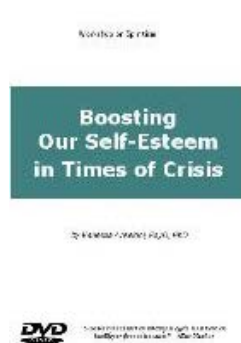
The Spiritual Forces of Our well-being - DVD

Vanessa Anseloni

This inspirational workshop will cover an unprecedented understanding on the Law of Repercussion; Action and Reaction; Mental Darts; Spiritual Network; Morbid Zones; and several Spiritist teachings to achieve optimal well-being.

Price: \$10.00

Qty:



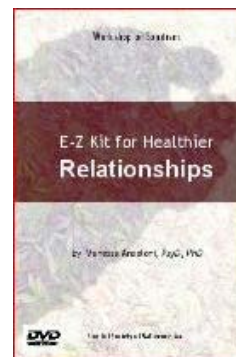
Boosting our self-esteem in times of crisis - DVD

Vanessa Anseloni

Self-Esteem is a measure of mental health. Thus, a healthy self-esteem is the essential foundation for a How can we keep it up during these times of crisis? This workshop will address this question in a moving and uplifting way.

Price: \$10.00

Qty:



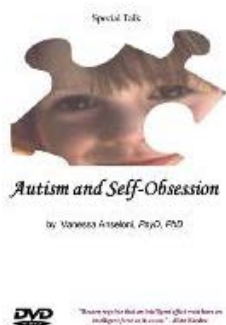
E-Z Kit for Healthier Relationships - DVD

Vanessa Anseloni

This workshop brings a multidisciplinary view to empower you and your relationships as you learn hands-on spiritual tools to make your relationships healthier. *Duration: 1h24min.*

Price: \$10.00

Qty:



Autism and Self-Obsession - DVD

Vanessa Anseloni

Studies report the increase in autism rate. Why? What are the medical-spiritual underpinnings of this mental health condition? These questions and many others will be addressed in this special talk through the lens of the Spiritist Thought. *Duration: 1h07min*

Price: \$10.00

Qty:



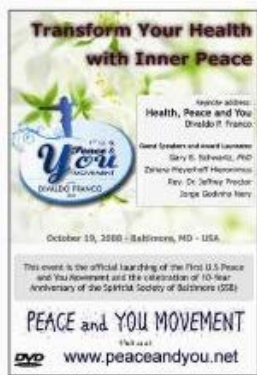
Hope, Pathway to Healing - DVD

Vanessa Anseloni

Get to know the dynamics of hope in your life and empower yourself with practical insights brought in by a delightful combination of the Spiritist wisdom and the scientific findings. *Duration: 1h15min*

Price: \$10.00

Qty:



Transform Your Health with Inner Peace - DVD
(Peace and You Movement with Divaldo Franco)

In this set of two DVDs, you will find the official launching of the 1st U.S. Peace and You movement with Divaldo Franco and special guests such as Gary E. Schwartz, PhD; Zohara Meyerhoff Hieronimus; Rev. Dr. Jeffrey Proctor; Jorge Godinho Nery and much more. "Transform Your Health with Inner Peace" was the theme of this memorable event. Also it was a moment to celebrate the 10-Year Anniversary of the Spiritist Society of Baltimore (SSB). Info about the [Speakers and Title of their talk](#). Total time: 4h20min.

To know more about the Peace and You Movement, please visit the official website at: www.peaceandyou.net website of this event: www.ssbaltimore.org/peace

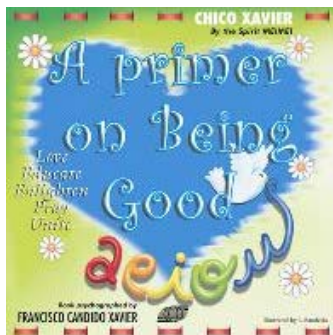


3rd U.S. Spiritist Symposium - DVD
Boston, MA April 11, 2009

2 DVDs covering the 3rd U.S. Spiritist Symposium
[Program](#)
[Highlights of this event](#)

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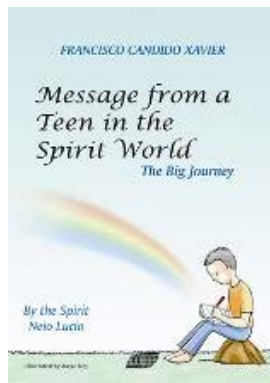


A PRIMER ON BEING GOOD
by Meimei (Spirit) / Francisco C. Xavier (Medium)

The Spirit Meimei explains in simple language, appropriate for children, two paths in life: the path of good or the path of evil; God has granted us the freedom to choose either one. It depicts the use of hands to: do good, promote happiness, make friends, help people, and work so that the world may be a better place.

Price: \$12.00

Qty:

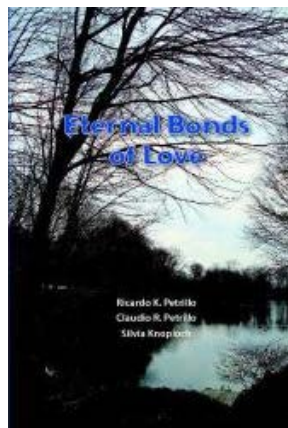


MESSAGE FROM A TEEN IN THE SPIRIT WORLD
by Neio Lucio (Spirit) / Francisco C. Xavier (Medium)

In the afterlife, a teenager named Carlos explains to Dirce (his brother) his impressions on the new life in the spirit realm with his discarnate relatives and new friends. Carlos also affirms the fact that life after death is but the continuation of life in the physical body, and he emphasizes our need to live in accordance with the Christ consciousness teachings.

Price: \$15.00

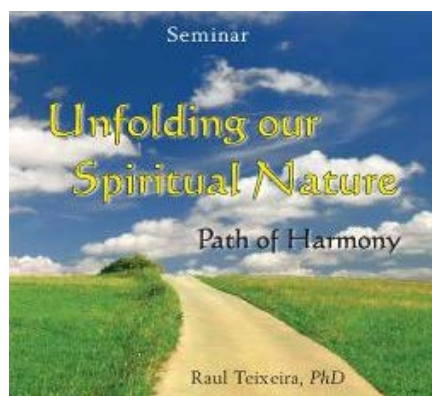
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ETERNAL BONDS OF LOVE
by Ricardo K. Petrillo (Author), Silvia Knoploch (Contributor), Claudio Petrillo (Contributor)

ETERNAL BONDS OF LOVE is a poignant account of a young man's afterlife experiences after his death at age 20. Ricardo passed after an accidental fall at College on September 18, 2005. He started communicating through written messages to his father on July 2006. In July 2007 he communicated to his parents that they would be writing a book together to be finished and published in one year's time. And so they did! You will find in this unusual book Ricardo's story about his experiences, feelings, emotions and spiritual development in the first two years after his untimely and unexpected passing. He shares his stages of evolution, his 'new life', changes in his 'body and habits' and the 'people' he encounters along the way. Through his verses one is carried away to another reality where love, compassion, understanding and spiritual growth are the dominant features and goals of those living 'life after death'. (Paperback: 366 pages)

Out of Stock



New CD Release
UNFOLDING OUR SPIRITUAL NATURE: Path of Harmony
by Prof. Raul Teixeira

In an unmatched wisdom, Prof. Raul Teixeira tells us who we are, our origin, nature and destiny. Combining scientific teachings of physics with the profound insights of Spiritism, Prof. Teixeira enlightens our lives when discussing everyday life topics such as sympathy and antipathy, life and death, suicide and euthanasia, pain relief and past lives. (Voice: Greg Stewart and Vanessa Anseloni)

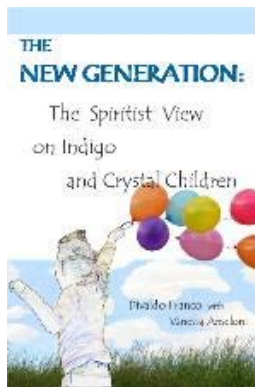
Price: \$12.00

Qty:

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THE NEW GENERATION:
The Spiritist View on Indigo and Crystal Children

The Dynamics of Our SIXTH SENSE



by Divaldo Franco and Vanessa Anseloni
Bilingual book (English - Portuguese)

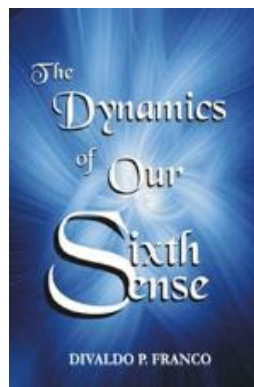
This book was written by the great spiritual leader and humanitarian Divaldo Franco and the neuroscientist and Spiritist Vanessa Anseloni. This book encompasses a never-before put together multidisciplinary view on the challenges faced by the new generations. It brings relevant information in the areas of Neurosciences, Psychology and Spiritism to help people understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful one.

Price: \$15.00

Qty:

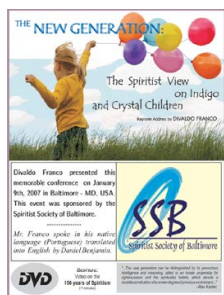
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by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the [1st Spiritist Weekend in Lily Dale](#), sponsored by the Lily Dale Assembly. This workshop represents an unforeseen study of our sixth sense, our mediumship.



The New Generation - DVD
(The Spiritist View of Indigo and Crystal Children)
by Divaldo Franco

In this DVD you will find Divaldo Franco's conference presented on Jan 09, 2007 in Baltimore-MD, USA, as part of a Special night to celebrate the coming of a [new generation](#) (*Indigo and Crystal Children*) and the 150th Anniversary of Spiritist Thought sponsored by the Spiritist Society of Baltimore.

Mr. Franco spoke in his native language (Portuguese) translated into English by Daniel Benjamin.



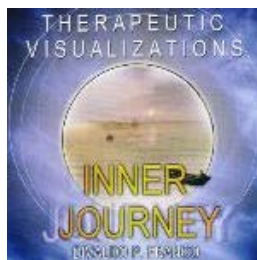
First Spiritist Weekend in Lily Dale, NY -DVD

In this set of two DVDs, you will find the [First Spiritist Weekend in the Spiritualist city - Lily Dale](#) that happened on July 21-22, 2006.

Divaldo Franco gave an original workshop that inspired hundreds of people. Dr. Anseloni conducted an enlightening workshop on Reincarnation combining the scientific and spiritist views. Mrs. Gertrudes was the instrument of interesting spirit paintings. *All this you now can watch in these DVDs*

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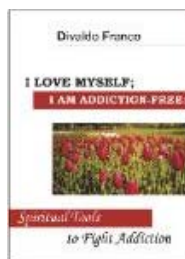
Therapeutic Visualizations – Inner Journey - CD

by Divaldo Franco/Joanna de Angelis
"Live in a way that you leave enlightening footprints in your pathway as if they were stars pointing out the pathway to happiness." - Joanna de Angelis.
Deep therapeutic visualizations. Three tracks:
1 – Decision to be happy
2 – Visualization of Liberation
3 – Visualization for Inner Balance
Voice: Greg Stewart

Price: \$12.00

Qty:

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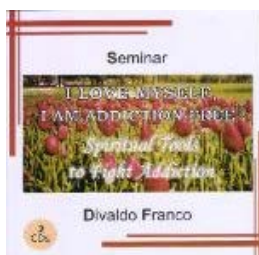


"I love myself, I am addiction-free": SPIRITUAL TOOLS TO FIGHT ADDICTION

Bilingual book (English - Portuguese)

Seminar given by the renowned medium Divaldo Franco in Baltimore, MD - USA, 2005 The seminar covered true stories about drug addiction; family issues in drug-addiction; and genetic, psychosocial, socioeconomic and spiritual issues that induce addiction. Divaldo Franco explored academic and spiritual therapies from a Spiritist perspective. He placed special emphasis on the role of education as a critical factor for the health of the whole person.

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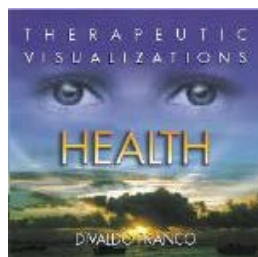
"I love myself, I am addiction-free": SPIRITUAL TOOLS TO FIGHT ADDICTION - (2 CDs)
by Divaldo Franco

Seminar given by the renowned medium Divaldo Franco in Baltimore, MD - USA, 2005

Voices: Greg Stewart and Vanessa Anseloni

Price: \$15.00

Qty:

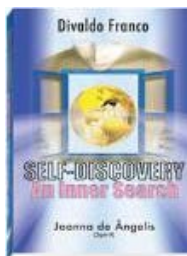


Therapeutic Visualizations - Health - CD is a

unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Angelis, gives us this spiritual tool to find pathways to balance and health. "Meditation becomes an effective way to discipline the will. It facilitates patience which helps you to conquer every day the lower tendencies that disturb you. Meditation is an imperious necessity that imposes itself before any realization. In the meditative state, you calm down your emotions and clarify your discernment, harmonizing your feelings."

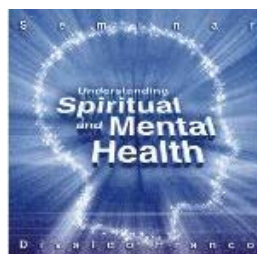
(Excerpts extracted from the book *Moments of Meditation*, by Joanna de Angelis, psychographed by Divaldo P. Franco). Voices: Greg Stewart and Vanessa Anseloni

Out of Stock



"Self-Discovery, an Inner Search, can certainly be considered a masterpiece on the Spiritist Psychology. Its spirit-author, Joanna de Angelis, through the admirable hands of Divaldo P. Franco, brings the reader what could be considered a doctorate thesis in the topics of human psyche, its disturbances and deepest causes, as well as effective therapeutics for Humanity's greatest problems. It also summarizes a variety of theories in the field of Psychology and Psychiatry combining them with the Spiritist View of the human being and life. Moreover, Joanna de Angelis undoubtedly develops Allan Kardec's works."

Out of Stock



Understanding Spiritual and Mental Health - (2

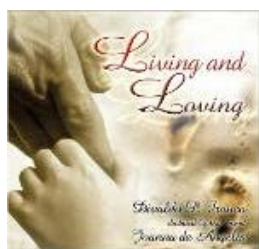
CDs) by Divaldo Franco

The seminar covered a psychiatric analysis on the endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies. It beautifully describes the Spiritist view of the psychological and spiritual disturbances, as much as it gives us a clear idea of its approach to eradicate its causes and effects.

Voices: *Greg Stewart and Vanessa Anseloni*

Price: \$15.00

Qty:



Living and Loving (CD)

Through the hands of Divaldo Franco, Joanna de Angelis brings us inspirational messages that will uplift your heart and enlighten your soul. Beautiful voices of Dave Enway and Amy Biank.

[click to enlarge](#)

Price: \$12.00

Qty:

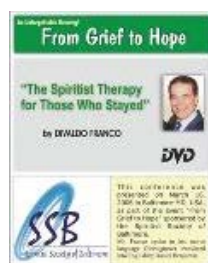


Understanding Spiritual and Mental Health - (Book) by Divaldo Franco

The seminar covered a psychiatric analysis on the endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies. It beautifully describes the Spiritist view of the psychological and spiritual disturbances, as much as it gives us a clear idea of its approach to eradicate its causes and effects.

Price: \$12.00

Qty:



From Grief to Hope - DVD

by Divaldo Franco

In this DVD you will find a conference that was presented on March 16, 2006 in Baltimore-MD, USA, as part of the Event "From Grief to Hope" sponsored by the Spiritist Society of Baltimore. Mr. Franco spoke in his native language (Portuguese) translated into English by Daniel Benjamin.

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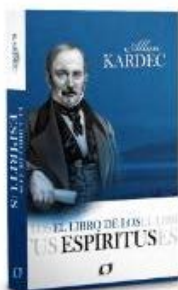


SPIRITIST LECTURES - DVD

This DVD contains two lectures in English that were given on the 4th WORLD SPIRITIST CONGRESS (Paris, France, 2004), by Dr Sonia Doi ("**Death and the Spirit Life according to the Spiritist Doctrine**"), and Dr. Vanessa Anseloni ("**Family Ties: Basis of Society**")

[click to enlarge](#)

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El Libro de los Espiritus

by Allan Kardec

Es el marco inicial de una doctrina que ha ocasionado profundas repercusiones en el pensamiento y la visión acerca de la vida de una considerable porción de la humanidad. Su estructura está compuesta por cuatro partes que contienen 1019 cuestiones formuladas por Allan Kardec, el Codificador del Espiritismo.

Price: \$16.00

Qty:



After the Storm

by Joanna de Angelis and Divaldo Franco

Out of Stock

GETTING to the LIGHT: Spiritist Therapy for Discarnate Spirits

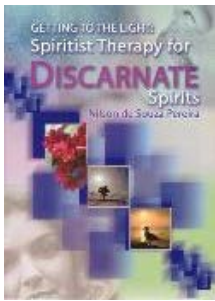
by Nilson de Souza Pereira

This small book offers objective guidelines about the therapeutic approach to troubled discarnate spirits according to Spiritism. It's strongly recommended to anyone interested in (1) understanding the dynamics of spirit intervention; (2) using Spiritist therapy for the good of humankind; and/ or (3) serving as a Spirit

Guidelines for Safety

Divaldo Franco & Raul Teixeira

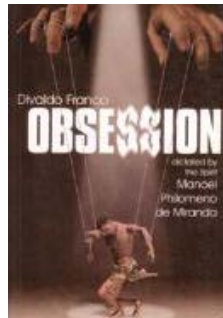
The two most renowned medium-speakers of the spiritist movement nowadays answer important questions regarding multiple aspects of mediumship according to the Spiritist Doctrine. They offer safe guidelines for those who would like to understand and practice mediumship in a safe and charitable way.



counselor or psychotherapist.

Price: \$7.95

Qty:



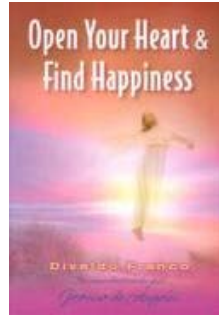
OBSESSION

by Divaldo Franco and Manoel Philomeno de Miranda (spirit)

This book tells the history of a high society girl that became involved in the process, exposing herself to her plight and what a dedicate group of incarnate and discarnate people did to release not only her, but also those who became entangle with her in a ugly story way back in a previous life...[read more](#)

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Open Your Heart & Find Happiness

by Divaldo Franco and Joanna de Angelis (spirit)

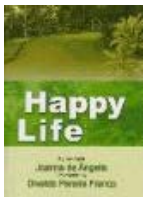
This book encompasses thirty challenges questions that often trouble human beings. Joanna de Angelis, through the hands of Divaldo Franco, addresses them by bringing uplifting messages. [See table of contents](#)

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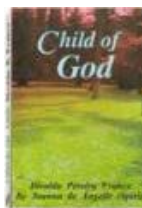
Inspirational Books
(by Divaldo Franco/Joanna de Ângelis)

These books are for your day-to-day use. Each page page brings joy and comfort to all events of life.



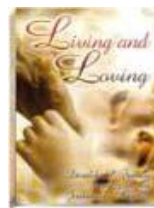
Happy Life

Out of Stock



Child of God

Out of Stock



Living and Loving

Price: \$8.95

Qty:



Recipes for Peace

Price: \$8.95

Qty:

Books for Children



The Legend of the Micracles Love

by Selma Lagerlof / Divaldo Franco

Out of Stock



The big Bad Wolf Reincarnate

by Roque Jacintho

Price: \$5.00

Qty:



The Wicked Queen

by Roque Jacintho

Price: \$5.00

Qty:



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SpiritistNews

Issue 1 - Jan 2015



In this Issue

- SpiritistNews Editors
- Children's Obligations
- SSB Calendar
- NEW Outreach!

"Duty is an individual's moral obligation, first toward him or herself and toward others immediately thereafter. Duty is the law of life; it is found in the smallest details as well as in the most elevated acts."

From: The Gospel According to Spiritism/ Allan Kardec



SpiritistNews is back-AGAIN!

Celebrating a New You!



The best recipe for success is embracing a new YOU and setting new goals for yourself. As immortal beings we recognize the need to take a step back and re-evaluate our lives. *"Examine your conscience whenever possible and as often as possible"* (Joanna de Angelis, Happy Life) This sentence is not only relevant as the new year approaches but should be a technique we utilize year round. The changing of the seasons also reminds us of the change that needs to happen within us all. So this year, give someone the gift of forgiveness and give it to yourself as well. Work on something within you that you have been putting off!

Last but not least. If you find yourself caught up in the undulating waves of pain and disappointment, take refuge in prayer always! Joanna urges that when we "make a climate of prayer" we will always be tuned into God's radio station and receive the strength we need. March on dear sweet souls!

- Editors

Children's Obligations

All the gratitude children might have for their parents will never pay back the great chance obtained throughout the experience of being re-born in the flesh. The continuous love and respect that children feel for their parents will never be enough; compared to the loving assistance they received from their parents since even before the crib.

The tenderness and the affection will not correspond to the grandeur of the acts of devotion and abnegation from the part of the parents in relation to their children and received by the children for such a long time.

Children have endless obligations that can't be transferred to anybody else in relation to their parents who are instruments of God for the execution of the corporeal experience through which the Spirit acquires superior assets, rescuing unsuccessful experiences and perturbing debts from the past.

There are genitors that only give birth to the children by running away from the responsibility of raising them. However, the children cannot judge them severely since they don't have the necessary lucidity and correction for this task.

If the parents failed in this sacred mission they won't escape from the judgment of their own conscience having to deal with the guilt engraved in their souls.

By all means, children have to help their parents with devotion and renunciation. This task cannot be declined or transferred to anybody else.

The ingratitude of the children for their parents is one of the most serious mistakes that children may commit in their ascensional journey.

The irresponsibility of the genitors in no way justifies lack of moral obligation from their children.

Nobody gets linked to another one through the vigorous corporeal bond, in family, without fair reasons. Getting rid of these important tasks that love and recognition impose is something nobody should even dare to postpone!

Love and respect towards your genitors shows humane manifestation of divine paternity.

When your parents are strong keep them company and give them youth; when they are weak, give them the help and protection they need. When they are healthy give them your happiness and consideration as presents; when they are sick, give them dedicated assistance and valuable support.

Under any situation or circumstance, during maturity or old age, love those who gave you the body, which serves you with the commitments of evolution, with the minimum that you can give them, expressing your obligation and love towards them.

From the book: Moral Laws of Life/Joanna de Angelis/ Divaldo Franco

Spiritist Activities

Calendar- January 2015

- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes* services

Jan 10 - New year, New you, and the World (by Daniel)
It is time again for renewal! Come and join us as we discuss new approaches on how to face the uncertainties of the New Year and make a special visualization for world peace.

Jan 17 - Thought and Will - our driving force! (by Kirsten)
By knowing how the mechanism of our thoughts and will we will accomplish our noble goals in life with more serenity. Join us!

Jan 24 - Emotional Education (by Leo Vieira)
Emotional education is the key for healthy relationships. Many relationship problems can be solved when we raise the level of our emotional balance. But, where and how are we to learn it? Emotional education require training as intellectual intelligence and Spiritism can offer a wonderful program to help us blossom at those levels. Come and get to know of it as we present practical exercises on emotional balance!


Jan 31 - Heaven and Hell - 150 years
Special Guest: Adriano Barbo
This talk will unveil the mysticism of Heaven and Hell as explained by Spiritism. You will acquire a new view of what happen after we die. Mr. Adriano Barbo will bring special accounts of spirits living in different states of mind as they find themselves free of their physical body.

Fundraising event
Lunch and Movie Join us!

Sunday, Jan 25, 2015
12 pm – 3 pm
Location: Ruscombe Mansion
4801 Yellowwood Ave,
Baltimore, MD 21209

Lunch price:
\$20 adult
\$10 child

Finding Joe
"We Are Our Own Hero"



Finding Joe explores how the hero's journey is relevant and essential in today's world. It provides a narrative for how to live a fully realized life or, as Joseph Campbell would simply state, how to "follow your bliss." The film takes us on an inspirational quest of self-discovery.
Documentary duration: 80 min (2011).

This event is a part of the fundraising program of the Spiritist Society of Baltimore
www.ssbaltimore.org



"The Greatest charity we can give to Spiritism is its dissemination."
- Emmanuel

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Kardec Radio



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Moving forward and
fear nothing
Anchoring in God.

Systematic Study of The Gospel According to Spiritism

Join us every

Thursdays at 7:30pm – 9pm

We are celebrating the 150th year anniversary of
The Gospel According to Spiritism, codified
by Allan Kardec.

Free Admission

MONDAYS
6:15 – 8:00 PM*
Fraternal Assistance
(6:15pm-7:55pm)
Spiritual Treatment
(7:00pm-7:45pm)

Outreach Program

We are receiving
donations of
non-perishable
items (food)



For more information : Phone: 443-827-1730 e-mail: ssb@ssbaltimore.org site: www.ssbaltimore.org

* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226

ALWAYS HELP (André Luiz, F.C.X.)

Faced by the night, do not censure the darkness.
Learn to disperse it with light.
*
It is futile to condemn the swamp.
Help it become purified.
*
On a stony road, do not throw rocks at others.
Transform the stones into useful works.
*
Avoid condemning the clamor of others.
Teach a profitable lesson with your silence.
*
When faced by difficult situations, do not adopt uncertainty.
Confront them with a clean conscience.

It is useless to blame the thorn.
Remove it with kindness.
*
Do not criticize the barren ground.
Instead, fertilize it.
*
Do not reproach the desert.
Help dig a well under the burning sand.
*
There is no advantage in disapproving when everyone else disapproves.
Help your brother with a good word.
*
It is always easy to observe evil and identify it.
However, what Christ expects from us is the discovery and cultivation of the good so that Divine Love may be glorified.

Be a Giver

Be a giver of the heart! Donate Monthly to defray cost! You can help! Talk to us or go To the website at www.ssbaltimore.org to donate safely online!
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About SSB



The Spiritist Society of Baltimore *Inc.* is an educational non-profit organization. Our goals are the education and the instruction of all those who are interested in learning and practicing Spiritism based on Allan Kardec's works. Therefore, we study the relationship between the material world and the spiritual one in order to better understand the purpose of life.

The Spiritist Society of Baltimore was created in October 1998 in the city of Baltimore, Maryland. It was finally incorporated in 2002. We are committed to spread the Spiritist teachings as means to raise spiritual awareness in our community. We also welcome everyone without distinction as to sex, race, religion or nationality. The SSB is affiliated with the United States Spiritist Council (USSC).

Jesus Chirst

[contact us](#)

SpiritistNews

Year 2012 - 2013

Since 2003

The SpiritistNews is a bimonthly newsletter published and sponsored by the Spiritist Society of Baltimore with the purpose to disseminate information on the spiritist teachings and the SSB's activities.

See Previous issues: [2010](#)

2013

Jan - February

March <-->

April

May

June-July



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e-Books

To open a file in pdf format you are required to have Acrobat Reader. This program is free and can be quickly downloaded from the Adobe web site. If you do not have it, please [click here](#) to obtain it.

[The Gospel According to Spiritism](#) - Allan Kardec (pdf)

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From: SGNy website

[The Spirits' Book](#) - Allan Kardec (pdf)

From: Brazilian Spiritist Federation website

[The Mediums' Book](#) - Allan Kardec (pdf)

From: Brazilian Spiritist Federation website

[Heaven and Hell](#) - Allan Kardec (pdf)

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Spiritist Messages

Inspirational messages that bring peace and love to Humankind

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[God in you](#)
[Your virtue](#)
[Peace in you](#)
[Your Brother and You](#)
[Forgive yourself](#)
[Order of God](#)
[Correct Yourself](#)
[Enthusiasm in You](#)
[Your Christ](#)
[Your Renewal](#)
[God Can](#)
[God Will](#)
[Your Weariness](#)
[Your Harmony](#)
[Light of God](#)
[God Knows](#)
[Heir of God](#)

[To Instruct and To Transform](#)
[The Power of Prayer](#)
[Labour and Keep Faith](#)
[To Find God](#)
[Prayer of Caritas](#)

More messages coming soon!!!

e-mail: ssb@ssbaltimore.org



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Joanna de Angelis

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Links

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- [UNITED STATES SPIRITIST COUNCIL - USSC](#)
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- [Allan Kardec Educational Society \(AKES\)](#)
- [Spiritist Group of New York - SGNY](#)
- [Advanced Study Group of Spiritism \(GEAE\)](#)
- [SPIRITISM 101](#)
- [Spiritist Society of Florida](#)
- [British Union of Spiritist Societies](#)
- [Sir William Crookes Spiritist Society](#)
- [Brazilian Spiritist Federation -FEB \(in Portuguese\)](#)
- [Union Spirite Française et Francophone \(in French\)](#)
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- [Mansão do Caminho \(in Portugues, English, Spanish and French\)](#)
- [Raul Teixeira "official site" \(in Portuguese\)](#)
- [Comunhao Espirita Crista Chico Xavier \(Japanese/Port\)](#)
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- [German Spiritist Union \(in Germany\)](#)
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Jesus Christ

Explore Spiritism

An Introduction to Spiritism, codified by Allan Kardec

[Disseminate SPIRITISM](#)



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2017 SSB Calendar

SATURDAYS: Workshops or Special Talks (6pm - 7:30pm); **MONDAYS:** Fraternal Counseling & Spiritual Treatment (6:15pm - 7:50pm) - Mediumship Meetings (8pm-10pm);
THURSDAYS: Study group on Spiritism (7:30pm - 9:00pm).

JANUARY

SSB activities

[Jan Flyer - pdf](#)

Jan 07 – New Year, New You!

It is time again for renewal! Come and join us as we discuss new approaches on how to face the uncertainties of the New Year. New year, new you, new challenges... Join us in the special workshop!

Jan 14 – [Mini-Seminar with Jussara Korngold](#) [Transition and a Recipe for the New Year](#)

From 5pm to 7:30pm

We are living in a moment of planetary transition, where despair and uncertainties seem to dominate the collective minds. So, how do we navigate through these moments and keep a balanced mind? Jussara has a wide knowledge in Spiritism and she will bring some reflections for us for a happy year of 2017 and so on.

Jan 21 – Days of Gold, Nights of Silver:

Poems,

Paintings and Prayers of Transformation

by *Dianne Fanti (Guest Speaker)*

Ms. Fanti and Friends have just published a new book called "Days of Gold, Nights of Silver: Poems, Paintings and Prayers of Transformation". This is an inspirational art book intended to connect you with a sense of beauty and wonder to restore the soul. Dianne will talk about the book as well as about the Friends of the Homeless National Resource Center, where she is the founder and director.

Jan 22 - SSB Fundraising: BAKE SALE

(place your order by Jan 16)

Jan 28 - Gratitude as a motivation meaning for existence

by Kirsten DeMelo

As part of the series of talks based on the book " The Psychology of Gratitude" by Joanna de Angelis/Divaldo Franco. Kirsten will share with us how gratitude can be an "existential transcendental, emotional enrichment, and behavioral health for the optimistic light it shines in overcoming ...barriers...motivating meaningfulness for plenitude"

APRIL

SSB activities

[Feb Flyer - pdf](#)

Apr 01– Sexual Forces of the Soul

Adriano Barbo (Guest Speaker)

Sexual energy is inherited to life itself and its fundamental to build the family institution . The misuse of this energy will impact the destiny of the immortal spirit. In this talk, under the light of Spiritism, Mr. Barbo will discuss how one can use this energy to boot life in all its aspect.

Apr 08 – ANNUAL GENERAL ASSEMBLE

SSB reserves this yearly meeting to give an account of all donations received from the previous year as well as its activities and financial status.

Apr 15 – How do I see Jesus today?

The guide and model offered by God to humankind

Yasco Aracava

After 1800 years of misuse and exploitation of His name and image, Spiritism was granted to us to redeem the real figure and mission of Jesus while incarnated among humans, i.e., to guide us towards God through his teachings, examples, and infinite love.

FEBRUARY

SSB activities

[Feb Flyer - pdf](#)

Feb 04 – Mental Disorders & Family

Daniel and Kirsten

Most people believe that mental disorders are rare and

"happen to someone else." In fact, mental disorders are common and widespread. Most families are not prepared to cope with loved ones who suffers from mental illness. In this talk, we will emphasize the spiritual causes of this condition.

Feb 11 – Lecture Screening: Spiritism & Freedom of Choice with Daniel Assisi

Once a month, the SSB screens lectures recorded from Spiritist Speakers from other States. These lectures, might be recorded on special events or in the

Spiritist centers across the USA.

Feb 18 – Different cultures, different Ethnicities, one Humanity

Alba Morales

Where are we coming from as humanity? Why do we have different ethnicities/races? What lies ahead in our common future? Based on the book "On the Way to the Light" by Emmanuel/Chico Xavier, Alba Morales

will discuss about the history of civilization under the light of Spiritism.

Feb 19 – SSB Fundraising: Movie (Just like

Heaven) and Light refreshments at SSB Headquarter - 12pm - 3pm

Feb 25 – Liberty, Equality and Fraternity

Leonardo Vieira

As part of the series of talks based on the Eternal teachings by Jesus, Leo will bring some insights , under the light of Spiritism, about 3 important aspects of our evolution: Liberty, Equality and Fraternity as the means to progress and build a peaceful society.

MAY

SSB Activities

[May Flyer - PDF](#)

May 06 - SSB Spring Book Sale - Event

In Lieu of a Spiritist talk, SSB will has a Book sale event, where our practitioners will be available to talk one on one about several book titles. Don't miss this wonderful opportunity to get "food for the soul" at unbelievable prices!!

May 13 - On Life and Death

Cynthia Fabretti (Guest Speaker)

"When does Life begin? – Is there such a thing as a physical body

template? – What is the silver chord? – What about organ donation? – Is Death a natural part of the cycle of life? – Amendments to God's Laws? -How about the care of humans remains?" This and more, in a compassionate and open talk about

different Life and Death topics examined through the Spiritist point of view.

May 18 (Thurs) - Bridging Spirituality and Medicine

Sergio Thiesen, MD (Guest Speaker)

MARCH

SSB activities

[Feb Flyer - pdf](#)

Mar 04 – Spiritual Influences

Daniel Santos

"Spirits influence [in our lives] is greater than we suppose, for very frequently it is they who guide us."

How do we prevent the bad influences and maximize the

good ones? Come and Learn more!

Mar 11 – Lecture Screening: All You Need is Love with Marcelo Netto

Once a month, the SSB screens lectures recorded from Spiritist Speakers from other States. These lectures have been recorded on special events or in the Spiritist centers across the USA.

Mar 18 – [Life Through the Lenses of Astronomy](#)

Julio Carvalho (Guest Speaker)

"...There are many dwellings in my Father's house...(Jn. 14:1-3).The Father's house is the Universe; the different dwellings are the worlds that revolve in infinite space, offering to incarnate spirits stations appropriate to their advancement." In this special talk, Mr. Carvalho will address some scientific finds that will help us to evaluate the true purpose of our lives on Earth.

Mar 19 – SSB Fundraising: Movie (TBD) and Light

light at SSB Headquarter - 12pm - 3pm

Mar 25 – A Spiritual View of Our Actions

Kirsten DeMelo

How our actions can impact our future? Is it possible that our life is a consequence of our past life? How about our free will? Can we change our current life status? But how? Kirsten will discuss all these, based on the Book Action and Reaction by Andre Luiz/Chico Xavier.

JUNE

SSB Activities

[May Flyer - PDF](#)

Jun 03 - Deep Listening to Others and to God

Paula Schmidt

Practicing active listening techniques fosters conscious and heartfelt communication with other people. Cultivating inner stillness through meditation enables the restless mind to settle and to listen to God. The spirit Joanna de Angelis recommends meditation "in order to live well and evolve properly"

Jun 04 – Trip to the Egloffs' Farm in Gettysburg-PA (SSB Fundraising Event)

You are invited to spend a day in Gettysburg, PA (11 - 4pm).

Besides enjoying the farmland and having lunch together, we will be going to the Gettysburg Museum and Visitor Center... JOIN US! (Price: \$20 adult \$10 child). Address 121 Sibert Rd. Gettysburg, PA 17325

Jun 10 - A Highlight on the Divine Justice – 11th U.S.

Spiritist Symposium. Yasco, Daniel, Kirsten and Sarah will briefly discuss some of what they learned from the presentations at the 11th U.S. Spiritist Symposium, Orlando, FL.

Jun 17 - Understanding Cultural Diversity

Kirsten DeMelo

Apr 22 – Discover the Contributing Factors Influencing Homelessness and Ways You Can Help

Dianne Fanti (Guest Speaker)

Dianne will present the new illuminating video series by Friends of the Homeless and we'll have a discussion and Q&A about the 4 videos in this series: Cultural Factors Influencing Homelessness, Personal Factors Influencing Homelessness, Ways We All Can Help, and Sharing Street Cards. Bring your thoughts and questions, and some toiletries or snacks to share with the homeless and receive some more street cards (resource cards) you can share!

Apr 29 – FREE WILL according to Spiritism

Daniel Santos and Kirsten DeMelo

"Since [we] have freedom of thought, we have freedom of action.

"Without free will, human beings would be machines."

A topic that new age thinkers and sages from centuries ago have attempted to bridge. Medicine and Spirituality are two topics that do go hand in hand. Come and learn with Dr. Thiesen, you won't regret it!

May 20 - Mental Habits, Energies of Life

Kirsten DeMelo

"Mental life begins with glimpses and perceptions as the spirit masters the brain's mechanisms, which decode the spirit's thought waves." Come learn with Joanna de Angelis on this powerful message and topic!

May 27 – SSB Headquarter Closed (Fundraising Art Event)

Abigail Francisco School of Classical Ballet presents

Wild about AMERICA - Spring Production

Saturday, May 27, 7pm – 9pm at Mary D Harrison Cultural Arts Center

2950 Charneyville Rd, Owings, MD 20736 (Get your ticket at SSB - \$20)

Join us as Kirsten will discuss how to understand people's cultures, promote engagement with others, and build strong, diverse communities, under the light of the Spiritist teaching.

Jun 24 – Cases from the Spiritual World

Daniel Santos

Daniel Santos will share some cases from the Spiritist literature to help us in the understand life's struggles.

Jun 25 – The 2nd Maryland Spiritist SUMMER CAMP

"A Parallel Between the Physical and the Spirit Worlds"

AKSS-MD and SSB will promote a day with children-youth and their parents at the Black Hill Regional Park - Shelter E (small) at 20930 Lake Ridge Dr. Boyds, MD 20841

July

SSB Activities

[July Flyer - PDF](#)

Jul 01 – Lecture Screening: Americans and Immortality of the Soul

by Jussara Korngold

Talk presented at the 2nd Annual Spiritist Seminar - Suicide Prevention organized by the Long Island Spiritist Doctrine, Long Island, NY on Nov, 22,2014

Jul 08 – The Recipe for Happiness

Leonardo Vieira

In this encounter Leo will talk about some key elements to establish and maintain healthy relationships based on the teaching of doing onto others what you wish to be done onto you. Come and Join us!

Jul 15 – Who is the boss? Roles in the family according with Joanna de Angelis

Alba Morales

"In the view of the scientific and technological advances, alongside the ongoing socio-psychological revolutions, the family of today is seeking parameters of equilibrium to survive the chaotic phenomena of moral nature". In this scenario, roles in the family had been changed affecting the harmony and balance of the "cell of society". How to gain balance again? How to preserve harmony and love in the family? Joanna de Angelis will give us her answers.

*****SSB Fundraising Bake Sale will be provided*****

Jul 22 – Spiritism and Global Challenges

Adrian Alvarez (Guest Speaker)

In response to Q. 704 of The Spirits' Book, the good Spirits tell Kardec that God has given human beings the need to stay alive and the means of doing so. Yet when we open the newspaper, it seems like all we read about is war and destruction, the degradation of the environment, and greater social inequality. Should we be resigned to the world as it is?

Or can Spiritism and developing a greater sense of spirituality help us find a solution to the challenges facing our planet?

Jul 23 (Sun) – Picnic in the Park (SSMD)

Jul 29– The Good Samaritan – A Lesson to Be Learned

Daniel Santos

In this talk, Daniel will discuss some important aspects of the

Parable of the Good Samaritan told by Jesus. Come and Join us!

August

SSB Activities

[August Flyer - PDF](#)

Aug 05 – Lecture Screening:

Healing with the Gospel in Today's World by Divaldo Franco

Aug 12 – Mini-Seminar with Fred Gouveia (5pm to 7:30pm). Reflections on the Sermon of the Mount

The Sermon of the Mount is one of the most profound passages of the Gospel. In it, Christ offers a detailed roadmap for the disciple's spiritual purification and inner growth. Spiritist scholar Carlos Torres Pastorino's analysis of the Sermon found in his work "A Sabedoria do Evangelho"

("The Wisdom of the Gospel") will be the highlight of the lecture, as well as music, to connect our feelings with the ones evoked by the Sermon's words.

Aug 19 – Sleep and Dreams

Daniel Santos

What are dreams? What happens with the spirit during the sleep time? Come and learn about the mechanism of the emancipation of the soul.

Aug 20 – (Sun) – SSB Fundraising Event

Summer Bar-B-Q @ 12 – 4pm

Location: 128 Kriders Church Rd, Westminster, MD 21158

Ticket: \$ 20 adult and \$10 children (5-12y)

Aug 26 – Mini-Seminar with Julio Padovan (5pm to 7:30pm). Understanding Emotional Suffering

Based on chapters 32 through 35 from the book "The Integral

Human Being" by Joanna de Ângelis (spirit) and Divaldo Franco and the book "Love, Unassailable Love" by the same authors. The lecture focuses on the origins of our suffering, exactly where it came, what or who engineered it, and what its purpose in our lives is, if any. This topic provides and understanding of the difficulties we normally face in our lives and, consequently, provides consolation in that it helps us to identify the origins of those difficulties as a first step in dealing with them.

Aug 31 – (Thurs.) Spiritual Intervention Powerful Insights for Breakthrough Living

Come and Joy us for this special talk with our guest speaker Flavio Zanetti. You will learn about the Spiritist approach on Spiritual interventions.

September

SSB Activities

[September Flyer - PDF](#)

Sep 02 – 04 – SSB Closed

Labor Day Weekend (Sat. and Monday)

Sep 07 (Thurs @ 7pm) – The Action of Thought in Health and Sickness

Dr. Andrei Moreira (Guest Speaker)

Thought and Will are the driving forces of our lives. Our health or sickness are intimately tied with the pattern of our thoughts and by knowing its mechanism we will have a healthier life. Come and Learn more with Dr. Moreira.

Sep 09 – Marriage, A Spiritist View

Daniel Santos

In this talk, Daniel will approach the topic by analyzing the ins and out of marriage under the Spiritist view.

Sep 16 – Lecture Screening: Science and the Role of Spirit in Healing

by Dr. Gary Schwartz

Once a month, the SSB screens lectures recorded from special events across the USA.

****SSB Fundraising: BAKE SALE (place your order by

Sep 0 9)

Sep 23 – Amelia Rodrigues

Alba Morales

Amelia was a notable poetess, player writer and teacher, who lived during the 19-20th century in Brazil. After she disincarnating, Amelia has brought several books through the mediumship of Divaldo Franco.

Sep 30 – The Archetypes of the Spiritist Practitioner

Jussara Korngold (Guest Speaker)

Mrs. Korngold will draw a parallel based on the Last Supper, analyzing the archetypes of the Apostles with the current Spiritist practitioner. True Spiritists are recognized by their moral transformation and the efforts they make to overcome their evil inclinations (The GAS).

October

SSB Activities

[October Flyer - PDF](#)

Oct 07 – "The Science of Things Spiritual"

(Highlights of the inaugural lecture series at Lily Dale) with Paula Schmidt and Yasco Aracava

Journey with Yasco Aracava and Paula Schmidt to Lily Dale, a Spiritualist Community in Northwestern New York State. Where professors of psychology, music history, and sociology of religious

November

SSB Activities

[November Flyer - PDF](#)

Nov 04 – Faith

Daniel Santos

Faith is the mother of all virtues and the innate sentiment in human beings of their future destiny. In this talk, you will learn how to strengthen this great virtue for a better life.

December

SSB Activities

[December Flyer - PDF](#)

Dec 02 – "The Power of Love according to Christ, Spiritism and Science"

Monica Malta

Following the "Gospel according to Spiritism" we will learn a little more about the power of love. When you begin to consciously surround yourself with the energy of love and acceptance—which is your natural state of being—your

movements as well as an architect and parapsychological researcher presented their research findings bridging the human and spiritual worlds. Join us!

Oct 14 – Immunity and Spirituality

Monica Malta

Science and Spirituality are two aspects of a single reality. The spiritual, psychic and physical immune system are deeply interrelated. A better understanding can lead to real progress, inner reformation and peace.

Oct 15 (Sunday) - SSB Family Fall Gathering

(Fundraising Event) from 12-4pm

Join us for a Fall themed afternoon with lunch and activities at the Egloffs' Farm in Gettysburg-PA. This is a SSB fundraising event (Price: \$20 adult \$10 kids). Egloffs' Farm is in Gettysburg-PA at [121 Sibert Rd. Gettysburg, PA 17325](http://121.Sibert.Rd.Gettysburg.PA.17325)

Oct 21 – Documentary Screening: [Mindfulness Goes Mainstream](#) (2017 PBS). The Mindfulness

movement is sweeping the country due to its improving overall health and well-being... After screening, an activity will be facilitated by Paula Schmidt.

Oct 28 – [Why do Good People do Bad Things?](#)

Debora Beldowicz (Guest Speaker)

Why do Good People do Bad Things? The lecture will shed light as to a few of the psychological and spiritual components that brings us to commit immoral, unethical, or illogical harmful acts. The concept of good and evil will be discussed in its essence as taught by the Spiritist Philosophy.

Nov 09 (Thurs @ 7pm) – [How Can We Help in the Work of Christ?](#)

André Luis Chiarini Villar (Guest Speaker)

In this lecture, Mr. Villar will bring many ways we can help in the building of a “new you” and consequently a better society according to Jesus' proposals.

Nov 11 – What do You Treasure?

Leonardo Vieira

As part of the series of talks based on the Eternal teachings by Jesus, Leo will bring some insights on what we, as society, treasure the most and how this can impact our current and future life.

Nov 18 – Peter and Us

Yasco Aracava

A reflection on the life of Simon Peter will be discussed. Yasco will also bring some highlights of Peter's great transformation, from being called by Jesus to some key moments of his life as a model for our inner peace.

Nov 19 (Sunday) - SSB Thanksgiving Gathering

(Fundraising Event) from 12-3pm

This moment isn't only to raise funds, but to commemorate one more year of service, prayer, study, and friendship at the Spiritist Society of Baltimore.

Nov 25 – CLOSED – Thanksgiving Weekend

In observance of Thanksgiving we will be closed. Enjoy your time with family and Friends...!

journey in this physical dimension becomes much smoother, more purposeful, and more powerful.

Dec 09 –Jesus and Physical Healing

Sonia Doi (Guest Speaker)

Come unto me, all you who suffer and who are overburdened, and I will comfort you. -Jesus” In this lecture, Dr. Doi will present many of Jesus' healings under the light of Spiritism.

Dec 16–“It's the Most Wonderful Time of the Year...”

Daniel Santos

We will take this time to reflect on life —our true purpose, our struggles, solutions, victories and the holiday festivities. It is a moment to revisit the past and planning for

the future as we prepare for a new year cycle.

Dec 17 (Sunday) -SSB Holiday Lunch

(Fundraising Event) from 12-3pm

This moment isn't only to raise funds, but to commemorate one more year of service, prayer, study, and friendship at the Spiritist Society of Baltimore.

Dec 23 –What We Expect Is Not What Always What We Receive

Leonardo Vieira

A brief reflection of our expectations and the possible reasons why we do not always achieve them. Leo will help us to understand the ins and outs of our frustrations under the Spiritist teachings.

Dec 30 –CLOSED –New Year's Weekend

HAPPY NEW YEAR!!!

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SSB

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Spiritist Program for Youth and Children

SPYC

Registration

Program

SPYC SUMMER CAMP

Art & Spirituality
July 24th, 2011
10am - 3pm

Fill out the following
form and e-mail to us:

- [REGISTRATION](#)
- [Medical Release](#)

This innovative program (SPYC) has the main goal to boost spirituality in our new generations. Through seasonal programs, our Spiritist Educators, will teach children and youth new and practical insights on the power of prayer, visualizations, self-control, relationship with guardian angels, family values, and the importance of unfolding their inner altruistic nature.

Our Spiritist Educators have been working with children and youth for many years. They have kindly volunteered to dedicate their time and effort sharing new tools that will help us build a new generation of deeply altruistic and spiritual individuals.

Join us in this most important initiative! [Register](#) your children!

SCHEDULE - CLASSES

(Oct - Dec, 2017)

Who: children and teens (4-16 y/o)

**When: Saturdays,
6:00PM – 7:30 PM**

Where: SSB Headquarter

22 W Padonia Road

Bdg B, Suites 321

Timonium , MD 21093

[Driving Directions](#) - [Map](#)

REGISTRATION

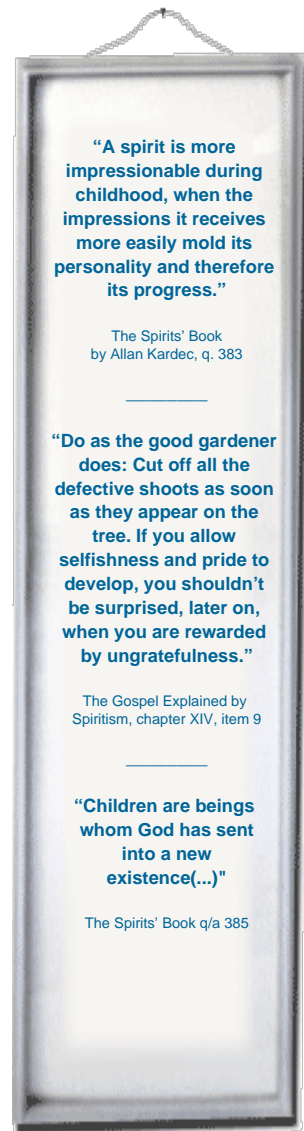
Past

Maryland Spiritist
[Summer Camp](#)

An initiative of the Spiritist Society of Baltimore
[Enlightening lives together](#)

"In order that man shall be happy upon the Earth, it is necessary that it be peopled with good spirits, incarnate or discarnate, who desire only good. This time has arrived."

- Allan Kardec,
In Genesis, Chapter 18, item 27 -



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OUTREACH PROGRAMS

SSB OUTREACH PROGRAMS

Since its beginnings, the SSB has always given a hand to less fortunate and suffering souls. We here share with you some of the main programs we have worked in the past and the ones in the present.

You can help/volunteer with us. Just write us an email expressing your will.

ONGOING OUTREACH PROGRAM

- SSB receives donations to be redirected to [Health Care for the Homeless \(HCH\)](#) in Baltimore City. HCH serves people who lack stable housing. This includes people living in shelters, transitional housing, on the streets, or “doubled up” with friends, neighbors, or relatives. For items to be donated please see download the list [HERE](#)

[Ongoing Donation List](#)



PAST YEARS

- Collection of wish list items for the [Esperanza Center](#)
- Cook a meal for women and children at the emergency shelter Sarah's Hope St. Vincent de Paul of Baltimore.
- Serve meals for homeless and addictive programs at the Helping Up Mission.
- Cook and serve dinner/breakfast at the Ronald McDonald House of Charities of Baltimore.
- Cook and serve dinner/breakfast at the Believe in Tomorrow Children's Foundation at Johns Hopkins, Baltimore, MD.
- Visit and donation of the book and CD I love myself, I am addiction free to a rehab clinic in Baltimore.
- Clothes and shoes Drive to the House of Ruth in Baltimore, MD.
- Donations of books to Liberia Women's College in Africa.
- Campaign for wheel chair for a child who was disabled in Ribeirao Preto, Brazil.

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SSB

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ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE



What is it?

The Roadmap Program for the Spiritist Study and Practice (RPSSP) focuses on the sole goal of promoting the study and practice of Spiritism, while contributing to the formation of Spiritist practitioners at the Spiritist Society of Baltimore, Inc. It welcomes everyone to take its courses without distinction to sex, race, religion or nationality. Each class comprises of a 1 1/2 minutes hour-study session and it is divided into three (3) phases.

PHASES:

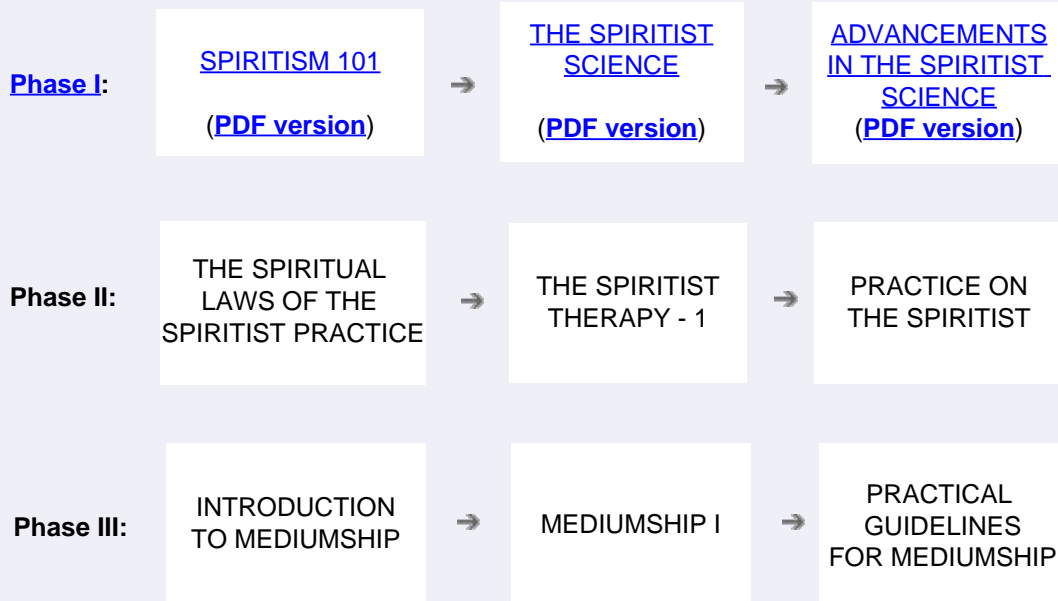
[PHASE I](#)

PHASE II

PHASE III

[REGISTRATION](#)

You can do this course online at



DESCRIPTION:

PHASE I

Spiritism 101

It is a 9-week program on the main teachings of Spiritism. This course is a prerequisite for more advanced courses.

The Spiritist Science

Introduction to the Spiritist principles including a historical overview of the beginning of Spiritism, and its codifier, Allan Kardec. The Spiritist movement in the US and worldwide.
Prerequisite: Spiritism 101.

Advancements in the Spiritist Science

Deep analysis of the Spiritist principles. Topics include: origin and nature of spirits, spiritual intervention in the corporeal world, divine justice, reincarnation, and different categories of inhabited worlds.
Prerequisite: The Spiritist Science.

PHASE II

Spiritual Laws of the Spiritist Practice

Fundamental principles of the spiritual laws that govern the Spiritist Practice.
Prerequisite: Advancements in the Spiritist Science.

The Spiritist Therapy I

Understanding the mechanisms of the passes and types of passes.
Prerequisite: Advancements in the Spiritist Science.

Practice on the Spiritist Therapy I

Applications of the passes techniques under the light of the Spiritist Thought. This course is an essential tool for a serious spiritual treatment.
Prerequisite: The Spiritist Therapy I.

PHASE III

Introduction to Mediumship

To learn the two basic fundamentals of Mediumship: knowledge of the Spiritist Thought and the moral ethical values related to it.
Prerequisite: Advancements in the Spiritist Science.

Mediumship I

Educate mediumship through the study in depth of the Spiritist Thought. Topics include: the mediumship faculty, types of mediumship, obsession and disobsession. Second part of the course: educate and develop the psyche faculties of the participants through exercises of harmonization and psyche perception.
Prerequisite: Introduction to Mediumship.

Practical Guidelines for Mediumship

Application of the concept of mediumship in the mediumship meetings, in a group setting. Topics include: moral development of the mediums, analysis

of the messages received, the power of faith and hope. Second part of the course: practical guidelines in the exercise of mediumship in a group setting.

Prerequisite: Mediumship I

[Spiritism 101 Program](#)

[Rules and regulations for Coordinators and Monitors](#)

[REGISTRATION](#)



Consulte [programação](#)

FEBtv
Federação Espírita Brasileira

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[QUERO ME CADASTRAR](#)

VIDEOS and AUDIOS on DEMAND



Double click to see full screen
- Use [Internet Explorer Browser](#)

US	2432	BR	344	CA	87
PL	42	IE	22	GB	18
IN	13	AU	13	NL	10
DE	9				
Newest:	LR You:	US			
Today:		2			
Month:		47			
Total:		3105			
		Supercounters.com			

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e-mail: ssb@ssbaltimore.org

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Remember,
if **Christmas** isn't
found in your heart,
you won't find it
under the tree.

- Charlotte Carpenter

Spiritist Activities Calendar – December 2017

- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Dec 02 – “The Power of Love according to Christ, Spiritism and Science”

Monica Malta

Following the “Gospel according to Spiritism” we will learn a little more about the power of love. When you begin to consciously surround yourself with the energy of love and acceptance—which is your natural state of being—your journey in this physical dimension becomes much smoother, more purposeful, and more powerful.

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Sonia Doi (Guest Speaker)



Come unto me, all you who suffer and who are overburdened, and I will comfort you. - Jesus”
In this lecture, Dr. Doi will present many of Jesus’ healings under the light of Spiritism.

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Daniel Santos

We will take this time to reflect on life — our true purpose, our struggles, solutions, victories and the holiday festivities. It is a moment to revisit the past and planning for the future as we prepare for a new year cycle.

Dec 17 (Sunday) - SSB Holiday Lunch

(Fundraising Event) from 12-3pm

This moment isn’t only to raise funds, but to commemorate one more year of service, prayer, study, and friendship at the Spiritist Society of Baltimore.

Dec 23 – What We Expect Is Not What Always What We Receive

Leonardo Vieira

A brief reflection of our expectations and the possible reasons why we do not always achieve them. Leo will help us to understand the ins and outs of our frustrations under the Spiritist teachings.

Dec 30 – CLOSED – New Year’s Weekend

You are invited to our SSB Holiday Fundraiser



Sunday, Dec 17, 2017

12 pm - 03 pm

Location:

128 Kriders Church Rd
Westminster, MD 21158
Vieira’s house



Ticket price:

\$ 20 per person \$ 10 per child

*This event is a part of the fundraising program of the
Spiritist Society of Baltimore*
www.ssbaltimore.org

Sonia Doi is currently serving as President of the Allan Kardec Spiritist Society of Maryland, U.S. Spiritist Medical Association and the International Spiritist Medical Association. Professionally, She is a MD, PhD. working at the Food and Drug Administration; she is also member of the Board of Directors of the National University of Natural Medicine.

12th U.S. Spiritist Symposium

April 21st, 2018 - Washington, DC

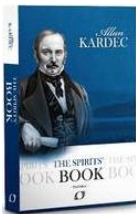
www.SpiritistSymposium.org

Systematic Study of THE SPIRITS’ BOOK

Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission



MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

*(6:15pm-7:55pm)

Spiritual Treatment

*(7:00pm – 7:45pm)

Outreach Program

SSB Winter Drive
We are accepting the following items to be donated to a Charitable Organization*

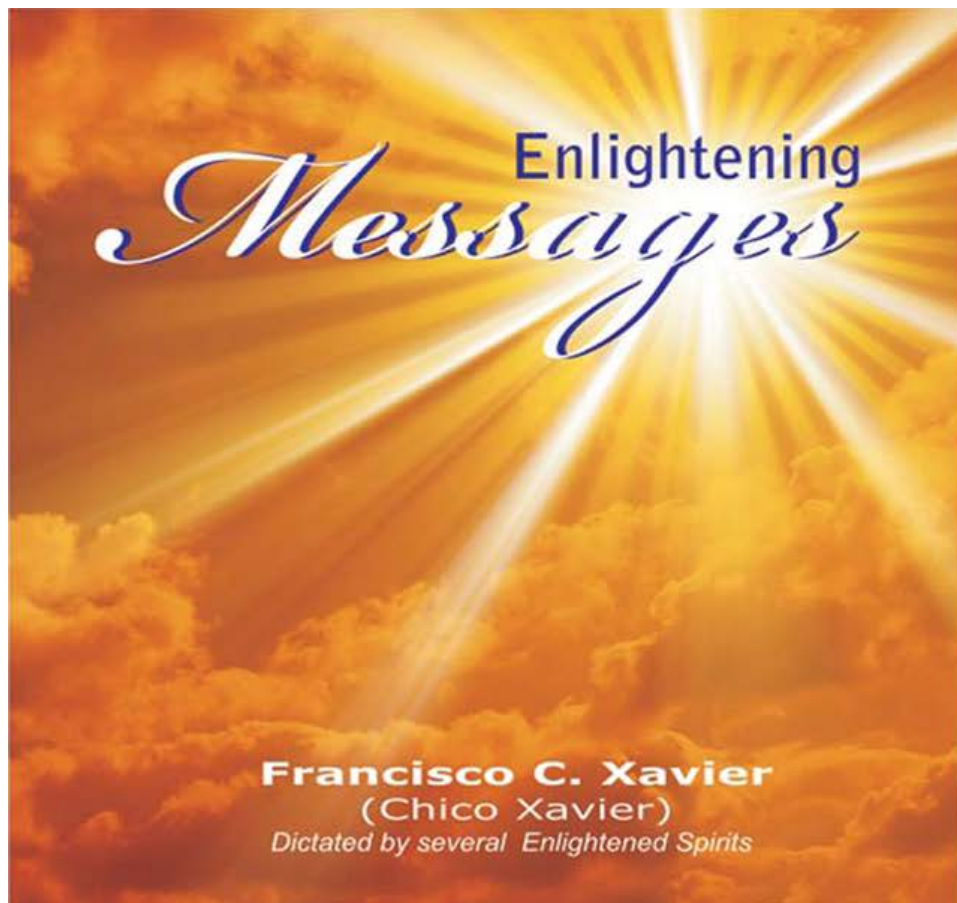


For more information: Phone: 443-827-1730 e-mail: ssb@ssbaltimore.org Website: www.ssbaltimore.org

* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226



Spiritist Society of Baltimore
Enlightening lives together



Enlightening Messages

by Francisco C. Xavier (Medium) / Several Spirits

- | | |
|--|---|
| 1. Christmas Prayer (Meimei) - 3:34 | 11. Joy (Meimei) - 1:38 |
| 2. Prayer of Service (Emmanuel) - 2:32 | 12. Divine Surprise (Maria Dolores) - 2:52 |
| 3. Wait and Love Always (Meimei) - 2:53 | 13. Jesus, Kardec and Us (Emmanuel) - 3:00 |
| 4. Christmas (Meimei) - 2:59 | 14. The Divine Encounter (Brother X) - 6:14 |
| 5. The Silent Shield (Emmanuel) - 2:25 | 15. The Death of Mina (Cornélio Pires) - 1:12 |
| 6. Christmas Card (Meimei) - 3:12 | 16. The Hoe (Cornélio Pires) - 1:13 |
| 7. A Little More (Andre Luiz) - 3:14 | 17. Vito's Farewell (Cornélio Pires) - 1:10 |
| 8. Omnipotent Love (Emmanuel) - 3:13 | 18. Only Today (Manuel Monteiro) - 1:32 |
| 9. Christmas Wishes (Maria Dolores) - 2:06 | 19. Christmas (Irene S. Pinto) - 1:53 |
| 10. Sow, Sow (Emmanuel) - 3:02 | 20. Prayer Before the Cradle of Jesus (Emmanuel) - 2:09 |



Francisco C. Xavier (1910 - 2002). Chico Xavier's illuminated use of his mediumship consoled millions of people, and continues to do so. Some of the inspirational messages brought by the hundreds of Enlightened Spirits through Xavier's missionary mediumship are now here available to you in this CD. May they also enlighten your life!

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Production: Spiritist Society of Baltimore and Marcelo Netto

Coordination: Vanessa Anseloni and Daniel Santos

Voice: Gregory Stewart

Translation from the original in Portuguese: Luis E. Almeida

Revision of the English version: Lisa Pellegrino and Rodney Simões

Art and Design: Daniel Santos

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Enlightening Messages

Enlightening Messages

by Francisco C. Xavier (Medium) / Several Spirits

1. Christmas Prayer (*Meimei*) - 3:34
2. Prayer of Service (*Emmanuel*) - 2:32
3. Wait and Love Always (*Meimei*) - 2:53
4. Christmas (*Meimei*) - 2:59
5. The Silent Shield (*Emmanuel*) - 2:25
6. Christmas Card (*Meimei*) - 3:12
7. A Little More (*Andre Luiz*) - 3:14
8. Omnipotent Love (*Emmanuel*) - 3:13
9. Christmas Wishes (*Maria Dolores*) - 2:06
10. Sow, Sow (*Emmanuel*) - 3:02
11. Joy (*Meimei*) - 1:38
12. Divine Surprise (*Maria Dolores*) - 2:52
13. Jesus, Kardec and Us (*Emmanuel*) - 3:00
14. The Divine Encounter (*Brother X*) - 6:14
15. The Death of Mina (*Cornélio Pires*) - 1:12
16. The Hoe (*Cornélio Pires*) - 1:13
17. Vito's Farewell (*Cornélio Pires*) - 1:10
18. Only Today (*Manuel Monteiro*) - 1:32
19. Christmas (*Irene S. Pinto*) - 1:53
20. Prayer Before the Cradle of Jesus (*Emmanuel*) - 2:09



Francisco C. Xavier (1910 - 2002). Chico Xavier's illuminated use of his mediumship consoled millions of people, and continues to do so. Some of the inspirational messages brought by the hundreds of Enlightened Spirits through Xavier's missionary mediumship are now here available to you in this CD. May they also enlighten your life!

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FRANCISCO CANDIDO XAVIER

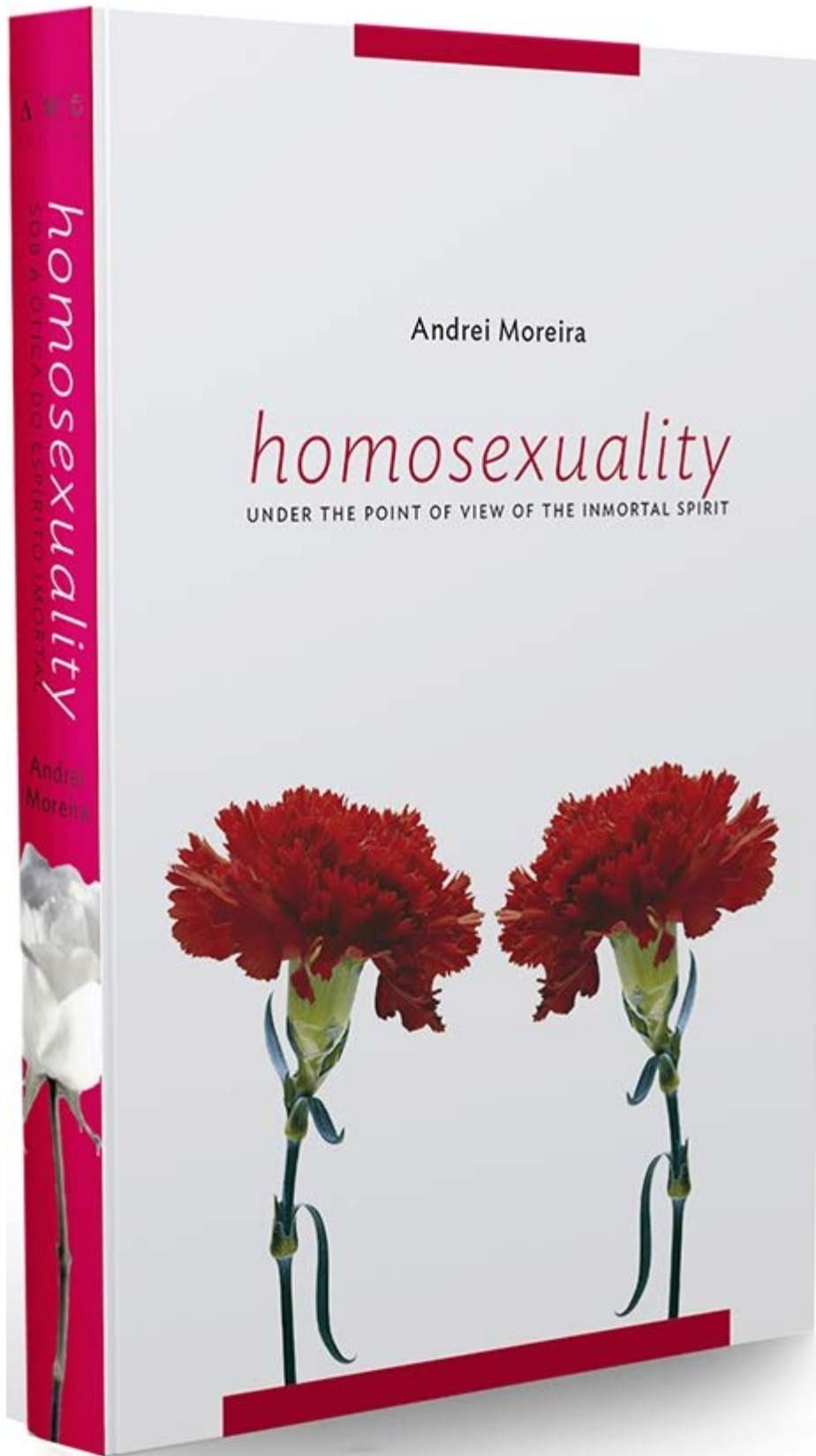
Enlightening Messages

Spiritual Messages, Prayers and Tales



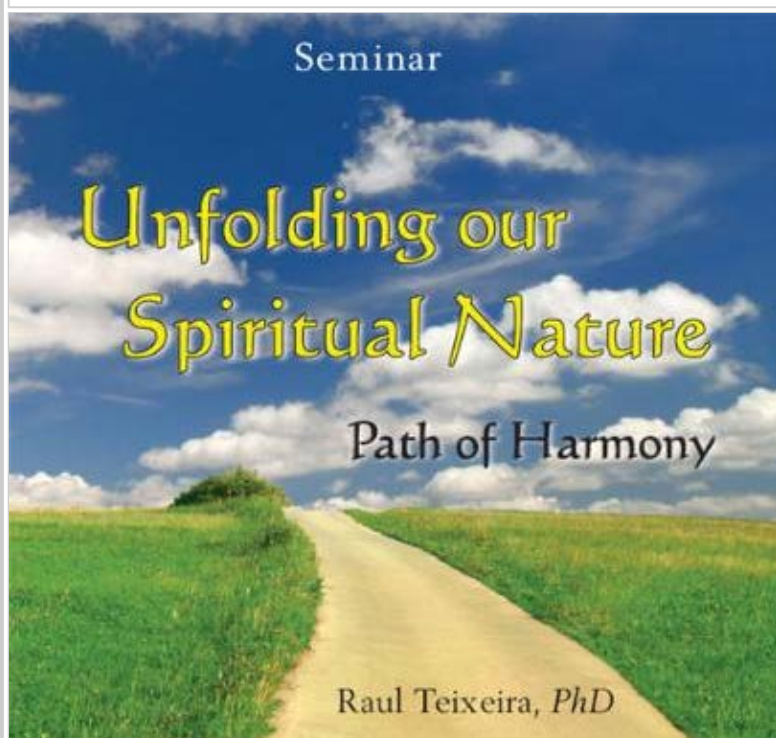
SSB





The SSB is happy to announce the release of its newest material in collaboration with Prof. Raul Teixeira:

UNFOLDING OUR SPIRITUAL NATURE: Path of Harmony - CD Sample - mp3



Seminar

Unfolding our Spiritual Nature

Path of Harmony

Raul Teixeira, PhD

Unfolding our Spiritual Nature: Path of Harmony

Seminar	Questions and Answers
1. Introduction (2:56)	10. Euthanasia (2:18)
2. We are spirits (4:33)	11. Suicide - part I (7:45)
3. Spirit-matter connection (4:18)	12. Suicide - part II (2:26)
4. Evolutionary process (3:44)	13. Pain relief (5:24)
5. Law of affinity (6:34)	14. Past life therapy (1:18)
6. We are all mediums (8:38)	15. Sympathy and antipathy (4:24)
7. The spirit-world (5:40)	16. Prayer and better attunement (2:39)
8. A true account by Chico Xavier (3:25)	17. Closing remarks (5:35)
9. Raising our thoughts (4:52)	

All proceeds from the sale of this CD go to the "Remanso Fraternal" (Fraternal Retreat) in Niterói, Rio de Janeiro, Brazil, a non-profit organization run by the "Sociedade Espírita Fraternidade" - www.remansofraternal.org.br.

Studio: Audio Express Recording Services, Silver Spring, MD - USA
 Production: Spiritist Society of Baltimore - www.ssbaltimore.org
 Coordination: Vanessa Anseloni and Daniel Santos
 Voices: Gregory Stewart and Vanessa Anseloni
 Translation from the original in Portuguese: Vanessa Anseloni
 Transcription (Portuguese): Milena Whorton
 Revision of the English version: Laura Egger and Gregory Stewart
 Cover Design: Val Signorelli

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Unfolding our Spiritual Nature: Path of Harmony

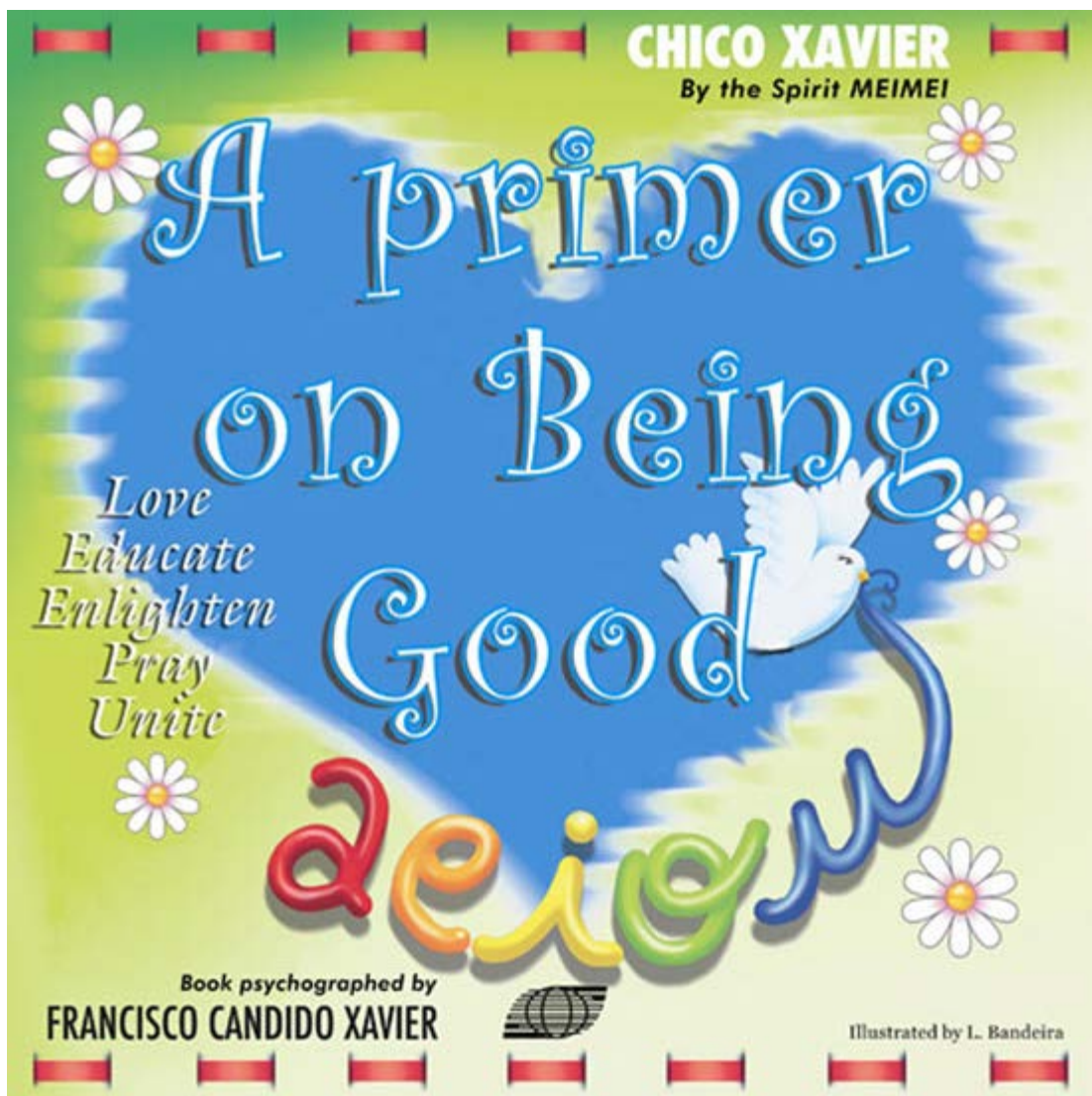
This seminar was held at the University of Maryland, School of Medicine Auditorium on August 8th, 2004, in the city of Baltimore, Maryland - USA. This inspirational event was sponsored by the Spiritist Society of Baltimore.

The seminar was brightly conducted by Prof. Dr. Raul Teixeira. He spoke in his native language, Portuguese. Simultaneous professional interpretation into English was also provided.

Raul Teixeira is professor of Physics and also holds a PhD in Education. He has dedicated his life to the dissemination of Spiritism. Prof. Raul Teixeira became one of the greatest names behind the Spiritist Thought in the world today. Prof. Teixeira has spoken in more than 35 countries in Europe, Asia, Africa and the Americas. All of his lectures are free of charge. He has a friendly and effective communication style that explains the Spiritist Thought with simplicity and clarity. Throughout his life, he has been inspired by the spirits Camilo, Hans Swigg, Ivan de Albuquerque, Joanes, Sebastião Lasneau, Rosangela Lima.

He mediumistically wrote and published more than 28 Spiritist books. He continues to produce many mediumistic works through automatic writing.

In 1988, Prof. Teixeira founded "Remanso Fraternal" (Fraternal Retreat), a non-profit organization that provides basic care and education to at-risk children and youth in the city of Niterói, Rio de Janeiro, Brazil.



FRANCISCO CANDIDO XAVIER

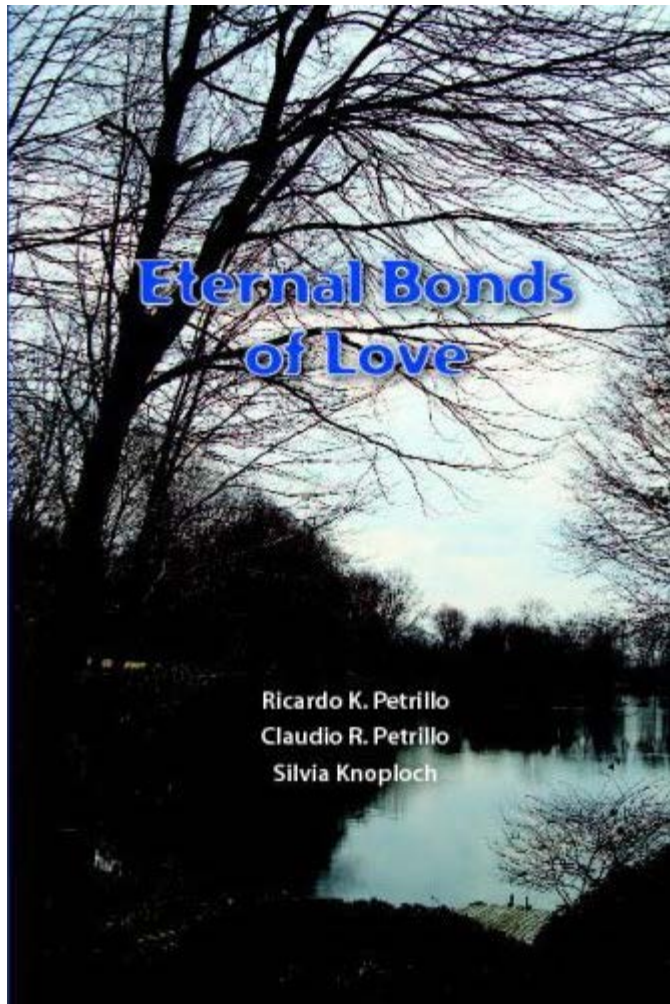
*Message from a
Teen in the
Spirit World*

The Big Journey

*By the Spirit
Neio Lucio*

Illustrated by Jorge Ney





Eternal Bonds of Love

Ricardo K. Petrillo
Claudio R. Petrillo
Silvia Knoploch

Transform Your Health with Inner Peace



Keynote address:
Health, Peace and You
Divaldo P. Franco

Guest Speakers and Award Laureates
Gary E. Schwartz, PhD
Zohara Meyerhoff Hieronimus
Rev. Dr. Jeffrey Proctor
Jorge Godinho Nery

October 19, 2008 - Baltimore, MD - USA

This event is the official launching of the First U.S Peace and You Movement and the celebration of 10-Year Anniversary of the Spiritist Society of Baltimore (SSB)

PEACE and YOU MOVEMENT

Visit us at:



www.peaceandyou.net

Transform Your Health with Inner Peace - Oct 19, 2008

DVD 1 (147min)

Opening

Vanessa Anseloni
President of the Spiritist Society of Baltimore

Living the Spiritist Message

Jorge Godinho Nery
Co-founder of the SSB, Advisor of the Brazilian Spiritist Federation, and General of the Brazilian Air Force

1st U.S. Peace and You Movement

Divaldo Franco
Ambassador of Peace, international Spiritist medium, speaker and humanitarian

Prophecy and World Peace: Spiritual Health and Healing

Zohara Meyerhoff Hieronimus
Award winning radio broadcaster, author, and pioneer in Holistic Health Care

The Science and Spirit of Energy Healing: Applications to Personal Health and Global Peace

Gary E. Schwartz, PhD
Professor of Psychology and Medicine at University of Arizona and director of the Laboratory for Advances in Consciousness and Health. *(To be continued --> DVD 2)*

DVD 2 (112min)

(Continued from DVD 1)

The Science and Spirit of Energy Healing: Applications to Personal Health And Global Peace

Gary E. Schwartz, PhD
Professor of Psychology and Medicine at University of Arizona and director Of the Laboratory for Advances in Consciousness and Health

It begins with me

Rev. Dr. Jeffrey Proctor
New Thought Spiritual Leader

Health, Peace and You

Divaldo Franco

Award Ceremony

Closing



The Spiritist Society of Baltimore, Inc. is an educational non-profit organization. Our goals are the education and the instruction of all those who are interested in learning and practicing the Spiritist teachings based on Allan Kardec's works. Therefore, we study the relationship between the material world and the spiritual one in order to better understand the purpose of life.

For more information, please visit us at: www.ssbaltimore.org



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SSB Productions

DVD 1 (147min)

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Transform Your Health with Inner Peace

Sunday, October 19, 2008
1PM - 6PM



Keynote address:
Health, Peace and You
 Divaldo P. Franco
*Ambassador of Peace,
 international Spiritist medium,
 speaker and humanitarian*

[Speakers](#)

[Registration](#)

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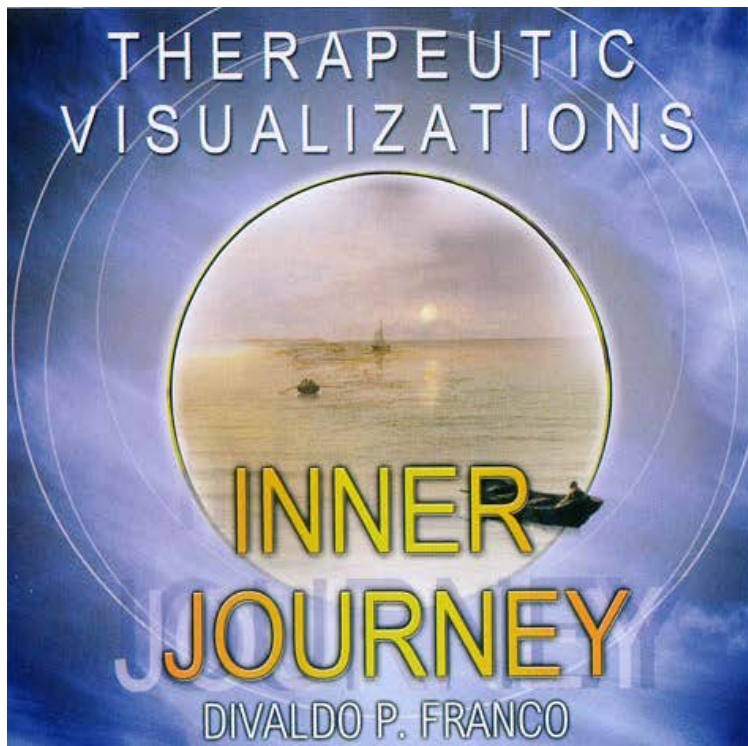
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"Live in a way that you leave enlightening footprints in your pathway as if they were stars pointing out the pathway to happiness."

Joanna de Angelis



- 1 – Decision to be happy (Joanna de Angelis) (7:28)
- 2 – Visualization of Liberation (17:53)
- 3 – Visualization for Inner Balance (22:20)

THERAPEUTIC VISUALIZATIONS

INNER JOURNEY


All proceed from the sale of this CD go to the "Mansion of the Way" in Salvador, Bahia, Brazil, a non-profit charitable organization run by the "Pathway to Redemption" Spiritist Center.


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Divaldo Franco

I LOVE MYSELF;

I AM ADDICTION-FREE:



Spiritual Tools

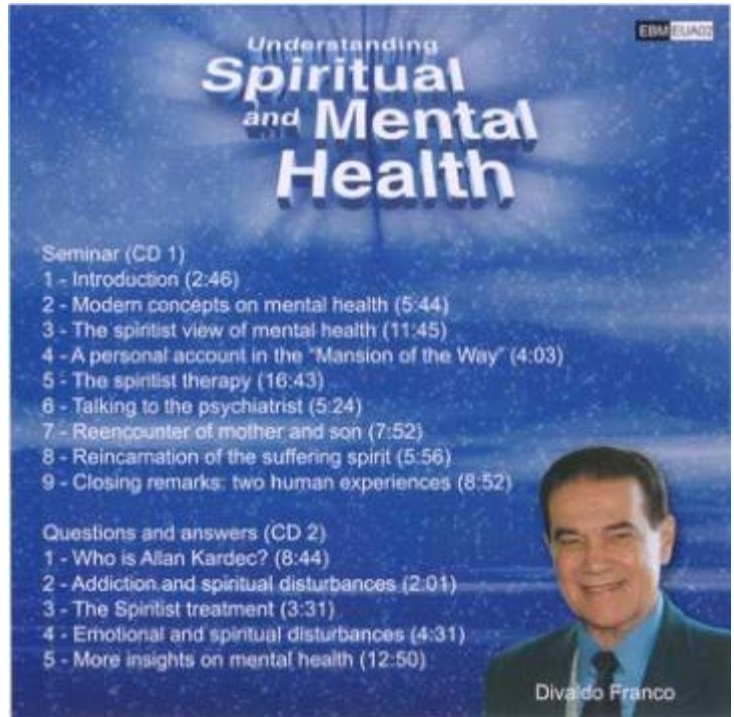
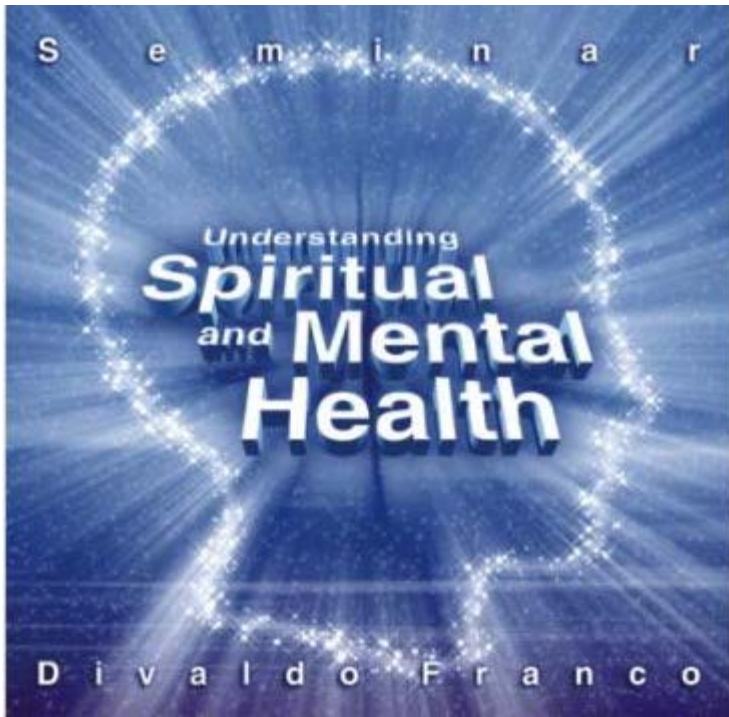
to Fight Addiction

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CDs



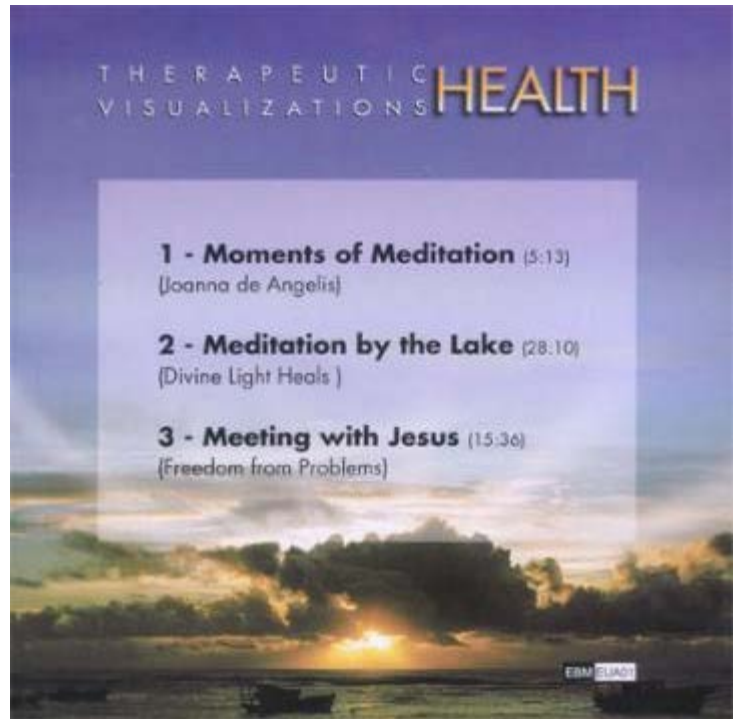
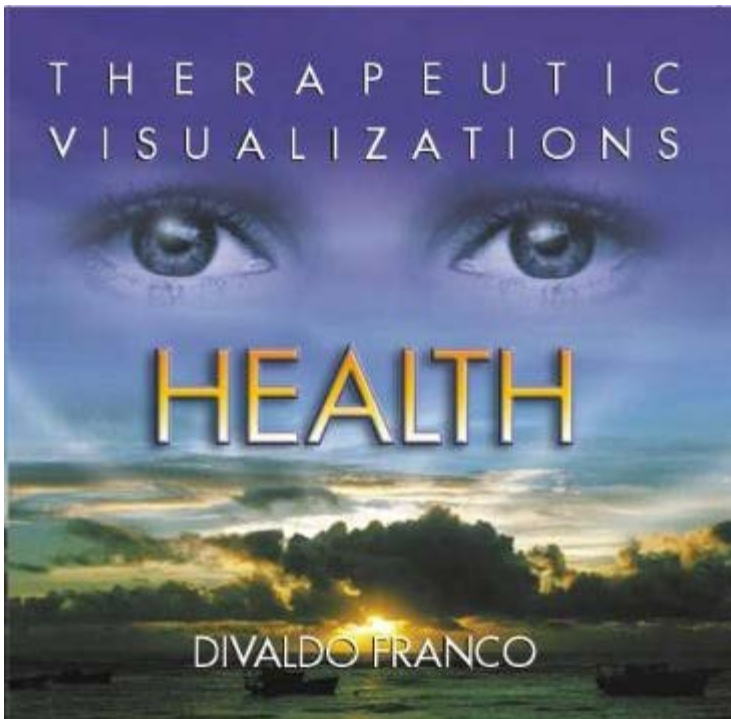
CD-1 Seminar (~ 1:05h)

Sample -1
Sample -2

Sample -3
Sample -4

[Sample -1](#)

Sample -2



Sample-1

Sample-2

Sample-3

Books

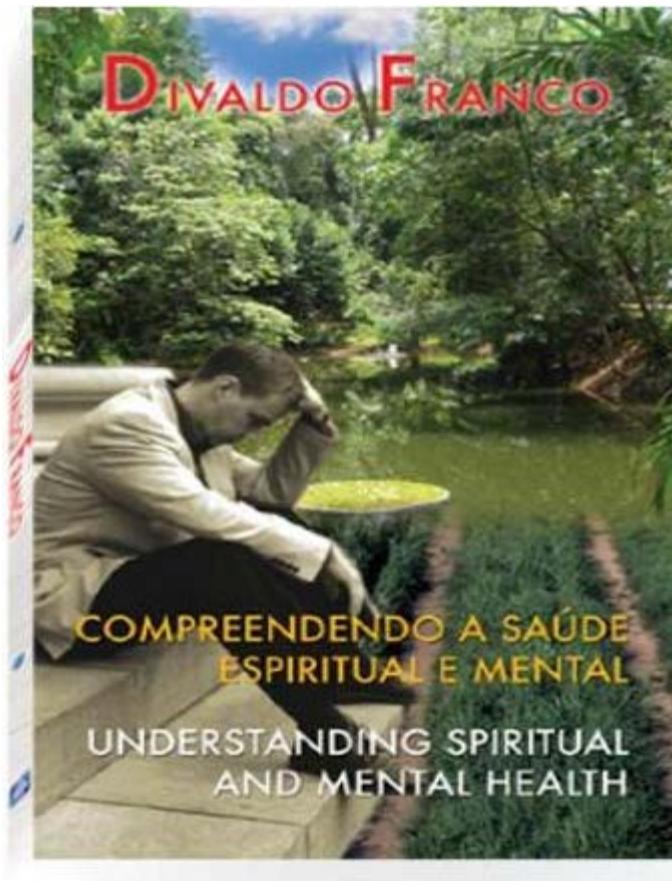


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Searching for unity. Reality and illusion. Creative force.

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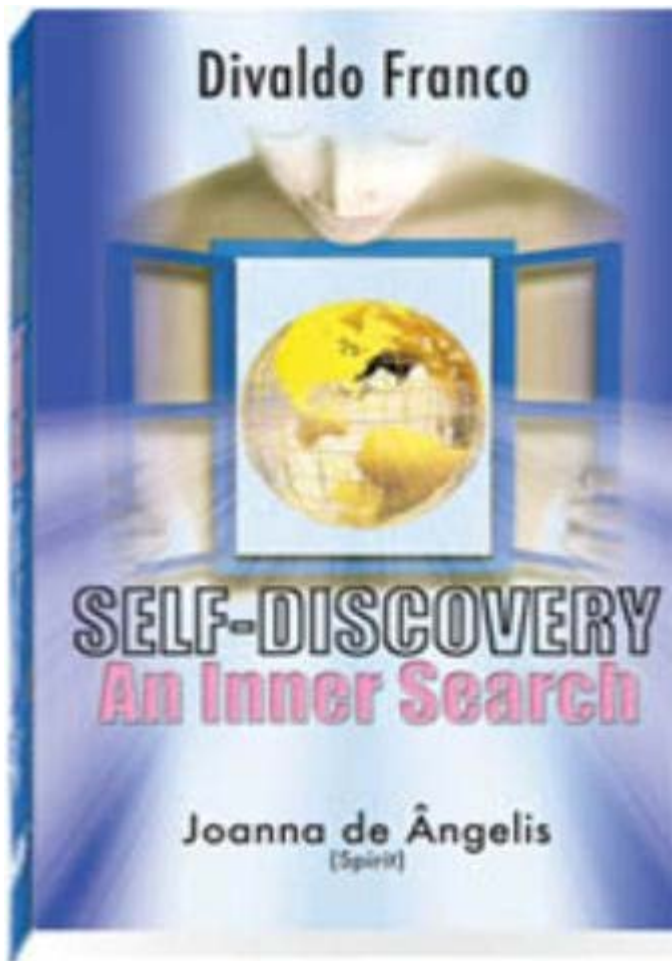
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Dissatisfaction. Indifference. Panic. Fear of Death



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Love. Sufferings. To have been and to be. Self-sacrifice and humility.

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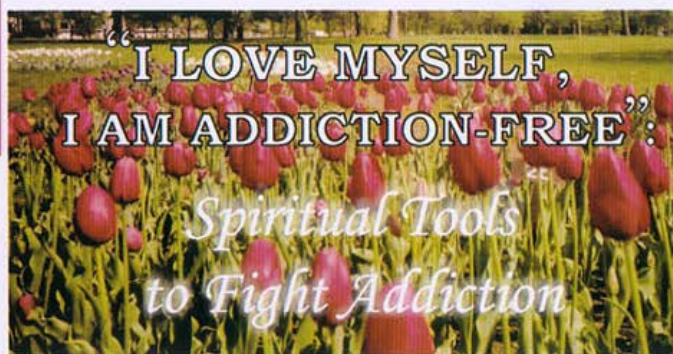
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Seminar



Divaldo Franco

2
CDs

“I LOVE MYSELF, I AM ADDICTION-FREE”:

Spiritual Tools to Fight Addiction

- | | |
|---|---|
| <p>CD 1</p> <ul style="list-style-type: none"> 1 - Introduction (3:01) 2 - Richard, a true story on addiction (13:01) 3 - Considerations about Rick's case (2:53) 4 - The Spirits' Book: Answers for the human soul (2:59) 5 - Drug addiction in America (2:51) 6 - Reincarnation is the explanation (3:12) 7 - Evolution of the spiritual principle (12:57) 8 - Spiritism explains about challenging times (2:27) 9 - Education is the solution (13:47) 10 - Tools to prevent and fight addiction (11:03) 11 - Windows of happiness (3:25) | <p>CD 2</p> <ul style="list-style-type: none"> 1 - Spirit influence on drug addiction (2:33) 2 - Understanding consumerism (20:39) 3 - Obsession and addiction (1:58) 4 - Homeopathy (2:36) 5 - Inspiring the welfare of others (4:30) 6 - Excessive eating and other compulsions (5:27) |
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 Transcription team (Portuguese version): Fabiana Moura, Ingrid Friedenberg, Cristiane Lopes, Patricia Franco, Vanessa Anseloni
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A Historical Event!

1st Spiritist Weekend in Lily Dale-NY

July 21-22, 2006

“Psychic and Mediumistic Phenomena”
by Divaldo Franco

“Reincarnation & Its Healing Features”
by Vanessa Anseloni

“Painting with the Spirits”
by Maria Gertrudes





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DVD 1

“Reincarnation & Its Healing Features”
by Vanessa Anseloni

“Painting with the Spirits”
by Maria Gertrudes

DVD 2

“Psychic and Mediumistic Phenomena”
by Divaldo Franco

-Extra
About the Event and Photos

About the Presenters





DIVALDO FRANCO is a worldwide renowned medium and trance-speaker with 62 years of mediumistic practice. Through his extraordinary mediumship, Mr. Franco has psychographed almost 200 books and 70 of them have already been translated in 15 languages, including English. He has given more than 14,000 lectures and spoken in 52 countries in the continents of Europe, Asia, Africa, and the Americas. Divaldo Franco is a spiritual leader who has represented the Spiritist movement at the United Nations meeting for Peace in 2000. Mr. Franco is Doctor *Honoris Causa* in Humanity and also in Parapsychology by American and Canadian Universities. (Divaldo Franco's interpreter: Daniel Benjamin)

VANESSA ANSELONI, Psy.D., Ph.D. is a fifth generation Spiritist from Brazil. She is a neuroscientist and assistant professor at the University of Maryland. As a medium, professor, and founder of the Spiritist Society of Baltimore, Maryland, Vanessa trains and conducts mediumship meetings, spiritual treatments and workshops in the U.S. and worldwide.

MARIA GERTRUDES COELHO, the Brazilian Spiritist medium-painter who produces original paintings in the styles of *Joseph Turner, Van Gogh, Monet, Picasso, Renoir*, and a dozen other great impressionists. Each painting takes less than 5 minutes to materialize. She paints with her hands and feet (oil on canvas), and her work is truly beautiful and inspiring. Each session takes about 60 minutes, and she can paint up to 10-12 paintings per session, always a mix of different artists. She mediumistically wrote 13 books. Maria Gertrudes has been to the USA a couple of times. (Mrs. Gertrudes' interpreter: Jussara Korngold)

Lily Dale is considered the Mecca of Spiritualism. It is located in Southwestern New York State, is one hour south of Buffalo and two hours south of the Niagara Falls. For more information you may find at its web site: www.lilydaleassembly.com
Special acknowledgments to the Lily Dale Assembly, its president Ellen Bourn, and Tom Cratsley.



This DVD was produced in collaboration between **SSB** and **Camera One Productions**



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1st Spiritist Weekend in Lily Dale - NY

- July 21-22, 2006 -

This July, Spiritism and Spiritualism finally come together again. Join us in this historical event on July 21 and 22. [Divaldo Franco](#), [Maria Gertrudes](#) and [Vanessa Anseloni](#) are giving presentations on Spiritism at the mecca of American Spiritualism at Lily Dale. This event is all organized by the Lily Dale Assembly.

REINCARNATION & ITS HEALING FEATURES

by *Vanessa Anseloni*

Friday, July 21, 2006
1-4pm



Friday, July 21, 2006
1-4pm

Location: Assembly Hall
Presented by: Vanessa Anseloni

VANESSA ANSELONI is a Brazilian Spiritist who lives in the USA. For years, she has been instructing individuals and groups on the profound teachings and practice of Spiritism in the United States and worldwide. Last year, she beautifully conducted a workshop about America and Its Roles on Earth's Spirituality.

In this therapeutic workshop Vanessa Anseloni will:

- Explain the need for reincarnation and its phenomenal mechanisms
- Instruct about the healing effects of each reincarnation
- Provide hands-on work on the Spiritist techniques that can potentiate the healing effects of reincarnation
- Teach how you can recognize your reincarnatory plan of this lifetime, according to Allan Kardec's works

VANESSA ANSELONI, Psy.D., Ph.D. is a fifth generation Spiritist from Brazil. She is a neuroscientist and assistant professor at the University of Maryland. As a medium, professor, and founder of the Spiritist Society of Baltimore, Maryland, Vanessa trains and conducts mediumship meetings, spiritual treatments and workshops in the U.S. and worldwide.

see **PHOTOS** from this event by [clicking HERE](#)

PAINTING WITH THE SPIRITS

by *Maria Gertrudes*

Friday, July 21, 2006
7-10pm



Friday, July 21, 2006
7-10pm

Location: Assembly Hall
Presented by: Maria Gertrudes

MARIA GERTRUDES COEHLO, the Brazilian Spiritist medium-painter who produces original paintings in the styles of Joseph Turner, Van Gogh, Monet, Picasso, Renoir, and a dozen other great impressionists is in Lily Dale to hold a public painting session followed by silent auction. Proceedings go directly to a charity Foundation (Fundacao Jeronimo Mendonca) in the interior town of Ituiutaba, state of Minas Gerais, Brazil, in support of educational efforts for local orphans and vulnerable children and adolescents. In this event, she will mediumistically paint. Each painting takes less than 5 minutes to materialize.

MARIA GERTRUDES paints with her hands and feet (oil on canvas), and her work is truly beautiful and inspiring. Each session takes about 60 minutes, and she can paint up to 10-12 paintings per session, always a mix of different artists. She mediumistically wrote 13 books. Maria Gertrudes has been to the USA a couple of times. In her previous visits, she performed over 20 sessions and produced and sold nearly 250 paintings in various locations. Maria Gertrudes has enchanted thousands of people throughout the world with her phenomenal artistic gifts, producing over 5,000 paintings since 1996. The Washington Post dedicated half a page to her work in the Arts Section, published on July 12, 2001.

PSYCHIC AND MEDIUMISTIC PHENOMENA

by *Divaldo Franco*

Saturday, July 22, 2006
9:00am - 1:00pm



Saturday, July 22, 2006
9:00am - 1:00pm

Location: Auditorium
Presented by: Divaldo Franco

Finally in Lily Dale, the Brazilian Spiritist medium DIVALDO FRANCO is one of the outstanding mediums in the world. Divaldo Franco has an inspirational and profound message. Enjoy an inspiring and in-depth journey in the get-to-know of the Spiritist therapeutic approach in mediumship with Divaldo Franco. He will share with you techniques you may have never heard of.

In this marvelous and moving event, Divaldo Franco will:

- Teach about the Spiritist Techniques to facilitate Spirit-phenomena, as of Allan Kardec's works
- Teach about psychic surgeries and their healing effects
- Explain how to educate your mediumship and the needed conditions for a sage and productive outcome
- Run a special visualization to help each participant understand his/her own spirituality.

DIVALDO FRANCO is a worldwide renowned medium and trance-speaker with 62 years of mediumistic practice. Through his extraordinary mediumship, Mr. Franco has psychographed almost 200 books and 70 of them have already been translated in 15 languages, including English. He has given more than 10,000 lectures and spoken in 52 countries in the continents of Europe, Asia, Africa, and the Americas. Divaldo Franco is a spiritual leader who has represented the Spiritist movement at the United Nations meeting for Peace in 2000. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities.

For registration, accommodations and more information, visit the following web site:
<http://www.lilydaleassembly.com>

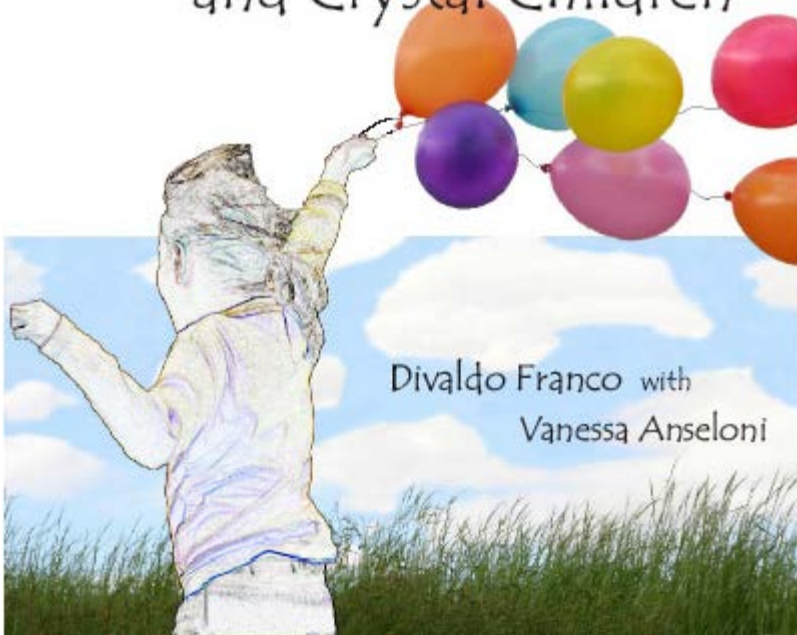
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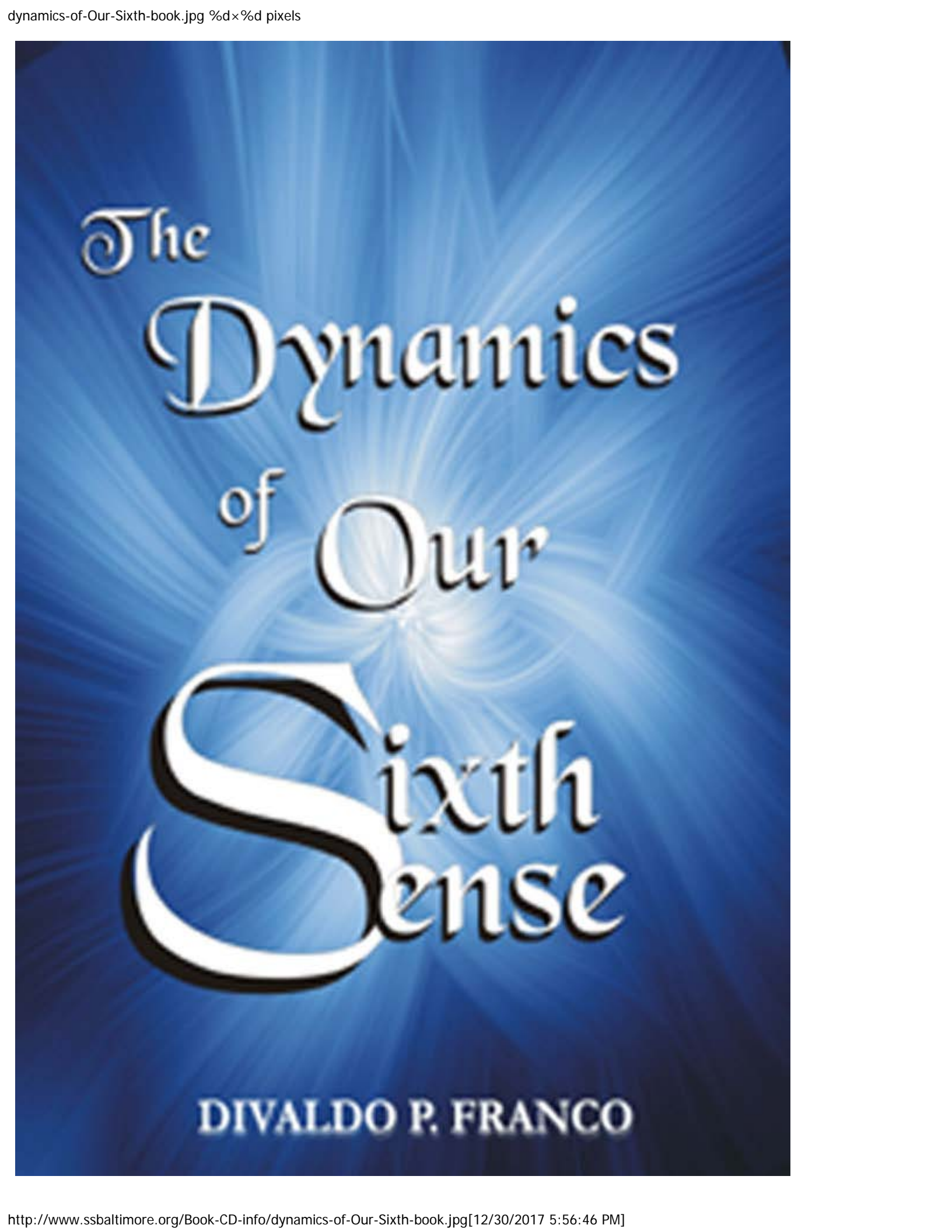
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THE NEW GENERATION:

The Spiritist View
on Indigo
and Crystal Children



Divaldo Franco with
Vanessa Anseloni



The
Dynamics
of Our
Sixth
Sense

DIVALDO P. FRANCO



THE NEW GENERATION:

The Spiritist View on Indigo and Crystal Children

Keynote Address by DIVALDO FRANCO

Divaldo Franco presented this memorable conference on January 9th, 2007 in Baltimore - MD, USA. This event was sponsored by the Spiritist Society of Baltimore.

Mr. Franco spoke in his native language (Portuguese) translated into English by Daniel Benjamin.



Bonus:
Video on the
150 years of Spiritism
(11 minutes)

"...The new generation can be distinguished by its precocious intelligence and reasoning, allied to an innate propensity for righteousness and the spiritualist beliefs, which denote a doubtless indication of a certain degree of previous evolvment..."
- Allan Kardec





[Information](#)

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e-mail: ssb@ssbaltimore.org

SSB

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Living and Loving

Inspirational messages that will enlighten your heart and uplift your soul

*Divaldo P. Franco
dictated by the Spirit
Joanna de Angelis*



Living and Loving

INSPIRATIONAL MESSAGES THAT WILL ENLIGHTEN YOUR HEART AND UPLIFT YOUR SOUL

1 - Introduction.....	0:10	12 - Silent Attitude.....	3:27
2 - Living and Loving.....	2:38	13 - The Reverse.....	3:01
3 - The Presence of Love.....	2:54	14 - Let not yourself be Deterred.....	1:58
4 - Permanent Tolerance.....	3:11	15 - Loneliness and Karma.....	2:58
5 - Silence and Conscience.....	2:25	16 - Fruitful Prayer.....	2:41
6 - Emotional Stability.....	2:59	17 - Error and Atonement.....	3:33
7 - Try Loving.....	3:28	18 - Doubt and Failure.....	2:54
8 - Keep your Optimism.....	3:14	19 - Always in Peace.....	1:44
9 - Ways to See.....	3:42	20 - Discernment and Action.....	3:18
10 - Slave by Choice.....	3:37	21 - The Doorway to Life.....	4:20
11 - The Company of Love.....	3:17	22 - Christmas and Action.....	3:36

All proceeds from this CD go to the "Mansion of the Way" in Salvador, Bahia, Brazil, a non-profit charitable organization run by the "Pathway to Redemption" Spiritist Center.

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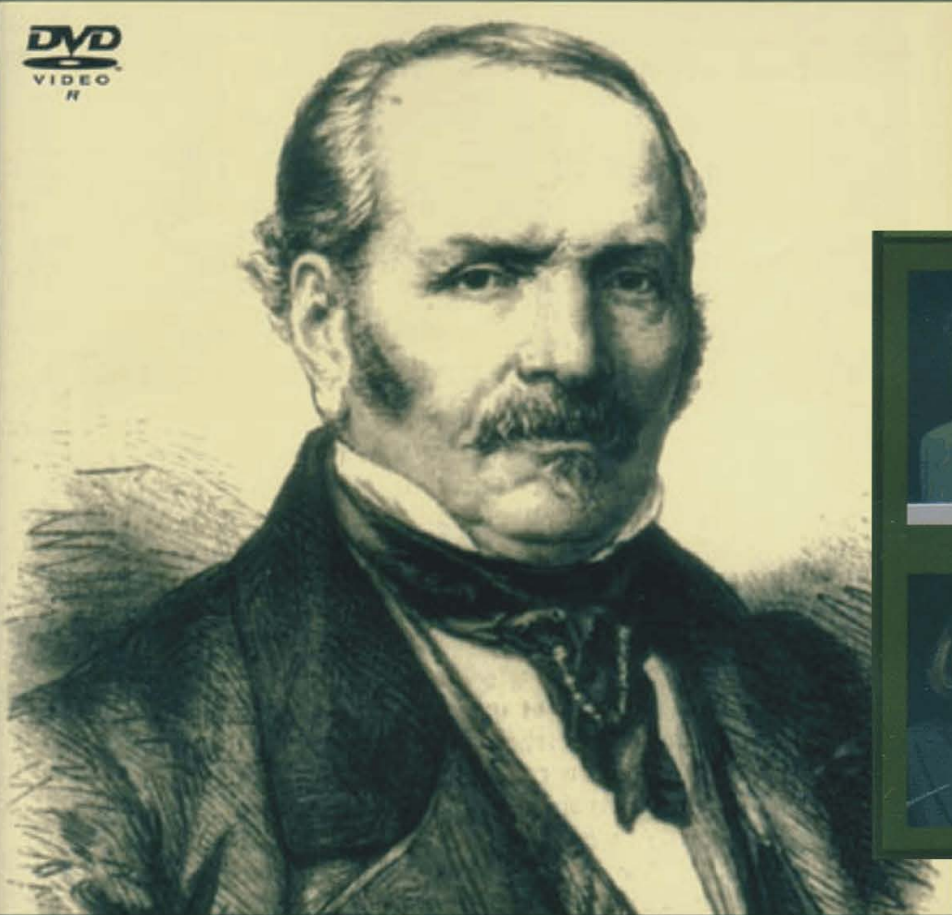


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Coordination: Vanessa Anseloni and Daniel Santos • (Spiritist Society of Baltimore — <http://www.ssbaltimore.org>)






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1804 ALLAN KARDEC BICENTENARIO DE NACIMIENTO 2004

4^{to} CONGRESO ESPÍRITA MUNDIAL
París, Francia – 2 al 5 de octubre de 2004

Lectures:

DVD 13 



Dr. Sonia de Quatelle Doi (USA)
 "Death and Spirit Life According to the Spiritist Doctrine"
 35 min, English.



Dr. Vanessa Anseloni (USA)
 "Family Ties: Basis of Society"
 53 min, English.

An Unforgettable Evening!

From Grief to Hope

“The Spiritist Therapy for Those Who Stayed”

by DIVALDO FRANCO



DVD



This conference was presented on March 16, 2006 in Baltimore-MD, USA, as part of the Event “From Grief to Hope” sponsored by the Spiritist Society of Baltimore. Mr. Franco spoke in his native language (Portuguese) translated into English by Daniel Benjamin.

Who is Divaldo Franco?



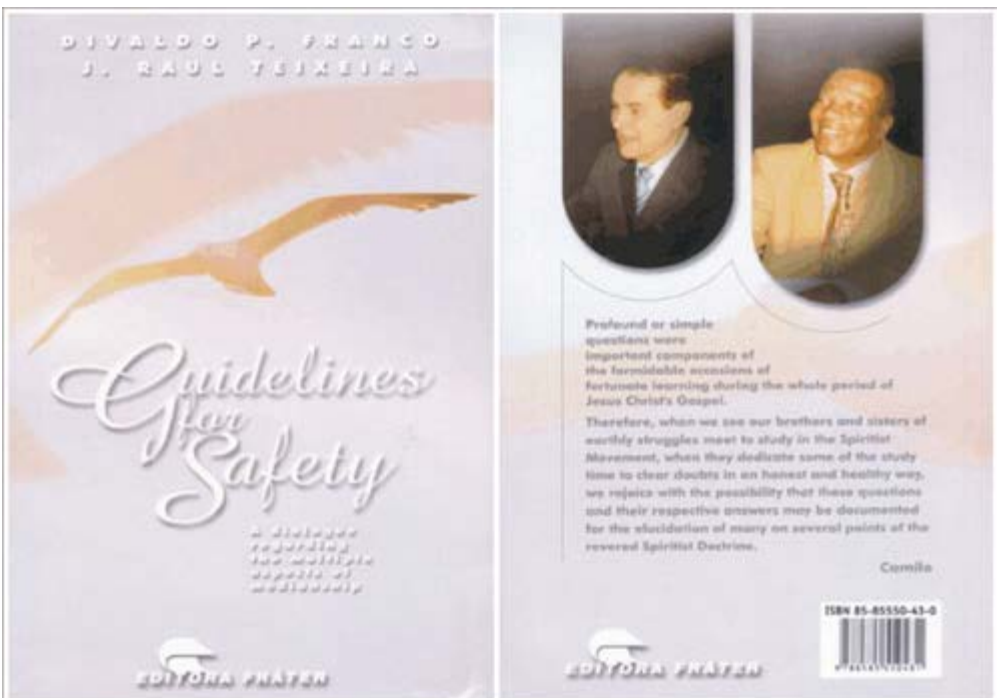
Divaldo Franco is a worldwide renowned speaker. He has given more than 10 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated in 15 languages.



The Spiritist Society of Baltimore, Inc. is an educational non-profit organization. Our goals are the education and the instruction of all those who are interested in learning and practicing Spiritism based on Allan Kardec's works. Therefore, we study the relationship between the material world and the spiritual one in order to better understand the purpose of life.

Web site: www.ssbaltimore.org

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Profound or simple questions were important components of the formidable occasions of fortunate learning during the whole period of Jesus Christ's Gospel.

Therefore, when we see our brothers and sisters of earthly struggles meet to study in the Spiritist Movement, when they dedicate some of the study time to clear doubts in an honest and healthy way, we rejoice with the possibility that these questions and their respective answers may be documented for the elucidation of many on several points of the revered Spiritist Doctrine.

Carmita



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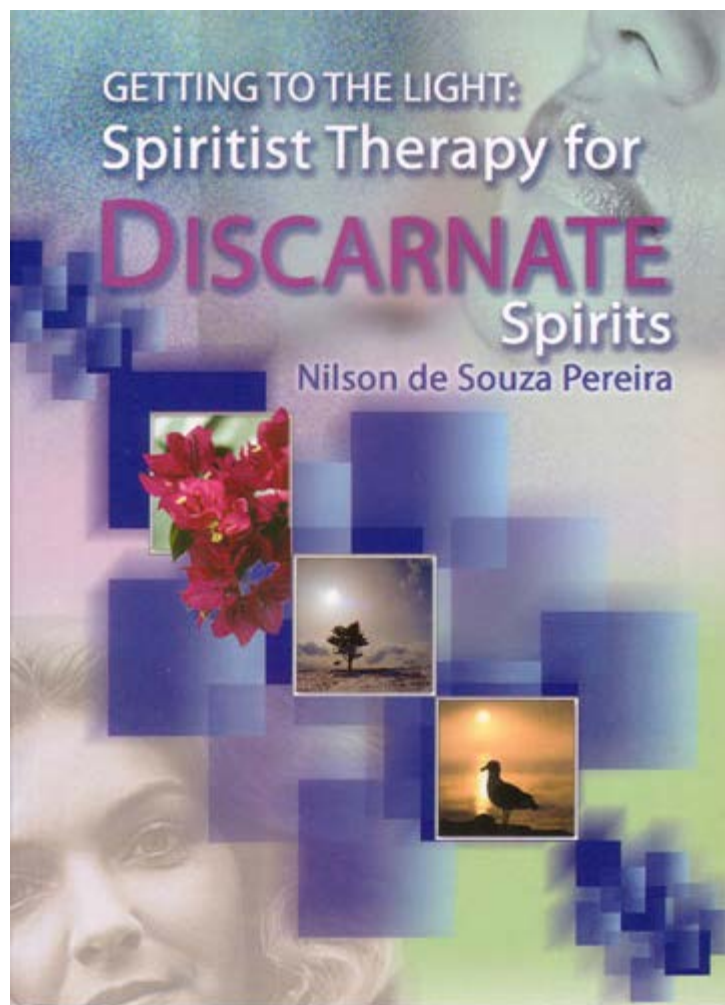
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Open Your Heart & Find Happiness



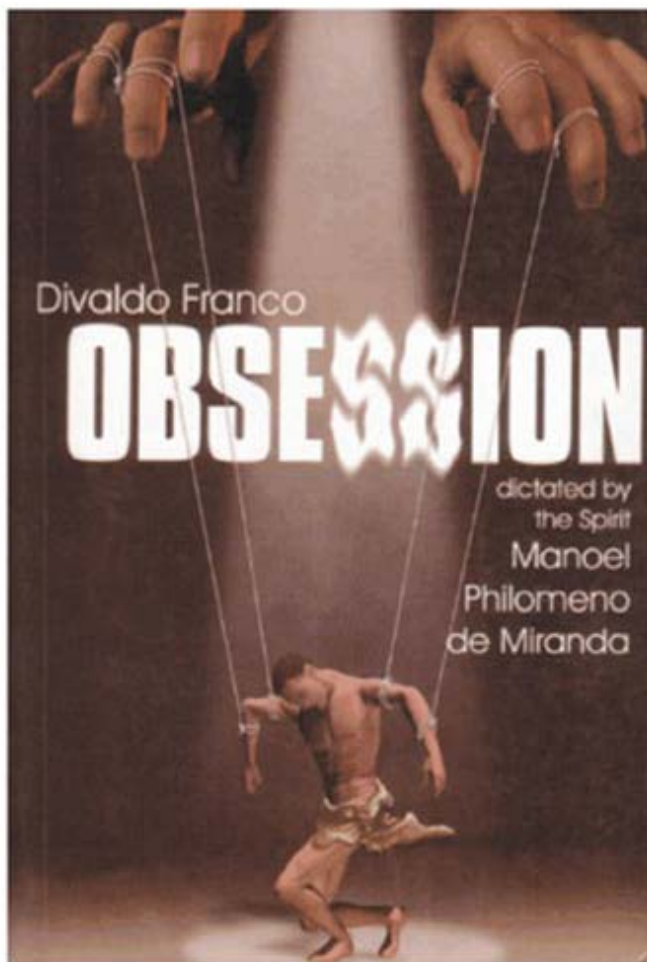
Divaldo Franco

Text channelled from the spirit

Joanna de Angelis

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ABOUT THE BOOK

" I approached her and noticed she felt my presence... I touched her and she shivered... I grabbed her arms and they became my arms. I got a little dizzy and she swayed. I thought and she responded. I lifted her and we walked together... Then, through her I slapped his face, crazy with hatred, overjoyed to find her insane with me, the two of us acting as one. And we are still one, and we're going to remain so."

This is, in his own words, how a discarnate spirit took possession of a high society girl exactly on her fifteenth birthday party.

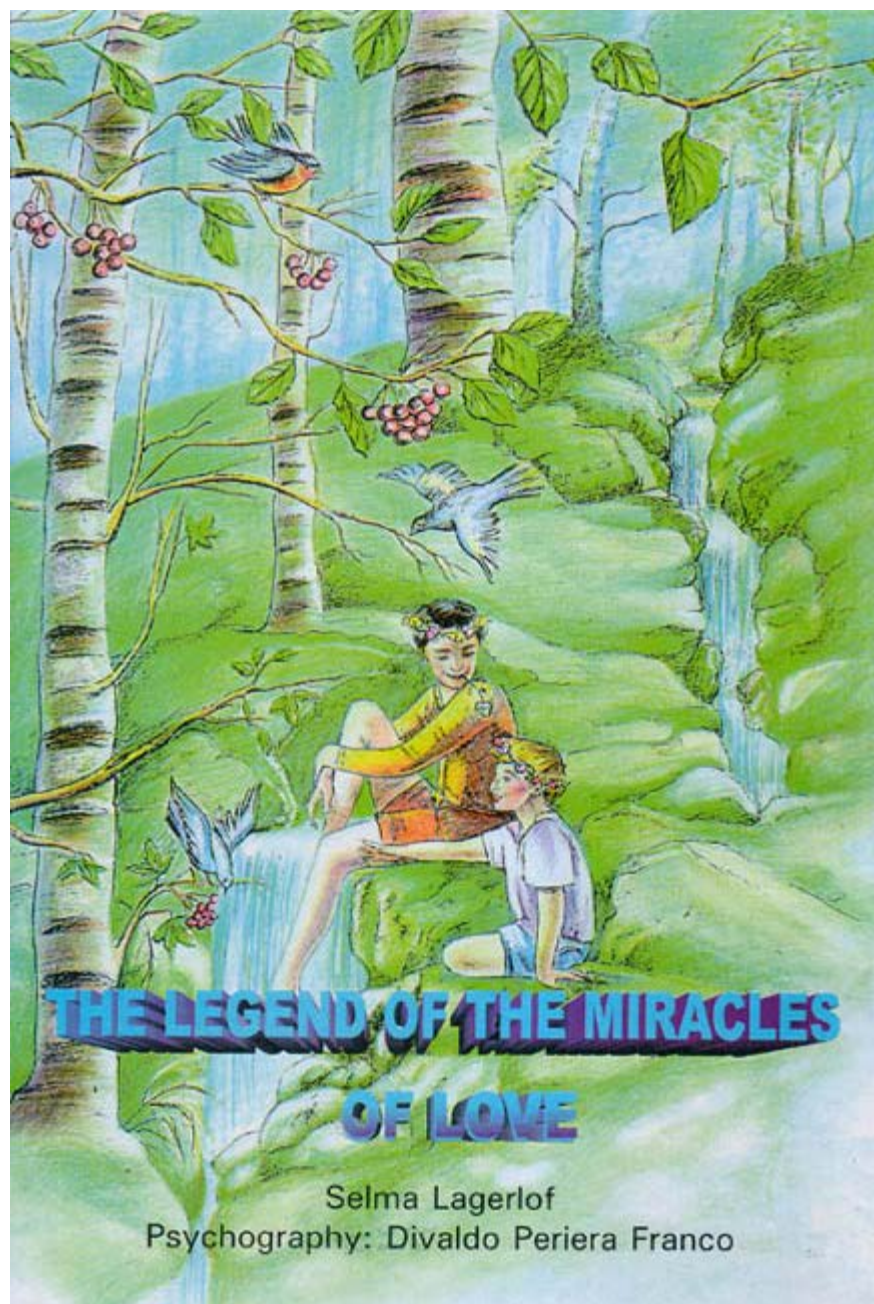
The party breaks up, naturally, and the girl is committed to a mental hospital. Had she become insane or mad, according to the usual standards of behavior? Or was she possessed by an evil spirit? Should she be submitted to the orthodox medical routine for such cases, or else should she be exorcized?

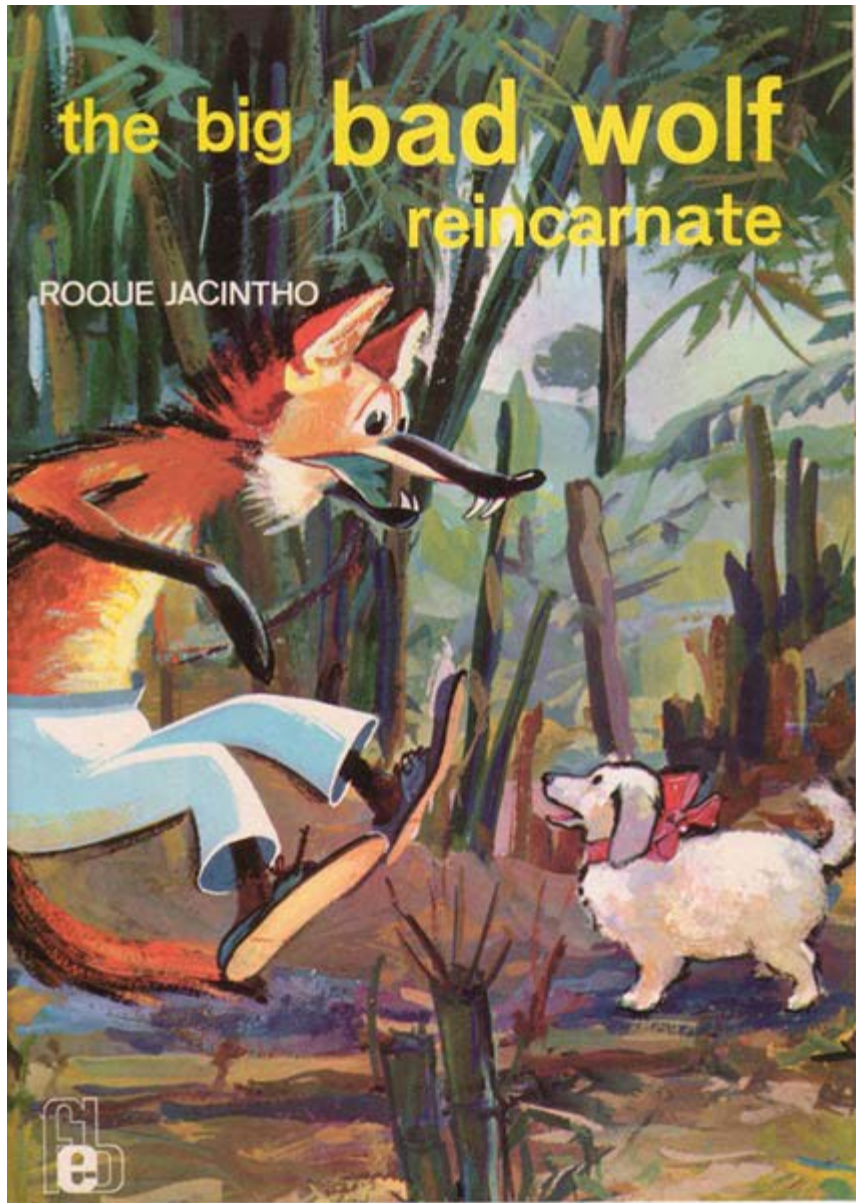
This book tells her story. Why she had become involved in the process, exposing herself to her plight and what a dedicated group of both incarnate and discarnate people did to release not only her, but also those who became entangled with her in an ugly story way back in a previous incarnation.

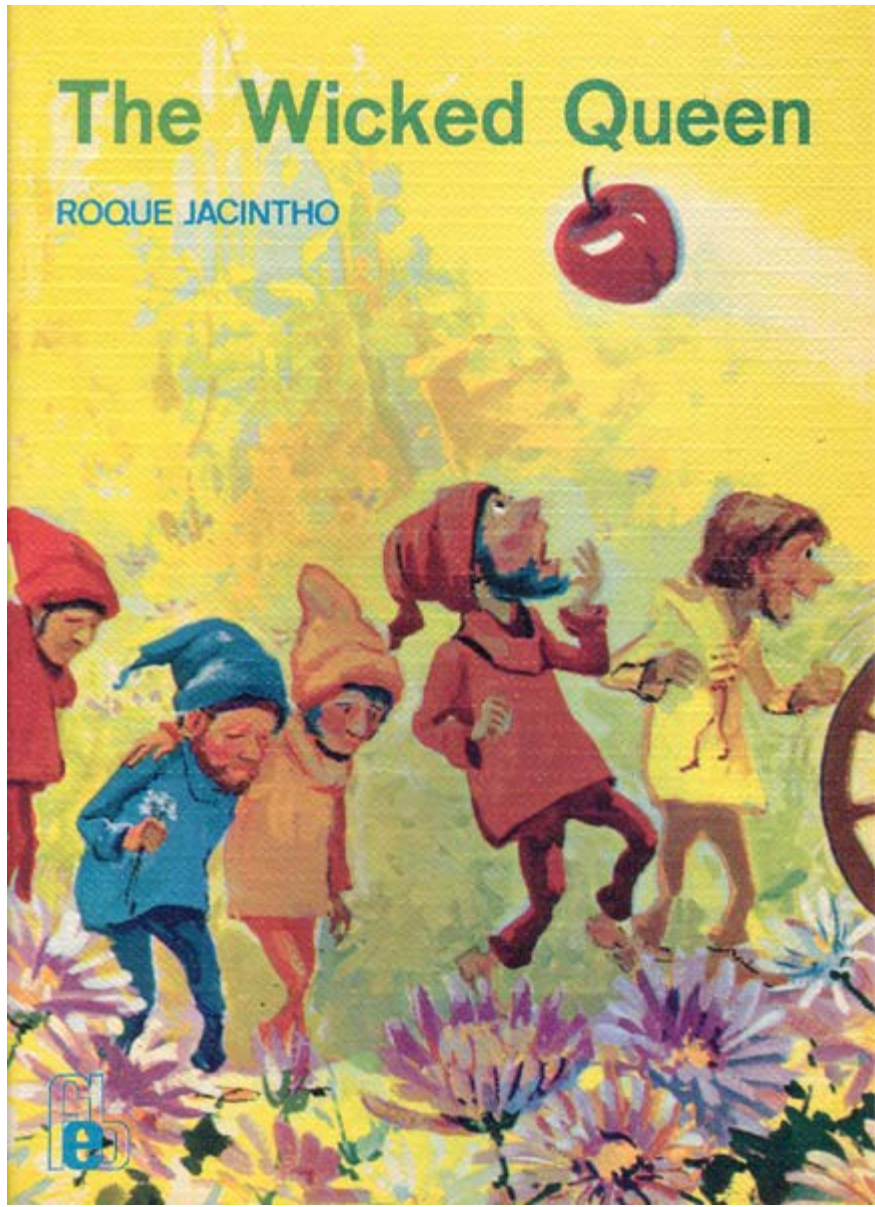


Happy Life

By the Spirit
Joanna de Ângelis
Channeled by
Divaldo Pereira Franco







SpiritistNews

Year 2008

Since 2003

The **SpiritistNews** is a bimonthly **newsletter** published and sponsored by the Spiritist Society of Baltimore with the purpose to disseminate information on the spiritist teachings and the SSB's activities.

See **Previous issues:** [2007](#)

January - February

- 2nd U.S. Spiritist Symposium
- Generosity rules out fear
- God at Home
- Guidelines for Health
- The true message
- Affirmations
- Be Aware!
- Events in the U.S.
- Symposium 2008 - Program
- The Formation of Worlds
- Spiritist Books/CDs
- SSB Activities

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March - April

- 2nd U.S. Spiritist Symposium
- Symposium 2008 - cont.
- Gathering of Love
- Transformative Ideas Became Book
- The Spiritist Magazine
- Thoughts are Things
- Spiritist Books/CDs
- Events in the U.S
- 10 years SSB Upcoming Events - Countdown
- Recommended Materials
- SSB Activities

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May - June

- Emotional Stability
- Key Points for the Spiritist Who Visits Other Lands
- The Spiritist Center
- Myanmar and China: Collective Trials
- Art in the Light of Spiritism
- Mediums of the Past
- Books/CDs
- Events in the U.S.
- Third Revelation
- SSB Activities

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July - August

- Character of the Spiritist Teachings
- Losings Loved Ones
- Peace in You
- The Spiritist Practice
- The Universe and God
- Events in the USA
- SSB Activities

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September - October

- Our 10-year Anniversary
- The Peace and You Movement
- Charity understood by Jesus
- Happiness is not of this World
- 150 Year of the Spiritist Magazine
- 1st U.S. Peace and You Movement with Divaldo Franco
- Events in the USA
 - Medicine and Spiritual Healing in CT
 - Second U.S. Spiritist Medical Congress in FL
- SSB Activities

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November - December

- New Year's Letter
- The Purpose of Life
- Intuition of Futute Punishments
- The Purpose of Incarnation
- Universal Law
- Inspirational Messages
- Patience & New Release
- SSB Activities

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SpiritistNews

Year 2010

Since 2003

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See Previous issues: [2008](#)

January - February

March - April

May - June

- [We are back!](#)
- [Chico Xavier](#)
- [Natural Disaster](#)
- [The New Era](#)
- [The Map of a Spiritist Center](#)
- [Donations](#)
- [Emotional Balance Event](#)
- [SSB Activities](#)

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July - August

September - October

November - December

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In this Issue

- SpiritistNews is back
- Selfishness
- SSB Calendar
- Finances

“The one who is not devoted to the liberating action of work becomes a drag on the economy and society.”

From the book Happy Life
by Joanna de Angelis / Divaldo Franco



Selfishness

SpiritistNews is back

New Design –New Space- New Year!



Always we learn dear friends, that renovation goes hand in hand with our spiritual development. In the Genesis codified by Allan Kardec we learn that when we become morally developed our ideas and concepts broaden. How do our concepts and ideas become broadened? One way is through self-renovation and renewal. That is why these past few months at the SSB we have been learning about Christ Conscious Emotions. Educating ourselves, second to loving one another according to Kardec, is vital in our renovation and renewal process. Christ Conscious emotions teach us to deepen our emotional intelligence and assist us in finding a deeper relationship with God.

We hope you will join us in this journey of a thousand miles that begins with a single step. All our activities continue to reflect these rejuvenating ideas with our Thursday studies on the book “Evolution in Two Worlds” to our theme of Christ Conscious Emotions. Come out and learn with us!

- Editors

A Recipe Against Selfishness

1. Try to forget the dark side of someone’s personality.
2. Learn to listen calmly to your brother’s complaints, without the impulse to interrupt him.
3. Forget the illusion that our relatives are the best people in the world and that your home should be given special privileges.
4. Do not dispute the paternity of useful ideas, even if it crosses your mind, since the authorship of all elevated services belongs to Jesus, our Master and Lord.
5. Do not cultivate self-promotion so that vanity does not nest in your heart.
6. Listen serenely and silently to harsh or bitter comments of your superiors and to assist with calmness and kindness to colleagues or subordinates, when they are touched by the cloud of trouble.
7. Receive kindly those who are neurotic and disrespectful, vaccinating yourself against impatience.
8. Abandon all kinds of criticism, understanding that you could be next to receive reprove.
9. Get used to people who have different views from your own and who appear much happier than you so that you may live on earth with the necessary balance.
10. Honor Charity in your own home, helping first, your own family, through the rigorous performance of your obligations, so that you are actually able to serve the world and mankind, today and forever.

- by the Spirit Andre Luiz

OUTREACH PROGRAM

Join us in serving meals for the homeless and those struggling with addiction at the Helping Up Mission. Please chose a date in our news board and sign your name.



Next:

Feb 19

- **Serving lunch**
12:30 pm to 2 pm
- **Serving dinner**
4:30 pm to 6 pm

(On Feb 19, we need two different groups. No more than 10 people per group)



Special Program

Jan – Feb 2012

SATURDAYS 6:00pm – 7:30pm

All sessions are followed by Passes services and are Free of Charge

Join us and deepen your understanding of Spiritism!

12-Step Program on Christ Conscious Feelings

Cont...

Jan 07 – **Indulgence** by Aliba Morales

Jan 14 – **Faith** by Daniel Santos

Jan 28 – **Charity** by Vanessa Anseloni

Feb 04 – **Duty** by Leonardo Vieira

Feb 11 – **Love** by Kirsten DeMeio



5th SSB Spiritist Forum

Honoring Life

Saturday
Feb 14, 2012
9am – 9pm

- 1 – Boosting Progress with Spiritism
- 2 – Understanding collective karma
- 3 – The right to live
- 4 – Spiritual consequences of death penalty
- 5 – The right to die



THURSDAYS 7:00 – 8:40 PM

Evolution in Two Worlds
(COURSE)

MONDAYS 6:00 – 8:00 PM

Fraternal Counseling (6:15 - 8:30)
Spiritual Treatment (7:00 - 7:50)

For more information : Phone: 410-382-5328 e-mail: ssb@ssbaltimore.org site: www.ssbaltimore.org

Location: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226

“There are different moments in your life when. engrossed in problems. you feel ignored and think nobody knows the troubles you bear.
God Knows.”

- Joanna de Angelis/Divaldo Franco (book Child of God)

ALWAYS HELP (André Luiz, F.C.X.)

<p>Faced by the night, do not censure the darkness. Learn to disperse it with light. *</p> <p>It is futile to condemn the swamp. Help it become purified. *</p> <p>On a stony road, do not throw rocks at others. Transform the stones into useful works. *</p> <p>Avoid condemning the clamor of others. Teach a profitable lesson with your silence. *</p> <p>When faced by difficult situations, do not adopt uncertainty. Confront them with a clean conscience.</p>	<p>It is useless to blame the thorn. Remove it with kindness. *</p> <p>Do not criticize the barren ground. Instead, fertilize it. *</p> <p>Do not reproach the desert. Help dig a well under the burning sand. *</p> <p>There is no advantage in disapproving when everyone else disapproves. Help your brother with a good word. *</p> <p>It is always easy to observe evil and identify it. However, what Christ expects from us is the discovery and cultivation of the good so that Divine Love may be glorified.</p>
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On the Web

Kardec Radio



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Click the donation Button!

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In this Issue

- Awaken Conscience
- Balanced Mediumship
- SSB Calendar
- Campaign

"Remind yourself to live by conquering eternal glory for your Spirit"

- Emmanuel /Chico Xavier



Awaken Conscience, Happy Individual

Every human being is in search of happiness. And this search may be mistaken by illusions and consequent regrets. So where can we find happiness without being mistaken by illusory paths? Once again, Spiritism offers simple, but effective solutions to humanity's issues, especially to this main issue in life.

"The Laws of God are the only ones needed for human beings to be happy," taught the Illuminated Minds (The Spirits' Book, Q/A 614). What a relief to know that our happiness does not depend on anything external, but on our true synchronicity with God and the fulfillment of His Laws.

The *Spiritist Society of Baltimore* invites you to join us in a 20-Lecture series entitled "Awaken Conscience, Happy Individual", in which we will embark in the most beautiful journey of discovery of the inner lands of our conscience where God's Laws are inscribed. It is our unique pathway to be happy!

Let us cherish it!
- Editors



Ten Essential Points for Balanced Mediumship



1. Keep in mind that you are medium, meaning, an instrument. An instrument is always ready to be useful and serve.
2. Refine yourself as an instrument of illuminated minds by studying the Spiritist teachings all the more.
3. Get to know yourself. Mediumship is a mind-to-mind process. Inner transformation then becomes imperative.
4. Transform any form of personal interest by merging it into the interest of the general goodness. Do your best to lead a Christ-conscious life.
5. Prayer and conscious relationship with your spirit guide are keys for indispensable guidance. Be ready for greater discipline.
6. Practice mediumship in teamwork in a Spiritist center.
7. Never charge for any mediumistic service. Mediumship is not a profession. And the mediumistic works are not yours.
8. Always consult with more experienced Spiritists before publishing or publicizing any mediumistic material.
9. The misuse of mediumship can incur in suspension of it for your own benefit.
10. Remember: the accomplished medium is the one that fulfills the Law of Charity.

- Joseph

Spiritual Life

Examine how much time you devote each day to your spiritual life.

You work, get dressed, amuse yourself, eat, sleep and you dedicate a few minutes to the incarnated spirit, in a rapid prayer, a little reading, or you hear a talk, but at times you do none of these things.

Man is not only the body-mind.

Above all he is a spiritual being who directs the body-mind implements and demands spiritual attention to carry out the tasks that fall to him.

The body needs care to live, but so does the soul.

Happy Life by Joanna de Angelis/Divaldo Franco



- Lecture-Series -
Awaken Conscience, Happy Individual

SATURDAYS 6:00pm – 7:30pm
All sessions are followed by *Passes* services and **Free of Charge**

Feb 25 – **Finding Happiness in God's Laws***
by Vanessa Anseloni

Mar 03 – **In the Path of Goodness ***
by Leonardo Vieira

Mar 10 – Special Day with Jorge Godinho*
2 PM – SSB ANNUAL General Assembly
3 PM – GODINHO'S LECTURE:
Optimizing the Spiritist Center
4:30 PM – Cheese bread and ice tea break
6 PM – PUBLIC TALK:
Family Life, Parent-Child Relationship

Mar 17 – **The Joy of Getting Closer to God***
by Daniel Santos

Mar 24 – **Prayer Makes People Better***
by Kirsten DeMelo

Mar 31 – **Reach out to Honor God***
TBA

Mar 25 – **Special Event**

April 07 – **The Necessity of Labor in Nature and Our Lives***
TBA

Special Event: Lunch and Talk
Illness is a Demanding Teacher
by Brian Sanderoff, P.D.



We are taught that diseases happen to us. Not so says holistic pharmacist Brian Sanderoff...

Brian Sanderoff is the director and principal owner of the *Well Being Healing Center and Holistic Pharmacy* in Hunt Valley, Maryland.

Sunday, March 25, 2012
12:00pm – 2:30pm
Location:
Ruscombe Mansion,
4801 Yellowwood Ave,
Baltimore, MD 21209

Price: \$ 20 per person - \$ 10 per child
(20% discount for families of more than 3 members)

In this talk Brian Sanderoff, P.D. will put forth the argument that chronic diseases are nothing more than an elegant way of our bodies telling us that something is wrong or out of balance. Our illnesses are our teachers; if we would only listen to what the body is saying instead of merely turning the volume down. (...)

Join us and learn more about this topic.

This event is a part of the fundraising program of the Spiritist Society of Baltimore - www.ssbaltimore.org

THURSDAYS 7:00 – 9:00 PM
Evolution in Two Worlds
(COURSE)

MONDAYS 6:00pm – 8:00 PM
Fraternal Counseling (6:15 - 6:55pm)
Spiritual Treatment (7 - 55pm)

For more information : Phone: 410-382-5328 e-mail: ssb@ssbaltimore.org site: www.ssbaltimore.org

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Spring Schedule

Spiritist Program for Youth and Children

March 17 & 31, April 14 & 28 Lesson 3 (God's Creation) & Lesson 4 (God is my friend)

*Spring especial lessons will be on the topic of "Honor your father & your mother" : **March 24, April 21 & May 12***

FOOD for THOUGHT

Dear friends,

Chico Xavier used to say:
"Evolution can only be achieved through 'dehydration'. Either you suffer crying or you sweat working. Without 'dehydration' there is no evolution. So you can choose: you can dehydrate crying or dehydrate working hard."

Hence suffering is optional.



Campaign!

Promoted by
SSB and SSVA

[More information](#)



Where is the law of God inscribed?

"In the conscience."

TSB q/a 621

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Be a giver of the heart!
Donate Monthly to defray cost! You can help! Talk to us or go to the website at www.ssbaltimore.org to donate safely online!
Click the donation Button!

To Become a dedicated monthly giver! Please talk to one of our directors!

In this Issue

- Campaign
- True civilization
- SSB Calendar
- Food for Thought

"In terms of changes, the spiritual mentors teach me that I must not forget those relating primarily to improve myself."

- Chico Xavier

"It is a great responsibility being a father or mother. Each individual brings with him the destiny that he has traced for himself in past reincarnations. However, he will never fail to assimilate his parents' examples at home. (...)"

- Joanna de Angelis

I my parents™

This campaign is a joint initiative of the Spiritist Society of Baltimore and Spiritist Society of Virginia in order to help the new generation in having appreciation to those how care for them. It has the main purpose to encourage children/youth/adult to honor their parents and educators.

Go to the campaign's website and write down how you have honored your parents and receive a wristband by mail.

campaign.ssbaltimore.org



"Education is the sum of acquired habits."

- Allan Kardec



- Can parenthood be considered a mission?

"It is, without any doubt, a mission, and, at the same time, a very great duty, which involves parents more than they might think concerning their responsibility for the future. God has placed children under the care of their parents so that they may guide them on the path of goodness, and has facilitated their task by giving children a frail and delicate organization, which renders them accessible to all sorts of impressions. However, there are those who are more concerned with training the trees in their orchards, and making them bring forth fine fruit, than with training the character of their children. If their children fail due to their neglect, they will have to bear the punishment, and the sufferings of their children will come back to them in a future life, because they did not do what was incumbent upon them for their children's advancement in the ways of morality."

The Spirits' Book, q/a 582.

Declaration of True Civilization

- Time has come when all needs to resume its order.
- Society needs family and family needs parents.
- Healthy parents, healthy children.
- No more disrespect.
- Let us rescue the concept of respect, deference, reverence to one another and especially to parents.
- Children's rights are most certainly a natural law of civilized society. But no true civilization exists without the self-evident familial foundation of honoring our parents.



This is the foundation of the much needed campaign "I honor my parents". Neither parents are perfect, nor their children. Thus no perfection can be demanded, but respect for each others' rights and honor for others' roles.

(By Mentor Joseph through the psychography of Vanessa Anseloni)

In April

Join us on the month of April's events – Honoring my Parents

1. SSB Program:

- Support Group for Parents and Educators: First Saturday of the Month.
- April 7 – What is your Family Constellation? (6 pm)
- Honor Your Parents Activities for Children and Teens
- April 7 – Limits and Obedience

Location: 22 W Padonia Rd, Suite B-321, Padonia Plaza, – Lutherville-Timonium, MD 21093-2226

2. SSVA Program:

- Support Group for Parents and Educators: First Saturday of the Month.
- April 4 – What is your Family Constellation? (7:30 pm)
- Program Seeds of Change

Location: 4280 Henninger Ct, Suite I, Chantilly, VA 20151

3. Kardec Radio

- Monthly talk show on Empowering Parents
- April – Randy Cale, PsyD – "Empowering Parents"

Check it here:
www.kardecradio.com



- Lecture-Series -
Awaken Conscience, Happy Individual

SATURDAYS 6:00pm – 7:30pm
All sessions are followed by Passes services and Free of Charge


- April 07
The Family Constellation*
Vanessa Anseloni
- April 14
The necessity of labor in Nature and our lives*
by Daniel Santos
- April 21
God keeps everything in balance*
by Leonardo Vieira
- April 28
The ins and outs of human union*
by Kirsten DeMelo

April 29– Special Event

* SSB Headquarter
22 W Padonia Rd, Suite B-317, Padonia Plaza,
Lutherville-Timonium, MD 21093-2226

Fundraising Event

Educational day at FORT McHENRY



Birthplace of the National Anthem

Sunday, April 29, 2012
10:00am – 3:00pm

Location:
2400 East Fort Avenue
Baltimore, MD 21230

Price: \$20 per person - \$10 per child
(20% discount for families of more than 3 members)
Lunch will be provided

ITINERARY
10:00am – Arrival and Sign in
10:15am – Group Prayer
10:30am – A scheduled 30 minute Ranger Program
11:00am – A 20 minute program: The Battle of Baltimore
11:30-12:30pm – Self-guided tour
12:30-1:45pm – Self-guided tour
2:00pm – Program: Bastion of Liberty or Symbol of Despotism?
2:30-3:00pm – Gift shop and Departure

Join us and learn more about U.S. History

This event is a part of the fundraising program of the Spiritist Society of Baltimore - www.ssbaltimore.org

THURSDAYS 7:00 – 8:40 PM

Evolution in Two Worlds (COURSE)

MONDAYS 6:00 – 8:00 PM

Fraternal Counseling (6:15pm-7:55pm)
Spiritual Treatment (7:00pm – 7:45pm)

For more information : Phone: 410-382-5328 e-mail: ssb@ssbaltimore.org site: www.ssbaltimore.org

Location: 22 W Padonia Rd, Suite B-321, Padonia Plaza, – Lutherville-Timonium, MD 21093-2226



Spring Schedule

Spiritist Program for Youth and Children

March 17 & 31, April 14 & 28 Lesson 3 (God's Creation)
& Lesson 4 (God is my friend)

*Spring especial lessons will be on the topic of "Honor your father & your mother" : **March 24, April 21 & May 12***

On the Web

Kardec Radio



SSB Bookstore

ONLINE

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FOOD for THOUGHT

"If I would expect better spiritual conditions to serve, I would not have started until the present moment."

- Chico Xavier



I HONOR my parents™

Campaign!

Promoted by
SSB and SSVA

More information



"...Bless your child through your words and deeds and be his friend in every situation. Children, like all of us, are from God, and you will be held accountable for the loan of the child that you were entrusted to bring up."

- Joanna de Angelis/Divaldo Franco

Be a Giver

Be a giver of the heart!
Donate Monthly to defray cost! You can help! Talk to us or go to the website at www.ssbaltimore.org to donate safely online!
Click the donation Button!

To Become a dedicated monthly giver! Please talk to one of our directors!

In this Issue

- Progress
- Master of the Masters
- SSB Calendar
- What happens



"Aid in your conversations. A good word always helps."

- Andre Luiz/Chico Xavier

The Progression of Worlds

Progress is one of the laws of nature. All animate and inanimate beings of creation are submitted to it by the goodness of God, who wills for everything to grow and prosper. Death, which to humans appears to be the end of things, is only a means of reaching a more perfect state through transformation, since everything dies in order to be reborn, and nothing suffers annihilation.

At the same time that living beings progress morally, the worlds they inhabit progress materially. Whoever could follow a world in its different phases, from the instant in which the first atoms destined to constitute it began to agglomerate, would see it traveling an incessantly progressive scale, but by degrees imperceptible to each generation, and offering its inhabitants a dwelling more agreeable as they themselves advance on the path of progress. Thus, the progress of human beings, animals (their helpers), plants and the forms of habitations progress in parallel; nothing in nature remains stationary. How grand this idea is and how worthy of the magnificence of the Creator! on the other hand, how small and unworthy of the Creator's power is the idea that focuses his kindness and providence on the imperceptible grain of sand that is the earth and restricts humankind to the few humans who inhabit it!

The earth, according to that law, was once materially and morally in a state inferior to today, and under this dual aspect it will reach a more elevated degree. It has arrived at one of its periods of transformation, in which, from being an expiatory world, it will become a regenerative one; then humans will be happy because God's law will reign on it.

St. Augustine (Paris, 1862) – In: The Gospel According to Spiritism, chap 3, item 19.

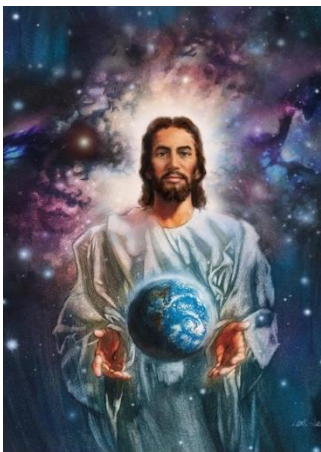


Master of the Masters

On question 625 of The Spirits' Book Allan Kardec inquired the noble Spirits: what is the most perfect standard that God has offered to humankind as a guide and model? And the answer was short and precisely "Jesus." and then Kardec complements with the following comment:

Jesus is the highest standard of moral perfection to which humankind may aspire on earth. God offers him as the most perfect model, and the doctrine he taught is the purest expression of God's law, because he was animated by the Divine Spirit and was the purest being that has ever walked the earth.

If some of those who intended to teach the law of God to humankind have sometimes led them astray with erroneous principles, it is because they allowed themselves to be dominated by strong earthly sentiments, and because they confused the laws regulating the conditions of the life of the soul with those regulating the life of the body. Many of them presented as divine laws what were really only human ones, created to serve their own passions and to dominate others.



Faced with error, correct it first within yourself, and then in others, without violence and without hate.

-Andre Luiz/Chico Xavier

What happens

What happens in the world now is very similar to what happened on Earth when Jesus was here, among us.

The advance of modern technology is confronted with disappointing ethical values: disgusting moral behavior, social indifference and appalling poverty.

However, never before has Jesus' presence been as strong as it is now.

- Joanna de Angelis



-Lecture-Series- Awaken Conscience, Happy Individual

MAY - SATURDAYS 6:00pm – 7:30pm
All sessions are followed by Passes services and Free of Charge

May 05
Parents' Oversight Today,
Children's Challenges
Tomorrow *
by Vanessa Anseloni

May 12
Stay alive and collaborate
with God *
by Leonardo Vieira

May 19
Be in the world,
not of the world*
by Kirsten DeMelo

May 20 - Special Event

May 26 - Closed
Memorial Day weekend*

* SSB Headquarters
22 W Padonia Rd, Suite B-317, Padonia Plaza,
Lutherville-Timonium, MD 21093-2226

May Fundraising Event
Launching of Book
Sanctuary of the Divine Presence
with Zohara Meyerhoff
Hieronimus



Sunday, May 20, 2012
12:00pm – 3:00pm

Location: Ruscombe Mansion at
4801 Yellowwood Avenue, Baltimore, MD 21209



Zohara M. Hieronimus, D.H.L., is a futurist and a well known leader in holistic and integrative health care as Founder of the Ruscombe Mansion Community Health Center. Zohara is well known for her participation in consciousness studies, social and environmental causes and is a broadcasting personality as host of the syndicated Future Talk, Clearview Radio, and the Zoh Show. Read more at www.zoharaonline.com

Price: \$20 per person - \$10 per child
(20% discount for families of more than 3 members)
Including book signing and delicious lunch prepared by the loving hands of SSB team.

Join us and learn more about the book

This event is a part of the fundraising program of the Spiritist Society of Baltimore - www.ssbaltimore.org

THURSDAYS 7:00 – 8:40 PM

Evolution in Two Worlds
(COURSE)

MONDAYS 6:00 – 8:00 PM

Fraternal Counseling (6:15pm-7:55pm)
Spiritual Treatment (7:00pm – 7:45pm)

For more information : Phone: 410-382-5328 e-mail: ssb@ssbaltimore.org site: www.ssbaltimore.org

Location: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226



Spring
Schedule

Spiritist Program for Youth and Children

MAY

05 - I Honor my parents: Gratefulness
19 - Lesson 4 God is my Fried (Part II)

On the Web

Kardec Radio



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ONLINE

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FOOD for THOUGHT

Dear friends,

Chico Xavier used to say:

"The soul that acquires the virtue of forgiveness won't find any more trouble. No matter what happens, he will know how to run his life ..."



Where is the law of God inscribed?

"In the conscience."

TSB q/a 621

SSB Outreach Program

1. Cook a meal for women and children at the emergency shelter Sarah's Hope – St. Vincent de Paul of Baltimore.
2. Cleaning the SSB Center on Sundays
Contact us for more information

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To Become a dedicated monthly giver! Please talk to one of our directors!

In this Issue

- Finding Happiness
- Opposing Forces
- Unpaid Help
- SSB Calendar



"Aid in your conversations. A good word always helps."

- Andre Luiz/Chico Xavier

Finding Happiness in the Divine Laws!

As we gear up for this hot summer we find ourselves sweating and trying to find ways to stay cool! We cannot avoid this scorching weather and likewise the heating up of our issues within our family ties as well.

Understanding the great transition our planet is enduring. More than ever we should reflect on part three of The Spirits' Book, where it lays out all of the natural/divine laws. There we find a sort of hand book on how to act, understand and work within ourselves and within our family. Understanding as well, as said in The Gospel according Spiritism, Ch. 14-item 8, that there are two kinds of families; families through spiritual ties and families of blood ties.

Let us see the importance of respecting and valuing family ties according to The Spirits' Book question 775, What would be the results for society if family ties were relaxed? - *A magnification of selfishness.*

We see here the importance of nourishing of family ties, as we understand in Spiritism the families we have are divinely chosen for us for our benefit and the benefit of those around us. It warrants us to reflect as well to do the best we can in our families. The spirits go even further to say, that "doing good does not only mean being charitable, but also being as useful as possible whenever your help is needed". This is a call to personal responsibility for all us. The spirits do not specify when and where this should be applied but in all ways we should look to practice this, and what better place to start than our very own family!

Take some time each day and reflect and ask yourself this questions "Am I being as helpful to my family as possible and to my neighbor?". Some people may say to themselves, "there is no good I can do in my family or neighbor...". Well the spirits left no rock unturned when they enlighten us in Q643 when they say "There are none who cannot do good- only selfish people never find an opportunity".

On that note we encourage you and welcome you to take part on this months lecture series that continues to talk about the divine/natural laws. Allowing each talk to be a gateway to you and your progress. (see schedule in page 2)



Opposing Forces

Emmanuel (spirit) and Chico Xavier (medium)

Speaking of enemies, let us not refer, at this time, to people, but to opposing forces.

On the earth, we often find ourselves at the beginning or in the middle of vulnerable edification when certain events discourage or disturb us. In general, these are adverse current of thoughts that collapse on us, delaying projects and advantages that not only would benefit us, but also to the community to which we are bound.

This happens in spite of our confidence in goodness and all of our efforts in effecting it. And it happens because we are evolving spirits who need progress and refinement to whom err, however regrettable, serves as a lesson.

Let us learn how to move away disharmony, as much as we already prevent smallpox, and meningitis on earth. In the case of opposing energies, silence becomes its ideal vaccine.

When we empower ourselves by knowing that the lack of information is the absence of clues, we will easily entrust the sole task of lighting the green light of permission only for the best.

Currently on earth, we talk about a diversity of outlets: outlets of electricity, of energy, of supporting fuel. It is also fair to recognize that the outlet of spiritual shadows exists as well. It is a kind of wire for connection to imbalance.

Any little share of disoriented mental force can trigger a whole avalanche of preventable trials. This outlet of spiritual shadows is clearly revealed in a statement of complaint, in a frivolous remark, a joke in bad taste, in an unhappy human, a malicious reference, or any key concept that can lead us to lack of charity and disturbance.

Let us now recall the traffic signals. Let us watch ourselves while focusing in the general good. If you are mentally visited by ideas of cruelty and discord, lamentations or sadness, light up the red "do not proceed", in the space between the brain and the lips or between thoughts and hands to prevent the inconvenience and destructive spoken or written words.

This is the only way in which you will be wired to focus our attention on the love that disarms the opponents and makes us free, permanently free of negative forces considered by evil influences.



Unpaid Help

Save some time for unpaid brotherly charity and for community action.

“Spare time” is always a dangerous mental space.

Donate it to your neighbor or to some organization dedicated to good deeds, to the building of lives.

Little actions result in the miracle of great accomplishments.

Never put off giving disinterested, unpaid help.

There is so much suffering awaiting help and understanding.

- Joanna de Angelis

In: *Happy Life* by Joanna de Angelis/Divaldo Franco



- Lecture-Series - Awaken Conscience, Happy Individual

July 2012

- Calendar -

SATURDAYS 6:00pm – 7:30pm *
All sessions are followed by Passes services and Free of Charge

July 7 – **Joseph, an Inspiration for Parents**
by Vanessa Anseloni

July 14 – **Cherishing Family Ties**
by Kirsten DeMelo

July 21 – **Progress always, never regress**
by Daniel Santos

July 28 – **In the making of true civilization**
by Leo Vieira

THURSDAYS 7:00pm – 9:00pm *

- July 5 - **Movie Night & Fundraiser** (refreshments)



THE FILM OF THE SPIRITS
(O Filme dos Espiritos)
After losing his wife to cancer, Dr. Bruno thinks of suicide. On the edge of suicide, he is offered The Spirits' Book and begins a new journey of transformation in regard to what he considered unknown and mysterious in his life. Surprisingly uplifting, this movie brings new hope and explanations about Life.

- July 12, 19, 26 - **Spirits in Your Diet**
Spiritist Presentations and Discussions on Physical-Spiritual Nourishment

SPYC Summer Camp and Family Day at the SSB!

Theme: Wellness, Finances and Spirituality

Sunday, July 29, 2012
11:00am – 3:00pm

Location:
Ruscombe Mansion
4801 Yellowwood Ave,
Baltimore, MD 21209

Program
11:00am – **Movie Screening**
THE FILM OF THE SPIRITS
(O Filme dos Espiritos)
for to the parents while children and youth start their activities

2 pm - **Finances and Spirituality**
by Rev. Alice Reid

\$20 per Adult - FREE for Kids

About Rev. Alice Reid

In addition to her passion for engaging her spiritual life, Rev. Reid is an accountant and has her own Tax and Accounting practice, Compassionate Tax Service. Alice ministers her clients to move beyond their insecurities and fears about their money and taxes by building supportive relationships and empowering individuals to embrace their personal and business finances. Alice is outspoken about her beliefs that everything in life is inherently spiritual, even business and often interweaves the Religious Science philosophy into her professional activities.

MONDAYS 6:00 – 8:00 PM*

Fraternal Counseling (6:15pm-7:55pm)
Spiritual Treatment (7:00pm – 7:45pm)

ONLINE donation
ssbaltimore.org/
donations

Outreach Opportunities with the SSB

1. **Cook a meal for women and children** at the emergency shelter Sarah's Hope – St. Vincent de Paul of Baltimore.
2. **Cleaning the SSB Center on Sundays**
Contact us for more information

For more information : Phone: 410-382-5328 e-mail: ssb@ssbaltimore.org site: www.ssbaltimore.org

* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226

SPYC Summer Camp and Family Day at the SSB!

Theme: Wellness, Finances and Spirituality



Sunday, July 29, 2012
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THE FILM OF THE SPIRITS
(O Filme dos Espiritos)

for to the parents while children and youth start their activities

2 pm - **Finances and Spirituality**
by Rev. Alice Reid

SUMMER schedule - July 2012

07: I Honor my Parents: Diligence & Devotion
21: Lesson 5 Talking to God (Part II)
29: SSB Especial Event & “Summer Camp”

On the Web

Kardec Radio



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Thank you Chico!

June 30th, marks the 10th anniversary of the passing of our beloved Brazilian Spiritist Medium, Chico Xavier. Chico Xavier died at 92 years of age and he is considered one the most prolific mediums of the 20th Century. He psychographed more than 400 books and consoled thousands of people in his 75 years of active mediumship.



“Those who govern their bodies wisely, attuning their minds to Divine Inspiration, never grow old, and never die, for they will maintain unalterable spiritual health, both in death, and in the blessing of survival.”

Joanna de Angelis

SSB Outreach Program



1. **Cook a meal for women and children** at the emergency shelter Sarah's Hope – St. Vincent de Paul of Baltimore.
2. **Cleaning the SSB Center on Sundays**
Contact us for more information

Be a Giver

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Click the donation Button!

To Become a dedicated monthly giver! Please talk to one of our directors!

In this Issue

- Regeneration and You
- In the Home
- Message from Joanna
- SSB Calendar
- New Book Release



"...Without working together, love couldn't exist; and love is the power of God that gives balance to the universe."

Paul & Stephen (book)
- Emmanuel (Spirit) /Chico Xavier

Regeneration and You!

As the dawn of the new era comes, we see so many changes and at times we may hear people say that we are at an impasse but it is not true! Dear friends of this sweet and divine teachings, the winds of change are carrying us all along, and at times dragging others because the law of progress is applied to us all. Let us take comfort in knowing that our great governor Christ has already overseen all of this and since the time of Kardec, when in the Genesis was published the following text, we know that the divine spirits were already foreseeing all that was to come!

"Yes indeed, humankind is being transformed just as it has been transformed in other epochs, and each transformation is marked by a turning point, which, for the human species, is what the turning point in growth is for the individual; these crises, frequently painful and dolorous, carry generations and institutions along with them, but are always followed by a phase of material and moral progress. After nearly a century, earth's humanity has arrived at one of these growth periods and is in the middle of a transformative endeavor; that is why humankind is being shaken on all sides, caught up in a kind of fever as if driven by an invisible power until it is settled on new foundations. Whoever sees it afterward will find many changes in its customs, its character, its laws and its beliefs; in other words, in its entire societal aspect."

(message by the spirit Dr. Barry)

We invite YOU, dear reader, to join us and many others who are marching consciously towards moral perfection and redemptive roads, arming themselves with prayer, charity and by practicing moral virtues. In this **new year** we encourage you to join us as we study more and put into practice these divine teachings. Join us as we pray for one another remembering the wise words of Christ when he said, "...Before kingdoms change, man must change..."

- The Editors



In the Home

Beginning in the intimate domestic temple, with sincerity and firmness, the exemplification of the following principles will create uniformity in and outside the home.

Spiritist faith in the family is the source of Spiritism in society.

Stifling any impulse of anger or violence, adapting to the Gospel in order to establish harmony inside of yourself before others.

Humility constructs for Eternal Life.

Give children the foundations of a well-directed sound education and, without infusing fears or fantasies, start by giving them simple and natural names, avoiding the pomp use of famous names, susceptible to create future embarrassments for them.

Home is the first school.

Whenever possible, convert the family sanctuary into a dispensary of relief for the less fortunate by making available that which is least necessary for your domestic maintenance.

In Christ's arena there are no borders.

If you are alone with your faith, in the recesses of your own home, you Spiritists should faithfully comply with the testimony of love that it deserves, remembering that at any time you will answer to the principles you have embraced.

At least once a week, organize the study of the Gospel with all those that you share your faith, studying the truth and radiating goodness, through prayers and comments around the daily experiences in the light of the Spiritist postulates.

Those that cultivate the Gospel at home, make their own home a temple of Christ.

Avoid unnecessary luxury in the rooms, objects and habits, displaying characteristics of naturalness, from the most simple of habits to the smallest of architectural details of your home.

There is no true Christian Spiritist environment without the presence of simplicity amongst us.

Andre Luiz(Spirit) and Chico Xavier (medium)
From the book, **Conduta Espirita** (Spiritist Conduct)



Constant Change

Calm the anxiety of constant change.
 God has put you in the best place for your moral and spiritual progress.
 The home that you have, the work you do, the city where you live, are training opportunities for your evolution.
 "A rolling stone gathers no moss" goes the old saying.
 He who is constantly changing never matures nor does he accomplish anything.
 Complete your task where you are, and at the appropriate moment, after meditation, decide where you are truly headed.

- Joanna de Angelis

Happy Life, by Joanna de Angelis/Divaldo Franco



Spiritist Activities



Calendar – January 2013

- All Services are free of Charge -

SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by Passes services

Jan 05 – **"Beyond Our Differences"**
(Movie/documentary Screening)

Jan 12 – **Planetary Transition:
A World of Regeneration**
by Kirsten DeMelo

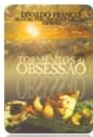
Jan 19 – **Looking ahead with Spiritism**
by Daniel Santos

Jan 26 – **Forgiveness in a New World**
by Leo Vieira

Obs.: SPYC sessions for kids will resume on February 2

THURSDAYS - 7:30pm – 9:00pm *

Study session on the book *Torments of Obsession*



This book features many cases of Spiritists, who did not live according to their Spiritist belief. A psychiatric hospital was built to admit these spirits after their discarnation...

* *Torments of Obsession* (Tormentos da Obsessão) by the Spirit Manoel Philomeno de Miranda, psychographed by Divaldo P. Franco.

MONDAYS 6:15 – 8:00 PM*

Fraternal Counseling (6:15pm-7:55pm)
 Spiritual Treatment (7:00pm – 7:45pm)

For more information : Phone: 410-382-5328 e-mail: ssb@ssbbaltimore.org site: www.ssbbaltimore.org

* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, Lutherville-Timonium, MD 21093-2226

You are invited to a Special Lunch & Movie



Sunday, Jan 20, 2013
 12 pm – 3 pm
 Location: Ruscombe Mansion
 4801 Yellowwood Ave,
 Baltimore, MD 21209

Lunch price:
 \$ 20 per person
 \$ 10 per child
 (20% discount for families of
 more than 3 members)



Movie: What Dreams May Come

(Duration: 127:42 min)

Chris Neilson dies to find himself in a heaven more amazing than he could have ever dreamed of. There is one thing missing: his wife. After he dies, his wife, Annie, killed herself and went to hell. Chris decides to risk eternity in heaven for the small chance that he will be able to bring her back to heaven...

This event is a part of the fundraising program of the Spiritist Society of Baltimore
www.ssbbaltimore.org

"The Greatest charity we can give to Spiritism is its dissemination."
 - Emmanuel

Get your book at the SSB bookstore



Online Donation at

www.ssbbaltimore.org/donations.html

On the Web



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Be a Giver

Be a giver of the heart!
 Donate Monthly to defray cost! You can help! Talk to us or go to the website at www.ssbbaltimore.org to donate safely online!
 Click the donation Button!

To Become a dedicated monthly giver! Please talk to one of our directors!

"Well done is better than well said."

- Benjamin Franklin

Spiritist Talks in February (Saturdays @ 6pm)

(The Transitioning World)

- 02 - Action and Reaction by Kirsten DeMelo
- 09 - The cause of earthly miseries by Daniel Santos
- 16 - Understanding Heaven and Hell by Leo Vieira
- 23 - Special Activity - Movie Screening: TBA



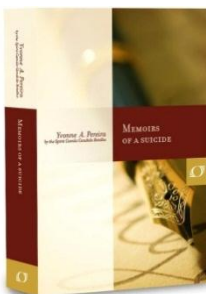
Location: SSB Headquarters at 22 W Padonia Rd. B-321, Lutherville-Timonium, MD

Memoirs of a Suicide (Author: Yvonne A. Pereira) - **NEW RELEASE!**

"Under the guidance of the spirit Leon Denis, the spirit author Camilo Castelo Branco, using the pen name Camilo Candido Botelho, describes to the medium Yvonne A. Pereira, his dreadful experience after having reincarnated by committing suicide. The book entails invaluable instruction, demonstrating the greatness of the Divine Mercy toward repentant suicides and providing them with the opportunity to understand the universe and life in its fullest dimension..."

A complete reading of this work shows that there is a road of reconstruction for those who repent. There is always hope because rehabilitation is possible."

Book will available soon at the SSB bookstore or you can buy it online at: www.ediceiofamerica.com





"...Without working together, love couldn't exist; and love is the power of God that gives balance to the universe."

Paul & Stephen

- Emmanuel (Spirit) / Chico Xavier

In this Issue

- After the Storm
- Brother "X"
- Jesus and the Worker
- Destructive Calamities
- SSB Calendar

After the Storm

Hello Dear Friends!

We are once again ushering in warmer climates and changing seasons. With all changes come some challenges right? What about the seasons of our lives? Do they not also change and at times bring about more challenges? How can we find joy and balance amidst changes that provokes uneasiness within us? These are the deep penetrating questions that may cross our minds. Perhaps at times when we feel downcast and overburdened by challenges we become sad or melancholic. How do we lift ourselves up again?

Joanna de Angelis in the book *After the Storm* shares with us that love brings the awareness that "only by helping one another can [we]... be saved". Saved from what you may ask; saved from the misery of veering off your reincarnatory plan, saved from being selfish, self-centered or self-absorbed. When Joanna de Angelis shares this information with us in the introduction of the book she places pearls of wisdom in our hands to have a broader and more charitable attitude. She tells us that by cultivating this love for your neighbor will stimulate you to help him. That is one of the reasons why at the *Spiritist Society of Baltimore* we have always had outreach programs. Most recently we are involved in giving donations to the Esperanza center as a way to remind us of the joy of giving.

We invite you to start your inner journey towards happiness by helping to fulfill the law of charity and the law of work by helping one another not just with alms but with your positive words and thoughts towards one another! Also, encourage your children to be loving and charitable towards others! Begin today to build your better tomorrow!

- The Editors



A Brief History about HUMBERTO DE CAMPOS (The Brother "X")

Humberto de Campos was born in the city of Miritiba, in the state of Maranhao, on October 25, 1886.

He was the son of Joaquim Veras and Ana de Campos Veras. Now a days the city has been named after him in his honor. With his father's death when he was only 6 years old, his family moved to the state's capital of Sao Luis where he started to work in local commerce to help on the subsistence of his family. Later they moved down to the city of Parnaiba, in the neighbor state of Piaui, where he spent most of his childhood. At that time, in 1896, he planted a cashew tree in the backyard of his family house. He called the tree: "My friend from my childhood". It was under this cashew tree that he got inspiration to write some of his first famous poems. Today that tree is still being conserved by the Parnaiba City government which turned out to be a very popular tourist site for those who want to get to know more about Humberto de Campos. The site is visited daily by tourists from all over the world becoming popularly known as "The Cashew tree of Humberto de Campos" which is a little square surrounded by white marble plates on the walls with his most famous poems.

Humberto de Campos was considered one of the greatest columnist of the XX century. In the same town of Parnaiba, Piaui, the tourists can also find more about his life by visiting "The Humberto de Campos Memorial", where they can see some of his personal belongings, books, photos, etc. The Memorial was opened with the help of Parnaiba's mayor, Hamilton Castelo Branco and from Humberto de Campos's grand daughter, Catharina de Campos, who lives in Rio de Janeiro.

In his book "Memories", he tells more about the Cashew Tree. Being under that tree the tourists/visitors can smell the great aroma of the tree. It is the only cashew tree of its kind that gives fruits throughout the year. A normal cashew tree has its seasonal time to give fruits.

In 1910 when Humberto de Campos was 24 years old, he published his first book of poetries titled: "Dust", which gave him a reasonable recognition in Brazil. Two years later he moved to Rio de Janeiro where he pursued his journalism carrier and started to gain distinction among the literature's world in Brazil. At that time he became friends with well known writers of his time such

as *Coelho Neto* and *Olavo Bilac*. He became known by his great chronicles published in important newspapers in Rio de Janeiro.

In 1919 he became a member of the Brazilian Literature Academy. A year later he started his career as a politician representing his home state of Maranhao. He was re-elected and worked as such until the break out of the "Brazilian Revolution" in 1930 when he was exiled out of Brazil to live in Europe. In 1933 with his debilitating health, he published his book: "Memories" (1886-1900) in which he describes his memories about his childhood and youth. That book had a great acceptance by the public and the critics at his time with successive editions in the next decades.

After many years of illnesses that made him almost blind along with several urinary problems, he died in Rio de Janeiro in December 15, 1934 at age of 48.

After he passed away, his popularity grew with his several chronicles, anecdotes, tales, and reminiscences of his own. They were all published on the follow years after his death. Several books, supposedly written by the author's spirit, psychographed by the Brazilian medium Chico Xavier, as a result the Humberto de Campos family then opened a lawsuit against Chico Xavier with the allegation of violating the copyrights of Humberto de Campos works. The accusations, which caused great polemic at the time, was judged groundless by the courthouse.

In 1950, a new scandal arised with the work "The Secret Diary" kept by the author some period during the 1910 decade and with assiduity of 1928 until his death. It was published by the very known Brazilian magazine called "O Cruzeiro", which their editors published in a book in 1954. The publication caused a great scandal at the time of its publication for the reason of several notes and personal impressions made by the author in respect to great renown authors of the Brazilian Literature, politics and the society of his time, such as Machado de Assis, Getulio Vargas, Olavo Bilac and others.

BROTHER X

The first contact by the spirit of the deceased poet with Chico Xavier, occurred three months after the poet's death in March of 1935. That encounter happened during the medium's sleep when the spirit of the author presented itself to the medium. A few years later, in May of the same year, the first few pages has been psychographed which was entitled, "The word of the deceased ones", having as its main subject the description of the intense work of spirituality by the human progress.

The option to use the pseudonym "Brother X" was chosen because of a lawsuit initiated in 1994, by the incarnated author's family, against the Brazilian Spirit Federation and the medium. The family wanted to detain all the copyrights of the spirit's works, in case it would be confirmed as the author of the mediunic works. Although the Judiciary decision at the time has been unfavorable to the widow, for precaution, the spirit author started to sign his texts under the pseudonym above, avoiding future sorrows or annoyances by the author's family.

Subsequently, the defense job in this process, resulted in the classic work: "The Psychography before the Courts" by the Brazilian lawyer Miguel Timponi.

Therefore, the first five books published by the Brazilian Spiritist Federation Publishing came to the public in with the author's real name. Starting with sixth book, published in 1945, they became assigned the author as, "Brother X". The next following decades would then be the revelation of an important contribution for the spreading of the Spiritist Movement in Brazil. The book "Brazil, the Heart of the World, the Nation of the Gospel" In 1938, his books continued to have great impact in the Spiritist movement, some of which were chronicles and tales and texts that elucidated about some of the passages in The Gospel in Accord of Spiritism.

Below are the books psychographed by Chico Xavier through the spirit of Mr. Campos/ "Brother X".

- 1937 - "Chronicles of Life after death"
- 1938 - "Brasil, the Heart of the World, the Nation of the Gospel"
- 1940 - "New Messages"
- 1943 - "News from the Life after Death"
- 1945 - "Lazaro Revived"
- 1948 - "Light Above"
- 1951 - "Points and Tales"
- 1958 - "Tales and Fables"
- 1964 - "Tales from that Life and from Beyond"
- 1966 - "Tales and Chronicles"
- 1969 - "The Stand of Life"
- 1988 - "Account of Life"
- 1989 - "Histories and Notes"



*Text translated by Aloisio Correia and Vanessa Correia
With Final Editing Done by Daniel and Kirsten Santos*

References:

1. [SOUTO MAIOR, Marcel. As Vidas de Chico Xavier. Rio de Janeiro: Planeta, 2003.](#)
2. http://pt.wikipedia.org/wiki/Irmão_X
3. http://pt.wikipedia.org/wiki/Humberto_de_Campos

"There is no happy reality that is worth a tenth of a good dream" – Humberto de Campos

After the Storm

“Love will make people realize that only by helping one another can they be saved, for there is individual suffering, and when one person suffers all are affected. Happiness cannot be self centered, and it is doubtful that anyone could rejoice while surrounded by those in tears. Hope, based on the concept of brotherhood, stimulates the young to go forward and to achieve what is noble.”

- Joanna de Angelis

After the Storm, by Joanna de Angelis/Divaldo Franco



– Jesus and the Worker –

Message dictated to Raul Teixeira by the Spirit William March

“In fact, these are days of confusion in the soul of the world, causing difficulties in the actions of good. Jesus, however, had already asserted that, on Earth, the human soul would only find afflictions.

There are shadows looming over men’s heart, promoting the fury of violence and crime everywhere. But Jesus stated that both good and bad men get the foundations of their deeds out of their own hearts.

These are times in which we observe the devastating activity of the impertinent materialism and selfish interests that spread misery through war. However, Jesus established that blessed are the peacemakers.

A gigantic number of individuals, sick and needy in many ways, in a world of billions of souls, still suffer the torture of disregard and neglect. However, let’s remember Jesus’ action, recalling that He said He did not come for the healthy but for the sick.

We see hypocrisy expanding everywhere we look, leading to deception and illusions. Many defenseless men surrender to easy and compelling speeches delivered by those with evil hearts and who triumph in the immediacy of the world. Jesus, however, warned: beware of false prophets, scattered here and there.

Sometimes, dismay looms over the paths of the good servants because it seems they face so many exhaustive fights and carry the weight of the world on their tired shoulders. However, we should not forget Jesus’ advice: **Have good faith!**

Dear friend, **whatever problems present themselves in the footsteps of your earthly journey, whatever challenges come up in your evolutionary path**, whether within yourself, in family relationships, or in the areas of your work, **your faith in Jesus Christ will serve as the safe anchor for your heart and the moral guidance and comfort that you need.** In it you will always find the answers to your concerns, so that you won’t be distressed or tormented, but so you can carry on, overcoming the shortcomings around you, doing the work that you need in order to cooperate with the Work of God, under the clarity of the Consoler.

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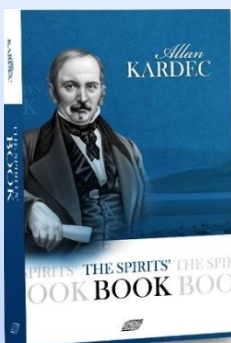
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July 21 2013!!

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DESTRUCTIVE CALAMITIES

737. For what purpose does God inflict humankind with destructive calamities?

“To impel them to progress more quickly. Haven’t we stated that destruction is necessary for the moral regeneration of spirits, who acquire a new degree of purification during each new existence? You must see the end in order to appreciate the results. You only judge such things from your own personal point of view, and you regard such inflictions as calamities because of the injury they cause you. However, these hardships are often necessary in order to make things arrive at a better order more quickly, and to accomplish in a few years what would otherwise require many centuries.”



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Spiritist Activities



Join us!

Calendar – June 2013

- All Services are free of Charge -

SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by Passes services

June 01 - Yesterday's Children

(Sat @ 6pm) (Movie Screening)

June 08 - Spiritist View of marriage

Sat @ 6pm by Daniel Santos

June 09 - Special Event at SSSA:

(Sun 11-4pm) **Chico Xavier and Emmanuel**
by Geraldo Lemos Neto

June 15* - Behavioral disorders in the Family

(Sat @ 6pm) by Kirsten DeMelo

June 22 - Understanding our extended family

(Sat @ 6pm) by Alba Morales

June 29 - Divorce in the light of Spiritism

(Sat @ 6pm) by Leo Vieira

June 30 - Fundraising Event: Summer Bar-B-Q

(Sun 12-4pm)

* SPYC sessions for kids will be provided

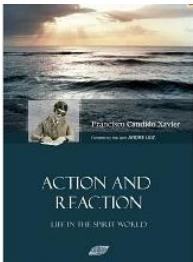
Ongoing Study

THURSDAYS - 7:30pm – 9:00pm *

Study session on the book **Action and Reaction**

The spirit author Andre Luiz presents studies of real-life cases and offers guidance regarding paying one's spiritual debts, the law of cause and effect, preparations for reincarnation, collective expiations, and the value of prayer. Andre Luiz shows us that the possibilities of our current existence are connected to our actions in past existences, just as our actions of today will condition our possibilities in the future.

* *Action and Reaction* by Andre Luiz, psychographed by Francisco Candido Xavier - Published by Edicel



Join us!

Special Event at SSSA with by Geraldo Lemos Neto Sunday, June 09 @ 11 am - 4 pm



Location: **SSVA Headquarter**

4280 Henninger Court - Suite I, Chantilly, VA 20151

Part 1: **Chico Xavier: Remembering Chico Xavier and his Legacy**

Lunch break (Lunch price \$15.00/person)

Part 2: **Emmanuel's Novels and Reincarnation.**

Geraldo Lemos Neto is a Brazilian spiritist speaker, medium, writer and currently the coordinator of the Chico Xavier's home museum in Pedro Leopoldo, MG, Brazil. He is also the founder of "Vinha de Luz" publisher, which has been publishing unprecedented mediumistic materials from Chico's works. He is the author of Chico Xavier's biography entitled "Chico Xavier - Love Mandate", published in 1992.

Event sponsored by SSSA and supported by SSB

You are invited to our

Summer Bar-B-Q

Sunday, June 30, 2013

12 pm – 4 pm

Location:

128 Kriders Church Rd
Westminster, MD 21158



Ticket price:

\$ 20 per person \$ 10 per child

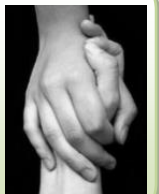
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This event is a part of the fundraising program of the
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Outreach Program

We are now
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to donate to
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Center.



MONDAYS
6:15 – 8:00 PM*
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(6:15pm-7:55pm)
Spiritual Treatment
(7:00pm – 7:45pm)

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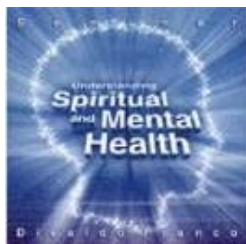
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BOOKS AND CDs



[Listen a sample](#)

This double CD set contains Divaldo Franco's seminar "**Understanding Spiritual and Mental Health**" which happened on March 12, 2004, in the city of Baltimore, Maryland, USA.

This is the first audio CD of a Spiritist seminar in the English Speaking language.

The seminar covered a psychiatric analysis on the endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies. It beautifully describes the Spiritist view of the psychological and spiritual disturbances, as much as it gives us a clear idea of its approach to eradicate its causes and effects.

Price: \$15.00*

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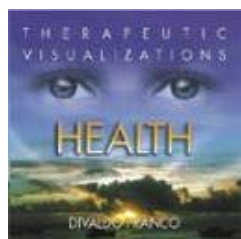
This profound and brilliant seminar, **Understanding Spiritual and Mental Health**, also generated a bilingual book (English and Portuguese, '**Compreendendo a Saude Espiritual e Mental**') that will be launched in this event.

If you prefer the book format, this is also a great opportunity to have it autographed by its author, Divaldo Franco.

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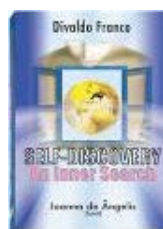
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"**Self-Discovery, an Inner Search**, can certainly be considered a masterpiece on the Spiritist Psychology. Its spirit-author, Joanna de Ângelis, through the admirable hands of Divaldo P. Franco, brings the reader what could be considered a doctorate thesis in the topics of human psyche, its disturbances and deepest causes, as well as effective therapeutics for Humanity's greatest problems.

It also summarizes a variety of theories in the field of Psychology and Psychiatry combining them with the Spiritist View of the human being and life. Moreover, Joanna de Ângelis undoubtedly develops Allan Kardec's works."

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This book was translated from Portuguese to English.

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God, your haven of rest

God is your perfect friend, accessible, always willing to listen to your complaints, and ready to propose solutions to your problems.

God never tires, and never gets exasperated.

If sought, He attends patiently.

When rejected by ignorance or rebellion, He stands by discreetly, awaiting.

Though silent, He speaks through all forms of Nature, and manifests His power in so many ways that cannot go unnoticed.

Ever merciful, God is a haven of rest where you find comfort for your troubles, and where peace awaits the one who seeks shelter.

God is close enough to acknowledge your needs. Nevertheless, He neither constrains, nor forces you to accept His help.

He propounds constructive suggestions to your problems, and wise counsels to illumine your inner self.

Sometimes He heightens your perceptions so that you may avoid disastrous events, and benefit from the favorable ones.

With God in your heart and mind, you will act prudently and perform your duties wisely.

God sees to all your needs; but will not take them over, as it would disregard your efforts and hinder your learning.

God blesses you whether or not you seek Him.

However, if you raise the vibrations of your thoughts, and seek attunement with Him, you shall better absorb the irradiation of His supreme love.

Always rely on God – your trusty, dependable, and paternal friend.

Joanna de Angelis

*Inspirational message by Divaldo Pereira Franco from the book **Child of God**.*



God in you

God needs you.

He is within you, and you ignore Him.

He manifests His presence in your life in a thousand ways, but you still ignore Him.

He nourishes you with hope;
His irradiating love sustains you, and shows itself within your body, your mind,
and your emotions.

He is present in the air you breathe.

His Light, radiating from the sun, vitalizes your energies.

His presence envelops you, and shows itself through you.

You must try to reach Him consciously, changing, and dignifying your moral
and intellectual behavior, so that you can share the benefits of this higher
communion.

From God you receive the inspiration which leads to spiritual growth,
enhances your actions, and harmonizes your existence.

Your thoughts, words, and actions must reveal the presence of God in you,
for, you are immersed in the Ocean of His omniscience.

Growing with God, you unfold and gain the boundless spaces of immortal life.

Thus, God needs you so that you may reflect His light. On seeing Him though
you all people must feel Him, and love Him too. They will wish to strive to
reflect Him in themselves also.

And by so doing, all may reach the fullness which one day shall fulfill every
life.

Joanna de Angelis

*Inspirational message by Divaldo Pereira Franco from the book **Child of God.***



Your virtue

Indulgence is a much forgotten virtue.

All of us need it, and are glad when treated with it because of our many imperfections. Nevertheless, we very seldom remember to be indulgent to others.

Indulgence dignifies those who practice it and ennobles those who receive it.

No one on Earth progresses without either granting or receiving indulgence.

An indulgent heart has a treasure that will help to forget aggressions and offences, and to understand and respect the spiritual level where other people stand.

To be indulgent to the conflicts and instability of others will help them to restore their spiritual balance, and to regain self-confidence. Give them the love they lack and assist them without despotism or causing them humiliation.

If you irradiate indulgence through fraternal understanding, you will show harmony and kindness and will keep an optimistic relationship with relatives and friends.

The road to sanctification is paved with indulgence.

If people do not treat you with indulgence, practice it yourself. It may well be that those who are too severe, or even cruel to you, do so because they do not know better, and because this virtue is a light resting at the root of the soul and in time will kindle and shine in all its clarity.

May indulgence be now at least one virtue, among all the others you shall in time develop.

Joanna de Angelis

*Inspirational message by Divaldo Pereira Franco from the book **Child of God.***

Peace in You

Peace is very important.

Governments impose it by fomenting wars, exerting pressure, and subjecting people to bondage.

Therefore, peace is negotiated in private offices and then maintained under arms, through fear.

Such peace comes from without, and is disturbing because it is unreal. It is legal, though not always moral.

It is similar to swamp waters: clear and placid on the surface, but murky and poisonous at the bottom.

Such is the peace of the world: fleeting, and deceptive.

Real peace comes from within a cheerful heart and an understanding mind which acts, and trusts. It is achieved within an atmosphere of love and devotion, because the harmony which kindles the dynamics of a flourishing life derives from a conscience illumined by Divine Laws.

Such peace is permanent and is never disturbed.

It constrains not, imposes not.

Each person must strive to achieve it. It is an outcome of one's well-directed actions, and it fosters noble ideals.

To discuss peace or crusade for it is not enough.

But if you focus your mind on peace, think about peace, and act pacifically, you will externalize peace from your inner self, and then it will surround you and reach whoever comes near you.

So, may peace on Earth be your uttermost goal, and through constant prayer may it work outwards as an answer from God.

When you pray for peace, a tender feeling pervades you, and Love – which radiates from God – averts any conflict that might disturb you.

Peace within you will further peace in the world.

Joanna de Angelis

Inspirational message by Divaldo Pereira Franco from the book **Child of God**.





FORGIVE YOURSELF

The Gospel states that we should be indulgent with the faults of others, but strict with our own.

To achieve self-illumination we must keep a firm attitude of alert day-to-day watchfulness over our own actions.

When we understand that earthly life is intended to be an uplifting experience, it is only natural for us to learn a great deal through losses which will turn into gain, because of the reaction they will create. Aware of such a reality, you must be tolerant with the faults of others, be indulgent within your social circle, and wherever you are. Although you must not accommodate to your own weakness you should not be too harsh on yourself.

When you fail, do not brood over your faults, and do not vitalize your errors by concentrating upon them.

When you fall down, pick yourself up and start over again. You are an ever-unfolding soul temporarily enrolled in the school of life. Each step forward leads on to a higher level. If you are pleased with yourself, and stagnate, you delay your spiritual liberation. If you become bitter and depressed because you have made a mistake you will also hinder your march.

But if you acknowledge your personal limitations and understand your own mistakes, you will find it easier to forgive others.

When right, proceed; when wrong, forgive yourself, reconsider your actions, and move on.

A loving person must love himself too. If you are tolerant with yourself, you will be stimulated to proceed along the spiritual road of progress, and your actions will be more and more efficient and your deeds nobler.

Joanna de Angelis

*Inspirational message by Divaldo Pereira Franco from the book **Child of God.***

Order of God

There is a divine order in everything.

You may not be aware of it but it is present in everything, revealing its divine origin. It is also in your body, in your mind, and in your soul, both fostering your life and controlling it.

If you are able to attune to the vibration which emanates from God, there will be harmony in your life, and in everything you do and in your relationship.

But if you are unable to feel this vibration because you are overwhelmed by all sorts of difficulties or disappointment, you must seek attunement.

All the apparent drawbacks in your life act on your behalf, for they are ways of helping your spiritual progress.

So, no matter how hard your path may be, be sure that God is in control of everything, and that the divine order will see you through.

Be sure that you are not alone, but immersed in the stream of a superior order. You will get over your sorrows and anxiety and grief, because the divine breath which vitalizes everything is both within you and in everything that concerns you.

Do not offer resistance to this all-embracing energy.

If you cooperate with the order of Divine Laws, they will cooperate with you, and peace will prevail, and your life will be a blessing.

Joanna de Angelis

Inspirational message by Divaldo Pereira Franco from the book Child of God

Correct Yourself

The world looks fascinating and overflowing with emotion; you may feel attracted to it and wish to give yourself up to earthly pleasures.

You see people parading by, looking carefree and happy as if for them life were an endless party.

You watch people on television; read about the socialites; you see others in the movies, or meet them in the streets.

And you feel uneasy and frustrated, empty inside; and it seems to you that you lead a dull life with unending responsibilities and imperative duties.

Then you think life is too hard for you, and plunge into a growing depression until tears roll down your face.

Correct your attitude. Review your appreciation of facts and circumstances.

Maybe those who look so happy are not really so. Most of them are just selling a self-image to impress the weak. Others, who are affluent, may be sick of life and keep themselves on drugs to chase away their boredom, helplessly trying to get away from themselves.

All is transitory on Earth. Those who live irresponsibly will one day fall prey to depression, drugs, insanity, or suicide.

Physical decay is a law of life which cannot be dodged by anyone.

Old age and death are natural phenomena.

Nevertheless, those who govern their bodies wisely, attuning their minds to Divine Inspiration, never grow old, and never die, for they will maintain inalterable spiritual health, both in death, and in the blessing of survival.

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book [Child of God](#).

ENTHUSIASM IN YOU

Enthusiasm is fundamental to life. Like the sun it fertilizes everything.

Without enthusiasm the bright scenery around you fades away, and dark shadows blot out the light of knowledge.

Enthusiasm stimulates and renovates.

When enthusiasm wanes, your interest ebbs away, and you plunge into anxiety and bitterness.

An enthusiastic person spreads optimism around, stirs up effort, and leads to activities that create progress and ensure success. On the other hand anyone who loses his enthusiasm becomes gloomy and depressed.

Life is packed with problems, and this must be so because they are part of the process of evolution. So, it is only normal for failure and tragedy to walk side by side with success, happiness and joy.

Always meet your problems with enthusiasm. Whatever happens to you - good or bad - move on with enthusiasm, leaving misfortune behind.

To dwell too long on the mishaps of life will only vitalize them, and create a mental atmosphere of pernicious effects.

When anything unpleasant happens to you, do not avoid the opportunity to continue working with enthusiasm.

Forget yesterday, and wait for a happy tomorrow.

It is stimulating to meet someone who walked past all difficulties, left sadness behind and moved on. His example will stand as a light to illumine the pathways of others.

Be you one such messenger of happiness just by keeping your enthusiasm.

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book Child of God

YOUR CHRIST

You have unsuspected dormant potentialities waiting to be quickened into action,
but you still tarry in the shadows of spiritual ignorance.

Now and then you sense the inner power, which lies awaiting inside you.

Jesus used His inner powers to teach us how to use such powers.

He soothed the wind, and appeased the sea.

He healed the sick, and rescued the troubled souls.

He multiplied the loaves and the fishes for the hungry, and satisfied those who
longed for truth.

He illumined the Earth without diminishing his own light.

You have a powerful inner Christ in you, who is all yours, but you keep him tied
up inside hampering his action.

Let this Christ work through you.

He is harmony, and you are dissonance.

He is love, and you are want.

He is light, and you are shadow.

He is life, and you wrestle with death.

If you let this Christ act through you, you will be able to repel the morbid thoughts,
which contrive negative actions.

Your inner world is your reality. Because Christ is within you, you will be renewed,
and your latent potentialities will have a chance to flow and help you
to carry out your personal program of life and peace.

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book Child of God

YOUR RENEWAL

You can resume an edifying task at any time. It is never too late to begin again; on the other hand it is harmful to let a noble action go unfinished.

To stop an activity whose execution is beyond your strength is understandable, but just to leave it unfinished carelessly shows moral weakness.

Life is full of challenges. We are constantly moving from one action to another on different ascending levels of moral and intellectual values. This is the reason we must always start over again.

Things are happening all the time:

- now a disappointment seems to shatter your aspirations; a misfortune may seem a total disaster; a beloved one dies, and leaves a void in your heart; an insidious disease breaks down your physical resistance; a vice may almost drive you to insanity; a financial loss apparently ruins all your economic security; an expected betrayal almost drives you to suicide.

All such trying circumstances should stir up to start over again and never to give up, because without such unpleasant phenomena there would be neither progress nor liberation from our present stage of spiritual development.

So, when you find yourself caught in a net of unforeseen circumstances or facing an unexpected problem, stop, calm down, and meditate. Do not let yourself be dragged by tumult. Seek refuge in prayer, and draw strength out of it.

Everything goes. Your problems will also go away.

And if you have gone through all such things, start your renewal cautiously at first, until you are again integrated in constructive actions.

Your renewal is the first step towards the coming happiness.

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book Child of God.

G O D C A N

You may have had to meet with all sorts of abuse from childhood:

- you may have been told you would always be a nobody;
- your most sacred aspirations may have ended in failure;
- you may have been surrounded by all sorts of difficulties and suffering;
- you grew up bitter and shy, seeing all your dreams crumble to dust.

You may sometimes think: "they were right", those who had predicted you would amount to nothing.

Even now, as an adult, you may still hear harsh criticism that confuses you and makes you feel desperately unhappy.

You are probably a victim of such events because you are reaping the consequences of the pride and indifference that once marked your character in past lives.

But both you, and your enemies from past lives have forgotten the power of God. For God has equipped you with everything you need to overcome every adverse situation and to attain your goal. Because you have ignored the power of God, you left behind the power of love and became a shadow in a shadowy world.

Nevertheless, remember that God can do anything. He can help you out of the shadows and into the open of a liberating clarity.

When you feel dejected, God can give you courage to begin again.

When enfeebled by a karmic illness - resulting from past-life errors, God can make you recover.

If you are stunned by negative powers, God can liberate you so that - through love - you may acquit yourself.

In whatever situation you find yourself, open your heart to the Father. Seek, so you will achieve self-fulfilment.

Remember: God can do anything!

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book Child of God

GOD'S WILL

God's presence insures peace, enhancing strength to face the daily problems of life. His presence, though subtle, is powerful and works like a dynamo generating energy to recharge the batteries of your soul, your mind and your body, keeping them balanced and ready for action.

As disease results from an unbalance in the molecular fields – which are responsible for the functional harmony of the cells – health is fostered when the divine current of energy flows regularly through the system, maintaining the cohesive functions of such particles.

With God in your life fear gives way to courage, and courage promotes well-being and inner reliance.

The evocation of God dispels worries and ensures serenity and confidence.

The presence of God annuls bitter and depressing memories, and clarifies your mind with hope for happiness.

In God you find the light to help you think correctly, and discern clearly to be able to speak wisely and act with precision.

With God anything is possible. A person's health, success, or his own personal needs are all provided for by God, because God is power.

So, when you have done your best and still you have not obtained the expected results, do not despair, but wait a little longer. For it might well be that either the timing was not right, or the granting of your wishes would not be the best for you.

So, let God's will be done, and never be discouraged.

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book Child of God

YOUR WEARINESS

To be tired of life is a serious problem. Weariness is not caused by hard work or unrest, but from a sick state of mind.

It is usually a mixture of silent revolt, dissatisfaction, and ill-will; it hampers your evolution.

Remove this shroud of unhappiness that afflicts you, assume control of your aspirations and restore your spiritual strength.

Change the rhythm of your activities, and give yourself new motivation.

Take off this cloak of indifference that envelops you.

Life is always forcing you into changes that foster your spiritual growth; sometimes because you lack discernment, you may adopt an attitude which generates unpleasant consequences. Nevertheless, such an outcome may work on your behalf because it will shake you out of the apathy which might have been burdening your mind.

Every good action performed conveys a peculiar stimulus that renovates and pacifies those who give themselves up to it enthusiastically.

From moment to moment, step by step, working and serving, you will feel rested, and a good disposition will help you act prudently and wisely.

Keep on making constant changes in your life, for they will push you forward, and create a more objective, and more dynamic state of mind which will help you act wisely.

Meet every new day with a cheerful disposition, knowing that you can be a useful tool to carry out the work of God. He bestowed limitless resources on you so that you may reach your goal, if only you will release yourself from the unhealthy mood you call weariness.

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book Child of God

YOUR HARMONY

To be able to live in harmony with others you must behave suitably.

A person who is able to get along well with others has developed a sense of cooperation, and has learned to give and take.

The rule for good human and social relationships is made of small and simple acts of consideration to others.

If you really wish to live in harmony:

- try to be patient. Haste disrupts friendship. It exerts pressure upon others, and imbalances the self.
- keep all your moments well in order so that you neither experience restlessness or anxiety, because this will lead others into instability.
- learn to wait. Your turn will come when the time comes.
- be charitable; everyone needs help.
- use your word to lift up the tired ones, and encourage them to go on. Do not criticize or make fun of anyone.
- be gentle. A compassionate heart is an island where happiness dwells.
- be devoted. Let your life expand; do not limit it. In a distraught world such as the one we live in, every bit of love is a ray of light piercing through the darkness, and showing the way.
- Remove your inhibitions, cast out your fears and limitations. Let your love pour outward upon your neighbors.

If you trust in the power of goodness and cooperate with it, you shall find the way to a harmonious relationship with yourself, and with others.

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book [Child of God](#)

LIGHT OF GOD

A stained-glass window is illumined when the sun shines through, and its brilliant colors glow in a magic dance of light.

The human soul, though made up of superior elements, will only reach fullness when permeated by divine clarity.

Like a sparkling diamond, the human soul also becomes a shining star when perfected through suffering and dedication to the service of others.

You must understand that your spiritual progress is of absolute importance, and you must not get entangled by the petty problems of everyday life lest you will slow down your evolution.

The unexpected obstacles a traveler meets with along a road should make him think up ways to overcome them. But the traveler will thwart his pace if he allows the thorns and gravels which pave the way to hurt his feet.

So, bathe yourself in the divine light, and let it illumine the dark corners of your life where jealousy, spite, envy, indolence, and other moral imperfections have found shelter.

Created for stellar glory, you are a cosmos in miniature. Emerging from the fiery nebulae of human passions, strive to gravitate in harmony with divine thought and do not go astray. The irresistible attracting power of God's love will lead us all to Him.

Plunge yourself in the light of Love so that the spirit in you may irradiate it, and then no shadows shall loom over your feelings. Your personal light will reach others, and shine in the world.

The light of God will kindle the spark of spiritual wealth within you, bringing out all your dormant virtues, and this light of God shall shake them out to life.

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book Child of God

G O D K N O W S

There are different moments in your life when, engrossed in problems,
you feel ignored and think nobody knows the troubles you bear.

God knows.

Sometimes you may feel desperately unhappy and totally deserted.
Still you will not be alone. God knows the reason of your suffering.

When, in deep anxiety and abused and detracted by slander, you wish
to abandon your task, put your faith in God, and wait.

God knows why this must be so.

Surprised by a cruel fate which thwarts your most cherished plans,
do not give yourself up to revolt and do not despair.

God knows what is best for you.

Crucified by a disease of unknown cause, bow your
head in prayer and wait a little more.

God knows your disease is a path to future happiness.

God knows everything!

Just let yourself be guided by Him; seek attunement to His mercy and wisdom,
do the best you can, and leave a trace of light along the road you travel.

For such is the attitude of the one who has put himself in the hands of God,
and whom in God shall progress.

Joanna de Angelis

Inspirational message received by Divaldo P. Franco from the book [Child of God](#)

Heir of God

When considering your divine ancestry, have you realized you are an heir of God?

He created the Universe and Life. His work is enriched with wisdom and beauty – and just for love – He made you part of all these marvels, endowing you with the possibility of enjoying all His riches.

As a natural heir, you have access to all His wealth.

As a child of God, you are also a legitimate heir of the sublime ideals which will help you to expand your spaces, to understand the mechanism of life, and to solve its challenging enigmas.

You must be receptive to divine thought which permeates everything and everybody, so that you may absorb it and put it into action.

All the power and wealth of God are within your reach, but you must develop faith and confidence to be able to make free use of it.

You must also make a personal effort to waken and unfold your dormant capacities, which will teach you to use all this power constructively and with integrity.

All the things you think you want are not necessarily important. The essential for life is the wisdom to live properly and to be able to obtain not only what you want, but also the fullness and abundance you are entitled to, as an heir of God.

If you dwell too long in spiritual childhood you will not be able to dispose of all the richness of life, because you will not know how to use it.

But as you grow spiritually, you will have access to all the bounty of Creation. For as a child of God you are, therefore, His fortunate heir.

Joanna de Angelis

Inspirational message by Divaldo Pereira Franco from the book **Child of God**.

To Instruct and To Transform

My Dear Friends:

In truth, it is necessary to instruct so as to clarify.
But, likewise, it is vital to transform so as to redeem.
Instruction empowers.
Transformation saves.
Theory prepares.
Practice bears fruits.
By teaching, we influence.
By doing, we demonstrate.
Whosoever teaches, enlightens.
Whosoever edifies, is that very light.
To instruct effectively, it is necessary to reach wisdom through the mind.
To transform successfully, it is essential to follow love through the heart.
Teaching, though, is not enough.
It is imperative that we ourselves become living lessons.
Thoughts to guide and enlighten.
Feelings to understand and help – always.
Let us not limit ourselves to the merits of words alone.
Let us seek, with the same enthusiasm, for the benefits of acting.
Culture improves.
Work sanctifies.
Hermes, Zarathustra, Confucius, Siddharta and Sócrates were great
and venerable instructors who revealed the path to us.
Jesus Christ, however, bringing together the lesson and the example, is
the Wise and Loving Master who teaches us to walk it.

EMMANUEL

Source: Xavier, Francisco Cândido. Vozes do Grande Além, Diversos Espíritos. 4.ed., Rio de Janeiro: FEB, 1990, cap 31. p 127-128.

THE POWER OF PRAYER

We may be tempted to shrug our shoulders before the powers of evil.

How can we overcome temptation? May the faith be seen through us.

We need to see Christ's lessons in all circumstances. We grow in Jesus' love as we live by faith each day. The disciple proposes and the Master disposes.

Many people spend their lives forever anxious and angry over very trifle. They look as if they live on selfishness and cruelty in constant dissatisfaction.

How must we avoid this failure? First, it means changing their attitude from self-pity to one of courage and fight on. Besides we must vaccinate ourselves against fear.

The power of prayer is our strength. Some of its fruits are peace, hope, joy, love, and encouragement.

We trust in Jesus. Then why do we not look to Him at all times for the things we need?

He said: "The Kingdom of God is within you." We should never forget the divine direction.

Each soul has its own credit. Faith is revealed by deeds. When man helps somebody in Christ's name, Christ answers this man by helping him through somebody.

However, we must pray always. We should not underestimate the value of our communication with God.

Will we have to go through hard times? Are our spirits low? Let us go on praying.

Prayer is light and our guidance in our own thoughts.

"Come Ye yourselves apart into a desert place, and rest a while: for there were many coming and going, and they had no leisure so much as to eat." - Jesus (Mark, 6:31).

ANDERSON

June, 9 1965, Silver Spring, Maryland

(From the Book: *"Entre Irmaos de Outras Terra"* by F.C.Xavier and V. Vieira)

LABOUR AND KEEP FAITH

Where love is, God is, and where love is, joy is. The highest spirits of life are in harmony with this great design for living. If our way is troublesome and obscure, God's love gives us strength and guidance within.

Do you believe in immortality? Then be of good cheer. Believe it or not, you live in the beyond even as you live in your earthly body.

Pessimistic man likes to close his eyes to shut out the light, and to visualize in darkness. In the world, you have pain and tribulation, but God is on your side. You do not work alone. You know this.

A problem becomes difficult only when you suppose it is hard. Visualize a definite goal, exactly what you want to do. Believe in yourself; help yourself. When we accept God's blessings, live abundantly with peace and happiness within us and around us.

If you make mistakes, begin again. Be constructively self-critical. Do not disturb yourself. Carry with you joy and strike out ahead. Keep an open mind. Your thoughts are important, very important.

There is no darkness with power over light.

God speaks to you through voices of good conscience. Be calm, but be active. Do not waste time. Be a volunteer who acts, who gives and receives. Be sure of your effort and give your complete attention to accomplishing it. Help and you will be helped.

Earthly life is a school. In it there is a lesson for each of us. Be tranquil, labour and keep faith in God.

ERNEST O'BRIEN

July 12 1965, New York, NY

(From the Book "*Entre Irmaos de Outras Terra*", by F.C.Xavier and V. Vieira)

TO FIND GOD

Christian life hinges upon brotherly love. We may give expression to the best within us. The Gospel teaches us that there may be always a new beginning every moment so as to gain Christ's presence.

Patience is the power to bring to us the kingdom of happiness. Jesus knows our shortcomings and gives us His tolerance. Let us help each other. Live is the law.

We must be faithful in little promises. Many people are completely involved with heavenly glories, while they are careless in little things.

Let us wake up. Devotion claims fulfilment. He who knows becomes responsible. The world needs help.

Let us be of service at every opportunity. In the Gospel as well as in business one must look ahead.

Jesus said; ``Are not two sparrows sold for a farthing? And not one of them shall fall to the ground without your Father. But the very hairs of your head are all numbered."'

We can not measure God's glory around us, but we can recognize the divine attributes of God through our love to our fellow man.

As far as it goes, the definition of the New Testament, "God is love; and he that abideth in love abideth in God, and God abideth in him", carries with it the promise that by living and practising pure love man will finally attain to the state of union with the Maker for ever.

Would we find God? Then we need to follow Jesus Christ. Service with Him, is the real easement of life's problems.

Good things do not come to us by chance. The happiness and the peace in the soul's kingdom come from love's service. When we find love in our heart, Jesus is there.

***"For where your treasure is, there will your heart be also."* - Jesus (Matthew, 6:21)**

ANDERSON

July, 9 1965, New York City, NY

(From the Book: "*Entre Irmaos de Outras Terra*" by F.C.Xavier and V. Vieira)

Prayer of Caritas

God, our Father, who is all-powerful and goodness,
please provide strength to he who is experiencing pain and anguish.
Give light to he who seeks the truth,
and fill the human heart with love and compassion.
God, please give the traveler the star that guides,
solace to those in pain, and
rest to the sick and weary.
Father! Give the guilty repentance,
the spirit the truth,
give the child guidance,
the orphan a father.
Lord! Let Your goodness encompass
everything that You have created.

Clemency, my God, to he who does not know You.
Hope to he who is in pain.
Let Your Will allow the consoling spirits to
spread peace, hope and faith everywhere.

God! May a single ray of light, a spark of
Your divine love blaze the Earth.
Let us drink from the fountain of that infinite and fruitful goodness
and all tears will be dried
and all pain lessened.
A single heart, a single thought
will rise to You,
like a cry of gratitude and love.
Like Moses on the mountain,
we await You with open arms,
Oh Almighty! Oh Greatness!
All Powerful, All Beauty! All perfection!
And we wish in some way to receive your mercy.
God, give us the power
to help progress
that we may rise up to You;
Give us pure charity,
give us faith and reason,
give us simplicity that
will make our souls the mirror in
which Your image should reflect.

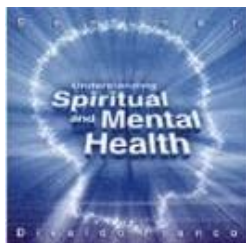
CARITAS



LAUNCHING OF BOOKS AND CDs

In this 2005 special seminar event, Divaldo Franco and the Spiritist Society of Baltimore will be launching the following CDs and Books:

This double CD set contains Divaldo Franco's seminar "**Understanding Spiritual and Mental Health**" which happened on March 12, 2004, in the city of Baltimore, Maryland, USA.



This is the first audio CD of a Spiritist seminar in the English Speaking language.

The seminar covered a psychiatric analysis on the endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies. It beautifully describes the Spiritist view of the psychological and spiritual disturbances, as much as it gives us a clear idea of its approach to eradicate its causes and effects.

This inspirational project was sponsored by the SSB and "*The Mansion of the Way*"

This profound and brilliant seminar, Understanding Spiritual and Mental Health, also generated a bilingual book (English and Portuguese) that will be launched in this event.

If you prefer the book format, this is also a great opportunity to have it autographed by its author, Divaldo Franco.



This inspirational project was sponsored by the SSB and "*The Mansion of the Way*"

Therapeutic Visualizations - Health - CD is a unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health.

"Meditation becomes an effective way to discipline the will. It facilitates patience which helps you to conquer every day the lower tendencies that disturb you.

Meditation is an imperious necessity that imposes itself before any realization. In the meditative state, you calm down your emotions and clarify your discernment, harmonizing your feelings."

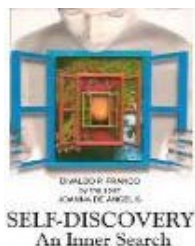
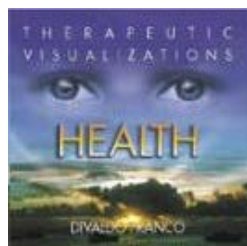
Excerpts extracted from the book Moments of Meditation, by Joanna de Ângelis, psychographed by Divaldo P. Franco.

This inspirational project was sponsored by the SSB and "*The Mansion of the Way*"

"Self-Discovery, an Inner Search, can certainly be considered a masterpiece on the Spiritist Psychology. Its spirit-author, Joanna de Ângelis, through the admirable hands of Divaldo P. Franco, brings the reader what could be considered a doctorate thesis in the topics of human psyche, its disturbances and deepest causes, as well as effective therapeutics for Humanity's greatest problems.

It also summarizes a variety of theories in the field of Psychology and Psychiatry combining them with the Spiritist View of the human being and life. Moreover, Joanna de Ângelis undoubtedly develops Allan Kardec's works."

This book was translated from Portuguese to English.



ONE COPY OF EACH OF THE ABOVE MENTIONED MATERIAL WILL BE GIVEN AWAY IN A DRAWING AT THE END OF THE EVENT! TO PARTICIPATE IN THIS DRAWING, MAKE SURE YOU FILL OUT A FORM AT THE RECEPTION DESK ON THE DAY OF THE EVENT.

COME AND MEET DIVALDO FRANCO, ONE OF THE GREATEST MEDIUM-SPEAKERS!

ONGOING PROJECTS

- **Among Brothers of Other Lands (*Entre Irmãos de Outras Terras*)** - Francisco C. Xavier and Waldo Vieira - FEB
- **Unfolding Our Spiritual Nature (*Seminar*)** - by Raul Teixeira

- [Workshops Series](#) - by SSB
- [Course on Spiritism](#) - An adaptation of the Systematized Study on the Spiritist Doctrine (FEB)

[Back to Home](#)

[Go to Seminar](#)

e-mail: ssb@ssbaltimore.org

SSB

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Spiritist Activities

Calendar – January 2017

- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Jan 07 – New Year, New You!

It is time again for renewal! Come and join us as we discuss new approaches on how to face the uncertainties of the New Year. New year, new you, new challenges... Join us in the special workshop!

Jan 14 – Mini-Seminar with Jussara Korngold Transition and a Recipe for the New Year From 5pm to 7:30pm

We are living in a moment of planetary transition, where despair and uncertainties seem to dominate the collective minds. So, how do we navigate through these moments and keep a balanced mind? Jussara has a wide knowledge in Spiritism and she will bring some reflections for us for a happy year of 2017 and so on.

Jan 21 – Days of Gold, Nights of Silver: Poems, Paintings and Prayers of Transformation by Dianne Fanti (Guest Speaker)

Ms. Fanti and Friends have just published a new book called “Days of Gold, Nights of Silver: Poems, Paintings and Prayers of Transformation”. This is an inspirational art book intended to connect you with a sense of beauty and wonder to restore the soul. Dianne will talk about the book as well as about the *Friends of the Homeless National Resource Center*, where she is the founder and director.

Jan 21 - SSB Fundraising: **BAKE SALE** (place your order by Jan 16)

Jan 28 - Gratitude as a motivation meaning for existence by Kirsten DeMelo

As part of the series of talks based on the book “The Psychology of Gratitude” by Joanna de Angelis/Divaldo Franco. Kirsten will share with us how gratitude can be an “*existential transcendental, emotional enrichment, and behavioral health for the optimistic light it shines in overcoming ...barriers...motivating meaningfulness for plenitude*”



Jussara Korngold, BS, MBA is one of the founders and president of the Spiritist Group of New York. Mrs. Korngold is also a published author, and has been translating spiritist materials and books since 1993. Jussara Korngold is currently the President of the U.S. Spiritist Federation, Executive Director of the TriState Spiritist Federation, and Executive Director of the International Spiritist Federation. Mrs. Korngold has been working as a volunteer in the office of Brazil Child Health in New York, since it's opening in 2000, as its main executive in 2010.



Dianne Fanti is the founder and director of Friends of the Homeless National Resource Center (in Baltimore), and holds a Bachelor's and Master's degrees in branches of the Holistic Health Sciences, and more than 10 certificates in the healing and expressive arts, in an assortment of disciplines, including Journal Therapy and Music Therapy. ... She has been teaching in the community and shelter settings since 1997.

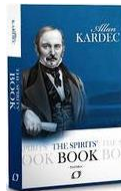
Systematic Study of **THE SPIRITS' BOOK**

Every Thursdays at 7:30pm – 9pm

Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission



MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

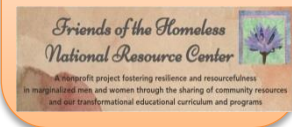
*(6:15pm-7:55pm)

Spiritual Treatment

*(7:00pm – 7:45pm)

Outreach Program

We are receiving items that will be donated to the Friends of the Homeless National Resource Center (in Baltimore)



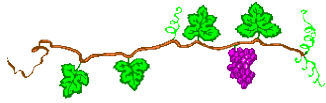
For more information: Phone: 443-827-1730 e-mail: ssb@ssbaltimore.org Website: www.ssbaltimore.org

* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226



Spiritist Activities Calendar – February 2017

- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Feb 04 – Mental Disorders & Family

Daniel and Kirsten

Most people believe that mental disorders are rare and “happen to someone else.” In fact, mental disorders are common and widespread. Most families are not prepared to cope with loved ones who suffers from mental illness. In this talk, we will emphasize the spiritual causes of this condition.

Feb 11 – Lecture Screening: Spiritism & Freedom of Choice with *Daniel Assisi*

Once a month, the SSB screens lectures recorded from Spiritist Speakers from other States. These lectures, might be recorded on special events or in the Spiritist centers across the USA.

Feb 18 – Different cultures, different Ethnicities, one Humanity

Alba Morales

Where are we coming from as humanity? Why do we have different ethnicities/races? What lies ahead in our common future? Based on the book "On the Way to the Light" by Emmanuel/Chico Xavier, Alba Morales will discuss about the history of civilization under the light of Spiritism.

Feb 19 – SSB Fundraising: Movie (Just like Heaven) and Light refreshments at SSB Headquarter - 12pm - 3pm

Feb 25 – Liberty, Equality and Fraternity

Leonardo Vieira

As part of the series of talks based on the Eternal teachings by Jesus, Leo will bring some insights, under the light of Spiritism, about 3 important aspects of our evolution: Liberty, Equality and Fraternity as the means to progress and build a peaceful society.

Systematic Study of **THE SPIRITS' BOOK**

Every Thursdays at 7:30pm – 9pm

Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission



SSB Fundraising Event

Movie (Just like Heaven)
with Refreshments

Sunday, Feb 19, 2017

12pm – 3pm

Location: SSB

22 W Padonia Rd, Suite B-321, Padonia Plaza, Lutherville-Timonium

Lunch price:

\$20 adult

\$10 child

Once a month, the SSB promotes its fundraising event in a joyful and friendly environment. Please join us and support this cause.

This event is a part of the fundraising program of the Spiritist Society of Baltimore

www.ssbaltimore.org

MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

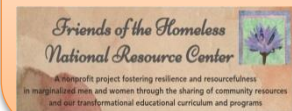
*(6:15pm-7:55pm)

Spiritual Treatment

*(7:00pm – 7:45pm)

Outreach Program

We are receiving items that will be donated to the Friends of the Homeless National Resource Center (in Baltimore)



"When you fall down, pick yourself up and start over again. You are an ever-unfolding soul temporarily enrolled in the school of life."

- Joanna de Angelis/Divaldo Franco

For more information: Phone: 443-827-1730 e-mail: ssb@ssbaltimore.org Website: www.ssbaltimore.org

* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226

Spiritist Activities

Calendar – March 2017

- All Services are free of Charge -

The Father's House
is the UNIVERSE!



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Mar 04 – Spiritual Influences

Daniel Santos

"Spirits influence [in our lives] is greater than we suppose, for very frequently it is they who guide us." How do we prevent the bad influences and maximize the good ones? Come and Learn more!

Mar 11 – Lecture Screening: All You Need is Love with Marcelo Netto

Once a month, the SSB screens lectures recorded from Spiritist Speakers from other States. These lectures have been recorded on special events or in the Spiritist centers across the USA.

Mar 18 – Life Through the Lenses of Astronomy *Julio Carvalho (Guest Speaker)*



"...There are many dwellings in my Father's house...(Jn. 14:1-3). The Father's house is the Universe; the different dwellings are the worlds that revolve in infinite space, offering to incarnate spirits stations appropriate to their advancement."

In this special talk, Mr. Carvalho will address some scientific finds that will help us to evaluate the true purpose of our lives on Earth.

Mar 19 – SSB Fundraising: Movie (TBD) and Light light at SSB Headquarter - 12pm - 3pm

Mar 25 – A Spiritual View of Our Actions *Kirsten DeMelo*

How our actions can impact our future? Is it possible that our life is a consequence of our past life? How about our free will? Can we change our current life status? But how? Kirsten will discuss all these, based on the Book Action and Reaction by Andre Luiz/Chico Xavier.

Systematic Study of THE SPIRITS' BOOK



Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission

SSB Fundraising Event

Movie (TBD)
with light Lunch

Sunday, Mar 19, 2017
12pm – 3pm

Location: SSB

22 W Padonia Rd, Suite B-321, Padonia
Plaza, Lutherville-Timonium

Lunch price:

\$20 adult

\$10 child

Once a month, the SSB promotes its fundraising event in a joyful and friendly environment. Please join us and support this cause.

This event is a part of the fundraising program of the Spiritist Society of Baltimore
www.ssbaltimore.org

MONDAYS

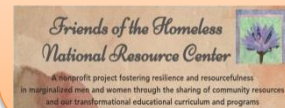
6:15 – 8:00 PM*

Fraternal Assistance
*(6:15pm-7:55pm)

Spiritual Treatment
*(7:00pm – 7:45pm)

Outreach Program

We are receiving items that will be donated to the Friends of the Homeless National Resource Center (in Baltimore)



"When you fall down, pick yourself up and start over again. You are an ever-unfolding soul temporarily enrolled in the school of life."

- Joanna de Angelis/Divaldo Franco

For more information: Phone: 443-827-1730 e-mail: ssb@ssbaltimore.org Website: www.ssbaltimore.org

* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226



Spiritist Activities

Calendar – April 2017

- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Apr 01 – Sexual Forces of the Soul

Adriano Barbo (*Guest Speaker*)



Sexual energy is inherited to life itself and its fundamental to build the family institution. The misuse of this energy will impact the destiny of the immortal spirit. In this talk, under the light of Spiritism, Mr. Barbo will discuss how one can use this energy to boot life in all its aspect.

Apr 08 – SSB ANNUAL GENERAL ASSEMBLE

SSB reserves this yearly meeting to give an account of all donations received from the previous year as well as its activities and financial status.

Apr 15 – How do I see Jesus today?

The guide and model offered by God to humankind
Yasco Aracava

After 1800 years of misuse and exploitation of His name and image, Spiritism was granted to us to redeem the real figure and mission of Jesus while incarnated among humans, i.e., to guide us towards God through his teachings, examples, and infinite love.

Apr 22 – Discover the Contributing Factors Influencing Homelessness and Ways You Can Help

Dianne Fanti (*Guest Speaker*)



Dianne will present the new illuminating video series by Friends of the Homeless and we'll have a discussion and Q&A about the 4 videos in this series: Cultural Factors Influencing Homelessness, Personal Factors Influencing Homelessness, Ways We All Can Help, and Sharing Street Cards. Bring your thoughts and questions, and some toiletries or snacks to share with the homeless and receive some more street cards (resource cards) you can share!

Apr 29 – FREE WILL according to Spiritism

Daniel Santos and Kirsten DeMelo

"Since [we] have freedom of thought, we have freedom of action. Without free will, human beings would be machines."

Systematic Study of THE SPIRITS' BOOK



Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission

SSB Fundraising Event

BAKE SALE

April 15, 2017

List of items will be posted at SSB headquarter. Please place your request by **April 10**. Items will be available on April 15 after the SSB activities.

Once a month, the SSB promotes its fundraising event in a joyful and friendly environment. Please join us and support this cause.

This event is a part of the fundraising program of the Spiritist Society of Baltimore
www.ssbaltimore.org

MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

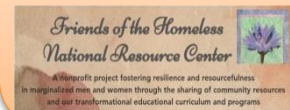
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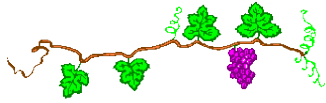
* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226



Spiritist Activities

Calendar – May 2017

- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

May 06 - SSB Spring Book Sale - Event

In Lieu of a Spiritist talk, SSB will have a Book sale event, where our practitioners will be available to talk one on one about several book titles. Don't miss this wonderful opportunity to get "food for the soul" at unbelievable prices!!



May 13 - On Life and Death

Cinthia Fabretti (*Guest Speaker*)

"When does Life begin? – Is there such a thing as a physical body template? – What is the silver chord? – What about organ donation? – Is Death a natural part of the cycle of life? – Amendments to God's Laws? -How about the care of humans remains?" This and more, in a compassionate and open talk about different Life and Death topics examined through the Spiritist point of view.

May 18 (Thurs) - Bridging Spirituality and Medicine

Sergio Thiesen, MD (*Guest Speaker*)

A topic that new age thinkers and sages from centuries ago have attempted to bridge. Medicine and Spirituality are two topics that do go hand in hand. Come and learn with Dr. Thiesen, you won't regret it!

May 20 - Mental Habits, Energies of Life

Kirsten DeMelo

"Mental life begins with glimpses and perceptions as the spirit masters the brain's mechanisms, which decode the spirit's thought waves." Come learn with Joanna de Angelis on this powerful message and topic!

May 27 – SSB Headquarter Closed (Fundraising Art Event)

Abigail Francisco School of Classical Ballet presents

Wild about AMERICA - Spring Production

Saturday, May 27, 7pm – 9pm

at Mary D Harrison Cultural Arts Center

2950 Chaneyville Rd, Owings, MD 20736

(Get your ticket at SSB - \$20)

Systematic Study of THE SPIRITS' BOOK



Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission



Cinthia Fabretti has been studying Spiritism since childhood and participated in different capacities in various Spiritist Centers in Brazil. She is currently an active member of the Germantown Spiritist Society, MD. Mrs. Fabretti holds a degree of Doctor of Veterinary Medicine from the Federal University of Rio Grande do Sul, College of Veterinary Medicine in Southern Brazil.



Dr. Sergio Thiesen is a Cardiologist, Physicist, and a Professor at the Brazilian National Institute of Cardiology in Rio de Janeiro, Brazil. Founder and President of the "Sociedade Espirita Reencontro" and "Grupo Espirita Francisco de Assis". Dr. Thiesen has traveled more than 25 countries giving Spiritist talks.

MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

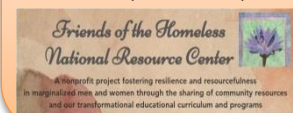
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- Joanna de Angelis/Divaldo Franco

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Spiritist Activities

Calendar – June 2017

- All Services are free of Charge -



Welcome
Summer !!!



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*

Join us!

SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Jun 03 - Deep Listening to Others and to God

Paula Schmidt

Practicing active listening techniques fosters conscious and heartfelt communication with other people. Cultivating inner stillness through meditation enables the restless mind to settle and to listen to God. The spirit Joanna de Angelis recommends meditation "in order to live well and evolve properly"

Jun 04 – Trip to the Egloffs' Farm in Gettysburg-PA (SSB Fundraising Event)

You are invited to spend a day in Gettysburg, PA (11 - 4pm). Besides enjoying the farmland and having lunch together, we will be going to the Gettysburg Museum and Visitor Center... JOIN US! (Price: \$20 adult \$10 child). Address 121 Sibert Rd. Gettysburg, PA 17325

Jun 10 - A Highlight on the Divine Justice – 11th U.S. Spiritist Symposium.

Yasco, Daniel, Kirsten and Sarah will briefly discuss some of what they learned from the presentations at the 11th U.S. Spiritist Symposium, Orlando, FL.

Jun 17 - Understanding Cultural Diversity

Kirsten DeMelo

Join us as Kirsten will discuss how to understand people's cultures, promote engagement with others, and build strong, diverse communities, under the light of the Spiritist teaching.

Jun 24 – Cases from the Spiritual World

Daniel Santos

Daniel Santos will share some cases from the Spiritist literature to help us in the understand life's struggles.

Jun 25 – The 2nd Maryland Spiritist SUMMER CAMP

"A Parallel Between the Physical and the Spirit Worlds"

AKSS-MD and SSB will promote a day with children-youth and their parents at the Black Hill Regional Park - Shelter E (small) at 20930 Lake Ridge Dr. Boyds, MD 20841

Systematic Study of THE SPIRITS' BOOK



Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission

SSB Fundraising Event

Trip to the Egloffs' Farm in Gettysburg-PA

121 Sibert Rd. Gettysburg, PA 17325

Sunday, June 04, 2017 (11am - 4pm)

You are invited to spend a day in Gettysburg. Besides enjoying the farmland and having lunch together, we will be going to the Gettysburg Museum and Visitor Center... JOIN US! (Price: \$20 adult \$10 child).

2nd Maryland Spiritist SUMMER CAMP

"A Parallel Between the Physical and the Spirit Worlds"

Sunday, June 25, 2017 (10am - 3pm)

AKSS-MD and SSB will promote a day with children-youth and their parents at the **Black Hill Regional Park - Shelter E** (small) at 20930 Lake Ridge Dr. Boyds, MD 20841

MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

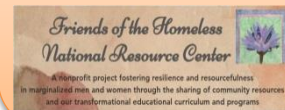
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Spiritual Treatment

*(7:00pm – 7:45pm)

Outreach Program

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- Joanna de Angelis/Divaldo Franco

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SSB Fundraising Event

Trip to the Egloffs' Farm in Gettysburg-PA

121 Sibert Rd. Gettysburg, PA 17325



Sunday, June 04, 2017 (11am - 4pm)



You are invited to spend a day in Gettysburg. Besides enjoying the farmland and having lunch together, we will be going to the Gettysburg Museum and Visitor Center... JOIN US! (*Price: \$20 adult \$10 child*).

The Egloff Family will provide the meal - **COUNTRY BRUNCH**

MENU: Sausage Breakfast casserole ; Veggie breakfast casserole; Quiche; Bacon; Scramble eggs; Fried white cheese (Queijo de coalho); Pancakes; Corn cake; Yuca cake; Corn on the cob; Rita's Bread ~ Fresh butter; Blue berry muffins; Apple crisp; Fruit salad; Coconut gelato (*Dimdim de côco*) + Lemonade; Non-Alcoholic Mimosas; Coffee; Icy tea.

On the menu items for vegetarians (but not vegans)

Fresh Eggs will be available for sale On behalf of SSB.

After Lunch we will go to the Museum and Visitor Center in Gettysburg

Additional OPTIONAL EVENT & Costs

TICKETS: (**museum only**):

Adult (ages 13+) = \$9.00

Youth (ages 6-12) = \$7.00

There is a fee for the film "A New Birth of Freedom" narrated by Morgan Freeman, Cyclorama painting program, and museum exhibits. New prices in effect as of January 1, 2017.

TICKETS: (includes film, cyclorama, and museum exhibits):

Adult (ages 13+) = \$15.00

Seniors (65+) and Military Veterans = \$14.00

Active Duty U.S. Military Personnel = FREE

AAA Discount = \$14.00

Youth (ages 6-12) = \$10.00

Children (5 and under) = FREE

SSB Sign up list:

- Water _____
- Oranges _____
- Lemons _____
- Honey _____
- Note cards 🎵 Musical instruments if you play any

Disclaimer: Our activity will take place in a rural area. Please be aware of : **BUGS - TICKS - POISON IVY**

Aug 05 – Lecture Screening:

Healing with the Gospel in Today's World by *Divaldo Franco*

Aug 12 – Mini-Seminar with Fred Gouveia (5pm to 7:30pm)

Reflections on the Sermon of the Mount

The Sermon of the Mount is one of the most profound passages of the Gospel. In it, Christ offers a detailed roadmap for the disciple's spiritual purification and inner growth. Spiritist scholar Carlos Torres Pastorino's analysis of the Sermon found in his work "A Sabedoria do Evangelho" ("The Wisdom of the Gospel") will be the highlight of the lecture, as well as music, to connect our feelings with the ones evoked by the Sermon's words.

Aug 19 – Sleep and Dreams

Daniel Santos

What are dreams? What happens with the spirit during the sleep time? Come and learn about the mechanism of the emancipation of the soul.

Aug 20 – (Sun) – SSB Fundraising Event

Summer Bar-B-Q @ 12 – 4pm

Location: 128 Kriders Church Rd, Westminster, MD 21158

Ticket: \$ 20 adult and \$10 children (5-12y)



Aug 26 – Mini-Seminar with Julio Padovan (5pm to 7:30pm)

Understanding Emotional Suffering

Based on chapters 32 through 35 from the book "The Integral Human Being" by Joanna de Ângelis (spirit) and Divaldo Franco and the book "Love, Unassailable Love" by the same authors. The lecture focuses on the origins of our suffering, exactly where it came, what or who engineered it, and what its purpose in our lives is, if any. This topic provides and understanding of the difficulties we normally face in our lives and, consequently, provides consolation in that it helps us to identify the origins of those difficulties as a first step in dealing with them.

Aug 31 – (Thurs.) Spiritual Intervention

Powerful Insights for Breakthrough Living

Come and Joy us for this special talk with our guest speaker Flavio Zanetti. You will learn about the Spiritist approach on Spiritual interventions.

Systematic Study of THE SPIRITS' BOOK

Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission



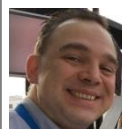
Fred Gouveia is a violinist and conductor. He has worked in translations of Spiritist materials and leads the Caravan of Love in New York, a project that combines music and charitable assistance to elderly patients and war veterans. Fred is one of the directors of the *Inner Enlightenment Spiritist Society* in NY City.

SSB Fundraising Event

price: \$ 20 adult and \$10 children (5-12y)



Julio Padovan has been studying Spiritism since the age of 15 and is currently a member of the Spiritist Group of New York, where he is responsible for the Sunday Study Group. He is also dedicated to translations of spiritist books from Brazilian Portuguese and French into English. Júlio holds Ph.D. degrees in Biophysics and Molecular Biology and has been teaching for over 30 years and he is both a lecturer for Spiritism and the general sciences.



Flavio Zanetti is an active Spiritist from the Allan Kardec Spiritist Society of Massachusetts (AKSS-MA @ Boston), a Senior System Engineer, Sociology, as well as a master in International Management and Business Operations from Harvard University.

You are invited to the SSB

Summer Bar-B-Q

Sunday, Aug 20, 2017
12 pm – 4 pm

Location:

128 Kriders Church Rd
Westminster, MD 21158

(Vieira's House)

Ticket price:

\$ 20 adult \$ 10 Children (5-12y)

This event is a part of the fundraising program of the SSB www.ssbaltimore.org

MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

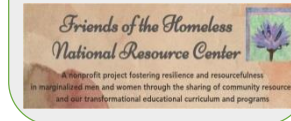
*(6:15pm-7:55pm)

Spiritual Treatment

*(7:00pm – 7:45pm)

Outreach Program

We are receiving items that will be donated to the **Friends of the Homeless National Resource Center** (in Baltimore)



SSB Service Location

22 W Padonia Rd, Ste. B-321,
Lutherville-Timonium, MD
Tel. 443-827-1730
www.ssbaltimore.org



Spiritist Activities

Calendar – September 2017



- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Sep 02 – 04 – SSB Closed

Labor Day Weekend (*Sat. and Monday*)

Sep 07 (Thurs @ 7pm) – The Action of Thought in Health and Sickness

Dr. Andrei Moreira (Guest Speaker)

Thought and Will are the driving forces of our lives. Our health or sickness are intimately tied with the pattern of our thoughts and by knowing its mechanism we will have a healthier life. Come and Learn more with Dr. Moreira.

Sep 09 – Marriage, A Spiritist View

Daniel Santos

In this talk, Daniel will approach the topic by analyzing the ins and out of marriage under the Spiritist view.

Sep 16 – Lecture Screening: Science and the Role of Spirit in Healing by *Dr. Gary Schwartz*

Once a month, the SSB screens lectures recorded from special events across the USA.

******SSB Fundraising: BAKE SALE** (*place your order by Sep 09*)

Sep 23 – Amelia Rodrigues

Alba Morales

Amelia was a notable poetess, player writer and teacher, who lived during the 19-20th century in Brazil. After she disincarnating, Amelia has brought several books through the mediumship of Divaldo Franco.

Sep 30 – The Archetypes of the Spiritist Practitioner

Jussara Korngold (Guest Speaker)

Mrs. Korngold will draw a parallel based on the Last Supper, analyzing the archetypes of the Apostles, with the current Spiritist practitioner. *True Spiritists are recognized by their moral transformation and the efforts they make to overcome their evil inclinations (The GAS).*

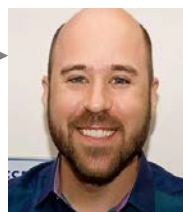
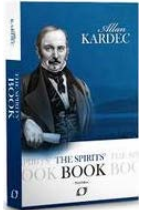


Systematic Study of THE SPIRITS' BOOK

Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission



Dr. Andrei Moreira is a physician and a Professor of Primary Health Care at the Alfenas University, in Belo Horizonte, Brazil. He is also a General Practitioner specialized in Homeopathy and President of the Medical-Spiritist Association of Minas Gerais, Brazil. He is author of the books: 'Healing and Self-healing: A medical spiritist perspective' 'Homosexuality and Transsexualities from the perspective of the immortal spirit'.

2nd Spiritist

Symposium of Maryland

In Defense of LIFE 

Adult & Youth* Programs

FREE Admission

Sunday, October 01, 2017
1:00 pm – 6:00 pm

Bethesda-Chevy Chase Regional
Services Center
4805 Edgemoor Lane
Bethesda, Maryland 20814



Suicide, A Sad Epidemic
Adrian Alvarez, Esq.

Suicide, A Bad Idea
Kirsten DeMelo, R.N.

There is Hope
Lia Gouveia, B.Sc., BA

Tools of Empowerment
Sonia Doi, M.D., Ph.D.

Registration at www.spiritism-md.org

* Ages 12 to 17

Sponsored by the Spiritist Societies of Maryland:



Allan Kardec Spiritist Society of Maryland
Germantown Spiritist Society
Spiritist Society of Baltimore
Spiritist Society of North Beach

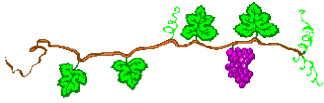
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Spiritist Activities Calendar – November 2017

- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Nov 04 – Faith

Daniel Santos

Faith is the mother of all virtues and the innate sentiment in human beings of their future destiny. In this talk, you will learn how to strengthen this great virtue for a better life.

Nov 09 (Thurs @ 7pm) – How Can We Help in the Work of Christ?



André Luis Chiarini Villar (Guest Speaker)

In this lecture, Mr. Villar will bring many ways we can help in the building of a “new you” and consequently a better society according to Jesus proposals.

Nov 11 – What do You Treasure?

Leonardo Vieira

As part of the series of talks based on the Eternal teachings by Jesus, Leo will bring some insights on what we, as society, treasure the most and how this can impact our current and future life.

Nov 18 – Peter and Us

Yasco Aracava

A reflection on the life of Simon Peter will be discussed. Yasco will also bring some highlights of Peter’s great transformation, from being called by Jesus to some key moments of his life as a model for our inner peace.

Nov 19 (Sunday) - SSB Thanksgiving Gathering

(Fundraising Event) from 12-3pm

This moment isn’t only to raise funds, but to commemorate one more year of service, prayer, study, and friendship at the Spiritist Society of Baltimore.

Nov 25 – CLOSED – Thanksgiving Weekend

*In observance of Thanksgiving we will be closed.
Enjoy your time with family and Friends...!*

SSB Thanksgiving Gathering

GRATITUDE LUNCH

Sunday, Nov 19

@ 12pm – 3pm

Location:

916 Bentley Rd.

Freeland MD

(Ms. Paula’s House)

SSB fundraising event

(Price: \$20 adult and \$10 kids)

André Luis Chiarini Villar was born in Campinas, São Paulo, Brazil. Currently, he serves as vice-president of the *Centro Espírita Perdão Amor e Caridade* (Spiritist Center Forgiveness Love and Charity) in city of Itapira, Sao Paulo. Since 2014, Mr. Villar has been giving lectures and seminars in Brazil and abroad, such as in Portugal, England, Belgium and Holland. In 2016, he published his first book “*Momentos de Reflexão, à luz do Espiritismo*”. Professionally, Mr. Villar works in event productions and audiovisual, where he is trained in the area of TV and Radio, as a Producer.

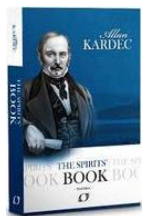
Systematic Study of

THE SPIRITS’ BOOK

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Free Admission



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6:15 – 8:00 PM*

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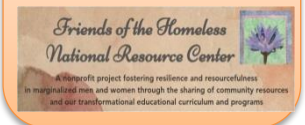
*(6:15pm-7:55pm)

Spiritual Treatment

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Spiritist Activities

Calendar – July 2017

- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Jul 01 – Lecture Screening: Americans and Immortality of the Soul by Jussara Korngold

Talk presented at the 2nd Annual Spiritist Seminar - Suicide Prevention organized by the Long Island Spiritist Doctrine, Long Island, NY on Nov, 22,2014

Jul 08 – The Recipe for Happiness

Leonardo Vieira

In this encounter Leo will talk about some key elements to establish and maintain healthy relationships based on the teaching of doing onto others what you wish to be done onto you. Come and Join us!

Jul 15 – Who is the boss? Roles in the family according with Joanna de Angelis

Alba Morales

"In the view of the scientific and technological advances, alongside the ongoing socio-psychological revolutions, the family of today is seeking parameters of equilibrium to survive the chaotic phenomena of moral nature". In this scenario, roles in the family had been changed affecting the harmony and balance of the "cell of society". How to gain balance again? How to preserve harmony and love in the family? Joanna de Angelis will give us her answers.

*****SSB Fundraising Bake Sale will be provided*****

Jul 22 – Spiritism and Global Challenges

Adrian Alvarez (Guest Speaker)

In response to Q. 704 of The Spirits' Book, the good Spirits tell Kardec that God has given human beings the need to stay alive and the means of doing so. Yet when we open the newspaper, it seems like all we read about is war and destruction, the degradation of the environment, and greater social inequality. Should we be resigned to the world as it is? Or can Spiritism and developing a greater sense of spirituality help us find a solution to the challenges facing our planet?

Jul 23 (Sun) – Picnic in the Park (SSMD)

Jul 29– The Good Samaritan – A Lesson to Be Learned

Daniel Santos

In this talk, Daniel will discuss some important aspects of the Parable of the Good Samaritan told by Jesus. Come and Join us!

Systematic Study of THE SPIRITS' BOOK



Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission

SSB Fundraising Event

BAKE SALE

July 15, 2017

Please place your request by July 10.



Adrian Alvarez is a fourth generation Spiritist, born and raised in El Paso, Texas. He currently serves as the Secretary of the Allan Kardec Spiritist Society of Maryland, and is a public interest attorney with a medical-legal partnership in Washington, D.C.



Picnic in the Park

Organized by the Spiritist Societies of MD

This is a fundraising event to help with the 2nd Spiritist Symposium of Maryland (Oct 1st) and USSF 20th Anniversary Celebration (Nov 25th)

Sunday, Jul 23, 2016

11am – 3pm

price:
\$20 adult
\$10 children (4-12y)

Location: Black Hill Regional Park, Shelter E
20930 Lake Ridge Dr. Boyds, MD 20841

MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

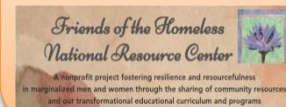
*(6:15pm-7:55pm)

Spiritual Treatment

*(7:00pm – 7:45pm)

Outreach Program

We are receiving items that will be donated to the Friends of the Homeless National Resource Center (in Baltimore)



A grassroots project fostering resilience and resourcefulness in marginalized men, and women through the sharing of community resources and our transformational educational curriculum and programs.

For more information: Phone: 443-827-1730 e-mail: ssb@ssbaltimore.org Website: www.ssbaltimore.org

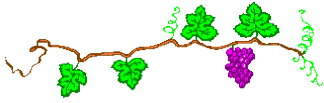
* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226



Spiritist Activities

Calendar – October 2017

- All Services are free of Charge -



SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services*



SATURDAYS 6:00pm – 7:30pm *

All sessions are followed by *Passes services*

Oct 07 – “The Science of Things Spiritual” (*Highlights of the inaugural lecture series at Lily Dale*)
Paula Schmidt and Yasco Aracava

Journey with Yasco Aracava and Paula Schmidt to Lily Dale, a Spiritualist Community in Northwestern New York State. Where professors of psychology, music history, and sociology of religious movements as well as an architect and parapsychological researcher presented their research findings bridging the human and spiritual worlds. Join us!

Oct 14 – Immunity and Spirituality

Monica Malta

Science and Spirituality are two aspects of a single reality. The spiritual, psychic and physical immune system are deeply interrelated. A better understanding can lead to real progress, inner reformation and peace.

Oct 15 (Sunday) - SSB Family Fall Gathering

(Fundraising Event) from 12-4pm

Join us for a Fall themed afternoon with lunch and activities at the Egloffs' Farm in Gettysburg-PA. This is a SSB fundraising event (*Price: \$20 adult \$10 kids*). Egloffs' Farm is in Gettysburg-PA at 121 Sibert Rd. Gettysburg, PA 17325

Oct 21 – Documentary Screening: [Mindfulness Goes Mainstream](#) (2017 PBS).

The Mindfulness movement is sweeping the country due to its improving overall health and well-being... After screening, an activity will be facilitated by Paula Schmidt.

Oct 28 – Why do Good People do Bad Things?

Debora Beldowicz (Guest Speaker)

Why do Good People do Bad Things? The lecture will shed light as to a few of the psychological and spiritual components that brings us to commit immoral, unethical, or illogical harmful acts. The concept of good and evil will be discussed in its essence as taught by the Spiritist Philosophy.

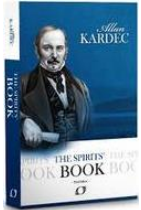
Systematic Study of

THE SPIRITS' BOOK

Thursdays at 7:30pm – 9pm

Come and study with us!

Free Admission



MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

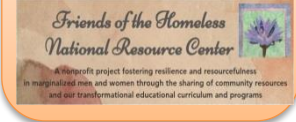
**(6:15pm-7:55pm)*

Spiritual Treatment

**(7:00pm – 7:45pm)*

Outreach Program

We are receiving items that will be donated to the Friends of the Homeless National Resource Center (in Baltimore)



SSB Fundraising Event

In the Egloffs' Farm in Gettysburg-PA

121 Sibert Rd. Gettysburg, PA 17325

Sunday, Oct 15, 2017 (12pm - 4pm)

Join us in a Fall theme afternoon with lunch and activities at the Egloffs' Farm in Gettysburg-PA. This is SSB fundraising event (*Price: \$20 adult and \$10 kids*).



"Together, we will be a unity. Separated from one another, we will be points of view. Together, we will achieve our purposes."

- Bezerra de Menezes



Debora Beldowicz; Graduated in psychology/criminal justice in 1998 from Montclair State University NJ, currently finalizing her second Master's Degree. Works as a life coach at private office, coordinates LAPS (Latin American Psychological Support Center) in NJ. President of Good Harvest Fraternal Group, a non-profit 501(c) (3) charitable organization comprising a Spiritist Center and a Community Sector, located in Newark NJ.

For more information: Phone: 443-827-1730 e-mail: ssb@ssbaltimore.org Website: www.ssbaltimore.org

* SSB Headquarter: 22 W Padonia Rd, Suite B-321, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226



- SPYC
- Registration
- Program

"In order that man shall be happy upon the Earth, it is necessary that it be peopled with good spirits, incarnate or discarnate, who desire only good. This time has arrived."

- Allan Kardec,
In Genesis, Chapter 18, item 27

"A spirit is more impressionable during childhood, when the impressions it receives more easily mold its personality and therefore its progress."

The Spirits' Book
by Allan Kardec, q. 383

"Do as the good gardener does: Cut off all the defective shoots as soon as they appear on the tree. If you allow selfishness and pride to develop, you shouldn't be surprised, later on, when you are rewarded by ungratefulness."

The Gospel Explained by Spiritism,
chapter XIV, item 9

Season:

Spring Summer Fall Winter

4-7 years: "God's world and me" (Learning the power of prayer, my immortality and practical tools)

8- 11 years: "I protect and get protected" (Learning about God's universe and guardian angels)

12- 15 years: "Working my spirituality" (Learning about spiritual interaction)

Child's Name:

DOB: Age: Grade: Gender:

Parent/Guardian information:

Name:

Address:

Phone:

e-mail:

Comments:

[Back](#)

SPYC

Spiritist Program for Youth and Children

[SPYC](#)
[Registration](#)
[Program](#)

2017 SPYC Program

SPYC Fall 2017

"In order that man shall be happy upon the Earth, it is necessary that it be peopled with good spirits, incarnate or discarnate, who desire only good. This time has arrived."

- Allan Kardec,
In Genesis, Chapter 18, item 27

"A spirit is more impressionable during childhood, when the impressions it receives more easily mold its personality and therefore its progress."

The Spirits' Book
by Allan Kardec, q. 383

"Do as the good gardener does: Cut off all the defective shoots as soon as they appear on the tree. If you allow selfishness and pride to develop, you shouldn't be surprised, later on, when you are rewarded by ungratefulness."

The Gospel Explained by Spiritism,
chapter XIV, item 9

Topics for Children

- God and home & Prayer
- Cooperation
- Lessons about God's love

Topics for Youth

- Technology and Spirituality
- Why do we go to the Spirit Center?
- How non-religious and/or non-spiritual people can be good individuals and practice charity?

Dates

Oct 7 Youth kick start by visiting the Ronald McDonald Foundation (6:30-8:30PM)

Oct 14 Youth

Oct 21 Children

Oct 28 Youth

Nov 4 Children

Nov 11 Youth. Collecting shoe boxes for Operation Christmas Child.

Nov 18 Children

Dec 2 Youth

Dec 9 Children

Dec 16 Children and Youth together. Special Christmas lesson.

Dec 23 Youth visit to Ronald McDonalds Foundation

Past Program

SPYC TEENS (12-15y): 3rd and 4th Saturday of the month

Teens will discuss some important topics and learn how to deal with them by taking the Spiritist teaching approaches.

- February 21: **Family Ties**
 February 28: **Formation of a Family: Spiritual and Material Plane**
 March 21: **Beginning of a New Life**
 March 28: **Adolescence, an exciting time in Life**
 April 25: **Relationships: Friendship and Dating**
 May 16: **Sexual Energy and Evolution**
 May 23: **Parents and Children: an eternal bond of love**
 May 30: **Outreach Program: Ronald McDonald House**
 June 20: **Vices and Problems in the Family**
 June 27: **Practicing Virtues at Home**
 July 19: **Summer Camp. Topic TBD**



Where: SSB Headquarter
 22 W Padonia Road
 Bdg B, Suites 321
 Timonium, MD 21093
[Driving Directions](#) - [Map](#)

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SPYC YOUTH PROGRAM DESCRIPTION

Family Ties

The students will understand that the family is a group of spirits that are together by their affinity and tendencies and are connected by previous existences. The teenagers also will understand that it is in the home in which we start our path towards evolution and they will recognize their dynamic role in their very own family.

Formation of a Family: Spiritual and Material Plane

The adolescents will learn that the family originates from the spiritual plane and all its members reincarnate to develop a constructive task on Earth, including the mission of parenthood. Also, the goal of this session is to awake in the youth the understanding that it is the family group in which we can get the necessary help for our spiritual grow.

Beginning of a New Life

The teenagers will have the opportunity to learn how a new life comes into the family with the help and support of spiritual mentors (reincarnatory plan). They will also see what the importance of childhood is in their own lives and how they can have a loving relationship with younger siblings.

Adolescence, an exciting time in Life

In this session, the students will comprehend that adolescence is part of the physical and psychological development of the human being and, that home is the best and most efficient school to educate the soul. We will also highlight the importance of the pineal gland during the adolescence period and how the decisions that we take in this period of our life will affect our future existence.

Relationships: Friendship and Dating

Teenagers will have the chance to see how having friends and dating is necessary for the emotional development of the individual. They will understand that we need to educate our emotions in order to have healthy relationships and that when we established relationships we are submitted to the law of action and reaction as well to spiritual influence.

Sexual Energy and Evolution

The goal of this session is to discuss with the teenagers how sexual energy is a resource from to the law of attraction in order to perpetuate the Universe. Sexual energy is inherited to life itself and its fundamental to build the family institution. The students will be aware that vigilance and responsibility are two main components to channel sexual energy in a constructive way.

Parents and Children: an eternal bound of love

In this class, the youth will value parenthood as a sublime mission for the incarnate spirits. They will also meditate about the Christian behavior at home, especially during challenging times for parents and children. The students will see that it is through the exercise of patience, resignation and fraternal dialogue that true bonds of love are build.

Vices and Problems in the Family

Family is a school of life and its members need to learn how to navigate good and challenging times. In this session the teenagers will discuss about difficulties in the family, including vices and how they represent opportunities for evolution. It is through the common effort of true love that the family overcomes obstacles and its members conquer their own limitations.

Practicing Virtues at Home

What is the antidote for our lower tendencies? Practicing virtues! The students will discuss about how passions, when they are under control are "like useful horses" – according to Allan Kardec- "but dangerous when it obtains the mastery." The teenagers will review some virtues and how they can practice them at home.



**First Maryland Spiritist
Summer Camp!**
Sunday , July 12, 2009
from 10 AM to 4 PM

"Reincarnation for Spiritual Freedom"

Slideshow

[Registration](#)

Album



Video clips

Child of God and **Let's Go** are mediumistic songs received by Alba Morales at the [Spiritist Society of Baltimore](#), especially for the 1st Maryland Spiritist Summer Camp. Melody and Singing by the Shepard Family. *Get mp3/video file below!*

Download Video:

Download Audio:

Child of God - wmv flv
Let's Go - wmv flv

Child of God - mp3
Let's Go - mp3

Promoted by:
[Allan Kardec Spiritist Society of Maryland](#) and the [Spiritist Society of Baltimore](#)

[Back](#)



Month of Inspiration

JULY 2011

SATURDAYS 6:00pm – 7:30pm

All sessions are followed by *Passes services* and are **Free of Charge**

July 02 – **Inspiration as Divine Light**

by Vanessa Anseloni

July 09 – **Art: Means of Elevation and Renovation**

by Leonardo Vieira

July 16 – **Touching Your Perispirit with Art**

by Daniel Santos

July 23 – *To Be Announced*

July 30 – **Bringing Harmony to Your Life**

by Alba Morales

S P Y C Summer Camp Art & Spirituality



When: July 24th, 2011

Time : 10am - 3pm

Where: 916 Bentley Rd.

Freeland MD, 21053

Who: Children and Youth

from 4 to 16 years old.

(Activities for Parents will be provided)

Fundraising LUNCH

\$15 per Adult
\$10 per Child
(20% discount
for families of more
than 3 members)



THURSDAYS 7:00 – 8:40 PM

**Evolution in Two Worlds
(COURSE)**

MONDAYS 6:00 – 8:00 PM

**Fraternal Counseling
Spiritual Treatment**

For more information : Phone: 410-382-5328 e-mail: ssb@ssbaltimore.org site: www.ssbaltimore.org

Location: 22 W Padonia Rd, Suite B-317, Padonia Plaza, - Lutherville-Timonium, MD 21093-2226



SSB Outreach Program

Items will be donated to a charitable institution*

Ongoing Donation List

<p>✓ Non-perishable food items:</p> <ul style="list-style-type: none"> • Bottled water • Energy bars • Hot cereals • Whole grain crackers • Whole wheat pasta • Low sugar/high fiber cereal • Whole grain rice 	<p>✓ Hygiene products:</p> <ul style="list-style-type: none"> • Razors • Shaving cream • Wet wipes • Soap • Shampoo/Conditioner • Lotion • Balmex rash cream • Tampons • Adult diapers
<p>✓ Canned food items:</p> <ul style="list-style-type: none"> • Canned vegetables • Vegetable juice • Tomato sauce • Spaghetti Sauce • Canned fruit • Shelf-stable fruit cups • Canned Tuna • Canned Salmon • Canned Chicken • Canned Beans • Canned Chili • Canned Soups/Stews • Peanut butter • Nuts (unsalted) 	<p>✓ General items</p> <ul style="list-style-type: none"> • Backpacks and tote bags (water-resistant) • Humidifiers • Air mattresses • Plastic storage bins • Blankets
	<p>✓ Clothes: must be NEW</p> <ul style="list-style-type: none"> • Socks (Adult sizes/Crew) • Undergarments (all sizes): <ul style="list-style-type: none"> ○ Boxers ○ Briefs ○ Sports Bras ○ Women's Undergarments
<p>✓ Baby products</p> <ul style="list-style-type: none"> • Diapers (all sizes) • Plastic baby bathtubs • Baby formula (powder) • Baby bottles & Pacifiers • Hospital-grade personal breast-pumps • Infant Tylenol and children's Motrin • Infant bags or diaper bags • Baby bouncers, walkers, and play mats 	<p>✓ Clothes/shoes: gently used/new</p> <ul style="list-style-type: none"> • T-shirts (Size: Medium and above) • Sturdy shoes (Adult sizes) <p><i>Winter only (accepted September – January)</i></p> <ul style="list-style-type: none"> • Sweatpants • Sweatshirts • Thermal underwear tops and bottoms • Gloves and hats



* Health Care for the Homeless (HCH) serves people who lack stable housing. This includes people living in shelters, transitional housing, on the streets, or "doubled up" with friends, neighbors, or relatives.

If you have any question, please contact us at:

ssb@ssbaltimore.org

ROADMAP

FOR THE SPIRITIST STUDY AND PRACTICE



PHASE I

PHASE II

PHASE III

Roadmap

REGISTRATION

[Rules and regulations for Coordinators and Monitors](#)

You can do this course online at



PHASE I

Spiritism 101- Program ([PDF version](#) - 714KB)

Class #	Date	Topic	Coordinator/Monitor
Lesson 1	Weekly	History of Spiritism - video	TBA
Lesson 2		Existence of God - video	
Lesson 3		Immortality of the Soul - video	
Lesson 4		Reincarnation - video	
Lesson 5		Study of the Book <i>NOSSO LAR</i>	
Lesson 6		Multitude of the Inhabited Planets - video	
Lesson 7		Communication with Spirits - video	
Lesson 8		Obsession - video	
Lesson 9		Study of the Book: <i>Message from a Teen in Spirit World</i>	
Lesson 10		Conclusion - Seminars to be presented by participants (15 min each)	

The Spiritist Science- Program ([PDF version](#) - 615KB)

Class #	Date	Topic	Coordinator/Monitor
Lesson 1	Weekly	God: The Divine Foundation of our Lives	TBA
Lesson 2		Human Soul, Good, and Evil	
Lesson 3		Incarnation: Union of soul and body	
Lesson 4		Reincarnation: goals and mechanisms	
Lesson 5		Spirit influence in our thoughts and actions	
Lesson 6		Spirit Communication	
Lesson 7		A Close Study on <i>The Dynamics of Our Sixth Sense</i> (book)	
Lesson 8		Fluids and Perispirit	
Lesson 9		Earth and the Universe	
Lesson 10		Divine Laws	
Lesson 11		Christ Consciousness	
Lesson 12		A Close Study on <i>Obsession</i> (book)	

Advancements in the Spiritist Science - Program ([PDF version](#) - 711KB)

Class #	Date	Topic	Coordinator/Monitor
Lesson 1	Weekly	Progress and Hierarchy of Spirits	TBA
Lesson 2		Occupation and Mission of Spirits	
Lesson 3		Choice of Earthly Trials	
Lesson 4		Emancipation of the Soul	
Lesson 5		A Close Study on <i>Workers of the Life Eternal</i>	
Lesson 6		Nature and Sensations of Spirits	
Lesson 7		The Kingdoms of Nature and Vital Fluid	
Lesson 8		Obsession: Definition, Causes, Levels, Process	
Lesson 9		Effects of Obsession on the Perispirit and Treatment	
Lesson 10		Mediumistic Education	
Lesson 11		The Power of Faith and Prayer	
Lesson 12		A Close Study on <i>Paul and Stephen</i>	

Coordinators (in Baltimore): Vanessa Anseloni, Celia Batista, Daniel Santos and Leonardo Vieira.

Coordinators (in Virginia): Vanessa Anseloni, Carol Strosnider and Daniel Santos

Main References:

1. The Spirits' Book by Allan Kardec
2. The Mediums' Book by Allan Kardec
3. The Gospel According to Spiritism by Allan Kardec
4. Heaven and Hell by Allan Kardec
5. Genesis by Allan Kardec

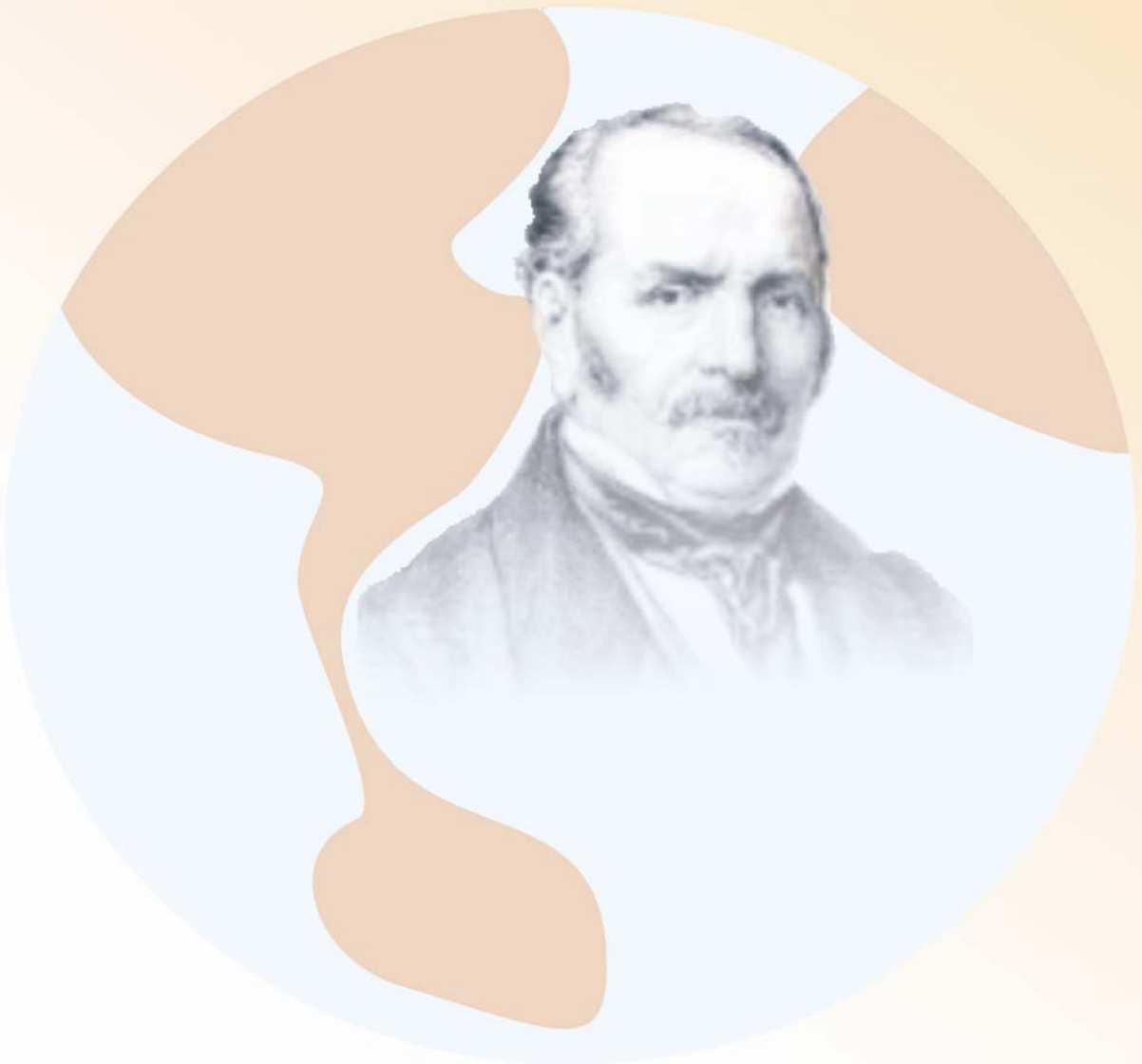
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Roadmap Program

for the Spiritist Study and Practice

Phase I: **The Spiritist Science**



Schedule for Phase I - Course 2: The Spiritist Science

PROGRAM

Lesson 1 – God: The Divine Foundation of our Lives

Lesson 2 – Human Soul, Good, and Evil

Lesson 3 - Incarnation: Union of soul and body

Lesson 4 – Reincarnation: goals and mechanisms

Lesson 5 – Spirit influence in our thoughts and actions

Lesson 6 – Spirit Communication

Lesson 7 –A Close Study on *The Dynamics of Our Sixth Sense(book)*

Lesson 8 - Fluids and Perispirit

Lesson 9 – Earth and the Universe

Lesson 10 – Divine Laws

Lesson 11 - Christ Consciousness

Lesson 12 - A Close Study on *Obsession (book)*

LESSON 1 – GOD: THE FOUNDATION OF OUR LIVES

OBJECTIVES:

- To discuss the evolution of humankind's idea about God throughout history.
- To identify God as Loving Parent and Creator while citing the proofs of God's existence.
- To cite some of God's attributes.
- To understand the meaning of God's attributes.

PLAN:

1. Facilitator asks a volunteer for the inspirational reading.
2. Facilitator leads the initial prayer.
3. Facilitator starts the study session by using the brainstorm technique on the following question:



- What is God?

2. After brainstorming with class participants, ask the group to close their eyes and think about God. Ask them to pay attention to what comes to their minds. Let the group write down their experience and talk about it. Listen to the group's opinion and make some comments about them.

3. Make an introduction about the humanity's idea of God through history.

Different Gods in Greek/Roman Paganism (Zeus - Zeus, the youngest son of Cronus and Rhea, he was the supreme ruler of Mount Olympus and of the Pantheon of gods who resided there).



Elim for Egyptians.
Tien for Chinese.
Brahma or Buddha for Indians.
Jehovah for Hebrews.
Many had an anthropomorphic view of God.



4. Present the Spiritist definition of God by talking about questions and answers 1 – 9 of The Spirits' Book by Allan Kardec.

5. Divide the class into 4 groups and ask them to follow each group's instructions as written below:

GROUP 1

Read "The Genesis", Chapter II, items 8 – 10, study and address the following questions:

Why do Human Beings not know the nature of God?
Why is it said that God is eternal?

GROUP 2

Read "The Genesis", Chapter II, items 11 – 13, study and address the following questions:

How can one explain Gods' immutability, immateriality and its all-powerful nature?

GROUP 3

Read "The Genesis", Chapter II, items 14-15, study and explain why:

God is sovereignly just and good
God is infinitely perfect
God is unique

GROUP 4

Read "The Genesis", Chapter II, items 24-27, study and address the following question:

How does the Divine Providence works?

6. After each group has exposed their question and answer to the whole class, then wrap up this lesson by asking each participant to write down three blessings of God in their lives.

7. Final prayer

LESSON 2 – HUMAN SOUL, GOOD AND EVIL



OBJECTIVES:

- To understand the human soul according to the Spiritist view.
- To elaborate the concept of what is morality.
- To establish the concept of Good and Evil.
- To correlate the practice of good to the level of humanity's responsibility.

PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator asks participants to bring definitions of the soul from other religions or philosophies (Hinduism, Islamism, Judaism, Catholicism, etc). It is a comparative study. Then, ask them to outline the correspondent concepts of morality in each system, if possible. What is good? What is evil? Do they exist? Where? How? (10 minutes)
4. Then, facilitator subdivides class in four groups. (20 minutes)

Group 1 - The Definition of Spirit.

Read questions 23-27 of The Spirits' Book and discuss the definition of spirit according to Spiritism. Elaborate an outline on the Spiritist view of Spirit.

Group 2 - The Definition of Soul.

Read questions and answers 134-136 of The Spirits' Book and discuss on the definition of soul according to Spiritism. Elaborate an outline on the Spiritist view of soul.

Group 3- Good and Evil

Read questions and answers 629-633 of The Spirits' Book by Allan Kardec. Define good and evil in the light of Spiritism. Elaborate guidelines for a virtuous attitude.

Group 4 – Practice of Goodness

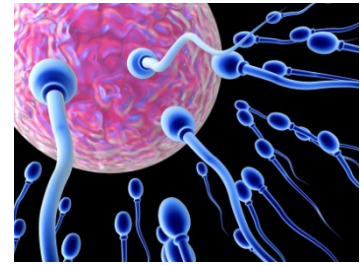
Read questions and answers 639-643 of The Spirits' Book by Allan Kardec. Explain why the practice of goodness is related to the degree of the human being's responsibility. Is it sufficient not to do any evil in order to be good?

5. Each group shall thoroughly present their conclusions to the whole class. (20 minutes)
6. Facilitator exposes the main conclusions and recaps the objectives of this lesson. (5 minutes)
7. Each participant is asked to close their eyes and visualize a garden, the garden of your virtues. How is it? Are the flowers of virtues blossoming? Are the trees of virtues bearing fruits? Check if they need new soil, or more water, maybe more light.
8. Visualize you and your mentor taking care of the garden of your virtues. (5 minutes)
9. After the visualization, the facilitator asks a volunteer to say the final prayer.

LESSON 3 – INCARNATION: UNION OF SOUL AND BODY

OBJECTIVES:

- To define the moment of union between soul and body.
- To identify the Spirit's condition between the moment of conception and birth.
- To correlate Divine Justice in the forgetfulness of the past.



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator asks participants to work in pairs on reading and discussing question and answer 344 of The Spirits' Book by Allan Kardec. (5 minutes)
4. Ask pairs to share their conclusions on the moment of union of body and soul.
5. Divide class in 3 groups:

Group 1 – Study questions and answers 345-347 of The Spirits' Book by Allan Kardec and address the following questions:

- **Is it possible to cut the link between soul and body?**
- **What are the main causes of premature deaths?**

Group 2 – Study question and answer 350 and 353, 355 of The Spirits' Book and address the following questions:

- **Can the spirit who is connected to a new body regret the new incarnation while being a fetus? Explain.**
- **What is the lesson behind the death of a baby?**

Group 3 – Study question and answer 351 of The Spirits' Book and address the following topic:

- **Describe the perceptions of a spirit during gestation.**

6. Facilitator asks each group to share their conclusions.
7. In pairs, participants will work s list of blessings that incarnation represents. (5 minutes)
8. Facilitator may ask them to share some of the insights of the last activity in pairs.
9. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

LESSON 4 – REINCARNATION: GOALS AND MECHANISMS

OBJECTIVES:

- To identify reincarnation as a form of God’s Justice and Mercy.
- To understand the objectives of reincarnation and how reincarnation can explain the diversity of moral and intellectual levels in the world.
- To comprehend the natural concept regarding reincarnations in other worlds.



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Open the study session with the warm up activity described below:

WARM UP: Each participant is asked to spend 5 minutes writing a list of 3-5 qualities in them that they think they may have learned in a previous life.

4. Participants may share their insights with class. (5 minutes)
5. Facilitator, then, divides class in pairs. Each pair shall study one of the 3 subtopics below and prepare a presentation for the rest of the class. (25 minutes)

SUBTOPIC 1 – Objective of Reincarnation (Read Q/A 166-167 of The Spirits’ Book)

SUBTOPIC 2 - Justice of Reincarnation (Read Q/A 171-172 of The Spirits’ Book)

SUBTOPIC 3 – Reincarnation in Different Worlds (Read Q/A 172-173 of The Spirits’ Book)

6. Facilitator allows each pair to present their subtopic. (10 minutes)
7. After the book discussion, facilitator asks participants (in pairs) to either write a poem or compose the lyrics of a song regarding reincarnation and you. (30 minutes)
8. Facilitator may ask participants to share some of the art work. (5 minutes)
9. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

HOMework

FACILITATOR SHALL DISTRIBUTE ASSIGNMENTS FOR LESSON 5.

LESSON 5 - SPIRIT INFLUENCE IN OUR THOUGHTS AND ACTIONS



OBJECTIVES:

- To understand the interplay between the spiritual and corporeal world.
- To recognize cases of spiritual intervention in our lives.

PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Open this study session by brainstorming on the following question (5 minutes):
“Have you ever had an experience in which you have done something but did not understand where it came from?”
4. After participants have shared their experiences, facilitator reminds the group the concept that human beings are composed of Spirit, Physical Body and Spiritual Body (perispirit).
5. Forming two groups, facilitator assigns one of the two main subtopics regarding spirit intervention: (1) Probing Human Thoughts and (2) Influencing Thoughts and Actions. (40 minutes)

GROUP 1 – Read and study questions and answers 456-458 of *The Spirits’ Book* by Allan Kardec. Together, create a short play demonstrating the teachings that you have studied regarding Probing Human Thoughts.

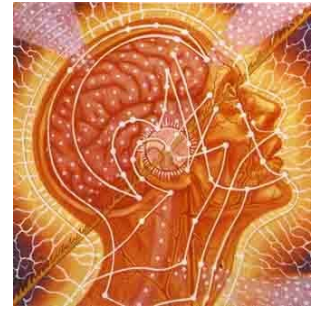
GROUP 2 – Read and study questions and answers 459-465 of *The Spirits’ Book* by Allan Kardec. Together, create a short play demonstrating the teachings that you have studied regarding Influencing Thoughts and Actions.

6. Facilitator recaps this lesson by summarizing the main conclusions regarding Spirit intervention.
7. A volunteer appointed by facilitator conducts the final prayer.
8. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

LESSON 6 - SPIRIT COMMUNICATION

OBJECTIVES:

- To give the Spiritist view on the prohibition of mediumistic communications in the Old Testament.
- To understand why spirit communications can be means of human progress.



PLAN:

1. Watch the following segment of the movie **“The Sixth Sense”** (directed by M. Night Shyamalan, 1999). The segment presented should be the discussion between “Cole Sear” (the young boy interpreted by Haley Joel Osment) and his mother “Lynn Sear” (interpreted by Toni Collette) at the traffic jam when the boy reveals that he has unexpected abilities and he gives to his mother a message from his grandmother. Pay attention to elements related to life after death, communication between the material and spiritual worlds and, mainly, the purpose and usefulness of spirit communications. If you don’t have the DVD, the 5min scene can be watch online at (YouTube): <http://www.youtube.com/watch?v=FLyYHqVTsE>



2. After the movie, discuss the following questions:
 - a) What was the message transmitted by “Cole Sear” to his mother “Lynn Sear”?
 - b) Was the message useful in anyway? Did it help his mother (“Lynn Sear”) overcome a difficult relationship with her mother?
 - c) If God is only love, should we logically assume that He would not permit us (incarnated spirits) to receive assistance from and to assist to those who are disincarnated?
3. Divide the class into 4 groups. Each group should work on one of the following texts, reach a consensus on the best answer to the questions posed and present them to the whole class. (30 minutes)

Group 1 - The prohibition of mediumistic communication.

Read carefully items 3-5 of Heaven and Hell by Allan Kardec (Chapter 11). Feel free to discuss topics addressed by the text with your group advisor. After the discussion, answer the questions as complete as possible.

- Give at least two reasons why Moses prohibited mediumistic communications at his time?
- Why can some segments of Moses’ Law (the civil code) be questioned, while others (the Ten Commandments) cannot?

Group 2 – There are mediums, and mediums...

Read carefully items 196 and 197 of The Mediums' Book. After the discussion, answer the questions:

- a) Describe imperfect mediums.
- b) Describe good mediums.

Group 3 – Types of Spirit Communication

Read carefully the items 134-137 of The Mediums' Book. Discuss and comment on it with your group. After discussion, answer the following questions:

- a) What are the four types of Spirit Communications.
- b) Give examples on each type of them.

Group 4 – Identity of Spirits

Read carefully the item 267, sub-items 1-12 of The Mediums' Book. Discuss and comment on it with your group. After discussion, answer the following questions:

- a) Is it possible to distinguish a good from a bad spirit?
 - b) What are the main qualities of messages from good Spirits?
4. Facilitator asks each group to present the conclusions of their study sessions. (10 min.)
 5. In pairs, make a list of the tools for a sublime use of Mediumship. (5 min.)
 6. Final prayer and spiritually blessed water by 2 volunteers. (5 min.)

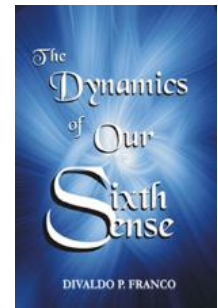
HOMEWORK

FACILITATOR SHALL DISTRIBUTE ASSIGNMENTS FOR LESSON 8.

LESSON 7 - A CLOSE STUDY ON THE BOOK DYNAMICS OF OUR SIXTH SENSE

OBJECTIVES:

- Get to know about the medium Divaldo Franco (his life, his mediumship)
- Understand the dynamics of Mediumship in the light of Spiritism
- Get to know of the types of Mediumship and its purpose



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator shall distribute the following assignment on the previous lesson day.
 - Assignment: Each participant of the class shall pick one or two of the following 17 questions regarding the chapters of the book Dynamics of Our Sixth Sense. Then, on the day of this lesson, participants shall bring their answers and share with the whole class. (60 minutes)

Questions on the book Dynamics of Our Sixth Sense

1. Describe the similarities and differences of Spiritism and Spiritualism. (chapter 1)
 2. Has Mediumship always existed? Describe it. (chapter 2)
 3. What was the special spirit-phenomena that happened in the U.S.A. in the 19 century? (chapter 2)
 4. Describe the birth of Spiritism? (chapter 3)
 5. How does Kardec define Mediumship? (chapter 4)
 6. What is the definition of obsession? (chapter 4)
 7. How was Divaldo Franco helped through passes therapy? (chapter 4)
 8. What is ostensible mediumship? (chapter 4)
 9. Differentiate mediumship of physical effects and Mediumship of intellectual effects. (chapter 4)
 10. Explain the three levels of consciousness in mediumship. (chapter 4)
 11. What is the purpose of Mediumship? (chapter 5)
 12. What are the defenses of the medium? (chapter 5)
 13. What is Joanna de Angelis' recommendation regarding how to be happy? (chap.6)
 14. Give a short description about Chico Xavier's Mediumship. (chapter 7)
 15. How did Kardec define faith? (chapter 7)
 16. What is the difference between Mediumship and paranormality? (chapter 8)
 17. How can Mediumship be a therapeutic tool? (chapter 9)
4. Facilitator asks class to share your thoughts about Dr. Bezerra de Menezes' message through the medium Divaldo Franco at the end of the 4-hour workshop in Lily Dale, NY.
 5. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

LESSON 8 – FLUIDS AND PERISPIRIT

OBJECTIVES:

- To understand fluids and their interaction with ourselves.
- To explain how the formation of the perispirit occurs.
- To study the known properties of the perispirit.
- To tell why the constitution of the perispirit varies.



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator may begin by explaining that the perispirit has been given different names throughout the different cultures existent on Earth (see Here and Hereafter by Leon Denis, chapter 21). (5 minutes)
4. Facilitator will then ask volunteers to address the assignment given in the previous class.

ASSIGNMENT: At the end of lesson 8, participants shall pick and study one of the following three topics to be studied and presented during lesson 8. (20 minutes)

PARTICIPANT 1 (or Group 1) – Formation of the perispirit. (See Q/A 93-95 of The Spirits' Book)

PARTICIPANT 2 (or Group 2) – Properties of the perispirit. (See Genesis, chapter 14)

PARTICIPANT 3 (or Group 3) – Constitution of the perispirit and its direct correlation with the moral ranking of the Spirit. (See Genesis, chapter 14)

5. After the presentations, ask the whole class to read together items 16-21 of chapter 14 of the book Genesis by Allan Kardec.

6. After reading the excerpt, fill in the blankets with **T**, if the affirmation is true or with **F** if the affirmation is false. (15 minutes)

1. In more advanced worlds the perispiritual envelop must be of a nature infinitely denser. ()
2. Some spirits believe they are alive because their perispirits are dense enough to be confused with their carnal body. ()
3. The constitution of the perispirit is equal in every world. ()
4. Superior spirits cannot enter inferior worlds because they have an etherealized perispirit. ()
5. As the spirit becomes more or less purified, its perispirit is formed from the purest or grossest fluids of the world in which it is going to incarnate. ()
6. The perispirit is a product of the cosmic fluid. ()
7. The perispiritual envelope of the same spirit is modified with the moral progress of the latter at each incarnation. ()
8. Superior spirits, who missionarily incarnate into an inferior world, have a less rough perispirit than that of the natives of that world. ()
9. Inferior spirits can stand the splendor and impression of all fluids, even the most ethereal ones. ()
10. The perispirit is a condensation of the cosmic fluid around a focus of intelligence/soul. ()
11. All is wonderful in nature because all is admirable, and testifies of divine wisdom. ()
12. The nature of the fluidic envelope (perispirit) does not depend of the moral advancement of the spirit, but it depends on the constitution of the world in which it leaves in. ()

7. Facilitator asks everyone to close their eyes and exercise the harmonization of an assembly of people by visualization, for example, a current of light enveloping everyone present. And this light is of love and harmony. (5 minutes)

8. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

Key for True and False exercise: 1.F; 2. T; 3. F; 4. F; 5. T; 6. T; 7. T; 8. T; 9. F; 10.T; 11.T; 12. F



LESSON 9 – EARTH AND THE UNIVERSE



OBJECTIVES:

- To understand the many worlds in the universe and their classification.
- To comprehend that worlds evolve as its inhabitants evolve as well.
- To explain why Earth is a planet of trials and expiations.
- To infer about Earth's future.

PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Divide the class into 4 groups. Assign one of the activities to each group. Instruct them to read the text and answer the questions in order to presentation to the other groups. (30 minutes)

Group 1 – Primitive and Advanced Worlds - Read The Gospel According to Spiritism, chapter 3, items 8-10. Then, name all the characteristics of primitive and advanced worlds.

Group 2 – Worlds of Trial and Expiation – Read carefully chapter 3, items 13-15 of The Gospel According to Spiritism and answer the following question “Why is Earth a planet of Trial and Expiations?”

Group 3 - Humankind's route to happiness: moral progress – Read carefully chapter 18, items 18, 19 and 27 of the Genesis by Allan Kardec. And answer the following questions:

- a) Why is moral progress important for the future of humanity?
- b) What is the nature of Spirits who will inhabit Earth?

Group 4 – The current status of our planet – Read carefully chapter 18, items 28-29 of the Genesis by Allan Kardec. Answer the following questions:

- a) What characterizes the epoch of transition in which we currently live?
 - b) How the selection between the good and bad spirits will occur in our planet?
4. Using crayons, ask pairs of participants to draw their expression of the transition of planet Earth into a better world. (15 minutes)
 5. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

HOMEWORK

FACILITATOR SHALL DISTRIBUTE ASSIGNMENTS FOR LESSON 11

LESSON 10 – DIVINE LAWS

OBJECTIVES:

- To define Divine or Natural Law.
- To cite the general laws which are consequences of God's Law and characterize them.
- To explain why the Divine Law is not mutable.
- To cite the mechanism that provides man the knowledge of the Natural Law
- To cite the necessary qualities for a man to be the revealer of God's Law
- To understand the subdivision of the moral laws and the most important of all the laws.



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator shall begin with the following warm up activity. Ask participants to address in pairs the following questions:

Have any of your moral values changed in any way throughout this lifetime? How?

Have you heard of any change in the Human laws?

4. After participants have given their opinions, facilitator shall give a brief introduction addressing the following topics:

What is Law?

What is Natural Law?

What is Human Law? - Are human laws mutable?

5. **ASSIGNMENT:** At the end of lesson 10, facilitator had assigned participants to the activities propose in one of the following 4 groups. Each group shall prepare a presentation on the assigned activity. (30 minutes)

Group 1 – Define divine or natural law - Read Q/A 614-618 of The Spirits' Book by Allan Kardec.

Group 2 – Get to know of the natural or natural law – Read Q/A 619-624 of The Spirits' Book by Allan Kardec.

Group 3– The process of revealing the divine or natural law – Read chapter 21, item 7 of The Gospel According to Spiritism by Allan Kardec.

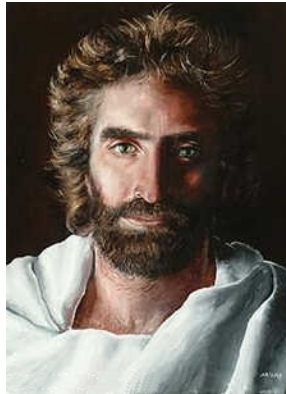
Group 4 – Subdividing the divide or natural law – Read Q/A 647-648 of The Spirits' Book by Allan Kardec.

6. After each group presentation, facilitator asks everyone to create a poem or a song based on the teachings of Divine Laws in the light of Spiritism. (20 minutes)
7. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

LESSON 11 – CHRIST CONSCIOUSNESS

OBJECTIVES:

- To understand Jesus Christ as the guide and model of humanity.
- To observe the universality of Christ’s teachings.



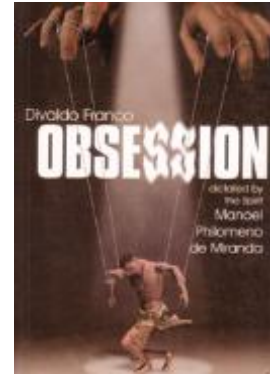
PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Participants shall read together Q/A 625-628 of The Spirits’ Book by Allan Kardec.
4. Facilitator may guide discuss and comments regarding the reading of the Q/A. (20 minutes)
5. In pairs, groups shall address the following:
 - a. Give three examples of the universality of Christ’s teachings.
 - b. What does the expression “guide and model” mean?
6. In groups of 3, plan a reach-out activity for the needy in your community. Remember that the definition of “needy” may extend to emotional, spiritual and/or physical needs. (30 minutes)
7. Groups share their reach out plans with the whole class.
8. Facilitator asks participants to close their eyes as they prepare themselves for visualization. Use track 3 of the CD **Health** by Divaldo Franco. (15 minutes)
9. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

LESSON 12 - A CLOSE STUDY ON THE BOOK *OBSESSION*

OBJECTIVES:

- Get to know about the medium Divaldo Franco (his life, his mediumship)
- Understand the dynamics of Obsession
- Get to know of the forms of prevention and treatment of Obsession



PLAN:

6. Facilitator asks someone to read an inspirational message.
7. Facilitator says the opening prayer.
8. Facilitator shall distribute the following assignment on the previous lesson day.
 - o Assignment: Each participant of the class shall pick one or two of the following questions regarding the chapters of the book *Obsession*. Then, on the day of this lesson, participants shall bring their answers and share with the whole class. (60 minutes)

Questions on the book *Obsession*

1. Who is the author of the book?
2. Who is Divaldo Franco? And Manoel Philomeno de Miranda?
3. When and why was this book written? (Foreword)
4. Is this Spiritist novel a true account? (Foreword)
5. What are the main characters in this story?
6. Who was being obsessed?
7. Describe Esther's subjugation (deepest level of obsession). (chapter 4)
8. How would spiritual education prevent Esther from getting into obsession? (chapter 4)
9. How did nurse Rosangela's prayer got Spiritual help for Esther? (chapter 5)
10. What are the main strategies used by obsessors? (chapter 9)
11. What were the effects of the corrupted spiritual fluids on Esther? (chapter 10)
12. How did Esther got her perispiritual lesions? (chapter 10)
13. Were there previous lives features playing a role in Esther's obsession? (chap. 13 and 19-21)
14. What was the role of the God at Home meeting in Esther's disobsession? (Chapter 15)
15. How did the Spirit doctors work on Esther's disobsession during sleep time? (Chap. 15)
16. What is the role of disobsession meetings? (chapter 17)
17. What is the best remedy to heal from obsession? (pages 91-92)
18. On pages 7-21, we get to know of the description of the obsessed, the obsessor, the obsessive process and the treatment to treat obsession. Give an overview of this description.

9. Facilitator asks class seat in the format of a circle. Explain that obsession is deeply founded in holding grudges inside of us. Then, give each participant a piece of blank paper. Ask them to write down a major grudge that they feel they need to let go. Allow music to play on the background. As soon as they are done writing them, the facilitator asks them to read it again, tear it apart, and trash it in the trash can with firm intention to let go of it.

10. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

Congratulations!

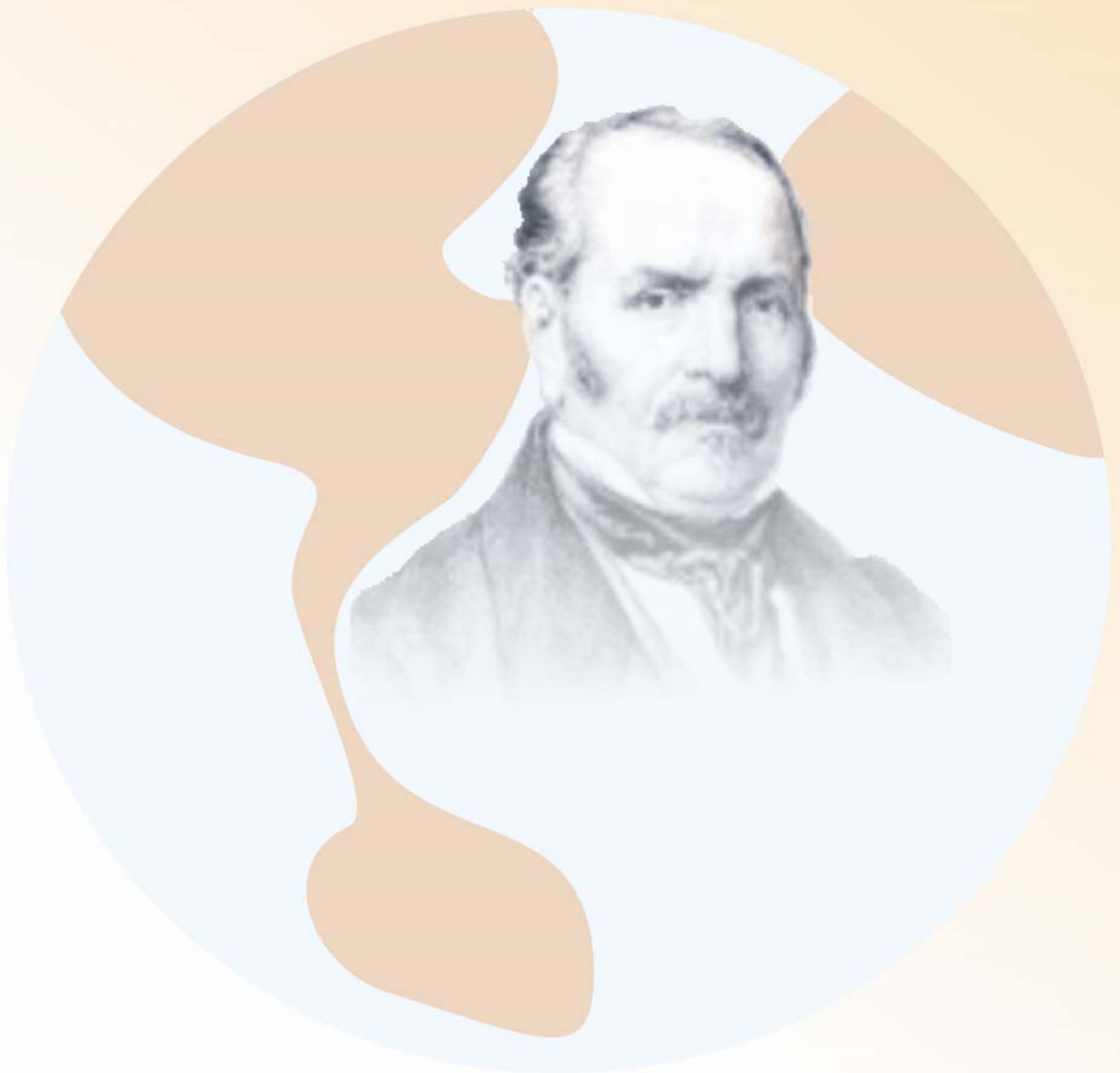
You have just finished the second step of Phase I

Now you may continue on
**ADVANCEMENTS OF
THE SPIRITIST SCIENCE**

Roadmap Program

for the Spiritist Study and Practice

Phase I: **Spiritism 101**



ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE



The Roadmap Program for the Spiritist Study and Practice focuses on the sole goal of promoting the study and practice of Spiritism, while contributing to the formation of Spiritist practitioners. It welcomes everyone to take its courses without distinction to sex, race, religion or nationality. Each class comprises of 1 1/2 minutes hour-study session and it is divided into three (3) phases. Registration is required and each course demands a pre-requisite one.

Phase I	SPIRITISM 101	THE SPIRITIST SCIENCE	ADVANCEMENTS ON THE SPIRITIST SCIENCE
Phase II	THE SPIRITUAL LAWS OF THE SPIRITIST PRACTICE	THE SPIRITIST THERAPY I	PRACTICE ON THE SPIRITIST THERAPY I
Phase III	INTRODUCTION TO MEDIUMSHIP	MEDIUMSHIP I	PRACTICAL GUIDELINES FOR MEDIUMSHIP

PHASE I

Spiritism 101

It is a 9-week program on the main teachings of Spiritism. This course is a prerequisite for more advanced courses.

The Spiritist Science

Introduction to the Spiritist principles including a historical overview of the beginning of Spiritism, and its codifier, Allan Kardec. The Spiritist movement in the US and worldwide.

Prerequisite: Spiritism 101.

Advancements in the Spiritist Science

Deep analysis of the Spiritist principles. Topics include: origin and nature of spirits, spiritual intervention in the corporeal world, divine justice, reincarnation, and different categories of inhabited worlds.

Prerequisite: The Spiritist Science.

PHASE II

Spiritual Laws of the Spiritist Practice

Fundamental principles of the spiritual laws that govern the Spiritist Practice. **Prerequisite:** Advancements in the Spiritist Science.

The Spiritist Therapy I

Understanding the mechanisms of the passes and types of passes.

Prerequisite: Spiritual Laws of the Spiritist Science.

Practice on the Spiritist Therapy I

Applications of the passes techniques under the light of the Spiritist Thought. This course is an essential tool for a serious spiritual treatment.

Prerequisite: The Spiritist Therapy I.

PHASE III

Introduction to Mediumship

To learn the two basic fundamentals of Mediumship: knowledge of the Spiritist Thought and the moral ethical values related to it.

Prerequisite: Practice on the Spiritist Therapy I.

Mediumship I

Educate mediumship through the study in depth of the Spiritist Thought. Topics include: the mediumship faculty, types of mediumship, obsession and disobsession. Second part of the course: educate and develop the psyche faculties of the participants through exercises of harmonization and psyche perception.

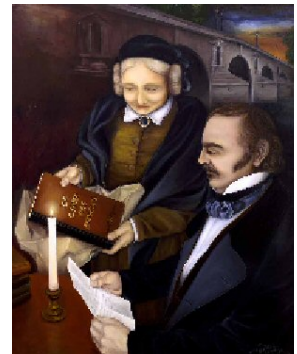
Prerequisite: Introduction to Mediumship.

Practical Guidelines for Mediumship

Application of the concept of mediumship in the mediumship meetings, in a group setting. Topics include: moral development of the mediums, analysis of the messages received, the power of faith and hope. Second part of the course: practical guidelines in the exercise of mediumship in a group setting.

Prerequisite: Mediumship I

“Unshakable faith is only that which can meet reason face to face in every Human epoch.” - Allan Kardec



Roadmap Program for the Spiritist Study and Practice

Weekly Meeting Rules and Regulations

The Roadmap Program for the Spiritist Study and Practice focus on the sole goal to promote the study and practice of Spiritism, while contributing to the formation of Spiritist practitioners. It welcomes everyone to participate to its meetings without distinction to sex, race, religion or nationality. Registration is required.

We kindly ask all participants to follow the rules and regulations written below:

1. The meetings start promptly at ____ (time) every _____ (day of the week), beginning on _____ (month/day/year). We kindly ask all participants to arrive prior to or on time for the meeting.
2. When getting in prior to the start of the meeting, please help us to keep a quiet and harmonious environment.
3. During the meeting, it is essential that we maintain ourselves in healthy discussion and work.
4. Please, avoid noisy conversations before and after the meetings.
5. Regarding the reserved space for the meetings, we count on all the participants' help to maintain a clean and organized room.
6. In order to progress to the next course, it is mandatory a minimum of 80% attendance in the prerequisite course.
7. If anyone needs fraternal counseling or special spiritual treatments, please let the coordinator of the meeting know of it. To contact us, please call _____ (phone or email).

We hope you enjoy it!



Roadmap Program for the Spiritist Study and Practice

Rules and regulations for Facilitators and Assistants

The Roadmap Program for the Spiritist Study and Practice focus on the sole goal to promote the study and practice of Spiritism, while contributing to the formation of a team of Spiritist practitioners. It welcomes everyone to participate to its meetings without distinction to sex, race, religion or nationality. Each meeting comprises of a 1 1/2 minutes hour-study session in this phase 1. Facilitators and Assistants will work together in order to fulfill two major responsibilities: (1) to guarantee each participant's study and understanding of Spiritism as contained in Kardec' books; (2) the organization of the meetings according to the course master's instructions. The course master may appoint facilitators and/or assistants that will take turns in the conduction of the meetings. It is essential that each facilitator and/or assistant follows the rules and regulations contained herein in order to guarantee an optimal level of achievement from participants. Assistants may help the facilitators in each assignment as well as in the preparation of the room, prayer and spiritually magnetized water distribution.

Each coordinator-facilitator shall:

1. Be committed to the two major responsibilities stated above.
2. Prepare the study theme days in advance.
3. Arrive at least 30 minutes prior to the beginning of the study session.
4. Be in charge of the room set up.
5. Welcome participants and begin the study meeting with a prayer. Take attendance at the beginning of the meeting.
6. Contact the course master after each meeting with an oral and/or written progress report.
7. Please, also report ideas and/or concerns to the course master at _____(phone) or email_____.

Thanks!

Welcome to Spiritism 101!

PROGRAM

Class #	Date	Topic	Facilitator/Assistants
1		History of Spiritism	
2		Existence of God	
3		Immortality of the Soul	
4		Reincarnation	
5		Nosso Lar (Book Discussion)	
6		Multitude of the Inhabited Planets	
7		Communication with Spirits	
8		Obsession	
9		The Messengers (Book Discussion)	
10		Conclusion – Seminars 1-4	

Coordinator: _____ (name)

Facilitator: _____ (names)

Main References:

1. *The Spirits' Book* by Allan Kardec
2. *The Mediums' Book* by Allan Kardec
3. *The Gospel According to Spiritism* by Allan Kardec
4. *Heaven and Hell* by Allan Kardec
5. *Genesis* by Allan Kardec

Seminar Groups (2 hour class)

15-minute seminars

Participants	Topic
	1 - History of Spiritism
	2 - Existence of God
	3 - Immortality of the Soul
	4 – Reincarnation
	5 - Multitude of the Inhabited Planets
	6 - Communication with Spirits
	7 – Obsession

Schedule for Phase I – Spiritism 101

<u>Date</u>	<u>Inspirational Message</u>	<u>Final Prayer</u>	<u>Water</u>



“A regular course on Spiritism would be given in order to develop the principles of Science and to promote the fondness for serious studies. This course would have the advantage of laying the foundation for the unit of principles, of forming enlightened followers, capable of spreading the spiritist ideas, and developing a great number of mediums. I consider this course of a nature to exercise capital influence on the future of Spiritism and its consequences.”

- Allan Kardec
“Posthumous Works” - Project, 1868

Plan for Lesson 1 - History of Spiritism

Duration: 1 hour and 30 minutes

1. Inspirational Reading from *Child of God* by Joanna de Angelis and Divaldo Franco (see assignment list)
2. Initial Prayer (facilitator)
3. Pass attendance list (facilitator)
4. Watch DVD *Lesson 1* on the History of Spiritism (10 minutes) or download from the website (www.ssbaltimore.org or www.spiritistvideos.com)
5. In pairs, address the questions in the **Exercise 1**. (15 minutes)
6. If needed, watch the DVD again to check the answers.
7. **Exercise 2.** Divide the class in 4 groups. Ask groups 1 and 2 to read and discuss TEXT # 1 (Spiritism and Spiritists), while groups 3 and 4 shall read and discuss TEXT # 2 (The Universal Control of the Spirit Teachings). (15 minutes)
8. Ask each group to briefly present the highlights of their texts. (5 minutes each – max)
9. After the presentations, ask everyone to close their eyes and try visualize and feel the Divine planning on the coming of Spiritism to our Planet Earth. (2 minutes with background music, if possible).
10. Final Prayer and Water (see assignment list)



EXERCISE 1*

1. Correlate right and left columns on the year of publication of the main Spiritist books:

(1) The Gospel Explained by Spiritism	() 1861
(2) The Medium's Book	() 1868
(3) Heaven and Hell	() 1857
(4) The Spirits' Book	() 1864
(5) Genesis	() 1865

2. Mark the correct answer to the following statements:

- Have mediumistic/spirit phenomena always existed before Spiritism?
 - No. Only after Spiritism was codified by Allan Kardec.
 - Yes. After the Fox's sisters phenomena.
 - Always and way before Spiritism came to light with Kardec.
- What was the importance of the Fox sisters' phenomena in Hydesville, NY - USA?
 - They opened the new era named Modern Spiritualism.
 - The phenomena were attractive to the general public.
 - The phenomena happened in the U.S.A. alone.
- Who was Prof. Rivail?
 - A German educator who codified Spiritism.
 - A renowned French educator who codified Spiritism.
 - A Brazilian educator who codified Spiritism.
- What was Allan Kardec's real name?
 - Hippolyte Leon Denizard Rivail.
 - Hippolyte Flammarion Rivail.
 - Hippolyte Dellane Rivail.
- Why did Prof. Rivail use the pseudonym Allan Kardec?
 - To hide from the media. And he was advised so by a Spirit Mentor.
 - To protect his loved ones. And he was advised so by a Spirit Mentor.
 - To prevent people from getting interested in Spiritism because of his famous and respected name as an educator. And he was advised so by a Spirit Mentor.
- What was happening in France at that time that caught Prof. Rivail's attention?
 - His friends were meeting to talk about politics.
 - Spirits were talking to people through the turning tables and tapings.
 - His neighbors were too noisy.

* Answers to Exercise 1 are at the end of this lesson.

7. What was his first impression and comment about the turning table phenomena?
 - a. He believed in them right away.
 - b. He got interested a week after a friend told him about it.
 - c. He was skeptical at first saying that if tables could talk, then they must have brain.

8. How long did it take for him to get interested on and to start investigating the turning table phenomena?
 - a. 1 day after he heard about them.
 - b. 2 years after he heard about them.
 - c. 1 month after he heard about them.

9. What was Kardec's approach in his research of spirit phenomena?
 - a. Kardec asked serious questions and the Enlightened Spirits answered them through mediums.
 - b. Kardec played the role of a medium and the Enlightened Spirits answered the questions through him.
 - c. Kardec and his friends interviewed his neighbors.

10. Who were the main mediums' of the Spiritist Codification by Kardec?
 - a. The teenage mediums Ruth Japhet, Caroline Baudin, Julie Baudin, Ermance Dufaux, Aline Carlotti.
 - b. The adult mediums Ruth Japhet and Suely Schubert.
 - c. The senior mediums Aline Carlotti and Juana Ines.

EXERCISE 2

Please, read the text below in your group and present its highlights to the other groups.

TEXT 1 - SPIRITISM AND SPIRITISTS

For new things new words are necessary for the sake of clarity of language so that we may avoid the confusion inherent to the multiple meanings of various terms. The words spiritual, spiritualist and spiritualism all have a well defined meaning. To give them a new one in order to apply them to the Spirits' Doctrine would be to multiply the already numerous causes of ambiguity. Strictly speaking, spiritualism is the opposite of materialism; all who believe that there is something within them that is more than matter are spiritualists, but it does not follow that they believe in the existence of spirits or in communication with the visible world. Therefore, instead of the words spiritual and spiritualism for designating this latter belief, we have employed the words Spiritist and Spiritism. These two terms recall their origin and radical meaning, and they therefore have the advantage of being perfectly understandable. We will leave spiritualism to its own signification. Hence, we will say that the Spiritist Doctrine or Spiritism has as its principle the relations of the material world with spirits or the beings of the invisible world. The adherents of Spiritism will be called Spiritists. In a specialized sense, The Spirits' Book contains the Spiritist Doctrine; in a general sense, it is linked to spiritualism, representing one aspect of it. That is why we have inscribed the words on the title-page: Spiritualist Philosophy.

Excerpt from The Spirits' Book by Allan Kardec, pages 27-28, Introduction. (ISC edition)

TEXT 2 - THE UNIVERSAL CONTROL OF THE SPIRIT TEACHINGS

If the Spiritist Doctrine were of a purely human conception it would offer no more guarantee than the enlightenment of those who actually conceived it. But no one on Earth could seriously contemplate the pretension of possessing the exclusive and absolute truth. If the Spirits who made these revelations had manifested to only one man we would have no guarantee of their origin since we would need to believe, on his word alone, what he said he had received as teachings from them. If we accepted perfect sincerity on his part, the most he could do would be to convince his circle of acquaintances. He would be able to form a sect, but never be able to form a world congregation.

God wished the new revelations to reach mankind by the quickest and most authentic path, so He entrusted the Spirits to deliver them from pole to pole, manifesting everywhere without conferring the exclusive privilege of hearing these words to any one individual. One person might be deceived, could even deceive themselves, but this could not happen when millions of people see and hear the same thing. This constitutes a guarantee for each one and for all. For the rest, it is possible to make one man disappear, but it is not possible to make everyone disappear. It is possible to bum books, but you cannot bum Spirits, and even if all the books were burnt, the base of the doctrine would still be inexhaustible because it is not to be found on Earth and would reappear in every place so that all might partake of it. If there is a shortage of men to diffuse it, there will always be Spirits whose action reaches everyone and even those whom no person can reach.

So then, it is the Spirits themselves who do the propagating with the help of innumerable mediums, disseminating all over the world. (...) Spiritism has no nationality and does not stem from any known cult that might exist; nor is it imposed by any social class seeing that any person may receive instructions from parents, relatives and friends from the beyond. The strength of Spiritism, as well as the cause of its rapid spread, resides in this universal teaching.

Excerpt from The Gospel According to Spiritism, Introduction, item 2. (ISC edition)

ANSWERS TO EXERCISE 1

(1) 2, 5, 4, 1, 3

(2) 1. c; 2. a; 3. b; 4. a; 5. c; 6. b; 7. c; 8. b; 9. a; 10. a

Plan for Lesson 2 – Existence of God

Duration: 1 hour and 30 minutes



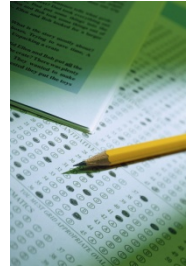
1. Inspirational Reading from *Child of God* by Joanna de Angelis and Divaldo Franco (see assignment list)
2. Initial Prayer (see assignment list)
3. Pass attendance list (facilitator)
4. Read the following paragraph and brainstorm it with class participants. (5 minutes)

“The harmony that governs the forces of the universe reveals certain set combinations and goals, and thus, an intelligent power. To attribute the first formation of things to chance would be nonsense, since chance is blind and cannot produce intelligent results. An intelligent chance would no longer be chance.” (*The Spirits' Book* by Allan Kardec, Q/A 8)

5. Watch the DVD *on Lesson 2 – Existence of God* (25 minutes) or download from the website (www.ssbaltimore.org or www.spiritistvideos.com)
6. Divide class in groups of 4 and ask each group to answer questions in **Exercise 1**. (15 minutes)
7. Facilitator will check the answers of Exercise 1 with the whole class.
8. Divide the class in pairs. Ask each pair to run the activity proposed in **Exercise 2**. (15 minutes)
9. Participants may share some of their insights with the whole class.
10. After that, ask everyone to close their eyes and try visualizing and/or feeling the Divine presence. (5 minutes with background music, if possible).
11. Final Prayer and Water (see assignment list)

EXERCISE 1

Please choose the correct answer:



1. What is the Spiritist definition on God?
 - a. The wisest and oldest man of the Universe; creator of all things.
 - b. The Supreme Intelligence of the Universe; the first cause of all things.
 2. Where can we find the proofs of God's existence?
 - a. It is in the cause of things which are not the work of human beings.
 - b. It is in karma and its causes only.
 3. What are the elements of God's Creation, the Universe?
 - a. The spiritual principle and the planets, only.
 - b. The Spiritual and the Material principles.
 4. Where can we find God?
 - a. In our conscience and in Nature.
 - b. Only in the miraculous events of live.
 5. What is prayer and its mechanism according to the Spiritist teachings?
 - a. It is a conversation that may only happen through a very spiritual person.
 - b. Thought transmission and an overflowing of the soul to God.
-

EXERCISE 2

PAIR DISCUSSION – GOD'S ATTRIBUTES AND US

In The Spirits' Book, the Enlightened Spirits explained that God has many attributes such as the ones written below. In pairs, discuss how you think God's attributes may impact your life and also the performance of a Spiritist practitioner[†].

- God is infinite and eternal
 - God is unchangeable
 - God is immaterial
 - God is unique (no other gods)
 - God is all-powerful
 - God is just and good
-

ANSWERS TO EXERCISE 1

(1) b; (2) a; (3) b; (4) a; (5) b

[†] A Spiritist Practitioner is defined as someone who performs one or more of the following tasks: pass-giver, medium, counselor, speaker, spiritually-blessed water giver, supporting medium, study group coordinator/facilitator, children and youth educator, and any other roles regarding the practice of Spiritism.

Plan for Lesson 3 – Immortality of the Soul

Duration: 1 hour and 30 minutes



1. Inspirational Reading from *Child of God* by Joanna de Angelis and Divaldo Franco (see assignment list)
2. Initial Prayer (see assignment list)
3. Pass attendance list (facilitator)
4. Watch the DVD on *Lesson 3 – Immortality of the Soul* (25 minutes) or download from the website (www.ssbaltimore.org or www.spiritistvideos.com)
5. Participants shall work individually on **Exercise 1** (5-10 minutes)
6. Facilitator shall check the answers of Exercise 1 with the whole class.
7. Divide class in groups of 4 and ask each group to work on **Exercise 2** (20 minutes to read and discuss & 5 minutes to present to the other groups)
8. In a piece of paper, draw your expression on “I am an immortal spirit.” (5 minutes with background music, if possible).
9. Final Prayer and Water (see assignment list)

EXERCISE 1

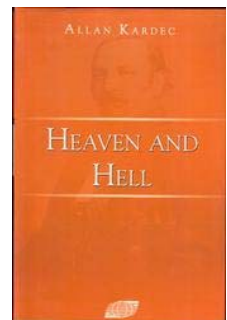
Based on the Spiritist teachings, are the following statements True or False?[‡]



1. Spirits are the intelligent beings of Creation.
() TRUE () FALSE
 2. Spirits are created wise and experienced.
() TRUE () FALSE
 3. Soul is an incarnate Spirit.
() TRUE () FALSE
 4. Only incarnate spirits have perispirit (spiritual body).
() TRUE () FALSE
 5. Each spirit is an individual being.
() TRUE () FALSE
 6. Death occurs when the Spirit who animates that body simply leaves the body.
() TRUE () FALSE
 7. There is a fluidic link connecting the physical and the spiritual bodies.
() TRUE () FALSE
 8. At the moment of physical death, there will be an easy separation between body and perispirit when there is a strong cohesion between body and perispirit.
() TRUE () FALSE
 9. All Spirits are destined to progress.
() TRUE () FALSE
-

EXERCISE 2

In 5 groups, read the following excerpts of the book *Heaven and Hell* by Allan Kardec and reflect on the message relating it to the Spiritist concept *Immortality of the Soul*.



[‡] The answers to Exercise 1 are at the end of this lesson.



GROUP 1 – A HAPPY SPIRIT

MR. VAN DURST

Formerly employed in a Government office; died at Antwerp, in 1863, at eighty years of age.

A medium having inquired of his spirit-guide, a short time after this gentleman's decease, whether he could be evoked, received the following reply: "This spirit is passing very slowly out of the state of confusion; it would be possible for him to answer your call, but it would be difficult and fatiguing for him to do so. You had better wait four days longer, when he will be ready to reply to you. Between this and that, he will have become aware of the kindly interest you have expressed for him, and he will come to you gratefully, and as a friend."

Four days afterwards, the spirit in question dictated this communication:

Dear Friend, my earthly life was of slight importance, weighed in the scales of eternity; nevertheless, I am far from being unhappy. I am in the modest, but comparatively happy, position of one who, in the earthly life, did little wrong, and yet did not sufficiently aim at perfection. I regret only one thing, which is, that I did not know what you know; my state of confusion would have been shorter and less painful. As it was, it caused me great suffering. Think what it must be to live, and yet not to live; to see your fleshly body, to be strongly bound to it, and yet to be unable to make use of it; to see those you love, and to feel that the mental action which unites you to them is becoming extinct – oh, what a terrible moment! How terrible to feel you stunned by an indefinable sensation that seizes and strangles you and, an instant afterwards, darkness! To be alive, and, the next moment, to feel yourself annihilated! You strive to regain the consciousness of your self, and you cannot grasp it; you no longer exist, and yet you feel that, nevertheless, you do exist, but in an abyss of confusion! And presently, after a lapse of time that you are unable to measure, a time of latent distress – for you have no longer the strength to feel it understandingly – after this lapse of time which seems to you interminable, to be slowly reborn into existence, to wake up in a new world! To no longer possess a material body, to no longer have part or lot in the earthly life; to feel that you are living the life of immortality! No longer to see about you men in heavy bodies of flesh, but to find yourself surrounded with the light and active forms of spirits, gliding beside you, and around you, in every direction, and in such numbers that your glance is unable to take them in; for they seem to fill the infinity of space in which they float! To see this infinity spread out before you, and to be able to transport yourself through it by the mere action of your will; to hold communion, by the mere action of your thought! Oh, Friends, what a different life from that of the Earth! What a brilliant life! What a life of delight! Hail, hail to thee, Eternity that hast received me into thy bosom! Adieu, Earth that hast held me back so long from the native element of my soul! No, I want nothing more of thee, for thou art a land of exile, and thy greatest happiness is – nothing!

But if, before quitting the Earth, I had known what you know, how much easier and more pleasant would have been my initiation into this other life! I should have known, before dying, what I had to learn afterwards, at the moment of separation; and my soul would have accomplished its disengagement much more easily. You are on the right road, but never, no, never upon the Earth, can you fully understand to what that road is leading you! Say this to my son; but say it to him so often that he may be brought to believe it, and to learn; let him do this, and, when he comes into the world in which I am, we shall not be separated...
VAN DURST.

GROUP 2 – SPIRIT IN AN AVERAGE CONDITION



JOSEPH BRÊ

Died in 1840; evoked at Bordeaux, in 1862, by his granddaughter.

Uprightness in the sight of God, and uprightnes according to the judgment of men.

1. Dear grandfather, will you tell me how you are situated in the spirit-world, and give me such details concerning your present life as may be useful for our advancement?

A. Most willingly, my dear child. I am expiating my want of faith; but the mercy of God is great, and makes allowance for circumstances. I suffer; not as you understand suffering, but from regret that I did not make a better use of my time upon the Earth.

2. How can you say that you did not make a good use of it? You always lived the life of an upright man.

A. Yes, as men judge of uprightnes; but there is an abyss between *what passes for uprightnes among men, and the uprightnes that is approved as such by God.* I will try, for your instruction, to make you understand the difference between them.

Among you, a man is looked upon as upright if he respects the laws of his country (although this respect is, with many, extremely elastic), and if he abstains from robbing his neighbor of his property, although he may rob him of his honor, of his happiness, provided the vile hypocrite does so in ways that escape the action of the law and of public opinion. Once the long list of praises and apparent virtues are engraved on the flat stone, they believe that they have paid their debt to humanity. What a mistake! To be upright in the sight of Heaven, it is not enough to have abstained from transgressing the laws of men; it is necessary, above all, not to have transgressed the laws of God!

The upright man in the sight of God is he who, filled with devotion and charity, spends his life in doing good, in helping forward the progress of his fellow-creatures; he who, being animated with a zeal that is kindled by the foresight of the end to be obtained, is perpetually active in all the business of life; active in fulfilling the duties imposed upon him by his worldly position, for he should inculcate the love of labor among his brother; active in every good work, for he must not forget that he is a servant of whom the Master will by-and-by demand an account of the way in which he has spent his life, inculcating by his example the love of God and of the neighbor. He who would be upright in the sight of God must carefully avoid cutting remarks, the insidious suggestions, which destroy reputations and ruin positions, by dishonoring their victims or by making them objects of ridicule. The heart of the man who would be judged upright by God must be free from the least taint of pride, envy, and ambition. He must be patient and gentle with those who attack him; he must forgive, from the bottom of his heart, without effort and without ostentation, all those who have wronged him; he must love the Creator in all His creatures; he must, in short, put in practice the summary of human duties – so concise and yet so complete! – *“Thou shalt love God above all things and thy neighbor as thyself.”*

Such, dear granddaughter, is an imperfect outline of what constitutes uprightnes in the sight of God. I ask you; candidly, *did I fulfill all these conditions?* No, I was very far from doing so; I confess the fact without hesitation. I was not active in all good works, as I ought to have been; my forgetfulness of God led me into other sorts of forgetfulness which, though not punishable by human laws, are nonetheless offences against the law of God. I suffered much when I came to perceive this fact; and therefore I am able now to hope, with the consoling hope that is born of faith in the mercy of God, who sees my repentance. Tell this to others, my dear child; repeat it to all those conscience is burdened. Let them atone for past remissness by doing good to the very utmost of their power; and the Divine pity will accept their expiations and wipe out the memory of their faults.



GROUP 3 – SUFFERING SPIRIT

FRANÇOIS RIQUIER

François Riquier, a very commonplace person, an old miser and an old bachelor, died at C—— in 1857, leaving a considerable fortune to distant relations. He had formerly been the landlord of a lady who had quite forgotten him, and who did not even know whether he was alive or dead. In 1862, this lady's daughter, who is subject to attacks of catalepsy followed by spontaneous magnetic sleep, and who is besides a very good writing medium, saw, when in this sleep, Mr. Riquier, who wished, she said, to say something to her mother. A few days afterwards, having been evoked for the purpose of enabling him to satisfy this wish by speaking with the lady, the following conversation occurred between them:

Q. What do you want of me?

A. My money, of which they have taken the whole, the wretches! Sharing it between them. They have sold off my farms, my houses, and all my property, to divide it among them! They have broken up my fortune, as though it did not belong to me. Make them give me my rights, for they will not listen to me, and I will not put up with such an infamous robbery. They call me a usurer, and they keep my money from me! Why do they not give it back to me, since they say it was ill gotten?

Q. But you are dead, my good man; you no longer need money! Ask of God to grant you a new existence, a life of poverty, that so you may expiate the avarice of your last one.

A. No, I could not live if I were poor. I must have my money to be able to live. Besides, I don't need any other life, since I am living now.

Q. (The following question was put, in order to bring him to a sense of the reality of his position.) Do you suffer?

A. Oh yes! I am suffering tortures that are worse than the most painful disease, for it is my soul that endures them! I have constantly presented to my mind the thought of the iniquity of my life, which was a subject of scandal to many. I know that I am a miserable wretch unworthy of pity; but I suffer so much that you must help me to come out of this dreadful state.

Q. We will pray for you.

A. Thank you! Pray that I may forget my earthly riches, unless I do *that*, I shall never be able to repent. Farewell; thanks.

FRANÇOIS RIQUIER NO. 14 RUE DE LA CHARITÉ.

It is curious to see the spirit giving his address, as though he were still alive. The lady, who had no idea where he had lived, went to the house indicated and found, to her surprise that it was really the last one in which he had lived. Thus, five years after his death, he did not know that he was dead and was still undergoing all the anxiety, terrible for a miser, of seeing his property divided among his heirs. The evocation, suggested, no doubt, by some friendly spirit, had the effect of making him understand his real position and of leading him to repentance.



GROUP 4 - SUICIDAL SPIRIT

FRANÇOIS SIMON LOUVET (OF LE HAVRE)

The following communication was given spontaneously at a spiritist meeting, at Le Havre, on February 12th:

“Have pity on a poor wretch who has so long been suffering such terrible tortures! Oh! Emptiness...space...I am falling! I am falling! Help me!... My God, my life was so miserable! I was very poor; I was so often hungry in my old age; it was for that, that I took to drinking, and so grew ashamed and sick of my life... I wanted to die, and I threw myself...Oh, my God! what a moment! Why could I not have waited a little longer, since I was so near the end of my days? Pray for me, that I may not always have *this dreadful void underneath me!* I shall be dashed to pieces on the stones!...I beseech you, help me, you who know the horrors that are suffered by those who are no longer on the Earth; I address myself to you although you do not know me, because I suffer so much...Why ask me for proofs? I am wretched, is not that enough? If I were hungry, instead of having to bear this horrible misery, so much more terrible, though invisible for you, you would not hesitate to relieve me by giving me a morsel of bread. I ask you to pray for me...I cannot stay any longer...Ask the happy ones who are here, and you will know whom I was. Pray for me.”

FRANÇOIS SIMON LOUVET

(The Medium’s Guide). – He, who has just communicated to you, my child, is a poor wretch who had to undergo the trial of poverty upon the Earth; but he took disgust to life; his courage failed him, and the unfortunate creature, instead of looking upwards as he should have done, gave himself up to drunkenness. Having reached the lowest depth of despair, he put an end to his ill-borne trial by throwing himself from the Tower of Francis the First, on July 22nd, 1857. Take pity on his miserable soul, that has advanced but little, but that has acquired, nevertheless, sufficient knowledge of the future life to suffer and to desire a new trial. Pray to God that this favor may be granted him, and you will do a good deed.

Researches having been made, there was found, in the *Journal du Havre* of July 23rd, 1857, an article of which the substance was as follows: –

“Yesterday, at 4 p.m., the persons on the pier were painfully affected by a frightful incident; an individual threw himself from the Tower and was dashed to pieces on the stones. It was an old hauler, whose habits of drunkenness had led him to commit suicide. His name is Francois Simon Louvet. His body was carried to the house of one of his daughters, in the Rue de la Corderie; he was sixty-seven years of age.”

This man, who had been dead for six years, still saw himself falling from the Tower and being dashed to pieces on the stones. He was terrified at the void beneath him; he shuddered at the shock that was awaiting him...and, all this, for six weary years! How much longer will his agony continue? He knows not; and this uncertainty increases his anguish. Is not this state as horrible as Hell and its flames? Who has revealed these punishments? Have they been invented by human imagination? No; it is they who are enduring them who come and describe them, as others come and describe their joys. And they often do this spontaneously, without anyone having thought of them, which exclude all idea of their narratives being due to the fancy of the medium.



GROUP 5 – INFLEXIBLE SPIRIT

ANGÈLE (*Bordeaux, France, 1862*)

A spirit who presented herself spontaneously to the medium

1. Do you repent of your faults?

A. No.

Q. Then why do you come to me?

A. To try to do so.

Q. Are you not happy?

A. No.

Q. Are you suffering?

A. No.

Q. What is wanting to you?

A. Peace.

Certain Spirits solely consider suffering as that which causes them to recall physical pain, but accepting at the same time that their moral state is intolerable.

2. How can you fail to have peace in the spirit-life?

A. Regret for the past.

Q. Regret for the past is remorse; then, you *do* repent?

A. No, but I dread the future.

Q. What are you afraid of?

A. The unknown.

3. Will you tell me what you did in your last existence? To do so will, perhaps, help me to enlighten you.

A. Nothing.

4. What was your social position?

A. Middling.

Q. Were you married?

A. Yes, and I had children.

Q. Did you fulfill your duties as a wife and a mother?

A. No, my husband wearied me, my children, also.

5. How did you employ your time?

A. In amusing myself, when I was a girl; in being tired of everything, when I grew up.

Q. What occupations had you?

A. None.

Q. Who, then, looked after your housekeeping?

A. The servant.

6. Is not uselessness the source of your present regrets and apprehension?

A. Perhaps so.

Q. It is not enough to make that admission. Will you, to atone for the uselessness of your life, help the guilty and suffering spirits around you?

A. In what way?

Q. By aiding them to grow better, with the help of your counsels and your prayers.

A. I don't know how to pray.

Q. We will pray together; that will show you how. Will you try?

A. No.

Q. Why not?

A. Fatigue.

ANSWERS TO EXERCISE 1 - (1) True; (2) False; (3) True; (4) False; (5) True; (6) False; (7) True; (8) False; (9) True.

Plan for Lesson 4 – Reincarnation

Duration: 1 hour and 30 minutes



1. Inspirational Reading from *Child of God* by Joanna de Angelis and Divaldo Franco (see assignment list)
2. Initial Prayer (see assignment list)
3. Pass attendance list (facilitator)
4. Watch the DVD on **Lesson 4 – Reincarnation** (25 minutes) or download from the website (www.ssbaltimore.org or www.spiritistvideos.com)
5. In pairs, work on **Exercise 1** (5-10 minutes)
6. Facilitator shall check the answers of Exercise 1 with the whole class.
7. Divide the class in 4 groups to work on **Exercise 2**. Ask groups 1 and 2 to read and discuss CASE # 1, while groups 3 and 4 shall read and discuss CASE # 2. (15 minutes)
8. Ask each group to briefly present the highlights of their texts. (5 minutes each – max)
9. Make a list of tips for a successful reincarnation (light classical music in the background – 10 minutes). Participants may share their insights with the whole class.
10. Ask everyone to close their eyes and try visualizing and/or feeling the Divine presence during the time when your present reincarnation was being planned. (5 minutes with background music, if possible).
11. Final Prayer and Water (see assignment list)



EXERCISE 1

In pairs, fill in the blanks while choosing the best option in parenthesis[§]:

1. The concept of reincarnation _____ (is/isn't) a novelty brought by Spiritism.
2. The purpose of _____ (incarnation/reincarnation) is to atone, to repair past wrongdoings, and to foster progress.
3. Reincarnation is based on Divine _____ (injustice/justice).
4. Regarding their state as spirits, they may be _____ (*incarnate/discarnate*) that is, connected to a body; (*incarnate/errant*), that is, disconnected from the material body while awaiting a new incarnation to improve themselves.
5. _____ (Childhood/Adulthood) is a very important phase in reincarnation, because the reincarnating spirit is more moldable to new lessons.
6. The _____ (body/perispirit) contains the memory files of all of our lives.
7. A spirit _____ (may/may not) reincarnate a man in one life and as a woman in another one.
8. We may reincarnate _____ (many/few) times.
9. Reincarnation _____ (strengthen/doesn't strengthen) family ties.

[§] The answers to Exercise 1 are at the end of this lesson.

EXERCISE 2

CASE DISCUSSION



Read and discuss the following case with your group. Both cases were extracted from the book *Children Who Remember Previous Lives* by Ian Stevenson. Match your case with the the Spiritist Ideas that follow each text.

CASE # 1 – AN EMBARRASSING DOMESTIC SECRET REVEALED

“His name is Gopal Gupta, and he lives in Delhi with his parents, who have little education and know no English. When asked to explain his rude conduct, he said he formerly lived in Mathura, where he had many servants to carry away dishes. Why should anyone ask him to remove glasses?

He also spoke of his previous father and two brothers, one of whom shot him in the chest. He told of quarreling with his former wife, and mentioned that he had owned a large company named Sukh Shancharah, which dispensed medicine. Gopal gave out most of this information on the evening of his temper tantrum.”

SPIRITIST IDEA – From *The Gospel Explained by Spiritism*, chapter 14, item 9.

“Having been brought from past existences, these good or evil instincts will manifest themselves from early childhood. It is necessary that parents study these instincts; all badness originates from selfishness and pride. So be on the lookout for the least sign which will reveal the existence of such vices, and then take care to combat them without waiting for them to take deep root. Do as the good gardener does: cut off all defective shoots as soon as they appear on the tree. If you allow selfishness and pride to develop, do not be surprised if later on you are paid back by ingratitude. When parents have done everything possible for the moral advancement of their children, even if they have not been successful, then they have nothing with which to reproach themselves and their consciences may remain tranquil. For the natural anguish resulting from the unproductiveness of their efforts, God reserves a great, an immense, consolation in the *certainty* that it is only a brief delay, that it will be given to them to conclude in another existence the work that has already begun, and one day their ungrateful child will recompense them with love.”

CASE # 2 - A Dream of the Tower of London

A British physicist, Dr. Raynor Johnson, has taken time from his scientific experiments to investigate the inner side of nature as well as the outer. In one of his books, *A Religious Outlook for Modern Man*, he records this dream experience of a young girl, using her own words.

"The dream was of being a prisoner in a place that I knew to be the Tower of London. I had not seen it in real life, but I had no doubt where I was. It was very cold weather (in waking life, a hot summer). I was aware that I had been condemned to death. This, I used to dream over and over again, and after being in the dream a vigorous man, to wake up and be a little girl felt rather strange. "At last the dream changed, and I was standing on a scaffold which must have been newly erected as it smelt of sawdust. Everything was decorous and decent. The executioner knelt and apologized for what he was about to do. I took the axe from his hand and felt it, and handed it back, bidding him do his duty. When I woke up I made a drawing of the axe, which was of a peculiar shape. "Sometime after this I asked to be taken to the Tower of London, and I explained to a friendly gunsmith that I wanted to write history but could not understand the battles perfectly until I understood the weapons. 'You are right, Missy,' he said, and demonstrated to me the various uses of pike, lance, crossbow, etc. I then asked had he an axe that beheaded people? He said, 'Yes, this certainly beheaded the Jacobite Lords, but it is supposed to be very much older.' Somehow, I was not surprised that it proved to be the exact shape of the axe in my dream. "

SPIRITIST IDEA – From Genesis by Allan Kardec, chapter 14, item 28.

“In their essence, dreams present all three characteristics of the visions described above. Prophetic dreams, presentments and warnings belong to the first two categories. Under the third category, that is, in the fluidic creations of thought, we can find the causes for certain fantastic images, which have nothing real for the corporeal life, but that has, for the spirit, such a clear reality that the body suffers the blows (upon being hit), and one’s hair turn white under the impression of a dream. Such creations can be provoked by an exaggerated credulity, retrospective recollections, or by likes, desires, passions, fear, and remorse; it can also be caused by habitual worries, or because of the body’s needs, or still by a malfunction of the organism; finally, it can also be caused by other spirits with good or bad intentions, according to their nature.”

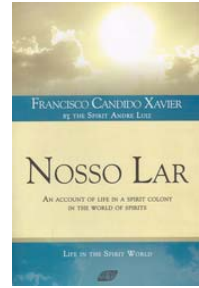
ANSWERS TO EXERCISE 1

- (1) isn't; (2) reincarnation; (3) justice; (4) incarnate; errant; (5) childhood; (6) perispirit; (7) may; (8) many; (9) strengthen.



Plan for Lesson 5– A Close Study on the book Nosso Lar: Our Spiritual Home

Duration: 1 hour and 30 minutes



OBJECTIVES:

- Get to know about the medium Francisco Candido Xavier (his life, his mediumship)
- Get to know about the Spirit author Andre Luiz
- Understand the dynamics of Spirit Colonies
- Comprehend the relationship between both realms

PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator shall distribute the following assignment on the previous lesson day.
 - Assignment: Each participant of the class shall pick one or two of the following 38 questions regarding the chapters of the book Nosso Lar: Our Spiritual Home. Then, on the day of this lesson, participants shall bring their answers and share with the whole class. (45 minutes)

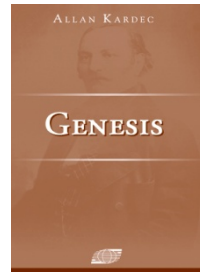
Questions on the book Nosso Lar: Our Spiritual Home

1. Who was Francisco Candido Xavier?
2. Who is Andre Luiz?
3. Why is this book named Nosso Lar? (Chapter 8)
4. Who is Emmanuel?
5. In the preface of the book Nosso Lar, Emmanuel explains the objective of the book. What is it?
6. What are the lower zones? And why did Andre Luiz find himself in them after death? (Chapters 1 and 12)
7. Who rescued Andre Luiz? How did he get to be rescued? (Chapters 2 and 7)
8. In Nosso Lar, the whole city prays together. Why? What are the benefits? (Chapter 3)
9. Why was Andre Luiz considered a suicidal? (Chapter 4)
10. How will Andre Luiz acquire true healing? (Chapter 5)
11. Why is self-pity detrimental? (Chapter 6)
12. What is Nosso Lar's nutritional habit? How and why was it changed over its history? (Chapter 9)
13. What is the importance of water in the Spiritist view? How does Nosso Lar use it? (Chapter 10)
14. Are all spirit cities/colonies the same? Why? (Chapter 11)
15. Minister Clarence explains that service and cooperation are laws created by God. What does one get to be entitled to serve and help others? (Chapter 13)
16. What is the Spiritist view on certificates, degrees, and titles? Why an MD on Earth (like Andre Luiz) does not automatically become a Spirit doctor in the Spirit realm? (Chapter 14)
17. Analyze Andre Luiz' mother new perspective on motherhood and service (Chapter 15)
18. What is required to enter a more evolved spirit city? Why Andre Luiz' mother and father do not inhabit the same sphere in the spirit realm? (Chapter 16)

19. What happens to writers of books of ‘psychological poison’? (Chapter 17)
20. Describe the food habits of the different ministries of Nossos Lar. (Chapter 18)
21. What does anxiety do to the food when we eat? (Chapter 19)
22. How often do marriages of kindred souls happen on earth? (Chapter 20)
23. What is the concept of private property in Nossos Lar? (Chapter 21)
24. Define and explain the hour-bonus. (Chapters 22 and 37)
25. What does the mentor’s mean when they say “Most of us suffer from emotional hypertrophy”? (Chapter 23)
26. What happened in the spirit realm during war time? (Chapters 24 and 41)
27. What does really matter regarding service in the Spirit Realm? (Chapter 26)
28. Why are some discarnate spirits sleeping the afterlife? (Chapter 27)
29. What caused Francis’s hallucinations? (Chapter 29)
30. Why are “inheritance cases extremely delicate” from a spiritual standpoint? (Chapter 30)
31. What is the Spiritist definition of a vampire? What is the lesson learned regarding the vampire woman? (Chapter 31)
32. How can animals help in the spiritual realm? (Chapter 33)
33. Describe the mechanisms and nuances of Andre Luiz’ dream in the spirit realm. (Chapter 36)
34. Why is it needed to organize specialized first-aid services against fear? (Chapter 42)
35. What are the fields of music? What are they for? (Chapter 45)
36. Why are there reincarnations that must be planned without the direct consent of the reincarnating Spirit? (Chapter 46)
37. Are there instructive courses in the Spirit Realm? Which ones? Why? (Chapter 47)

-
4. After the book discussion, facilitator asks participants (in pairs) to draw what they think Spirit colonies are. (10 minutes)
 5. Facilitator may ask participants to share some of the art work. (5 minutes)
 6. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)

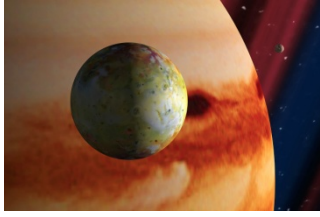
Plan for Lesson 6 – Multitude of the Inhabited Planets



1. Inspirational Reading from *Child of God* by Joanna de Angelis and Divaldo Franco (see assignment list)
2. Initial Prayer (see assignment list)
3. Pass attendance list (facilitator)
4. Ask participants to brainstorm on the following excerpt of the book *Genesis* by Allan Kardec (chapter 11, item 37):

“There are collective emigrations and immigrations from one world to another. And, new elements, new races of spirits are introduced to the population of the globe. They come to mingle with existing races, constituting new races of human beings. As spirits, they never lose anything once acquired. They carry with them intelligence and intuition of the knowledge they possess. They impress, consequently, their character on the corporeal race they came to animate. There is no need of new bodies created for especial use. Since the corporeal species exist, they find them ready to receive them; they are simply new inhabitants.”

5. Watch the DVD on *Lesson 5 – Multitude of the Inhabited Planets* (25 minutes) or download from the website (www.ssbaltimore.org or www.spiritistvideos.com)
6. Individually, work on **Exercise 1** (5-10 minutes)
7. Facilitator shall check the answers of Exercise 1 with the whole class.
8. In pairs, work on **Exercise 2**. (15 minutes)
9. Facilitator shall check the answers of Exercise 2 with the whole class.
10. **Exercise 3**. Divide class in groups of 3. Ask each group to describe how a regenerating world would be in regard to (1) parenting, (2) work relations, and (3) individual’s self-image. (20 minutes). Participants may share their conclusions after they finished them.
12. Ask everyone to close their eyes and try visualizing and/or feeling their connection with our planet Earth and the gratitude for the possibility of being reincarnated on it. (5 minutes with background music, if possible).
11. Final Prayer and Water (see assignment list)



EXERCISE 1

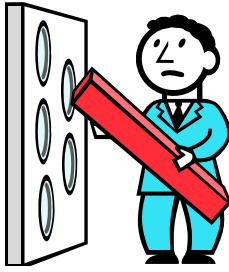
Correlate the open parenthesis column with the numbered column^{**}.

- () Primitive worlds
- () Worlds of tests and atonements
- () Regenerating worlds
- () Joyful Worlds
- () Celestial or Divine Worlds

1. Worlds inhabited by pure Spirits, where only goodness exists.
2. Worlds where evil¹ predominates.
3. Worlds where souls who still have to atone may absorb new strength by resting from the fatigue of fighting.
4. Worlds destined to receive the initial incarnations of the human soul.
5. Worlds where goodness outweighs evil.

¹*In Spiritism, evil means the absence of goodness; ignorance.*

^{**} Key for Exercise 1 is located at the end of this lesson.



EXERCISE 2

FILL-IN-THE BLANK

Using the key words below, fill in the blanks of the following excerpt of *The Gospel Explained* by Spiritism (chapter 3, item 19).

KEY WORDS: Transformations, Reborn, Morally, Law of Nature, Perfect, Atonement, Progress, Regenerating, Creator

THE PROGRESSION OF THE WORLDS

Progress is a _____. All beings of creation, be they animated or not, have been submitted to this law through the bounty of God, Who wishes everything to be exalted and to prosper. Even actual destruction, which appears to Man to be the end of everything, is only a means of reaching a more _____ state through transformation, seeing that everything dies only to be _____ again, suffering no consequences from the annihilation.

At the same time as living beings progress _____, so the worlds in which they live - _____ materially. If we were to accompany a world during its different phases, from the first instant the atoms destined to its construction began to agglomerate, we would see it traveling along on a constantly progressive scale, although these steps would be imperceptible to each generation. It would offer its inhabitants a more agreeable home as these generations passed, according to the manner in which they themselves advanced along their pathway to progress. Nothing in nature remains stationary. So we find that together with Man, the animals who are his helpers, the vegetables, and the habitations are all constantly marching along parallel to one another. How glorious this idea is and so worthy of the grandeur of the _____! It would be paltry and unworthy of His power if, on the contrary, He concentrated His solicitude and providence on an insignificant grain of sand, which is this planet, so restricting humanity to the few people who inhabit it!

According to this law, the world has been in a materially and morally inferior position to that which it finds itself today, and it will lift itself up in both these aspects so as to reach a more elevated degree in the future. The time has now been reached for one of these periodic _____, which will move the Earth upwards from a world of _____ to that of a _____ planet where men will be happy because God's laws will reign.

SAINT AUGUSTIN
(Paris, 1862)

ANSWERS TO EXERCISE 1: 4; 2; 3; 5; 1

ANSWERS TO EXERCISE 2: Law of nature; perfect; reborn; morally; progress; Creator; transformations; atonement; regenerating



Plan for Lesson 7 – Communicability of Spirits

1. Inspirational Reading from *Child of God* by Joanna de Angelis and Divaldo Franco (see assignment list)
2. Initial Prayer (see assignment list)
3. Pass attendance list (facilitator)
4. Ask participants to brainstorm on *Matthew 10:8*

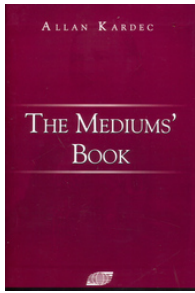
“Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons.
Freely you have received, freely give.”
5. Watch the DVD on *Lesson 6 – Communicability of Spirits* (25 minutes) or download from the website (www.ssbaltimore.org or www.spiritistvideos.com)
6. In pairs, work in pairs on **Exercise 1** (5-10 minutes)
7. Facilitator shall check the answers of Exercise 1 with the whole class.
8. Divide the class in 4 groups and ask them to do **Exercise 2**. (20 minutes)
9. Ask each group to briefly present their answers to Exercise 2 questions. (5 minutes each – max)
10. Individually, participants shall work on **Exercise 3**.
11. Ask everyone to close their eyes and try visualizing and/or feeling the Divine essence in their mediumship, considering that everyone is a medium, according to Kardec’s definition. (5 minutes with background music, if possible).
12. Final Prayer and Water (see assignment list)

EXERCISE 1

In pairs, address the following TRUE or FALSE statements^{††}.

1. The human soul does not think continuously.
 TRUE FALSE
2. The universal cosmic fluid is the means to our thoughts.
 TRUE FALSE
3. The Law of the Mental Field, as described by Andre Luiz, explains that we will assimilate what we attract to ourselves.
 TRUE FALSE
4. Where there is thought, there are mental currents. Where there are mental currents, there is association.
 TRUE FALSE
5. The perispirit is not the key to mediumistic phenomena.
 TRUE FALSE
6. Perispirit is the sensorial organ of Spirits.
 TRUE FALSE
7. Mediumship is a gift of few people.
 TRUE FALSE
8. Everyone who is in any degree influenced by Spirits is a medium.
 TRUE FALSE
9. There is only one type of mediumship, the mediumship of physical effects.
 TRUE FALSE
10. Healing mediumship is classified as mediumship of physical effects.
 TRUE FALSE
11. Trance, hearing, seeing, writing mediumships are classified as mediumship of physical effects.
 TRUE FALSE
12. God has given mediumship to human beings for a serious and useful purpose.
 TRUE FALSE
13. Serious mediumship can be made into profession.
 TRUE FALSE

^{††} Answers to Exercise 1 are located at the end of this lesson.



EXERCISE 2

DISCOVERING THE MEDIUMS' BOOK

In groups, address the following questions according to the Spiritist View. You may find the answers related to the following texts extracted from The Mediums' Book by Allan Kardec:

“The spirit needs matter in order to act upon matter. Its direct instrument for doing so is the perispirit, just as an individual's is the body, and as we have just seen, the perispirit itself is indeed comprised of matter. As its intermediary agent, it has the universal fluid, which is a kind of vehicle upon which it acts, as we ourselves act upon the air in order to produce certain effects through dilation, compression, propulsion or vibration.” (M.B., item 58, Chapter 1, Part 2)

1. What is the importance of the perispirit on mediumship?

“Whatever mediums' ability may be, they have no ability whatsoever without the sympathetic cooperation of spirits. Whenever they do not receive anything, it is not always because they lack the faculty, but frequently because spirits do not want – or are even unable – to use them.”

“The way in which they use their mediumship is what most influences good spirits. We may abandon them when they use it on futilities or for ambitious purposes, or when they refuse to transmit our words or to collaborate in producing phenomena for incarnates who beseech them or who need to see them in order to be finally convinced. If spirits see that their mediums are no longer in harmony with their purposes or do not take advantage of the instructions and advice they give them, they withdraw and seek out more worthy wards.” (M.B., item 220, Chapter 17, Part 2)

2. Can a medium lose its mediumship? Why would it happen?

EXERCISE 3



In The Mediums' Book, item 341, Allan Kardec states that there are certain conditions to attract good spirits and keep off ignorant, suffering ones. Those conditions are written below in items 1 to 8. Reflecting on them, please rate where you feel yourself in regard to each condition.

Perfect commonality of ideas and sentiments among members of the Spiritist group.

10 (excellent) -----0 (poor)

Mutual benevolence among the members of the Spiritist group.

10 (excellent) -----0 (poor)

Rejection of every sentiment contrary to true Christ Consciousness charity.

10 (excellent) -----0 (poor)

A single desire to learn and improve through good spirits' teachings and the taking advantage of their advices.

10 (excellent) -----0 (poor)

Avoidance of anything in communicating with spirits that is intended solely for satisfying one's curiosity.

10 (excellent) -----0 (poor)

Respectful concentration and silence during conversations with spirits.

10 (excellent) -----0 (poor)

Association of all participants through thought when evoking spirits.

10 (excellent) -----0 (poor)

Harmony amongst all mediums, rejecting any sentiment of pride, vanity and superiority, while supporting the sole desire to make themselves useful.

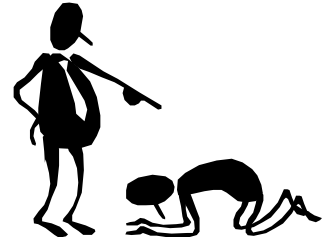
10 (excellent) -----0 (poor)

ANSWERS TO EXERCISE 1

1. False; 2. True; 3. True; 4. True; 5. False; 6. True; 7. False; 8. True; 9. False; 10. True; 11. False; 12. True; 13. False.

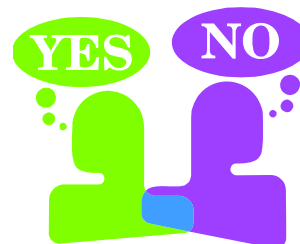
Plan for Lesson 8 – Obsession

Duration: 1 hour and 30 minutes



1. Inspirational Reading from *Child of God* by Joanna de Angelis and Divaldo Franco (see assignment list)
2. Initial Prayer (see assignment list)
3. Pass attendance list (facilitator)
4. In pairs, share one situation or two when you were influenced by spirits in an unhealthy manner in this present reincarnation. One or two pairs may share their experiences with the whole class, if facilitator finds it convenient.
5. Watch the DVD on *Lesson 7 – Obsession* (25 minutes) or download from the website (www.ssbaltimore.org or www.spiritistvideos.com)
6. Individually, address **Exercise 1** (5-10 minutes)
7. Facilitator shall check the answers of Exercise 1 with the whole class.
8. Divide class in 3 groups to work on **Exercise 2**. (20 minutes)
9. Ask each group to briefly present their short play on their assigned level of obsession. (5 minutes each – max)
10. Ask everyone to close their eyes and try visualizing and/or feeling the Divine presence of their guardian angel and/or mentor guiding and protecting them in this reincarnation. (5 minutes with background music, if possible).
11. Final Prayer and Water (see assignment list)

EXERCISE 1



Based on the DVD lesson and the information received in previous classes, individually address the following questions^{††}.

1. Can Spirits influence our thoughts and actions?
() NO () YES
2. Are there spirits who link themselves to particular individuals in order to protect them?
() NO () YES
3. Can we distinguish our thoughts from thoughts of other spirits who influence us?
() NO () YES
4. Do good spirits sometimes give bad advice?
() NO () YES
5. Do imperfect spirits incite us to unhealthy thoughts and actions because they want us to suffer as they do?
() NO () YES
6. In the Spiritist view, is obsession characterized by the healthy influence of a good spirit?
() NO () YES
7. Can we neutralize the unhealthy influence of imperfect spirits?
() NO () YES
8. Are the moral imperfections of the obsessed person an obstacle to his/her liberation?
() NO () YES
9. Is prayer an effective way of curing obsession?
() NO () YES

^{††} Answers to Exercise 1 are at the end of this lesson.



EXERCISE 2

Read the following text and discuss it with your group. Put together a short (5-minute) play to enact what could be that level of obsession as per your facilitator's assignment. More detailed information on each type can be read in Chapter 23 of *The Mediums' Book* by Allan Kardec.

OBSESSION

Obsession is defined as a persistent, unhealthy influence from one (incarnate or discarnate) spirit onto another (incarnate or discarnate) spirit. There are three levels of obsession: simple obsession, fascination, and subjugation.

Simple Obsession happens when one spirit persistently suggests unhealthy thoughts to another spirit. In this case, the person feels or knows that they are being influenced by an unhealthy, deceptive spirit.

Fascination has much more serious consequences. It refers to a delusion created directly by a spirit in the thought of another spirit, which in a certain manner paralyzes his or her capacity to judge the quality of the communications. Fascinated mediums do not believe themselves to be deceived.

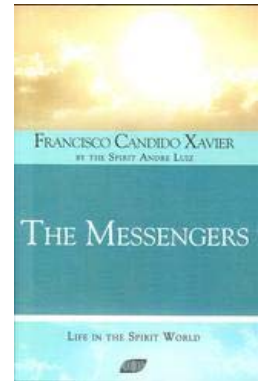
Subjugation is a constriction that causes its victims' will to become paralyzed, making them act in spite of themselves. In other words, they find themselves under true *bondage*.

ANSWERS TO EXERCISE 1:

1. Yes; 2. Yes; 3. Yes; 4. No; 5. Yes; 6. No; 7. Yes; 8. Yes; 9. Yes.

Plan for Lesson 9– A Close Study on the book The Messengers

Duration: 1 hour and 30 minutes



OBJECTIVES:

- Understand the dynamics of Spirit Colonies
- Comprehend the relationship between both realms

PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator shall distribute the following assignment on the previous lesson day.
 - **Assignment: Each participant of the class shall pick one or two of the following questions for discussion regarding the chapters of the book The Messengers. Then, on the day of this lesson, participants shall bring their comments and answers to be shared with the whole class. (45 minutes)**

Topics to be studied on the book The Messengers

1. What is the purpose of the book according to Andre Luiz' preface?
2. What is Emmanuel's advice as explained in his preface of the book?
3. What are the services of the Messengers' Center? Who composes it? (Chapters 2 and 3)
4. Who is trained in the Messengers' Center? (Chapter 3)
5. What is the cause of mediums and ministers when they reincarnate? (Chapter 3)
6. Vincent's case – Describe his case and tell where he failed. (Chapter 4)
7. Why do some mediums fail on Earth? What happens to them in the afterlife? (Chapter 6)
8. Octavio's case – Describe his case and tell where he failed. (Chapter 7)
9. Aceline's case – Describe his case and tell where Aceline failed. (Chapter 8)
10. Mariana's case – Describe her case and tell why she failed. (Chapter 8)
11. Joel's case – Describe his case and tell why he failed. (Chapter 10)
12. Belarmino's case – Describe his case and tell why he failed. (Chapter 11)
13. Monteiro's case – Describe his case and tell why he failed. (Chapter 12)
14. Describe Andre Luiz and colleagues visit to the Earth's crust (Chapters 14-16)
15. What are the effects of wars in the Spirit Realm? (Chapter 18)
16. ***Why do some Spirits sleep in the afterlife? (Chapter 22-23)
17. Describe the sublime effects of prayer. (Chapter 24 and 25)
18. What are the Fields of Peace? (Chapters 28-30)
19. Describe the importance of the God at Home meetings. (Chapter 35-37)
20. Are incarnates rescued during the night as their bodies sleep? How? (Chapter 38)
21. What are the problems when unprepared people participate in mediumistic meetings? (Chapter 39)
22. What are the clouds that Andre Luiz saw while volitating an Earth's city? (Chapter 40)
23. What is the importance of proper rest? (Chapter 40)
24. Are there Spirits who take care of beings in the vegetable and animal kingdom? (Chapter 41)
25. Why should people take good care of the environment? (Chapter 42)
26. Describe the Spirit preparation before a mediumistic meeting. (Chapter 43)

27. When Andre Luiz applies passes on a discarnate woman, she gets healed from her blindness. However, the Spirit Mentor gives Andre Luiz an important advice. What is it? (Chapter 44)
 28. Describe the proportion of incarnates and discarnates in the mediumistic meeting. (Chapter 46)
 29. Why do some inexperienced mediums may disturb a mediumistic meeting? (Chapter 47)
 30. Why suffering spirits are brought into mediumistic meetings? (Chapter 48)
 31. Describe the discarnation of the agonizing person. (Chapter 49-50)
-

4. After the book discussion, facilitator asks participants to close their eyes and visualize them next to their Spirit Mentors renewing their reincarnatory plan for this lifetime. Finish this visualization by telling themselves “I will accomplish my plans under the blessings of God.” (10 minutes)
5. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes).

Congratulations!

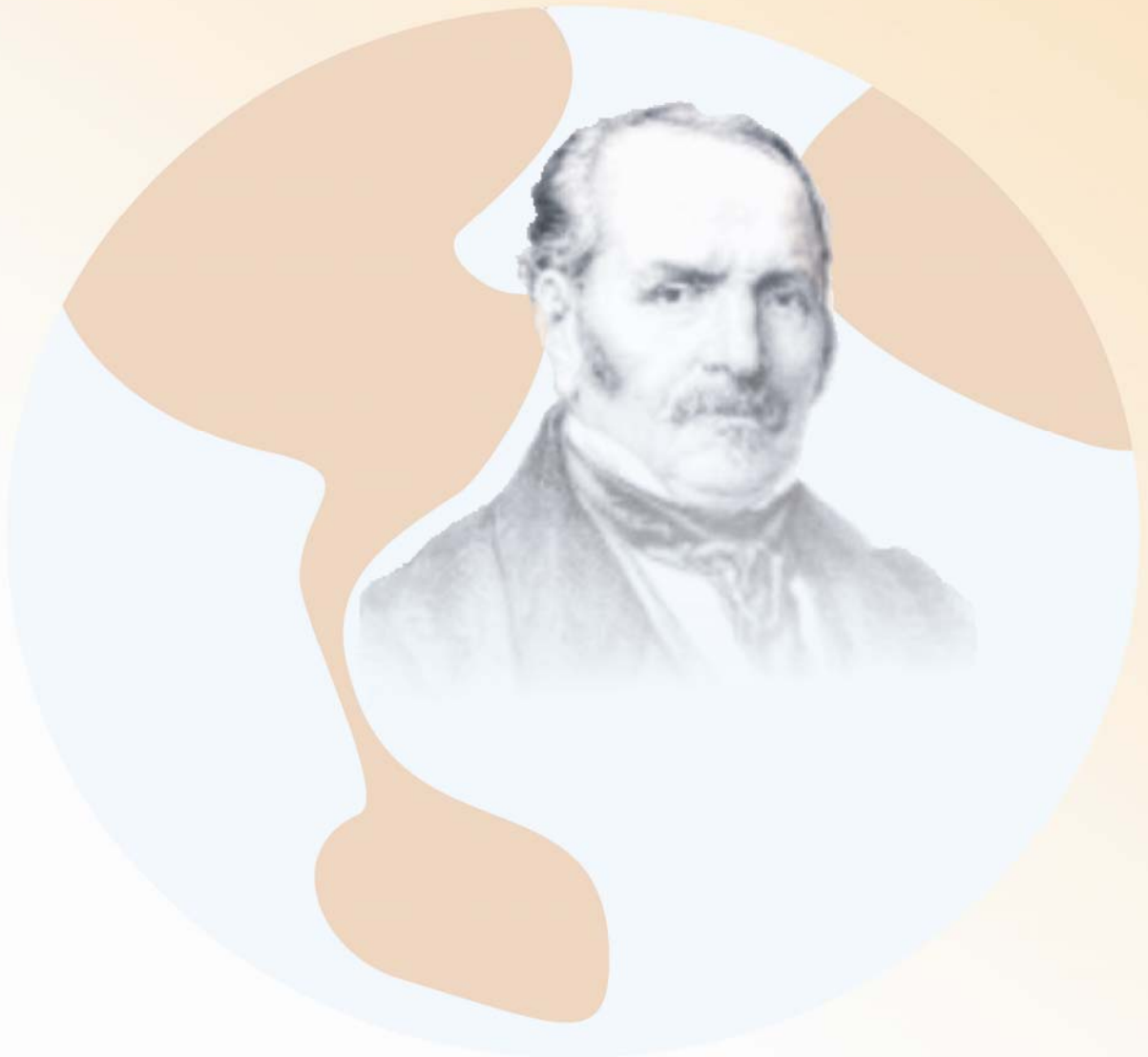
You have just finished the first step of Phase I

Now you may continue on
THE SPIRITIST SCIENCE

Roadmap Program

for the Spiritist Study and Practice

Phase I:
**Advancements on
the Spiritist Science**



Schedule for Phase I
Course 3: Advancements on The Spiritist Science

PROGRAM

- Lesson 1 – Progress and Hierarchy of Spirits
- Lesson 2 – Occupation and Mission of Spirits
- Lesson 3 – Choice of Earthly Trials
- Lesson 4 – Emancipation of the Soul
- Lesson 5 – A Close Study on *Workers of the Life Eternal*
- Lesson 6 – Nature and Sensations of Spirits
- Lesson 7 – The Kingdoms of Nature and Vital Fluid
- Lesson 8 – Obsession: Definition, Causes, Levels, Process
- Lesson 9 – Effects of Obsession on the Perispirit and Treatment
- Lesson 10 – Mediumistic Education
- Lesson 11 – The Power of Faith and Prayer
- Lesson 12 – A Close Study on *Paul and Stephen*

**EACH LESSON OF THIS COURSE HAS ASSIGNMENTS
(HOMEWORK) FOR PARTICIPANTS**



LESSON 1 – PROGRESS AND HIERARCHY OF SPIRITS



OBJECTIVES:

- To understand why Allan Kardec organized the Spirit classification.
- To cite the different orders of Spirits and characterize each one of them.
- To explain how Spirits, created simple and ignorant, can reach spiritual perfection.
- To emphasize the importance of work in the progression of spirits.

PLAN:

1. Facilitator asks for a volunteer for the inspirational reading.
2. Facilitator leads the initial prayer.
3. Facilitator explains the reasons why Allan Kardec organized the Spirit classification.
4. Three participants (or pairs) shall present a 15-minute presentation regarding the three major classes of Spirits (Imperfect, Good, Perfect). Each participant/pair presents one class of Spirits. The presentations shall be based on questions/answers 100-113 of The Spirits’ Book (**Facilitator shall assign it in a previous encounter. It should be voluntary**)
5. Based on each presentation, each participant shall individually classify the characteristics of spirits with their levels in the table below.

CHARACTERISTIC	LEVEL	CLASSIFICATION (Imperfect, Good or Perfect?)
Propensity to do evil:	High, Low, non-existent	
Inclination for charity:	High, Low, non-existent	
Understanding of God:	High, Low, non-existent	
Capable of forgiveness:	High, Low, non-existent	
Moral development:	High, Low, non-existent	
Intellectual development:	High, Low, non-existent	
Necessity of reincarnation:	High, Low, non-existent	
Quality of mediumistic communications:	High, Low, non-existent	

6. Facilitator shall assign two of the questions below to a pair of participants. They shall reflect on the question and write their answer to be presented to the whole class after 10 minutes of reflection. After each pair presents their answers, the facilitator shall guide or complement them based on the teachings of Q/A 114-127 of The Spirits’ Book.
 - a) *Are spirits good or bad by nature, or are they the same spirits made better through their own efforts?*
 - b) *Are some spirits created good and others created bad?*
 - c) *Do any spirits remain forever in the lower ranks?*

- d) Does it depend on the spirits themselves to hasten their progress towards perfection?*
 - e) Can spirits degenerate?*
 - f) Could God exonerate spirits from the trials which they have to undergo in order to reach the highest rank?*
 - g) Do all spirits pass by the road of evil to arrive at good?*
 - h) How is it that some spirits have followed the road of good, and others the road of evil?*
 - i) Why has God permitted it to be possible for spirits to take the wrong road?*
 - j) Will the spirits who have chosen the wrong road be able to reach the same degree of elevation as the others?*
 - k) Are spirits who have reached the supreme degree after wandering into the wrong road less meritorious than the others in the sight of God?*
 - l) Are all spirits created equal in point of intellectual capacity?*
7. Facilitator shall wrap this study session with visualization on our spiritual progress and the good use of free will.
8. Facilitator shall assign a volunteer for the intercessory prayer (see example), the final prayer, and water.

LESSON 2 – OCCUPATION AND MISSION OF SPIRITS

OBJECTIVES:

- To identify the nature of the occupations of Spirits.
- To understand why superior spirits are always associated with useful occupations.
- To give examples of occupations and missions of incarnate and disincarnated spirits.



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator begins session by explaining the difference between mission and occupation.
4. Two participants (or pairs) shall present a 15-minute presentation regarding the mission and occupation of incarnate and discarnate spirits. Presentations shall rely on the following references:
 - a. **Mission and occupation of discarnate spirits – The Spirits’ Book, Q/A 558-572**
 - b. **Mission and occupation of incarnate spirits – The Spirits’ Book, Q/A 572- 584**

(Facilitator shall assign the presentations in a previous encounter. It should be voluntary.)

5. During presentations, the rest of the class shall address the following questions based on the information presented. Meanwhile, the facilitator may comment at the end of each presentation.

Mission and occupation of discarnate spirits

- a) Is the work in the spiritual life equal to that of earthly life?
- b) Does the evolutive level of spirits influence his/her attributes?
- c) If an incarnate spirit had a special work, e.g. Medical Doctor, will he/she continue in the same work in the spirit life? Why?
- d) Can a spirit choose his/her mission?

Mission and occupations of incarnate spirits.

- a) Does every incarnate spirit have a mission? Why?
- b) How do discarnate spirits influence the mission of incarnate spirits?
- c) Can a spirit fail in his mission? If it happens, is there any punishment?
- d) Explain how parenthood can be considered a mission.

6. Facilitator asks for volunteers to present their answers. (20 minutes)
7. Facilitator exposes the main conclusions and recaps the objectives of this lesson. (5 minutes)

8. Each participant is asked to close their eyes and visualize themselves in an illuminated room containing a movie screen. In that screen, they observe the story of their lives, while receiving protection and guidance from their guardian angel (who is next to them). Revisit your occupation and mission in this lifetime. Visualize you and your mentor reorganizing anything needed for the success of the plan of this life. (5 minutes)
9. Facilitator shall assign a volunteer for the intercessory prayer (see example), the final prayer, and water.

Consider work the best way to progress. He who does not work is morally and spiritually paralyzed.
The man who is not devoted to the liberating action of work becomes a drag on the economy and society.

- *Work is life. **Happy Life** by Joanna de Angelis, Channel by Divaldo Franco*



LESSON 3 – CHOICE OF EARTHLY TRIALS

OBJECTIVES:

- To understand the importance of free-will when choosing the trials and atonements for a next reincarnation.
- To get to know of the definition and dynamics of reincarnatory plan.
- To establish the difference between trials and atonements in the physical life.



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator begins by presenting the following concepts:
 - Spiritual disturbance after death (read *The Spirits' Book*, Q/A 163-165; see also cases on *Heaven and Hell* by Allan Kardec)
 - Free-will, determinism and fatalism
4. Three participants (or pairs) shall present a 15-minute presentation on a case study of reincarnatory plan and free-will. Presentations shall rely on the following references:
 1. **Octavio's Fall – The Messengers by Andre Luiz/Francisco Xavier (chapter 7)**
 2. **Aceline's Misfortunes - The Messengers by Andre Luiz/Francisco Xavier (chapter 8)**
 3. **Joel's Experience - The Messengers by Andre Luiz/Francisco Xavier (chapter 10)**

(Facilitator shall assign the presentations in a previous encounter. It should be voluntary.)

5. During presentations, the rest of the class shall address the following questions based on the information presented. Meanwhile, the facilitator may comment at the end of each presentation.
 - What type of physical/moral challenge did each spirit request for their reincarnation?
 - What could have avoided their reincarnatory failure?
6. Facilitator asks for volunteers to present their answers. (15 minutes)

7. Facilitator exposes the main conclusions and recaps the objectives of this lesson. (5 minutes)

8. Each participant is asked to close their eyes and visualize themselves in a high-tech and cozy room where your reincarnatory plan will happen as if you traveled in time. Observe the enlightened Spirit engineers and architects working with love and compassion with you on the planning of your current reincarnation. (5 minutes)

9. Facilitator shall assign a volunteer for the intercessory prayer (see example), the final prayer, and water.

Why do you think that God owes you an explanation?

- The wisdom of God is shown in the freedom of choice given to every spirit, since everyone has to earn advancement.

- The Spirits' Book, Q/A 123.



LESSON 4 – EMANCIPATION OF THE SOUL

OBJECTIVES:

- To establish the difference between sleep and dreams.
- To study the importance of sleep and dreams to the incarnate soul.



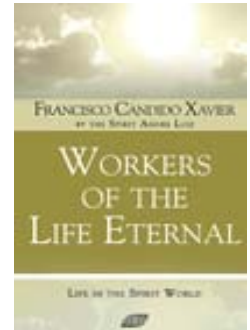
PLAN:

1. Facilitator asks someone to read an inspirational message.
 2. Facilitator says the opening prayer.
 3. Facilitator begins by presenting the general concept of emancipation of the soul based on question 402 of The Spirits' Book. Also cover the topic Intelligent Sleep described in this question.
 4. The coordinator will randomly distribute questions 401, 402, 403, 407, 424 to 5 pairs. (Do not give them the answers). Ask them to reflect on the question received and address it. Discussion will happen after the presentations of the three participants, as described below.
 5. Three participants (or pairs) shall present a 10-minute presentation on the following topics based on the following references:
 - **Sleep and Dreams** (The Spirits' Book, Q/A 403-406)
 - **Nap Time** (The Spirits' Book, Q/A 407-410)
 - **Lethargy, Catalepsy and Apparent Death** (The Spirits' Book, Q/A 422-424)
- (Facilitator shall assign the presentations in a previous encounter. It should be voluntary.)**
6. After presentations, the facilitator may make comments while asking class to revisit the questions posed before. Would they change their answer after the presentations?
 7. Facilitator asks for volunteers to present their answers. (10 minutes)
 8. Facilitator exposes the main conclusions and recaps the objectives of this lesson. (5 minutes)
 9. The whole class will be asked to build a list of recommendations on how to maximize the intelligent sleep efficacy. (5 minutes)
 10. Facilitator shall assign a volunteer for the intercessory prayer (see example), the final prayer, and water.

LESSON 5 - A CLOSE STUDY ON THE BOOK WORKERS OF THE LIFE ETERNAL

OBJECTIVES:

- Get to know about the medium Francisco Candido Xavier (his life, his mediumship)
- Get to know about the Spirit author Andre Luiz
- Understand the dynamics of Spirit Colonies
- Comprehend the relationship between both realms



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator shall distribute the following assignment on the previous lesson day.
 - Assignment: Each participant of the class shall pick one or two of the following 27 questions regarding the chapters of the book Workers of the Life Eternal. Then, on the day of this lesson, participants shall bring their answers and share with the whole class. (45 minutes)

Questions on the book Workers of the Life Eternal

1. Who was Francisco Candido Xavier?
2. Who is Andre Luiz?
3. Who is Emmanuel?
4. Are there organizations, temples, homes where people live out of the Earth's crust? (Preface)
5. What made the instructor Albano Metelo engage in helping others? (Ch. 1)
6. What did instructor Metelo say about the physical structure of the spiritual world? (Ch. 1)
7. What was instructor Cornélio's advice regarding the value of word? (Ch. 2)
8. According to assistant Barcelos what did Freud's theory missed? (Ch. 2)
9. What could assistant Barcelos do to effectively help the candidates of mental disturbance? (Ch. 2)
10. Why do domestic differences and apparent irreconcilable temperament happen in families?(Ch. 2)
11. Describe the Transitory House in terms of its location, services and transportation. (Chap. 4)
12. Do the indebted souls have the right to participate in the planning of their reincarnatory experiences? (chap. 5)
13. Who is Domenico and what was he doing at the Casa? (Chap 6 and 7)

14. Describe the suffering Spirits and why they cried for help. Where there Spiritists among them as well? Describe what helped them. (chapt 8)
 15. Who was Leticia and why was she in the meeting of the institute? (chap 9)
 16. In regard to treating the suffering spirits, how did the spirit helpers know the ones who were available for change? (chap. 10)
 17. Describe the mission of the rescuing group lead by Jerônimo? (Chap. 11)
 18. Why is it important to do charitable actions, such as community outreach programs? (chap. 12)
 19. Who was Dimas? Why were people grateful to him? (ch. 13)
 20. Do suicidal spirits receive help during their discarnation? (ch. 14)
 21. What lessons can we learn from Dimas' viewing and funeral? (Ch. 14 and 15)
 22. Compare Dimas and Fabio's passage to the spiritual realm. (Ch. 15and 16)
 23. Why did Albina receive a moratorium? Who asked for her moratorium? (Ch. 17)
 24. How was the spiritual environment of the hospital where Cavalcante was hospitalized? (Ch 18)
 25. What do we learn from Cavalcante's euthanasia? (Ch. 19)
 26. What is the antidote to idolatry according to Zenóbia? (Ch. 19)
 27. How did Adelaide discarnate? (Ch. 19)
- 4. Final prayer and spiritually blessed water by 2 volunteers. (5 minutes)**

LESSON 6 – NATURE AND SENSATIONS OF SPIRITS

OBJECTIVES:

- To revisit the triple composition of Human Beings;
- To identify the role of the perispirit on the processing of sensations and perceptions;
- To explain how and why certain spirits feel pain, hungry, cold or heat after discarnation.



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator begins by asking everyone to look to a picture (an apple, a boat, anything in the surroundings). Then pose the following question: *“Where was the visual sensation formed: in your eyes or in your brain?”* Comment their answers. Then, pose the following question: Human beings are formed by body, perispirit and spirit. *If all sensations come from the brain, what is the role of the perispirit / spirit?*
4. Facilitator introduces a summary on the triple composition of human beings based on The Mediums’ Book, part II, chapter 1, item 54.
5. Facilitator calls one participant to read Mrs. Helen Michel’s case as described in the book Heaven and Hell by Allan Kardec, chapter 8. After reading the text to the whole class, then, facilitator poses the following question to the class: *If the spirit had already discarnated, how was it possible that she still felt “cold and icy”?*
6. Based on previous class assignment, 5 participants shall present their answers the following questions. Their answers shall rely on The Spirits’ Book, Q/A 257. Facilitator shall help whenever needed.

a) Where are the natural sensations like cold or heat perceived? Is it perceived by the body or by the soul? Can the soul be altered by natural sensations?

b) Where do the elements of the perispirit come from? Is the perispirit a material element? Is the perispirit the same in all inhabited planets of the universe?

c) Is the perispirit the same in all incarnated spirits? How does the perispirit of more advanced spirits differ from the perispirit of inferior ones?

d) Is the suffering of a discarnated spirits only moral or can spirits also complain of “physical” pain? If the spirit does not have a physical body, how is it possible for him to complain of “physical” pain?

e) Is the perispirit the origin of physical sensations?

7. Facilitator runs visualization on our perispiritual body. Asking everyone to pay close attention to the existence of this blessed body and the need to take good care of it.

8. Facilitator shall assign a volunteer for the intercessory prayer (see example), the final prayer, and water.

LESSON 7 – THE KINGDOMS OF NATURE AND VITAL FLUID



OBJECTIVES:

- To discuss the main characteristics of the kingdoms of nature.
- To pinpoint the key differences between humankind and animals.

PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator begins by introducing the concept of organic and inorganic matter, the kingdoms of nature and its subdivision. See *The Spirits' Book* by Allan Kardec, Q/A 585.
4. Then, split class into 4 groups. Each group shall read and discuss the following assigned passages, while addressing the questions below. A representative or two of each group shall present it to the whole class:

Group I: Characteristics of the mineral kingdom.

Read carefully item 18, chapter 6 of the book *Genesis* and Q/A 71 of *The Spirits' Book* by Allan Kardec, then, answer the following questions:

- a) Define universal cosmic fluid.
- b) Define vital fluid and differentiate it from universal cosmic fluid.
- c) What is the vital principle?
- d) What is the state of thought, consciousness in the mineral kingdom? Is there a spiritual principle in it?

Group II: Characteristics of the vegetable kingdom.

Read carefully Q/A 586-591 of *The Spirits' Book* by Allan Kardec, then, answer the following questions:

- a) Is there a spiritual principle in plants and flowers?
- b) What is the state of consciousness in the vegetable kingdom?
- c) Do beings in the vegetable kingdom think? Do plants and flowers have free will?

Group III: Characteristics of the animal kingdom.

Read carefully Q/A 595-599 of *The Spirits' Book* by Allan Kardec, then, answer the following questions:

- a) Is there a spiritual principle in animals?
- b) What is the state of consciousness in the animal kingdom?
- c) Do beings in the animal kingdom think? Do animals have free will?

Group IV: Characteristics of the human kingdom.

Read carefully Q/A 607-610 of The Spirits' Book by Allan Kardec, then, answer the following questions:

- a) What is the difference between the spiritual principle and the Spirit at Human Kingdom level?
 - b) What is the state of consciousness, free will, and thought in the human kingdom?
-
5. Facilitator gives a blank white board (or sheet of paper) with crayons so each participant or group of participants draw their understanding (feeling) on the progress of the spiritual principle throughout the different kingdoms of nature. Play soft instrumental music on the background to help concentration. Each one can present to the whole class at the end.

 6. Facilitator shall assign volunteers for the intercessory prayer, the final prayer, and the spiritually magnetized water.

LESSON 8 – OBSESSION: DEFINITION, CAUSES, LEVELS, PROCESS

OBJECTIVES:

- To understand the definition and causes of obsession through the Spiritist Science view
- To deepen awareness on the levels and process of obsession



PLAN:

1. Facilitator asks someone to read an inspirational message.
1. Facilitator says the opening prayer.
2. Facilitator begins by presenting one or two actual case (s) on Obsession (something from the news, for example). Avoid personal accounts in order to prevent unnecessary emotional catharsis.
3. Previously assigned, 7 participants prepare short presentations (5 minutes) addressing the following questions. See references below to answer questions based on the Spiritist teachings:
 - a. What is obsession? What are the main levels of obsession?
 - b. What are the main causes of obsession?
 - c. Who are the obsessor and the obsessed?
 - d. What are the features of the bad actions of the obsessing spirits onto their victims?
 - e. How can addictions such as alcoholism, drugs, vanity, trigger obsessions?
 - f. Can madness be considered obsession? Why?
 - g. Are there collective obsessions? Explain.

References:

- Kardec, Allan, “Genesis” chapter 14, items 45-49
- Kardec, Allan, “The Medium’s Book”, chapter 23, items 237-140
- Xavier, F. C., “In the Domains of Mediumship”, dictated by Andre Luiz (spirit), chapter 14.
- Franco, Divaldo P., “Obsession”, dictated by the spirit Manoel P. de Miranda, Preface, Leal Editora.

4. The whole class puts together a list on the symptoms of obsession and how one can recognize them.
5. Facilitator assigns volunteers for the intercessory prayer, the final prayer, and the spiritually magnetized water.

LESSON 9 – EFFECTS OF OBSESSION ON THE PERISPIRIT AND ITS TREATMENT



OBJECTIVES:

- To understand the effects of obsession in the spiritual body (perispirit).
- To understand madness according to medicine and Spiritism.
- To interpret according to Spiritism the cases of subjugation reported in the Gospel.
- To identify Christ's authority when dealing with obsessors and obsessed.
- To understand how to prevent obsessions.
- To describe the therapeutic mechanism to treat obsessions.

PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Read the following paragraph together and allow the group to discuss it.
“In human relationships, the predominance of ego is responsible for incessant frustrations and other imbalances, which are characteristic of human beings.” (Joanna de Angelis in Self-Discovery, p. 92) - (10 minutes)
4. Then, facilitator gives an overview of the passages in the New Testament (Mark 1:21-27 and 9:14-29; Matthew 9:32-34 and 12:22-28) reporting Jesus dealing with demons or evil-spirits. Introduce the theme and instruct the group to focus onto the understanding of the so-called “possessions” according to Spiritism.
5. Previously assigned, one participant presents his study on the **effects of obsession in the perispirit**, according to the teachings in the book *Self-Discovery* by Joanna de Angelis / Divaldo Franco (pages 90-91). The presentation shall address the following questions:
 - a) How does reincarnation induce genetic predispositions?
 - b) Explain how hatred can affect the spirit and the perispirit.
 - c) How does obsession affect the spirit and the perispirit?

6. Another participant presents the study on the **effect of obsession on mental and physical health**, as explained in the book *Obsession* by Manoel P. de Miranda / Divaldo Franco, in its foreword section entitled *The obsessed*. Address the following questions when presenting the study:
- a) Who is the obsessed person according to the Spiritist view?
 - b) When does obsession lead to madness?
 - c) The persistent action of an obsessor can cause physical lesions in the organism of the obsessed. Are these lesions reversible or irreversible?
7. A third participant is pre-assigned to present the study on **disobsession therapy** based on the explanations given in the book *Obsession* by Manoel P. de Miranda / Divaldo Franco, in its foreword section entitled *The working team*. Address the following questions when presenting the study:
- d) What is disobsession?
 - e) What are the indispensable rules of the disobsession working team?
 - f) What can the obsessed do to regain spiritual health?
 - g) Should also the obsessed person's family help in the process? How?
8. Facilitator asks participants to create a short brochure on how to prevent and treat obsession.
9. Facilitator assigns volunteers for the intercessory prayer, the final prayer, and the spiritually magnetized water.

LESSON 10 – MEDIUMISTIC EDUCATION



OBJECTIVES:

- To understand the importance of mediumistic education.
- To discuss the significance of emotional education for mediumship.
- To analyze the educational tools for mediumistic education.

PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator writes the word EDUCATION on the board and asks participants to define it. (5 minutes)
4. Then, facilitator brings the Spiritist definition of education as written in The Spirits' Book, in the comment to Q/A 685 and correlates it with the need to educate mediumship as much as we educate our intelligence.
5. In pairs, discuss the following scenarios and identify any problem on it, while also pinpointing the possible solutions. (10 minutes)

CASE 1 – A woman realizes that she is a medium and decides to sell her readings due to her extraordinary ability to foresee the future and see the past.

CASE 2 – In a mediumistic meeting, one of the mediums is undergoing emotional disturbances due to professional and/or work-related issues. He cannot focus his mind during the meetings.

CASE 3 – A couple perceive that they can easily access other people's past lives experiences. Every person they meet, they almost immediately start revealing his/her previous lives events.

6. Three previously assigned participants are asked to prepare a 10-minute presentation based on the following references and topics:
 - FIRST PRESENTER – MEDIUMISTIC COMMUNICATION - The Mediums' Book, item 203
 - SECOND PRESENTER – MEDIUMSHIP EDUCATION - In the Domain of Mediumship, chapter 3.

7. While presentations happen, the rest of the group shall be able to address the following questions, which will be discussed after presentations. (20 minutes)
 - b. Why does the communicating spirit and the medium need to have minimum fluidic harmony?
 - c. Why isn't it always possible to evoke a discarnate spirit?
 - d. What made Celina a respectable and well educated medium?
8. Using crayons, participants will draw their expression of their understanding on mediumship education according to Spiritism. It can be done in pairs or groups, if participants want it. (15 minutes).
9. Facilitator assigns volunteers for the intercessory prayer, the final prayer, and the spiritually magnetized water.

LESSON 11 – THE POWER OF FAITH AND PRAYER

OBJECTIVES:

- To comprehend faith in the Spiritist view.
- To analyze Kardec’s saying on unshakable faith.
- To understand the role and mechanisms of prayer.



PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator will read Kardec’s statement on faith and ask participants to brainstorm on it (10 minutes):

“Unshakable faith is only that which can meet reason face to face in every Human epoch.”

4. All participants shall be pre-assigned to complete one of the following statements based on the related references in parenthesis. Write the completion of each statement in no more than 200 words. Prepare to share your written statement with the whole class. Facilitator asks pair of participants to review each statement and share comments regarding it. (45 minutes)

a) To have faith is _____
(The Gospel According to Spiritism by Allan Kardec, chapter 19)

b) Faith should be reasoned because _____
(The Gospel According to Spiritism by Allan Kardec, chapter 19)

c) Faith is both human and divine because _____
(The Gospel According to Spiritism by Allan Kardec, chapter 19)

d) Reincarnation is important for the development of faith because _____

(The Gospel According to Spiritism by Allan Kardec, chapter 19)

e) Unshakable faith is the foundation of Humankind’s regeneration because _____

(The Gospel According to Spiritism by Allan Kardec, chapter 19)

f) The three goals of a prayer are _____

(The Gospel According to Spiritism by Allan Kardec, chapter 27)

g) The act or prayer is a transmission of thought because _____

(The Gospel According to Spiritism by Allan Kardec, chapter 27)

h) Prayer is a magnetic action because_____

(The Gospel According to Spiritism by Allan Kardec, chapter 27)

10. Writing the three goals of a prayer (ask, praise, and gratitude) on a board, the facilitator asks each participants to write underneath each column their wishes for the group in an exercise of collective prayer. As this is a prayerful reflection, no discussion is needed during this activity. (10 minutes)

11. Facilitator assigns volunteers for the intercessory prayer, the final prayer, and the spiritually magnetized water. (5 minutes)

“Always rely on divine assistance. When you feel yourself besieged, without any chance of release, help will arrive from God. Never doubt the fatherhood of God.”

- *Happy Life* by Joanna de Angelis, Channel by Divaldo Franco



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LESSON 12 – A CLOSE STUDY ON *PAUL AND STEPHEN*

OBJECTIVES:

- Get to know of the spiritual laws that encompass any spiritual work, while revisiting the history of Christianity in the best-selling, detailed, mediumistic book Paul and Stephen

PLAN:

1. Facilitator asks someone to read an inspirational message.
2. Facilitator says the opening prayer.
3. Facilitator shall distribute the following assignment on the previous lesson day.
 - Assignment: Each **group of participants** shall pick one of the following questions regarding the chapters of the book Paul and Stephen. Then, on the day of this lesson, participants shall bring their answers and share with the whole class. (45 minutes)



Questions on the book Paul and Stephen

1. Paul and Stephen has as its subtitle History of Primitive Christianity. Why is it necessary to have a mediumistic book about it? (Emmanuel's Preface)
2. What was the historical and religious status of the time in the book?
3. Who was Abigail? And Stephen? (chapters 1-3, part 1)
4. What is the relevance and importance of Stephen in Paul's mission? (Emmanuel' Preface)
5. Who was Saul of Tarsus? (chapters 1-3, part 1)
6. In the synagogue, Saul talks to Stephen. And Stephen teaches us great lessons regarding religious discussions. What is it? (chapter 6, part 1)
5. Describe Saul's persecution to Jesus' followers. (chapters 7-9, part 1)
6. How did Saul convert to Jesus' teachings? (chapter 10, part 1)
7. In the dialogue between Saul and Ananias, the first one mentions the hardships about the new life. Ananias, then gives an uplifting explanation to Saul. What is it? (last pages of chapter 1, part 2)
8. Why did Saul decide to retreat in the desert? (chapter 1, part 2)

9. In dialoguing with his former mentor Gamaliel, Saul learns about the natural challenges of following a true spiritual life. What did Gamaliel say about them? (chapter 2, part 2)
10. Gamaliel suggested Saul to earn his daily bread by practicing a simple profession. Why? (chapter 2, part 2)
11. What were the first hardships that Saul faced once he started his work as Jesus' follower? (chapter 4, part 2)
12. Who proposed and coined the term "Christian"? How were Jesus' followers named before? Why? (chapter 4, part 2)
13. Saul suggested that Christians should reach out beyond the circle of monotheistic Hebrews. Why? (chapter 4, part 2)
14. Why did Saul mention that material charity was important, but they should focus on the illumination of the soul? (chapter 4, part 2)
15. Who suggested that Saul changes his name to Paul? Why was it necessary? (chapter 4, part 2)
16. Despite the successful healings that Paul and Barnabe were instruments of, Paul got really sick. And the opposition was ferocious in the comments about it. How come a healing medium such as Paul got sick? (chapter 4, part 2)
17. Tamiris, rejected in her romantic expectations, created a story saying that Paul was a wizard. Barnabe and Paul were tired and sick. Then, someone approached them to propose that they rested before they left the city. What was Paul's answer and teaching? (chapter 4, part 2)
18. In discussion with Peter and Barnabe, Paul mentions about his concept of friendship to God versus the friendship to the world. Explain and discuss it. (chapter 5, part 2)
19. What can we learn from Paul's frustrating missionary trip to Greece? (chapter 6, part 2)
20. One day, Paul was feeling overwhelmed, and after praying, he received the spiritual visit of Jesus. What did Jesus recommended to him? (chapter 7, part 2)
21. In a dialogue between Tiago and Paul, Tiago mentioned that Jesus has given everyone a mission which differed in its form, but was identical in essence. Discuss the teaching. (chapter 8, part 2)

22. Paul mentions to Luke that there are two types of people who may be resistant to Jesus' teachings. Who are they? (chapter 9, part 2)
 23. Describe Paul's discarnation and the ones who awaited him in the Spirit realm. (chapter 10, part 2)
 4. Facilitator summarizes Joanna de Angelis and Divaldo Franco's psychological insights on Saul/Paul's conversion as published in issue 6 of the Spiritist magazine.
 5. Facilitator assigns volunteers for the intercessory prayer, the final prayer, and the spiritually magnetized water.
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Congratulations!

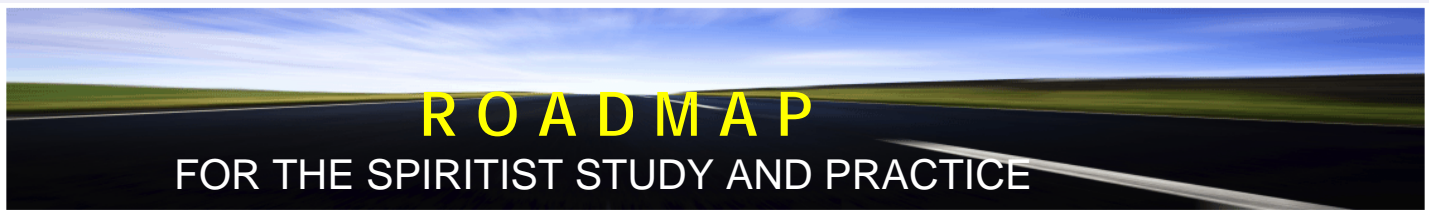
You have just finished the last step of Phase I

Now you may continue on

PHASE II

Step 1:

**THE SPIRITUAL LAWS OF
THE SPIRITIST PRACTICE**



PHASE I

PHASE II

PHASE III

[REGISTRATION](#)

[Rules and regulations for Coordinators and Monitors](#)

You can do this course online at



Registration Form

Please use the form below to register yourself on the Roadmap Program for the Spiritist Study and Practice at the Spiritist Society of Baltimore.

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(optional)

Comments:
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ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE



[PHASE I](#)

[PHASE II](#)

[PHASE III](#)

[REGISTRATION](#)

[Rules and regulations for Coordinators and Monitors](#)

Phase I

Rules and regulations for Coordinators and Monitors

The Roadmap Program for the Spiritist Study and Practice focus on the sole goal to promote the study and practice of Spiritism, while contributing to the formation of a team of Spiritist practitioners at the Spiritist Society of Baltimore, Inc.

It welcomes everyone to participate to its meetings without distinction to sex, race, religion or nationality. Each meeting comprises of a 1 1/2 minutes hour-study session in this phase 1. Coordinators and monitors will work together in order to fulfill two major responsibilities: (1) to guarantee each participant's study and understanding of Spiritism as contained in Kardec' books; (2) the organization of the meetings according to the course master's instructions. The course master may appoint coordinators and/or monitors that will take turns in the conduction of the meetings. It is essential that each coordinator-monitor pair follows the rules and regulations contained herein in order to guarantee an optimal level of achievement from participants. Monitors will essentially assist the coordinators in each assignment as well as in the preparation of the room, prayer and spiritually magnetized water distribution.

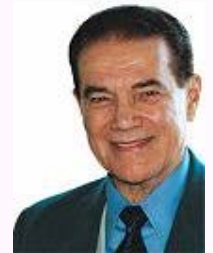
Each coordinator-facilitator shall:

1. Be committed to the two major responsibilities stated above.
2. Prepare the study theme days in advance.
3. Arrive at least 30 minutes prior to the beginning of the study session.
4. Be in charge of the room set up.
5. Welcome participants and begin the study meeting with a prayer. Take attendance at the beginning of the meeting.
6. Contact the course master after each meeting with an oral and/or written progress report.
7. Please, also report ideas and/or concerns to the course master at (410) 382-5328 or ssb@ssbaltimore.org

Thanks!

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SPEAKERS



Keynote address

Health, Peace and You

Divaldo P. Franco

Divaldo Franco is a worldwide renowned speaker. He has given more than 14 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published more than 200 books and 70 of them have already been translated in 16 languages.

On the 15th of August, 1952, he along with his cousin Nilson de Souza Pereira, established the "*Mansão do Caminho*" (Mansion of the Way), an institution which has provided housing, education, and care for over 600 adopted children in Salvador, Bahia, Brazil, through a system of foster homes. The "*Mansão do Caminho*" has become a very large educational institution complex with 22 activities which provide guidance to more than 3,000 children and teenagers everyday - all free of charge. To this date, more than 30,000 boys and girls have received an education and care at *Mansão do Caminho's* many schools.

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The Science and Spirit of Energy Healing: Applications to Personal Health and Global Peace

Gary E. Schwartz, PhD

Gary E. Schwartz, Ph.D. is professor of psychology, medicine, neurology, psychiatry and surgery at the University of Arizona and director of its Human Energy Systems Laboratory. After receiving his doctorate from Harvard University, he served as a professor of psychology and psychiatry at Yale University, director of the Yale Psychophysiology Center, and co-director of the Yale Behavioral Medicine Clinic.

He has published more than four hundred scientific papers, edited eleven academic books, and is the co-author, with Linda G. Russek, Ph.D., of *The Living Energy Universe*. And author of *The Afterlife Experiments: Breakthrough Scientific Evidence of Life After Death*



Prophecy and World Peace: Spiritual Health and Healing

Zohara Meyerhoff Hieronimus

Zohara Meyerhoff is an award winning radio broadcaster, author, social justice and environmental activist, and pioneer in Holistic Health Care. She is as well the Founder and Executive Director of the Ruscombe Mansion Community Health Center, which has since 1984 served east coast clients with holistic health care services and programs. Zohara received The Garland of Excellence Award in 2005 from a Sir Paul McCartney sanctioned Charity, the Garland Appeal, for hers' and Ruscombe's two decades of service.

Zoh has contributed to national publications such as Insight Magazine, Media By-Pass, and The Washington Times. Her work with her husband, Dr. Bob Hieronimus and their media company, Hieronimus & Co., has been featured on ABC radio, CNN, C-SPAN, PBS, The Larry King Show, Strange Universe, and in dozens of leading publications such as The Wall Street Journal, The Washington Post, The New York Times Magazine, The Baltimore Sun (...). She has just published the book: *Kabbalistic Teachings of the Female Prophets: The Seven Holy Women of Ancient Israel*



It begins with me

Rev. Dr. Jeffrey Proctor

While studying for a career in psychobiological research at UCLA, Jeffrey Proctor discovered metaphysical New Thought teachings and became an avid student of the perennial philosophy(...) In August of 1993, he received his license as a Minister of Religious Science and traveled to Knoxville, Tennessee to serve that community.

In March of 2000, his vision took him to a new ministry in Maryland, where he became the leader of the Greater Baltimore Church of Religious Science. He had been involved with the community from the very beginning, as he served as the sponsor to Religious Science Baltimore's founder, the Rev. James Lockard. Under his direction, the community has successfully navigated the shift in leadership, opening up in creative and wonderful ways (...) As a speaker, he excels at bringing the principles of Religious Science to people on many levels in a playful and inspiring way.



Living the Spiritist Message

Jorge Godinho Nery

Co-founder of the SSB, Advisor of the Brazilian Spiritist Federation, and General of the Brazilian Air Force



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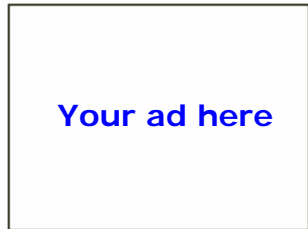
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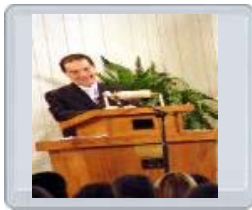
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Photos from the historical event in Lily Dale-NY (July 21-22/2006), where Spiritism and Spiritualism finally came together again. The First Spiritist Weekend in the Spiritualist City had three Spiritist Presenter: [Divaldo Franco](#), [Vanessa Anseloni](#) and [Maria Gertrudes](#). [Click to enlarge photos!](#)

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THE NEW GENERATION: The Spiritist View on Indigo and Crystal Children

Keynote Address by **DIVALDO FRANCO**

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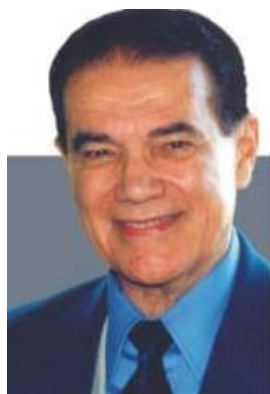
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[Divaldo P. Franco](#)

Divaldo Franco is a worldwide renowned humanitarian, Spiritist speaker and medium from Brazil whose accomplishments include:

- Founded the Mansion of the Way, an educational nonprofit organization that supports at-risk children and youth, as well as their parents;
- Awarded Peace Ambassador of the World by the Embassade Universalle Pour la Pax in Geneve, Switzerland;
- Given 14,000 lectures throughout 56 countries including eight talks at the United Nations;
- Published over 200 books through his extraordinary mediumship.

see [Divaldo's bio here](#)

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Divaldo P. Franco

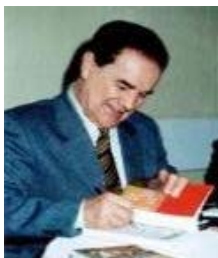


Divaldo Franco is a worldwide renowned speaker. He has given more than 10 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor

Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated in 15 languages.

Biography

Born in Feira de Santana, a small town in northeast Brazil, in the state of Bahia, Divaldo displayed clairvoyance and clairaudience before he was 5 years old. Through his childhood, Divaldo played with friends from another dimension of life that others could not see or hear. In 1947 Divaldo, along with his friend Nilson Pereira, founded "*Caminho da Redencao*" (Pathway to Redemption) Spiritist Center - this was the beginning of a labor of love to benefit the sick and those in need. Two years later, in 1949, Divaldo saw through clairvoyance a very large area with many children and, through clairaudience, Divaldo heard a voice stating that his life would be dedicated to caring for children in need. In 1952, then, "*Mansão do Caminho*" (Mansion of the Way) was established to provide housing and care for orphaned children in Salvador, Bahia, through a system of foster homes. All of this has been going for over 50 years now, and still is going strong -- and growing.



As an educator, Divaldo's life is also one marked by devotion. Since 1952 more than 600 adoptive sons and daughters have been raised in the system of foster homes at *Mansao do Caminho*. As time went by elementary, middle, high and professional schools were created to cater to the ever growing number of children. "*Mansao do Caminho*" has become a very large educational institution complex with 22 activities which provide guidance to more than 3,000 children and teenagers everyday - all free of charge. To this date, more than 30,000 boys and girls have received an education and care at *Mansão do Caminho's* many schools.

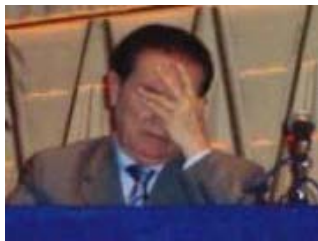


As a speaker, Divaldo has ministered more than 10,000 lectures and conferences in more than 300 cities worldwide. In the 25 states of Brazil alone Mr. Franco has lectured at more than 600 cities. Divaldo has held lectures and seminars in 53 different countries: 21 in Europe, 21 in the Americas (North, South and Central), 5 in Africa and 6 in Asia Mr Franco has also spoken 7 times for the United Nations - 4 times in the New York headquarters, and 3 times in Austria, at the Vienna headquarters. Divaldo has also lectured in more than 40 universities throughout the world, always addressing issues of great importance for the human being in its search for enlightenment. Mr Franco is no stranger to media either: Divaldo has done more than 215 interviews to various TV and radio stations throughout the world and, in Brazil, Divaldo's home country, he has been interviewed more than 800 times. Divaldo's schedule, as you can see, is always a busy one.

Honors received. Through his life of dedication to others, Divaldo has received many honors. Mr. Franco has been recognized with 572 honors from around the world. Among these many honors, some stand out. They are: " The degree of Doctor of Humanities Honoris Causa in Spiritual and Psychic Sciences from the International College of Psychic and Spiritual Sciences and from the government of Montreal, Province of Quebec, Canada; " the "Medaille de Reconnaissance" from the Humaniste Institute of Paris; " the "Medalha Camara Municipal de Leiria", Portugal; " the "Medalha da Cidade de Lobito", bestowed by Government of Angola, Africa; " the degree of Doctor of Parapsychology Honoris Causa from Cyberam University in Illinois; " the degree of Dr Honoris Causa from the University of Bahia, which was the first time a title of Doctor Honoris Causa was given to a Spiritist medium; and " the Diploma of the Order of Merit, a distinction given by degree of the President of Brazil to those who stand out at national level for their dedication and work in helping fostering the welfare of others.



As a medium, Divaldo has co-authored more than 170 books through psychography - also known as automatic writing. Of those, approximately 100 have been translated into 15 different languages. More than 217 spiritual writers have authored messages through his channeling. Mr Franco has also written messages in languages he did not know, such as German, French, Italian, Castilian, Afrikaans and even backwards English. In fact, he published "*Hacia Las Estrellas*", the first book to have been ever written through automatic



writing in a language other than the medium's own. Perhaps the most impressive fact of Mr Franco's accomplishments as a medium and writer is that his works have sold an impressive amount of 7 million copies, and all of its proceeds go into helping maintain *Mansão do Caminho*. *We could certainly extend his introduction to encompass many more accomplishments. Instead, please come and meet Divaldo at his outstanding seminar.*

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SpiritistNews

Year 6, Issue 2, March/April 2008



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Mailing Address:
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

Assistant Editor:
Becky Stafford

2nd U.S. Spiritist Symposium, a banquet of light!

Highly innovative and spiritual, the 2nd U.S. Spiritist Symposium provided enlightenment, integral healing and friendship. Following on the footsteps of the 1st U.S. Spiritist Symposium (held in Baltimore, MD in 2007), the meeting promoted our national Spiritist movement by integrating the many Spiritist centers from throughout the country, while exposing some of the nation's potential in highly qualified Spiritist scholars.

The opening ceremony began with many surprises. The Art and Spirituality moment open the event with live classical music conducted and played by Livia A. Sandoval (professional pianist) and Frederico Gouveia (violinist and manager of the Philharmonic Orchestra of the Americas, based in Manhattan). Ms. Sandoval composed the opening music especially for the Symposium, "inspired by the Enlightened Spirits," as she mentioned. Then, the professional ballerina Ana Luiza Thompson danced a classic ballet choreography entitled Healing with Fluids. The art and spirituality moments inspired all in the audience to standing ovation.



Then, the representative of the International Spiritist Council (ISC), Dr. Cesar Perri de Carvalho, launched The Spiritist Magazine, an official publication of the ISC, and the only existing English-written Spiritist magazine in the world nowadays. Divaldo Franco's video message (voice over by Steve Shepard) was another surprise to all. "(...) *We congratulate our dear companions in the United States that are promoting the 2nd Spiritist Symposium in the noble country, mainly because this time all activities will be held in the native language of the American people. To take the Spiritist message to each country in its own local language is an unpostponable duty. We do not have the right to impose our point of view or our*



beliefs, but we have the duty to explain them, correctly, and clearly (...)" said the medium.

The introductory lecture by Vanessa Anseloni talked about *The Spiritual Laws of the Spiritist Practice*. She reminded all that the Spiritist practice has much to offer to the U.S., especially when facing the aftermath of a war, as millions struggle with mental illnesses. "The inner freedom is sought after by all, as much as the founding fathers envisioned it at the beginning of their mission. In the Declaration of America's Independence, we may find important elements to also guide our Spiritist practice."

A delicious lunch break at Central Park under a sunny day also gave refreshing hopes to participants who came back for the next session, a panel discussion on the Immune Surveillance of the Soul. Nahur Fonseca wisely approached the topic of the photograph of the thought mixing a strong background of physics and the teachings of Spiritism. Then, Susana Simoes enthusiastically guided attendees into the understanding of the therapeutic features of mediumship. Anisio Resem concluded the session with the explanation on the Christ Consciousness and its miracles.

Continued on page 2



SPEAKERS



Vanessa Anseloni (SSB-MD)



Nahur Fonseca (AKSS-MA)



Susana Simoes (CLSG-FL)



Anisio Resem (SSSD-CA)



Paula Schmidt (SSB-MD)



Eydie Martinez (SGNY-NY)



Jussara Korngold (SGNY-NY)

The testimonial session on *The Role of the Spiritist Therapy in my Life* was conducted by Paula Schmidt and Eydie Martinez. Dr. Schmidt shared her insights on how Spiritism may provide new tools for mental health at personal and professional levels. Ms. Martinez ardently shared her life experience and its improvements since undergoing Spiritist treatments.

Twenty posters composed the largest poster session organized in a Spiritist event. Inspired in the academic model, the session had 21 poster presenters (Eduardo Guimaraes, Addison Cornwell, Dulce Story, Carolina Strosnider, Frederico Gouveia, Brian Vosberg, Abilio Andries, Eliana Preda, Leonardo Vieira, Fernando Flores, Celia Batista, Livia Trevisani, Renata Taveira, Ricardo Mastroleo, Junara Araujo, Fernanda Ferreira, Julio Carvalho, Felipe Bucalo, Hugo Melo, Gilberto Neves, Fabiana Moura) who introduced the public to The Spiritist Foundation and Its Therapeutics. Presenters also entertained questions by all who sought after deeper notions on the Spiritist Science. Posters will be available at the Spiritist Symposium's website: www.spiritistsymposium.org.

After a coffee break, the round table discussion composed by Gloria

Coelho, Amy Biank and Mauricio Cisneiros provided deep understanding on Why American Spirituality needs Spiritism. The mature, well-balanced and disciplined discussion shed light on the need to spread Spiritism by (1) translating more Spiritist books that are culturally-fit to Americans, (2) organizing more Spiritist centers in the English language, and (3) having an organized material containing instructions for Spiritist directors.

The final lecture by Jussara Korngold kindly invited all to reflect on Kardec's masterpiece, the book *Genesis*. From how she lead the translation of the book into the English language to the book's illuminated teachings, Mrs. Korngold concluded her talk approaching the spiritist view on Jesus' miracles.

The 2nd Symposium arrived at its grand finale with a therapeutic visualization carried on by Elmo Deslandes and the violinist Frederico Gouveia.

Twenty four organizations sponsored this successful event that shall continue to inspire all in the preparation for the **3rd U.S. Spiritist Symposium to be held in Boston, MA, on April 18, 2009.**

THE DAY AFTER

Spiritist directors and practitioners from several Spiritist centers in the U.S. and the representative of the ISC, Cesar Perri, got together on the day after the symposium to discuss the current scenario of the U.S. English-speaking movement, while identifying solutions to spread it at greater levels. The main highlight pointed by participants was the need to organize local Spiritist events in each State of the U.S. More information on this meeting, will soon be posted at the Symposium's website: www.spiritistsymposium.org.



Spiritists present at the meeting, on April 20th 2008, at the SGNY headquarter, to discuss the current scenario of the U.S. English-speaking movement.



Some Spiritist participants, organizers and practitioners posing, in front of the New-York Historical Society, for a friendly picture after the 2nd Spiritist Symposium on April 19th, 2008.



Cesar Perri de Carvalho from the International Spiritist Council (ISC) launching **The Spiritist Magazine** during the opening of the event.



ROUND TABLE DISCUSSION:

Why American Spirituality needs Spiritism by (Left) Gloria Coelho (CSC-CO), Mauricio Cisneiro (CSCS-FL) and Amy Biank (Angel Center-IL). The discussion brought many points on what we should do to more effectively spread Spiritism in America.



Art & Spirituality gave the right tuning to the event. Frederico Gouveia and Livia Sandoval (professional musicians) performing the music composed specially for the event.



Through dance, Ana Luiza Thompson (GETUH-MA) dances a classic ballet choreography entitled *Healing with Fluids*.



Closing moment with a visualization conducted by Elmo Deslandes (SGNY-NY) and the violinista Frederico Gouveia.

Gathering of Love

The sole purpose of the Spiritist Symposium is to promote the English speaking Spiritist movement; to strengthen and value the efforts of all Spiritist centers that promote Spiritism in the English language.

“People may doubt what you say, but they will believe what you do.”

-Lewis Cass

The Second Spiritist Symposium was a banquet of love and healing. From the therapy of the music to the treatment of the enlightening words of the speakers, we had the opportunity to receive its remedy. The location couldn't be more appropriate. The New-York Historical Society set in the New York's heart gave us a fresh atmosphere. The encounter with friends and/or new friends – incarnates and discarnates - gave us the opportunity to exchange ideas, thoughts and feelings about the Spiritist therapy and its healing effects.

The introductory lecture –The Spiritual Laws of the Spirits practice- attuned us with the purpose of the symposium and gave us the set of mind necessary to start our day of enrichment.

The panel discussion reminded us about the power of thoughts and how we can transform our lives by thinking positively, praying and keeping a good attitude either in happy or adverse circumstances. Also the panel enlightened us about Mediumship and its therapeutic features, Christ consciousness and its miracles. All presentations cheered our souls.

The Inspirational Moment connected our hearts together as we followed the testimonies of those who embrace Spiritism in their lives. They shared with us their personal path and how Spiritism has



changed the way they think and lead their lives. We witnessed two stories of hope!

The poster session was an opportunity to exchange and extend our Spiritist ideas one-on-one. After that the round table discussion opened the door to a very neuralgic topic nowadays: Why American Spirituality needs Spiritism. The conversation of the three speakers leads us to a new frontier and helped us to visualize new paths in the Spiritist dissemination.

The final lecture was an invitation to go over the beautiful pages of Allan Kardec's last book “Genesis”. We finished our day with a therapeutic visualization that gave us the strength and harmony to continue our journey in this life time. Yes, definitely the symposium was a banquet of love!

Submitted by **Alba N. Morales**
04-23-2008

Poster presenters at the 2nd U.S. Spiritist Symposium in New York on April 19, 2008



Abilio Andries (IESS-NY)



Hugo Melo (IESS-NY)



Carolina Strosnider (SSB-MD)



Fernanda Ferreira (AKSS-MA)



Julio Carvalho (SCDL-NJ)



Livia Trevisani (AKSSCO-FL)



Leonardo Vieira (SSB-MD)



Junara Araujo (SGNY-NY)



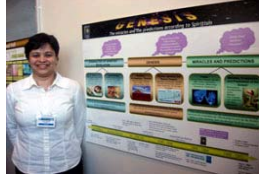
Eliana Preda (Blossom-CA)



Eduardo Guimaraes (IESS-NY)



Fernando Flores (AKSS-CT)



Celia Batista (SSB-MD)



Ricardo Mastroleo (AKSEC-TX)



Gilberto Neves (AKSS-MD)



Fred Gouveia (SGNY-NY)



Felipe Bucalo (LISS-NY)



Brian Vosberg (LLSC-NJ)



Addison Cornwell and Dulce Story (LISS-NY)



Fabiana Moura (SSB-MD)



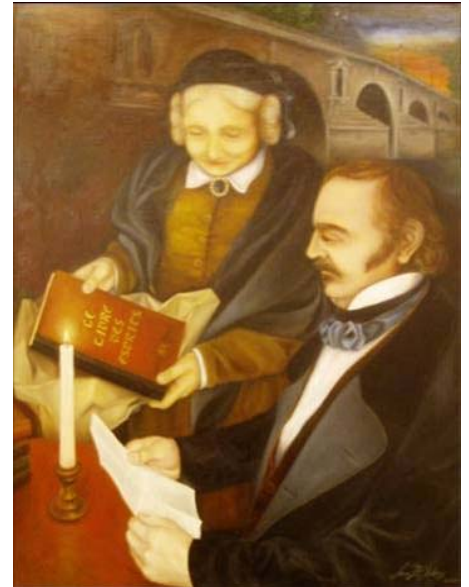
Renata Taveira (JASS-PA)

Transformative Ideas Became Book

Kardec's conversations had been going on for nearly two years, when he one day remarked to his wife, in reference to the unfolding of these views, which she had followed with intelligent sympathy: "It is a most curious thing! My conversations with the invisible intelligences have completely revolutionized my ideas and convictions. The instructions thus transmitted constitute an entirely new theory of human life, duty, and destiny, which appears to me to be perfectly rational and coherent, admirably lucid and consoling, and intensely interesting. I have a great mind to publish these conversations in a book, for it seems to me that what interests me so deeply might very likely prove interesting to others as well." His wife warmly approved of the idea, and so he then submitted it to his unseen interlocutors, who replied in the usual way that it was they who had suggested it to his mind; that their communications had been made to him, not for himself alone, but for the express purpose of being given to the world as he proposed to do; and that the time had now come for putting this

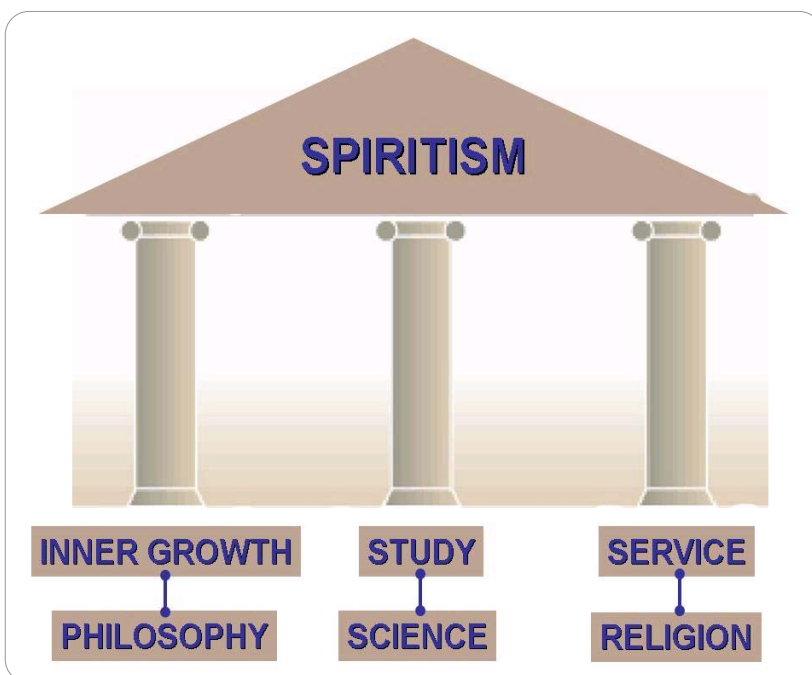
plan into action. "To the book in which you will embody our instructions", continued the communicating intelligences, "you will give, as being our work rather than yours, the title *Le Livre des Esprits* (THE SPIRITS' BOOK). You shall not publish it under your own name, but under the pseudonym ALLAN KARDEC. Keep your own name Rivail for your own books already published, but take and keep the name we have now given you for the book you are about to publish under our orders, and, in general, for all the work that you will have to do to fulfill the mission, which as we have already told you, has been confided to you by Providence, and which will gradually open before you as you proceed in it under our guidance."

The book thus produced and published sold very quickly, winning converts not only in France, but all over the Continent, and making the name of ALLAN KARDEC "a household word" to the readers who knew him only in connection with it. From that time onwards, he was called only by that name, except by his old personal



friends, with whom both he and his wife always retained their family name. Soon after its publication, he founded The Parisian Society of Psychological Studies, of which he was President until his death, and which met every Friday evening at his house for the purpose of obtaining from spirits, through writing mediums, instructions in the elucidation of truth and duty. Until his death, he also founded and edited a monthly magazine, entitled *La Revue Spirite*, which was devoted to advocating the views set forth in The Spirits' Book.

(The Spirits' Book, pages 20-21, ISC edition)



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Inspired by Allan Kardec's works in the *Revue Spirite* (founded on January 1st, 1858), **The Spiritist Magazine** aims to bring to Spiritists and the lay public updated news about the Spiritist science, including its advancements on the understanding of our origin, nature, and destiny as immortal spirits. The magazine also focuses on revisiting Allan Kardec's foundational works.

This first edition was made available at the 2nd Spiritist Symposium at New York Historical Society on April 19, 2008.

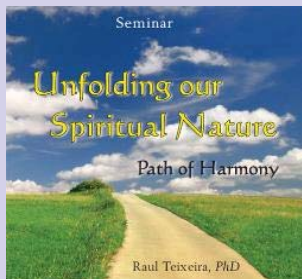
Initially, The Spiritist Magazine will be published quarterly in print and online starting in April 2008. Subscriptions is now available online. For more information please go to:

www.thespiritistmagazine.com



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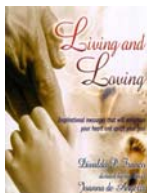


UNFOLDING OUR SPIRITUAL NATURE: Path of Harmony

by Prof. Raul Teixeira

In an unmatched wisdom, Prof. Raul Teixeira tells us who we are, our origin, nature and destiny. Combining scientific teachings of physics with the profound insights of Spiritism, lives when discussing everyday

life topics such as sympathy and antipathy, life and death, suicide and euthanasia, pain relief and past lives. (*Voices: Greg Stewart and Vanessa Anseloni*)

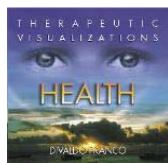


Living & Loving

Divaldo Franco/
Joanna de Angelis

This book is for your day-to-day use. With beautiful inspirational messages, each page of this little book brings joy and comfort to all events of life.

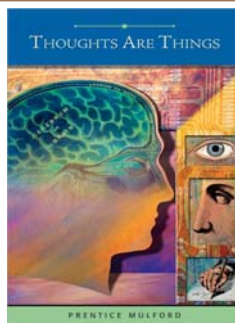
To order these books and CDs and more go to: www.ssbaltimore.org/bookstore



Therapeutic Visualizations - Health - CD

Divaldo Franco
(Voice: Greg Stewart)

This CD is unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health...



Book Highlights

Spiritist teachings in "Thoughts are Things" (1889) by Prentice Mulford

Spiritual Mind Vs. Material Mind

Every thought of yours is a thing as real, though you cannot see it with your physical, outer eye, as a tree, a flower, a fruit.

The mind of the spirit knows that it possesses other senses akin to those of physical sight and hearing, but more powerful and far reaching.

The material mind sees as the principal use of any art only a means to bring money, and not in such art a means for giving variety to life, dispelling weariness, resting that portion of the mind devoted to other business, improving health and increasing vigor of mind and body.

Who are our relations

Physical or "blood relationship" has very little bearing on the real or mental relationship.

You can live neither healthfully nor comfortably, unless with those whose thought-atmosphere (a literal emanation from them) is similar to your own.

It is because your spirit requires another thought food or atmosphere, which only another and probably higher order mind can give. (p. 12)

A mother should care a great deal for her own cultivation. A genuine mother will continually compel the admiration and respect, as well as love of her children.

If you allow your will constantly to be overborne by another (...), you will fossilize, and sink in hopeless servitude.

For the child's mind as we call it, is really a mind or spirit, which has lived other lives from infancy to maturity (...)

You did not make that son or daughter's character. It was made long before that spirit had he use of its last new body. That traits, what imperfections were very prominent in its last existence, will appear in its next.

No person is really reformed by another (...). Reform must come from within. It must be self-sustaining.

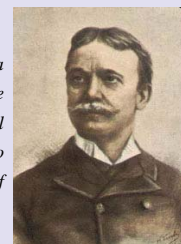
Thought Currents

We need to be careful of what we think and talk. Because thought runs in currents as real as those of air and water. Of what we think and talk we attract to us a like current of thought. This acts on kind or body for good or ill.

When you are in low spirits or "blue" you have acting on you the thought current coming from all others in low spirits.

Prentice Mulford

A New Thought pioneer, Prentice Mulford (1834-1891) was a noted literary humorist and California author. After a time fortune hunting in the 1849 gold rush and writing for several Californian newspapers, Mulford turned his attentions to spiritual matters. His influence is still felt in the writings of today's best mental and spiritual authors.



"Help without demands, so that others may help you without complaints." - by Chico Xavier /Andre Luiz

Events in the U.S.



5th Family Spiritist RETREAT

"Generosity in the family - the World is my family"

The Family Spiritist Retreat is a one-day event organized by many Spiritist Centers throughout the North Eastern region of The United States. It happens during the summer

vacations and consists of many educational and integralizing activities. It is an opportunity of work in family with Jesus.

This year's retreat will be on **July 13th, 2008**. Breakfast will be served at **9am** and the end of the activities will be at **4pm**. All meals are provide by the organization of the event.

Date: **July 13th, 2008**

Time: **9am - 4pm**

Location: **Old Mine Park,
Old Mine Road,
Trumbull, Connecticut**

Registration: Until May 31st

- 0 to 3 year-old.....US\$ 10.00
- 4 to 12 year-old.....US\$ 15.00
- 13 and older.....US\$ 20.00

From June 1st to June 30th, add US\$5.00 to each person.

No registration will be accepted after June 30th.

Contacts:

- Eduardo Guimarães (NY): 1 718 729 3034
- Nahur Fonseca (MA): 1 857 472 2922

For more info. site: www.familyspiritistretreat.org

e-mail: info@familyspiritistretreat.org

TWO WORKSHOPS IN ONE DAY!

by Vanessa Anseloni, *PsyD, PhD*

Long Island Spiritist Doctrine Studies - Long Island - NY



1- INSIGHTS ON SPIRITUAL PARENTING

Hands-on Exercises for Parents and Educators to help them (1) fulfill their mission; (2) empower their educational role; (3) learn forgiveness in regard to mistaken approaches used in the past; (4) learn forgiveness concerning their relationship with their own past educators and parents.

2- THE NEW GENERATION: THE SPIRITIST VIEW ON INDIGO AND CRYSTAL CHILDREN

The New Generation: The Spiritist View on Indigo and Crystal Children Enlightenment and practical, this workshop has been acclaimed in 2006 and 2007. It brings a Never before heard, profound view on the New Generation; the Indigo & Crystal children. The central objective of the workshop is to deepen our understanding of our children, youth, As much as ourselves. Dr. Anseloni introduces practical teachings combining findings from The fields of Neuroscience, Psychology and Spiritism. Based on her recent book (*The New Generation The Spiritist View on Indigo and Crystal Children*) written with the internationally Renowned medium, speaker and educator Divaldo Franco, Dr. Anseloni will cover topics such as:

- Understanding Indigo and Crystal
- Indigo Children and ADHD
- The New Generation on Human Brain
- Cases on Indigo and Crystal Children
- Visualization for the New Generation and their mission

The outcome of this experience shall change the way you view your children, society and yourself!

May 10th, 2008
2pm - 5:30pm

Free Admission and Refreshments

More info: (631) 750-5419

www.lispiritistdoctrine.com



II UNITED STATES SPIRITIST MEDICAL CONGRESS

October 3, 4 and 5, 2008
Fort Lauderdale - FLORIDA

For more information and registration go to:

www.spiritistfederation.us/2008_SMC_001/With_fl/html/0822.html

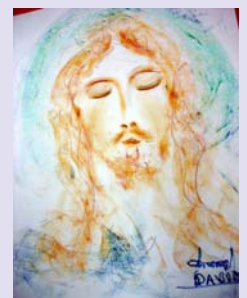
PAST EVENTS



Mediumistic Painting

As part of the SSB 10th anniversary countdown we had the pleasure to receive the medium painter Hercules Fernandes last April 6. The section was beautiful conducted by the enlightened Spirits. In 1h15min, we were cheered by 15 pictures brought through different spirits. It was a true therapeutic moment for those attending the service. Some of the pictures are showed below.

Mr. Fernandes (originally from Brazil) is experienced in painting mediumship for more than 20 years. Throughout the last years, he has been a member of the *Allan Kardec Spiritist Center of NY*.



Duration of Painting: 3-5 minutes/each (average)

10 years SSB Upcoming Events - Countdown



Music and Mediumship: Can composers be Mediums? by Violinist Frederico Gouveia

Sunday, MAY 4
10:30 am – 12 pm

He has enchanted the hearts of hundreds of people in New York! Mr. Gouveia, B.M. in Music Business and Entertainment Industries. He was a Violin student of professor Glenn

Basham University of Miami – Coral Gables, FL. He recently moved to New York City to be the manager of the Philharmonic Orchestra of the Americas, based in Manhattan.

Come hear Frederico Gouveia enlighten our lives with his insights and harmonious music!

The Spiritual Dimensions of the Spiritist Center by Suely C. Schubert

Monday, May 19
7-9:30 pm



One of the most recognized Spiritist scholars in the world, Suely Schubert has written many Spiritist books that became deeply relevant to the Spiritist movement. Experience in the work of mediumship, especially in disobsession treatments, she comes to the SSB to deepen our understanding on the ins and outs of the spiritual dimensions of the spiritist center.

(FOR SPIRITIST PRACTITIONERS ONLY)



Spirituality for Children by Vanessa Anseloni & musician Angelika

Sunday, June 28, 2008
10:30 am – 12 pm



A New Generation has been coming to help us transition into a new regenerated planet. This workshop shall inspire all to learn their unique role. Deep insights on how we can advance in greater harmony by sharing spirituality with our children. Parents, educators and the child within you are all welcome to join Vanessa Anseloni and Angelika in this deeply healing and insightful workshop.

Vanessa Anseloni, Psy.D., Ph.D. is neuroscientist and psychologist. She is fifth generation Spiritist and founder of the first Spiritist society in the city of Baltimore, MD, USA. She recently wrote the book The New Generation (...) with the renowned medium, speaker and humanitarian Divaldo Franco. As National and International speaker, she has been training and teaching several groups on the Spiritist teachings and its therapeutic practice.

Angelika is an internationally known performer, song-writer and recording artist, who dedicates her life to uplift, inspire and heal through the gift of her angelic voice and music. She grew up in Germany, expressing her love and natural talent for music with her guitar, flute and voice. She holds a Master teaching degree in Physical Education from a German University and studied music as a post graduate at California State University in Sacramento. She currently lives in North San Juan, CA. Read more about Angelika at: www.angelikahealingmusic.com

Most FAQs on Spiritism by Miguel Sardano, J.D.

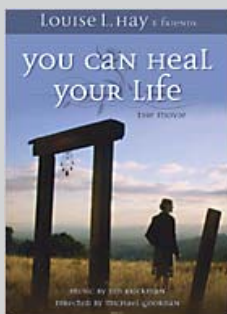
Sunday, June 1, 2008
10:30 am – 12:00 pm



Come ask the questions you may have in regard to Spiritism. Dr. Sardano is a retired lawyer from Brazil who has more than 55 years of experience in Spiritism. He is also a writer and collaborator of Divaldo Franco's works. Together with his lovely wife, Teresa Sardano, he founded the Educational Institute Amelia Rodrigues which greatly assists at-risk children and youth in the State of Sao Paulo, Brazil.

More events in the next page

Recommended Materials



You can Heal your life - DVD by Louise L. Hay

This entertaining and inspirational movie based on the best-selling book of the same name is hosted by author and teacher Louise L. Hay. This film gives penetrating insights into Louise's fascinating personal story; and shows how her views on self-esteem, abundance, and the metaphysical causes behind physical ailments were developed. It also reveals how she applied these concepts to her own emotional, spiritual, and professional life.

A number of luminaries in the fields of self-help, philosophy, health, spirituality, and New Thought join Louise, giving their take on success, happiness, and the myriad ways in which people can heal their own lives. And there are also gripping firsthand accounts from others who have been positively affected by Louise's work.



The Sacred Contract of America - (4 CDs)

by Caroline Myss

Just as every individual possesses a "sacred contract"—an obligation to fulfill a divine destiny—so too does every nation hold an agreement made for the planet's highest good.

So begins Caroline Myss on her inspirational call to action, *The Sacred Contract of America*. In this provocative 4-CD session, she sends you an invitation to reconnect with America's original vision of freedom and power...

NOTE:

These two suggested materials listed here are NOT Spiritist, but certainly contain the Spiritist teachings. It is worth to check them out!

10th Anniversary Countdown Special Talk

Learning about Life with Children: Cases on Near Death Experiences in Children *by Melvin Morse, MD*



Sunday, June 8, 2008
10:30 am – 12:00 pm

Medical degree from George Washington University, Washington, D.C., with a specialization in Pediatrics. Besides private practice, is a professor in Seattle at the University of Washington. Twenty years ago, was the first to research Near Death Experiences (NDE) in children. Has produced scientific articles and books that have generated numerous documentaries and interviews. Wrote the best-sellers *Closer to the Light* (translated into 19 languages in 38 countries), *Transformed by the Light*, *Parting Visions* and *Where God Lives*.

Dr. Morse's website: www.melvinmorse.com

The Spirituality in Pregnancy

by Vanessa Anseloni, PsyD, PhD

Sunday, MAY 18
10:30 am – 12 pm

Learn the Spiritist teachings on a successful reincarnation beginning at conception. Visionary and insightful, this workshop shall contribute to our transition into a better society.

(Followed by Passes and fundraising lunch)

SUPPORT OUR RECYCLING FUNDRAISER *(and help Mother Earth)*



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MP3 players
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digital cameras
GPS devices
digital picture frames &
portable DVD players
AND MOST OTHER
ELECTRONIC ITEMS!!

ACTIVITIES ARE FREE OF CHARGE

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every
Monday from
6:15pm to 7:45pm.

Mediumship Educational Meetings *(by invitation only)*

These meetings take place every
Monday from 8:00pm to
9:30pm for the study and
practice of mediumship
according to Spiritism.

ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE

This meeting is offered for those
who are interested in learning
Spiritism and also to become
Spiritist practitioner.
Thursdays from
7:30pm to 9:00pm.

*Stay away from
inferior conditions;
acquire higher
understanding.*

- Emmanuel/Chico Xavier
(Our Daily Bread, Ch.6, p.26)

2008 SSB Calendar - A Look Ahead...

MAY

1 (Thur) - Roadmap for the
Spiritist Study and Practice

4 (Sun) -10 YEAR
CELEBRATION
COUNTDOWN: MOTHERS'
DAY

Special Talk: **Music and
Mediumship: Can
Composers Be Mediums?**
by Violinist Frederico Gouveia

8 (Thur) - Movie Discussion:
THE NEW MEDICINE

11 (Sun) -Talk on the Spiritist
Foundation: The formation of
mediums

15 (Thur) - Roadmap for the
Spiritist Study and Practice

18 (Sun) - WORKSHOP:
The Spirituality in Pregnancy
by Vanessa Anseloni

22- (Thur) - Roadmap for the
Spiritist Study and Practice

25 (Sun) - TBA

29- (Thur) - Roadmap for the
Spiritist Study and Practice

JUNE

1 (Sun) - Talk on the Spiritist
Foundation: Intellectual and
Moral Influence of the Medium

5 (Thur) - **Roadmap for the
Spiritist Study and Practice**

8 (Sun) - 10 YEAR
CELEBRATION COUNTDOWN
**SPECIAL TALK: Near-Death
Experiences in Children**
- Dr. Melvin Morse

12 (Thur) - Roadmap for the
Spiritist Study and Practice

15 (Sun) - Talk on the Spiritist
Foundation: Obsession

19 (Thur) - Book Discussion:
TBA

22 (Sun) - Talk on the Spiritist
Foundation: Disobsession

26 (Thur) - **Special Talk:**
Music performance by
Angelika

29 (Sun) - WORKSHOP:
**The New Generation:
Spirituality for Children**
*by Vanessa Anseloni &
Alenglika*

TBA: To Be Announced

UPCOMING

2008 SUNDAY WORKSHOP SERIES

Free Admission

Time: 10:30 am - 12:00 pm

May 18 - The Spirituality in
Pregnancy

June 29 - The New Generation:
Spirituality for Children

**SPIRITIST ACTIVITIES FOR
CHILDREN**
ABOVE 4 YEARS OLD ARE
PROVIDED, WHILE
PARENTS ATTEND WORKSHOP

Followed by lunch \$10/person

*Healthy, organic meals freshly
prepared!*

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22 W. Padonia Rd -
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e-mail: ssb@ssbaltimore.org

SpiritistNews

Year 6, Issue 1, Jan/Feb 2008



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Mailing Address:
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

2nd U.S. Spiritist Symposium

You are invited to join the U.S. Spiritist movement in a most special occasion: the 2nd U.S. Spiritist Symposium on April 19, 2008 in the New York-Historical Society, just across the street from the Central Park in the city of New York, NY. The central theme will be *Propelling Our Integral Health with the Spiritist Therapy*. Experienced Spiritist speakers and practitioners will be delivering talks, conducting round table discussions and presenting posters on the many interesting topics related to the main theme, from Mediumship to Passes and many others.

See program at *page 6*.

Twenty four Spiritist organizations in the U.S. are sponsoring the event that has two main purposes: (1) to promote the English-speaking Spiritist Movement, and (2) to strengthen and value the efforts of all Spiritist organizations that promote Spiritism in the English language, while propelling unity among them and providing common grounds for the exchange of ideas and insights in regard to Spiritism and its dissemination. This national event promises to



be the largest national Spiritist event in the English language of the North American history. The 2nd Symposium is a continuation of what began on April 14, 2008 in Baltimore, MD in celebration of the 150th Anniversary of Spiritism.

If you have not registered, hurry up because seats are limited! A petty fee of \$20 is required for registration in order to cover the costs of museum entrance, lunch and refreshments. For registration and other information on the event, please go to www.spiritistsymposium.org

2ND U.S. Spiritist Symposium

Propelling Our Integral Healing with the Spiritist Therapy

Saturday, April 19, 2008
11AM - 6PM

The New-York Historical Society
170 Central Park West • New York, NY 10024



Ticket:
\$20 PER PERSON
Ticket includes lunch box, refreshments
and a visit to the museum

Pre-registration required at
www.spiritistsymposium.org
(212) 265-2687

Registration ends on
April 13 at 11PM (EST)
Limited seats available

Generosity Rules Out Fear

Fear is one of the most common emotional responses we feel. Living in an era of terrorism, our emotions are played out on the basis of fear. Our actions are basically ruled by fear. Some are afraid of their parents, others of their children. Employees avoid their bosses and bosses, their employees. It seems as if we were living in a war of feelings where we most likely need to protect ourselves. And many hide themselves behind their fears. Thinking it protects us, fear actually puts us in worse scenario, where only isolation and low self-esteem may worsen our progress. Living in a shell is never the best option.

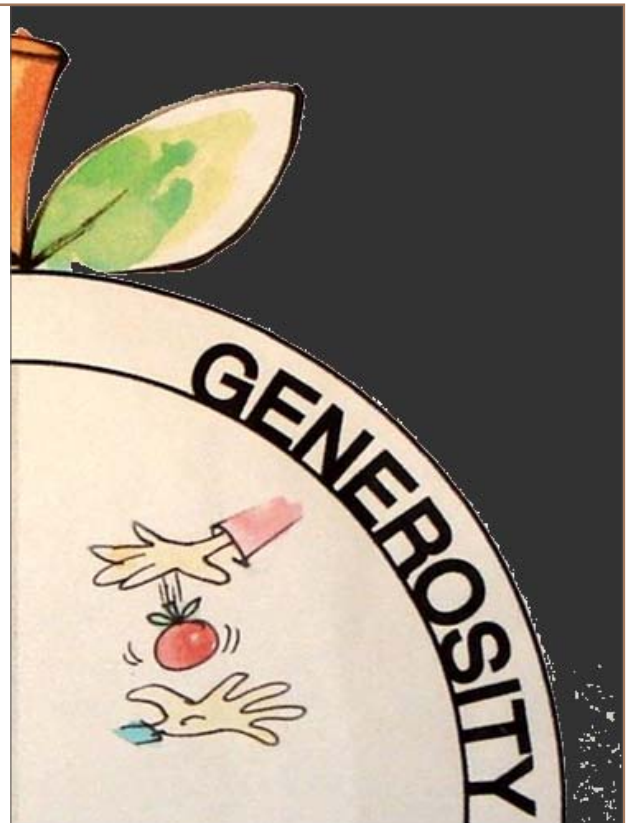
Neuropsychology has showed us that the amygdala in the brain has a major role in the processing of our most instinctive fears. When we see a snake, the amygdala will provide the emotional component of the interpretation of such stimulus, whereas our prefrontal cortex shall give us a rationale to work it out. Usually, our responses vary from fight to flight. And the battle continues not only in the body but also in our minds, relationships, environments. Then, what to do?

Recent studies have proved that generosity may be the key to stable and positive social bonding. In 2007, Dr. Ariel Knafo and colleagues published a scientific article on the genetic link of generosity. The gene AVPR1a provides the production of arginine vasopressin which

it its turn promotes social bonding through its action on brain cells. When analyzing the study, Dr George Fieldman, at Buckinghamshire New University, said carrying genes which promoted altruism and social bonding made evolutionary sense. Here we talk about social intelligence as in Daniel Goleman's recently released book which carries the same name.

Once again, we witness Science validating Spiritist concepts when the later proposes that Without Charity there is no salvation. When such statement was proposed in the masterpiece *The Gospel According to Spiritism*, Allan Kardec discussed the importance of reaching out to all, always. Generosity then becomes an essential element in this action.

To be generous is to experience the abundance provided by God. Then, fears automatically disappear, because there is nothing to fear in an abundant and loving Universe. However, we recognize that training on generosity is needed in the much selfish and proud society that we live on Earth. Afraid of everything, individuals reinforce their fears and as a



result selfishness and pride push people apart.

Let us then begin this New Year with a list on easy exercises that may boost your generosity and rule out your fears:

- *Deepen your awareness on the Creators' attributes. God's omnipresence, all loving and just power will help you realize at heartfelt level that you are a much loved child of his.*
- *Revisit our guide and model of Christ consciousness.*

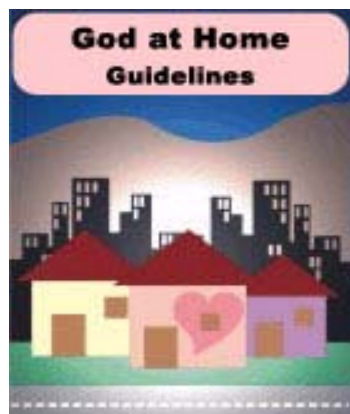
Be generous and stay tuned to the Divine abundance!

- by Vanessa Anseloni, PsyD, PhD

**“We cannot do great things on this Earth,
only small things with great love.”**

- Mother Teresa

GOD at HOME



We all love to come to the Spiritist Center and watch the wonderful lectures and workshops every week, drink our spiritually magnetized water. What about when we go home? How is our relationship with God, ourselves and one another in between meetings?

One way of extending the benefits received at the Spiritist Center is to bring the "God at Home" meetings to our own house. It is easy to get started!

- 1) Choose a day of the week at a convenient time when all family members are home. Neighbors and friends are also welcome to join it. Gather around the dining room table, or sit in the living room, or anywhere else in your home where you all can get comfortable. It is important to always start the meetings at the same time. Avoid skipping meetings. In case you are travelling, you may skip it.
- 2) Please be consistent with the scheduled time. Continuity and diligence of the family group is extremely important.
- 3) Provide a jar with water to be spiritually magnetized (blessed) by the Spirit Benefactors during the meeting. Each person may drink a glass of it at the end of the meeting.
- 4) Open the meeting with a heartfelt prayer acknowledging the presence of both incarnates and discarnates.
- 5) One of the family members may read a passage from an inspirational book or the classic **The Gospel According to Spiritism**. You may open it at random or study it from its beginning. You may discuss the message and encourage conversation on it. Or, if you prefer, use the "Holy Bible".
- 6) The meeting should run between 20 minutes to 1 hour. If you have children at home, keep the meeting shorter, but please do include the children.

7) End the meeting with another heartfelt prayer when you may, among other things, ask for protection for your home, friends, relatives and the ones who suffer.

Try to keep interruptions to a minimum during the meeting and feel free to invite friends to join as well. Sometimes one of the members may feel encouraged to open up and share his/her personal life with the others. Never judge or criticize the person and keep all subjects in strict confidence.

If you like, prior to the beginning of the meeting, you may prepare the ambience of the meeting by reading a page of inspirational books such as "Happy Life", "Recipes for Peace" or "Child of God" by Joanna de Angelis/ Divaldo Franco. Or, you may also hold a two to three minutes of silence to help participants tune in the frequency of the Spirit Mentors of the family.

The God at Home meetings are opportunities to work on our spirituality as in the following advice given by the enlightened Spirit Joanna de Angelis from the book "Happy Life":

"Examine how much time you devote each day to your spiritual life. You work, get dressed, amuse yourself, eat, sleep and you dedicate a few minutes to the incarnated spirit, in a rapid prayer, a little reading, or you hear a talk, but at times you do none of these things.

Man is not only the body-mind. Above all he is a spiritual being who directs the body-mind implements and demands spiritual attention to carry out the tasks that fall to him. The body needs care to live, but so does the soul."

Love, peace and May God bless us all.

Submitted by Felipe Mesquita

(Member of the Long Island Spiritist Doctrine Study Group - NY)

Guidelines for Health

1 - Keep your heart in peace as you cope with the situations in your life. All patrimonies in life belong to God.

2 - Lean on duty rigorously accomplished. There cannot be physical equilibrium without spiritual harmony.

3 - Cultivate the habit of praying. Prayers are light; they defend body and soul.

4 - Put your spare time into productive work without forgetting the rest you need to restore your strength.

5 - Study always. Renewed ideas aid a sensible replenishment of organic cells.

6 - Avoid anger. When you give in to anger you animalize your feelings and plunge into darkness.

7 - Run away from maligning anyone. When mud is agitated it smears the person that stirs it.

8 - Whenever possible, breathe deeply and don't forget your bath even if a quick one. Fresh air is precious nourishment and cleanliness is simply an obligation.

9 - Eat sparingly. A careful person eats to live; an imprudent person lives to eat.

10 - Be patient and forgive untiringly. We're all lovingly tolerated by Divine Kindness millions of times. When you keep your heart immersed in the vinegar of intolerance you descend into meaningless death.

- Message translated by Elsa d'Agosto

Excerpt from the book "Aulas da Vida" (Life's Lessons), by several spirits, Francisco C. Xavier, channel writer.

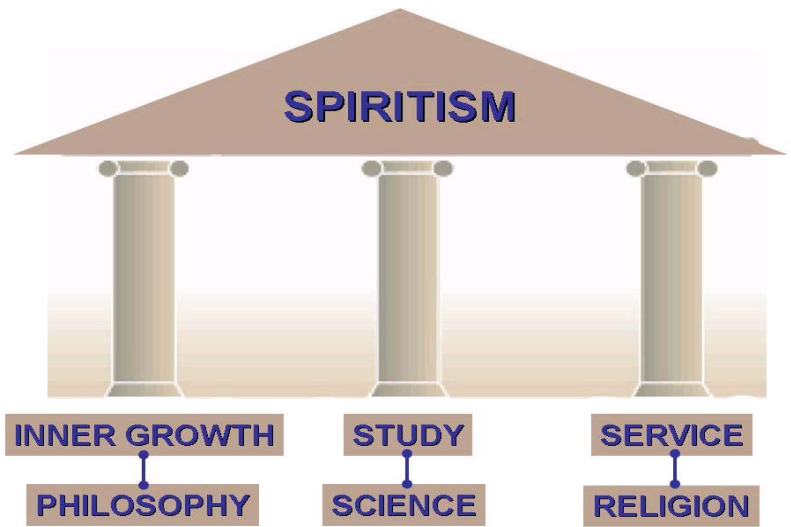
THE TRUE MESSAGE

The best guarantee that a principle is an expression of truth is in the fact that it is being taught by several spirits through mediums unknown to one another and in several places; also, that it is confirmed by reason and sanctioned by the largest number of adherents. Only truth can provide roots for a doctrine. An erroneous theory can very well win a few followers, but since it lacks the primary condition of vitality, it will only enjoy an ephemeral existence. Thus, there is no reason for disquietude. It will destroy itself through its own errors and will inevitably fall before the powerful weapon of logic.

-Allan Kardec

(in *The Mediums' Book* . Part two, chap XXVIII, Remark)

Truth *wins*
Out



AFFIRMATIONS

"Keep your thoughts pulsating with health and optimism. The mind is a powerful dynamo. As you think, you will attract equivalent vibratory responses."

"Become a peacemaker. Wherever you may be, encourage peace and live in peace. Believe in the power of non-violence and peace will garland your heart and the hearts of all who come near you."

"Reduce chronic complaining, which makes you hard to live with. It is very unpleasant to spend time with someone who is always complaining, finding fault with everything and wishing that the world revolved around him and in accordance with his way of seeing things."

Book: **Happy Life** by Joanna de Angelis/Divaldo Franco

BE AWARE!

Spiritism should in itself be a defense against the spirit of discord and dissention, but throughout time this spirit has brandished its torch over humankind because it envies the fortune that peace and unity provide. Spiritists! It can infiltrate your meetings, and you must have no doubt that it will try to sow enmity in them. It will be powerless, however, against those who are animated by true charity. Therefore, be on guard and constantly watch over the door of your heart as well as your meetings so that this enemy may not gain entrance.

"If your efforts are powerless against those about you, it will nonetheless always depend on you yourselves not to allow them access to your soul. If dissention stirs in your midst, it can only have come from evil spirits, for those who have risen to the highest degree of the sentiment of duty and comprehension of true Spiritism know how to conduct themselves with civility, showing themselves more patient, noble and understanding. Good spirits may sometimes allow such struggles so that good and evil sentiments may express themselves in order to separate the wheat from the tares. They will always be on the side of the most humble and truly charitable."



SCIENCEPHOTOLIBRARY

- Vincent de Paul

The Mediums' Book, by Allan Kardec. Part two, chap XXXI, item XXVI

Events in the U.S.

UPCOMING EVENTS

March 1-3 - Spiritist Workshop by Vanessa Anseloni at Angel Center, Chicago IL

March 11 - I love myself, I am addiction-free by Vanessa Anseloni - Spiritist Group of Virginia at Tysons Corner Healing Center (7:30 - 9 PM)

April 6 - Spiritist Workshop by Vanessa Anseloni at North Beach Spiritist Group, MD

April 8 - Reincarnation, path to freedom by Vanessa Anseloni - Spiritist Group of Virginia at Tysons Corner Healing Center (7:30 - 9 PM)

April 19 - **Second U.S. Spiritist Symposium**, New York, NY

II UNITED STATES SPIRITIST MEDICAL CONGRESS



October 3, 4 and 5
2008

Fort Lauderdale
FLORIDA

"I'm grateful for all the difficulties I faced; if it wasn't for them I would not have moved..."

"An easy life stops us from moving forward. Even criticism helps us."

- chico xavier

"When you don't have a helpful word to say, try not to open your mouth..."

PAST EVENTS

Last **February 16**, Vanessa Anseloni and Daniel Santos conducted a special training on Insights on the Spiritist Dissemination in American at the Joanna de Angelis Spiritist Group in Pittsburgh, PA. The meeting took place at the University of Pittsburgh.



On **February 2**, Vanessa Anseloni and Daniel Santos visited the East Hampton Spiritist Group, where they provided training on The Spiritist Therapy for Immigrants. On the following day, the Love and Light Spiritist Center in New Jersey received their visit where they talked about The Spiritist Therapeutics and When Generosity Rules Out Fear.

The **Spiritist Group of Virginia** at Tysons Corner, VA, began its Roadmap Program on the Spiritist Study and Practice on January 15. The program is closed for registrants only and shall meet every week. Vanessa Anseloni is the course master, while Daniel Santos and Leonardo Vieira are assistant coordinators of the program. On February 19, Vanessa Anseloni conducted a workshop on Sleep, Dreams and the Whole Nine Yards of the Soul's Emancipation.

In the first weekend of **December**, Vanessa Anseloni conducted several talks and workshops in the following Spiritist centers: Conscious Living Spiritist Center (Miami), Love and Fraternity Spiritist Center (Miami), Allan Kardec Christian-Spiritist Center of Orlando, and Christian Spiritist Study Center (Pompano Beach). The following were the titles of Dr. Anseloni's presentations: The Spiritist Therapy for Immigrants, The Spiritist ABC's of anxiety, stress and depression, Jesus - The Psychotherapist, Sex and Destiny.



Last **November**, Vanessa Anseloni visited the Allan Kardec Spiritist Group of North Beach coordinated by Abigail Francisco. Dr. Anseloni conducted a workshop on The Spiritist ABC's of Stress, Anxiety and Depression. The group began its monthly meetings three years ago with Ily Reis' supervision and help.

All events listed here are in the English language

Get Ready! Save the Date

for the

2nd U.S. Spiritist Symposium

Propelling Our Integral Healing with the Spiritist Therapy

Saturday, April 19, 2008

Location

The New-York Historical Soc.
170 Central Park
New York, NY 10024

Visit the website at:
www.spiritistsymposium.org



SPONSORS

1. Spiritist Society of Baltimore (MD)
2. Spiritist Group of New York (NY)
3. Christian Spiritist Study Center (FL)
4. Allan Kardec Spiritist Society of Massachusetts (MA)
5. Spiritist Society Love and Light (NJ)
6. Spiritist Center Divine Light (NJ)
7. Conscious Living Spiritist Group (FL)
8. Kardecian Spiritist Federation of Florida (FL)
9. Allan Kardec Spiritist Society of Marlboro (MA)
10. Bezerra de Menezes Spiritist Society (MD)
11. Inner Enlightenment Spiritist Society (NY)
12. Spiritist Society of San Diego (CA)
13. Allan Kardec Christian Spiritist Center of Orlando (FL)
14. Caritas Spiritist Center (CO)
15. Allan Kardec Spiritist Educational Center (TX)
16. Path of Light Spiritist Center (NJ)
17. Blossom Spiritist Society (CA)
18. Intuition Unlimited / Angel Center (IL)
19. Long Island Spiritist Society (NY)
20. Allan Kardec Spiritist Society of Danbury (CT)
21. Allan Kardec Spiritist Society of Maryland (MD)
22. Spiritist Medical Association - US
23. United States Spiritist Council - USSC
24. Allan Kardec Spiritist Center of NY (NY)

Program

11AM – OPENING CEREMONY

Art, Spirituality & Therapeutic Moment

12PM – INTRODUCTORY LECTURE

The Spiritual Laws of the Spiritist Practice -
Vanessa Anseloni (SSB, MD)

2:45PM–Lunch Break & visit to the museum collection (optional)

1:45PM – PANEL DISCUSSION:

Immune Surveillance of the Soul

- **Photography of the Thought** - *Nahur Fonseca (AKSS, MA)*
- **Mediumship and its therapeutic features** - *Susana Simoes (CLSG, FL)*
- **Christ consciousness and its miracles** - *Anisio Resem (SSSD, CA)*

2:30PM – INSPIRATION MOMENT:

The role of the spiritist therapy in my life

Paula Schmidt (SSB, MD) and Edith Martinez (SGNY)

3:00PM – POSTER SESSSION:

The Spiritist Foundation and Its Therapeutics

Main principles of Spiritism:

- 1) Existence of God – *Eduardo Guimaraes (IESS, NY)*
- 2) Immortality of the soul – *Addison Cornwell and Dulce Story (LISS, NY)*
- 3) Reincarnation - *Carolina Strosnider (SSB, MD)*
- 4) Multitude of the Inhabited Planets – *Andreia Marshall (CSSC, FL)*
- 5) Communicability of the Spirits – *Brian Vosberg (LLSC, NJ)*

The Basic Books of Spiritism:

- 6) The Spirits' Book – *Elmo Delandes (SGNY, NY)*
- 7) The Mediums' Book - *Eliana Preda (Blossom)*
- 8) The Gospel According to Spiritism – *Leonardo Vieira (SSB, MD)*
- 9) Heaven and Hell – *Fernando Flores (AKSS, CT)*
- 10) Genesis – *Gustavo Pinto (CSSC, FL)*

The Spiritist Therapeutics:

- 11) Passes – *Livia Trevisani (AKSCCO, FL)*
- 12) Spiritually magnetized water – *Ovande Furtado Jr. (JASS, PA)*
- 13) Obsession & Disobsession – *Ricardo Mastroleo (AKSEC, TX)*
- 14) Prayer – *Junara Araujo (SGNY, NY)*
- 15) Intelligent Sleep – *Fernanda Ferreira (AKSS, MA)*
- 16) Fraternal Counseling – *Julio Carvalho (SCDL, NJ)*
- 17) God at Home – *Felipe Bucalo (LISS, NY)*
- 18) Spirituality for Children and Youth – *Hugo Melo (IESS, NY)*
- 19) The therapeutics of Charity – *Gilberto Neves (AKSS, MA)*
- 20) Inner Transformation – *Fabiana Moura (SSB - MD)*

3:45PM – Coffee Break

4:00PM– ROUND TABLE DISCUSSION:

Why American Spirituality needs Spiritism

- *Amy Blank (Angel Center, IL), Gloria Coelho (CSC, CO), and Mauricio Cisneiro (CSSC, FL)*

4:45PM– FINAL LECTURE:

Genesis: Kardec's masterpiece - *Jussara Korngold (SGNY, NY)*

5:30PM– CLOSING CEREMONY

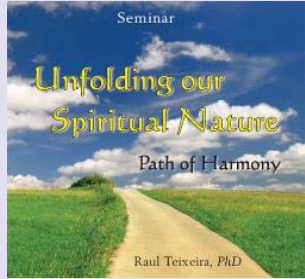
MAKE YOUR REGISTRATION TODAY!

(limited seats available)

[WWW. SPIRITISTSYMPOSIUM.ORG](http://WWW.SPIRITISTSYMPOSIUM.ORG)

The sole purpose of the Spiritist Symposium is to promote the English speaking Spiritist movement; to strengthen and value the efforts of all Spiritist centers that promote Spiritism in the English language.

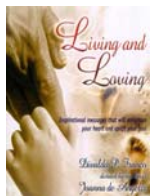
"Help without demands, so that others may help you without complaints." - by Chico Xavier /Andre Luiz



Audio CD
UNFOLDING OUR SPIRITUAL NATURE: Path of Harmony
 by Prof. Raul Teixeira

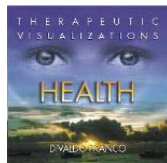
In an unmatched wisdom, Prof. Raul Teixeira tells us who we are, our origin, nature and destiny. Combining scientific profound insights of Spiritism, Prof. Teixeira enlightens our lives when discussing everyday life topics such as sympathy and antipathy, life and death, suicide and euthanasia, pain relief and past lives. (Voices: Greg Stewart and Vanessa Anseloni)

To order this book go to: www.ssbaltimore.org/bookstore



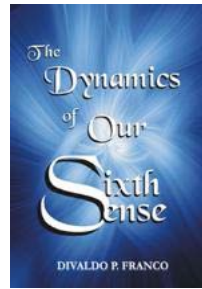
Living & Loving
 Divaldo Franco/
 Joanna de Angelis

This book is for your day-to-day use. With beautiful inspirational messages, each page of this little book brings joy and comfort to all events of life.



Therapeutic Visualizations - Health - CD
 Divaldo Franco

This CD is unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health... (Voice: Greg Stewart)

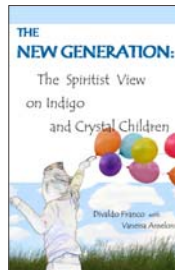


The Dynamics of Our SIXTH SENSE

by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the *1 Spiritist Weekend in Lily Dale*, sponsored by the Lily Dale Assembly.

This workshop represents an unforeseen study of our sixth sense, our mediumship. Divaldo Franco provides us with the definition of mediumship, its types, and its therapeutic features. Through his personal experiences, he enlightens us with considerations on the role of mediumship and its charitable purpose. The core of his teachings was of love and kindness. The end of the workshop was blessed with an uplifting trance channeled message of *Dr. Bezerra de Menezes* through Divaldo Franco's extraordinary mediumistic ability.

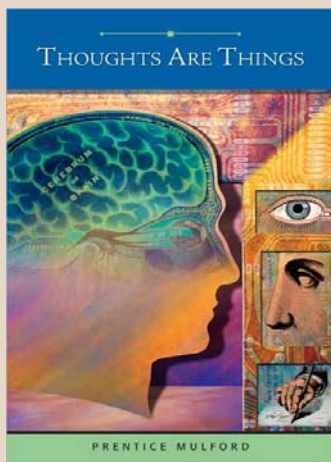


THE NEW GENERATION: the Spiritist View on Indigo and Crystal Children
 by Divaldo Franco with Vanessa Anseloni

This book was written by the great spiritual leader and humanitarian Divaldo Franco and the neuroscientist and Spiritist Vanessa Anseloni. This book encompasses a never-before put together multidisciplinary view on the challenges faced by the new generations. It brings relevant information in the areas of Neurosciences, Psychology and Spiritism to help people understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful one.

Go online to order these books at www.ssbaltimore.org/bookstore

Recommended Book



Thoughts are Things
 by Prentice Mulford

Thoughts are Things (1889) is a collection of the author's short, thought provoking essays taken from The White Cross Library. He wisely describes our nature as incarnate souls and the importance of this life and the thoughts we emit, once we are co-creating constantly through our thoughts. He gives very practical and therapeutic tips that will empower you to redefine the meaning of your life from a spiritual perspective. One of the highlights of the book regards his visionary

view on health and happiness. Wise and nondogmatic in his teachings, he states "In the spiritual life every person is his or her own discoverer, and you need not grieve if your discoveries are not believed in by others. It is your business to push on, find more and increase your own individual happiness."

Prentice Mulford

A New Thought pioneer, Prentice Mulford (1834-1891) was a noted literary humorist and California author. After a time fortune hunting in the 1849 gold rush and writing for several Californian newspapers, Mulford turned his attentions to spiritual matters. His influence is still felt in the writings of today's best mental and spiritual authors.

THE FORMATION OF WORLDS

The universe is comprised of the infinite number of worlds we see and those we cannot see, all animate and inanimate beings, all the stars moving through space and all the fluids that fill space.

- Was the universe created or has it existed from all eternity like God?
 "Obviously, the universe did not create itself, and if it has existed from all eternity, like God, then it could not be God's work."

Reason tells us that it is not possible for the universe to have created itself and that since it could not possibly be the work of chance, then it must be the work of God.

- How did God create the universe?
 "To borrow a well-known expression: by the divine will. Nothing can better exemplify that all-powerful will than those grand words from Genesis: 'God said, 'Let there be light, and there was light'."

- Can we know about the way in which worlds are formed?
 "All that we can say and the only thing you can comprehend is that worlds are formed by the condensation of the matter scattered throughout space."

- In accordance with current beliefs, are comets a commencement of the condensation of matter and are they worlds in course of formation?
 "This is correct, but it is absurd to believe in their influence; I mean, the influence commonly attributed to them, for all the celestial bodies have their role in influencing certain physical phenomena."

- Can a completely formed world disappear and its compositional matter be once again scattered in space?
 "Yes. God renews worlds just as God renews living beings."

- Can we know how long it has taken for worlds to form – the earth, for instance?
 "I cannot tell you anything about that, for only the Creator knows. Anyone who pretended to have such knowledge or to know the number of centuries it took to form them would be very foolish."

From *The Spirits' Book* by Allan Kardec q&a 37-42

10th Anniversary Countdown Special Talk

The Power of Forgiveness

by Julio Carvalho, B.S.

Sunday, March 9, 2008

10:30 AM- 12:00 PM

(Followed by Passes*)



Julio Carvalho is a B.S. in Biology and Psychology by Kean University. Currently, he is a Mental Health Worker in the Psychiatric Department at Trinitas Hospital Union County Jail. Mr. Carvalho is also the founder and current general coordinator of the Divine Light Spiritist Center in New Jersey.

Spiritist Society of Baltimore
22 W. Padonia Rd - Padonia Plaza Bdg B, Suite 317
Timonium, MD 21093

workshop series

Controlling the 7 emotions that eat your heart out

by Vanessa Anseloni, PsyD, PhD

Sunday, March 30, 2008

10:30 AM – 12:00 PM

(Followed by Passes and fundraising lunch)

special event

Mediumistic Painting

by the medium Hercules Fernandes (NY)

Sunday - April 6, 2008

10:30 am - 12pm

special talk

The Therapy of Passes

by Mauricio Cisneiros (FL)

Thursday - April 17, 2008

7:30pm - 9:00pm

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Donate your used cell phones, ink jets, DVDs, laptops, MP3 players, video games consoles, digital cameras, GPS devices, digital picture frames & portable DVD players



JOIN OUR ACTIVITIES

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every
Monday from
6:15pm to 7:45pm.

Mediumship Educational Meetings (by invitation only)

These meetings take place every
Monday from 8:00pm to 9:30pm
for the study and practice of
mediumship according to
Spiritism.

ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE

This meeting is offered for those
who are interested in learning
Spiritism and also to become
Spiritist practitioner. **Thursdays**
from 7:30pm to 9:00pm.

Special Activities

Some activities may
happen on Saturdays. Stay
tuned by checking the SSB
website - www.ssbaltimore.org

Please, contact us for more info.
Phone: 410 - 382-5328 or
410-837-0991
e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

2008 SSB Calendar

MARCH

2 (Sun) -Talk on the Spiritist
Foundation:
Spiritual Genesis by Celia Batista

6 (Thur) - Roadmap for the
Spiritist Study and Practice

9 (Sun) - 10 YEAR CELEBRATION
COUNTDOWN: The Power Of
Forgiveness
by Julio Carvalho

13 (Thur) - Roadmap for the
Spiritist Study and Practice

15 (Sat) - Casting for play on book
A Heart Alone in the Land of
Darkness. by Beti Rozen

16 (Sun) - Talk on the Spiritist
Foundation: Formation and
Properties of the Spiritual
Body by Fabiana Moura

20 (Thurs) - SSB General
Assembly (6:30 PM) & Movie
Discussion: Peaceful Warrior (8PM)

23 (Sun) - Talk on the Spiritist
Foundation: Do Spirits Exist? by
Daniel Santos

27 (Thur) - Roadmap for the
Spiritist Study and Practice

30 (Sun) - WORKSHOP:
Controlling the 7 emotions
that eat your heart out.
by Vanessa Anseloni

APRIL

3 (Thur) - Roadmap for the
Spiritist Study and Practice

6 (Sun) - 10 YEAR
CELEBRATION COUNTDOWN -
Mediumistic Painting by the
medium Hercules Fernandes
(NY)

10 (Thur) - Book Discussion:
Thoughts are Things
by Prentice Mulford

13 (Sun) - Talk on the
Spiritist Foundation:
Spirit-Manifestations by
Leonardo Vieira

17 (Thur) - Special Talk: The
Therapy of Passes by
Mauricio Cisneiros (FL)

20 (Sun) - Talk on the
Spiritist Foundation:
Nature of Spirit
Communications

24 (Thur) - Roadmap for the
Spiritist Study and Practice

27 (Sun) - WORKSHOP:
Knowing the Ropes on
Earth's Destiny
by Vanessa Anseloni

UPCOMING

2008 WORKSHOP SERIES

(SUNDAYS)

Mar 30 - Controlling the 7
emotions that eat your heart
out

Apr 27 - Knowing the Ropes on
Earth's Destiny

Free Admission !!!

Spiritist activities for CHILDREN (above 4
years old) are provided, while
parents are at Workshop
Time: 10:30 pm - 12:00 pm
Followed by Lanch (\$10/person)

OUR SERVICES LOCATION

22 W. Padonia Rd -
Padonia Plaza
Bdg B, Suite 317
Timonium, MD 21093

**Stay away from inferior
conditions; acquire higher
understanding.**

- Emmanuel/Chico Xavier
(Our Daily Bread, Ch.6, p.26)

SpiritistNews

2007

- since 2003

The **SpiritistNews** is a bimonthly **newsletter** published and sponsored by the Spiritist Society of Baltimore with the purpose to disseminate information on the spiritist teachings and the SSB's activities.

See [Previous issues: 2003-2006](#)

January - February

- The Spiritist Center
- The New Generation Seminar
- Spiritist Facts
- The Secret and the Spiritist Teachings
- How to Meditate
- Let's not abuse our Spirit-Guides
- New Books Release
- Events in the US
- I US Spiritist Symposium.6
- SSB activities

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March - April

- 150 Years later
- U.S. Tribute to Spiritism
- Linked to the Divine
- Spiritist Facts
- Spiritist Youth Activity
- Move Ahead Without Hesitation
- Spirits in Sync
- Accomplished Work
- The Day After...
- Let the Healing Begin!
- New Books Release
- SSB activities

[PDF version](#) (821KB)

May - June

- What is Spiritism?
- Living Fully
- Intelligent Sleep and Mediumship
- What happens while we are sleeping?
- A Matter of using your Faith
- Spiritist Facts
- Whoever has will be given more
- Body & Soul
- Spiritism offers an anti-depression aid kit
- Events in the U.S.
- Spiritist Books/CDs
- International Events
- SSB activities

[PDF version](#) (801KB)

July - August

- From East to West
- Controlling Influences
- Letter to the Editor
- Blaming Others
- Spiritist Facts
- A Sentence for Meditation
- War has more than our eyes can see
- Events in the U.S.:
 - *The 4th Family Retreat*
 - *Auta de Souza Fraternal Meeting*
 - *Upcoming events*
- Spiritist Books/CDs
- SSB Activities

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September - October

- Spiritism Sesquicentennial - 150 years
- Conquests and Responsibilities
- Discrete Mediumship
- Letter to the Editor
- Spiritist Facts
- Patience
- Problematic People
- Clones as Understood by Spiritism
- Amalia D. Soler
- Events in the U.S.:
 - *New York/New Jersey*
 - *Upcoming events*
- Spiritist Books/CDs
- Wealth and Poverty as Trials
- SSB Activities

November - December

- New Year, New Thoughts
- Investing in your family
- Fatalism
- Spiritist Facts
- Meetings and Societies
- Spiritism
- 2nd U.S. Spiritist Symposium
- Mental Impairment
- Spiritist Books/CDs
- SSB Activities

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See Previous Years [Here](#)

[Back](#)

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SSB

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SpiritistNews

Year 6, Issue 3, May/June 2008



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Published By



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Mailing Address:

Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

Assistant Editor:
Becky Stafford

Emotional Stability

Emotional stability is attained through inner conviction.

This conviction results from our trust in our faith and in the ideals we profess. This is what gives us a sense of security. It reflects our firm spiritual belief and helps us to keep a stable balanced attitude regardless of the problems we must face along our evolutionary path.

Emotional stability overcomes the fear generated by past errors; it also allows us to pursue our superior ideals and be of service to others whenever we wish to do so. It neutralizes environmental instability and helps us to face pressures or facilities with equal poise, refraining from excess and extravagance.

When aware of our mission on earth, we should set ourselves a goal and strive to attain it. We should neither stop nor run, but walk on firmly and steadily, never disturbing others. Our faith in the truth of everlasting life should help us to act serenely.

Ask yourself what you expect from life, how you plan to achieve it and why you want it.

Appraise the contents of your aspirations and compare them with the teachings of the Gospel, then choose the most sensible course of action. Ponder over what you have been through, what you have already sown and reaped.

If you are not sure about the right



choice, stop and pray, seeking inspiration from the higher realms. Answers will certainly come that will enable you to perceive what is real and most convenient for you, how to achieve it, and why you want it.

Your emotional instability needs prompt and deep care. Start work inside yourself to renew your mental attitude. Decide resolutely to overcome sorrows and pains so that you may attain self-balance.

Whatever you want intensely, you shall get.

Do not put your plans off, nor wait for what the future may bring.

Act now.

Today is your most precious moment. Tomorrow things will certainly be more difficult: you may be tired, frail and fearful.

Act on your new resolutions now; you will feel much better, as you will be taking your first steps towards your emotional stability.

*From the book, **Living and Loving** by Divaldo Franco dictated by the spirit Joanna de Angelis.*



"Spiritism marks an important stage of human progress - not imposing beliefs, inviting study, enriching reason and sentiments, and satisfying our conscience."

- Allan Kardec

(The Spiritist Review, vol. 1, 2004)

Key Points for the Spiritist Who Visits Other Lands

Andre Luiz (Spirit)

Get to know the legal dispositions that rule the country that you are visiting and obey them.

Avoid to partner in prejudices and respect the feelings of each person who you meet. And try to help him/her.

Keep away from personal exhibition.

Be discrete and simple. Respect the belief systems that you find different from your own.

Avoid criticism and discussions. Avoid compromising the Spiritist Doctrine in anyway.

Do not engage yourself in any clandestine business, even if they appear to be legal, despite your financial condition.

Study the language of the country that you visit in order to be more useful. Refuse to make contemptuous comparisons and avoid humiliating your hosts.

Avoid demeaning adjectives in regard to personalities, situations, cases and things related to the Nation that receives you.

Silence jokes of bad taste.

Do not give opinions concerning the difficulties of the area in which you visit, without a thorough knowledge of the causes that produced them.

Do not create problems. As much as possible, avoid financial debts wherever you are.

Do not adulate nor degrade anyone.

Never be sarcastic with any of the habits and beliefs of the country that you visit.

Keep away from indoctrinating anyone. However, be always ready to say a good word or explain the Spiritist concept, promoting then revitalization and elevation in the listeners.

Do not either wish superiority or inferiority for your homeland.

Abolish the word "foreigner" from your vocabulary and treat all children of other nations as true brothers and sisters.

- Andre Luiz

New York, NY - USA, July 29, 1965

(Taken from the book "*Entre Irmãos de Outras Terras*" (*Among Brothers of Other Lands*), psychographed by Francisco Cândido Xavier and Waldo Vieira, published by the Brazilian Spiritist Federation).



Francisco Cândido Xavier or Chico Xavier (April 2, 1910 - June 30, 2002), was the most popular and prolific medium in 20th century Brazil's Spiritist movement. Mr. Xavier was active as a medium for 75 years. He was a humble man although he was sought out by thousands and thousands of people from many countries for his wisdom and as a medium to the world of spirits. He led a simple life teaching Spiritism by word and example. He psychographically¹ wrote more than 400 books, which sold over twenty million copies, and all proceeds went to charitable work. He was twice nominated for the Nobel Peace Prize.



¹ Psychography or Automatic writing is the process, or product, of writing material that does not come from the conscious thoughts of the writer. It is commonly done by people in a trance state. And the written messages are brought from disincarnated Spirit.

*Fulfill your moral duties rigorously.
There is no physical balance
without spiritual harmony.*

*(...) Be patient and forgive constantly.
All of us have been charitably tolerated
by Divine Goodness millions of times
and to keep our heart in the bitterness
of intolerance is to provoke
our own fall.*

- Andre Luiz



THE SPIRITIST CENTER

Emmanuel

The Spiritist center, even the simplest one, is a temple of mind renewal towards a superior life.

Its practitioners and attendees should not forget about the dignity of the task received and the elevation of their ministry.

In this regard, it is always lamentable to doubt the divine essence of each task performed therein.

This type of organization provides us with stimuli to boost our will to know, to illuminate, to contribute, to create and to help. Those will come from some act of love or of sympathy of our spirit, not yet polished, which we left in the past in the dark past that we had not rescued.

The Spiritist house is a school where we may learn and teach, sow goodness and receive blessings, bettering ourselves and others in the eternal harvest.

When the doors of the Spiritist temple open, the divine light lightens up in the darkness of human ignorance. Good rays of this star of fraternity and knowledge, which shines to community goodness, provides individuals that approach it, even if they don't want a better life.

(This message received by the medium Francisco C. Xavier, which was published in January 1951 in the *Reformador* – the Spiritist magazine of the Brazilian Spiritist Federation.)

MYANMAR AND CHINA: COLLECTIVE TRIALS



Last May brought extraneous challenges to the lives of millions of our brothers and sisters in Asia. Several thousands departed from this incarnation in a glimpse due to cyclone and earthquakes. Many more remained behind and will bear emotional, spiritual and material difficulties in the times ahead. In moments like these, we are naturally compelled to search for the meaning of such suffering. Fortunately, the visionary Allan Kardec had posed such questions to the Enlightened Spirits and we can find solace in their answers.

Whether death occurs through a calamity or an ordinary cause, it cannot be avoided when the time comes. The only difference is that, in the case of the calamity, many people depart at the same time.

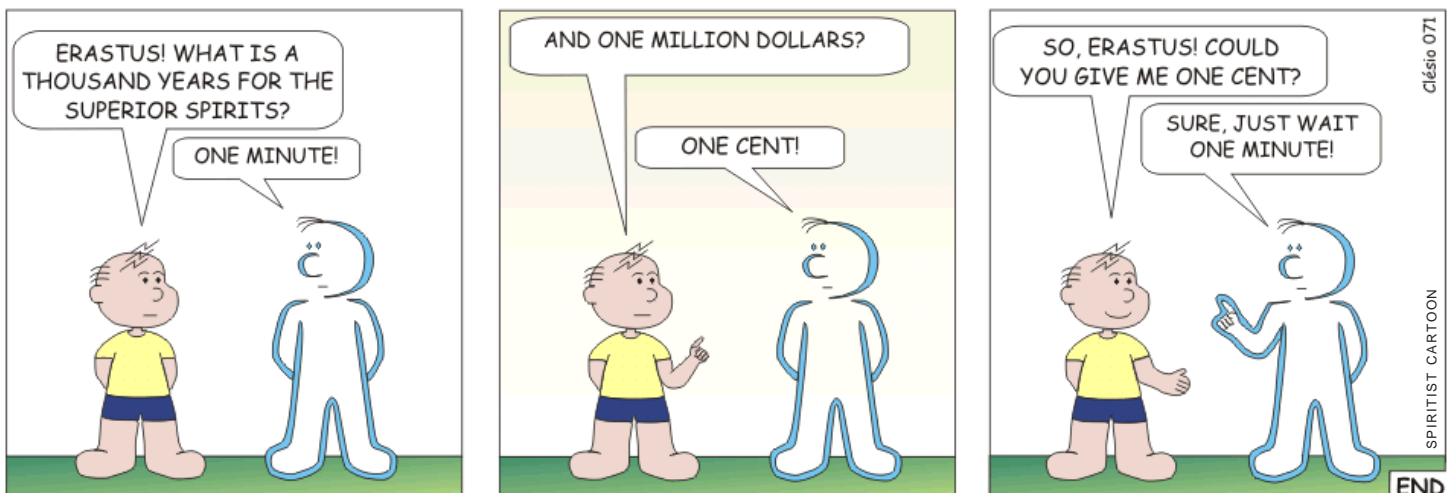
If we could raise our thoughts high enough to contemplate the human race as a whole, and to take in the whole of its destiny at a glance, the scourges that now seem so terrible would appear to us only as passing storms in the destiny of the planet.

Among natural calamities that are independent of human will, we find plagues, famines, floods, and crop-destroying weather. But we have also found the means to neutralize or at least alleviate the effect of these disasters through scientific means, *e.g.* the improvement of agricultural processes, crop rotation and irrigation, and the study of health conditions. One wonders,

consequently, what we will do for our material well - being once we learn to use all our intellectual resources and when, in our struggle for survival, we begin to unfold the real potential of the Christ within each of us. The answers to questions 737, 739-741 of *The Spirits' Book* by Allan Kardec bring great relief when we get to know that calamities such as these bring about transformations that will speed along our progress. Destruction (physical death), or better said, transformation is necessary for the moral renewal of spirits who, in each new lifetime, reach a higher level of perfection. Another lesson we learn is the urgent need to transform our behavior in regard to our planet and ourselves. Scientists have already revealed that many of the catastrophes happening today are the consequences of the way we relate to the environment.

While we reflect upon the possible solutions for what is causing such planetary turmoils, let us give our brothers and sisters a hand by practicing true charity which may be expressed in many ways. A powerful one begins within us through thought and will. The potency of prayer may be a very effective way of reaching out to those who are suffering. Praying for those who departed to the spirit world and for those who remained here on Earth, brings consolation, strength and hope to them. After all, prayer is thought transmission. And thought is life!

by Vanessa Anseloni, PsyD, PhD



Art in the Light of Spiritism



Art under all forms will open inexhaustible sources of inspiration and emotion. At times of leisure, humanity will find moral courage in it, and will comprehend that the soul can grow by humble labor as well as by loftier tasks, and that no duty is negligible – that envy is sister to hate – and that often one is less happy in luxury than in mediocrity. In it (art) the skeptic will find faith, the discouraged hope and virile resolutions; all those who suffer, the profound idea that a law of justice presides over all things: that there is

not in any domain effect without a cause, no victory without combat – no triumph without hard efforts, and that above all reigns perfect and majestic law, and that no soul is abandoned by God, of whom it is a part.

Thus, art will operate slowly the renovation of humanity, still so young, so ignorant of itself, but whose desire will carry it, little by little toward the comprehension of its tasks and its aims at the same time that its field of exploration and its perspective enlarge. With each step gained, seeing and

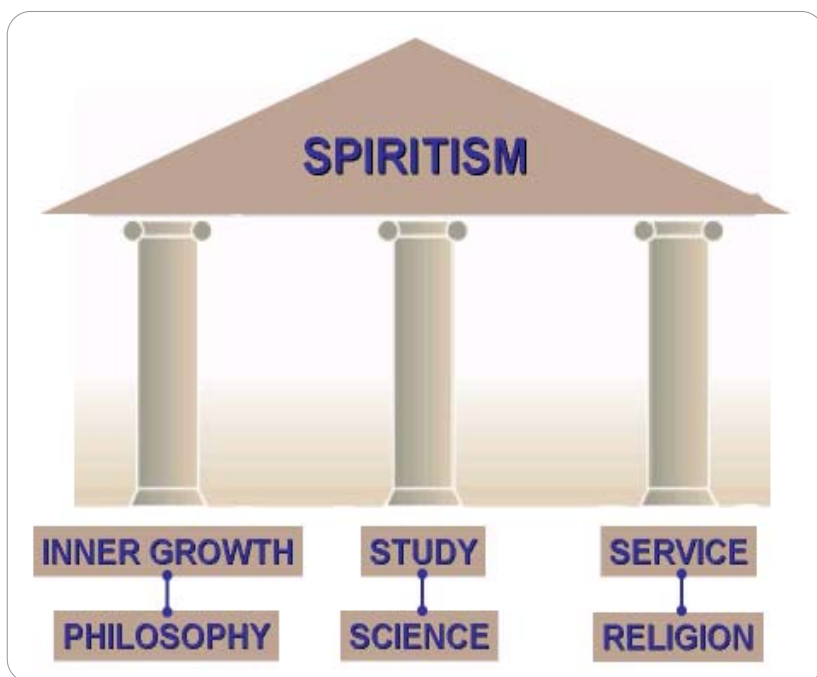
desiring more, feeling the center within itself vivified and enlivened, it will see also the shadows disappearing – the somber enigmas of the world resolving – and the way brightened by powerful rays of light. With the shadows will vanish, little by little, narrow prejudices, vain terrors, and apparent contradictions of the universe. Harmony will reign and man will feel his heart and his thoughts enlarged. He will advance a new toward the end of his work, yet his work has no end – for each time humanity lifts itself toward a new ideal which it believes to be the

supreme ideal, it has in truth attained only to the system corresponding to its own degree of evolution. But each time, also, from every effort made toward higher ideals will flow new forces and new pleasures, and it will find in the joy of life and progression, which is the law of being, a more intimate communion with the universe, and a more complete possession of goodness and beauty.”

Extracted from the book "Life and Destiny" by Leon Denis, chapter XXIII.

"Heartfelt charity and inner transformation build a safe foundation for good mediumistic practice."

-Yvonne Pereira (Pelos Caminhos da Mediuidade Serena - p.87)



Did you know...

WORKSHOPS are followed by **LUNCH!**

The SSB offers a fresh-made, organic lunch prepared by our practitioners served immediately following each workshop for a modest \$10 per person. Here are some of the things you will find: *organic juices, salads, vegetarian dishes, meat and side dishes topped off with dessert!*

On Workshop days only!

MEDIUMS OF THE PAST



LEONORE PIPER (1859-1950)

Perhaps the greatest American medium ever. One of the most spectacular and outstanding mental mediums who ever lived. No one, not even the most hardened closed minded skeptic after investigating her mediumship ever suggested fraud. She was able to convert the greatest materialist, closed minded skeptic this world has ever seen - Richard Hodgson. Because of her brilliant accurate information, Hodgson, who was contracted to by the British Society for Psychical Research engaged private detectives to follow her, to report on whom she met outside her home, to intercept her mail, to invite negative 'dummy' sitters unknown to anyone to her sittings - and to do everything possible to prove that this highly gifted brilliant American was not genuine. All failed and she remains today the greatest American mental medium who triumphed over great challenges.



AMALIA DOMINGO SOLER (1835-1909)

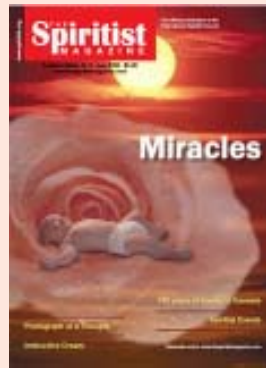
One of the most significant figures in the Spiritist movement is Amalia Domingo Soler. Not only for her immense work spreading Spiritism, but mostly because of her vivid example of abnegation, charity and love.

Amalia was born in Seville, Spain on November 10th, 1835, right after the great Empire of Spain collapsed due the civil war known as "Carlistas Wars". At that time, Spain went through difficult times, especially poverty and diseases. In this historic frame, Amalia had plenty of tribulations during her childhood. Before she was born, her father left for a long trip and never came back. Then, at eight, she became blind. After medical treatment, she recovered her vision, though with recurrent problems during all her life (...). She worked in collaboration with discrete mediums (Maria, Eudaldo and Miguel Vives) through whom she received the beautiful messages of Father German, her Spirit-mentor. She wrote several books and more than 1,286 articles. Her most popular books are "Memories of a Woman", "Facts that prove", "I forgive you", "Her most beautiful writing", "Spiritist Tales", "Memories of Father German" (recently published in English), "Bouquet of violets", and "The greatest virtues".

Read more at the "SpiritistNews Issue 5, Sep/October 2007" or go to the following link: <http://www.ssbaltimore.org/Newsletter/2007/SpiritistNewsSEP-OCT07.pdf>

There is no advantage in disapproving when everyone else disapproves. Help your brother with a good word.

- Fransisco Candido Xavier dictated by the spirit Andre Luiz



NOW AVAILABLE!!

Inspired by Allan Kardec's works in the *Revue Spirite* (founded on January 1st, 1858), **The Spiritist Magazine** aims to bring to Spiritists and the lay public updated news about the Spiritist science, including its advancements on the understanding of our origin,

nature, and destiny as immortal spirits. The magazine also focuses on revisiting Allan Kardec's foundational works.

This first edition was made available at the 2nd Spiritist Symposium at New York Historical Society on April 19, 2008.

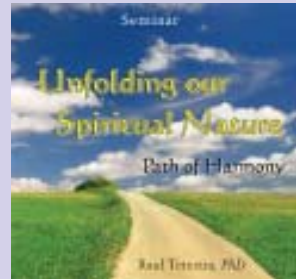
Initially, The Spiritist Magazine will be published quarterly in print and online starting in April 2008. Subscriptions is now available online. For more information please go to:

www.thespiritistmagazine.com

An official publication of the International Spiritist Council (ISC)



Spiritist Books/CDs



UNFOLDING OUR SPIRITUAL NATURE: Path of Harmony

by Prof. Raul Teixeira

In an unmatched wisdom, Prof. Raul Teixeira tells us who we are, our origin, nature and destiny. Combining scientific teachings of physics with the profound insights of Spiritism, Prof. Teixeira enlightens our lives when discussing everyday life topics such as sympathy and antipathy, life and death, suicide and euthanasia, pain relief and past lives. (*Voices: Greg Stewart and Vanessa Anseloni*)



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This book is for your day-to-day use. With beautiful inspirational messages, each page of this little book brings joy and comfort to all events of life.



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To order these books and CDs and more go to: www.ssbaltimore.org/bookstore

"Help without demands, so that others may help you without complaints." - by Chico Xavier /Andre Luiz

Events in the U.S.

Transform Your Health with Inner Peace



1st U.S. Peace & You MOVEMENT
with **DIVALDO FRANCO**
2008

Sunday, October 19, 2008
1PM - 6PM
Sheppard Pratt Conference Center
6501 N. Charles Street
Baltimore, MD

Keynote address:
Health, Peace and You
Divaldo P. Franco
Ambassador of Peace,
international Spiritist medium,
speaker and humanitarian



This event is the official launching of the First U.S. Peace and You Movement and the celebration of 10-Year Anniversary of the Spiritist Society of Baltimore (SSB)

GUEST SPEAKERS and AWARD LAUREATES
In recognition of their contribution to health and peace

The Science and Spirit of Energy Healing: Applications to Personal Health and Global Peace
Gary E. Schwartz, PhD
Professor of Psychology and Medicine at University of Arizona and director of the Laboratory for Advances in Consciousness and Health

Prophecy and World Peace: Spiritual Health and Healing
Zohara Meyerhoff Hieronimus
Award winning radio broadcaster, author, and pioneer in Holistic Health Care

It begins with me
Rev. Dr. Jeffrey Proctor
New Thought Spiritual Leader

Living the Spiritist Message
Jorge Godinho Nery
Co-founder of the SSB, Advisor of the Brazilian Spiritist Federation, and General of the Brazilian Air Force


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Saturday, October 18, 2008 - Norwalk, Connecticut

Registration online at:
www.medicineandspirituality.org

PAST EVENTS

SPIRITISM 101 – GRADUATION
In May, Class 2008 of the Spiritist Society of Baltimore and the Spiritist Group of Virginia graduated on the course Spiritism 101. Congratulations! And welcome to the next step The Spiritist Science.

INSIGHTS ON SPIRITUAL EDUCATION
On May 10, the Long Island Spiritist Doctrine Studies promoted the workshop on Insights on Spiritual Education conducted by Vanessa Anseloni, PsyD, PhD.

WHEN GENEROSITY RULES OUT FEAR
On June 12, the Allan Kardec Spiritist Society of Maryland promoted the workshop When Generosity Rules Out Fear conducted by Vanessa Anseloni, PsyD, PhD.

PROPELLING YOUR WELLBEING WITH MUSIC
On June 27, The North Beach Spiritist Group (MD) organized an event with Vanessa Anseloni and Angelika Schaffer entitled Propelling Your Wellbeing with Music. Dr. Anseloni talked about the Spiritist view on music and its potential healing effects, while the musician Angelika sang and played sacred music that touched everyone's hearts.

REGISTRATION CAN BE DONE ONLINE AT
http://www.spiritistfederation.us/2008_SMC_001/With_fl/html/0822.html

THIRD REVELATION

Can one consider Spiritism as a revelation? If it be such, what is its character? Upon what is its authenticity founded? By whom, and in what manner has it been given? Is the doctrine of Spiritism a revelation in the liturgical sense of the word? That is to say, is it in all points the product of occult teaching from on high? Is it absolute or capable of mystifications? In conveying to men perfect truth, would not revelation have the effect of hindering them from employing their faculties, since it would save them the work of research? What can be the authority of the teachings of the spirit if they are not infallible, and superior to those of humanity? What is the utility of the morality that they preach if this is other than that of the Christ whom men acknowledge? What are the new truths that they bring to us? Has man need of a revelation and can he find himself and in his conscience all that is necessary to lead him aright? These are the questions which are important for us to focus.

Let us define at first the sense of the word. "Revelation," to reveal, derived from the word "veil," from the Latin *velum*, signifies literally to take away the veil, and, figuratively, to uncover, to make the acquaintance of a secret or unknown fact. In its most general sense it is employed with reference to every unknown thing which is brought to light, to every new idea which is given to man.

Indeed, all the sciences which have revealed the mysteries of nature are revelations; and one can well say that there is for us a constant revelation. Astronomy has revealed to us the astral universe of which we were ignorant; geology, the formation of the Earth; chemistry, the law of affinities; physiology, the functions of the organism, etc. Copernicus, Galileo, Newton, Laplace, and Lavoisier are revealers.

The essential character of all revelation must be truth. To reveal a secret is to make known a fact. If the thing is false, it is not a fact, and consequently not a revelation. All so-called revelation contradicted by facts is not revelation even if attributed to God. He not being able to tell an untruth or to deceive, we know it cannot emanate from him. It is necessary to consider it as merely a human conception.

What is the attitude of the professor to his pupils if it is not that of a revealer? He teaches them that which they do not know, that which they would have neither the time nor the possibility to discover for themselves, because science is the collective work of centuries, and of a multitude of men who have each contributed the results of their observations, by which those who come after them profit. Teaching is, then, in reality the revelation of certain scientific or moral, physical or metaphysical truths given by men who know them, to others who know them not, and who, without their aid would have remained ignorant of them.

But the professor teaches that which he has learned; he is a revealer of the second order. The man of genius teaches that which he has found for himself; he is the primitive revealer; he carries the light which from one place to another, makes itself known. Where would be humanity without the revelations from men of genius who appear from time to time?

But what are men of genius? Why are they men of genius?

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Whence do they come? What becomes of them? Let us observe that the greater part of them is born with transcendent faculties, and innate knowledge that a little work suffices to develop. They belong really to humanity since they are born, live and die like mortals. Where, then, have they obtained this knowledge which comes so mysteriously to them? Will one say with the materialist that chance has given to them cerebral matter in greater quantity and better quality? In this case they would have no more merit than one vegetable greater and more savory than another.

Will one say that God awarded spiritists with a more favored soul or mind than those of common men? – A supposition also entirely illogical, since it accuses God of partiality. The only rational solution of this problem is in the pre-existence of soul, and in a plurality of existences. The man of genius is a spirit which has lived a longer time, who has consequently acquired more and progressed more, than those who are less advanced. In becoming incarnate he brings to Earth what he knows; and, as he is much wiser than others without the necessity of learning, he is that which one calls a man of genius. But that which he knows is the fruit of an anterior work, and not the result of divine preference. Before entering anew into Earth-life, he has an advanced spirit. He is reincarnated; it may be for the purpose of benefiting others, or possibly for the opportunity of acquiring more knowledge himself. (...)*.

- Allan Kardec

* Read more on the book *Genesis*, chap 1, by Allan Kardec. Published by SAB

Family Day Picnic Fund-raiser

Sunday, August 10th, 2008
11am to 4pm

Rocks State Park
Rocks Wilson Shelter
3318 Rocks Chrome Hill Road
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Tickets

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Support our Clothing Donation Drive

Homeless people and low income families need all types of gently used clothing, particularly warm clothes and coats for cold weather, formal clothes (to attend job interviews), and shoes (which frequently wear out). It's helpful if donated clothing is clean, reasonably wrinkle-free, and on hangers.



ACTIVITIES ARE FREE OF CHARGE

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These services are offered every
Monday from
6:15pm to 7:45pm.

Mediumship Educational Meetings (by invitation only)

These meetings take place every
Monday from 8:00pm to
9:30pm for the study and
practice of mediumship
according to Spiritism.

ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE

This meeting is offered for those
who are interested in learning
Spiritism and also to become
Spiritist practitioner.
Thursdays from
7:30pm to 9:00pm.

*Stay away from
inferior conditions;
acquire higher
understanding.*

- Emmanuel/Chico Xavier
(Our Daily Bread, Ch.6, p.26)

2008 SSB Calendar - A Look Ahead...

June

1 (Sun) - Special Talk: **Most FAQs on Spiritism** by Miguel Sardano, J.D.

5 (Thur) - **Roadmap for the Spiritist Study and Practice**

8 (Sun) - **10 YEAR CELEBRATION COUNTDOWN-SPECIAL TALK: LEARNING ABOUT LIFE WITH CHILDREN: Cases on Near Death Experiences in Children** - by Melvin Morse, MD

12 (Thur) - **Talk on Kardec's Genesis: Existence of God** by Becky Stafford

15 (Sun) - **Talk on the Spiritist Foundation Intellectual and Moral Influence of the Medium** by Fabiana Moura, PhD

19 (Thur) - **Movie Discussion: THE NEW MEDICINE** buy the DVD

22 (Sun) - **Talk on the Spiritist Foundation Obsession** by Carolina Strosnider

26 (Thur) - **SPECIAL EVENT: Sacred Music Concert** with Angelika

29 (Sun) - **WORKSHOP: The New Generation: Spirituality for Children** by Vanessa Anseloni with special guest - Angelika

July

3 (Thur) - **Talk on Kardec's Genesis: The Good and Evil** by Alba Morales

6 (Sun) - **NO ACTIVITY** (4th July)

10 (Thur) - **Book Discussion -THE NEW EARTH** by Eckart Tole

13 (Sun) - **Talk on the Spiritist Foundation: Identity of Communicating Spirits** -TBA

5th Spiritist Family retreat in Connecticut

17 (Thur) - **Talk on Kardec's Genesis: Organic Genesis** by Fabiana Moura

20 (Sun) - **Talk on the Spiritist Foundation: Desobsession** by Leonardo Vieira

24 (Thur) - **Talk on Kardec's Genesis: Spiritual Genesis** by Leonardo Vieira

27 (Sun) **WORKSHOP: The Spiritual Foundation of America** by Vanessa Anseloni

31 (Thur) - **Talk on Kardec's Genesis: Mosaic Genesis** by Luis F. Almeida

UPCOMING

2008 SUNDAY WORKSHOP SERIES

Free Admission

Time: 10:30 am - 12:00 pm

June 29 - The New Generation: Spirituality for Children

July 27 - The Spiritual Foundation of America

Spiritist activities for **CHILDREN** above 4 years old are provided, while parents attend workshop

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SpiritistNews

Year 6, Issue 4, July/August 2008



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Mailing Address:

Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

CHARACTER OF THE SPIRITIST TEACHINGS

Can one consider Spiritism as a revelation? If it be such, what is its character? Upon what is its authenticity founded? By whom, and in what manner has it been given? Is the doctrine of Spiritism a revelation in the liturgical sense of the word? That is to say, is it in all points the product of occult teaching from on high? Is it absolute or capable of mystifications? In conveying to men perfect truth, would not revelation have the effect of hindering them from employing their faculties, since it would save them the work of research? What can be the authority of the teachings of the spirit if they are not infallible, and superior to those of humanity? What is the utility of the morality that they preach if this is other than that of the Christ whom men acknowledge? What are the new truths that they bring to us? Has man need of a revelation and can he find himself and in his conscience all that is necessary to lead him aright? These are the questions which are important for us to focus.

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To be continued on page 3

Definition of Revelation:

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... All the sciences which have revealed the mysteries of nature are **revelations**; and one can well say that there is for us a constant revelation.

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CAN ONE CONSIDER SPIRITISM AS A REVELATION?



Read more on page 3

LOSING LOVED ONES. PREMATURE DEATHS



When death cuts down someone in your family, carrying off the youngest before the oldest without discrimination, you are accustomed to say that God is not just: because He sacrifices he who is strong and has all his future before him, leaving those who have lived many years and are full of deceptions: because He takes those who are useful and leaves behind those who are no longer able to work: because He breaks the heart of a mother by depriving her of the innocent creature who was her only joy.

Humans, it is on this point that you must lift yourselves above commonplace thoughts about life in order to be able to understand that goodness is frequently where you judge there to be evil, and the wisdom of providence where you think you perceive the blind fatality of destiny. Why do you evaluate divine justice by your own ideas? Do you suppose that the Lord of the Worlds applies justice through mere caprice, in order to inflict cruel punishment? Nothing happens that has not an intelligent meaning and no matter what happens there

is always a reason for it. If you scrutinize better all the pain that redounds to you then you would surely find divine reason, regenerating reason, wherein you would see the worthlessness of your interests which, as a consequence, would become so secondary as to be cast into last place.

Believe me, in the case of an incarnation of twenty years, death is preferable to any of the shameful dissipations which bring untold distress to respectable families, break the hearts of mothers and cause parents' hair to whiten before their time. Premature death is frequently a great blessing which God concedes to those who depart, so preserving them from the miseries of life or the seductions which possibly occasioned the loss of life. The person who dies in the flower of youth is not a victim of fate. God judges that it is not suitable for that person to remain longer on Earth.

What a terrible tragedy, you say, to see the thread of life that was so full of hope, cut! To what hope are you referring? That

of the Earth? Where he who had gone could have perhaps shone or made his way and become rich? Always there is this restricted vision which prevents one from rising above that which is material. Who can tell what might have been the actual fate of that life which you thought so full of hope? How do you know that it would not have been saturated with bitterness? Do you then disdain the hopes offered by the future life, to the point of preferring this fleeting existence here on Earth? Do you suppose that a high position amongst men is worth more than an elevated place amongst the blessed Spirits?

Instead of complaining, rejoice when it pleases God to withdraw one of your children from this vale of miseries. Would it not be selfish to wish that they continue suffering at your side? Ah! This is the pain conceived by those lacking in faith, who see death as an eternal separation! But those of you who are Spiritists know that the soul lives better when it is separated from its material form. Mothers, know that your beloved children are near you, yes, very near. Their fluidic bodies embrace you, their thoughts protect you and the remembrances that you keep delight them with happiness; but your unreasonable pain afflicts them, because it reveals a lack of faith, so constituting a revolt against the Will of God.

Those of you who understand the meaning of spiritual life, listen to the beatings of your heart when calling to these loved ones. If you ask God to bless them, you will feel great consolation, the kind which will dry your tears; you will feel magnificent aspirations which will show you the future which our Supreme Lord has promised.

- SAMSON, *ex-member of the Spiritist Society of Paris, (1863).*

Continued from page 1

But what are men of genius? Why are they men of genius? Whence do they come? What becomes of them? Let us observe that the greater part of them is born with transcendent faculties, and innate knowledge that a little work suffices to develop. They belong really to humanity since they are born, live and die like mortals. Where, then, have they obtained this knowledge which comes so mysteriously to them? Will one say with the materialist that chance has given to them cerebral matter in greater quantity and better quality? In this case they would have no more merit than one vegetable greater and more savory than another.

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Men progress incontestably by themselves by means of their intelligence; but, left to their own forces, progress is very slow, if they are not aided by more advanced minds, as the scholar is by his professors. All nations have among them men of genius who appeared at diverse epochs to impel and draw men from their inertia. (...)

In: *Genesis* by Allan Kardec, chap 1.

Peace in You

Peace is very important.

Governments impose it by fomenting wars, exerting pressure, and subjecting people to bondage.

Therefore, peace is negotiated in private offices and then maintained under arms, through fear.

Such peace comes from without, and is disturbing because it is unreal. It is legal, though not always moral.

It is similar to swamp waters: clear and placid on the surface, but murky and poisonous at the bottom.

Such is the peace of the world: fleeting, and deceptive.

Real peace comes from within a cheerful heart and an understanding mind which acts, and trusts.

It is achieved within an atmosphere of love and devotion, because the harmony which kindles the dynamics of a flourishing life derives from a conscience illumined by Divine Laws.

Such peace is permanent and is never disturbed.

It constrains not, imposes not.

Each person must strive to achieve it. It is an outcome of one's well-directed actions, and it fosters noble ideals.

To discuss peace or crusade for it is not enough.

But if you focus your mind on peace, think about peace, and act pacifically, you will externalize peace from your inner self, and then it will surround you and reach whoever comes near you.


So, may peace on Earth be your uttermost goal, and through constant prayer may it work outwards as an answer from God.

When you pray for peace, a tender feeling pervades you, and Love – which radiates from God – averts any conflict that might disturb you.

Peace within you will further peace in the world.

- Joanna de Angelis

Inspirational message by Divaldo Pereira Franco
from the book *Child of God*.



"Life and death are one thread,
the same line viewed from
different sides."

- Lao Tzu

THE SPIRITIST PRACTICE

- All Spiritist practice is gratuitous, following the orientation of the moral principle found in the Gospel: "Give for free what you receive for free."
- Spiritism is practiced with simplicity, without any external forms of worship, within the principle that God should be worshipped in spirit and in truth.
- Spiritism has no clergy, nor does it adopt or use at any of its meetings or during its practices the following: altars, images, candles, processions, sacraments, concession of indulgences, religious vestiments, alcoholic or hallucinogenic beverages, incense, tobacco, talismans, amulets, horoscopes, cartomancy, pyramids, crystals, or any other objects, rituals or external forms of worship.
- Spiritism does not impose its principles. It invites those interested in knowing it to submit its teachings to the test of reason before accepting them.
- Mediumship, which allows the Spirits to communicate with Human Beings, is a faculty which many individuals bring with them at birth, independently of the religion or belief that they may come to adopt.
- Spiritist mediumship practice is solely that which is practiced based on the principles of the Spiritist Thought and within Jesus' examples.
- Spiritism respects all religions and doctrines; values all efforts towards the practice of goodness; works towards peace and fellowship between all nations and all peoples, regardless of race, colour, nationality, creed, cultural or social standing. It also recognizes that "the truly good person is one who complies with the laws of justice, love, and charity in their highest degree of purity."

- The Gospel According to Spiritism by Allan Kardec - chapter 17 - item 3



Do not imprison your neighbor in your way of thinking; give your compassion the opportunity to interpret life as freely as you.

- Andre Luiz / F.C.Xavier



- What does the happiness of good spirits consist of?

"In knowing all things; in feeling no hatred, jealousy, envy, ambition or any of the passions that make people unhappy. The love that unites them is a source of supreme happiness. They do not experience the needs, sufferings or anxieties of material life. They are happy with the good they do. Moreover, the happiness of spirits is always in proportion to their progress. Actually, only the pure spirits enjoy supreme happiness; however, this does not mean that the others are unhappy. Between the evil ones and the perfected ones, there is infinity of gradations, in which enjoyments are proportioned to their moral state. Those who are already sufficiently advanced understand the happiness of those who have reached that state before them and they aspire to it, but it is for them a reason for emulation and not jealousy. They know that it depends on them themselves to reach it and they labor to that end, but with the calmness of a pure conscience. They are happy in no longer having to suffer what is endured by evil spirits."

- The Spirits' Book by Allan Kardec, Q/A 967

The Universe and God

Transcending the problems of life and destiny we are brought face to face with the greater conception of God.

If we ponder nature's law, if we follow up that ideal beauty which is the inspiration of all art, we shall universally find, everywhere and always, above and beyond all else, the conception of a Superior Being: necessary and perfect, eternal source of righteousness, beauty and truth, in whom law, justice and supreme reason are met.

The world, physical and moral, is ordained by laws, and these laws, formulated after a predetermined plan, denote a profound understanding of that which they govern. They do not proceed from a blind cause, for chance and chaos could not produce order and harmony; they do not emanate from man: so ephemeral a being, limited as to time and space, could hardly be credited with creating permanent and universal laws. Logically to explain them, one must ascend to the generating cause of all things. One could scarcely conceive of intellect unless associated with some being; but this being is not linked with the chain of beings; rather is it the Progenitor of all, the very well spring of life.

Personality must not here be understood in the sense of some definite being in a definite shape, but rather as implying all the faculties that go to make a conscious whole. Personality, in the highest acceptance of the word, is conscience: it is in this sense that God may be conceived of as a person, or rather as the absolute personality, and not as a being possessing form and limitations. God is infinite and cannot be individualized – that is to say, separated from His creation.

As to the idea of relinquishing all study relating to the First Cause, as useless and unknowable, to quote the Positivists, we wonder if it be really possible for an earnest mind to rest content in total ignorance of

the laws that regulate its existence. The search after God imposes itself as all-important. It is nothing more nor less than the study of the mighty Spirit of the Life Principle that quickens the universe, and is reflected in each of us. When the supreme principle is in the balance, all else becomes secondary. The notion of God is inseparable from that of law, and especially from that moral law, without which no society can prosper. The belief in a transcendent justice fortifies the conscience and sustains the being in its hour of trial. It is the consolation and reliance of those who despair: the supreme refuge of the afflicted and the oppressed. Its soft beams, like those of the dawning day, bring a ray of hope to the downcast spirit.

The existence of God can certainly not be demonstrated by direct and tangible proofs; for God does not enter into the domain of the senses. The Divinity has withdrawn behind a mysterious veil: possibly to compel us to seek it – the highest and most fruitful task that can be given to the mind – and likewise perhaps that our efforts may make us deserving. But there is within us a power, a certain instinct which unfailingly directs us to it, asserting its reality with a more positive authority than would appertain to any demonstration or analysis whatsoever.

Forever and everywhere – and this is the actuating idea in all religions – the soul of man has experienced the necessity of looking beyond those fluctuating and perishable things that make up the material life and which are unable to afford him any complete satisfaction: it looks beyond, to that which, in the universe, alone is fixed, permanent and immutable, perfect and absolute, with which all intellectual and moral power are identified. This he finds in God, without whom there can be no certainty, no confidence or security, and deprived of whom we are at the mercy of

every lurking suggestion of desire or suspicion.

It may be objected that religion has sometimes woefully misconceived God. But what matter the varied guises in which men have portrayed their Creator? To us, they are so many fabled deities pictured by the feeble intellect of mankind in its infancy, it shapes grotesque, poetic, or alarming, according to the fancies that framed them. Human thought, grown somewhat more mature, has discarded these antiquated conceptions, has forgotten these phantoms and the evils that were perpetrated in their name, to elevate itself, impelled by an overpowering need, towards Eternal reason, towards God. God! Soul of the world, Universal Centre of light and love, in whom we live as the bird lives in the air or the fish in the sea, through whom we are united to all that is, has been and ever will be!

All religious conceptions of God were based upon a so-called supernatural revelation. Today we still admit of a revelation of the higher laws, only this revelation is now both rational and progressive: it has been conveyed to us by the logic of events and by the contemplation of the universe. It is contained in two volumes which ever lie open before us: the book of nature, in which the divine works appear in majestic characters, and the book of conscience, wherein the precepts of morality are engraved. The instructions imparted by the spirits, which have been gleaned and gathered from every quarter of the world by simple and logical processes, all tend to confirm these assertions. It is in virtue of this two time teaching that the human mind is enabled to communicate with divine reason in the realm of universal nature; by the aid of which it may dimly surmise somewhat of the beauty and harmony that lie therein.

by Léon Denis

(In the book: Here and Hereafter, published by SAB, 2003)

Events in the U.S.

Transform Your Health with Inner Peace



1st U. S. Peace & You MOVEMENT
with **DIVALDO FRANCO**
2008

Sunday, October 19, 2008
1PM - 6PM

Sheppard Pratt Conference Center
6501 N. Charles Street
Baltimore, MD



Keynote address:
Health, Peace and You
Divaldo P. Franco
Ambassador of Peace,
international Spiritist medium,
speaker and humanitarian

This event is the official launching of the First U.S. Peace and You Movement and the celebration of 10-Year Anniversary of the Spiritist Society of Baltimore (SSB)

GUEST SPEAKERS and AWARD LAUREATES

in recognition of their contribution to health and peace



The Science and Spirit of Energy Healing: Applications to Personal Health and Global Peace
Gary E. Schwartz, PhD
Professor of Psychology and Medicine at University of Arizona and director of the Laboratory for Advances in Consciousness and Health



Prophecy and World Peace: Spiritual Health and Healing
Zahara Meyerhoff Hieronimus
Award winning radio broadcaster, author, and pioneer in Holistic Health Care



It begins with me
Rev. Dr. Jeffrey Proctor
New Thought Spiritual Leader



Living the Spiritist Message
Jorge Godinho Nery
Co-founder of the SSB, Advisor of the Brazilian Spiritist Federation, and General of the Brazilian Air Force

...and much more!

TICKET: \$30/person (20% discount for families of 3 or more)
(Refreshments will be provided)

REGISTRATION:
www.ssbaltimore.org
or 410-837-0991




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Spiritist Society of Baltimore
Enlightening lives together

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Second US Spiritist Medical Congress

Bridging Medicine and Spirituality

October 3, 4 and 5, 2008
Hilton Airport Hotel
Fort Lauderdale • Florida
(305) 594-2910
info@spiritistcongress.com
www.spiritistcongress.com

English Congress with few presentations in Portuguese and Spanish - Simultaneous translations will be provided.

Internationally Known Motivational Speakers

Dr. Bernie Siegel and Divaldo Franco

will discuss

MEDICINE and SPIRITUAL HEALING

[HOME](#)
[REGISTRATION](#)
[BIO](#)
[HOTEL](#)
[DIRECTIONS](#)
[CONTACT](#)

Saturday, October 18, 2008 - Norwalk, Connecticut





Registration online at:
www.medicineandspirituality.org

PAST EVENTS



5th Family Spiritist Retreat

The 5th Family Spiritist Retreat happened last July 13th, at the Old Mine Park in Trumbull, CT. More than more than 200 people participated in the retreat. The Family Spiritist Retreat is a one-day event organized by many Spiritist Centers throughout the North Eastern region of The United States. It happens during the summer vacations and consists of many educational and integralizing activities for the whole family. (www.familyspiritistretreat.org)



Auta de Souza Fraternal Meeting

On August 23-24, the Spiritist Group of Marlboro (*Grupo Espirita Trabalhadores da Ultima Hora*) promoted the 1182nd Auta de Souza fraternal meeting in Marlboro - MA. The event had five Spiritist Speakers from Brazil and three from the US. The event was a success!

REGISTRATION CAN BE DONE ONLINE AT
http://www.spiritistfederation.us/2008_SMC_001/With_fl/html/0822.html



This innovative program (SPYC) has the main goal to boost spirituality in our new generations. Through seasonal programs, our Spiritist Educators, will teach children and youth new and practical insights on the power of prayer, visualizations, self-control, relationship with guardian angels, family values, and the importance of unfolding their inner altruistic nature.

Our Spiritist Educators have been working with children and youth for many years. They have kindly volunteered to dedicate their time and effort sharing new tools that will help us build a new generation of deeply altruistic and spiritual individuals.

Join us in this most important initiative! [Register](http://www.ssbaltimore.org/spyc) your children online (www.ssbaltimore.org/spyc) or in the SSB!

Who: Children and Teens (4-15 y)

When: Saturdays, 5-6:30 PM (September 6-27, 2008)

Where: SSB Headquarter

22 W Padonia Road Bdg B, Suites 317-321
Timonium, MD 21093

First Spiritist Forum of Baltimore

Your Spiritual Body, Your Life!

The First Spiritist Forum of Baltimore is a unique opportunity to:

- deepen our understanding about our spiritual body (perispirit);
- empower our community by raising awareness on one of their most important body;
- improve our quality of life as we have increased awareness on our spiritual body;
- instruct our practitioners about our vital instrument of spiritual service;
- celebrate our 10th anniversary countdown with the SSB team of speakers;
- provide a special educational event for our community.

Sunday, September 14, 2008

10:30 am – 2:30 pm

Fundraising lunch included (\$10)

PROGRAM

10:30 - 10:40 am - Welcome greetings and prayer

10:40 - 10:55 am - **Origin and Nature**
Alba Morales

10:55 - 11:10 am - **Properties of the Perispirit**
Alba Morales

11:10 - 11:30 am - **Perception and Sensations**
Leonardo Vieira

11:30 - 11:50 am - **Nourishment & Vital Centers**
Fabiana Moura

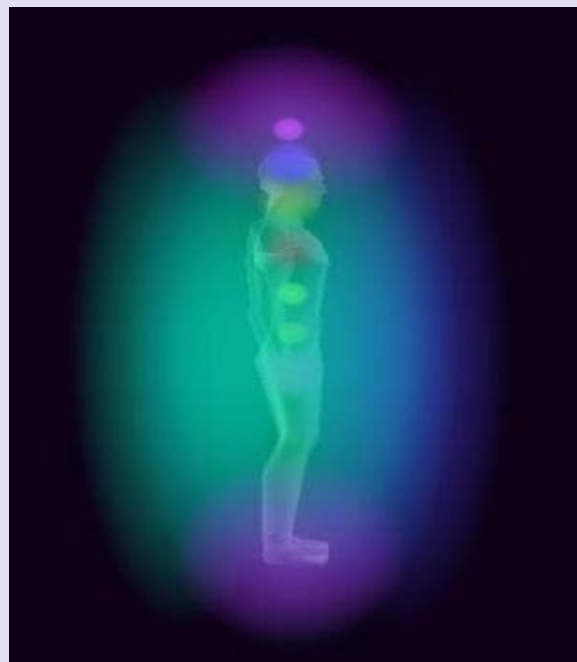
LUNCH BREAK

1:00 - 1:20 pm - **Evolution of the perispirit**
Luis E. Almeida

1:20 - 1:40 pm - **Perispirit: Key for Mediumship**
Celia Batista

1:40 - 2:00 pm - **Reincarnation & Perispiritual Memory**
Carolina Strosnider

2:00 - 2:30 pm - **Health, Diseases and Our Perispirit**
Vanessa Anseloni



LOCATION

Spiritist Society of Baltimore
22 W Padonia Road
Bdg B, Suites 317
Timonium, MD 21093

An initiative of the Spiritist Society of Baltimore

10th Anniversary Countdown Special Talk

WORKSHOP:

Smile, your greatest therapy

by Vanessa Anseloni

Sunday, September 28, 2008
(10:30 am – 12 pm)

Followed by passes service* and fundraising lunch

"Peace begins with a smile." - Mother Teresa



What are the spirit-mind-body connection in a smile? Is it possible that practicing smiling more often we may enlighten ours and others' lives as well? This workshop will bring the neurobiological and psychological underpinnings of smiling, while bridging it up with Spiritist teachings regarding Spirit connections and solutions for a fulfilling life for all.

22 W. Padonia Rd -
Padonia Plaza
Bdg B, Suite 317
Timonium, MD 21093

For more Info:
ssb@ssbaltimore.org
www.ssbaltimore.org
Tel. 410-382-5328

MARRIAGE & REINCARNATION

by Richard Simonetti

Is there karma in marriage? Are there twin souls? What about divorce? Are we supposed to come back in a future life to reconcile with our divorced partner? Mr. Simonetti offers a profound and good-humored insight of marriage and reincarnation in the light of the Spiritist Thought.



Thursday, September 4, 2008
7:30pm-9:30pm
FREE ADMISSION

Richard Simonetti is one of the best-selling Spiritist writers in Brazil and worldwide. He has many published titles selling out repeated editions. He has brought Spiritism to the general public in a clear and straightforward language filled with picturesque facts and anecdotes.

Support our Clothing Donation Drive

Homeless people and low income families need all types of gently used clothing, particularly warm clothes and coats for cold weather, formal clothes (to attend job interviews), and shoes (which frequently wear out). It's helpful if donated clothing is clean, reasonably wrinkle-free, and on hangers.



ACTIVITIES ARE FREE OF CHARGE

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every
Monday from
6:15pm to 7:45pm.

Mediumship Educational Meetings

(by invitation only)

These meetings take place every
Monday from 8:00pm to
9:30pm for the study and
practice of mediumship
according to Spiritism.

ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE

This meeting is offered for those
who are interested in learning
Spiritism and also to become
Spiritist practitioner.
Thursdays from
7:30pm to 9:00pm.

*Stay away from
inferior conditions;
acquire higher
understanding.*

- Emmanuel/Chico Xavier
(Our Daily Bread, Ch.6, p.26)

2008 SSB Calendar - A Look Ahead...

August

3 (Sun) - **Talk on the Spiritist
Foundation: Heaven, Hell and
Purgatory**
by Leonardo Vieira

7 (Thur) - [Talk on Kardec's
Genesis: Miracles According to
Spiritism](#)
by Vanessa Anseloni

10 (Sun) - [Family Picnic](#)

14 (Thur) - [Talk on Kardec's
Genesis: Fluids](#)
by Celia Batista

17 (Sun) - **Talk on the Spiritist
Foundation: Penal Code of the
Life to Come**
by Luis Almeida

21 (Thur) - **Movie Discussion:**
"2012 The Odyssey"

24 (Sun) - **Talk on the Spiritist
Foundation: Angels and Demons
According to Spiritism**
by Celia Batista

28 (Thur) - [Talk on Kardec's
Genesis: Prophecies in the Light
of Spiritism](#)
by Vanessa Anseloni

31 (Sun) - **WORKSHOP:**
[The teen inside of us](#)
by Vanessa Anseloni

September

(6-27) **EVERY SATURDAY
Spiritist Program for Youth
and Children (SPYC)**
Open House 4:00-5:00pm
Class 5:00-6:30pm
Registration required

4 (Thur) - **Special Talk:**
[Marriage and Reincarnation](#)
by Richard Simonetti

7 (Sun) - **Talk on the Spiritist
Foundation: Crossing Over**
by Luis E. Almeida

11- **Roadmap Program-**
Spiritism101 & Spiritist Science
REGISTRATION REQUIRED

14 (Sun) - [First Spiritist Forum of
Baltimore Your Spiritual Body,
Your Life!](#)
by SSB Team of Speakers

18- **Road Map Program-**
Spiritist 101 & Spiritist Science
(7:30pm-9:00pm)
REGISTRATION REQUIRED

21 (Sun) - **Talk on the Spiritist
Foundation: Universal control of
the Spirit teachings**

25- **Road Map Program-**
Spiritist 101 & Spiritist Science
REGISTRATION REQUIRED

28 (Sun) - **WORKSHOP:**
[Smile, your greatest therapy](#)
by Vanessa Anseloni

UPCOMING

2008 SUNDAY WORKSHOP SERIES

Free Admission

Time: 10:30 am - 12:00 pm

Oct 26 - The Therapeutics of
Mediumship from A to Z

Nov 16 - E-Z Kit for Healthier
Relationships

Spiritist activities for **CHILDREN**
above 4 years old are provided, while
parents attend workshop

Followed by lunch \$10/person

*Healthy, organic meals freshly
prepared!*

OUR SERVICES LOCATION

22 W. Padonia Rd -
Padonia Plaza
Bdg B, Suite 317
Timonium, MD 21093

Please, contact us for more info.

Phone: 410-382-5328 or
410-837-0991

e-mail: ssb@ssbaltimore.org

SpiritistNews

Year 6, Issue 5, September/October 2008



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Mailing Address:

Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

Our 10-Year Anniversary

It went by so fast! It looks like yesterday, when the first seeds of the Spiritist teachings were planted in Baltimore. It was around October 15, 1998 when the first meeting happened with only five attendees at Vanessa Anseloni's apartment building located at 5 North Charles Street, Downtown Baltimore, MD. For that occasion, Vanessa invited a special couple, Jorge Godinho e Antonia Helena to help in the organization of the meetings.

Time went by and the small group grew fast. Several people joined the group, some with real interest in learning, other just for curiosity. After 6 months, the group transferred its study sessions to a little but cousy room at the Student Union building of the University of Maryland. The meetings were initially conducted in Portuguese, they happened every Tuesday from 7:30-9pm. Jorge Godinho, current Brazilian Secretary of Defense and General of the Brazilian Air Force, proposed the Systematic Study on the Spiritist Doctrine organized by the Brasilina Spiritist Federation (FEB). The proposal was totally accepted once it would lay the foundation for the new group.

In 2001, Vanessa Anseloni was inspired to start the first Spiritist workshop series in English in



another location called Ruscombe Mansion. In that year, the Portuguese-speaking group called Paul of Tarsus Spiritist Group finally incorporated as the Spiritist Society of Baltimore (SSB).

To date, the SSB is a Spiritist Center with its own headquarters and it carries several activities from Children and Youth to Adult Spiritist Education. Thanks to the Spirits Benefactors, which never got tired of helping and guiding us, we accomplished this milestone: our 10th anniversary!

1st U.S. Peace and You Movement

The Peace and You Movement is a civil movement, apolitical and with no religious affiliation. Its objective is to prompt all segments of Society, citizens and collective organizations - civil, religious and government - to pay attention to the critical question of social peace and harmony. In this way, the Movement hopes to accelerate the building of progress in all forms supported by accepted universal notions of ethics, of good customs, of rights and solidarity, as a means of eliminating arbitrary exclusions and to promote social richness, life and balance by peaceful coexistence.

This is not a movement against anything in particular, but rather, a movement in favor of peace, goodness, order, and fraternity, to name a few.

The Peace and You Movement came to life in 1998 through Divaldo Pereira Franco's initiative. A renowned medium, with more than 200 psychographed books, Divaldo was the founder of the Pathway to Redemption Spiritist Center and the 'Mansão do Caminho' (Mansion of the Way). Orator and conferencist, Divaldo has participated in more than 13,000 events, in Brazil and in 60 countries worldwide.

The Movement takes place once a year, on December 19th, a date that is close to the Christmas celebrations. Its goal is to expose the public to the Movement's objectives and encourage the public to come out and participate. For this to happen, a marketing campaign using all means available (the press, TV, internet, expositions, interviews, meetings, etc.) helps disseminate information.

The first Peace and You in the world happened in 1998 in the presence of 5,000 people at the Praça do Campo Grande, Salvador, Bahia - Brazil. On the year after, 10, 000 people participated. Today, more than 25,000 people participate. More recently, the Peace and You movement has spread out to other cities in Brazil as well as in other countries (United States, Spain, Portugal, France).



Divaldo Franco

"This is not a movement against anything in particular, but rather, a movement in favor of peace, goodness, order, and fraternity, to name a few."

-Divaldo Franco

Charity understood by Jesus



What is the true meaning of the word charity as Jesus understood it?

“Benevolence towards everyone, indulgence towards the imperfections of others and forgiveness for offenses.”

Love and charity supplement the law of justice, because loving our neighbors is to do them all the good possible, all that we would wish to be done to ourselves. Such is the meaning of Jesus’ words: “Love one another as brothers”.

Charity, according to Jesus, is not restricted to alms-giving, but embraces all our relations with our fellow humans, whether in situations below, equal or superior to our own. It orders us to be indulgent, because we need indulgence ourselves, and it forbids us to humiliate the unfortunate, contrary to what is commonly

practiced. If a wealthy person seeks us out, we regard him or her with an excess of consideration and attention, but if it is a poor person, it does not seem that we should even bother with him or her. However, the more pitiable the situation of the latter, the more we should refrain from increasing his or her disgrace through humiliation. Those who are truly charitable seek to elevate those in lower positions in their own estimation, thereby diminishing the distance between both.

Jesus also taught: “Love your enemies”. But isn’t loving our enemies contrary to our natural tendencies, and doesn’t enmity proceed from a lack of sympathy between spirits?

“Undoubtedly, it is not possible to show tender and passionate love towards one’s enemies, and that is not what he wanted to say. Loving one’s enemies means to forgive them and to return good for their evil. It is thus that we evolve; by vengeance, we only place ourselves beneath them.”

What is to be thought of alms-giving?

“Those who are reduced to beg for alms morally and physically degrade themselves into an existence that brutalizes them. In a society based on the law of God and justice, it should provide for the life of the *weak* without humiliating them. It should assure an existence for those who cannot work, without leaving them *at the mercy of chance* and goodwill.”

- The Spirits’ Book Q/A 886-888.

A Peaceful Person

The violent end up exterminating each other or themselves.

A peaceful attitude resolves any belligerent situation, if love commands those involved.

In order to end a situation, every reaction needs to deal with the cause that set it off.

If this cause is violence, only its antidote, prudence, can get rid of it.

A peaceful person calms another; the two of them change the behavior of a group, which in turn can modify a community, and so on.

Do your part to end violence.

Happy Life by Joanna de Angelis/Divaldo Franco

Keep your thoughts positive because your thoughts become your words. Keep your words positive because your words become your behaviors. Keep your behaviors positive because your behaviors become your habits. Keep your habits positive because your habits become your values. Keep your values positive because your values become your destiny.

- Gandhi

HAPPINESS



IS NOT OF THIS WORLD

Man kind in general, from all walks of society, is constantly complaining either that he is not happy, or that happiness was not made for him. This, dear brothers and sisters, proves better than any possible form of reasoning the truth of the maxim from the book of Ecclesiastics: 'Happiness is not of this world.' Indeed, not riches, power or even the blossom of youth are essential conditions for happiness. Furthermore, not even by uniting these three elements, so desired by many, can happiness be assured because we are constantly hearing of people of all ages, even those from the most privileged classes, bitterly complaining of the situation in which they find themselves.

Before this fact it is inconceivable that the militant and working classes envy, with great anxiety, the positions of those who are apparently favored by fortune. In this world, despite what anyone can do, each must face his own part of work and misery, his quota of suffering and deceptions, from which it is easy to reach the conclusion that the Earth is a planet of trials and atonement.

So then, those who preach that the Earth is Man's only home, and that it is here during only one existence he must reach the highest level of happiness possible to his nature, are merely deluding themselves and those who listen to them, seeing that it has been demonstrated through multi-secular experiences that only in exceptional cases can this globe offer the necessary conditions for complete happiness for any one individual. In general terms, it is possible to affirm that happiness is a Utopia, whose conquest has been striven after by successive generations without their ever having been able to reach their objective. If the sensible man or woman is a rarity in the world, then the absolutely happy person has never been found.

Happiness on Earth consists of something so fleeting for those who are not guided by wisdom, that but for a year, a month or a

week of complete satisfaction the rest of their existence is a series of bitter deceptions. And note, dear children, that I refer to those who are considered the lucky ones of the Earth, those who are the envy of the masses.

Consequently, if the earthly dwelling-place is specifically for trials and atonement, then we are forced to admit that somewhere there are more favorable dwelling places where the Spirit, although still a prisoner in a material body, may possess the delights of human life in all its fullness. This is the reason why God has planted those beautiful superior planets in your vortex, towards which your efforts and tendencies will one day cause you to gravitate, when you have become sufficiently purified and perfected.

However, do not deduce from my words that the Earth is perpetually destined to remain a penitentiary. No, certainly not! From the progress that has already been achieved we may readily infer further progression, and from the various social betterments obtained, new and more fertile improvements. This is the immense task allotted to this new doctrine which the Spirits have revealed.

So then, dear children, may you be animated by a saintly emulation so that you may energetically change your ways. Everyone should dedicate themselves to the propagation of Spiritism, which has already begun your own regeneration. It is your duty to help your brothers and sisters to participate in the rays of this sacred light. Accordingly set to work, dear children! Let us hope that within this solemn reunion all hearts may aspire to this great objective, which is to prepare a world for future generations where the word happiness is no longer meaningless.

- FRANÇOIS-NICOLAS-MADELEINE,
Cardinal MORLOT (Paris, 1863).

In: The Gospel According Spiritism by Allan Kardec, Chap 5, item 20.

The Spiritist Magazine - Commemorative Edition (1858 - 2008)

One hundred and fifty years ago, the founder of the Spiritist Magazine (Revue Spirite) stated, "We cannot contest the usefulness of a special periodical that informs the public about the progress of this new science [Spiritism] and also protects this public against the excesses of credulity and skepticism. It is precisely this gap that we would like to fill with the publishing of this magazine, that intends to offer a communications media to all who are interested in these questions, connecting through a common thread those who understand the Doctrine of the Spirits under its true moral point of view: to do good and to exercise Christ-consciousness charity with all people."

In this commemorative special issue, dear reader, we celebrate 150 years of the launching of the Spiritist Magazine as we dive into new concepts of wellness and health. You will find a precious collection of six foundational articles written by Allan Kardec; some of them from day one of the Revue Spirite. You will also be inspired by the uplifting and incredible insights on the binomial health-disease, forgiveness, tools to prevent and treat depression, and a revolutionary model of integrative doctor.

May this issue boost your wellness as it provides new resources to help you achieve conscious pursuit of living life to its fullest potential.

- Vanessa Anseloni (Editor-in-chief)



First U.S. Peace and You Movement com Divaldo Franco

Transform Your Health With Inner Peace

Last October 19, in the city of Baltimore, MD – USA, Divaldo Franco launched the First United States Peace and You Movement (www.peaceandyou.net), which was organized by the Spiritist Society of Baltimore (www.ssbaltimore.org) that was also celebrating its 10th anniversary.

The event entitled **Transform Your Health With Inner Peace** had among its guest speakers, the renowned scientist Dr. Gary Schwartz, the writer and broadcaster Zohara Meyerhoff Hieronimus, the reverend and spiritual leader Dr. Jeffrey Proctor and the co-founder of the Spiritist Society of Baltimore and advisor of the Brazilian Spiritist Federation, the General of the Brazilian Air Force Jorge Godinho Nery. The synchronicity of the speakers enchanted the public as each one bridged health, peace, and spirituality.

The historical event was closed by Divaldo Franco, Ambassador of Peace, in a moving award ceremony. Assisted by the interpreters Daniel Benjamin and Daniel Assis, Mr. Franco concluded saying, “When someone succeeds, society as a whole succeeds. And in Jesus words, ‘I give you my peace.’ What peace is this? It is a tranquil conscience, a good character, and noble actions. Only noble actions can translate good character. A noble character is consequence of a peaceful conscience. May peace be with you! Go in peace! And wherever you may be, sow peace. One day, in the enlightened dawn, when pain has retreated from Earth, your peace will be the song that now we sing world peace begins with you.”



(Left to right) Jorge Godinho Nery, Jeffrey Proctor, Vanessa Anseloni, Divaldo Franco, Zohara Meyerhoff Hieronimus and Gary Schwartz.



Medicine and Spiritual Healing in CT

The historical event entitled Medicine and Spiritual Healing (www.medicineandspirituality.org) happened on October 18 in the city of Norwalk, Connecticut – USA. The invited speakers were the renowned Brazilian Spiritist speaker, medium, and humanitarian Divaldo Franco and the best-selling author of Love, Medicine, and Miracles, Bernie Siegel, MD. The event was sponsored by the Hospital of Norwalk and organized by the physicians Dr. Cláudio Petrillo and Dr. Silvia Knoploch. Medicine and Spiritual Healing gathered a historical number of one thousand people, Americans in its majority.

Dr. Bernie Siegel opened the program by sharing insights from his compassionate medical practice with cancer patients. One of the highlights of his presentation was the analysis of his patient's drawings, as part of his revolutionary medical approach. Then, Divaldo Franco (assisted by the interpreter Daniel Benjamin) enchanted the public with his eloquent, charismatic, and profound lecture, which united vast knowledge of Sciences and Philosophies, while approaching the topic of Health and Spirituality.

After a question-and-answer session, the speakers commented on each other's talk. Divaldo Franco closed the event talking about Dr. Siegel's legacy, "Dr. Siegel is the great apostle of compassion in his medical practice." The humble and noble attitude of Mr. Franco deeply moved the public, which in turn gave him a standing ovation, one that lasted several minutes. After that, Mr. Franco offered Dr. Siegel a copy of the *The Spirits' Book*.



Second U.S. Spiritist Medical Congress in FL

The Second U.S. Spiritist Medical Congress took place in Fort Lauderdale, FL in October 3-5. The meeting was supported by the International Spiritist Medical Association (ISMA), the United States Spiritist Council (USSC), the U.S. Spiritist Medical Association, and sponsored by Lar Fabiano de Cristo and the Spiritist Federation of Florida.

Three hundred and fifty people attended the meeting with great enthusiasm. The theme Bridging Medicine and Spirituality was approached by speakers from Brazil, USA, Argentina, Colombia, Panama, India, and England. Among them were: Melvin Morse, MD; Marlene Nobre, MD; Sonia Doi, MD; Cesar Geremia, MD; Vanessa Anseloni, PsyD, PhD; Fabio Nasri, MD; Decio Iandoli Jr., MD; Fabio Villarraga, MD; Julio Peres, PhD; Amit Goswami, PhD; Christina Puchalski, MD; Uma Krishnamurthy; Sabino Antonio Luna, MD; Peter Fenwick, MD; and Maria da Graca Ender, MD. The DVDs of the lectures are already available.

The U.S. Spiritist Medical Association supported by the USSC and ISMA plans on launching the next congress in 2010. For more information, please go to <http://www.sma-us.org/>.



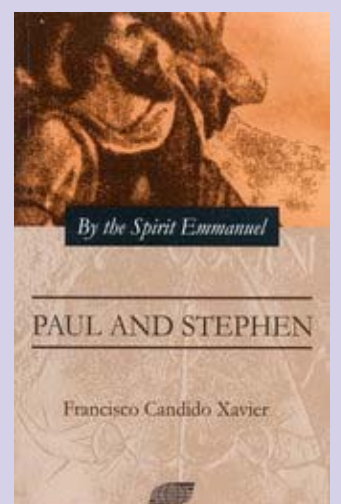
PAUL AND STEPHEN

by Emmanuel and F.C. Xavier

The spirit Emmanuel describes one of the most emblematic moments of early Christianity: the story of Paul of Tarsus, better known as Saint Paul. The richness of the narrative takes the reader to the Galilee of twenty centuries ago, revealing the spiritual events behind the expansion of Christianity.

Synopsis

How did an old man's trip to the market to buy fish and vegetables lead to a chain of cause and effect events that would change the religious face of the world forever? Who was Paul of Tarsus? A fanatical Pharisee and ruthless persecutor of Christians and the newborn Christian doctrine? Or a being predestined by divine choice, who converted upon receiving the gift of the apparition of Jesus in a glorious vision at the gates of Damascus? This book will show the reader the greatness of Paul of Tarsus, a courageous, daring and sincere man, who repented for radical posture that culminated in the stoning of Christianity's first martyr, Stephen, and who humbly undertook the accelerated revision of his ideas in answer to Jesus' call. Amid persecutions, infirmities, mockery, disillusionment, desertions by friends, stonings, beatings and imprisonments, he transformed his life into an example of labor through dozens of years of struggle by founding churches and rendering them assistance. At some point in our lives, we all receive Christ's call. What have we done? Paul and Stephen will enable the reader to understand how love erases a multitude of wrongs. (672 pages).



SSB Activities

Workshop: E-Z Kit for Healthier Relationships

by Vanessa Anseloni

Sunday, Nov 23, 2008
(10:30 am – 12 pm)

Followed by passes service* and fundraising lunch



This workshop will bring a multidisciplinary view to empower you and your relationships as you learn hands-on spiritual tools to make your relationships healthier.

22 W. Padonia Rd -
Padonia Plaza
Bdg B, Suite 317
Timonium, MD 21093

For more Info:
ssb@ssbaltimore.org
www.ssbaltimore.org
Tel. 410-382-5328

UNPUZZLING TODAY'S CRISIS

by Raul Teixeira, PhD



Raul Teixeira, PhD is a Brazilian Spiritist medium who wrote 28 books through automatic writing mediumship. As an internationally acclaimed speaker, he has travelled to more than 40 countries delivering the inspirational message of Love and Compassion. Dr. Teixeira is also a physicist with a PhD in Education. He also holds a professor position at "Universidade Federal Fluminense" in Brazil. Raul Teixeira founded the Fraternity Spiritist Society and the Fraternal Retreat which gives free medical, dental, psychological, and educational care to hundreds of at-risk youth, children and their families in Brazil.

Wednesday, Nov 12, 2008
7:30 – 9:30pm
FREE ADMISSION

Support our Clothing Donation Drive

Homeless people and low income families need all types of gently used clothing, particularly warm clothes and coats for cold weather, formal clothes (to attend job interviews), and shoes (which frequently wear out). It's helpful if donated clothing is clean, reasonably wrinkle-free, and on hangers.



ACTIVITIES ARE FREE OF CHARGE

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every
Monday from
6:15pm to 7:45pm.

Mediumship Educational Meetings

(by invitation only)

These meetings take place every
Monday from 8:00pm to
9:30pm for the study and
practice of mediumship
according to Spiritism.

ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE

This meeting is offered for those
who are interested in learning
Spiritism and also to become
Spiritist practitioner.
Thursdays from
7:30pm to 9:00pm.

*Stay away from
inferior conditions;
acquire higher
understanding.*

- Emmanuel/Chico Xavier
(Our Daily Bread, Ch.6, p.26)

2008 SSB Calendar - A Look Ahead...

October

2 (Thur) - Roadmap for the Spiritist Study and Practice - Reincarnation

5 (Sun) - Talk on the Spiritist Foundation: Plurality of Inhabited Worlds

9 (Thur) - Roadmap for the Spiritist Study and Practice - Study of the Book NOSSO LAR

11 (Sat) - Talk on the Spiritist Foundation: The cause of earthly miseries

12 (Sun) - SSB PRACTITIONERS' RETREAT

16 (Thur) - Roadmap for the Spiritist Study and Practice - Multitude of the Inhabited Planets

19 (Sun) - 1ST PEACE AND YOU MOVEMENT with Divaldo Franco And the 10 YEAR SSB CELEBRATION

23 (Thur) - Communication with Spirits

26 (Sun) WORKSHOP:
The Therapeutics of
Mediumship from A to Z by
Vanessa Anseloni
& HALLOWEEN FUN LUNCH

30 (Thur) - Roadmap for the Spiritist Study and Practice - Obsession

November

2 (Sun) - Talk on the Spiritist Foundation: Present Cause of Sufferings - Fabina Moura

6 (Thur) - Roadmap for the Spiritist Study and Practice - Study of the Book: Message from a Teen in Spirit World

9 (Sun) - Talk on the Spiritist Foundation: Past cause of Sufferings - Luis Almeida

12 (Wed) SPECIAL TALK:
UNPUZZLING TODAY'S CRISIS
by Raul Teixeira, PhD

13 (Thur) - SSB Closed

16 (Sun) - Talk on the Spiritist Foundation: Human and Divine Faith - Celia Batista

20 (Thur) - Spiritism 101 & Spiritist Science

23 (Sun) - WORKSHOP: E-Z Kit for Healthier Relationships by Vanessa Anseloni

27 (Thur) - SSB closed - Thanksgiving Holiday

UPCOMING

2008 SUNDAY WORKSHOP SERIES

Free Admission

Time: 10:30 am - 12:00 pm

Nov 23 - E-Z Kit for Healthier Relationships

Dec 21 - Keeping an eye on miracles

Followed by lunch \$10/person

Healthy, organic meals freshly prepared!



OUR SERVICES LOCATION

22 W. Padonia Rd -
Padonia Plaza
Bdg B, Suite 317
Timonium, MD 21093

Please, contact us for more info.

Phone: 410-382-5328 or
410-837-0991
e-mail: ssb@ssbaltimore.org

SpiritistNews

Year 6, Issue 6, Nov/December 2008



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Mailing Address:

Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D

The Purpose of Life

(...) Our destinies are all identical. There are no privileged nor cursed beings. All must trudge the same tremendous road: and all, despite a thousand obstacles, are called upon to share in the same ultimate destiny. (...)

Page 2

Intuition of Future Punishments

In all ages, man has intuitively believed that his future life will be happy or unhappy according to the good or the evil done by him in the earthly life; but the idea he forms to himself of that future state of existence is always in keeping with the development of his moral sense and with more or less enlightened views (...)

Page 3

The Purpose of Incarnation

God imposes incarnation for the purpose of leading spirits to perfection: for some, it is an expiation; for others, a mission. However, in order to reach this perfection, they must undergo all of the vicissitudes of corporeal existence (...)

Page 3

Universal Law

(...) Humans by nature desire to be happy and they only seek progress to increase their happiness, without which progress would have no objective. What would be the value of progress for them if the goal was not to improve their conditions? (...)

Page 4

2 0 0 9

New Year's Letter

Emmanuel

New Year is also the renovation of our opportunity to learn, work, and serve.

As a paternal friend, time reincarnates in the body of the calendar. And it opens brighter horizons for the needed ascension.

Remember that the year starts over again as a new day asking you to fulfill old resolutions, the ones that you did not have courage to accomplish.

If you have enemies, work throughout the hours to open the path of reconciliation.

If you were offended, forgive, so love sheds light onto the pathway ahead of you.

If you rested too much, go back to the plow of your duties and sow goodness fearlessly in the forthcoming harvest.

If sadness calls you, forget it and look for the serene joy of a happy conscience in the fulfilled duty.

New Year! New Day!

Smile to those who have hurt you, and seek harmony with the ones who still do not understand you.

Remember that there is more ignorance than evil around your life.

Do not either curse or condemn.

Help enlightening the pathway of those around you who are in uneasy darkness.

Do not either get discouraged or sorrowful.

Cultivate hope in those who are suffering the coldness of disenchantment or indifference.

Do not forget that Jesus has never been in despair with us.

As an occult friend by our side, he patient and kindly repeats to us always:

"Love and serve always. Help others, helping yourself, because tomorrow I will be with you waiting for the sweet joy of your open heart."

In the book *Vida e Caminho through the Mediumship of Francisco Cândido Xavier.*



THE PURPOSE OF LIFE

This being understood, we find some order established in the prevailing chaos and are able to see daylight ahead. The aim of life is rendered more intelligible: we at least know what we are, and whether we go.

Henceforth material pleasure will cease to be our object, and an ardent endeavour towards self-improvement will take its place. The supreme aim is perfection: the road that leads to it is the road of self-improvement. The road is long, and progress is infinitely slow. The distant end appears to recede as one approaches it, but as each successive stage is gained, some reward is reaped for each difficulty overcome; a reward which takes the form of an enriched experience and an enlarged capacity.

Our destinies are all identical. There are no privileged nor cursed beings. All must trudge the same tremendous road: and all, despite a thousand obstacles, are called upon to share in the same ultimate destiny. We are free to be sure! Free to accelerate or to delay our progress; free to steep ourselves in vulgar enjoyment; free to squander away entire existences in vice and sloth; but sooner or later the sense of duty will awaken, then will pain quicken our apathy, and we shall find ourselves obliged to take up our burdens and move on.

Between one soul and another, there is but the difference of a degree – a difference that the future will find opportunity to erase. In making use of our free-will, we have not all traveled the same road, thence arises the intellectual and moral disparity amongst men. But we, all of us, children of the same Father, must perforce gather closer to Him in the succession of our lives; and so finally resolve ourselves into one family: the great family of spirits, with which the whole universe is peopled.

The world has no longer room for such conceptions as an eternal Paradise or an endless Hell. In the great workshop of space we find nothing but active beings pursuing their education and striving by their own endeavour to fit themselves for the universal harmony. By these deeds each prepare his own place, and the consequences of these deeds revert to him, binding and entralling him. When his life has been the plaything of passion and sterile

of good results, the being is lowered and his good standing accordingly sinks. To wash these stains away he must seek reincarnation in worlds of trial, that suffering may purify him. This purification accomplished, his evolution will begin again. There are no eternal trials; but the trials must be in just proportion to the sins committed.

We have no other judge and no other executioner than our conscience; but when this conscience is liberated from the bonds of matter, it becomes imperious and persistent. In the moral as in the physical order there is nothing beyond cause and effect, these are ordained by a sovereign, immutable and unerring law. That which we may ignorantly deem an injustice of fate is but the reparation exacted for past transgressions. Human fate is the settlement of the debt contracted by ourselves unto the law.

Our actual life is therefore the direct and inevitable outcome of our anterior lives, just as our future life will be the resultant of our present actions. When the soul comes to animate a new body it brings with it, at each rebirth, the accumulation of its qualities and defects, all the good and evil harvests that we sown in the past. So, in the succession of our lives, we construct our moral edifice with our own hands, we build up our future, we prepare the environment in which we are to be reborn, the site that we are to occupy.

With the law of reincarnation, sovereign justice shines upon the worlds. Each being in possession of reason and conscience becomes the contriver of his fate. He forges or shatters at will the chains that rivet him to matter. The pitiful condition of some men is thus explicable, for each guilty life must be redeemed. The hour tolls when the proud soul must be born again in humble or servile condition, when the idle spirit must submit to painful labour. He, who has caused another to suffer, will in his turn likewise suffer.

But the soul is not bound for ever to this lowly planet; when it has acquired the necessary qualities it departs for more enlightened worlds. It traverses the fields of space bedewed with stars and suns. Amongst the multitudes that people infinity, a place for it will be found.

Still progressing in this new environment, the soul will endlessly add to its store of moral wealth and knowledge. After an incalculable number of deaths and rebirths, of falls and ascents, finally delivered from reincarnation, it will enter into the enjoyment of the heavenly life, where it will share in the direction of beings and worlds, contributing by its own deeds to the universal harmony and to the fulfillment of the divine plans.

Such is the mystery of Psyche, the human soul. Engraved upon it, the soul bears the law of its own destiny, to learn to decipher the precepts and to unravel the mystery of which constitutes the true science of life. Each spark gathered from the divine fire, each conquest over self, with its desires and egotism, fill it with ineffable joy, greater in proportion to the greatness of the difficulty overcome. Such is our promised heaven, and this heaven is not remote, for we have it within us. Happiness or remorse, power or degradation – these all, consequences of his deeds, has man ever with him, imbedded in his deepest self. These voices, harsh or melodious, that stir within him, are the faithful interpreters of the eternal laws; their volume grows greater as he rises higher on the road of self-improvement.

The soul is a world: a world in which light and shade are still intermingled; the more closely we study it the more we marvel. In its folds lie the germs of all power, waiting the fecundating hour to spring forth in sheaves of light. As the soul becomes purer, its perceptions increase. All that which delights us in its present condition, gifts of talent or flashes of genius, are insignificant indeed compared to what it will some day acquire, when it attains to the higher planes. Vast already are its hidden resources: its inner essence, subtle and varied, source of keen impressions, the exercise of which is ever hindered by the clumsy body, its envelope. Some transcendental souls alone, detached by anticipation from earthly things and purified by self-sacrifice, have been allowed a divine foretaste. But they have found no words wherewith to describe their rapture, and men in their blind ignorance of the soul's true nature and of the treasures it conceals, have scoffed at that which they name illusion and fantasy.

- Léon Denis

(In: Here and Hereafter, Part II, Chap 12, SAB 2003)

Intuition of Future Punishments

In all ages, man has intuitively believed that his future life will be happy or unhappy according to the good or the evil done by him in the earthly life; but the idea he forms to himself of that future state of existence is always in keeping with the development of his moral sense and with more or less enlightened views of right and wrong at which he has arrived. Thus his idea of the rewards and punishments of the future is always the reflex of his predominant tendencies. Warlike nations make the supreme felicity to consist in the honors done to valor; tribes who live by hunting, in an abundance of game; peoples addicted to sensuality, in voluptuous pleasures. While man remains under the domination of materiality, he can have only an imperfect comprehension of spirit life; he supposes that he will eat and drink, in the other world, as he does in this one, but better things. At a later period, we find in the beliefs of mankind concerning the future a mixture of spirituality and materiality; and accordingly, besides a *heaven* of contemplative beatitude, man then places a *hell* with its array of physical tortures.

Being unable to conceive of anything that he does not see, the man of the primitive period naturally formed his notion of the future based on the present; in order to comprehend the possibility of other modes of existence than those which he saw around him, he would have needed an intellectual development which he could only acquire in the course of ages. The picture that he imagined to himself of the chastisements of the future life was, therefore, only a reflex of the ills of human existence, but deepened and intensified. He brought together, into that picture, all the tortures, all the sufferings, all the afflictions that he saw upon the Earth; in hot climates, he imagined a hell of fire, and, in the cold ones, a hell of ice. The special sense which, at a later period, enables him to comprehend the spiritual world, not being yet developed, he could only conceive of physical penalties; and for this reason, with the exception of some slight differences of form, the “hell” of all religions is the same.

- Heaven and Hell by Allan Kardec, Chap. IV

“Examine how much time you devote each day to your spiritual life. The body needs care to live, but so does the soul.”

From the book *Happy Life* by Joanna de Angelis / Divaldo Franco

THE PURPOSE OF INCARNATION

What is the purpose of the incarnation of spirits?

“God imposes incarnation for the purpose of leading spirits to perfection: for some, it is an expiation; for others, a mission. However, in order to reach this perfection, *they must undergo all of the vicissitudes of corporeal existence* - therein lies their expiation. Incarnation also has a further objective, which is to place spirits in conditions where they can do their share in the work of creation. On each world, they clothe themselves with an instrument which is in harmony with the essential matter of that world in order to execute in that instrument the orders of God. In this way, while contributing to the general work, they progress at the same time.”

The action of corporeal beings is necessary to the evolution of the universe, but out of divine wisdom God has willed that in this same action they might have a means of progressing and drawing near to God. Thus, through an admirable law of divine providence, everything is connected and everything in nature is in solidarity.

Is incarnation necessary for the spirits who have followed the path of goodness from the beginning?

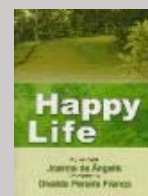
“All are created simple and ignorant, gaining instruction through the struggles and tribulations of corporeal life. Since God is just, God would not make some blissful without their having deserved it through hardship and work.”

– *But then what good does it do for spirits to follow the path of morality if it does not exempt them from the hardships of corporeal life?*

“They reach the goal more quickly. Besides, the hardships of life are often consequences of a spirit’s imperfections; the more purified it becomes, the fewer torments it will suffer. Those who are not envious, jealous, greedy or ambitious will not have to endure the torments that result from such defects.”

- The Spirits' Book by Allan Kardec, q/a 132-133

To lead a balanced life
you need answers.



**Happy
Life**

Divaldo Franco/
Joanna de
Angelis

This book is for your day-to-day use. With beautiful inspirational messages, each page of this little book brings joy and comfort to all events of life.

UNIVERSAL LAW

The progress of humankind has as its principle the practical application of the law of justice, love, and charity, and this law is founded on the certainty of the future.

Take away that certainty and you take away its cornerstone. All others are derived from this law, because it entails all the conditions of human happiness. It alone can cure the afflictions of society, and we can judge this by comparing various eras and *peoples*, since their conditions improve as this law is better understood and better applied.

In addition, if a partial and incomplete application has produced such a real benefit, what will happen when all the social institutions take it as their basis? Could that be possible? Yes. Those who have advanced ten steps can advance twenty, and so on. We can evaluate the future based on the past.

We are already seeing that the hostilities among peoples are decreasing little by little; that the barriers that separate them fall with civilization; that they are joining hands from one end of the world to the other; that more justice presides over international laws; that wars are becoming rarer and no longer exclude humane sentiments; that uniformity is being established in relations; that race and caste distinctions are disappearing and humans of different beliefs are silencing sectarian prejudices so that they may unite in the worship of one and the same God. We are speaking of the peoples that are at the forefront of civilization. Under all aspects we are still far from perfection, and there is still much old residue to destroy before the last vestiges of barbarity disappear.

However, will those vestiges be able to withstand the irresistible power of progress and that living force which in itself is a law of nature? If the present generation is more advanced than the last, why should not the next be more advanced than ours? It will in fact be so through the force of things: first, because with each generation, a few champions of the old abuses are dying out every day, and thus society is increasingly being composed of new members who are free of the old prejudices; second, because in desiring progress, humans study the obstacles and employ their efforts to overcome them – evolution is incontestable and future progress cannot be put in doubt.

Humans by nature desire to be happy and they only seek progress to increase their happiness, without which progress would have no objective. What would be the value of progress for them if the goal was not to improve their conditions? However, after attaining the happiness that intellectual progress can offer them, they will perceive that such happiness is not complete. They will recognize that such bliss is impossible without the security and harmony in social relationships that can be found only in moral progress. Thus, by the force of circumstances, they themselves will drive progress, and Spiritism will offer them the most powerful means for reaching that goal.

The Spirits" Book by Allan Kardec, Conclusion, item IV.

INSPIRATIONAL MESSAGES

*Drench your mind in study,
as much as possible.*

*Study frees the mind from ignorance
and develops discernment.*

*Study and work are the wings that
further evolution.*

Knowledge is the message of life.

*Learning is not limited to the class-
room. Life itself is an open book that
teaches those willing to learn.*

Always live in peace.

*A clear conscience, without remorse
for past acts or fear of the future,
creates harmony.*

*Nothing from outside can disturb a
tranquil heart, which beats to the
rhythm of duty honestly done.*

*Peace is worth whatever you must do
to achieve it.*

Never lose hope.

*Whatever may happen, keep believing.
If everything is against you, and failure
threatens you with despair, even then
expect divine assistance.*

*Only what is best for us happens.
The law of God is the law of love.
And love can do everything and
does do everything.*

*When you think that help will not
arrive in time, if you continue hoping,
you will happily discover that
it reached you minutes before the disaster.
The person who despairs has already
lost part of the battle he was going to
fight, and goes forward at a disadvantage.*

Book *Happy Live* by Joanna de Angelis/Divaldo Franco



Patience is a virtue which will help you acquire the goods of the body, soul, and society.

It teaches us how to wait when we cannot immediately get what we want.

Never be irritated.

Patience will help you overcome everything.

Book *Happy Live* by Joanna de Angelis/Divaldo Franco

Who was Chico Xavier?

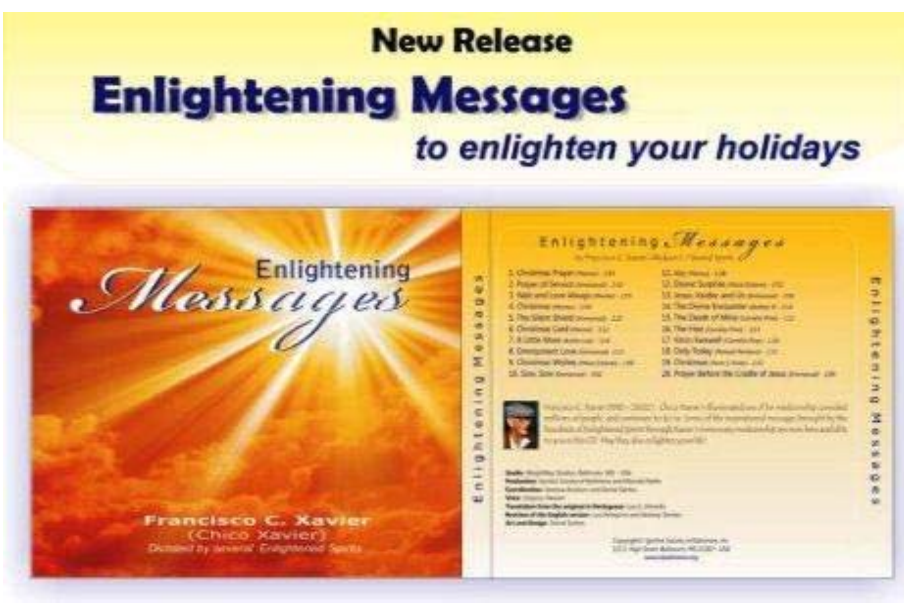


Francisco Candido Xavier (1910-2002), popularly called Chico Xavier, was born in Brazil, where he became one of its most respected and renowned humanitarians. Recognized by his magnificent charitable work, he was nominated for the Nobel Peace Prize in 1980. He devoted his whole life to the Spiritist message, according to Allan Kardec's books, which gave him guidance and foundation to become the most prolific Spiritist writing medium, channeling more than 400 books from

poetry to profound scientific and spiritual knowledge. He altruistically donated all the proceeds of the books to charitable organizations and never charged anyone for his mediumistic abilities. Chico Xavier's illuminated use of his mediumship consoled millions of people, and continues to do so. Some of the inspirational messages brought by the hundreds of Enlightened Spirits through Xavier's missionary mediumship are now here available to you in this CD. May they also enlighten your life!

ENLIGHTENING MESSAGES CD Tracks

1. Christmas Prayer (Meimei) 3:34
2. Prayer of Service (Emmanuel) 2:32
3. Wait and Love Always (Meimei) 2:53
4. Christmas (Meimei) 2:59
5. The Silent Shield (Emmanuel) 2:25
6. Christmas Card (Meimei) 3:12
7. A Little More (Andre Luiz) 3:14
8. Omnipotent Love (Emmanuel) 3:13
9. Christmas Wishes (Maria Dolores) 2:06
10. Sow, Sow (Emmanuel) 3:02
11. Joy (Meimei) 1:38
12. Divine Surprise (Maria Dolores) 2:52
13. Jesus, Kardec and Us (Emmanuel) 3:00
14. The Divine Encounter (Brother X) 6:14
15. The Death of Mina. (Cornélio Pires) 1:12
16. The Hoe (Cornélio Pires) 1:13
17. Vito's Farewell (Cornélio Pires) 1:10
18. Only Today (Manuel Monteiro) 1:32
19. Christmas (Irene S. Pinto) 1:53
20. Prayer Before the Cradle of Jesus (Emmanuel) 2:09



Enlightening Messages

by Francisco C. Xavier/Several Spirits

This is the first CD on Francisco C. Xavier's prayers. Enlightening Messages contains the very inspiration that everyone needs in today's world.

Francisco C. Xavier illuminated use of his mediumship consoled millions of lives, and continues to do so. In this CD, you will find messages that Mr. Xavier channeled from the caring and loving Spirits Emmanuel, Meimei, Maria Dolores, Andre Luiz, and many others.

This CD is also perfect for the Holiday season!

SSB Activities

Workshop:

Keeping an Eye on Miracles

by Vanessa Anseloni

Sunday, Dec 21, 2008
(10:30 am – 12 pm)

Followed by passes service* and fundraising lunch



"There are two ways to live: you can live as if nothing is a miracle; you can live as if everything is a miracle." – Albert Einstein

In this workshop, we will unfold the Spiritist view on miracles and how it can change our lives.

22 W. Padonia Rd -
Padonia Plaza
Bdg B, Suite 317
Timonium, MD 21093

For more Info:
ssb@ssbaltimore.org
www.ssbaltimore.org
Tel. 410-382-5328

SPIRITUAL NEW YEAR'S EVE!

Come and join us in especially spiritual moments in celebration to the transition of the year!



Wednesday, Dec 31, 2008
10pm – 12:20am
FREE ADMISSION

RE M I N D E R - 2009

Talks and Workshops will be on

SATURDAYS

From 6pm - 7:30pm



**ACTIVITIES ARE
FREE OF CHARGE**

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every
Monday from
6:15pm to 7:45pm.

Mediumship Educational Meetings (by invitation only)

These meetings take place every
Monday from 8:00pm to
9:30pm for the study and
practice of mediumship
according to Spiritism.

ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE

This meeting is offered for those
who are interested in learning
Spiritism and also to become
Spiritist practitioner.
Thursdays from
7:30pm to 9:00pm.

*Stay away from
inferior conditions;
acquire higher
understanding.*

- Emmanuel/Chico Xavier
(Our Daily Bread, Ch.6, p.26)

SSB Calendar - A Look Ahead...

December

4 (Thur) - Roadmap for the Spiritist Study and Practice

7 (Sun) - **3RD ART & SPIRITUALITY**

11 (Thur) - Roadmap for the Spiritist Study and Practice

14 (Sun) - **Talk on the Spiritist Foundation:** Seek and You will Find

18 (Thur) - Roadmap for the Spiritist Study and Practice

21 (Sun) - **WORKSHOP:**
Keeping an eye on miracles
by Vanessa Anseloni

25 (Thur) - Roadmap for the Spiritist Study and Practice

Wednesday, Dec. 31

@ 10 pm - 12:20 am
New Year!

SPIRITUAL NEW YEAR'S EVE!

Come and join us in especially spiritual moments in celebration to the transition of the year!

January 2009

3 (SAT) - **Closed**

8 (Thur) - Advancements on Passes for SSB Spiritist Practitioners, 7:30pm -9pm

10 (SAT) - **Talk (TBA) 6pm - 7:00pm**

15 (Thur) - Advancements on Passes for SSB Spiritist Practitioners, 7:30pm -9pm

17 (SAT) - **Special Talk: Spirituality for Youth**
by Nahur Fonseca, PhD and
Fernanda Ferreira, MA
6pm - 7:30pm

22 (Thur) - Fraternal Counseling Training for SSB Spiritist Practitioners - 7:30pm -9pm

24 (SAT) - **Talk (TBA) 6pm - 7:00pm**

29 (Thur) - Fraternal Counseling Training for SSB Spiritist Practitioners 7:30pm -9pm

31(SAT) - **Workshop - Hope: Pathway to Healing**
by Vanessa Anseloni
6pm - 7:30pm
followed by fundraising Dinner

UPCOMING

2008 /09 SUNDAY WORKSHOP SERIES

Free Admission

Time: 10:30 am - 12:00 pm

Dec 21 - Keeping an eye on miracles

Jan 31 - Hope: pathway to healing

Followed by lunch \$10/person

Healthy, organic meals freshly prepared!



OUR SERVICES LOCATION

22 W. Padonia Rd -
Padonia Plaza
Bdg B, Suite 317
Timonium, MD 21093

Please, contact us for more info.

Phone: 410-382-5328 or
410-837-0991
e-mail: ssb@ssbaltimore.org

SpiritistNews

Year 8, Issue 1, Jan/Feb 2010



2nd U.S. Peace and You Movement
March 20, 2010 - (Page 5)

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Published by



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Mailing Address:

Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.



SpiritistNews is back!

2010 is already here and the Spiritist News is back to our community after a year of standby. Welcome back!

The SSB started its New Year welcoming its community in the Second Spiritual New Year's Eve. Affirmations, virtue storytelling game (inspired in Ben Franklin's 13-virtue program), visualization, and prayer were some of the activities performed by participants in preparation for

the year that would arrive. So inspirational and peaceful...

This year, we have many things to celebrate, and most especially the Centennial of Chico Xavier, the medium of all times. The SSB will dedicate its Saturday talks to bring to its community the immortal teachings that he brought to life through his exceptional mediumship.

We also take this time to open the doors of the SSB services and volunteering programs to all who are interested in partaking in this journey of building a more spiritual world here on Earth!

May we feel closely to God in this 2010!

- Editors

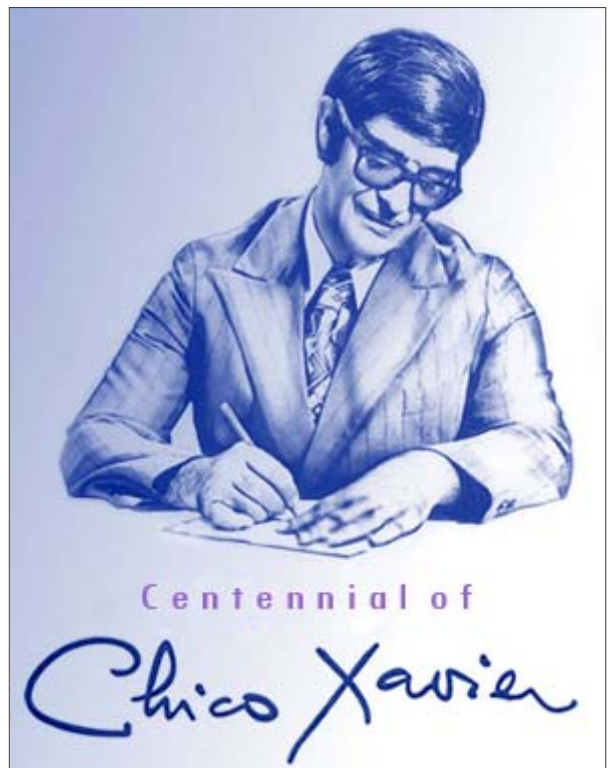
Who is Chico...

Francisco Candido Xavier or Chico Xavier was the most prolific psychographic medium of all times. He was born in Pedro Leopoldo, Minas Gerais, Brazil, on April 2, 1910. He passed away on June 30, 2002.

Coming from a modest family, he could only complete his elementary school studies. His mother died when he was 4 and he had a challenging childhood.

He came across Spiritism in 1927 due to the healing treatment of his sister. Two months after his first exposure to the teachings of Spiritism, he was advised to exercise his writing mediumship. Four years later, he saw his mentor Emmanuel for the first time, who had advised him to be focused on discipline in order to succeed in his fruitful mediumistic works.

Chico Xavier psychographed more than 400 books of all genres. He donated all the proceeds of the books to charitable organizations. His humanitarian and charitable heart lives in his legacy, which has been making profound social transformation in Brazil and throughout the world.



Natural disaster



A new natural disaster hits the planet. This time it was in Haiti, Central America. A 7.0-magnitude earthquake struck the impoverished island nation on January 12, 2010. The capital, Port-au-Prince, was completely destroyed. What takes years to build was vanished in less than 1 min (precisely 35 sec). And then a question was raised, why do disasters happen? Allan Kardec posed this question to the Enlightened Spirits in the compilation of *The Spirits' Book*. See them below.

"All of a sudden everything was just falling apart.... there was no place to hide." - Haitian survivor

737. *For what purpose does God inflict humankind with destructive calamities?*

"To impel them to progress more quickly. Haven't we stated that destruction is necessary for the moral regeneration of spirits, who acquire a new degree of purification during each new existence? You must see the end in order to appreciate the results. You only judge such things from your own personal point of view, and you regard such afflictions as calamities because of the injury they cause you. However, these hardships are often necessary in order to make things arrive at a better order more quickly, and to accomplish in a few years what would otherwise require many centuries."

738. *Couldn't God employ other methods instead of destructive calamities for improving humankind?*

"Yes, and they are employed every day, for God has given to each of you the means of progressing through the knowledge of good and evil. However, humans do not take advantage of them; thus, it is necessary to afflict them in their pride and make them feel their own weakness."

a) — *But the moral person succumbs to these calamities along with the wicked. Is this just?*

"Throughout life humans relate everything to their body, but after death they think differently. As we have already stated, the life of the body is almost nothing – a century in your world is but a *flash in eternity*. The sufferings that last a few of your months or days are nothing, and are only a lesson that will serve you in the future. Spirits, who have preexisted and have survived everything else, comprise the real world. They are the children of God and the objects of the divine kindness. Bodies are no more than disguises under which they make their appearance in the world. In the great calamities that decimate humankind, they are like an army, which, during war, sees its uniforms tattered, worn out, or lost. The general is more concerned for his soldiers than their uniforms."

b) — *But aren't the victims of those calamities actual victims nonetheless?*

"If we considered life as it is in itself, and how insignificant it is in comparison with the infinite, the less importance we would attach to it. In another life, those victims will find ample compensation for their sufferings if they endured them without complaining."

Whether death results from a calamity or an ordinary cause, to each of you the means of progressing through the knowledge of good and evil. However, humans do not take advantage of them; thus, it is necessary to afflict them in their pride and make them feel their own weakness.

739. *Are destructive calamities useful from a physical point of view, notwithstanding the hardships they cause?*

"Yes, they sometimes modify the state of a region, but the good that results from them is usually only felt by future generations."

740. *Couldn't calamities also be moral trials for humankind, exposing them to the most afflictive needs?*

"Calamities are trials that furnish men and women with an opportunity to exert their intelligence and to demonstrate their patience and resignation before the will of God. At the same time, it enables them to develop sentiments of self denial, self-detachment and love for their neighbor – if they are not dominated by selfishness."

741. *May we avert the calamities that afflict us?*

"Yes, in part, but not as is generally supposed. Many calamities are the consequences of your own improvidence. As you acquire knowledge and experience you become able to avert them; that is, to prevent them if you know how to study their causes. Among the ills that afflict humankind, however, there are those of a general nature that pertain to the designs of Providence, and from which all individuals receive, in a greater or lesser proportion, the share for which they are responsible. They can do nothing about those except resign themselves to God's will. But even these ills are usually aggravated by the carelessness of humankind."

Among the destructive calamities that are natural and independent of human actions we find plagues, famine, floods, and inclement weather conditions that are fatal to the productions of the earth. But in science, in works of art, in improvements of agriculture, in crop rotation and irrigation, and in the study of hygienic conditions, hasn't humankind found the means to neutralize or at least mitigate such disasters? Aren't certain regions that were formerly devastated by terrible calamities protected nowadays? Therefore, what will humankind not accomplish for their material well-being when they know how to make use of all the resources of their intelligence, and when, caring for their own self-preservation, they know how to ally it with the sentiment of true charity for their fellow beings?

The Spirits' Book by Allan Kardec, q/a 737-741



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www.podspiritism.org

The New Era



God is one, and Moses is the spirit whom he sent on a mission to make him known not only to the Hebrews but to pagan peoples as well. The Hebrew people were the instrument that God used to deliver the divine revelation through Moses and the prophets, and the vicissitudes of these people were meant to impress the eyes and bring down the veil that had hidden the Divinity from humankind.

God's commandments given through Moses contained the seed of the broadest Christian morality. However, biblical commentaries have restricted their meaning, because, put into practice in all their purity, they would not have been understood; nevertheless, the Ten Commandments remained the shining frontispiece, the beacon that should have illumined humankind on the road it was to travel.

The morality taught by Moses was appropriate for the state of advancement of the people it was called to regenerate, and these people, semi-primitive with regard to the perfection of their soul, would not have understood that it was possible to worship God by means other than burnt offerings, or that they should forgive an enemy.

Their intelligence, noteworthy from the materialistic point of view and even from that of the arts and sciences, was morally quite backward, and they would never have been converted under the rule of an entirely spiritual religion; they needed a semi-material representation, like the one the Hebrew religion offered them. Hence, burnt offerings spoke to their senses, whereas the idea of God spoke to their spirit.

Our Incarnation: A Most Special Journey...

- Is the moment of incarnation a solemn one for the spirit? Does it accomplish it as something serious and important?

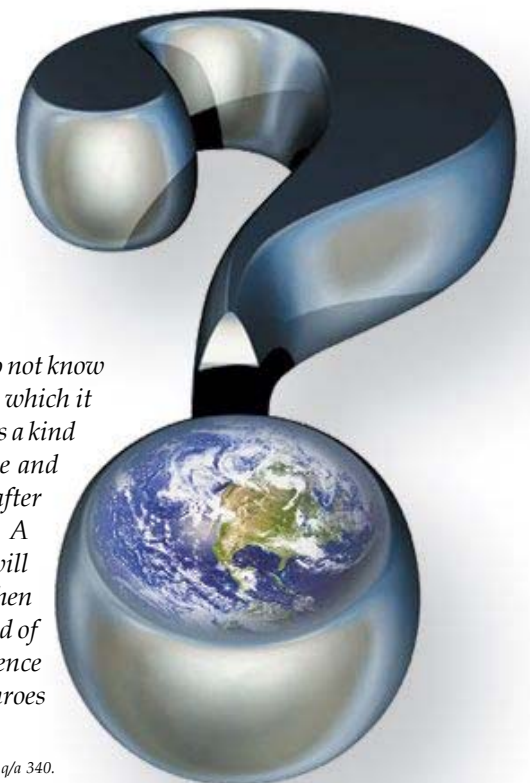
"The spirit is like a traveler embarking on a dangerous voyage, not knowing if it will meet death on the waves ahead."

Travelers who set out on a voyage are aware that there are dangers ahead, but they do not know if they will run aground. The same applies to a spirit. It knows the kind of trials to which it will be submitted, but does not know if it will succumb. Just as the death of the body is a kind of rebirth for the spirit, reincarnation is a kind of death, or rather, a kind of exile and confinement for the soul. It leaves the spirit world for the corporeal world just as after having been a human being it leaves the corporeal world for the world of spirits. A spirit knows that it will incarnate, just as a human being knows that he or she will die. Like humans, however, the spirit only becomes aware of it at the last moment, when the appointed time has arrived. Then, in that supreme moment, confusion takes hold of it, similar to someone in the throes of death. This confusion lasts until the new existence is firmly established. Thus, the commencement of reincarnation is a kind of death throes for the spirit.

Christ was the initiator of the purest and most sublime morality: the evangelical Christian morality that is to renew the world, bring men and women together and make them brothers and sisters; that is to enable charity and love for one's neighbor to blossom forth in all human hearts and create a common solidarity amongst all humans; a morality, in short, that is to transform the earth and make it a dwelling place for spirits more highly evolved than those inhabiting it today. It is the law of progress, to which nature is subject and which is self-fulfilling, and *Spiritism* is the lever that God is employing to enable humankind to advance.

The time has come in which moral ideas must be developed so that the progress contained in the designs of God may be realized. These ideas must follow the same route that the ideas of liberty - their forerunners - traveled. However, one should not believe that this development will occur without struggle. No. In order to reach maturity, these ideas need to be discussed and argued over so that they may attract the attention of the masses. Once attention is fixed on them, the beauty and sanctity of Christ's morality will touch people's minds, and they will become interested in a science that provides them with the key to the future life and opens to them the doors to eternal happiness. It was Moses who opened the way; Jesus continued the work; Spiritism shall finish it.

- The Gospel According to Spiritism by Allan Kardec, Chap1, item 9.



- The Spirits' Book q/a 340.

THE MAP OF A SPIRITIST CENTER

The expansion of anything in Nature begins with the first step. Like a river, its expansion begins with a drop. The growth of a baby begins with the first cell and then another cell, and another, and another one. And a full body is formed. For many, they resemble miracles of life. For us, they are a natural consequence of the law of God.

The works of goodness on Earth are in their march of progress. Although the darkness of ignorance still mounts, lights - flashing lights - come in great number, and are actually in great demand.



The Spiritist center, in general, is a part of the progress of goodness on Earth. Any center that devotes itself to the goodness of others, and loves each and every person who approaches it and searches for greater wellbeing, this center, is then entitled to a natural growth, fortification, and expansion. We talk about the expansion of its resources, of its works, of its services, - at all levels -, ones that the eyes can see and the hearts can feel, but the eyes cannot actually perceive it, unless they are the eyes of the soul.

It is not on the incarnates to define the map of the expansion of any center. Its planning began in the spirit realm and its new steps will continue to be planned in the spirit realm.

And you may ask what is on you to do, if you are not actually in charge of the planning or the expansion of it. "You are the instrument," we answer. You are the bridge. You are the one who voluntarily applied for the opportunity to help us make the plan and the expansion come true.

When the seasons of life change and the transition from one season to the next happen, sometimes one can barely realize that there is any change. When Winter is finished and Spring comes up, we barely realize that inside each flower and each tree there are elements that sooner or later will blossom. And one day, when we least expect, we take a glance at nature around and we see true flowers blooming on the trees and on the soil and in the fields of life.

You are a part of nature. Do not worry about seeing progress. *Just move with progress.* Trust your Divine seed because it is in your inner growth that the growth of the collectivity will appear. And as such, others will benefit from the foundation of your inner growth, one that is solely based in the feeling of love.

Many blessing for your efforts! And may we all keep in mind that a true Spiritist is the one who works on their inner transformation, which is actually the goal of each and every service that we provide. Such services shall allow the awareness to expand the levels of consciousness and, thus, feel the unconditional love of God permeating your lives.

Dear children, allow the balm of love to envelop you. Do not resist it. Do not illude yourself in control. Immerse yourselves into this balm, so we can more easily operate with you and through you.

Blessings,
- Joseph

Psychophonic message received through Vanessa Anseloni at the SSB mediumistic meeting on January 25, 2010.

BOOK DONATED TO THE U.S. PRISONS



Last November and December, the SSB and The Spiritist Magazine donated hundreds of magazines and *After the Storm* books by Joanna de Angelis to more than one hundred Federal and State Prisons of the United States. The idealization of the project began in the Mansion of the Way in December 2007. We also express our gratitude to Divaldo Franco's generosity in giving the books.

Emotional Balance for a Healthier Life



Saturday, March 20, 2010

6:30pm - 10pm

Doors open at 6:00pm

University of Maryland College Park
The Clarice Smith Performing Arts Center
Joseph & Alma Gildenhorn Recital Hall
College Park, MD

Free admission

For more information:

www.peaceandyou.net

Tel.: 410-382-5328

"...So then, love your soul and also look after your body which is the instrument of the soul!"
- George A. Proctor Spirit (S.A.S.)

SPEAKERS:



Emotional Balance and Spirituality

- Divaldo Franco

Doctor Honoris Causa in Humanities, Ambassador of Peace, International Spiritist Medium, Speaker and Humanitarian.



The Science of Emotions and Health

- Lydia Temoshok, Ph.D. (will receive the Peace and You Award)

Professor of Medicine and Director, Behavioral Medicine Program
Institute of Human Virology of The University of Maryland School of Medicine. Leader in groundbreaking research on emotions and health.



Vision and Prescription for the New Medicine

- Claudio Petrillo, MD and Silvia Knoploch, MD

Dr. Petrillo is the Director of Rehabilitation Program and Dr. Knoploch is a Senior Attending Physician at the Norwalk Hospital in Connecticut. They have committed to Integrative Medicine and a new medical paradigm. Co-Authors of three books, amongst them *Eternal Bonds of Love*.



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ROADMAP

FOR THE SPIRITIST STUDY AND PRACTICE

Want to learn Spiritism?
Would you like to become a Spiritist Practitioner?

The Roadmap Program for the Spiritist Study and Practice focuses on the sole goal of promoting the study and practice of Spiritism, while contributing to the formation of Spiritist practitioners at the Spiritist Society of Baltimore, Inc. It welcomes everyone to take its courses without distinction to sex, race, religion or nationality. Each class comprises of a 1 1/2 hour-study session and it is divided into three (3) phases.

Phase I	SPIRITISM 101	THE SPIRITIST SCIENCE	ADVANCEMENTS ON THE SPIRITIST SCIENCE
Phase II	THE SPIRITUAL LAWS OF THE SPIRITIST PRACTICE	THE SPIRITIST THERAPY	PRACTICE ON THE SPIRITIST THERAPY
Phase III	INTRODUCTION TO MEDIUMSHIP	MEDIUMSHIP I	PRACTICAL GUIDELINES FOR MEDIUMSHIP

New classes open on March 25

Open courses:

Spiritism 101 and **The Spiritist Science**

Free Admission. Registration Required.

Thursdays 7:30 – 9:00 pm

DIAPERS

On January 9, the SSB collected diapers, which were then donated to the Center for Pregnancy Concerns (www.cpcforhelp.org).



The managers were truly grateful and shared with us that they welcome our help always!

Check their website. They have been doing a great job! And share about their services with any parent-to-be that you think may need help. Thank you for your loving donation.

Book Drive For Liberia

Our Book drive was a success!

On January 27, 330 lbs of book donation arrived in Monrovia, Liberia. The hundreds of Spiritist and non-Spiritist books will go to a library for Women's College.

DHL kindly shipped it for the SSB free of charge.

Thank you all who helped us with this book drive!



"The one who is not devoted to the liberating action of work becomes a drag on the economy and society."

From the book *Happy Life* by Joanna de Angelis / Divaldo Franco

CHERISHING LIFE FORUM



Learn the Spiritist view of
 - Abortion,
 - Suicide,
 - Euthanasia,
 - Death Penalty

Keynote speaker:
 - Julio Carvalho, BS

House speakers:
 - Leonardo Vieira
 - Vanessa Anseloni, PsyD, PhD.

Saturday, Feb 13, 2010
 6pm- 8pm

Followed by
*Fundraising Organic
 Dinner.*



Spiritist Program for Youth and Children

Who: children and teens (4-15 y/o)

When: Saturdays,

5:45 – 7:15 PM

(February 6th - Feb 27th, 2010)

ROADMAP PROGRAM

for the Spiritist Study and Practice
CLASSES START ON MARCH, 2010



Julio Carvalho is a B.S. in Biology and Psychology by Kean University. Currently, he is a Mental Health Worker in the Psychiatric Department at Trinitas Hospital Union County Jail. Mr. Carvalho is also the founder and current general coordinator of the Divine Light Spiritist Center in New Jersey.

JOIN OUR ACTIVITIES

FRATERNAL COUNSELING
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These services are offered every
Monday from
 6:15pm to 7:45pm.

Mediumship Educational
 Meetings
(by invitation only)

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 who are interested in learning
 Spiritism and also to become
 Spiritist practitioner. **Thursdays**
 from 7:30pm to 9:00pm.

Seasonal
 Spiritist Program for
 Youth and Children
 S P Y C

Please, contact us for more info.
 Phone: 410 - 382-5328 or
 410-837-0991
 e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

2010 SSB Calendar - Saturdays at 6pm

January

MONTH OF REBIRTH

- 2 - Holiday break
No meeting
- 9 - Movie Screening: BIRTH
(Movie reflection)
- 16 - Inspirational Book
Delight - Talks
SSB Speakers
- 23 - Cases on Reincarnation
Carol Strosnider
- 30 - Workshop:
Attuning with the
Missionaries of Light
Vanessa Anseloni

*"Whenever Divine Justice
 calls us to account,
 if we are found working
 for the benefit of others,
 Divine Mercy orders that
 our burden of debt
 be suspended indefinitely."*

- Chico Xavier

February

MONTH OF
 CHERISHING LIFE

- 6 - Joyful Movie
Larry Boy and the Rumor
Weed: The Power of Words
(SPYC kickstart)
- 13- CHERISHING LIFE FORUM
*Learn the Spiritist view of
abortion, suicide,
euthanasia,
and death penalty.*
- Keynote speaker:
- Julio Carvalho, MS
- House speakers:
- Leonardo Vieira
- Vanessa Anseloni, PsyD, PhD
- 20 -Spiritist aid to never
give up
- Celia Batista, PhD

- 27 - ... And Life Goes On
- Vanessa Anseloni, PsyD, PhD

*Enchant your heart with
 one of the most compelling
 accounts of the afterlife.*

UPCOMING

2010 WORKSHOP SERIES

(Saturdays)

- Jan 30 - The Missionaries of Light
- Feb 27 - ...And Life Goes On

Free Admission !!!

Talk followed by Passes*

**Fundraising Organic
 Dinner at 7:45pm**

* Passes is a Spiritist therapeutic technique
 used to foster spiritual balance and healing.

OUR SERVICES LOCATION

22 W. Padonia Rd -
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 Timonium, MD 21093

**Stay away from inferior
 conditions; acquire higher
 understanding.**

- Emmanuel/Chico Xavier
(Our Daily Bread, Ch.6, p.26)

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"I love myself. I am drug-free": Spiritual Tools to Fight Addiction

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A SPECIAL SEMINAR
with **DIVALDO P. FRANCO**

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e-mail: ssb@ssbaltimore.org

SSB

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See
[PHOTOS and VIDEOS](#)



"Reincarnation for Spiritual Freedom"

Come and join us in the
**First Maryland Spiritist
Summer Camp!**
Sunday , July 12, 2009
from 10 AM to 4 PM

Who:
Kids from 7 to 15 years old
(We will have 3 different age groups)
Where:
Ruscombe Mansion
Community Health Center
4801 & 4803 Yellowwood Ave
Baltimore, MD 21209 -> [Directions](#)

Free admission!
Love donations are welcomed.

REGISTRATION: SUMMER CAMP

1- Child's Name:

DOB:

Age:

Grade:

Gender:

7-9 years

10- 12 years

13- 15 years

2- Let us know about your child

Vegetarian

Not Vegetarian

3- Does your child have special necessities? Specify:

4- Parent/Guardian information:

Name:

Address:

Phone:

e-mail:

Additional
Comments

"In order that man shall be happy upon the Earth, it is necessary that it be peopled with good spirits, incarnate or discarnate, who desire only good. This time has arrived."

- Allan Kardec,
In Genesis, Chapter 18, item 27

"A spirit is more impressionable during childhood, when the impressions it receives more easily mold its personality and therefore its progress."

The Spirits' Book
by Allan Kardec, q. 383

"Do as the good gardener does: Cut off all the defective shoots as soon as they appear on the tree. If you allow selfishness and pride to develop, you shouldn't be surprised, later on, when you are rewarded by ungratefulness."

The Gospel Explained by Spiritism,
chapter XIV, item 9

Promoted by:

[Allan Kardec Spiritist Society of Maryland](#) and the [Spiritist Society of Baltimore](#)

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Transform Your Health with Inner Peace

Sunday, October 19, 2008
1PM - 6PM



Keynote address:
Health, Peace and You
 Divaldo P. Franco
*Ambassador of Peace,
 international Spiritist medium,
 speaker and humanitarian*

[Speakers](#)

[Registration](#)

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This event is the official launching of the First U.S Peace and You Movement and the celebration of 10-Year Anniversary of the Spiritist Society of Baltimore (SSB)

Sponsored by

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Transform Your Health with Inner Peace

Sunday, October 19, 2008 - 1pm - 6pm

Registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip code: _____

E-mail: _____

Phone: _____

Spiritist Center (optional): _____

Choose one of the following options:

() 1 ticket \$30.00 () 4 tickets \$120.00

() 2 tickets \$60.00 () 5 tickets \$150.00

() 3 tickets \$90.00 () 6 tickets \$180.00

Payment methods:

1. **By check:** Make it payable to **Spiritist Society of Baltimore**

2. **By Credit Card:** Fill out the information below (**use your billing address above**).

Card Type:



() Visa () MasterCard () Discover () American Express

Card Number: _____ - _____ - _____ - _____

Expiration Date: _____

Card Security Code:

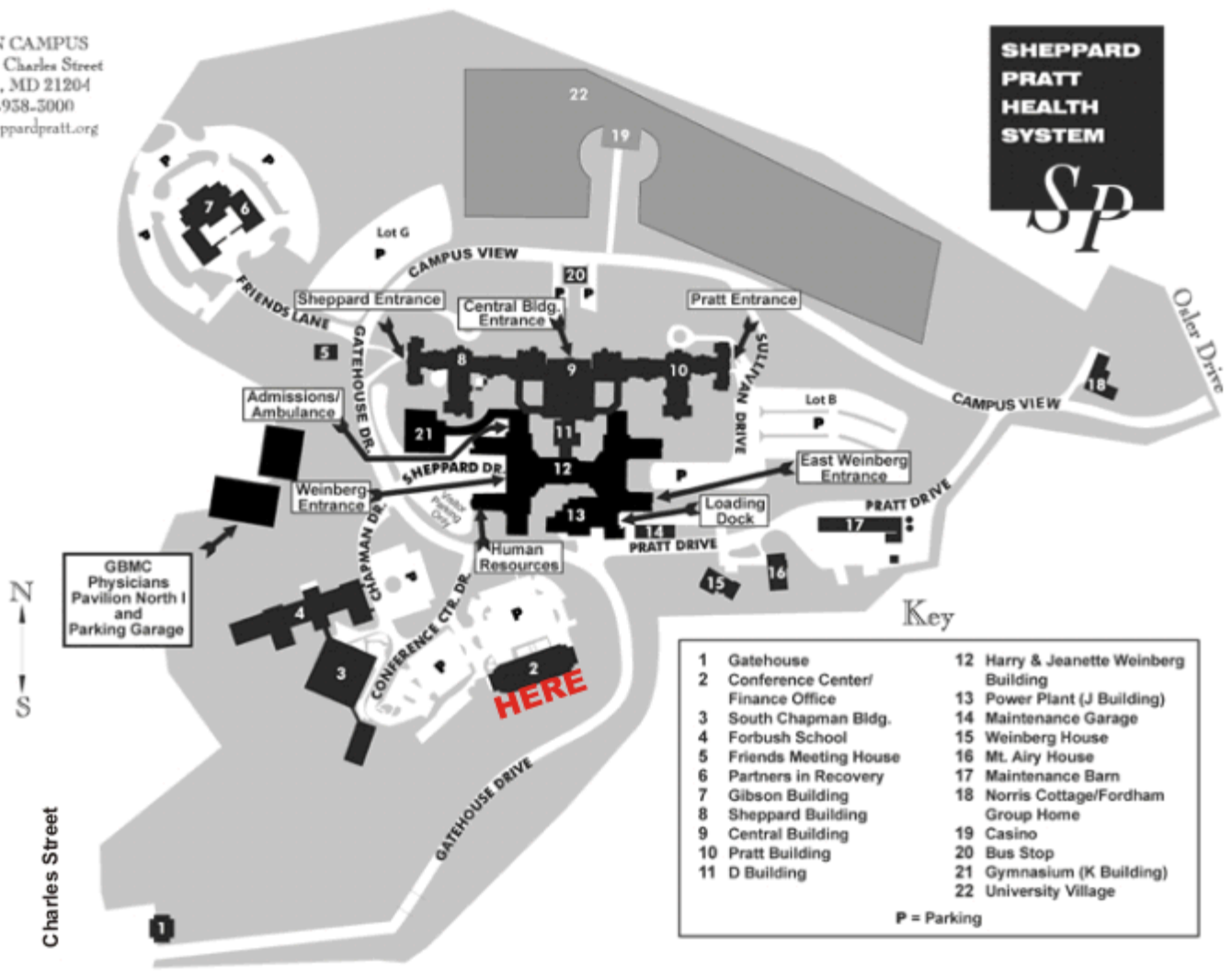


Please PRINT and SEND this form with your payment to the following address:

The Spiritist Society of Baltimore
115 S. High St.
Baltimore, MD 21202

For more information, please check the website at: www.ssbaltimore.org or call 410-382-5328

MAIN CAMPUS
 6501 N. Charles Street
 Towson, MD 21204
 410-958-5000
 www.sheppardpratt.org



Transform Your Health with Inner Peace



Sunday, October 19, 2008

1PM - 6PM

Sheppard Pratt Conference Center
6501 N. Charles Street
Baltimore, MD

Keynote address:

Health, Peace and You
Divaldo P. Franco

*Ambassador of Peace,
international Spiritist medium,
speaker and humanitarian*

Guest speakers list on the back

This event is the official launching of the First U.S Peace and You Movement and the celebration of 10-Year Anniversary of the Spiritist Society of Baltimore (SSB)

GUEST SPEAKERS and AWARD LAUREATES

In recognition of their contribution to health and peace

Prophecy and World Peace: Spiritual Health and Healing

Zohara Meyerhoff Hieronimus

Award winning radio broadcaster, author, and pioneer in Holistic Health Care

The Science and Spirit of Energy Healing: Applications to Personal Health and Global Peace

Gary E. Schwartz, PhD

Professor of Psychology and Medicine at University of Arizona and director of the Laboratory for Advances in Consciousness and Health

It begins with me

Rev. Dr. Jeffrey Proctor

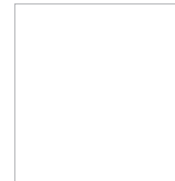
New Thought Spiritual Leader

Living the Spiritist Message

Jorge Godinho Nery

Co-founder of the SSB, Advisor of the Brazilian Spiritist Federation, and General of the Brazilian Air Force

Spiritist Society of Baltimore
115 S. High Street
Baltimore, MD 21202



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*“To be born, to die, to be reborn yet again,
and constantly progress. This is the law.”*

Allan Kardec



Transform Your Health with Inner Peace

Sunday, October 19, 2008

1PM - 6PM

Sheppard Pratt Conference Center
6501 N. Charles Street
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1st U. S.
Peace & You
MOVEMENT

with
DIVALDO FRANCO
2008

Keynote address:
Health, Peace and You
Divaldo P. Franco

*Ambassador of Peace,
international Spiritist medium,
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In recognition of their contribution to health and peace



The Science and Spirit of Energy Healing: Applications to Personal Health and Global Peace

Gary E. Schwartz, PhD

Professor of Psychology and Medicine at University of Arizona and director of the Laboratory for Advances in Consciousness and Health



Prophecy and World Peace: Spiritual Health and Healing

Zohara Meyerhoff Hieronimus

Award winning radio broadcaster, author, and pioneer in Holistic Health Care



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Guest speakers list on the back

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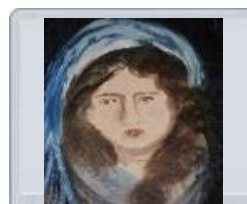
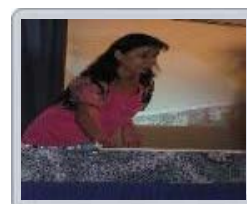
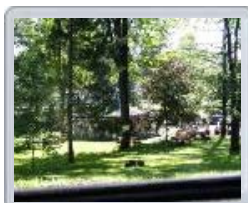
SSB Spiritist Society of Baltimore

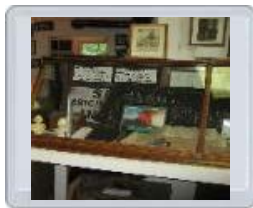
Baltimore - MD, USA



Photos from the historical event in Lily Dale-NY (July 21-22/2006), where Spiritism and Spiritualism finally came together again. The First Spiritist Weekend in the Spiritualist City had three Spiritist Presenter: [Divaldo Franco](#), [Vanessa Anseloni](#) and [Maria Gertrudes](#). [Click to enlarge photos!](#)

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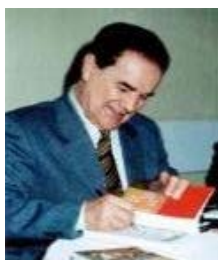
Divaldo P. Franco



Divaldo Franco is a worldwide renowned speaker. He has given more than 10 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated in 15 languages.

Biography

Born in Feira de Santana, a small town in northeast Brazil, in the state of Bahia, Divaldo displayed clairvoyance and clairaudience before he was 5 years old. Through his childhood, Divaldo played with friends from another dimension of life that others could not see or hear. In 1947 Divaldo, along with his friend Nilson Pereira, founded "*Caminho da Redencao*" (Pathway to Redemption) Spiritist Center - this was the beginning of a labor of love to benefit the sick and those in need. Two years later, in 1949, Divaldo saw through clairvoyance a very large area with many children and, through clairaudience, Divaldo heard a voice stating that his life would be dedicated to caring for children in need. In 1952, then, "*Mansão do Caminho*" (Mansion of the Way) was established to provide housing and care for orphaned children in Salvador, Bahia, through a system of foster homes. All of this has been going for over 50 years now, and still is going strong -- and growing.



As an educator, Divaldo's life is also one marked by devotion. Since 1952 more than 600 adoptive sons and daughters have been raised in the system of foster homes at *Mansao do Caminho*. As time went by elementary, middle, high and professional schools were created to cater to the ever growing number of children. "*Mansao do Caminho*" has become a very large educational institution complex with 22 activities which provide guidance to more than 3,000 children and teenagers everyday - all free of charge. To this date, more than 30,000 boys and girls have received an education and care at *Mansão do Caminho's* many schools.



As a speaker, Divaldo has ministered more than 10,000 lectures and conferences in more than 300 cities worldwide. In the 25 states of Brazil alone Mr. Franco has lectured at more than 600 cities. Divaldo has held lectures and seminars in 53 different countries: 21 in Europe, 21 in the Americas (North, South and Central), 5 in Africa and 6 in Asia Mr Franco has also spoken 7 times for the United Nations - 4 times in the New York headquarters, and 3 times in Austria, at the Vienna headquarters. Divaldo has also lectured in more than 40 universities throughout the world, always addressing issues of great importance for the human being in its search for enlightenment. Mr Franco is no stranger to media either: Divaldo has done more than 215 interviews to various TV and radio stations throughout the world and, in Brazil, Divaldo's home country, he has been interviewed more than 800 times. Divaldo's schedule, as you can see, is always a busy one.

Honors received. Through his life of dedication to others, Divaldo has received many honors. Mr. Franco has been recognized with 572 honors from around the world. Among these many honors, some stand out. They are: " The degree of Doctor of Humanities Honoris Causa in Spiritual and Psychic Sciences from the International College of Psychic and Spiritual Sciences and from the government of Montreal, Province of Quebec, Canada; " the "Medaille de Reconnaissance" from the Humaniste Institute of Paris; " the "Medalha Camara Municipal de Leiria", Portugal; " the "Medalha da Cidade de Lobito", bestowed by Government of Angola, Africa; " the degree of Doctor of Parapsychology Honoris Causa from Cyberam University in Illinois; " the degree of Dr Honoris Causa from the University of Bahia, which was the first time a title of Doctor Honoris Causa was given to a Spiritist medium; and " the Diploma of the Order of Merit, a distinction given by degree of the President of Brazil to those who stand out at national level for their dedication and work in helping fostering the welfare of others.



As a medium, Divaldo has co-authored more than 170 books through pschography - also known as automatic writing. Of those, approximately 100 have been translated into 15 different languages. More than 217 spiritual writers have authored messages through his channeling. Mr Franco has also written messages in languages he did not know, such as German, French, Italian, Castilian, Afrikaans and even backwards English. In fact, he



published "*Hacia Las Estrellas*", the first book to have been ever written through automatic writing in a language other than the medium's own. Perhaps the most impressive fact of Mr Franco's accomplishments as a medium and writer is that his works have sold an impressive amount of 7 million copies, and all of its proceeds go into helping maintain *Mansao do Caminho*. We could certainly extend his introduction to encompass many more accomplishments. Instead, please come and meet Divaldo at his outstanding seminar.

This biography can be also found at: <http://www.sgnv.org>; <http://www.kardec.com>; <http://www.spiritismonline.org>

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THE NEW GENERATION:

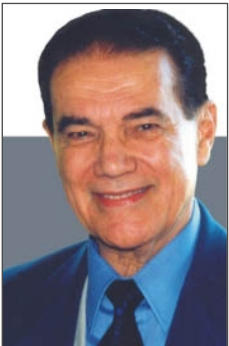
The Spiritist View on Indigo and Crystal Children

Keynote Address by DIVALDO FRANCO

TUESDAY, JANUARY 9, 2007
6 PM – 10 PM

A special night to celebrate the coming of a new generation and the 150th Anniversary of Spiritist Thought

Gala Dinner with Divaldo Franco



Divaldo Franco is a worldwide renowned humanitarian, Spiritist speaker and medium from Brazil whose accomplishments include:

- Founded the *Mansion of the Way*, an educational nonprofit organization that supports at-risk children and youth, as well as their parents;
- Awarded Peace Ambassador of the World by the *Embassade Universalle Pour la Pax* in Geneve, Switzerland;
- Given 14,000 lectures throughout 56 countries including eight talks at the United Nations;
- Published over 200 books through his extraordinary mediumship.

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THE NEW GENERATION::

A young child with blonde hair, wearing a bright yellow long-sleeved shirt and dark pants, stands in a field of tall green grass. The child is seen from the side, reaching up with their right arm towards a cluster of colorful balloons. The balloons are in various colors: orange, light blue, yellow, pink, purple, and red. The background is a bright blue sky with scattered white clouds. The overall scene is bright and cheerful.

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Save the Date

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and constantly progress. This is the law."*

- Allan Kardec

SpiritistNews

Year 5, Issue 2, March/April 2007



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Mailing Address:
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

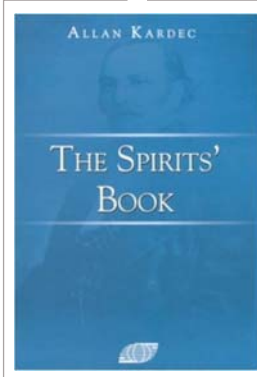
EDITORS:
Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

150 years later...

Published in Paris, on April 18th, 1857, *The Spirits' Book* is the initial mark for a new phase in humankind's history.

Spiritism is based on the solidity of this book, on the credibility and wisdom of its spiritual teachings, and on the purity of the ethical principles that it proposes. *The Spirits' book* contains 1019 questions and answers. The questions were formulated by Allan Kardec and the answers were brought in (through mediums) by Enlightened Spirits among which were John the Evangelist, St. Augustine, St. Vicent De Paul, St. Louis, Socrates, Plato, Fenelon, Emmanuel Swendeborg, Benjamin Franklin and The Spirit of Truth.

This phenomenal book can be considered the tree of life because it sheds light onto all subjects of life. It is didactically divided in four parts: Part I – God and the Universe; Part II – The Spirit World; Part III – Ethico-Moral Laws; Part IV – Hopes and Solaces.



Besides *The Spirits' Book*, other basic works compose the Spiritist Codification: *The Mediums' Book*, *The Gospel According to Spiritism*, *Heaven and Hell*, and *Genesis*, develop deepen and consolidate the principles of Spiritism.

These were the seeds of love and light which have been spreading throughout the last 150 years from Paris, France to the whole world. Since then, Spiritism has been promoting spiritual education, spiritual healing and comfort to people of all walks of life. It has also been leading several social community outreach programs that have been transforming lives in many countries, especially in Brazil. At-risk children, youth and families have been assisted through the phenomenal work done by Spiritist organizations.

On April 18 2007, we celebrated the 150th anniversary of Spiritism!

- The Editors

The U.S. Spiritist Movement paid tribute to Spiritism



"I have a dream," said Martin Luther King Jr. And we also had a dream. Our dream came true on April 14, 2007, when the U.S. Spiritist movement paid a national tribute to the 150 years of Spiritism. For the first time in North American history, we had a national spiritist event all in the English language. It seems trivial, but till then all the national spiritist meetings happened either in Portuguese or Spanish, due to the fact that the majority of Spiritist centers are run by Latin American leaders.

The U.S. Spiritist movement finally took its shape and identity. As Divaldo Franco said in his greeting email message for the event, "we finally transfer the Spiritist knowledge to the American hands. A new Era has arrived." The sense of identification with America was also "coincidentally" shown in the number of centers which sponsored the event. Just like the 13 colonies of America, 13 were the Spiritist centers who sponsored the dream that came true. Besides the Spiritist

Society of Baltimore (SSB), the following 12 spiritist societies nationwide sponsored the memorable event: Spiritist Group of New York (NY), Christian Study Spiritist Center (FL), Allan Kardec Society of Danbury (CT), Allan Kardec Educational Society (AZ, PA), Allan Kardec Spiritist Society of MA, Allan Kardec Spiritist Society of Marlboro (MA), Spiritist Society Love and Light (NJ), Kardecian Spiritist Federation of Florida, Spiritist Center Divine Light (NJ), Spiritist Group Regeneration (GA), Home of Ehlael Kardecian Spiritist Center (FL) and, Bezerra de Menezes Spiritist Society (MD). Other 7 spiritist organizations gave their moral support to the event: Blossom Spiritist Society (CA), Spiritist Group of Davis (CA), Allan Kardec Spiritist Society of MD, Allan Kardec Spiritist Center of NY, Caritas Spiritist Center (CO), Long Island Spiritist Doctrine Study Group and, the United States Spiritist Council. Other local sponsors also honored the event with their sponsorship. Thanks to this group effort the event was a veritable success.

- cont. next page

SPEAKERS



Mauricio Cisneiro (CSSC-FL)



Jussara Korngold (SGNY-NY)



Sonia Doi (AKSS-MD)



Daniel Benjamin (AKES-AZ,PA)



Daniel Assis (BSC-CA)



Elza D'Agosto (L&L-NJ)



Vanessa Anseloni (SSB-MD)

The SSB was deeply honored to fulfill its task as the hosting organization and also partner with the other Spiritist organizations who also took the challenge of organizing a national tribute to the 150 years in less than 4 months. This national collaboration opened a new phase in the U.S. Spiritist movement.

The atmosphere was of unity and enthusiasm. It was a true spirit of celebration on the efforts taken by many Spiritists throughout the last 150 years. Among the almost 300 attendees, 40% were American-born and there were people from 16 States of the U.S. Majority of the leaders of the U.S. Spiritist movement were present, including representatives of the United State Spiritist Council.

"Revisiting the past, engineering the future", the title given to the event, was originally customized to the American style and it had many highlights, among which were:

- (1) The ingrained potential of our U.S. Spiritist movement to work on the dissemination of the Spiritist message. Well-prepared speakers and poster presenters from coast to coast of the U.S. showed their readiness and preparation to continue this work without hesitation;
- (2) New, effective ways of communicating Spiritism. Inspired on academic meetings, the poster session brought a new venue to learn about Spiritism at a one-on-one level.

(3) Spiritism touches everyone's soul. American-born Spiritists touched the public's hearts when they shared their personal interest and experience in Spiritism.

(4) There is an interested youth in America awaiting the opportunity to learn and practice the Spiritist teachings. Several 12- to 18-year old participants experienced an especially customized 4-hour workshop.

(5) A 12-minute movie made by SSB recapitulated the history of Spiritism and its progress throughout the last 150 years.

(6) The use of visualization to boost our fluidic communion and close the spiritist event with deep inner peace.

The First United States Spiritist Symposium had a great brain-heart balance. The first part expressed the profound rationale of the Spiritist thoughts, while the second one showed the depth of the emotional work that is provided by Spiritism.

"Build and they [our American brothers and sisters] will come," a Spiritist friend from NY reminded us while paraphrasing a line from the movie *Field of Dreams*. And this event was the true expression of the veracity of this saying. May we continue building the Spiritist edifice in America by making its inspirational teachings and practices available to everyone! ■

TESTIMONIALS

The impact of Spiritism in my life



Roni La'mar (CA)



Greg Stewart (MD)

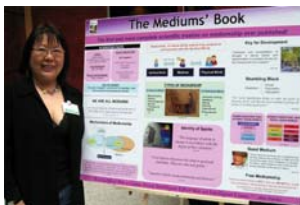


Becky Stafford (MD)

Poster Presenters



The Spirits' Book
Flavio Zanetti (AKSS-MA)



The Mediums' Book
Akemi Adams (BSC-CA)



The Gospel According to Spiritism
Julio Carvalho (SCDL-NJ)



Heaven and Hell
Elmo Delandes/ Joao Korngold (SGNY-NY)



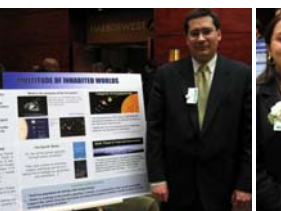
Genesis
Junara Araujo (SGNY-NY)



Existence of God
Judith Peterschmidt (AKSS-MA)



Immortality of the soul
Marcone Vieira (AKSS-CT)



Multitude of the Inhabited Planets
Luis Almeida (SSB-MD)



Reincarnation
Carolina Stronsnider (SSB-MD)



Communication of the Spirits
Ezio Oliveira (SGR-GA)

Linked to the Divine

The Spirits' Book, the foundational work by Allan Kardec, discusses in detail everything a person needs to know to orient to the purpose of life and to conduct oneself in accordance with Divine Law. It answers the questions:

- Who am I?
- Where did I come?
- Where shall I go?
- What are the consequences of my actions?
- What do I do with my life on Earth?
- How do I relate to others?
- How do I fit with others in the grand scheme of things?

Amidst the richness of this book is one small area which stands far above the others, in my opinion, in its clarity and promise for us – the relationship between humans and their Guardian Angels. It is that relationship which I should like to explore in these short article.

The concept of Guardian Angels was present in ancient Greek philosophy, alluded to in the Old Testament, discussed by Plato, mentioned by Jesus but really got its “codification” in the fifth Century AD. Honorius of Auton noted each person received a Guardian Angel when the soul entered a body. Interestingly, his view presupposed the existence of the soul prior to its entrance into the body.

Guardian Angels are important to Catholic belief and the Church even set aside Oct. 2 to celebrate

those high beings which accept the mission to protect and to guide souls encased in a human body.

What does The Spirits' Book add to the discussion of Guardian Angels? Question 491 of The Spirits' Book states that the purpose of Guardian Angels is to aid us with their counsel, to console us in our afflictions and to sustain our courage throughout the trials of our earthly life. A Guardian Angel may follow its “ward” through successive lives, so long as the need for such guidance persists. When we advance enough to make decisions which abide by Universal Law, we no longer need the protection and guidance of our Angels, and they go on to other things.

Interestingly, The Spirits' Book mentions that we shall develop as mediums through our attention to our Guardian Angels. This suggests that mediumship is a learned, voluntary act, brought on by sincere attention to the very subtle still, small voice within each of us that is our Guardian Angel.

In The Spirits' Book we learn that all spirits are destined to progress and achieve the level of pure spirits. Guardian Angels are spirits of high degree who accept an assignment to guide the advancement of a soul.

The Spirits' Book says that good Spirits and Guardian Angels never tire of our questions, they

attempt to maintain and to realize the relationship. In other parts of the book, it is noted that Spirits communicate with humans through thoughts, desires, impulses, feelings, hunches and so forth (embellishment mine). At this very moment, your Guardian Angel may be trying to reach you.

Open your heart, that you might receive. Rejoice in the sweetest of all relationships, for your Guardian Angel sees the Face of God and is your direct link to the Supreme Intelligence and source of all that is Good.

Offer your gratitude daily to your Guardian Angel. Practice its presence, that you might know it is with you. Feel its prodding. Notice just for once that it guided you to a “correct” decision in light of your advancement and you will be hooked – dancing in the most harmonious movement with the Divine.

There are many Spirits which may aid you at certain times. But only your Guardian Angel is present at all times, to pick you up when you fall, to help maintain you on the path of advancement. Rejoice and sing the praises of your Guardian Angel's loyalty and affection for you. Doing so just might get you that much closer to God on your path back to the Source of All (God). ■

- by Jim Pursley

"Reason requires that an intelligent effect must have an intelligent force as a cause."

- The Spirits' Book by Allan Kardec

Spiritist Facts



1855 - Prof. Rivaill is introduced to the Baudin family, then living at Rue Rochechouart. Invited by Mr. Baudin, Rivaill begins to attend the weekly sessions that take place in his house. The mediums, the Baudin couple's daughters Caroline and Julie, start to write with the aid of a small basket.

1856 - Rivaill starts to also attend meetings at Mr. Roustan's residence, located on 14 Rue Tiquetonne. The medium was the somnambulist Mrs. Japhet, through whom the Spirits help Rivaill completely revise the texts obtained through the mediumship of the Baudin girls.

1856 - On April 30, through the mediumship of Mrs. Japhet, Rivaill first receives information concerning his mission. Further communications of a more definitive nature would follow.

1857 - The first manuscript of *Le Livre des Esprits* [The Spirits' Book] is ready at the beginning of the year. The editor, E. Dentu, has it printed at the *Imprimerie de Beau*, in Saint-Germain-en-Laye, 15 miles west of Paris. All expenses are funded by Rivaill. The Rivaill couple then lived at 8 Rue des Martyrs, on the second floor.

The Spiritist Review – special edition celebrating Allan Kardec's bicentenary (1804 – 2004) - Published by the International Spiritist Council –ISC.





Youth activity at the 1st U.S. Symposium

“What is Intelligent Principle? What is the Spiritist view of Evolution?” With these questions, Nahur Fonseca (AKSS, MA) opened the First Spiritist Symposium’s activities for youth with a brainstorm. Nine teenagers, between 11 and 16 years old, from the States of Maryland, New York and New Jersey, compared the theories of Evolutionism, Creationism, Intelligent Design, and the Spirits’ theory of evolution, which fills in the gaps that Science still cannot explain.

Moving on, they talked about the Universal Trinity: God, matter and spirit; discussed about the attributes of God, its perfection, and how both matter and spirit have to progress for “everything in Nature is linked together, from the primitive atom to the archangel, who himself began at the atom.” (*The Spirits’ Book q 540*).

Next, they watched a video showing the development of a zebra fish egg, and learned the importance of the perispit on the formation of the body, and as a live record of the progress made by the Spirit, during its internships as Intelligent Principle throughout the three kingdoms of life – minerals, plants and animals – till it reaches the human stage, to progress in the axes of reason and love, intelligence and moral, in one word, as Gabriel put it, the ‘virtues’ that will lead us in the pathway to be pure spirits.

This part of the youth workshop was closed with a song about the legacy of the inferior kingdoms to the Spirit in its evolutionary journey, and an invitation: “Be god for them, as God is for you”, as Jesus once replied to the Pharisees: “Has it not been written in your Law, ‘I said, YOU ARE GODS’” (John 10:34).

In the second part of the workshop, Eduardo Vasconcellos (AKSCenter, NY) led a creative game. The teenagers formed pairs in order to write about the lives of four spirits through a series of three reincarnations, in Egypt circa 1857 BC, in Jerusalem circa 33 AD, and Paris circa 1527 AD. Each team played the role as the group of Spirits who guided the quartet. In the end, they had to plan the reincarnation of the four spirits in the same family. They analyzed the similarities of the stories they’ve created with their owns.

The group was very excited, and Kayla, 11, admitted that she was afraid at the beginning since she was amongst the youngest, with Vanessa and Zachary as well. All of them did great, as they demonstrated the laws of progress, and cause and effect acting upon the lives they were supervising.

At the end of the symposium, the youth group presented a short play to the general, adult public. Daniel, Dominique, Eduardo, Gabriel, Lucas, Nahur, Samuel, and Sebastian acted out the reincarnations of two spirits. The audience applauded in acknowledgment for the great work that the youngsters have done during that special afternoon.

Finally, the youth group was reunited with the adults for the last talk presented by Vanessa Anseloni (SSB, Maryland). ■

- Nahur Fonseca

(*Fernanda Ferreira and Eduardo Vasconcellos contributed with this article*)

Carolina Strosnider talks about spiritist activities for children



Carolina Strosnider has been the children-youth coordinator at the Spiritist Society of Baltimore for the last 4 years. Born in a Spiritist family, she has been very active in the work of disseminating Spiritism to youth and children. Here, Carolina tells us about the impact of Spiritist Education in her life.

1) When did you become a Spiritist?

I was born a Spiritist. My grandma introduced my mom, who introduced me. I have been going to the spirits center since I remember. My mom would take me with her to volunteer cooking for the homeless and many other activities since I was young. I remember one time, I went with all the children from the center to distribute presents the day before Christmas to less fortunate children. Spiritism has always been a part of my life.

2) What has been the impact of Spiritist education for children and youth in your life?

Since, I do not have children, I can only talk about the impact of spiritism education on me. I think it is much easier to learn the spiritist concepts when young, because they become part of your life without even thinking. The basic spiritism concepts are second nature to me now. I know that I

still have a long way to go and learn, but I believe I have a good foundation to base it on.

3) What does Spiritism represent to you?

To me Spiritism is a way of life. It influences all my decision, but most importantly it gives me awareness of what my decisions means. Spiritism provides me the knowledge I need to understand why my life is the way it is and not some other way.

4) Tell us about the SSB Spiritist education for children.

About 4 years ago, we started the SSB children educational activities during our monthly workshops. Nowadays, we provide activities for children between the ages of 4 and 10, as well as a youth group (11-18). In the beginning, we did not have many children, but now we have many and many more that would like to participate. We hope to expand the children activities this year. Our first step will be to train more Spiritist educators for children and youth so we can expand our program. Second, this summer we would like to have a mini summer camp for the older children. The camp would consist of weekly 2 to 3 hours class. However, in order to expand our children activities we need more volunteers. **We need volunteers to teach the children, to assist the day of and many other things.** The SSB looks forward to the day were we will have weekly activities for several age groups, drama and music classes among many other activities. I am confident that step-by-step, with your help and support, the SSB will get there very soon.

“MOVE AHEAD WITHOUT HESITATION!”

To open the American tribute to the 150th anniversary of Spiritism, we presented the greeting messages from two of the greatest Spiritist mediums of the present time, Divaldo Franco and Raul Teixeira.

Divaldo Franco is a worldwide renowned medium and speaker. He has delivered over 14,000 lectures and spoken in 56 countries in Europe, Asia, Africa and the Americas. Through his mediumship Mr. Franco has published more than 200 books, 70 of which have already been translated in 15 languages. Together with Nilson Pereira, Divaldo Franco founded the “Mansão do Caminho” (“Mansion of the Way”), a philanthropic organization that supports and educates at-risk children and youth, as well as their parents. To date over 20,000 people have received free medical, dental and psychological care from the Mansion of the Way.

Divaldo Franco sent to the SSB an email message saying, “I am certain that this event [First U.S. Spiritist Symposium] will be a mark in the history of the Spiritist movement in the U.S.A., as it will finally be inserted in the American culture. I wish you my best wishes of success and gratitude for this great initiative in celebration of the 150 years of The Spirits’ Book.”

A touching video message from Raul Teixeira was presented to the public therein. Dr. Teixeira is one of the most prominent Spiritist leaders in the world nowadays, Dr. Teixeira has a B.S. in Physics and his Ph.D. in Education. He is a Spiritist medium, speaker and writer who founded the Fraternal Retreat, a foundation to help and educate at-risk youth and children in Rio de Janeiro. Here is the transcription of his words:

“Dear brothers and sisters, workers of the Spiritist movement in the USA, I would like to congratulate you for taking this new step in the dissemination of the Spiritist Thought in America, as you promote the [First U.S. Spiritist] Symposium in celebration of the 150th anniversary of Spiritism and The Spirits’ Book.

America needs vibrant and responsible people like you, so Christ’s plan for the dissemination of Spiritism can be implemented. Moved by a spirit of humbleness, knowledge and goodwill, you will be considered as loyal servants of Jesus. Thus, you will deserve the trust of our Spirit Benefactors who are investing their time and effort in the spiritual advancement of the American people.

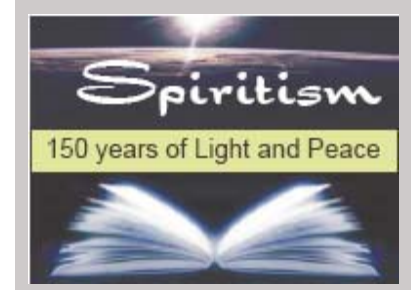
Move ahead without hesitation, because your time is now! Congratulations!”



Prof. Raul Teixeira
Spiritist Medium and Speaker



Divaldo Franco
Spiritist Medium and Speaker



Spirits in Sync

On last April 14, American and Brazilian hearts were united in their national tributes to the 150th anniversary of Spiritism. And Divaldo Franco was the bridge once again, while serving as a medium to bring forth a spirit message in the English-language during the Brazilian Spiritist Meeting in Brasilia, the capital of Brazil. Thousands of people witnessed the unique *specular* mediumistic moment that brought to light the greetings from the spirit realm which was written backwards. That particular moment happened on the same day of the First U.S. Spiritist Symposium. See Joanna de Angelis’ message on The Spirits’ Book aside...



The Spirits’ Book

The human race of our days has drawn upon itself violence, delinquency and dissatisfaction, as a result of advanced technology and wrong perception of many concepts.

However men’s urgent problems within find an answer within the spiritist principles.

The Spirit’s Book is the key to counter balance the disturbing questions on social and emotional behavior prevailing on our planet.

The Spirit’s Book makes many people aware of their responsibilities through a rational faith well founded upon facts.

This search will bring about a revival of Christianity in all its purity, therefore the Spirit’s Book is the synthesis of science, philosophy and religion bringing God’s answers to men’s questions. The comforter promised by Jesus.

- Joanna de Angelis



The Spiritist medium Divaldo Franco psychographs Joanna de Angelis’ message during the Brazilian Spiritist Congress held in Brasilia-Brazil, on April 14, 2007.

Accomplished Work!

Dear Brothers and Sisters,

The work that has been accomplished here today is the result of the combined efforts of spirits from both planes of life.

We are deeply honored to participate with you in this celebration, and to pay our sincere homage to the one [Kardec] who had not hesitated to serve in the name of God.

My dear beloved, for many eras, we have been together, and the inspiration from on high has been present at each and every step. However, only now we are able to value the knowledge that has been given to us in so many occasions. Let us join in a true fraternal spirit and work for the dissemination of the eternal teachings that are finally engraved in our hearts.

With great humbleness, we thank our Divine Creator and the divine representatives that are gathered here today in such a historic moment in our lives.

May God bless you,

- Joseph

(in the name of the group of spirits herein present)

Message received by Jussara Korngold during the closing ceremony of the First U.S. Spiritist Symposium on April 14, 2007 at the Pier V Hotel in Baltimore, MD – USA

2nd U.S. Spiritist Symposium

In celebration of the 140 years
of the book **Genesis** by Allan Kardec

April 19, 2008
NEW YORK CITY

Mark your calendar!!!



The Day After...

On the day after the First US Spiritist Symposium, there was an informal meeting with several Spiritist directors. The goal was to share insights and build strategies on how to disseminate Spiritism on the English language in America.

Representatives of 11 Spiritist Centers were present. The meeting was very delightful and productive. Everyone left with great enthusiasm to pursue the conquest. A summary of the achieved insights can be read at www.ssbaltimore.org/Resources.html



Spiritists got together to build strategies on how to be more effective in the dissemination of Spiritism in America. See more photos at www.ssbaltimore.org/Photos/2007/Symposium/symp07.html

Let the Healing Begin!

Once again America was challenged at the core of its youth. The Virginia Tech massacre brought deep sadness and many questions in the mind of the American people. Why did that happen? Could we have prevented it? What do we do now? No one should be presumptuous to say or assume they know all the answers. But, there are elements that can certainly be addressed.

Spiritism explains that each planet evolves once its population does as well. In our case, the planet Earth is currently transitioning from a planet of trials and atonements to a planet of regeneration. In the first one, “the number of vices to which they are subject also shows their great moral imperfections”, while the second one “is liberated from the ungoverned passions to which human beings are slaves, freed from pride which silences the heart, envy which tortures and hate which suffocates. On all sides the word ‘love’ is written; perfect equity resides over all social relationships; everyone recognizes God and tries to travel in His direction by fulfilling His laws.”

In a world of probations such as ours, catastrophes, disasters happen as a consequence of our needed collective growth. It does not mean that we deserve to suffer, but suffering is a part of a transformative process. Of course there are natural and man-made events. And, to understand the second one, it is important to know that there are many disturbed souls that were given their last opportunity to reincarnate on our planet. After all, reincarnation is a tool of progress. However, if they do not adjust themselves to the overall Earth’s evolutive spiritual step, then, they will be compelled to continue their unpostponable growth on other worlds. In this rationale, there will inevitably be shocks between the more and the less evolved souls living in our planet. And the above mentioned tragedy is an expression of it all.

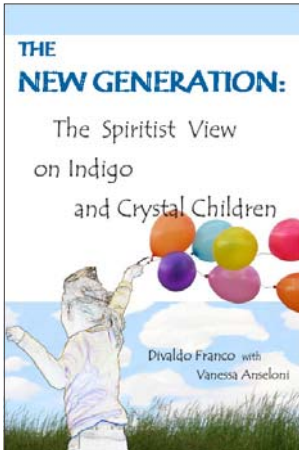
So, what should we do then? Overall, healing is what is needed. The healing of the mind and the soul. So let the healing begin. Based on the Spiritist teachings, we provide you with 3 major steps to help us in this collective healing process:

1. Promote spirituality in your community. Man-made tragedies happen due to a materialistic mentality. Once humanity as a whole accepts the understanding of God’s existence and the concept on the immortality of the soul, the actions produced by a materialistic mind will disappear.
2. Send your heartfelt prayers to all involved in the unfortunate event, including the criminal mind. As Jesus said, we shall love our enemies as well, which does not mean we approve of the act, but we exercise compassion and forgiveness. A compassionate, forgiving heart is a healthier heart.
3. Teach the new generations the true value of friendship and importance of friendliness. The Gospel According to Spiritism states that “without charity, there is no salvation.” Charity, in its root meaning, is love in action. Despise and isolationism are opposites of charitable actions. We shall strive to be ever more caring to one another. ■

- by Vanessa Anseloni



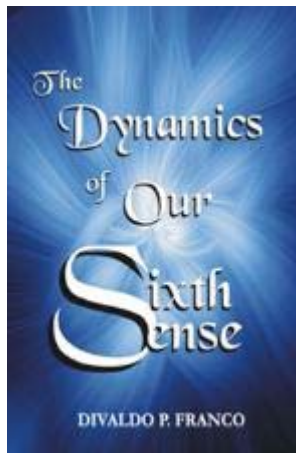
New Books Release



THE NEW GENERATION: the Spiritist View on Indigo and Crystal Children by Divaldo Franco and Vanessa Anseloni

This book was written by the great spiritual leader and humanitarian Divaldo Franco and the neuroscientist and Spiritist Vanessa Anseloni. This book encompasses a never-before put together multidisciplinary view on the challenges faced by the new generations. It brings relevant information in the areas of Neurosciences, Psychology and Spiritism to help people understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful one.

understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful one.



The Dynamics of Our SIXTH SENSE

by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the *1 Spiritist Weekend in Lily Dale*, sponsored by the Lily Dale Assembly.

This workshop represents an unforeseen study of our sixth sense, our mediumship. Divaldo Franco provides us with the definition of mediumship, its types, and its therapeutic features. Through his personal experiences, he enlightens us with considerations on the role of mediumship and its charitable purpose. The core of his teachings was of love and kindness. The end of the workshop was blessed with an uplifting trance channeled message of *Dr. Bezerra de Menezes* through Divaldo Franco's extraordinary mediumistic ability.

Go online to order these books at
www.ssbaltimore.org/bookstore

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International Events

1st British Congress on Medicine and Spirituality

Bridging Medicine and Spirituality
30th June 2007 and 1st July 2007 - London - UK

 <p>ANDREW POWELL MA, MB.Bchir, MCRP, FRCPsych Lectures: Furthering the spiritual dimension of mental healthcare in the United Kingdom</p>	 <p>ALAN SANDERSON, M.B., B.S. (London), M.R.C.P., M.R.C. Psych. Lectures: • Bringing the concept of spirit attachment to health care workers • Spiritual aspects of severe sexual abuse</p>
 <p>Mr. GUY LYON PLAYFAIR, Author Lectures: Chico's life and literary work</p>	 <p>MARLENE NOBRE, MD Lectures: • 150 years of Spiritism: in search of body-mind-soul integration • LIFE - an inalienable asset</p>
 <p>DÉCIO IANDOLI JR., MD Lectures: • Physiological reality and spiritual reality • The Doctor's Mission</p>	 <p>JULIO PERES, MD Lectures: • Spirituality and Neuroscience: toward closer integration • Regression therapy: clinical cases suggestive of reincarnation</p>
 <p>MR. DAGOBERT GOEBEL Lectures: Vital-body • Astral-body - The biological organizing Model</p>	 <p>SERGIO FELIPE DE OLIVEIRA, MD Lectures: • The fundaments of brain-body-mind-soul integration • Psychic and organic phenomenology of mediumship</p>
 <p>FABIO NASRI, MD Lectures: • Spirituality, Religiosity and Active Ageing • Spirituality, Religiosity in medical evaluation: How, When and Why?</p>	


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SPIRITIST DOCTRINE: 150 YEARS OF LIGHT AND PEACE

5 SPIRITIST WORLD CONGRESS




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CARRIED OUT BY THE EISENHARTMAN SPIRITIST FEDERATION (EISFEDESA)
WITH THE SUPPORT OF THE SPIRITIST FEDERATION OF THE ATLANTIC COAST (FEDESA)

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ISC SECRETARIAT: PO Box 2028-2029, Tel: 22-5331-8720, Email: isc@isc.org, Website: www.isc.org
ORGANIZADO EJECAJATE: PO Box 2028-2029, Tel: 22-5331-8720, Email: ejecajate@isc.org, Website: www.ejecajate.org

 WWW.SPIRITIST.ORG

Special Event - Workshop

Safe-and-sound mediumship

by Miguel Sardano

Saturday May 26, 2007

6:00 pm - 9:30 pm



Terezinha & Miguel Sardano

Miguel Sardano will explain how to work on mediumship in the light of Spiritism. Dr. Sardano is a retired lawyer from Brazil who has more than 55 years of experience in coordinating mediumship meetings. He is also a writer and collaborator of Divaldo Franco's works. Together with his lovely wife, Teresa Sardano, he founded the Educational Institute Amelia Rodrigues which greatly assists at-risk children and youth in the State of Sao Paulo, Brazil.

Location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, Suite 300
LUTHERVILLE, MD 21093

Free Admission!!!

(No registration required)

This event is sponsored by the *Spiritist Society of Baltimore, Inc.*
For more information, please call 410-382-5328

Special workshop

Astral cities, our spiritual homes

by Vanessa Anseloni

"The spirit-world is like a great city where individuals of all ranks and conditions see and meet each other...As in a city, circles are formed by similarities in tastes, and good and bad spirits share the same space without having to interact." - Allan Kardec

In this workshop, we will understand more about:

- The spirit life
- Time between reincarnations
- Organization of the spiritual cities
- Linkage between the material and the spiritual cities

Saturday May 19, 2007

7:30pm -9:15pm

Location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, Suite 300
LUTHERVILLE, MD 21093

This event is sponsored by the
Spiritist Society of Baltimore, Inc.
For more information, please call 410-382-5328

UPCOMING EVENTS

2007 WORKSHOP SERIES

Mar 31- The Spiritist ABC's of anxiety, stress and depression

Apr 28 - Reincarnation, path to freedom

May 19 - Astral Cities, our spiritual homes.

Free Admission !!!

Spiritist activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time: 7:30 pm - 9:15 pm



Watch it

every
Thursday and Saturday
from 7:30PM

at:
www.ssbaltimore.org

2007 Workshop Series on Spiritism

March 31st
The Spiritist ABC's of anxiety, stress and depression

April 28th
Reincarnation, path to freedom

May 19th
Astral cities, our spiritual homes

June 30th
Feeding the body and the soul

July 28th
The dynamics of our sixth sense

August 25th
Spiritual influence: who is in control?

September 29th
Sleep, dreams and the whole nine yards of the soul's emancipation

October 27th
Decoding the Bible with a Spiritist key

November 17th
Environmentally savvy, Spiritually wise

December 15th
Learning with the Masters, making the difference

**Spiritist Education for children above 4 years old are provided during the workshop*

OUR SERVICES LOCATION →

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These services are offered every **Monday** from 7pm to 7:45pm.

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These meetings take place every **Monday** from 8:00pm to 9:30pm for the study and practice of mediumship according to Spiritism.

TALKS on THE SPIRITS' BOOK

A tribute to the 150th anniversary to help us deepen our knowledge on Spiritism. - Open to the public, every **Thursday** from 8:00pm to 9:30pm.

Therapeutic Moments

Every Saturday 7-8pm, except on the day of our monthly workshops

Please, contact us for more info.
Phone: 410 - 382-5328 or 410-837-0991
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Activities are free of charge !!!

SpiritistNews

Year 5, Issue 1, Jan/February 2007



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Mailing Address:
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

THE SPIRITIST CENTER

A Spiritist center, even the simplest one, is a temple of mind renewal towards a fulfilled, superior life.

None of us, who either attend or serve in such organization, should forget about the dignity of the task received and the elevation of our ministry.

In this sense, it is always lamentable to doubt the divine essence of our task.

This type of organization provides us with the opportunity to know, to illuminate, to contribute, to create and to help. Each of those opportunities come from our acts of love or sympathy, although we are still evolving.

The Spiritist house is a school where we can learn and teach, sow goodness and receive blessings, bettering ourselves and others in the eternal harvest.

When the doors of the Spiritist temple open, the divine light lightens up in the darkness of human ignorance. The healthy rays of this star



of fraternity and knowledge shine to the goodness of our community, providing a better life to all, even to the ones that have not aspired to a better life. ■

by Emmanuel

Inspirational message received from Francisco Xavier's mediumship, which was published in January 1951 in the "Reformador" – a Brazilian Spiritist Federation's Spiritist magazine.

Editorial

2007. A special year to celebrate 150 years of humanity's increasing awareness of its spirituality through the deep and practical teachings of Spiritism, which have been propelling great expressions of altruism in our world...

- page 2

The Secret

Recently *TS production LLC* released an interesting documentary named *The Secret*, which talks about the power of our minds. It is said that other powerful minds kept it a secret until now. Well, is that true? ...

- page 3

Let us not abuse our Spirit-Guide!

May familiar spirits promote our material interests by making revelations to us for that purpose? "They are sometimes permitted to do so, and they very often assist you, in regard to those interests, as circumstances arise; but..."

- page 4

Meditation

Simply sit up straight, breathe normally, and allow yourself to become aware of your breath coming in and going out. As you relax into simply being aware of your inhalation and exhalation...

- page 3

Spiritist Facts...

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New Books Release...

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Events in the US ...

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"Reason requires that an intelligent effect must have an intelligent force as a cause."

- Allan Kardec (in *The Spirits' Book*)

The New Generation Seminar



2007. A special year to celebrate 150 years of humanity's increasing awareness of its spirituality through the deep and practical teachings of Spiritism, which have been propelling great expressions of altruism in our world.

On January 9, the Spiritist Society of Baltimore (SSB) sponsored and organized a truly special event to promote the Spiritist ideas while paying tribute to the 150th Anniversary of Spiritism. It was the gala dinner "New Generation", a successful happening in Baltimore where Divaldo Franco, the great Spiritist medium, gave its keynote address on the Spiritist View on Indigo and Crystal Children.

Each attendee received an indigo wristband with the words "I love myself, I am Addiction-free" as a part of the SSB's ongoing campaign to prevent addictions to which Divaldo Franco has been its Ambassador since 2005.

The SSB also paid a surprise tribute to Divaldo Franco for his 60 years of faithful and altruistic devotion to spreading the loving message of Spiritism. A group of 8 SSB members recited the famous *Poem of Gratitude* written by the Spirit

Amelia Rodrigues through Divaldo's Franco mediumship. In the words' of the SSB president, "Divaldo Franco is already the true expression of this new generation, the indigo and crystal children. And we found that no one else better than him could talk about the new generation, as he himself belongs to that."

Last, *The Mansion of the Way's* publisher in collaboration with the Spiritist Society of Baltimore launched two new books: "*The Dynamics of Our Sixth Sense*" a phenomenal summary of the Spiritist view of mediumship, from a workshop given by Divaldo Franco last July in the Lily Dale Assembly; and "*The New Generation: The Spiritist View on Indigo and Crystal Children*" written by Divaldo Franco and Vanessa Anseloni. (see page page 5)

Once August Comte once said, "the principal human challenge is to subordinate selfishness to altruism... and to live for others." On that night, we not only celebrated the fact that we are able to overcome this challenge, but we also found new resources to keep on this track by being aware of the new world that the new generations are about to build. ■

- The Editors



Spiritist Facts



In May of 1855, Hippolyte Leon Denizard Rivail first witnessed the turning table phenomena and instantly understood that the communications between spirits and humankind implied a science of profound moral consequences. He realized that in those phenomena laid the key to humanity's problems, past and future, and the

solution he had searched for his entire life. Rivail decided to investigate those phenomena rigorously and systematically.

With the help of different mediums, Prof. Rivail questioned the spirits about God, the invisible world, and the destiny of humankind on Earth. Rivail published these findings for the benefit and instruction of humanity. He was, however, unaware of the magnitude of the work he was performing, a set of principles capable of impacting and transforming the world.

Two years later – on April 18, 1857 – the first edition of *The Spirits' Book* reaches the public. It is in this publication that Rivail adopts the penname of Allan Kardec [at the suggestion of the Spirits].

On April 18, 2007, we will celebrate the 150th anniversary of Spiritism! ■



Movie “The Secret” and the Spiritist Teachings

Recently the *TS production LLC* released an interesting documentary, named *The Secret*, which talks about the power of our minds. It is said that other powerful minds kept a secret until now. Well, is that true? Many were the Masters who talked about the power of our minds. Our dear Jesus Christ even said “Ask and it shall be given.” In 1868, Allan Kardec stated in one of his masterpieces, *Genesis*, about the power of our thoughts - see diagram below. On chapter 14, we learn that the universal energy named therein as universal cosmic fluid is the “vehicle of the thought, as the sound does upon the air. (...) We can, then, say with all truth that in such fluids there are waves and rays of thoughts that cross each other without ever becoming entangled, as do the waves and sonorous rays in the air.

Moreover, the thought creates *fluidic images* and reflects itself back on its perispiritual body, as on a mirror; the thought takes on body and somehow *photographs* itself on it.

This is how the innermost secret movements of the soul are reverberated onto the fluidic body; and how one soul can read another, as one reads a book; and how it sees what is not perceptible by the eyes of the body. Yet, although the intention is seen and it can foresee the subsequent execution of the act, it cannot determine the moment it will take place; neither can it be exact with details, or even affirm whether it will indeed take place, as later circumstances can modify the plans and change the dispositions.”

Based on these comments, we conclude that we ought to learn how to better use our minds by habituating ourselves to enlightening thoughts. Thus, the principles told in the movie *The Secret* largely rely on the principles taught by Spiritism and many other wise philosophies.

Anyhow, here is a list of the good and practical teachings given in the movie *The Secret*: 

- by Vanessa Anseloni



Write a gratitude list or keep a daily gratitude journal.

Create a vision board of pictures of what you would like to attract into your life.

Make a list of all of the positive attributes of the people you are close to in your life.

Reflect on how you evolve into the happy, self-content real you.

Write an affirmation list of positive self-statements in the present tense to read daily.

Spend time daily with heartfelt positive visualizations about your life goals.

HOW TO MEDITATE

Simply sit up straight, breathe normally, and allow yourself to become aware of your breath coming in and going out. As you relax into simply being aware of your inhalation and exhalation, you’ll probably start to notice hundreds of thoughts passing through your mind. Some of them are easy to let go of, while others may lead you down a long avenue of related thoughts. When you find yourself chasing after a thought, simply bring yourself back to focusing on your breath. Do this for about a minute.

In the beginning, you may be surprised with the sheer number and variety of

thoughts that pour through your awareness like a waterfall rushing over a steep cliff. An experience of this sort is not a sign of failure. It’s a sign of success. You’ve begun to recognize how many thoughts ordinarily pass through your mind without your even noticing them.

You may also find yourself getting caught up in a particular train of thought and following it while ignoring everything else. Then, suddenly you remember that the point of the exercise is simply to watch your thoughts. Instead of pushing or condemning yourself, just go back to focusing on your breath.

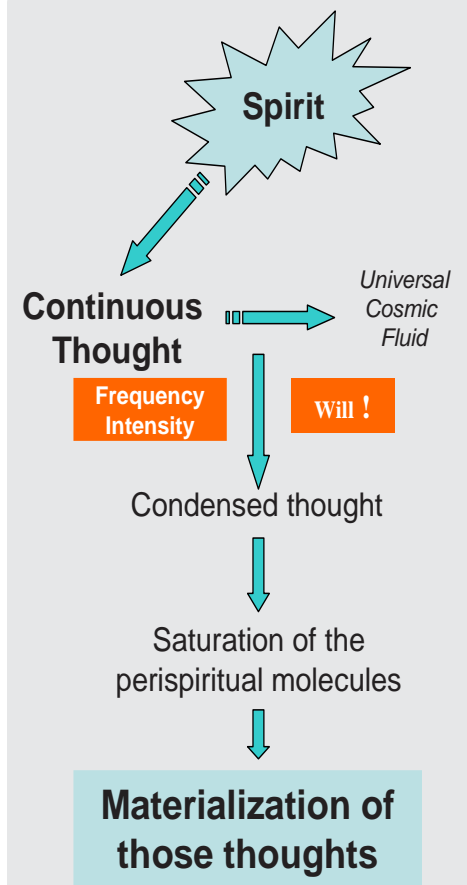
If you keep this practice up, you’ll find that even though thoughts and emotions come and go, the mind’s natural clarity is never disturbed or interrupted. Becoming mindful is a gradual process of establishing new neuronal connections and inhibiting the gossip among old ones. It requires patiently taking one small step at a time, practicing in short intervals. ■

- by Yongey Mingur Rinpoche

(Text taken from *Spirituality and Health* magazine, March/April 2007)



Dynamics of Our Thoughts



Let us not abuse our Spirit-Guides!

May familiar spirits promote our material interests by making revelations to us for that purpose?

“They are sometimes permitted to do so, and they very often assist you, in regard to those interests, as circumstances arise; but be assured that good spirits never lend themselves to the desires of cupidity and of greed. Bad spirits dazzle you by holding out a thousand temptations, in order to lure you on and to deceive you afterwards.

And you must remember that, if your purification requires you to undergo such and such vicissitudes, although your spirit-protectors may aid you to bear them more resignedly and may sometimes mitigate them, *they are not permitted* - and this for your own sakes, and in view of your best interests in the future - to *deliver you from them*. It is with your guardian-angel as with a wise and affectionate father, who neither gives his child all he asks for, nor allows him to shirk a necessary task.”

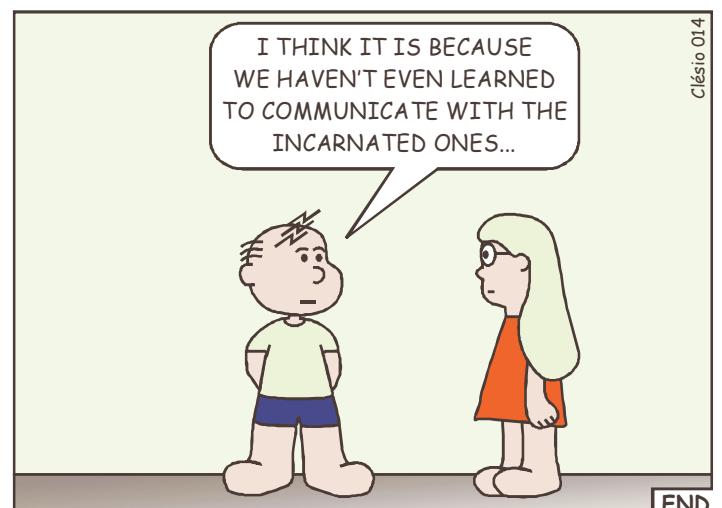
Remark - Our protecting spirits often show us the road we had better take, but without keeping us in leading-strings; if they did more than simply counsel us, leaving us free to do or not to do, we should lose our power of initiative and should not dare to take a step without them, which would be prejudicial to our advancement. In order to progress, we need to acquire experience, and often at our own expense; our spirit friends, therefore, even while giving us counsel, leave us to our own resources, as does a skilful teacher in dealing with his scholars. In the ordinary affairs of life, they counsel us by inspiration, and thus leave to us all the merit of our action, when we go right, and all the responsibility of our error, when we go wrong.

To ask advice of our familiar spirits, at every moment and in regard to the common affairs of daily life, as is done by some



persons, is to impose on their kindness, and to mistake the nature of their mission. There are mediums who incessantly appeal to them for a decision in regard to the most trifling things. Such an abuse of mediumship denotes pettiness of ideas on the part of the medium; and it is; more-over, presumptuous to suppose that we have a good spirit always at our command, as a servant, and with nothing better to do than to be perpetually looking after the trumpery interests of our earthly lives. On the other hand, such an annihilation of our own judgement, such a reducing of ourselves to a state of passivity, renders our present life profitless, and is therefore prejudicial to our future. If it be puerile to question spirits about futile things, it is no less puerile on the part of spirits to busy themselves about the petty details of our daily life; such spirits may be well-intentioned, but they must evidently be very little above the earthly level.

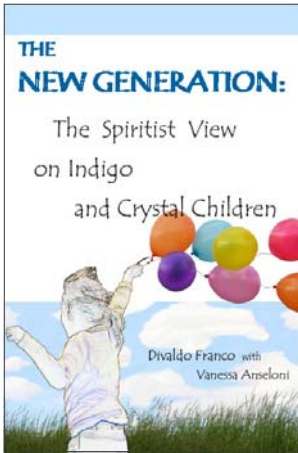
The Mediums' Book, chapter 26, item 291, by Allan Kardec "Questions about moral and worldly interests"



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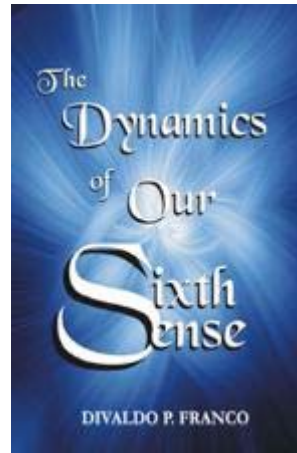
New Books Release



THE NEW GENERATION:
the Spiritist View on Indigo
and Crystal Children
by Divaldo Franco and Vanessa Anseloni

This book was written by the great spiritual leader and humanitarian Divaldo Franco and the neuroscientist and Spiritist Vanessa Anseloni. This book encompasses a never-before put together multidisciplinary view on the challenges faced by the new generations. It brings relevant information in the areas of Neurosciences, Psychology and Spiritism to help people

understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful world.



**The Dynamics of Our
SIXTH SENSE**

by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the *1 Spiritist Weekend in Lily Dale*, sponsored by the Lily Dale Assembly.

This workshop represents an unforeseen study of our sixth sense, our mediumship. Divaldo Franco provides us with the definition of mediumship, its types, and its therapeutic features. Through his personal experiences, he enlightens us with considerations on the role of mediumship and its charitable purpose. The core of his teachings was of love and kindness. The end of the workshop was blessed with an uplifting trance channeled message of *Dr. Bezerra de Menezes* through Divaldo Franco's extraordinary mediumistic ability.

Go online to order these books at
www.ssbaltimore.org/bookstore

EVENTS in the U.S.

Spiritism in Colorado

"On the weekend of Jan. 19 - 21, Vanessa Anseloni joined the mediums' group at The Caritas Spiritist Center in Boulder, CO, for a weekend of training, inspiration, and fraternity. All were enriched by Vanessa's visit, and much was accomplished in a very short time! The Caritas mediums have now eagerly embarked on implementing the instructions and new format given by Vanessa to develop each person's abilities as well as the group's vital solidarity in preparation for new levels of spiritual service to be available to the Boulder community. As the entire weekend was videotaped, Vanessa's training will be available to future groups as well. Thank you so much, Vanessa!"

- by Gloria Coelho

(President and founder of the Caritas Spiritist Center, CO)



Vanessa (fourth from left) with members of the Caritas Spiritist Center in Boulder, CO

...in California

The Spiritist Group of David-CA (SGD) invites you to the following event: A WEEKEND OF JOY with
Vanessa Anseloni, *PsyD, PhD.*

Featuring:

"Training for Spiritist Speakers"

"Training on Spiritual Treatment and Fraternal Counseling"

"Seminar: Spiritual Tools to Fight Fear and Anxiety"

MARCH 10-11, 2007

Location

**University of California
007 Wellman Hall One Shields Ave.
Davis, CA 95616**

SAT. MARCH 10, 10 AM - 5 PM TRAINING FOR SPIRITIST

SPEAKERS: This is a 6-hour intensive training for those who are willing to learn new tools in how to spread the Spiritist teachings in the English-speaking language to the American public.

SUN. MARCH 11, 10 AM - 1 PM TRAINING ON SPIRITUAL

TREATMENT & FRATERNAL COUNSELING: Learn how to establish a Spiritist service of love and charity in your center. Many people are undergoing a difficult moment in their lives. The Spiritist center can offer fraternal counseling and spiritual treatment to relieve the people's burdens.

SUN. MARCH 11, 2 PM - 3 PM SEMINAR: SPIRITUAL TOOLS TO

FIGHT FEAR AND ANXIETY: with this seminar we will close our weekend of activities, bringing a message of hope and perseverance to all of us. This seminar is recommended to the general public.

This event is free of charge - Donations are welcomed!
Please let us know in advance if you will be attending the event

FOR MORE INFORMATION PLEASE CONTACT:

Ronni L'amar (530) 304-1723

Claudia Rodrigues-Akin (916) 771-2646

e-mail: spiritistgroupofdavis@yahoo.com

website: <http://www.spiritism-davis.org>

1st U.S. SPIRITIST SYMPOSIUM

A TRIBUTE TO THE



Revisiting the Past, Engineering the Future

1857

Saturday, April 14, 2007

2007

12 pm - 5 pm

early afternoon refreshments will be served

☆ **Pier 5 Hotel**
(Inner Harbor)
711 Eastern Ave
Baltimore, MD 21202

Free Admission

Pre-registration required (by April 10)

www.ssbaltimore.org

410-837-0991

(Limited seats: 300 people)

Opening Ceremony:

Empowering Ourselves As We Revisit The History Of Spiritism

Panel Discussion:

The Spirits' Book, The Tree Of Life

Posters Sessions: (during coffee break)

Unfolding The Spiritist Foundation

Round Table:

The Impact Of Spiritism In My Life

Closing Ceremony:

Engineering Our Future With Spiritism

Youth Activity:
Finding Myself in the New Era
(12 to 18 years old)

Speakers:

Vanessa Anseloni (SSB, MD)
Mauricio Cisneiros (CSSC, FL)
Jussara Korngold (SGNY, NY)

Sonia Doi (AKSS of MD)
Daniel Benjamin (AKES, AZ)
Daniel Assis (Blossom, CA)

Elza d'Agosto (Love and Light, NJ)
Nahur Fonseca (AKSS of MA)
Eduardo Vasconcellos (AKSS of NY)

Ronny La'Mar (SGD, CA)
Gregory Stewart (AKSS, MD)
Becky Stafford (SSB, MD)

Poster presenters:

Luís Almeida (SSB, MD)
Judith Peterschmidt (AKSS, MA)
João Korngold (SGNY, NY)

Akemi Adams (Blossom, CA)
Flávio Zanetti (AKSS, MA)
Carolina Strosnider (SSB, MD)

Júlio Carvalho (SCDL, NJ)
Marconi Vieira (AKSSD, CT)

Ézio Oliveira (SGR, GA)
Junara Araújo (SGNY, NY)

Sponsored by:

Spiritist Society of Baltimore (MD), Spiritist Group of New York (NY), Christian Spiritist Study Center (FL), Allan Kardec Educational Society (AZ, PA), Allan Kardec Spiritist Society of Massachusetts (MA), Spiritist Society Love and Light (NJ), Spiritist Group Regeneration (GA), Spiritist Center Divine Light (NJ), Allan Kardec Spiritist Center of Danbury (CT), Home of Elna e Kardecian Spiritist Center (FL), Kardecian Spiritist Federation of Florida (FL), Allan Kardec Spiritist Society of Marlboro (MA)

Supported by:

Blossom Spiritist Society (CA), Spiritist Group of Davis (CA), Allan Kardec Spiritist Society of MD (MD), Allan Kardec Spiritist Center of NY (NY) and the United States Spiritist Council (USSC)

Special Event

Conceptions and Misconceptions of Working with Spirit

by Tom Cratsley

**Saturday, March 17, 2007
7:30 pm - 9:30 pm**



Tom Cratsley, B.S. A dynamic healer and teacher, Tom has developed innovative methods for healing which achieve consistent results. His joyful approach opens the hearts of all who work with him. Tom studied psychology and religion at [Harvard Divinity School](#). He has traveled extensively for over 20 years teaching and healing throughout the U.S. and Canada. He is one of the directors of [Lily Dale Assembly](#), mecca of the spiritualist movement in the U.S.

Location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, Suite 300
LUTHERVILLE, MD 21093

Free Admission!!!

(No registration required)

This event is sponsored by the *Spiritist Society of Baltimore, Inc.*
For more information, please call 410-382-5328

SPIRITIST DOCTRINE: 150 YEARS OF LIGHT AND PEACE

SPIRITIST WORLD CONGRESS

CARTAGENA, COLOMBIA
OCTOBER 10-13, 2007
CONVENTION CENTER OF CARTAGENA

PRODUCED AND ORGANIZED BY THE INTERNATIONAL SPIRITIST COUNCIL (ISC)
CHAIRED BY THE DESEIGNER SPIRITIST COMPUTATION (ECPHFEEL)
WITH THE SUPPORT OF THE SPIRIT FEDERATION OF THE ATLANTIC COAST (FEACA)

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UPCOMING EVENTS

2007 WORKSHOP SERIES

Mar 31- The Spiritist ABC's of anxiety, stress and depression
Apr 28 - Reincarnation, path to freedom
May 19 - Astral Cities, our spiritual homes.

Free Admission !!!

Spiritist activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time: 7:30 pm - 9:15 pm



Watch it

every
Thursday and Saturday
from 7:30PM

at:
www.ssbaltimore.org

2007 Workshop Series on Spiritism

March 31st
The Spiritist ABC's of anxiety, stress and depression

April 28th
Reincarnation, path to freedom

May 19th
Astral cities, our spiritual homes

June 30th
Feeding the body and the soul

July 28th
The dynamics of our sixth sense

August 25th
Spiritual influence: who is in control?

September 29th
Sleep, dreams and the whole nine yards of the soul's emancipation

October 27th
Decoding the Bible with a Spiritist key

November 17th
Environmentally savvy, Spiritually wise

December 15th
Learning with the Masters, making the difference

**Spiritist Education for children above 4 years old are provided during the workshop*

OUR SERVICE LOCATION →

SpiritWorks Resource Center
1300 York Rd - Building C, 3rd Floor
Lutherville, MD 21093

JOIN OUR ACTIVITIES

TALKS on THE SPIRITS' BOOK

A tribute to the 150th anniversary to help us deepen our knowledge on Spiritism. - Open to the public, every **Thursday** from 8:00pm to 9:30pm.

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7pm to 7:45pm.

Therapeutic Moments

Every Saturday 7-8pm, except on the day of our monthly workshops

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00pm to 9:30pm for the study and practice of mediumship according to Spiritism.

Please, contact us for more info.
Phone: 410 - 382-5328 or 410-837-0991
e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

SpiritistNews

on line

The *SpiritistNews* is a bimonthly newsletter published and sponsored by the Spiritist Society of Baltimore with the purpose to disseminate information on the spiritist teachings and the SSB's activities.

2006	2005	2004	2003
<p>January/February</p> <ul style="list-style-type: none"> Emotional Stability From Grief to Hope - Seminar Letter to the Editor Free Mediumship Pain is Merited, Anguish Justified A Student's Prayer Cancerous Conversations Latest News Moody and Divaldo Bio Activities & Events 2006 SSB Calendar <p>March/April</p> <ul style="list-style-type: none"> An Unforgettable Evening Americans' Testimonials on the event <i>'From Grief to Hope'</i> (see photos) Loss by Death Meditation with Kardec The Profile Books by Dr. Moody The Spiritual Journey Near Death Experience Latest News Launching of new Books & CDs Activities & Events SSB Calendar <p>May/June</p> <ul style="list-style-type: none"> Spiritism: <i>bringing common sense into our lives</i> The Enduring Bonds of Affection Decision to be Happy Spiritist Weekend in Lily Dale-NY THE NEW MEDICINE 1st US Spiritist Medical Congress Good or Imperfect Mediums? Forgive and Forget New Spiritist Books/Cds Activities & Events <p>July/August</p> <ul style="list-style-type: none"> Spiritism and Spiritualism come together (see photos) Message to Spiritists and Spiritualists Spiritism and Spiritualism Spiritist Weekend in Lily Dale US Spiritist Medical Congress The Role of Love in Spiritism A Little More Bookstore Activities & Events <p>September/October</p> <ul style="list-style-type: none"> Bridging Health and Spirituality (see Photos) 2nd Annual Spiritist Retreat Bridging Health and Spirituality (Cont.) Testimonials (Retreat) What is to be Spiritual? Events in the U.S. The New Generation Bookstore Activities & Events <p>November/December NEW!</p> <ul style="list-style-type: none"> A Special Year! The New Generation Little Guide to Self Awareness 	<p>January/February</p> <ul style="list-style-type: none"> The Spiritist Revelation Tsunami Moving Inner Mountains with Spiritism Letters to the Editor Depression: A Scientific and Spiritual View Spiritist Tools for a Better Life Phenomenon is Only the Beginning 10 Suggested Spiritual Tools for Our Daily Lives Ben Franklin 13 Virtues Natural Calamities Spiritist Tools (Cont.) Activities & Events <p>March/April</p> <ul style="list-style-type: none"> Selfishness: The Worst Imperfection of all times! Campaign Well Being: Not a Lick of your Favorite Candy Before Other Nations Kids' Place Activities & Events New Books & CDs <p>May/June</p> <ul style="list-style-type: none"> Can Spiritism Improve Our Mental Health? Chico Xavier: the greatest medium of modern times The Grandeur of Renunciation Letters to the Editor <i>-Guidance leads to formation of Spiritual Center</i> <i>-My experience with Spiritism</i> Life's Trial: emerging as a better person In the presence of sex Living to Serve A Tribute to Francisco Xavier New Spiritist Books in English Universal Control of the Spirit Teachings Do It Anyway Activities & Events Books & CDs <p>July/August</p> <ul style="list-style-type: none"> Toward Self Realization Physical and Spiritual Kinship Win Friends The Power of Prayer Mediumistic Paintings The Message of Jesus Kids' Place Suggested Spiritist Books Books & CDs Activities & Events Fund raising <p>September/October</p> <ul style="list-style-type: none"> Tribute to Bezerra de Menezes Interview with Divaldo Franco Letter to the Editor Spiritist Lecture in the US Disseminating Spiritism Become a Medium Suggested Spiritist Books America's Challenge Passes - Spiritual Therapy Activities & Events Books & CDs 	<p>November/December</p> <ul style="list-style-type: none"> Spiritism For All Letters to the Editor America & Spirituality The Wings of Progress Spirit World The Spiritist View of Jesus Christ's Mission Guidelines for Spiritists Spiritist Books in English Recommended Books Our activities <p>September/October</p> <ul style="list-style-type: none"> What Is Spiritual Treatment For? God at Home What is spiritual disturbance? How can one stop a spiritual disturbance? Suggested prayer Thought is Life Passes and Prayer Fluidic/Magnetized water At-a-distance spiritual treatment Fraternal Counseling Secret Thought Our activities Recommended Books <p>July/August</p> <ul style="list-style-type: none"> Spiritism and Miracles All Men are Mediums Mediumship meetings Guardians Angels Law of the Mental Field Civilization The Fear of Death Nations Human Body Our Activities Recommended Books <p>May/June</p> <ul style="list-style-type: none"> Past Lives and Us Many Lives Successive Lives Integral Memory Reincarnation Feelings of Empathy Sleep Dreams Our Activities Recommended Books <p>March/April</p> <ul style="list-style-type: none"> Love, the best therapy Mission of the Intelligent person on Earth Spirit Passes Fluids Reincarnation Childhood Perispirit Publications by SAB Our Activities <p>January/February</p> <ul style="list-style-type: none"> The Universal Control of the Spirits' Teachings Who is Allan Kardec ? New Ideas Arthur Conan Doyle's Consideration G O D Unshakeable Faith Upcoming Events Our Activities Recomnded Book 	<p>November/December</p> <ul style="list-style-type: none"> BODY & SPIRIT ANGER PRAYER TO BE SAID FREE MEDIUMSHIP THE GIFT OF HEALING MECHANISMS OF HEALING

- Kardecism Does not Exist!
- Developing Our Mediumship
- The Dynamics of Our Sixth Sense
- Another Touchdown
- Invitation to Love and Reason
- I US Spiritist Symposium
- Bookstore
- Activities & Events

[November/December](#)

- Our Planet and Self Transformation
- Letter to the Editor
- Divaldo's opinion about Guns
- Webcasting Spiritism
- Interview with Prof. Raul Teixeira
- Seminar: Afterlife and Reincarnation
- True Stories by Chico Xavier
- The Perfect Medium (*Exhibition*)
- Present Causes of Suffering
- Activities & Events
- Books & CDs

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e-mail: ssb@ssbaltimore.org

SSB

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Spiritist News

Year 5, Issue 3, May/June 2007



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Mailing Address:
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

What is Spiritism?

Spiritism, a word created by Allan Kardec, is a Science that studies the origin, nature and destiny of spirits and the relations between the corporeal and the spiritual life. It is a Science, but it is not a laboratory science because the object of investigation is the psyche, individualities, and the spirits that come when they want. It is a science of observation. At the same time, it is also a philosophy because it explains who we are, where we came from, where we are heading and why we suffer. What is the purpose of our life on Earth? Who has not asked this question yet? Why do evil people 'progress' and the good ones suffer so much? Why are there so many contagious infectious diseases? What about birth defects? Why does the degeneration of the body happen? Why the misery of some and the abundance of others? Thus, our philosophy was born on the foundation of reincarnation.

Reincarnation is not a theory generated by Spiritism. It is a philosophy of humanity. It is founded in the basic works of Hindu philosophy from over 4,000 years old. Even Jesus

mentioned reincarnation, but using other words: resurrection of the flesh. Accordingly, as we can find in Hebrew: "Greioqu", which means "to take a new body".



This philosophy has brought us great hope. Spiritism has also brought to us a moral view of life and mediumship. What is this moral view? It is the Gospel of Jesus, because of its synthesis on the moral qualities of human beings. Happy are those who love. Those who are loved are not always happy. All of those who wish to be loved are psychologically childish. They are never happy and always want more. (...)

To sum up, Spiritism is this philosophy that propagates love, compassion and charity, the teaching of "do not do unto others what you do not wish them to do unto you". This is the greatest ethico-moral proposition to humanity. This is the ethico-moral basis of religious consequences because it gives us a sense of religiousness that links us to God.

(From the book *The Dynamics of Our Sixth Sense* by Divaldo Franco, 2007).

Living Fully



"Once you learn how to die, you learn how to live!"
(From "Tuesdays with Morrie!" by Mitch Albom)

Death is, from day one, the only certainty we have in our lives. Yet, we live life in denial of this c e r t a i n t y . Possible reasons include fear and the belief or sense that this is the real world and death is the end

Everything else does not define who we are. Everything else is just circumstances and tools given to us in a specific life time to propel our spiritual growth. Thus, a well lived life is one rich with experiences that fulfill our essence and constitute our true property. True property is nothing that the body can use but everything that serves the soul - such as intelligence, knowledge, and moral qualities².

The best approach to life, according to Morrie, is to know that we are going to die and to be prepared for it at any time. This is how we can become more involved with our lives while living. The consequence of not thinking about death is that some of us are already half-dead while alive. We become too involved with materialistic things that do not satisfy us. Thinking about death and acknowledging that it is our re-entrance into the real world enhances life. Morris suggests that we start stripping away all the extra stuff in our lives and to focus on the essentials. He suggests that we do as the Buddhists do: ask the bird on your shoulder daily: is today the day?

Here are some suggestions of questions that might help us focus on what is essential to get ready to die by living from now on, the *real life*: do you know yourself? Do you have unfinished business with anyone? At the end of your day, does anyone have any complaints about you? Are you healing? Are you giving? Are you in peace with your mind? Have you forgiven yourself and others? Are you learning and loving as much as you can?

- by *Suzana Simoes*
(Conscious Living Spiritist Group - FL)

References:

1. Mitch Albom; 1997. Tuesdays with Morrie. Anchor Books, A division of Random House, Inc. New York, NY.
2. Allan Kardec; 2000. The Gospel According to Spiritism. Allan Kardec Educational Society. Philadelphia, PA.

of all that we are and have. We define who we are by what we have. We are, for instance, the degree or the profession that we chose for this life time: a dentist, a doctor or a lawyer. We are our socioeconomic classes such as wealthy and poor. We are the race and the religion that we are born within - black, white, Christian, Jewish. The problem with these definitions is that we are defining who we are through references that belong to the material and therefore, perennial world. We live investing our best energy, effort, and time in all the things that will one day perish - living a full life, many would say. Thus, our behavior is understandable. If death is the end of everything that comprises our essence and life, it is better if we do not think about it.

The Spirit's doctrine teaches us that human beings are spirits incarnated in material bodies. Spirits are immortal and they preserve their individuality before, during, and after each incarnation. The spiritual realm is the true. We can, from this point of view, understand the meaning of what Morris said and start to redefine who we are and how we live. We are divine beings, children of God, our loving Father. We are all that we know and feel as a result of our present and past experiences.



"When you fall down, pick yourself up and start over again. You are an ever-unfolding soul temporarily enrolled in the school of life."

- Joanna de Angelis

Intelligent sleep and Mediumship

In the book "In the Domain of Mediumship"¹, Andre Luiz mentions that "- What amazes me is the incessant service everywhere. While awake and during sleep, in life as well as in death." Service is the way we can achieve progress. Fortunately, we can continue serving during our sleep time.

On chapter 20 of the same book referred above, the author narrated the story of a woman who is betrayed by her husband. After a heartfelt prayer, she lays down with a painful feeling in her heart. The spirit mentor applied passes to her head, which made her fall asleep. "After a few moments, her body controlled by sleepiness, she approached us out-of-body. However, she did not manifest sufficient consciousness in our plane, as we would have desired." She wanted to see and hear her husband, the mentors allowed her to do so. Finally, she fell in pain and the mentors embraced her, comforting her with loving words.

This is one example of what happens on Earth during sleep time. The physical bodies rest to restore their energy, whereas our souls travel short or long distances in different vibrational levels. It all depends on the person's thoughts. Elevated thoughts drive us to elevated dimensions in which we can replenish our spirit. And, unhealthy thoughts drive us to lower spiritual levels, which later may be recalled as nightmares.

In The Spirits' Book, question and answer 402, the Enlightened Spirits mentioned that "The spirits who at death are promptly freed from matter are those who, during their life, have had what may be called **intelligent sleep**. Such persons, when they sleep, regain the society of other spirits superior to themselves. They go about with them, conversing with them, and

gaining instruction from them; they even work, in the spirit-world." Thus, we conclude that we shall create the healthy habit of working on our intelligent sleep. An intelligent sleep starts before we go bed, as we tune our thoughts in a loving vibration with the power of prayer. We can ask that God allows us to either gain instruction, treatment (if needed), and/or work. That is when service may continue in our lives. We can, then, communicate with our beloved ones, and restore ourselves in a healing place. Also, we can gather together with other spirits in a spiritual classroom or be part of a team who helps rescuing suffering incarnate and/or discarnate spirits. These are just few of the many activities we can do during sleep time.

In the case of mediums, it is important to understand that our service doesn't stop when the spiritist meeting is finished. During sleep time, our soul travels to different places, wherever service is required. Under the mentors' guidance, we may be able to help and bring loving comfort to our incarnate or discarnate brothers and sisters. After we fulfilled our nightly task, we return to our physical bodies to continue our daily tasks.

As mediums, we are called to serve. And we can also be of service during our intelligent sleep. To achieve it we must turn to prayer. In Andre Luiz's words, "*prayer is like a blessed light that assimilates superior mental forces, which aid us in redemption and ascension*"². So, let's pray and make intelligent use of our sleep time! ■

- by Alba Nydia Morales

¹In the Domain of the Mediumship - by Francisco C. Xavier and the Spirit Andre Luiz. Life in the Spiritual World. Published by LSC - Brazil, 2006.
²Page 157.

What happens while we are sleeping?

Physically

- The brain is active.
- There are different sleep stages.
- REM (*Rapid Eye Movement*) periods.

Dreams phase

Important for:

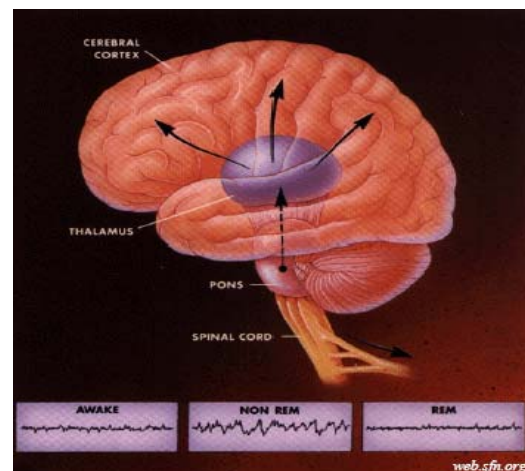
1. Stability of brain synapses;
2. Memory consolidation;
3. "Almost all synaptic activations in embryonic circuitry in some animals occur during sleep states;"
4. "A marked increase in the excitability of the brain's internal communication systems occurs during REM sleep."

Spiritually

- The spirit is never inactive!
- We have continuous thought.
- Our abilities are expanded while the body is resting.
- The body does not need his presence, then the spirit travels through space.

Importance:

1. To keep in touch with the spiritual plane.
2. It is a way to offset our close contact with earthly energies.
3. To replenish ourselves in the sources of higher good.
4. It is a time of leisure before returning to our tasks.
5. Reinforce our goals for this reincarnation.



When people sleep, they experience periods of Rapid Eye Movement (REM). During this stage, which is associated with dreaming, the brain becomes very active. REM sleep and dreaming are triggered by the pons and neighboring structures in the brainstem. The **pons** sends signals to the **thalamus** and the **cerebral cortex** — which is responsible for most cognitive activities. The pons also sends signals to shut off the neurons in the **spinal cord**.

(Illustration by Lydia Kibiuk)

A Short Story: A Matter of Using Your Faith

Mrs. Clara Ashcraft is 78 years old. She attends the elderly day care where I work as a physical therapist. She suffers from different ailments. She is obese, has arthritis, diabetes, and chronic obstructive pulmonary dysfunction which makes her breathing heavy at times. She sits in her chair all the time, approximately 6 hours a day. She is wheeled to the bathroom by our nurse assistants where she stands to transfer to the toilet. Mrs. Ashcraft can walk short distances with difficulty. Her knees, her back, and her arms hurt when she walks more than 2 minutes at a very slow pace. I have to use tons of "cheering" in order to get her to stand up and to walk. She often refuses the physical therapy that would be so beneficial to her. Once in a while, I am successful in getting her up and walking close to two hundred feet. She consistently complains and asks the Lord to help: "Oh Lord, help me", she says over and over.

I met Vanessa Anseloni for the first time when I was in Baltimore attending the Event that celebrated 150 years of *The Spirits' Book*. She mentioned how the use of the patient's belief system in medicine has positive results in recovery. I decided to integrate spiritual conversations into my treatment strategies.

The last time I approached Mrs. Ashcraft, her response was the same "not today, I don't feel too well." I took the occasion to remind her that with the Lord we can do anything that we want and that He would certainly help her. I asked her if she considered herself a person of faith to which she replied with a "yes." So I asked her how she was using her faith and if she was using it at all. How good is it to have a faith and not use it when you need it the most? This is the time to use your faith. The Lord will help you but he needs you to do your part. She replied to my comment with an enthusiastic yes. She got up and walked for 3 minutes without complaining.

Not only did she do that, but she got up later in that afternoon and walked for a second time.

The gist of our story is that faith removes mountains. In this case, the mountain was Mrs. Ashcraft's lack of motivation and her cluster of diseases. When we ask for help, our prayers will always be answered but do not forget that God helps those who help themselves - but not those who limit their actions to asking for help. Now ask yourself: what comprises your mountain? How strong is your faith? And finally, are you helping yourself? ■

-by *Suzana Simoes*
(Conscious Living Spiritist Group-FL)

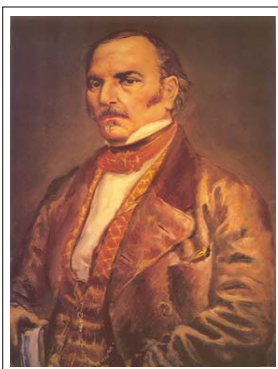


Tips to develop a Spiritually Healthy personality:

1. *Decide firmly to bring to consciousness the possible biggest number of obscure aspects of your personality that relates to the various dimensions of Life;*
2. *Know how to accept pain and material discomfort, searching for means to solve the aversive situations;*
3. *Renounce perfectionism and the demands of futile vanity;*
4. *Develop a pleasant and generous personality, even if you lack material resources;*
5. *Understand your singularity, accepting your limitations respecting other people as they are;*
6. *Eliminate hurts of family, getting closer to those who do not understand you yet;*
7. *Recognize your external self, your personas, as agents of your personal development;*
8. *Identify yourself with your divine essence getting closer to spirituality;*
9. *Confide the visible aspects of your shadow to someone, asking for a feedback on those not perceived;*
10. *Learn how to forgive sincerely, comprehending human acts, which you could have done as well;*
11. *Take total responsibility for all of your actions and the consequences come from them;*
12. *Avoid slipping away from the world and its complex relations assuming your social identity;*
13. *Always be using your creativity as an instrument of personal growth.*

From the book "*Happiness without guilt*" by Adenauer Novaes, p. 93 - Published by the "Fundação Lar Harmonia" 2005.

Spiritist Facts



1858 - Kardec publishes *La Revue Spirite* [Spiritist Review], a journal for psychological studies.

The first issue of this magazine contains accounts of the first studied Spirit manifestations, apparitions, evocations, etc., as well as news pertaining to the Spiritist movement. The magazine was headquartered at 8 Rue des Martyrs, Paris.

1858 - On April 1, the *Société Parisienne des Études Spiritiques* [Parisian Society for Spiritist Studies] is legally established. (Kardec often shortened that name to Spiritist Society of Paris, Society for Spiritist Studies, or simply Society of Paris in his articles and conversations). It is during the weekly meetings of the Society that good part of the studies and mediumship activities supervised by Kardec take place.

1859 - *Qu'est-ce que le Spiritisme* [What is Spiritism] is published. The book is an introduction to the knowledge of the spirit world obtained through Spirit manifestations, and contains the basic precepts of the

Spiritist Doctrine, as well as replies to main opposing arguments.

1860 - The second edition of *The Spirits' Book* is published in March. The description «Spiritualist Philosophy» appears above the title for the first time. This new edition, which became the definitive one, contains 1019 questions and answers, divided into four parts.

The Spiritist Review - special edition celebrating Allan Kardec's bicentenary (1804 - 2004) - Published by the International Spiritist Council - ISC..



"Reason requires that an intelligent effect must have an intelligent force as a cause." - Allan Kardec (in *The Spirits' Book*)

SPIRIT TEACHINGS

WHOEVER HAS WILL BE GIVEN MORE

“Whoever has will be given more; whoever does not have, even what he has will be taken from him.” I invite you to reflect on these great teachings, which often seem so paradoxical. “Whoever has” refers to people who know the meaning of the divine word. They’ve gained this knowledge only because they’ve striven to be worthy of it and because God, Who is merciful and loving, strengthens the efforts of anyone who inclines toward goodness. Their sustained efforts and unwavering persistence bring upon them the blessings of God. These people are like magnets, attracting to themselves the best sources of inspiration and progress, the abundant grace that makes them strong enough to scale the sacred mountain, at the top of which they’ll find rest after their labor.

“Whoever does not have, even what he has will be taken from him.” This is the figurative counterpoint to the first part of the phrase, not a literal



The disciples came to him and asked, “Why do you speak to the people in parables?” He replied, “The knowledge of the secrets of the kingdom of heaven has been given to you, but not to them. Whoever has will be given more, and he will have an abundance. Whoever does not have, even what he has will be taken from him. This is why I speak to them in parables: Though seeing, they do not see; though hearing, they do not hear or understand. “In them is fulfilled the prophecy of Isaiah, ‘You will be ever hearing but never understanding; you will be ever seeing but never perceiving.’”
- Matthew, 13:10-14

one. Consider that God doesn’t take back the good once it’s given. Oh! Blind and deaf humanity! Please, open your minds and your hearts; see with the eyes of your spirit and listen with your souls. Above all, don’t misinterpret so grossly and unjustly the words of the One Who makes the Justice of God shine brilliantly before you. No, it isn’t God who takes away from the one who has little - it’s the soul itself, by its wastefulness and carelessness; it doesn’t know how to preserve, nurture, and grow the gift of love that it’s been given.

The son who doesn’t cultivate the fields his father has left him will soon see them covered with weeds. Is the father, then, taking away a harvest the son didn’t look after? No, he isn’t. If the seeds that would have produced the crop die because of the son’s neglect can the son rightfully blame his father because they didn’t produce anything? He cannot. Instead of blaming his loss on the father who actually gave him a field ready for cultivation, the son should complain to the real instigator of his problems - himself. Only after that, and armed with new energy and true regret for his mistake, can he go out to do the hard work ahead. Through sheer will power, he plows the hard land, sustained by heartfelt repentance and hope. Then he can sow the good seeds he has separated, and water them with his love and compassion. Then God, the God of love and compassion, will give him more of that which he already has. And he will see his efforts crowned with success; one grain will produce a hundred, another a thousand. So take courage, workers! Take up your harrows and your plows; work with your hearts; tear out the weeds; sow the good seed the Lord has given you and the dew of love will cause the fruits to grow.

- *A Spiritual Friend (Bordeaux, 1862).*
In: *The Gospel Explained by The Spiritist Doctrine by Allan Kardec, Chap. 18, AKES, 2003*

BODY & SOUL

(...) Love your soul, but also take care of your body, which is the instrument of the soul. Not to pay attention to its needs is to ignore the Laws of Nature, which is akin to ignoring God. Don’t blame your body, either, for failings that happen only because you misuse your free will and for which the body is about as responsible as a misguided horse is for the accidents it causes. Besides, will you be more perfect if, in chastising your body, you don’t become less selfish, less arrogant, more loving toward your neighbors? No, this isn’t the way to perfection, which can only be found in the betterment of the spirit. When it comes to your lower tendencies, subdue and slight them; indeed, reform them in the forge of your good resolutions. This is the way to make your soul responsive to the Divine Will. This is the one and only way to perfection.

- *Georges, A Guardian Spirit (Paris, 1863)*
In: *The Gospel Explained by The Spiritist Doctrine by Allan Kardec, Chap. 17, AKES, 2003.*



Spiritism offers an anti-depression aid kit*



As with any other mental disorder, depression has biological, psychological and spiritual roots. Among the first ones are hereditary, neurocircuitry, and neuropharmacological factors. Psychologically, grief, guilt, repressed emotions in general can induce depression. Spiritually, depression can be

caused by one or more of the following factors: melancholy; past lives trauma; unbalanced mediumship; and obsession. We will leave the explanation of the root causes of depression for another article. Now it is time to talk about the prevention and treatment of this widespread disorder.

The best way to treat depression is to prevent it. The visionary Spiritist Dr. Bezerra de Menezes, also known as the doctor of the poor in Brazil, stated that *“the Spiritist psychotherapy allied to modern healing techniques will definitely contribute to change Humankind’s mental chart.”*

In Spiritist centers, we recommend that any depressive patient also see a physician and/or a psychologist in order to take care of possible physical and/or psychological problems that may have caused the depression.

Along with that advice, the Spiritist therapy offers incredible insights and treatments to depression. Spiritism is an opportunity for those who would like to increase their levels of spirituality which can induce health to the mind and body. According to recent research articles published in PubMed (a service from the National Library of Medicine and the National Institute of Health), more than 1,800 medical publications over the last 25 years show a strong correlation between spirituality and health.

The Spiritist therapy encompasses seven tools that could be effective in either preventing and/or treating depression: (1) Inner Transformation; (2) Therapeutic Visualizations; (3) Prayer; (4) Passes; (5) God at Home; (6) Intelligent Sleep; (7) Disobsession.

Truly, all lies in the mind. Therefore inner transformation is an essential tool to either prevent or treat depression. The reprogramming of the ill mind is crucial to open new doors to a more fulfilled life. Allan Kardec, in a comment to question and answer 685 of *The Spirits’ Book*, explained that we need to acquire new habits, in order to grow stronger in spirit. Later, in the book *Genesis*, Kardec wisely explained the dynamics of thoughts (*see diagram in Jan/Feb-2007 issue*). Our thoughts are electromagnetic forces that travel through the universal cosmic fluid. Depending on the intensity and frequency of our thoughts and the direction of our will, those thoughts will get condensed, by manipulating this energy that surrounds and permeates us. They will induce the saturation of the perispiritual molecules which in turn will be materialized. This is the reason why therapeutic visualizations may serve as an indispensable tool to inner transformation and empowerment of the Self. Through Divaldo Franco’s extraordinary mediumship, we have been exposed to therapeutic visualizations that can, as a consequence, induce deep healing of the mind and the body. Those can be found in his CDs *Inner Journey and Health*. In support of this mind-

body connection, several scientific articles have reported that those who are prone to forgive have better health scores.

If in any way, you find it difficult to go through the inner journey, then prayer may be another necessary tool to overcome obstacles. Prayer is subjective, but is not an abstract act. It is as real as any other action we may perform in life. Recently, Dr. Andrew Newberg, MD, a neuroscientist at Penn State University, has shown that when we pray or meditate, specific brain areas light up in his imaging studies. Those praying moments should also be brought to your home, which we call “God at home” meetings (*see instructions on the Jan/Feb 2005 issue*). Invite family and friends to join you once a week and read an inspirational message together. Ask someone, when possible, to say a heartfelt prayer, praise and be grateful to the Supreme Intelligence and Love of the Universe, God. This shall bring new energy to you and your loved ones. In cases of depression, it can deeply cleanse your mind and the spiritual environment of your home, protecting from and rescuing the suffering spirits.

At the end of the day, you can add one more tool to your anti-depression kit: the intelligent sleep. When your body is sleeping, you, spirit, are more active, because you are emancipated from it. In *The Spirits’ Book*, we observe that the Loving Spirits have recommended that we use that time “to regain the society of other spirits superior to ourselves. Talk to them and gain instruction from them.” Thus, every night, before you lay down to sleep, pray so that the spirit guides bring you to the Spirit clinics where you will truly be treated by the doctors of the Spirit realm.

Moreover, you can make use of the spiritist fluidotherapy in the spiritist center. Fluidotherapy uses passes and spiritually magnetized water to treat you. In Dr. Andre Luiz’s words *“Passes is a fluidic-magnetic procedure that has the objective of restoring the equilibrium of the complex Spirit-Perispirit-Physical Body.”* The technique of the *passes* can not only treat but prevent depression as it helps balance your energetic/fluidic composition. Deep fluidic knots, which were caused by traumas and wrongdoings in this or previous lifetimes, can be spirit-surgically removed.

In severe cases of depression, the person may have lost the will to overcome it. Thus, call for help. Spiritual treatment meetings shall be one of the greatest aids against depression. Not only will the patient receive fluidotherapy through the passes and the spiritually magnetized water but also the spirits who may probably be obsessing the patient. More specifically, in disobsession meetings, a well-trained group of mediums with the guidance of Loving Spirit Messengers will counsel and rescue the disturbed-disturbing obsessors.

The first step to the use of the Spiritist aid kit against depression is your willingness to live a more fulfilled life. This is the reason why Christ said, **“Ask** and it will be given to you; **seek** and you will find; **knock** and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.” Let the door to a happier life be opened to you. Let happiness in and depression out.

- by Vanessa Anseloni, PsyD, PhD

* This article was also published in the USSC newsletter, issue 1, 2007

Automatic Thoughts of People Currently Depressed

- | | | | |
|--|--|------------------------------------|--|
| 1. I feel like I'm up against the world. | 9. My life's not going the way I want it to. | 17. I hate myself. | 25. I feel so helpless. |
| 2. I'm no good. | 10. I'm so disappointed in myself. | 18. I'm worthless. | 26. Something has to change. |
| 3. Why can't I ever succeed? | 11. Nothing feels good anymore. | 19. I wish I could just disappear. | 27. There must be something wrong with me. |
| 4. No one understands me. | 12. I can't stand this anymore. | 20. What's the matter with me? | 28. My future is bleak. |
| 5. I've let people down. | 13. I can't get started. | 21. I'm a loser. | 29. It's just not worth it. |
| 6. I don't think I can go on. | 14. What's wrong with me? | 22. My life is a mess. | 30. I can't finish anything. |
| 7. I wish I were a better person. | 15. I wish I were somewhere else. | 23. I'm a failure. | |
| 8. I'm so weak. | 16. I can't get things together. | 24. I'll never make it. | |

From the book: *The Mindful Way through Depression* by Mark Willims, John Teasdale, Zindel Segal, and Jon Kabat-Zinn - © 2007 The Guilford Press. “Automatic Thoughts Questionnaire” copyright 1980 by Philip C. Kendall and Steven D. Hollon.

Events in the U.S.

UPCOMING



NEW SPIRITIST SOCIETY IN CALIFORNIA

Hello Dear Friend!

We are happy to announce the creation of a brand new spiritual project in San Diego: the Spiritist Society of San Diego (SS of SD), which aims to disseminate the awareness and practice of Spiritist Ideas in English.

During the month of July we will be holding a series of workshops to introduce Spiritism and the new Spiritist Society to everyone interested in studying and practicing Spiritism. As Spiritist Ideas are not widely spread in America, these initial workshops plan to introduce fundamental concepts of Spiritism like the spiritual nature of human beings and the theory of reincarnation from a Spiritist perspective.

Our inaugural workshop will be held on July 3rd 2007 and the topic is **Science and Spiritism**. If you want more details about this workshop or SS of SD, visit our website at <http://www.sssandiego.org>

All events and activities at the Spiritist Society of San Diego are held in English. Therefore, feel free to invite all your English-speaking friends that may be interested in learning about Spiritism.

Shall the Higher Spirits embrace and support us in the blessed work of propagating Spiritism.

Anisio Resem,
Spiritist Society of San Diego - California USA
www.sssandiego.org

Past



SPIRITIST GROUP of NY

On June 10, the Spiritist Group of New York celebrated the beginning of a new phase as they moved into their full time headquarters. Vanessa Anseloni delivered the keynote address on *The Spiritist Center: Temple, Hospital, School for the Soul*. Congrats to SGNY!



Vanessa between Jussara and Joao Korngold



Spiritist Society of Baltimore (MD)

On May 26, Miguel Sardano, president of the *Bezerra de Menezes Spiritist Center* in Santo Andre, Sao Paulo, visited the SSB. He also gave a very interesting workshop on mediumship, entitled *Safe-and-Sound Mediumship*.

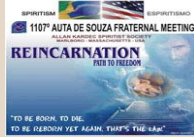


Miguel Sardano

On June 9, Gloria Coelho, president of the *Caritas Spiritist Center* (Denver, CO), gave a talk on *Why American Spirituality Needs Spiritism* at the SSB. The insights she shared with the audience were very sound and encouraging.



Gloria Coelho



Spiritist Meeting in Marlboro, MA

The Allan Kardec Spiritist Soc. of Marlboro-MA invites you again to join in their Annual Spiritist meeting. Last year, they successfully organized the first *Auto de Souza* Fraternal Meeting in the USA. More than 100 people were present, including people from all ages. It was a real spiritual party. Once again, They will get together to study Spiritism in a very fraternal way. Come and bring your family with you. All the attendees can participate on the main workshop and can choose one of the four secondary workshops They are offering in 2007, as follow:

Main Workshop (for all the attendants):
REINCARNAÇÃO, PATH TO FREEDOM
- Vanessa Anseloni, *Psy.D., Ph.D.*,
(*Spiritist Society of Baltimore*)

Secondary Workshops (the attendee can choose one):
1. PARENTHOOD FOR MODERN TIMES (*in English*)
- Vanessa Anseloni

ENDEARING GEMS FROM FRANCISCO C. XAVIER (*in English*)
- Jussara Korngold, *B.S., M.B.A.*
(*Spiritist Group of New York*)

3. REINCARNAÇÃO AND OBSESSION (*in Portuguese*)
- Cesar Campos Borges, *MD* - (Manaus, Brazil)

4. SPIRITIST VIEW OF PHYSICAL/MENTAL DISABILITIES (*in Portuguese*)
- Marcelo Mouco Fernando, *MD* - (Manaus, Brazil)

When: July 22, 2007
Time: 9:00am - 6:30pm
Where: Holiday Inn Hotel & Suites
265 Lakeside Avenue, Marlborough, MA 01752

Registration is required
For more information about fee and lodging please contact:
Maria Batchelor - (508)451-9811/
maria_batchelor@comcast.net or
Wallace - (508) 620-6846/
president@getuh.org
Website: <http://www.getuh.org>

Sponsored by ALLAN KARDEC SPIRITIST SOCIETY OF MARLBORO-MA

IV Family Spiritist Retreat



The Family Spiritist Retreat is a one-day event organized by many Spiritist Centers throughout the North Eastern region of The United States. It happens during the summer vacations and consists of many educational and integralizing activities. It is an opportunity of work in family with Jesus. This year's retreat will be on July 8th. Breakfast will be served at 9am and the end of the activities will be at 5pm. All meals are provide by the organization of the event.

Date: July 8th, 2007

Time: 9am - 4pm

Place: Old Mine Park, Old Mine Rd.
Trumbull, Connecticut

For more information:

e-mail: info@familyspiritistretreat.org
website: www.familyspiritistretreat.org

Phone:

Eduardo Guimarães (NY): 1 718 729 3034
Luciane Vieira (CT): 1 203 791 1750
Mica Cagnani (CT): 1 203 460 1081
Nahur Fonseca (MA): 1 857 472 2922
Silca Bernardes (NJ): 1 201 889 2165

... in Virginia



On June 19, Vanessa Anseloni, *PsyD, PhD*, gave the first Spiritist workshop in Tysons Corner, Virginia. The title of the presentation was *The Spiritual ABC's of Stress, Anxiety and Depression*. Monthly workshops on Spiritist themes shall be conducted at the facility of the Tysons Corner Healing Center .

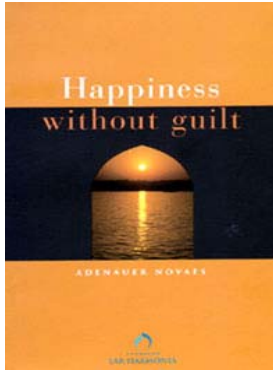
... in Boston - MA



On June 22, the Allan Kardec Spiritist Society of MA (AKSS-MA) invited Vanessa Anseloni to give a workshop in their workshop series. The title was *Mediumship: Gift or Mission ?* Visit AKSS-MA website for future events: www.akssma.com

To announce your Spiritist event (upcoming or past one), please submit a brief information with/ without photos to:
ssb@ssbaltimore.org

Spiritist Books/CDs

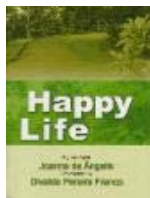


Happiness Without Guilt

by Adenauer Novaes

This book is a little manual of help to those who are in search of happiness. It has diverse reminders to make easier the comprehension of being happy. It is not a treatise addressed to the intellect, but, little tips of practical application in daily life. To comprehend it

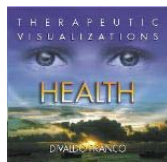
better, it is necessary to let the heart available. 143 pages - Fundação Lar Harmonia.



Happy Life

Divaldo Franco/
Joanna de
Angelis

This book is for your day-to-day use. With beautiful inspirational messages, each page of this little book brings joy and comfort to all events of life.

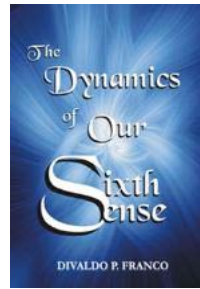


Therapeutic Visualizations

- Health - CD
Divaldo Franco

This CD is a unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health...

(Voice: Greg Stewart)

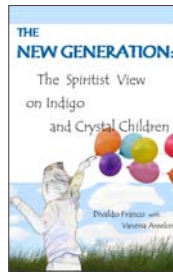


The Dynamics of Our SIXTH SENSE

by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the *1 Spiritist Weekend in Lily Dale*, sponsored by the Lily Dale Assembly.

This workshop represents an unforeseen study of our sixth sense, our mediumship. Divaldo Franco provides us with the definition of mediumship, its types, and its therapeutic features. Through his personal experiences, he enlightens us with considerations on the role of mediumship and its charitable purpose. The core of his teachings was of love and kindness. The end of the workshop was blessed with an uplifting trance channeled message of *Dr. Bezerra de Menezes* through Divaldo Franco's extraordinary mediumistic ability.



THE NEW GENERATION: the Spiritist View on Indigo and Crystal Children

by Divaldo Franco and Vanessa Anseloni

This book was written by the great spiritual leader and humanitarian Divaldo Franco and the neuroscientist and Spiritist Vanessa Anseloni. This book encompasses a never-before put together multidisciplinary view on the challenges faced by the new generations. It brings relevant information in the areas of Neurosciences, Psychology and Spiritism to help people understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful one.

Go online to order these books at www.ssbaltimore.org/bookstore

International Event

SPIRITIST DOCTRINE: 150 YEARS OF LIGHT AND PEACE

5 SPIRITIST
WORLD
CONGRESS



CARTAGENA, COLOMBIA
OCTOBER 10-13, 2007
CONVENTION CENTER OF CARTAGENA

PRODUCED AND ORGANIZED BY THE INTERNATIONAL SPIRITIST COUNCIL (ISC)
CARRIED OUT BY THE COLOMBIAN SPIRITIST COOPERATION (COESPIC)
WITH THE SUPPORT OF THE SPIRITIST FEDERATION OF THE ATLANTIC COAST (FECLA)

INFORMATION:
ISC SECRETARIAT
Av. BOLÍVAR 100A
Tel: 25-52331-2750
www.ssbaltimore.org
E-mail: info@isc.org
www.ssbaltimore.org

ORGANIZING COMMITTEE
Av. BOLÍVAR 100A
Tel: 25-52331-2750
www.ssbaltimore.org
E-mail: info@isc.org
www.ssbaltimore.org



WWW.SPIRITIST.ORG



Spiritist cartoon

Clésio 035

END



FAMILY DAY Picnic Fund-raiser

Sunday, August 19th, 2007
11:00 AM to 4:00 PM

Rocks State Park
Rocks Hills Grove Shelter
3318 Rocks Chrome Hill Road
Jarrettsville, MD 21084

For more information:
www.ssbaltimore.org
ssb@ssbaltimore.org
(410)382-5328



Activities:
12:30 PM - Relay Race
2:00 PM - Scavenger Hunt
3:15 PM - Capture the Flag

Tickets:
\$15.00 (above 12 years old)
\$7.00 (6 - 12 years old)
Free (below 6 years old)
\$2 entrance fee (not included in ticket price)

Directions to Rocks State Park:

From the South:

- Take I-95 north
- Take Route 24 exit
- Continue north on Route 24 through Bel Air, Rock Spring, and Forest Hill
- The Park is located approximately 5 miles north of Forest Hill
- Turn left on Saint Clair Bridge road
- Rocks Hill Grove Shelter is located off this road (see arrow in the map)

From the North:

- Take I-95 south
- Take Route 24 exit
- Continue north on Route 24 through Bel Air, Rock Spring, and Forest Hill
- The Park is located approximately 5 miles north of Forest Hill
- Turn left on Saint Clair Bridge road
- Rocks Hill Grove Shelter is located off this road (see arrow in the map)



Special workshop

The dynamics of our sixth sense

by Vanessa Anseloni

Inspired in the book *The Dynamics of Our Sixth Sense* by the renowned Spiritist medium Divaldo Franco, this workshop brings hands-on information and practical insights on the power of our minds and its infinite abilities to perceive the world within and around us. In this venue, mediumship is presented as a therapeutic tool for humanity's greatest problems.

Saturday July 28, 2007
7:30pm -9:15pm

Location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, Suite 300
LUTHERVILLE, MD 21093

***Spiritist Education for children above 4 years old are provided during the workshop**

This event is sponsored by the
Spiritist Society of Baltimore, Inc.
For more information, please call 410-382-5328

JOIN OUR ACTIVITIES

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every
Monday from 7pm to 7:45pm.

Mediumship Educational Meetings (by invitation only)

These meetings take place every
Monday from 8:00pm to 9:30pm
for the study and practice of
mediumship according to
Spiritism.

TALKS on THE SPIRITS' BOOK

A tribute to the 150th anniversary
to help us deepen our knowledge
on Spiritism. - Open to the public,
every **Thursday** from 8:00pm to
9:30pm.

Therapeutic Moments

Every **Saturday** 7-8pm,
**except on the day of our
monthly workshops**

Please, contact us for more info.
Phone: 410 - 382-5328 or
410-837-0991
e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

2007 SSB Calendar

JULY

12 - **Controlling influences**
(Talk on the Spirits' Book)

14 - **Prayer of Caritas**
(Therapeutic Moments)

19 - **Presentiments**
(Talk on the Spirits' Book)

21 - **Look After both Body
and Spirit**
(Therapeutic Moments)

26 - **Natural Phenomena
and Occult Powers**
(Talk on the Spirits' Book)

28 - **The dynamics of our
sixth sense** (workshop)
by Vanessa Anseloni

AUGUST

2 - **Natural Phenomena and
Occult Powers**
(Talk on the Spirits' Book)

4 - **Whoever Has will be Given More**
(Therapeutic Moments)

9 - **Occupation and Mission of
Spirits**
(Talk on the Spirits' Book)

11 - **The Power of Faith**
(Therapeutic Moments)

16 - **Kingdoms of nature**
(Talk on the Spirits' Book)

18 - **Religious Faith; The State
of Unshakable Faith**
(Therapeutic Moments)

19 - **FAMILY DAY**
(Fundraiser and Picnic)

23 - **Divine or natural laws**
(Talk on the Spirits' Book)

25 - **Spiritual influence: who is
in control?** (Workshop)
by Vanessa Anseloni

30 - **Law of Worship**
(Talk on the Spirits' Book)

UPCOMING EVENTS

2007 WORKSHOP SERIES

Jun 30 - Feeding the body and the soul

Jul 28 - The dynamics of our sixth sense

Aug 25 - Spiritual influence: who is in control?

Free Admission !!!

Spiritist activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time: 7:30 pm - 9:15 pm



Thursdays @ 8:00 pm
Saturdays @ 7:30 pm

US Eastern time
website:

www.ssbaltimore.org

Check it out!

OUR SERVICES LOCATION

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1300 York Rd - Building C, 3rd Floor
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SpiritistNews

Year 5, Issue 4, July/August 2007



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Mailing Address:

Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

REVIEWER:

Lisa Pellegrino, M.A.T.

From East to West: Spiritism is finally taking off in the U.S.!

New centers, new faces, more people involved in this beautiful movement that is bringing compassion, heart-centeredness and charitableness to higher levels in America.

SPIRITISM

a message of solidarity and peace



In this issue of *SpiritistNews*, we report great news on the Spiritist expansion in the U.S. In the west, the Spiritist Society of San Diego was just founded through the efforts of Anisio and Susana Resem. In the East, The Inner Enlightenment Spiritist Society was just launched on August 7, 2007. These summer months have been a beacon of light in the Spiritist movement. Unity among Spiritists throughout the United States has increased its prosperity and efficacy in spreading the message that promises to transform lives in America!

Spiritual Influences

The topic of controlling influences is a very serious one. To consider the roles that spirits have in our lives is to deeply contemplate ourselves and all that occurs around us... *pgs. 2 and 3*

Books that change lives

In the letter to the editor section (*pg. 2*), you will read two small, but uplifting, testimonials of people who is incarcerated. They reported how their concept of life have changed after read spiritist books.

Is God a Reality?

God is not an invention or a by-product of human education or culture. Rather, the natural intuition of the divine by primitive societies indicates that the existence of God is intrinsic to the human spirit... *pg. 4*

What really happens during war?!

Being physically distant from the battlefields may give us an apparent feeling that no war is actually taking place. In spite of that, as the years go by, a great number of American families are resenting the effects of the war... *pg. 5*

Spiritist Events increase in the U.S.

From the east to the west coast, more Spiritists are taking the challenge to bring the Spiritist teachings to a larger audience in America. From retreats to workshops, the message has been spread faster than ever in the last two months... *see pgs. 6 and 7*

Upcoming Events

Get ready for more events in the U.S.! In the next few months, workshops, talks, events and special celebrations will take place in several locations... Find one closest to you and join this banquet of peace and harmony! *see pg. 8.*

Be calm.

Life, as a state of struggle, can be good;
but the state of war is never a life.

- Andre Luiz/Chico Xavier

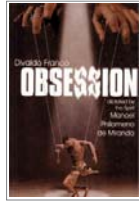
Spiritism in the news

The Spiritist view of indigo and crystal children has brought interest of the media in Buffalo, NY. Read more on *pg. 8.*

Controlling Influences

The topic of controlling influences is a very serious one. To consider the roles that spirits have in our lives is to deeply contemplate ourselves and all that occurs around us.

I read the book *Obsession* by Manoel Philomeno de Miranda/Divaldo Franco, which I highly recommend to anyone interested in the impact and degree of controlling influences in our lives. It provides a perfect example of how our lives can be affected by spirits and how many people close to us, including loved ones, medical providers and clergy, are so unaware of the origin of the trouble.



The Spirits' Book is another priceless resource that provides an enormous amount of answers. Before finishing one question and its answer, I found myself racing to the next for deeper clarification. I wanted more. I was very thirsty for what I read. The words are easily digested and understood, to-the-point and honest.

On a personal level, I gained a deeper meaning between simple obsession, fascination and subjugation, and tools for how to recognize each form. While understanding how spirits influence

our lives, it is shocking to realize the magnitude of their reach on so many unsuspecting incarnates. Being more aware of this, I feel a great sense of urgency to assist the good spirits completely in order to help others. Now more than ever, I am compelled to share the words and Spiritist philosophy.

It is true that if we all work together, we can do much good. I feel now the importance of being vigilant and “on guard” in my daily routine for my own personal awareness. The tools I learned from the above mentioned books are extremely important: inner transformation, resistance, perseverance, prayer, passes are tools we all can incorporate into our lives in order to overcome the influences of negative spiritual influence.

Prayer for the suffering and frivolous spirits is also essential. It has given me in my own life great peace in many personally difficult moments. By praying for those who are persistently negative, incarnates and discarnates, I can lift the heavy blanket of despair from my body. As I pray for the suffering spirits and feel the relief brought, I say a prayer of thanks to God for being so kind. ■

- by Becky Stafford



*Every seed bears its fruit,
but the fruit of the good
seed is always sweeter.*

- *The Spirits' Book*, q & a 810

LETTER TO THE EDITOR

Julio Carvalho, president of the *Divine Light Spiritist Center* in New Jersey, works at the Mental Health Department of the Unity County Jail in Elizabeth, NJ. Therein, he has been able to establish a beautiful program of assistance in which he also gives Spiritist books to the inmates. It has been a therapeutic approach for the souls of many who face challenges. Below, you will read some of the letters that the inmates wrote to Julio in gratitude to the Spiritist teachings they have learned.

LETTER #1

Brothers and sisters, This letter is to express my gratitude for the literature I've received and for the interest you've taken in offenders such as myself. "The door to repentance has been opened to me through this newly obtained knowledge." The Spirits' Book was very informative. That alone with

the Holy Bible, which I had already taken a huge interest in. During my moment of outer desperation (hopelessness), Christ seemed to be the only one I could turn to. He has been with me ever since...

This information has turned me into a new creature. "I can no longer claim ignorance." I know now that I have a duty, an obligation to uphold. There is work to be done. "God works" through ministry, through my testimony. I believe of course I can save many souls...after I save my own.

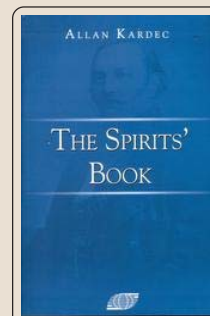
The Spirits' Book is a great instructional manual, explaining just how to piece together life. I have wasted enough time selfishly overindulging in vices. So, to make up for the time I have lost, I plan to do good. Others need my help. The conquest for spiritual purification is at hand.

*Seeking progress,
- Frederick James McBrim*

LETTER #2

"I've finished reading [the book] Obsession [by Divaldo Franco] and [I'm] ¾ way through The Gospel According to Spiritism. I would appreciate the opportunity to discuss it with you. I'm full of questions yet full of joy. The understanding I'm gaining to the vastness of "love"; it's awesome. Love really does conquer all. Here, there and everywhere...

*Thank you,
- Lorrie Mortarulo*



The Spirits' Book,
by Allan Kardec,
was published in Paris,
France on April 18, 1857.
It contains 1019
questions and answers.

**This year we are
celebrating its 150th
anniversary.**

BLAMING OTHERS

It is human nature to blame others for the problems that we face throughout life. We insist in looking for an excuse not to take ownership of our own condition. In doing so, we continually deteriorate our relationships because we always try to blame others for our suffering. However, it doesn't stop at the physical level. Once we gain knowledge of spiritual influences, we tend to blame them as well for the sufferings that we experience.

The life condition that we face today is certainly a product of our past. However, before reincarnating most of us have the ability to plan the major events of our lives, our objectives, health, family, and even wealth. During our stay here on earth these events will unfold naturally with the enlightenment of our Mentors or Spiritual Guides. They will guide us and help us to overcome the obstacles that we may have to face. This enlightenment or influence does not come in the form of a miracle, but through subtle ways that we may perceive as a thought, a feeling, or even indirectly through another person. Let us not forget that our Mentors will never overstep the Natural Laws and they will always respect our ability to choose, our FREE WILL.

By analyzing other conditions, we face the problem of negative influences. In many cases, these influences are allowed by our Creator to test our self-control. These unwanted spirits may be attracted by our thoughts during this life time or may even be enemies from our past. The unwanted influences will continue until we maintain a connection with these spirits. In most cases these influences are based on our behaviors and vices which attract the unhealthy spirits. However, instead of looking for the answers for our problems within us, we tend to blame others for our physical and spiritual unbalances. Many individuals who accept the spiritual thought

believe that we can stop or cease these bad influences by bargaining with spirits and give them offerings or material goods. In other cases, they even believe that they can deceive spirits by changing a physical aspect of their lives i.e., changing home furniture, rearranging rooms or even physically moving to another home. But, this is not true because our connection with these spirits is established inside of us by our thoughts, feelings and actions.



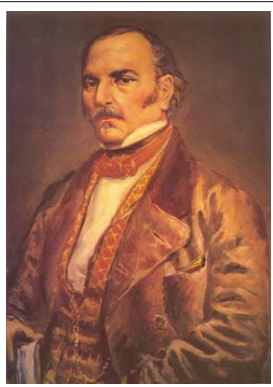
In *The Spirits' Book*, second part of the question 531, Kardec asks - *Can we end this kind of persecution? And if so, how?* - The superior Spirits then give us the following enlightenment - "*Often you can do it by praying for them, returning good for their wrong-doing, and gradually making them see that their actions are mistaken. In all cases, if you can show that you have the patience to rise above their antagonism, they will stop attacking you, since they have nothing to gain by continuing.*"

This idea of praying for others is not only a great new start, but is also a way to take responsibility for our wrong doings, allowing ourselves to forgive and to be forgiven. In addition to the lovely guideline mentioned above, we can seek good relationships, moral, intellectual, and spiritual education, and always connect with God.

God, the Supreme Intelligence, the First Cause of all things, gives us the ability to plan our reincarnation with our Mentors who willingly guide us during our earthly stay. Also, He allows us to carefully fix unfortunate problems of the past, letting us make our own choices. Let us not, then, blame others for our problems when we know that they result from our own stubbornness and mistakes. ■

- by Leonardo Vieira

Spiritist Facts



1861 - The first edition of *Le Livre des Médiums* [*The Mediums' Book*] is published on January 15. This work comprises Spiritist teachings concerning all kinds of spiritual manifestations, the means with which to communicate with the invisible world, how to develop mediumistic skills, and the difficulties that could arise while attempting to communicate with Spirits. It can be considered the logical continuation to *The Spirits' Book*.

1861 - The second edition of *The Mediums' Book*, revised and corrected with the aid of the Spirits, is offered to the public. This new edition also presents a large number of new comments and instructions.

1861 - On October 9, Bishop Antonio Palau y Termans orders Allan Kardec's books to be burned at a public square in Barcelona, Spain, for being contrary to the Catholic faith.

1862 - Allan Kardec publishes *Le Spiritisme à sa plus simple expression* [*Spiritism in Its Simplest Form*] in February. It presents a summary review of Spirits' manifestations and their teachings.

1862 - *Voyage Spirite en 1862* [*The Spiritist Voyage of 1862*] is published. The work contains observations concerning the general state of Spiritist affairs; instructions given by Allan Kardec to various groups throughout Europe; and instructions as to the formation of groups and societies, as well as model guidelines for their operation.

The Spiritist Review - special edition celebrating Allan Kardec's bicentenary (1804 - 2004) - Published by the International Spiritist Council - ISC.



"Reason requires that an intelligent effect must have an intelligent force as a cause." - Allan Kardec (in *The Spirits' Book*)

A sentence for meditation....

"God is a reality Who is constantly present at our side".

• God is a reality...

God is not an invention or a by-product of human education or culture. Rather, the natural intuition of the divine by primitive societies indicates that the existence of God is intrinsic to the human spirit. Of course, our comprehension of the divine evolves over time and is affected by human culture. The adoration of "Ra - the sun god" by the Egyptians markedly differs from the current Spiritist understanding of a Supreme Intelligence that is "eternal, infinite, unchangeable, immaterial, unique, all-powerful and sovereignly just and good". Like children progressively learning at school, through multiple reincarnations our comprehension of God's laws evolve. Certainly, we do not comprehend all of God's attributes, but we are able to comprehend that God cares about us.

• ... Who is constantly present ...

The establishment of God as something real, albeit not material, does not indicate if God is involved in our current existence or not. This is the idea, unfortunately expressed by many, who believe in God, but represent him/her as an old being with a long, white beard at the top of a mountain and distant from the human struggles on Earth. Fortunately, nothing could be more distant from reality. As Jesus explained:

"Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him! So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets" (New International Translation, Matthew 7:9-12).

Therefore, God, through the governor of our planet, Jesus, and all of the superior spirits involved in overseeing our learning experiences of Earth participate daily in our existence. They oversee all of our activities, as incarnates or discarnates.

• ... at our side.

Once we have established that God is real and involved continuously in our experiences on Earth, we can ask the age-old question

about the nature of suffering: What is the meaning of suffering? What is the purpose of difficulties, sufferings, unfortunate situations in life? How about all the sorrows and sufferings in the world? If God is so loving, and we are children of God, shouldn't we enjoy a more perfect, harmonious existence, free of wanting and suffering?

There are several answers to the nature of suffering on Earth. Some of them are: **(I)** the sufferings that we experience now are a natural consequence of mistakes we committed in previous lives. They do not represent a punishment by God, since what is infinite (God) does not punish what is so finite and limited (us). However, these sufferings are effects of our own actions and choices. Therefore, they represent an opportunity for us to learn better, to re-think and re-address our choices; a second chance for us. **(II)** As proposed by the Christian author C.S. Lewis in the book "*Mere Christianity*", the argument that we should live free of any wanting or suffering on Earth is based on the assumption that such a condition is in our best interest. As explained in "*The Spirits' Book*", the problem with this assumption, is that our perspective in the spiritual realm differs from our current perspective on Earth, therefore what we consider as "sufferings" can be in fact opportunities of change and re-thinking. **(III)** Suffering serves on Earth as a powerful incentive for change. As many people will admit, it is common to change our diet and incorporate more healthy fruit and vegetables only after an unhealthy condition is developed. Similarly, many will quit smoking only after being diagnosed with cancer. Had we not experienced that, we would continue to make the same mistakes indefinitely.

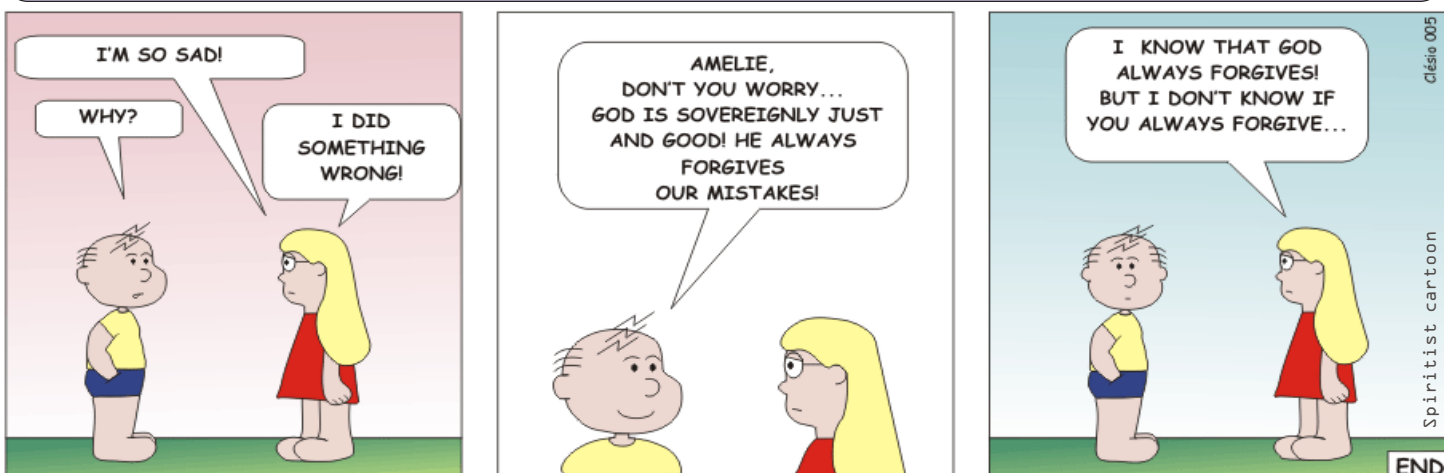


In summary, let's follow the advice of the Superior Spirits and look out for the necessary changes in our lives before we need to endure painful experiences, developing our faith and understanding that God cares passionately about our existence, maintaining our faith in God even at the deepest moment of this existence, and giving God praises for all the happy moments that we also experience together on Earth. ■

- by Luis E. F. Almeida

"True Spiritists can be recognized by their moral transformation and by the efforts they make to overcome their bad tendencies."

- Allan Kardec, in: *The Gospel According to Spiritism.*



War has more than our eyes can see...



Being physically distant from the battlefields may give us an apparent feeling that no war is actually taking place. In spite of that, as the years go by, great number of American families are resenting the effects of the war. When death does not take their lives, other types of death present themselves. Social, psychological and even spiritual deaths are new elements to be faced by thousands or, we may say, millions of Americans. Marriages are being challenged, as the combatants return home. Parenthood becomes an agonizing role in face of the conflicted emotions carried by heavy loaded memories of the horrifying fields of war. These and other problems bring the war zone to the doors of many American families.

Another factor is haunting America as an effect of the war. It is its spiritual reality. "The battlefield lines seem to extend into the lower regions of the spirit world. The volume and detrimental qualities of the vibrations that reach us are so intense that even the strongest goodwill becomes weakened." These words are taken from the book *The Messengers* written mediumistically by the great medium Chico Xavier. The spirit author is Andre Luiz. In the explanation, we begin to understand why many people nowadays are being challenged in their will. The vibratory fields are heavily loaded with "tremendous anger and grief" due to the battlefields existent nowadays.



"Bloody battles are being fought on the planet, and not just on the fields of battle, but also in the fields of thoughts and words, through anger and hatred. The armed conflict is everywhere. There are those who fight in the line of fire and those who fight in the lines of harmful thoughts by endlessly debating the situation. With war in everyone's mind, very few men and women lift their thoughts to a higher spiritual plane. As a natural consequence, dark clouds consisting of mental fragments of hateful and cruel individuals now accumulate, intensifying the magnetic storms."

Despite all that, enlightened and good-willed Spirits work very hard to control the magnetic storms formed by the destructive mental currents mentioned above. The role of those kind and loving Spirits

is to "prevent those storms from spreading lethal vibrations, which would catalyze a brutal expansion of mental illness and epidemic diseases."



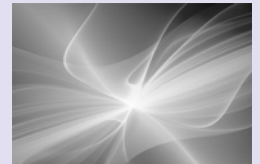
In the meantime, spiritual colonies struggle "to meet even the minimal needs of the newly deceased who come from the battlefields." As reported by Andre Luiz, the groups of deceased spirits in these conditions are transported to different areas of the spiritual colonies to be treated from the traumas of the war. And he adds that if it weren't so, "the gatherings of those suffering spirits would be fatal for those who remain incarnated. They would generate a focal point of disharmony, with unpredictable results."

In reality, there are no winners in a war. From the spiritual view, it is even worse. Both sides become more interdependent.

"We pay a high price for our disagreements and dislike of each other. War is an act of great violence that mesmerizes not only the people on Earth, but also immense populations within the invisible spheres. Those who do not use guns to kill in battle, brandish speech and thought as weapons of emotional destruction. All of us, will pay a price."

BASKETS OF LIGHT PROJECT

In order to minimize the price of the war that we shall collectively pay, let us counterbalance the magnetic storms formed by the battlefields on Earth. The project Baskets of Light is this opportunity. Every Monday, at 7 PM, meditate and visualize **baskets of light** filled with ointments and remedies that shall be given to the Spirit doctors, nurses and therapists who, in turn, will carry them to the war zones in order to relieve the pain and anguish, promoting healing for peace.



We invite you to join us either by yourself or with your organization or group. Let us promote peace, the true peace that vibrates harmony beyond words! ■

- by Vanessa Anseloni



Events in the U.S.

The 4th Family Spiritist Retreat

There was a special kind of look in the eyes of the people who went to the Fourth Spiritist Family Retreat, last July 8th, at the Old Mine Park in Trumbull, CT. Family and friends from the Spiritist Centers all the way from Massachusetts to Connecticut, from Maryland to New York and New Jersey were happier than usual. Even the park rangers praised the group saying they were very joyful and organized.

The sunny day was a blessing from God to complete the scene of that wonderful Sunday, in contact with Mother Nature. As the families kissed and hugged each other to the tunes of "The House of the Sun", it was possible to see the expression of fraternal love in every one's face.

The idea of the Family Spiritist Retreat came after the second meeting of Educators of Spirits - another event organized by the spiritist centers of the Northeast of the USA. They wanted to make a special event for children and teenagers, but decided to include the entire family instead, for it was easier to bring the whole group to a park than bringing only the youngsters. Since then, there have been around three hundred people every year who participate in this event.

This is the fourth edition of the Family Spiritist Retreat. In previous years, we have studied "Educating for Peace and Love in Family", "Fraternity in Family", and "Liberty and Discipline". All the previous events were organized with three languages: English, Portuguese and Spanish. This year, however, more emphasis was given to the English language, since we wanted to quicken the announcements and strengthen the Spiritist Movement in the English language in the United States.

The first activity of this year's retreat was to create a choreography with the theme: "My family is a team". Every body was surprised with the dedication and expressiveness of the youngsters. The apex of emotion, however, was yet to come with the performance of the adult

groups. Dancing to Italian, Brazilian and American songs, they made everybody laugh, clap, sing and cry, as they demonstrated that love alone is capable of helping the families couple with the hardest struggles in life.

In the afternoon, the families were asked to plan their reincarnation amongst a group of extended family members of twenty Spirits who were identified by a ribbon around their wrists. Then, they were required to overcome together a series of trials and atonement, like building their own house, running through obstacles by jumping in pairs inside a sack, and spelling the letters of a virtue while skipping rope with the help of other families in the mini-community of the park. After each accomplished task, they would receive one or more bills of hour-bonus, according to their merit. The analogy with the Earthly existence was perfectly matched, with lots of confusion, exciting and frustrating moments and accidents.

In the end, each family member placed their earned hour-bonuses on a big puzzle to form an amplified picture of Jesus. Many were flabbergasted by this grand finale. It was as if He had been watching over us during that short representation of life. Some pieces of the puzzle, however, were missing, showing to us that every

one's part is important, as small as it may seem.

Many good memories will stay in the minds of every one. We have heard from some children that they do not want to only participate, in the next year's retreat, but they want to help with its organization too. Some people are still using the ribbon around their wrists, as a reminder of those lovely moments lived as a family during the retreat.

- by Nahur Fonseca

(Fernanda Ferreira and Eduardo Vasconcellos contributed to this article)



Some pictures from the 4th Family Spiritist Retreat that happened last July 8th, at the Old Mine Park in Trumbull, CT. More than 350 people participated in the retreat. To see more photos, please go online at: www.ssbaltimore.org/Photos/2007/family-retreat-CT

Everybody can be great because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.
— Dr. Martin Luther King Jr.

"If I had waited for a more evolved spiritual condition to be of service, I would, as yet, not have commenced."

- Chico Xavier

Auta de Souza Fraternal Meeting in MA

The 1107th **Auta de Souza Fraternal Meeting** was held in Marlboro, MA, on July 22, 2007. The central theme was Reincarnation and the keynote address was given by Vanessa Anseloni when she talked about *Reincarnation – Path to Freedom*. The successful event gathered about 200 people from different cities in the United States such as Somerville, Lowell, Foxboro, Peabody, New York City, and Baltimore. The event also had 2 speakers from Manaus, Brazil. The whole event was organized and sponsored by the Allan Kardec Spiritist Society of Marlboro.

The meeting was very energetic with lots of spiritist music on the theme reincarnation. The enthusiasm of the meeting was viewed, for the first time, through live webcast thanks to the coordination of Daniel Santos, responsible for the U.S. branch of the International Spiritist Council's webTV.

In the afternoon, the attendees were given the opportunity to choose one of four specific courses, among them: *Parenthood for Modern Times* by Vanessa Anseloni; *Endearing Gems from Francisco Cândido Xavier* by Jussara Korngold; *Reincarnation and obsession* by Cesar Campos Borges; and *Spiritist View of Physical/Mental Disabilities* by Marcelo Mouco Fernandez. The first two courses were held in the English language, whereas the last two happened in Portuguese. In the meantime, children and youth also had their courses taking place. At the end of the meeting, children and youth presented a play and song related to the central theme of the meeting.

This was the second time that the Auta de Souza Fraternal Meeting took place in the United States. The seed for the third one was planted as many leaders of the northeast U.S. spiritist centers were present. The main goal of future meetings is to keep focusing on spreading the word to the English speaking public.

- Gabriela Ferreira



Spiritist Directors and Workers' Meeting in MA

On Saturday, July 21, the day before the Auta de Souza Meeting, several Spiritist directors and workers of the region of Massachusetts got together for a workshop conducted by Vanessa Anseloni (president of the Spiritist Society of Baltimore) at the headquarters of the Allan Kardec Spiritist Society of Marlboro, MA. The workshop was entitled *The Spiritist Therapy for Immigrants* and its main goal was to bring insights and strategies for directors of Spiritist centers so they can empower their community of immigrants to live a better life.



To read the biography of Auta de Souza and to see more photos of this event, please go online at www.ssbaltimore.org/Photos/2007/Auta-2007/

SPIRITIST SOCIETY OF SAN DIEGO

The Inaugural Workshop Series was a great success

On July 24th, 2007 the Spiritist Society of San Diego (SSSD) held their last workshop of our "Inaugural Series". The title was "Nosso Lar, Stories about an Afterlife Home". They began the series on July 3rd with "Science and Spiritism", then on July 10th "Demystifying Mediumship" and on July 17th Bernadete Leal awarded us with a great lecture on "Inner Transformation".

"We would like to share with you that we are extremely happy with the wonderful and inspiring group that has blessed us with their presence in our services. We received a lot of support and encouragement to continue the work and expand our activities going forward. Therefore, we have no option other than consolidate and expand the Spiritist Society of San Diego. For that, we ask God to give us courage and balance and the Higher Spirits to support us in every step of the way." – said Anisio Resem.

For more information on the SSSD activities please go to: www.sssandiego.org



NEW SPIRITIST SOCIETY IN NEW YORK

Inner Enlightenment Spiritist Society

On August 7th, 2007, a new spiritist center was born in the USA. The **Inner Enlightenment Spiritist Society** was founded by Eduardo Guimaraes and friends. This is the second spiritist society in New York to offer all of its services in the English language only. The opening ceremony happened on their temporary space at 29-28 Newtown Avenue, Astoria, NY, 11106. The keynote address was given by Julio Carvalho, president of the *Divine Light Spiritist Center* in New Jersey. For more information, please contact them at 1-718-729-3034 or innerenlightenment@yahoo.com. Their website will come soon!



Allan Kardec Spiritist Society of Massachusetts - AKSSMA Workshop Series



On July 27th, Mauricio Cisneiro visited the AKSSMA. There he presented a workshop entitled "Action and Reaction: Dynamic Karma". Mauricio was one of the founders of the Christian Spiritist Study Center in Pompano Beach-FL. He is actively involved in the State's Spiritist Federation as its vice president and is one of the directors of the United States Spiritist Council.

Check the AKSS-MA website for a list of upcoming workshops in English: www.akssma.com

UPCOMING EVENTS

Special Spiritist Event in Long Island, NY

The Spiritual ABC's of Anxiety, Stress and Depression

by Vanessa Anseloni

Those Left Behind Understanding Suicide from a Spiritist View

by Jussara Korngold



Saturday, Sep 22, 2007
1:30pm - 4:30pm

Sponsored by:

Long Island Spiritist Doctrine Study Group

Call for more information: (631) 750-5419

website at www.lispiritistdoctrine.com

A special workshop

The Dynamics of Our Sixth Sense

by Vanessa Anseloni

Inspired in the book *The Dynamics of Our Sixth Sense* by the renowned Spiritist medium Divaldo Franco, this workshop brings hands-on information and practical insights on the power of our minds and its infinite abilities to perceive the world within and around us. In this venue, mediumship is presented as a therapeutic tool for humanity's greatest problems.

Tuesday, Sep 11, 2007
7:30 - 9:00 PM

Tyson's Corner Healing Centre
8206 Leesburg Pike, Suite 201
Tysons Corner, VA 22182

(Next to Bed Bath & Beyond) Free parking front,
back lots and Bed Bath & Beyond's parking lot)

- FREE ADMISSION -

For more info, please call
703-288-1702 or 410-382-5328.

Sponsored by Tysons Corner Healing Centre &
Spiritist Society of Baltimore
www.tysonscornerhealingcentre.com
www.ssbaltimore.org

Sunday, Sep 30, 2007

Inner Enlightenment Spiritist Society

- New York -

For more information, please
contact at

1-718-729- 3034 or

innerenlightenment@yahoo.com.

Vanessa Anseloni, Psy.D., Ph.D. - Neuroscientist and Assistant professor, president-founder of the Spiritist Society of Baltimore, Vanessa is a fifth-generation Spiritist, medium and lecturer in the U.S.

USSC Double Celebration

150th Anniversary of the Spirits' Book

10th Anniversary of the
United States Spiritist Council

18 November 2007
10:00 AM - 6:00 PM

Marriot at Metro Center
775 12th Street, NW
Washington D.C., 20005

Admission is free and registration
is required. Participants
can register at the USSC's website,
via U.S. Postal Service using the form on
the flyer or by FAX at (240) 453-0361.

The United State Spiritist Council (USSC) will promote a double celebration on **November 18, 2007 - 10AM - 6PM** in Washington, DC. The meeting will celebrate the 150th anniversary of The Spirits' Book and the USSC 10th Anniversary.

The meeting will have the presence of the two renowned Spiritist Mediums from Brazil: Divaldo Franco and Prof. Raul Teixeira.

For information on registration and the whole program, please visit the USSC website at:

www.usspiritistcouncil.com

Spiritism in the News

Vanessa Anseloni is interviewed at radio and TV stations in Western New York



On July 23rd, while participating at the Auta de Souza Fraternal meeting in Marlboro, MA, Vanessa Anseloni Psy.D., Ph.D. was interviewed on the phone by Ellen Bourn's talk show "Cosmic Connections" on **WKBW 1520, Buffalo, NY**. Great interest was drawn to understand the Spiritist view on indigo and crystal children.



Four days later, on July 27th, Vanessa Anseloni was also interviewed at **ABC local and live TV program AM Buffalo (NY)** by its host Linda Pellegrino. The president of Lily Dale Ellen Bourn was also on the show. As with the radio station, the focal point of the TV interview was related to the understanding of the Spiritist view on indigo and crystal children. The public at large asked Dr. Anseloni questions over the phone during the interview.



Thursdays @ 8:00 pm
Saturdays @ 7:30 pm

US Eastern time

website:

www.ssbaltimore.org

Check it out!

For more information on Spiritist Events in:

**VIRGINIA, SAN DIEGO, FLORIDA
NEW YORK, BOSTON, MARYLAND, etc.**

check the following websites:

www.ssbaltimore.org

www.sgny.org

www.sssandiego.org

www.kardec.com/english.asp

www.akssma.com/akssma_english

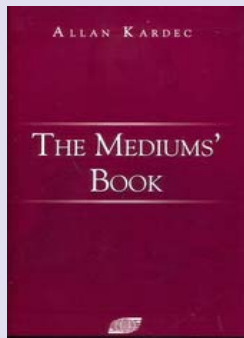
www.ehlael.com

To announce your Spiritist event (upcoming or past one), please submit a brief paragraph with/without photos to:
ssb@ssbaltimore.org

"Spiritism requests us a permanent form
of charity - the charity of its own spreading"

-Emmanuel

Spiritist Books/CDs



New Edition

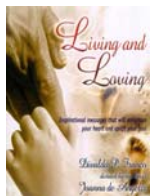
THE MEDIUMS' BOOK

by Allan Kardec

The Mediums' Book is one of the five volumes that comprise the Spiritist Codification. Its author, Allan Kardec, explains that *The Mediums' Book* combines "the special teachings of the Spirits concerning the theory behind all kinds of manifestations, the means of communicating with the invisible world, the development of mediumship, and the difficulties and pitfalls that may be encountered in the practice of Spiritism".

The Mediums' Book is the safest manual for all those who dedicate themselves to activities involving communication with the spirit world.

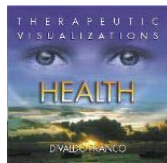
Translated by ISC- Darrel W. Kimble & Marcia M. Saiz - 624 pages - Published by the **International Spiritist Council** - To order this book: www.sgnj.org



Living & Loving

Divaldo Franco/
Joanna de Angelis

This book is for your day-to-day use. With beautiful inspirational messages, each page of this little book brings joy and comfort to all events of life.

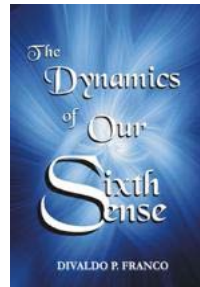


Therapeutic Visualizations

- Health - CD
Divaldo Franco

This CD is unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health...

(Voice: Greg Stewart)

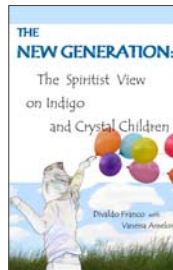


The Dynamics of Our SIXTH SENSE

by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the *1 Spiritist Weekend in Lily Dale*, sponsored by the Lily Dale Assembly.

This workshop represents an unforeseen study of our sixth sense, our mediumship. Divaldo Franco provides us with the definition of mediumship, its types, and its therapeutic features. Through his personal experiences, he enlightens us with considerations on the role of mediumship and its charitable purpose. The core of his teachings was of love and kindness. The end of the workshop was blessed with an uplifting trance channeled message of *Dr. Bezerra de Menezes* through Divaldo Franco's extraordinary mediumistic ability.



THE NEW GENERATION:

the Spiritist View on Indigo and Crystal Children
by Divaldo Franco with Vanessa Anseloni

This book was written by the great spiritual leader and humanitarian Divaldo Franco and the neuroscientist and Spiritist Vanessa Anseloni. This book encompasses a never-before put together multidisciplinary view on the challenges faced by the new generations. It brings relevant information in the areas of Neurosciences, Psychology and Spiritism to help people understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful one.

Go online to order these books at www.ssbaltimore.org/bookstore

TRANQUILITY

1) Begin the day in the light of Prayer.
God's love never fails.

2) Accept any difficulty without much ado.
Today is time to do the best.

3) Work with joy.
The idler, even when appearing to be in a golden pedestal, is a thinking corpse.

4) Do people good as much as you can.
Each creature transits among his own creations.

5) Value the minutes.
Everything returns, except lost time.

6) Learn how to fulfill your duties.
If you don't believe in discipline, observe a car with no brakes.

7) Esteem simplicity.
Luxury is the mausoleum of those who approach death.

8) Forgive unconditionally.
Growing angry is the best way to lose.

9) Be gentle, especially at home.
Try serving members of your family the way you do with visitors.

10) For your own peace, remain loyal to yourself.
Remember that in the day of the Calvary the crowd applauded the triumphant cause of the crucifiers, but Christ, lonely and defeated, was God's cause.

Spirit: **ANDRÉ LUIZ**

Medium: Francisco Cândido Xavier

In: "O Espirito da Verdade" - FEB Edition

International Event

SPIRITIST DOCTRINE: 150 YEARS OF LIGHT AND PEACE

5 SPIRITIST
WORLD
CONGRESS



CARTAGENA, COLOMBIA
OCTOBER 10-13, 2007
CONVENTION CENTER OF CARTAGENA

PROMOTED AND ORGANIZED BY THE INTERNATIONAL SPIRITIST COUNCIL (ISC)
CHAIRED OVER BY THE COLOMBIAN SPIRITIST COOPERATION (COESPIC)
WITH THE SUPPORT OF THE SPIRITIST FEDERATION OF THE ATLANTIC COAST (FEALCA)

INFORMATION:
ISC SECRETARIAT: Av. BOLÍVAR 100A, TEL: 25-62331-2720, BOGOTÁ, COLOMBIA, WWW.SPIRITIST.ORG
ORGANIZING COMMITTEE: Av. 51-5 BOGOTÁ, TEL: 25-62331-2720, BOGOTÁ, COLOMBIA, WWW.SPIRITIST.ORG

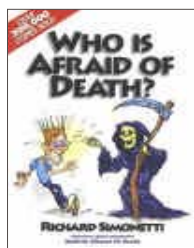


WWW.SPIRITIST.ORG

Special Talk
WHO IS AFRAID OF DEATH?

by Richard Simonetti

Who is afraid of death? offers good-humored insight on death. Richard Simonetti shows that far from being that horrible skull with its sinister scythe tearing our hopes apart, death is only a door that leads us into the spiritual world, where we have come from, where our true nation lies.



**Thursday, September 27, 2007
7:30pm-9:30pm**

Location:

SpiritWorks Resource Center
1300 York Rd - Building C - 300
Lutherville, MD 21093



Richard Simonetti is one of the best-selling Spiritist writers in Brazil. He has many published titles selling out repeated editions. He has brought Spiritism to the general public in a clear and straightforward language filled with picturesque facts and anecdotes.

This event is sponsored by Spiritist Society of Baltimore, Inc. For more information: Phone: 410-382-5328 - e-mail: ssb@ssbaltimore.org - site: www.ssbaltimore.org

Special workshop

Sleep, Dreams and the Whole Nine Yards of the Soul's Emancipation

by Vanessa Anseloni

"The spirit is never inactive. The bonds connecting it and the body loosen during sleep." This interesting workshop sheds light on the following:

- Emancipation of the soul
- Sleep and dreams
- Visits between the spirits of incarnate people
- Transmission of thought
- Lethargy, catalepsy: apparent death
- Trance and second sight

**Saturday Sep 29, 2007
7:30pm -9:15pm**

Location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, Suite 300
LUTHERVILLE, MD 21093

***Spiritist Education for children above 4 years old is provided during the workshop**

This event is sponsored by the Spiritist Society of Baltimore, Inc. For more information, please call 410-382-5328

JOIN OUR ACTIVITIES

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7pm to 7:45pm.

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00pm to 9:30pm for the study and practice of mediumship according to Spiritism.

TALKS on THE SPIRITS' BOOK

A tribute to the 150th anniversary to help us deepen our knowledge on Spiritism. - Open to the public, every **Thursday** from 8:00pm to 9:30pm.

Therapeutic Moments

Every **Saturday 7-8pm**, except on the day of our **monthly workshops**

Please, contact us for more info. Phone: 410 - 382-5328 or 410-837-0991 e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

2007 SSB Calendar

SEPTEMBER

- 6 - **Law of Reproduction** (Talk on the Spirits' Book)
- 8 - **Movie Discussion: Yesterday's Children**
- 16 - **SSB III Annual Retreat**
- 13 - **Law of Preservation** (Talk on the Spirits' Book)
- 20 - **Law of Destruction** (Talk on the Spirits' Book)
- 27 - **WHO IS AFRAID OF DEATH?** by Richard Simonetti (Special Talk)
- 22- **The Parable of the Dry Fig Tree** (Therapeutic Moments)
- 29 - **Sleep, Dreams and the Whole nine Yards of the Soul's Emancipation** (workshop) by Vanessa Anseloni

OCTOBER

- 4- **Law of Society** (Talk on the Spirits' Book)
- 6- **Faith, The Mother of Hope and Love** (Therapeutic Moments)
- 11 - **Law of Progress** (Talk on the Spirits' Book)
- 13 - **Book Discussion: I love myself, I am addiction-free**
- 18 - **Law of Equality** (Talk on the Spirits' Book)
- 25 - **Law of Liberty** (Talk on the Spirits' Book)
- 20 - **Human and Divine Faith** (Therapeutic Moments)
- 27 - **Decoding the Bible with a Spiritist key** (workshop) by Vanessa Anseloni

UPCOMING

2007 WORKSHOP SERIES

- Aug 25 - Spiritual influence: who is in control?
- Sep 29 - Sleep, dreams and the whole nine yards of the soul's emancipation.
- Oct 27 - Decoding the Bible with a Spiritist key.

Free Admission !!!

Spiritist activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop
Time: 7:30 pm - 9:15 pm

OUR SERVICES LOCATION

SpiritWorks Resource Center

1300 York Rd
Building C, 3rd Floor
Lutherville, MD 21093

Stay away from inferior conditions; acquire higher understanding.

- Emmanuel/Chico Xavier (Our Daily Bread, Ch.6, p.26)

Spiritist News

Year 5, Issue 6, Nov/December 2007

10 years of
SSB
1998 - 2008

In this issue:

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New Year, New Thoughts

The beginning of a new year brings new hopes and lots of resolutions. Almost everyone await changes and improvements in their lives. More abundance, less problems is the most expected hope. However, do you know where to begin it? The wise Prentice Mulford, pioneer of the New Thought in the U.S., taught us that a new life begins with new thoughts.

A century and a half before the movie *The Secret* and the many books on the New Age movement, Prentice unveiled in great details the very secret of our lives. In great synchronicity with the Spiritist Thought as found in Kardec's masterpieces, Mulford explains in his phenomenal book *Thoughts are Things* that "New thought is new life." We have true power in our thoughts, because they are as real as everything else we see and touch.

"Persistency in thinking health, in imagining or idealizing yourself as healthy, vigorous, and symmetrical, is the cornerstone of health. (...) When you say "Impossible!" and "I can't" you make a present impossibility for yourself. This thought of yours is the greatest hindrance to the possible. It



cannot stop it. You will be pushed on, hang back as much as you may. There can be no resistance to the eternal and constant betterment of all things (including yourself. (...)) Christ, through power of concentrating the unseen element of his thought, could turn that unseen element into the seen, and materialize food – loaves and fishes. That power is a power inherent in every spirit, and every spirit is growing to such power."

Thus, in 2008, exercise your inner power to a loving and fulfilling life for you and all around you. You just need to begin it with new thoughts!

- The Editors

Published by



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Mailing Address:
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

Investing in your family

The home is the temple of the family.

Children are a divine loan for the construction of a happy future.

All available time should be used to spend time with the family, through dialogue, examples, which thus become the most effective means of education.

The habits acquired at home last a lifetime and are transferred beyond the body.

To educate is to live with dignity, letting the contents of life vigorously impregnate those who take part in family life.

Everything you invest in your home will come back to you according to your investment.

Make your home a workshop where happiness lives.

- From the book *Happy Life* by Joanna de Angelis / Divaldo Franco



Be fraternal to all and everyone...

We are building the future...



FATALISM

- Is there fatalism in the events of life according to the meaning attached to that word; that is, are all events predetermined, and if so, what becomes of free will?

"Fatalism only exists when applied to the choice made by spirits upon incarnating to undergo this or that trial. Upon choosing a particular trial they delineate for themselves a kind of destiny, which is the proper consequence of the position in which they now find themselves. I am referring only to trials of a physical nature.

"As for moral trials and temptations, spirits preserve their free will to choose good or evil and are always able to yield or resist. When good spirits see individuals lose courage, they may rush to their aid but they cannot influence them to the point of eclipsing their will. An evil spirit, that is, a little evolved one, can disturb and frighten them by exacerbating a physical danger. Whatever the circumstances, however, the incarnated spirit still retains its entire freedom of choice."

- There are persons who seem to be pursued by fatalism, no matter what they do. Is it their destiny to be misfortunate?
"There may be trials that they must endure and which they

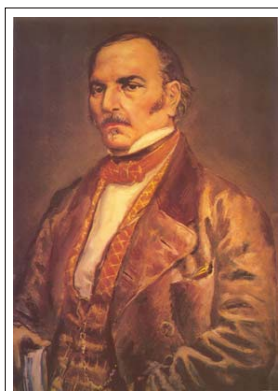


themselves have chosen. Once more you blame destiny, which is almost always a consequence of your own deeds. In the midst of the hardships that afflict you, make sure that your conscience is clear and you will feel partly consoled. The right or wrong ideas that we form about things cause us to succeed or fail according to our character and our social position. We find it easier and less humiliating to our vanity to attribute our failures to fate or destiny than to our own fault. If the influence of spirits sometimes contributes to this, we can always free ourselves from it by repelling the ideas that they suggest to us when such are evil."

The Spirits' Book by Allan Kardec, q&a 851-852. CEI

"SELFISHNESS CAUSES US TO SEE COMPETITORS IN EVERYONE. FRATERNITY FINDS BROTHERS AND SISTERS IN ALL."

-CHICO XAVIER



Spiritist Facts

1869 – On March 31, Kardec disincarnates suddenly and unexpectedly. While meeting with a book distributor in his apartment at Passage Ste.-Anne, Rivail falls victim to a rupture of an aortic aneurysm. His remains are buried at the Montmartre cemetery on April 2, at noon.

1870 – The Druid Monument on his tomb at Père-Lachaise cemetery is inaugurated on March 31.

1883 – Madame Allan Kardec disincarnates on January 21. Two days later, her remains are buried along her husband's at Père-Lachaise.

1890 – *O Euvres Posthumes* [Posthumous Works] is published in January, by the *Société de Librairie Spirite*, in Paris. Edited by Pierre-Gaëtan Leymarie, the book contains texts and articles on various topics, from theoretical essays to descriptions of some of Kardec's Spiritist activities.

The Spiritist Review – special edition celebrating Allan Kardec's bicentenary (1804 – 2004) - Published by the International Spiritist Council -ISC.

Spiritism is a science which deals with the nature, origin and destiny of Spirits, as well as their relationship with the corporeal world.

It is the set of principles, as revealed by the Superior Spirits, contained in Allan Kardec's works, which constitute the Spiritist Foundation: *The Spirits' Book*, *The Mediums' Book*, *The Gospel According to Spiritism*, *Heaven and Hell*, and *The Genesis*.

- Allan Kardec (Taken from *Qu'est-ce que le Spiritisme?* - Préambule) Translated from the original French



"Reason requires that an intelligent effect must have an intelligent force as a cause." - Allan Kardec (in *The Spirits' Book*)

S P I R I T I S M

Meetings and Societies

If Spiritism is to transform humankind – as has been averred – it can only do so by improving the masses, which will happen only gradually, little by little, as individuals themselves improve. What good is it to believe in the existence of spirits if such belief does not make one better, kinder and more accepting of one's fellow beings, and humbler and more patient in adversity? What good would it do to those who are greedy to be Spiritists if they continue to be greedy; to the proud if they continue to be full of themselves; to the envious if they remain jealous? Thus, everyone could believe in the manifestations, yet humankind could remain at a standstill – as we have seen. This is not how God intends it, however. It is toward a providential purpose that all serious Spiritist societies should tend, grouping together all those who have the same sentiments. Then, there will be unity, sympathy and fraternity among them, rather than any vain and childish antagonism provoked by self-centeredness; there will be more good deeds than mere words. Then, they will be strong and powerful because they are supported on an unshakable foundation: the good of all. Then, they will be respected and will silence all mockers because they will speak in the name of the evangelical morality respected by all.

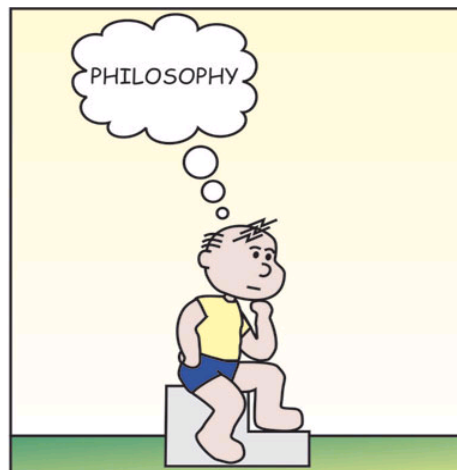
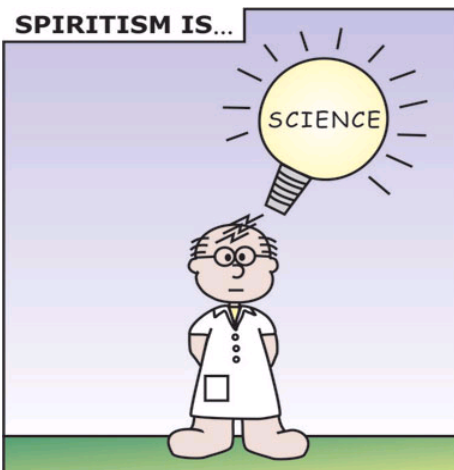


This is the course along which we have endeavored to take Spiritism. The flag we have raised on high is that of *Christian and humanitarian Spiritism*, around which we are happy to see so many people gathered on all points of the earth because they understand that the anchor of salvation, the safeguard of public order, the sign of a new era for humankind is to be found there. We invite all Spiritist societies to participate in this great work. From one end of the world to the other, may they extend the hand of fraternity, and thereby they shall snare evil in the laces of an inextricable web.

The Medium's Book by Allan Kardec, Chap XXIX, item 350. CEI

"Use every opportunity to act in an elevated manner. Some people wait for extraordinary moments and special occasions, which may never come. It is not important what you do that makes you great or important. It is how you do each thing that will transform you."

- Happy Life by Joanna de Angelis/Divaldo Franco



Clésio 002
Spiritist cartoon

END

Get Ready! Save the Date

for the

2nd U.S. Spiritist Symposium

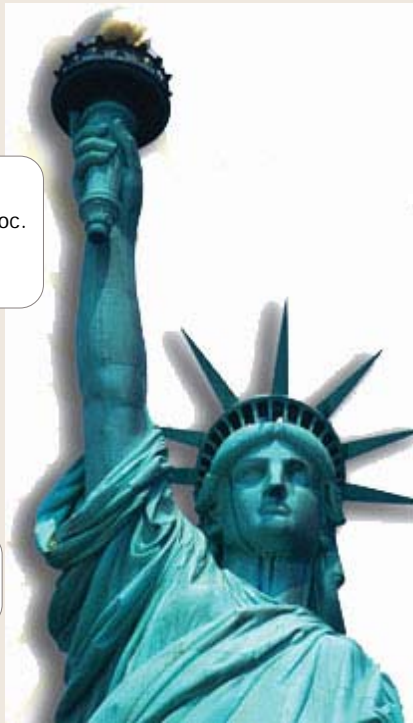
Propelling Our Integral Healing with the Spiritist Therapy

Saturday, April 19, 2008

Location

The New-York Historical Soc.
170 Central Park
New York, NY 10024

Visit the website at:
www.spiritistsymposium.org



SPONSORS

1. Spiritist Society of Baltimore (MD)
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4. Allan Kardec Spiritist Society of Massachusetts (MA)
5. Spiritist Society Love and Light (NJ)
6. Spiritist Center Divine Light (NJ)
7. Conscious Living Spiritist Group (FL)
8. Kardecian Spiritist Federation of Florida (FL)
9. Allan Kardec Spiritist Society of Marlboro (MA)
10. Bezerra de Menezes Spiritist Society (MD)
11. Inner Enlightenment Spiritist Society (NY)
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13. Allan Kardec Christian Spiritist Center of Orlando (FL)
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16. Path of Light Spiritist Center (NJ)
17. Blossom Spiritist Society (C A)
18. Intuition Unlimited / Angel Center (IL)
19. Long Island Spiritist Society (NY)
20. Allan Kardec Spiritist Society of Danbury (CT)
21. Allan Kardec Spiritist Society of Maryland (MD)
22. Spiritist Medical Association - US
23. United States Spiritist Council - USSC

Program

11AM – OPENING CEREMONY

Art, Spirituality & Therapeutic Moment

12PM – INTRODUCTORY LECTURE

The Spiritual Laws of the Spiritist Practice -
Vanessa Anseloni (SSB, MD)

2:45PM–Lunch Break & visit to the museum collection (optional)

1:45PM – PANEL DISCUSSION:

Immune Surveillance of the Soul

- **Photography of the Thought** - *Nahur Fonseca (AKSS, MA)*
- **Mediumship and its therapeutic features** - *Susana Simoes (CLSG, FL)*
- **Christ consciousness and its miracles** - *Anisio Resem (SSSD, CA)*

2:30PM – INSPIRATION MOMENT:

The role of the spiritist therapy in my life

Paula Schmidt (SSB, MD) and Edith Martinez (SGNY)

3:00PM – POSTER SESSSION:

The Spiritist Foundation and Its Therapeutics

Main principles of Spiritism:

- 1) Existence of God – *Eduardo Guimaraes (IESS, NY)*
- 2) Immortality of the soul – *Addison Cornwell and Dulce Story (LISS, NY)*
- 3) Reincarnation - *Carolina Strosnider (SSB, MD)*
- 4) Multitude of the Inhabited Planets – *Andreia Marshall (CSSC, FL)*
- 5) Communicability of the Spirits – *Brian Vosberg (LLSC, NJ)*

The Basic Books of Spiritism:

- 6) The Spirits' Book – *Elmo Delandes (SGNY, NY)*
- 7) The Mediums' Book - *Eliana Preda (Blossom)*
- 8) The Gospel According to Spiritism – *Leonardo Vieira (SSB, MD)*
- 9) Heaven and Hell – *Fernando Flores (AKSS, CT)*
- 10) Genesis – *Gustavo Pinto (CSSC, FL)*

The Spiritist Therapeutics:

- 11) Passes – *Livia Trevisani (AKCSCO, FL)*
- 12) Spiritually magnetized water – *Ovande Furtado Jr. (JASS, PA)*
- 13) Obsession & Disobsession – *Ricardo Mastroleo (AKSEC, TX)*
- 14) Prayer – *Junara Araujo (SGNY, NY)*
- 15) Intelligent Sleep – *Fernanda Ferreira (AKSS, MA)*
- 16) Fraternal Counseling – *Julio Carvalho (SCDL, NJ)*
- 17) God at Home – *Felipe Bucalo (LISS, NY)*
- 18) Spirituality for Children and Youth – *Hugo Melo (IESS, NY)*
- 19) The therapeutics of Charity – *Gilberto Neves (AKSS, MA)*
- 20) Inner Transformation – *Ligia Carvalho (SCDL, NY)*

3:45PM – Coffee Break

4:00PM– ROUND TABLE DISCUSSION:

Why American Spirituality needs Spiritism

- *Amy Blank (Angel Center, IL), Gloria Coelho (CSC, CO), and Mauricio Cisneiro (CSSC, FL)*

4:45PM– FINAL LECTURE:

Genesis: Kardec's masterpiece - *Jussara Korngold (SGNY, NY)*

5:30PM– CLOSING CEREMONY

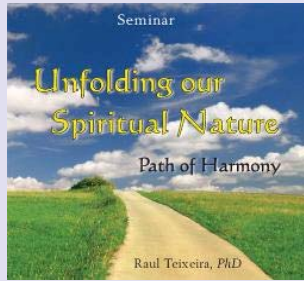
MAKE YOUR REGISTRATION TODAY!

(limited seats available)

[WWW. SPIRITISTSYMPOSIUM.ORG](http://WWW.SPIRITISTSYMPOSIUM.ORG)

The sole purpose of the Spiritist Symposium is to promote the English speaking Spiritist movement; to strengthen and value the efforts of all Spiritist centers that promote Spiritism in the English language.

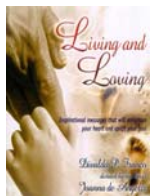
"Help without demands, so that others may help you without complaints." - by Chico Xavier /Andre Luiz



Audio CD
UNFOLDING OUR SPIRITUAL NATURE: Path of Harmony
 by Prof. Raul Teixeira

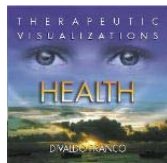
In an unmatched wisdom, Prof. Raul Teixeira tells us who we are, our origin, nature and destiny. Combining scientific profound insights of Spiritism, Prof. Teixeira enlightens our lives when discussing everyday life topics such as sympathy and antipathy, life and death, suicide and euthanasia, pain relief and past lives. (*Voices: Greg Stewart and Vanessa Anseloni*)

To order this book go to: www.ssbaltimore.org/bookstore



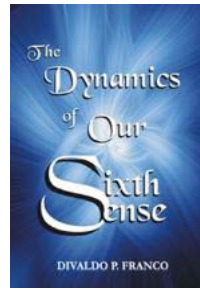
Living & Loving
 Divaldo Franco/
 Joanna de Angelis

This book is for your day-to-day use. With beautiful inspirational messages, each page of this little book brings joy and comfort to all events of life.



Therapeutic Visualizations
 - Health - CD
 Divaldo Franco

This CD is unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health...
 (Voice: Greg Stewart)

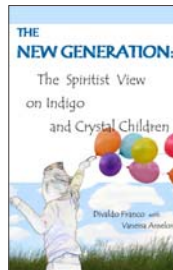


The Dynamics of Our SIXTH SENSE

by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the *1 Spiritist Weekend in Lily Dale*, sponsored by the Lily Dale Assembly.

This workshop represents an unforeseen study of our sixth sense, our mediumship. Divaldo Franco provides us with the definition of mediumship, its types, and its therapeutic features. Through his personal experiences, he enlightens us with considerations on the role of mediumship and its charitable purpose. The core of his teachings was of love and kindness. The end of the workshop was blessed with an uplifting trance channeled message of *Dr. Bezerra de Menezes* through Divaldo Franco's extraordinary mediumistic ability.

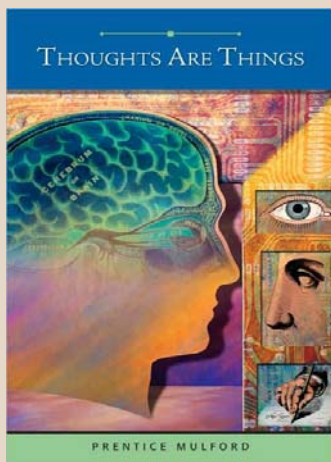


THE NEW GENERATION:
 the Spiritist View on Indigo and Crystal Children
 by Divaldo Franco with Vanessa Anseloni

This book was written by the great spiritual leader and humanitarian Divaldo Franco and the neuroscientist and Spiritist Vanessa Anseloni. This book encompasses a never-before put together multidisciplinary view on the challenges faced by the new generations. It brings relevant information in the areas of Neurosciences, Psychology and Spiritism to help people understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful one.

Go online to order these books at www.ssbaltimore.org/bookstore

Recommended Book



Thoughts are Things
 by Prentice Mulford

Thoughts are Things (1889) is a collection of the author's short, thought provoking essays taken from The White Cross Library. He wisely describes our nature as incarnate souls and the importance of this life and the thoughts we emit, once we are co-creating constantly through our thoughts. He gives very practical and therapeutic tips that will empower you to redefine the meaning of your life from a spiritual perspective. One of the highlights of the book regards his visionary

view on health and happiness. Wise and nondogmatic in his teachings, he states "In the spiritual life every person is his or her own discoverer, and you need not grieve if your discoveries are not believed in by others. It is your business to push on, find more and increase your own individual happiness."

Prentice Mulford

A New Thought pioneer, Prentice Mulford (1834-1891) was a noted literary humorist and California author. After a time fortune hunting in the 1849 gold rush and writing for several Californian newspapers, Mulford turned his attentions to spiritual matters. His influence is still felt in the writings of today's best mental and spiritual authors.

MENTAL IMPAIRMENT

- *Is there any basis for the opinion that mentally impaired individuals have a soul of a little-evolved nature?*

"No. They have a human soul that is frequently more intelligent than you might think, and which suffers immensely from the insufficiency of its means to communicate, as a mute suffers from the inability to speak."

- *What is the aim of Providence in creating unfortunate beings like the mentally impaired?*

"The spirits who dwell in such bodies are expiating past wrongs. They suffer from their constraints and from the impossibility of expressing themselves because of undeveloped or defective brains."

- *Then is it inaccurate to say that organs do not exercise any influence on the faculties?*

"We have never said that organs have no influence at all; rather, they exercise a very great influence on the manifestation of the faculties, but they themselves do not produce the faculties – that is the difference. A good musician will not make good music with a bad instrument, but that does not mean that he or she is not a good musician."

"It is necessary to distinguish between the normal state and the pathological state. In the normal state, mental ability may overcome material obstacles. However, there are cases where matter offers so much resistance that the manifestations are hindered or distorted, as is the case with mental impairment and insanity. These are pathological cases, and in such states the soul is not in possession of its full reasoning ability, which is why human law exempts such persons from responsibility for their acts."

From *The Spirits' Book* by Allan Kardec q&a 371-372

The Spiritist Society of Baltimore's new location

We are happy to inform you, that the Spiritist Society of Baltimore now has its very own place to conduct its activities. Our new location will better enable us to grow and expand our services. So from now on, if you're looking to visit us, please come see us at:

**22 W. Padonia Road - Padonia Plaza
Bdg. B, Suite 317
Timonium, MD 21093**

Please note that we made some changes to our activities calendar for the New Year. Workshops on the Spiritist Thought will now be on the last Sunday of each month at 10:30am with Spiritist activities for children 4 years old and above while the parents attend the workshop. All the other Sundays we will have talks on the Spiritist Foundation also at 10:30am. Fraternal Counseling and Spiritual Treatment services will continue on Mondays from 6:15pm- 7:50pm. A new program (Roadmap for the Spiritist Study and Practice) for those interested in learning Spiritism will be happened on Thursdays from 8:00PM to 9:30PM. All services are free of charge. *Come and visit us!*



Event

Spiritist Society of Baltimore OPEN HOUSE

Sunday, January 27th, 2008

10:30am - Special Workshop with guest speakers Beti Rozen and Peter Hays Authors of the acclaimed book: *Annabelle: A Child on the Way* - "A child chooses her family before she is born and a new adventure begins. Annabelle is the child that exists in all of us." - *Free Admission!*

12pm -1:30pm - Special Lunch - after the workshop you can join us for special lunch. *\$10 per person*

1:30pm -3:30pm - Talk to Our Practitioners - Stop by our booths and find out more about the different services provided by the SSB. - *Free Admission!*

BOOKSTORE

Our bookstore will be open from 10:00am to 3:30pm selling Spiritual Books/CDs/DVDs

LOCATION

**22 W. Padonia Road - Padonia Plaza
Bdg. B, Suite 317
Timonium, MD 21093
Tel.: 410-382-5328/443-827-1730**

JOIN OUR ACTIVITIES

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 6:15pm to 7:45pm.

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00pm to 9:30pm for the study and practice of mediumship according to Spiritism.

ROADMAP FOR THE SPIRITIST STUDY AND PRACTICE

This meeting is offered for those who are interested in learning Spiritism and also to become Spiritist practitioner. **Thursdays** from 8:00pm to 9:30pm.

Special Activities

Some activities may happen on Saturdays. Stay tuned by checking the SSB website - www.ssbaltimore.org

Please, contact us for more info.
Phone: 410 - 382-5328 or 410-837-0991
e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

2008 SSB Calendar

JANUARY

31 - Movie Discussion: *The Five People You Meet in Heaven*

FEBRUARY

- 3- Talk: Divine Providence
- 7- Book Discussion: *Nosso Lar- Our spiritual home*
- 10- Ten-year celebration countdown (SSB group)
- 14- *Roadmap for the Spiritist Study and Practice*
- 17- Talk: Good and Evil
- 21- *Roadmap for the Spiritist Study and Practice*
- 24 - Workshop: When generosity rules out fear
- 28- *Roadmap for the Spiritist Study and Practice*

MARCH

- 2- Talk: Spiritual Genesis
- 6- *Roadmap for the Spiritist Study and Practice*
- 9- Ten-year celebration countdown - Guest Speaker: Julio Carvalho
- 13- *Roadmap for the Spiritist Study and Practice*
- 16- Talk: Formation and Properties of the Spiritual Body
- 20- *Roadmap for the Spiritist Study and Practice*
- 23- Talk: Do Spirits Exist?
- 27- *Roadmap for the Spiritist Study and Practice*
- 30- Workshop: Controlling the 7 emotions that eat your heart out

UPCOMING

2008 WORKSHOP SERIES

(SUNDAYS)

Feb 24-When generosity rules out fear

Mar 30-Controlling the 7 emotions that eat your heart out

Free Admission !!!

Spiritist activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop
Time: 10:30 pm - 12:00 pm
Followed by Lanch (\$10/person)

OUR SERVICES LOCATION

**22 W. Padonia Rd -
Padonia Plaza
Bdg B, Suite 317
Timonium, MD 21093**

Stay away from inferior conditions; acquire higher understanding.

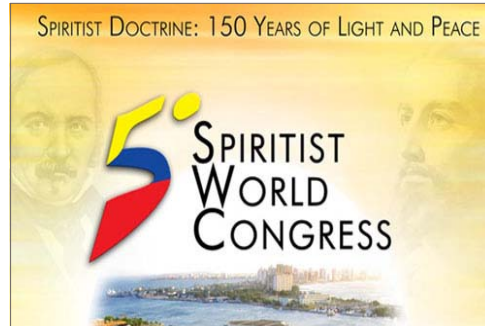
- Emmanuel/Chico Xavier (Our Daily Bread, Ch.6, p.26)

SpiritistNews

Year 5, Issue 5, Sep/October 2007



Spiritism Sesquicentennial – Celebrating 150 years of Heartfelt Spirituality!



On October 10-13, 2007, the international Spiritist movement paid a heartfelt tribute to Spiritism's Sesquicentennial in Cartagena, Colombia. Spiritists from 22 countries gathered to discuss and share insights about the Spiritist Thought. Promoted by the International Spiritist Council and organized by the Colombian Spiritist Federation, thirty five international speakers conducted deep reflections on the foundational works of The Spirits' Book as well as discussed on the central theme of the meeting 150 Years of Light and Peace. Joy, fraternity and true spirituality surrounded those memorable days! And the next International Spiritist Meeting will happen in Spain in 2010. Among the many highlights is a special message (see below) by the spirit Dr. Bezerra de Menezes through the renowned medium Divaldo Franco to all Spiritists of the world. May this message be spread to all corners of our planet!

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Conquests and Responsibilities

Children of Our Souls,
May Jesus, the incomparable Friend of Our Lives, bless us all.

Following Constantine's victory at the Milvian Bridge on the Tiber on the outskirts of Rome, Christianity, inspired by Jesus's teachings, initiated a new era. In fact, the Emperor Constantine pronounced the free expression of Christianity to the Roman Empire on June 13, 313.

Although the great victory of the martyrs achieved the introduction of religious freedom for Christians, it also initiated a period of great difficulty for practitioners of the glorious Gospel preached by the greatest friend of the sufferers.

Gradually, the illuminated doctrine of the persecuted yielded to the ungraceful practices of persecutors.

The old shrines dedicated to the gods were embellished and converted into cathedrals, in honor of the One who in life had no place to rest His head, even as the birds of the heavens had their nests and the savage beasts their dens.

Later, the doctrine of love united with the temporary power of arbitrary Earthly politics, to share the thrown of unwise and perverse governments...

Those who dissented were punished by fire and iron, and labeled as heretics to be constrained at any price. This culminated with Justinian, of the second Ecumenical Council of Constantinople in 553, who condemned the original doctrine of the soul's rebirth, a demonstration of divine justice, as innately heretical.

When the vile Crusades emerged, they were heinously crowned by the Holy Office, the Inquisition, and the terrible darkness that dominated spiritual consciousness on Earth...

New hope was born when Martin Luther emerged to free the Holy Gospel from the theological impositions of its possessive and fanatic interpreters. This represented the first major step to prepare for the arrival

of Spiritism. It was then that the silence of the grave opened to provide the immortal souls an opportunity to sing the glorious anthem of perpetual life, exulting love, charity and the restoration of the unmistakable beauty of Jesus' words.

Following a long period of persecution, scorn, prison, and burning (at the stake), Spiritists of the world can rejoice at the freedom that they have achieved step-by-step, with tears and bitter pain, through unspeakable intolerance – a testimony to the power of faith...

Beloved children, many of you certainly belong to that group who accompanied Constantine in welcoming the followers of Jesus into the Roman Empire.

Now, you repeat the great achievement of liberating our understanding of the Gospel through the practice of Spiritism, which is tolerated throughout the world. However, if this means victory, as no doubt it does, it also represents a great danger of falling prey to the domination of conscience, arbitrary attitudes, and misleading governance.

Be aware! Be united and unified by the ideal of truth. Keep yourselves cohesive and faithful to the Codification, which is the basis on which you will build the Temple of Universal Brotherhood.

Be tolerant without guile.

Work for the dissemination of truth, without forfeiting your principles through partnerships with worldly interests.

Be fraternal to all and everyone, without accepting the imposition of wrongdoings, crime, disguises, and the denial of the Jesus' presence in your midst.

We are building the future.

We, who preceded you as Spiritist-spirits, accompany you in this challenging task.

We do not ignore the difficulties that will confront you in this path. We are aware that personal past and the enemies of Goodness will interfere in this mission. Above all, do not forget to be vigilant and pray...

Cont. page 3

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Mailing Address:

Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

Be fraternal to all and everyone...

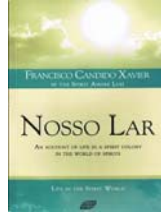
We are building the future...



Discrete Mediumship

Healing Mediumship

In the book, *Nosso Lar*, by Francisco Xavier and Andre Luiz, an example of discrete mediumship is presented in Chapter 50, Citizen of *Nosso Lar*.



Andre displayed an act of discrete healing mediumship when his wife's new husband, Ernest, was very ill. His wife, Celia, was distraught over his condition and this only further increased Andre's personal pain. Ernest was obsessed by three inferior spirits who caused his health to decline into a state of near death.

Andre's first hurdle was realizing that he should not be angry at his wife and her new husband. Through prayer, once he began to view them as his true brother and sister, he was able to focus on the task of assisting Ernest and Celia. He first prayed a sincere prayer to God, and then prayed to Narcisa, a kind and helpful friend, to help him in the situation.

Narcisa arrived, assessed the situation and immediately started to find the remedy Ernest needed to improve his health. Through mango and eucalyptus trees, a potion was made to heal Ernest, so much so,

that his doctor shook his head in wonder and stated the new developments were a miracle.

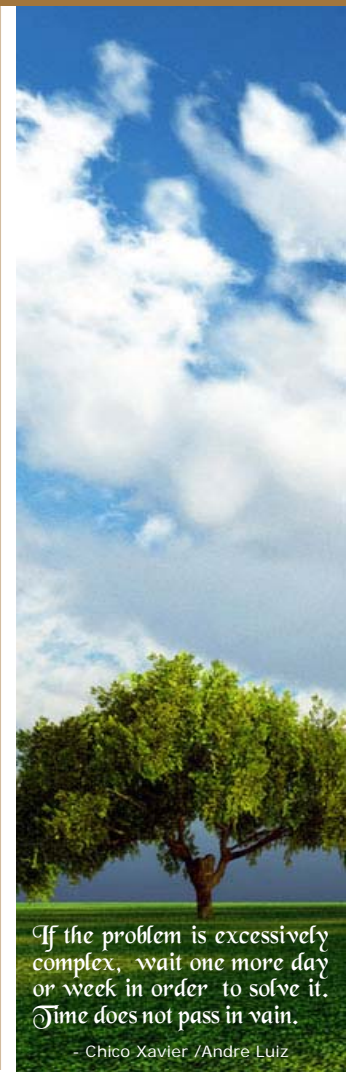
The healing was discrete because Andre did not have to do it and because he expected nothing in return. Also, he did not make it known to those he helped that he had intervened on their behalf.

These kind and superior acts brought Andre feelings of elation, courage and hope. He said the bonds that held him so tightly to his sources of inferiority had forever been broken. His spirit had undergone a total change from what it had been at the beginning of his visit to his Earthly home. He learned precious and practical lessons in understanding and in love for others. His thoughts were filled with the most elevated thoughts he had ever known.

This act of discrete mediumship not only helped Ernest, the incarnate in physical need, but also greatly helped Andre, the discarnate spirit who was on a new path of learning. We can learn from this example that incarnate or discarnate, we can practice discrete mediumship for the benefit of others.

- **Becky Stafford**

From the book *Nosso Lar* by FC Xavier and Andre Luiz - Citizen of *Nosso Lar* - Page 229,



If the problem is excessively complex, wait one more day or week in order to solve it. Time does not pass in vain.

- Chico Xavier /Andre Luiz

LETTER TO THE EDITOR

"Join your voice to those who are fighting to usher in the new Age of Fraternity"

-Joanna de Angelis



Spiritism in my life

It has been with a great gratitude that I have accepted the challenge of expressing the importance of Spiritism in my life. Because I am Japanese but born and raised in Brazil, I have been very fortunate for being exposed to different religions (Buddhism, Catholicism and Spiritism) throughout my life. Hard to think which one influenced me the most but more important is to think what I have taken from each one of them. It was not until my father passed away that I hung on to Spiritism with all my heart. It is hard to express to others the loss of our loved ones. I have been blessed for having great friends supporting my family in such a difficult time. At that time, no one could answer my questions the way Spiritism did. No one convinced me nor comforted me the way Spiritism did. The unfortunate seen in a bigger picture can be fortunate as well. I cannot put into words how comforting it is to know our loved ones are still alive and helping others in the Spiritual realm. It is much comforting to know we will meet them again every time we go "home" (Spiritual realm).

I moved to the U.S. one year after the incident and my dad guided me safely to The Spiritist Society of Baltimore (SSB) through my uncle's mediumship. My dad has communicated with us through messages, physical manifestations, and dreams. My life has changed in the last few years in a way that it makes me think I was not living enough before then. God has given us many reasons to become better people everyday. The fact that Spiritism is a sum of Religion, Philosophy and Science altogether amazes me and gives me strength to keep going ahead. Life is much easier and smoother when there is such a big plus by my side. I would like to thank SSB for being so welcoming and for helping all of us to understand better the purpose of our existence. I am thankful for being part of this great family and I am looking forward to helping SSB serve many other brothers and sisters.

Love,

- **Sayuri Kamimura**

Bezerra's message cont.

Christ cares for and controls the Earthly ship as a sublime Planetarium. He counts on you as His collaborators, to differentiate the message of love and peace, wisdom and liberation from the tinsel liars of the world, and the ephemeral victories that dissipate with the sun of truth and the joy of morning...

Victories attained become great responsibilities.

Each step extends the boundaries of responsibility, requiring more of your dedication and sacrifice.

Unite yourselves! Love and help one another!

These enlightened days initiate the Era of eternal light for the entire world.

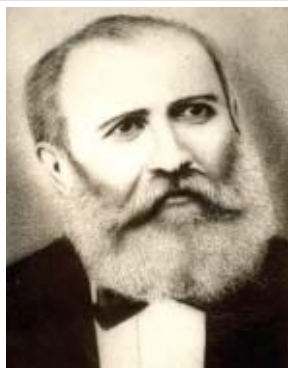
Friends of our souls, children of our hearts, bring Jesus into the world and stay positive even when you encounter intolerance and suffering, because His kingdom is not of this world. To overcome, it is necessary that you win over the world and its passions.

This is the message conveyed by the Mentors of different nations gathered here through your ever humble and paternal servant and friend,

- Bezerra de Menezes

(Message received by the medium **Divaldo Pereira Franco** in trance mediumship during the 12th Meeting of the International Spiritist Council in Cartagena, Colombia on October 14, 2007, after the closing of the 5th World Spiritist Meeting.)

Translated by Vanessa Anseloni
Revised by Christopher Murchinson



Dr. Bezerra de Menezes

Adolfo Bezerra de Menezes (1831-1900).

Respected Brazilian physician and statesman, Bezerra was known as the "doctor of the poor", and was president of the Brazilian Spiritist Federation (FEB) in 1889 and 1895-1900.

Get Ready! Save the Date

for the

2nd U.S. Spiritist Symposium

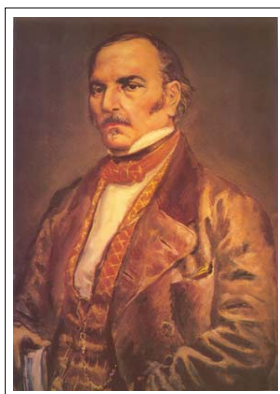
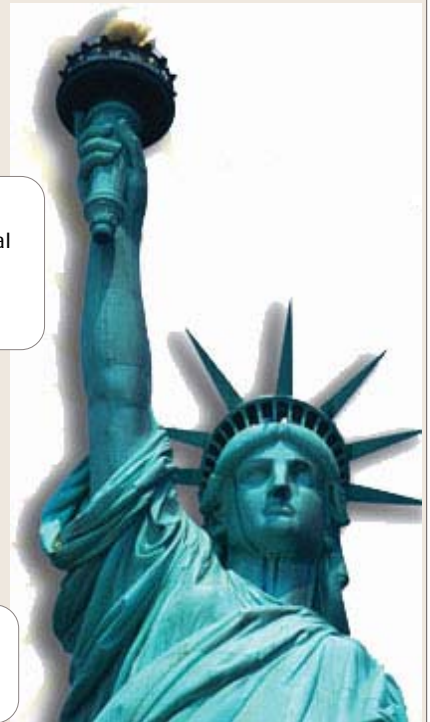
Propelling Our Integral Healing with the Spiritist Therapy

Saturday, April 19, 2008

Location

The New-York Historical Society
170 Central Park
New York, NY 10024

More information
in the next
Newsletter issue.



Spiritist Facts

1864 – Kardec publishes *Imitation de L'Évangile selon le Spiritisme* [Imitation of the Gospel According to Spiritism]. The book contains explanations on the moral teachings of Christ, their relation to Spiritism, and their application to all aspects of everyday life. Printed at *Imprimerie de P.-A. Bourdier et Cie, Rue Mazarine, 30*, the 444-page book is the precursor of *The Gospel According to Spiritism*.

1865 – On August 1, Allan Kardec publishes *Le ciel et l'enfer, ou la justice divine selon le Spiritisme* [Heaven and Hell, or Divine Justice According to Spiritism]. The book presents a comparative study of different doctrines regarding the passage from the physical to the spirit world, future punishments and r e c o m p e n s e s , angels and demons, eternal punishments, etc. It also contains many examples of the condition of souls during and after death.

1866 – *L'Évangile selon le Spiritisme* [The Gospel According to Spiritism] is published. The description is identical to that of the *Imitation of the Gospel*, except for the date and the sentence «Third edition, revised,

corrected and modified.» Kardec considered it a new edition of the previous version, even though the title was slightly shortened.

1869 – *La genèse, les miracles et les predictions selon le Spiritisme* [The Genesis, the Miracles and Predictions According to Spiritism] is published by the *Librairie Internationale* on January 6. This is the last book published by Allan Kardec.

The Spiritist Review – special edition celebrating Allan Kardec's bicentenary (1804 – 2004) - Published by the International Spiritist Council –ISC.



"Reason requires that an intelligent effect must have an intelligent force as a cause." - Allan Kardec (in *The Spirits' Book*)

Spirit Teachings..

PATIENCE

Suffering is often a blessing. When you suffer, don't let yourself become discouraged; rather, be accepting of the Divine Will, which, through the pain of this world, prepares the way for your glory in the greater life.

You must nurture patience, because it may also be an expression of love and compassion, as taught by Christ. There are many different ways of expressing compassion giving money to the poor, for example, is one of the easiest ways. There's one kind of compassion, though, that is much harder to exercise and consequently offers a greater merit to forgive those people who cause your suffering and strain your patience.

We're well aware of how difficult life can be. It is composed of so many little difficulties that seem like pinpricks but that, repeated often enough, end up hurting badly. Still, if you look carefully at the duties you've been called to fulfill and at the resources and support you've received, you have to admit that the number of blessings is far greater than the number of pains. Raise up your eyes to the sky, then, with abundant hope. If you do, your burdens will seem much lighter than when you walk disheartened, with downcast eyes.

Courage, friends! Christ is your model. He suffered far more than any of you, although He had nothing of which to purify Himself, unlike those of you who have to make up for your past and so strengthen yourselves for the future. Be patient; be Christians! This last word summarizes everything.

- A Spiritual Friend (Havre, 1862).

The Gospel According to Spiritism by Allan Kardec Chap 9 - Blessed are the Meek and the Peacemakers.

... With our thoughts, we make our world."

- Buddha

PROBLEMATIC PEOPLE

Where do these 'problematic people' who are placed next to us come from?

The problematic person who walks by your side along the path of evolution is not unknown to you.

The difficult child who demands full time dedication has not been with you for the first time. The stubborn elderly who you see as a continuous nightmare, draining your energy, is not a fortuitous meeting along the way.

The relative of any degree who is a trial for you has not been placed in your company by chance. They all come back from your spiritual past. Yes, they have fallen and still resent their moral fall. They are today atoning for those faults - and so are you.

When somebody falls, there are always inducing factors that encourage the fall. Usually the person responsible for the unfortunate event remains unknown to the world. Nevertheless, they cannot hide from their conscience nor from the Sovereign Laws.

They are reborn in a different time and circumstances, yet they meet again, as relatives, either in the same blood family or in the spiritual one, within the great human family, returning for the indispensable course of reparation and compensation.

- Joanna de Angelis

From the book "Joanna Responde" by the Medium Divaldo Pereira Franco.

Cultivate affability and sweetness in your path. Nevertheless, do not waste your time in useless conversations.

- Chico Xavier and the spirit Andre Luiz



Ethics of Cloning & Clones as Understood by Spiritism

"Goodness is everything that conforms to God's Laws; evil is everything that is contrary to this. Therefore, to do good is to proceed in accordance with God's Law. To commit evil is to infringe this law."

How is cloning achieved? In lay terms it is sufficient and intelligible to say that scientists in laboratory, having taken a living cell, are then able to induce a system of 'regression' till it goes back to the embryonic stage, in other words the ontogenesis of the cell. From this point it is sometimes possible to acquire an embryo and then go on to recreate the usual sequence of growth, cell by cell, atom by atom.

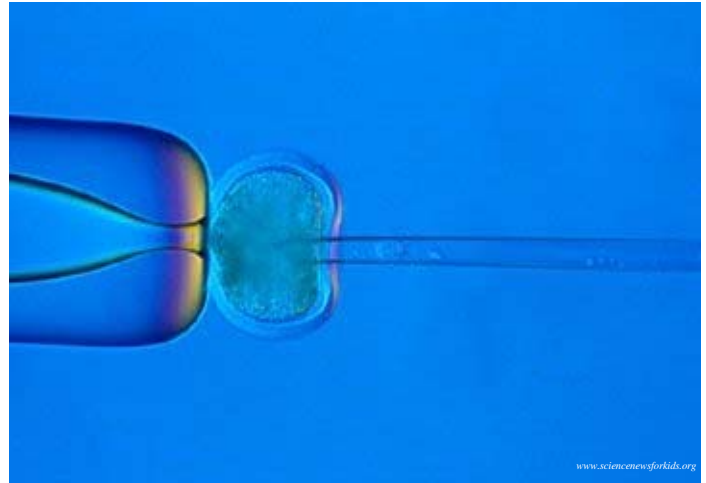
However, there is more to this than just the material cells, atoms, and eventual organs because apparently it lacks the Life Force! But this cannot be, because without LIFE nothing can grow or exist for any length of time. So what of this? We can create material bodies, but the scientist cannot create the Life Force or spiritual essence essential to continued life and constant healthy growth. Therefore we must understand that just as babies born naturally (either animal or human) in their mother's womb have a Spirit, so the Clone must have a Spirit.

Within the Spiritist Teachings much has been done in the field of science and research and it has long been known that a Spirit will become 'attached' to the new embryo at the moment of conception. With a Cloning, it can be no different. Nevertheless, the circumstances are very different and varied, resulting in a large number of failures within the laboratory. But if the Clone is to grow and become a being it must have a spirit attached to it, either animal or human. For it is the ever present spirit that is responsible for the actual formation of that body. Each new cell must be triggered off at the given moment, so that the new body is slowly but completely formed. Here it can also be seen how some bodies are badly formed, or not complete, causing the natural abortion of a foetus. Every pregnancy must go through all of the various building stages, directed by the incoming spirit designated for that particular body. If there is a hiccup not intended, then the pregnancy will terminate.

However, frequently these situations are part of the incarnation plan, when some abnormality is necessary for that particular spirit, which may also stem from the acquired genetic structure and not necessarily triggered by the incoming spirit. Be it animal or human, as the spirit essence attaches to the forming foetus this then becomes enveloped by the perispirit (or astral body) which acts as the go-between, thus allowing the spiritual essence to act upon the physical matter. Within science there is much that can and will be done in the field of animal cloning that will bring many benefits for man, such as compatible organs for transplants thus avoiding rejection; and for the animal kingdom the possibility of continuing species on the verge of extinction, etc.

However, the area of human cloning is rather different, with many aspects needing further consideration. It is interesting to note here that Nature has always created clones. Identical twins being the completed example of this, but then Nature knows what it is doing! Let us also note that although twins may be very similar in character, they are never identical, nor are their fingerprints.

It is also significant to remember a statement made in the book 'Evolucao em Dois Mundos' (*Evolution in Both Worlds*) by Dr. Andre Luiz (Spirit) received through the famous Brazilian writing medium Francisco Candido Xavier. This doctor states that some time in the distant future humans will no longer be required to go through the troublesome and painful process of birth as we know it today. That when loving affections are widely understood and practised by all humanity on the planet, on a daily basis, then the process of reincarnating will happen within



laboratories who specialise in this very special and sensitive work, and that the whole event will be achieved in a much shorter time. He also reports that the growth period of childhood will also be greatly shortened, because it will no longer be the necessity of learning that it is today.

We finalise our brief comments with the words of Dr. Sergio Felipe de Oliveira, a Brazilian doctor graduated from the University of Sao Paulo, who is a Researcher at the Scientific and Biochemical Institute of that same University. He is also Director of the Department for Mental Health of AME-SP and Clinical Director of the PINEAL-MIND HEALTH INSTITUTE IN Sao Paulo. His comments are taken from an article on Cloning taken from the book "Saude e Espiritismo" (*Health and Spiritism*) published by the Medical-Spiritist Association of Brazil.

"Useful Cloning is always done from the spiritual world, within the Natural Laws. Orthodox Science is concentrated in Europe and the USA and these countries do not respect the embryo. When there is no respect, there is no capacity for perception and Science needs perception.

In the USA 30% of all gestations are aborted. This generates a human disturbance of the ambient and also a very great anthropological problem as well. I believe that the problem of human cloning lies here. Science has no ethics to deal with embryos, so how can it discuss rationally the cloning of human beings? Surely unconditional respect for life must come first? We can only begin to understand human cloning when Science has become enlightened through the discovery of the Spirit and when it begins to work towards the spiritual elevation of humanity." ■

- by Janet Duncan

Mrs Janet Duncan is the President of the Allan Kardec Study Group - UK. [Centre for Spiritist Teachings.](#)

THE JOINING OF THE SOUL WITH THE BODY

- At what moment does the soul actually join the body?

"The union begins at conception, but is only complete at the moment of birth. From the moment of conception, the spirit designated to inhabit a given body is connected to it by a fluidic tie, which gets tighter and tighter up to the instant the child is born. The newborn's cries announce that it has entered the number of the living and the servants of God."

(The Spirits' Book by Allan Kardec q&a 344)

AMALIA DOMINGO SOLER

The poetess of the violets



One of the most significant figures in the Spiritist movement is Amalia Domingo Soler. Not only for her immense work spreading Spiritism, but mostly because of her vivid example of abnegation, charity and love.

Amalia was born in Seville, Spain on November 10th, 1835, right after the great Empire of Spain collapsed due the civil war known as “Carlistas Wars”. At that time, Spain went through difficult times, especially poverty and diseases. In this historic frame, Amalia had plenty of tribulations during her childhood. Before she was born, her father left for a long trip and never came back. Then, at eight, she became blind. After medical treatment, she recovered her vision, though with recurrent problems during all her life.

Amalia had a strong and loving relationship with her mother. Who took care of Amalia with great devotion. She

wanted to see Amalia well educated, despite her vision problem. When Amalia was two years old, her mother started teaching her to read. At five, Amalia learned to read with fluency. At ten, she started writing poetry, and eight years later, she published her first verses. However, at twenty five, Amalia Soler suffered a great emotional shock when her mother passes away.

After her mother’s death, Amalia started the most difficult phase of her life. Single, without money and family, she only had two options: either stay in a catholic convent or get married with a wealthy man. Her strong and independent spirit could not accept either of those options. So, she moved to Madrid, capital of Spain. In Madrid, she worked as a seamstress, while writing poetry. But, that was not enough to survive. She had to ask for charitable contributions. At that time, she felt lost and sick. Her spirit was in darkness and desperation. One night, she thought of killing herself and, suddenly, she saw her mother. That spirit phenomena made such an impression on Amalia that she sought for spiritual comfort in religion. There, she rediscovered Jesus’ love and faith.

As time passed by, her vision problems got worse. While seeing a doctor, he talked to her about Spiritism. It was when Amalia got interested on it. She read everything she could found about Spiritism. She got engaged in Spiritism in such a way that she started writing Spiritist articles. Her first Spiritist articles were written and published in the newspaper “The Revelation” (La Revelación, Alicante, Spain) and in the magazine “The Criterion” (El Criterio) in 1872.

Amalia became popular in the Spiritist movement on March 31st 1875 when she read her poem “To the memory of Allan Kardec” during the celebration of the Anniversary of Spiritism. She became famous for her writing gift and her true commitment with the Spiritist movement. On May

22nd, 1879, she founded the Spiritist magazine “The Light of the Future” (La Luz del Porvenir), remaining as its editor-in-chief for ten years.

Her Spiritist friends from the city of Alicante offered her help. They want her to work as a medium full time, but she, as a conscientious Spiritist, kindly refused the offer, knowing of the inadequacies of such proposal. The poetess continued working during the day and mediumistically writing in the evenings. She worked in collaboration with discrete mediums (Maria, Eudaldo and Miguel Vives) through whom she received the beautiful messages of Father German, her Spirit-mentor. She wrote several books and more than 1,286 articles. Her most popular books are “Memories of a Woman”, “Facts that prove”, “I forgive you”, “Her most beautiful writing”, “Spiritist Tales”, “Memories of Father German” (recently published in English), “Bouquet of violets”, “and The greatest virtues”.

Amalia returned to the spiritual realm on April 29th 1909. Since then, several mediums have already received her messages, one of them being Divaldo Franco, the renowned Brazilian Spiritist medium. Amalia Soler’s work has great influence in the Spiritist movement, especially in the Hispanic countries. May Amalia’s lifelong examples inspire us as well!

- Alba N. Morales

BIBLIOGRAPHY

- *The Spirits Review in Spanish*. Number 1. Oct-Nov-Dec 2003. International Spirits Council. Carlos Alberto Iglesia.
- Alcaraz, Jose Aniorde. *Collection The Light* by Amalia Domingo Soler. The Light of the Path Sprits Center. Orihuela (Alicante), Spain. 2006.



Spiritism and Spiritualism reunited once again!



Reverend Janet Nohavec from *The Journey Within Spiritualists’ Union Church* in Pompton Lakes, NJ first met Vanessa Anseloni, president of the Spiritist Society of Baltimore in Lily Dale, NY in 2005. In admiration for the Spiritist philosophy, Rev. Nohavec invited Vanessa Anseloni to deliver the keynote address entitled **Spiritism in the World** on the 11th Anniversary of the Journey Within Church on October 14, 2007, followed by a celebration lunch and the workshop on *The Spiritist View on Indigo and Crystal Children*. It was an enlightened reunion of spiritual affinity!



New Workshop Series



We congratulate the opening of the workshop series in the new spiritist center Inner Enlightenment in New York. On September 30, Eduardo Guimaraes, president, invited Vanessa Anseloni to launch its workshop series. The first workshop was entitled *The Dynamics of Our Sixth Sense*.

Go Long Island!



The Long Island Spiritist Doctrine Studies celebrated the *150 years of Spiritism* with a special event where Jussara Korngold and Vanessa Anseloni conducted two workshops on the Spiritist Thought. *The Spiritist View on Suicide and The Spiritist ABC’s of Stress, Anxiety and Depression* were the main topics of discussion. This promised to be the first of many others to come in the future.

Events in the U.S.

WASHINGTON - DC

FLORIDA

USSC

Double Celebration

150th Anniversary of the Spirits' Book

10th Anniversary of the United States Spiritist Council

18 November 2007
10:00 AM - 6:00 PM

The United State Spiritist Council (USSC) will promote a double celebration on **November 18, 2007 - 10AM - 6PM** in Washington, DC. The meeting will celebrate the 150th anniversary of The Spirits' Book and the USSC 10th Anniversary.

The meeting will have the presence of the two renowned Spiritist Mediums from Brazil: Divaldo Franco and Prof. Raul Teixeira.

For information on registration and the whole program, please visit the USSC website at:
www.usspiritistcouncil.com

Marriott at Metro Center
775 12th Street, NW
Washington D.C., 20005

Admission is free and registration is required. Participants can register at the USSC's website, via U.S. Postal Service using the form on the flyer or by FAX at (240) 453-0361.

Spiritist workshops - Florida

December 1st (Sat): Portuguese
Theme: The Spiritist Therapy for Immigrants
 Location: Centro Espírita Amor e Fraternidade (CEFA)
 Time: 3 pm to 6 pm
 Address: 1140 JF Kennedy CSWY suite 321
 North Bay Village FL 33141
 Tel: 305-519-3161

December 2nd (Sun): English
Theme: The Spiritist ABC's of anxiety, stress and depression
 Location: Allan Kardec Christian-Spiritist Center of Orlando @ 11:30 am
 Address: 4070-D L.B McLeod Rd
 Orlando, FL 32811
 407-421-0410
www.kardecinorlando.com

December 3rd (Mon): Portuguese
Theme: Jesus - The Psychotherapist
 Location: Conscious Living Spiritist Group @ 8pm
 Address: 1190 NE 125th Street
 Miami FL 33161
 786-357-5651
www.clsq.us

December 4th (Tue): English
Theme: Sex and Destiny
 Location: Conscious Living Spiritist Group @ 8pm
 Address: 1190 NE 125th Street
 Miami FL 33161
 786-357-5651
www.clsq.us

December 5th (Wed): English
Theme: The Dynamics of Our Sixth Sense
 Location: Christian Spiritist Study Center @ 7:00pm
 2600 Hammondville Road, Suites #10, 11
 Pompano Beach, FL - 33069
 561 327 1027
www.kardec.com

All workshops will be presented by Vanessa Anseloni
 For more information at:
www.clsq.us

CALIFORNIA

Spiritist workshops in San Diego

Saturday, Nov 3

Allan Kardec Fellowship Society
(Portuguese)

"A Terapia Espirita para o Imigrante"
7:30pm to 8:30pm

Sunday, Nov 4

Spiritist Society of San Diego:
-Workers and students -
(English)

"Talking about Spiritism in America"
4:00pm to 5:30pm
and
"Spiritual Treatment"
6:00pm to 8:00pm

Monday, Nov 5

Allan Kardec Center
(Portuguese)

"O Centro Espirita: Templo, Escola e Hospital da Alma"
7:15pm to 8:30pm

Tuesday, Nov 6

Spiritist Society of San Diego:
(English)

"The Dynamics of Our Sixth Sense"
6:30pm to 8:15pm

All workshops will be presented by *Vanessa Anseloni*
 For more information at:
www.sssandiego.org

VIRGINIA

(workshop)

Spiritual tools to overcome relationship struggles
by *Vanessa Anseloni*

Tuesday, November 20, 2007
7:30 - 9:00 PM
FREE ADMISSION!
Tysons Corner Healing Centre
8206 Leesburg Pike, Suite 201
Tysons Corner, VA 22182

MASSACHUSETTS

(workshop)

Prayer
by *Judith Peterschmitt*

Friday, Nov 30, 2007
Allan Kardec Spiritist Soc. of Massachusetts
52 Broadway Ave
Somerville, MA 02145

www.akssma.com

Raul Teixeira visits Florida

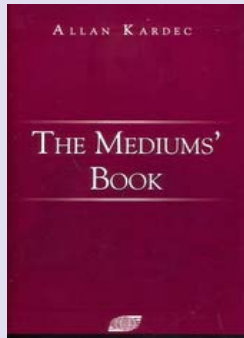


From Nov. 20 to Nov. 27, Prof. Raul Teixeira will be given a serie of talks on several Spiritist Centers in Florida.

see schedule at:
www.spiritistfederation.us/Events/Raul_2007.htm

Prof. Raul Teixeira is one of the greatest names behind the Spiritist Thought in the world today... read more about Prof. Teixeira on page 9.

To announce your Spiritist event (upcoming or past one), please submit a brief paragraph with/without photos to:
ssb@ssbaltimore.org

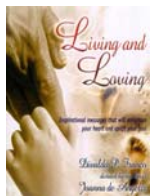


New Edition
THE MEDIUMS' BOOK
 by Allan Kardec

The Mediums' Book is one of the five volumes that comprise the Spiritist Codification. Its author, Allan Kardec, explains that *The Mediums' Book* combines "the special teachings of the Spirits concerning the theory behind all kinds of manifestations, the means of communicating with the invisible world, the development of mediumship, and the difficulties and pitfalls that may be encountered in the practice of Spiritism".

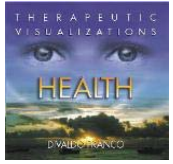
The Mediums' Book is the safest manual for all those who dedicate themselves to activities involving communication with the spirit world.

Translated by: ISC- Darrel W. Kimble & Marcia M. Saiz - 624 pages - Published by the **International Spiritist Council** - To order this book: www.sgnj.org



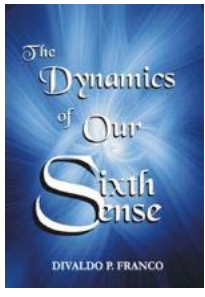
Living & Loving
 Divaldo Franco/
 Joanna de Angelis

This book is for your day-to-day use. With beautiful inspirational messages, each page of this little book brings joy and comfort to all events of life.



Therapeutic Visualizations
 - Health - CD
 Divaldo Franco

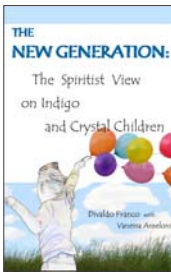
This CD is unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health...
 (Voice: Greg Stewart)



The Dynamics of Our SIXTH SENSE
 by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the *1 Spiritist Weekend in Lily Dale*, sponsored by the Lily Dale Assembly.

This workshop represents an unforeseen study of our sixth sense, our mediumship. Divaldo Franco provides us with the definition of mediumship, its types, and its therapeutic features. Through his personal experiences, he enlightens us with considerations on the role of mediumship and its charitable purpose. The core of his teachings was of love and kindness. The end of the workshop was blessed with an uplifting trance channeled message of *Dr. Bezerra de Menezes* through Divaldo Franco's extraordinary mediumistic ability.



THE NEW GENERATION:
 the Spiritist View on Indigo and Crystal Children
 by Divaldo Franco with Vanessa Anseloni

This book was written by the great spiritual leader and humanitarian Divaldo Franco and the neuroscientist and Spiritist Vanessa Anseloni. This book encompasses a never-before put together multidisciplinary view on the challenges faced by the new generations. It brings relevant information in the areas of Neurosciences, Psychology and Spiritism to help people understand and educate the children of today's world who will be responsible for the great transition from a world of wars and suffering into a more fraternal and peaceful one.

Go online to order these books at www.ssbaltimore.org/bookstore

TRANQUILITY

- 1) **Begin the day in the light of Prayer.**
God's love never fails.
- 2) **Accept any difficulty without much ado.**
Today is time to do the best.
- 3) **Work with joy.**
The idler, even when appearing to be in a golden pedestal, is a thinking corpse.
- 4) **Do people good as much as you can.**
Each creature transits among his own creations.
- 5) **Value the minutes.**
Everything returns, except lost time.
- 6) **Learn how to fulfill your duties.**
If you don't believe in discipline, observe a car with no brakes.
- 7) **Esteem simplicity.**
Luxury is the mausoleum of those who approach death.
- 8) **Forgive unconditionally.**
Growing angry is the best way to lose.
- 9) **Be gentle, especially at home.**
Try serving members of your family the way you do with visitors.
- 10) **For your own peace, remain loyal to yourself.**
Remember that in the day of the Calvary the crowd applauded the triumphant cause of the crucifiers, but Christ, lonely and defeated, was God's cause.

Spirit: ANDRÉ LUIZ
 Medium: Francisco Cândido Xavier
 In: "O Espirito da Verdade" - FEB Edition

Wealth and Poverty as Trials

- **Why do some of us have wealth and power while others are poor?**
"In order to provide different kinds of trials. Your trials were chosen by you before reincarnating. "
- **In which one, wealth or poverty, is it harder to succeed?**
"Both are difficult. Poverty often incites rebelliousness against God; wealth can lead to all kinds of excesses."
- **If the wealthy person is more exposed to temptations, doesn't he or she also have more opportunities to do good?**
"That is what the wealthy often fail to do. They become self-centered and proud. And they never seem to get enough. Their wants increase along with their fortunes, so in their eyes the fortune is always too little."

Discussion:
 Power and social status are trials as difficult and risky as poverty. The greater our means and power, the more obligations we have to fulfill and the greater our opportunities to do both good and evil. The poor among us are tested for resignation; the rich, on what use they make of their wealth.
 Wealth and power arouse all the instincts and appetites that bind us to matter and keep us distant from spiritual perfection. This is why Jesus said that it is easier for a camel to pass through the eye of a needle than for a wealthy man to enter the kingdom of God.'

From **The Spirits' Book** by Allan Kardec q&a 814-816

Special Talk

Overcoming the Conflicts of Material Life

by Raul Teixeira, PhD

The Spiritist View on how to overcome the struggles of material life and find balance. Often times, people get conflicted with the material needs and the need of a more spiritual lifestyle. Learn in this conference how to reconcile your material and spiritual needs in order to live a more fulfilled life.

Prof. Raul Teixeira is one of the greatest names behind the Spiritist Thought in the world today. Prof. Teixeira has spoken in more than 35 countries in Europe, Asia, Africa and the Americas. Professor of Physics, Raul Teixeira also holds a Ph.D. in Education and has dedicated his life to the dissemination of Spiritism. Raul has 28 Spiritist books published, and continues to produce many mediumistic works through automatic writing.



Monday, Nov 19, 2007

7:00pm-9:30pm

SpiritWorks Resource Center
1300 York Rd - Building C -300
Lutherville, MD 21093



This event is sponsored by Spiritist Society of Baltimore, Inc. For more information: Phone: 410-382-5328 - e-mail: ssb@ssbaltimore.org - site: www.ssbaltimore.org

ART & SPIRITUALITY



Come and join us in this inspirational journey through painting, poetry, music, play and spirituality!

Clinics Available for Participants older than 16 years old:

1. Painting
2. Music
3. Poetry
4. Play

There will be a special clinic for participants between 10 and 16 years old.

Everyone is Welcome!

If you would like to join us please RSVP in person or by email at ssb@ssbaltimore.org for one the clinics by December 6th. (options listed on the left)

Saturday Dec 8th, 2007
6pm -9pm

Event Location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, Suite 300
LUTHERVILLE, MD 21093

FREE ADMISSION (Love Donations Welcome)
For more information, please call 410-382-5328

JOIN OUR ACTIVITIES

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7pm to 7:45pm.

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00pm to 9:30pm for the study and practice of mediumship according to Spiritism.

TALKS on THE SPIRITS' BOOK

A tribute to the 150th anniversary to help us deepen our knowledge on Spiritism. - Open to the public, every **Thursday** from 8:00pm to 9:30pm.

Therapeutic Moments

Every **Saturday** 7-8pm, **except on the day of our monthly workshops**

Please, contact us for more info. Phone: 410 - 382-5328 or 410-837-0991 e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

2007 SSB Calendar

NOVEMBER

- 1 - **Law of Justice, love and compassion** (Talk on the Spirits' Book)
- 3 - **The Last will be First** (Therapeutic Moments)
- 8 - **Moral perfection** (Talk on the Spirits' Book)
- 10 - **SSB Workers' Meeting**
- 10 - **The Courage of Faith** (Therapeutic Moments)
- 15 - **Earthly joys and sorrows** (Talk on the Spirits' Book)
- 17 - **Environmentally savvy, Spiritually wise** (workshop) by Vanessa Anseloni
- 19 - **SPECIAL TALK: Overcoming the Conflicts of Material Life** Prof. Raul Teixeira
- 22 - **Fear of death and suicide** (Talk on the Spirits' Book)

DECEMBER

- 1- **If You Help Yourself then Heaven will Come to Your Aid** (Therapeutic Moments)
- 6 - **Future joys and sorrows** (Talk on the Spirits' Book)
- 8 - **ART & SPIRITUALITY**
- 13 - **Heaven, Hell and Purgatory** (Talk on the Spirits' Book)
- 15 - **Learning with the masters, Making the difference** (workshop) by Vanessa Anseloni
- Holiday Break**

UPCOMING

2007 WORKSHOP SERIES

Oct 27 - Decoding the Bible with a Spiritist key.
Nov. 17 - Environmentally Savvy, Spiritually wise.
Dec. 15 - Learning with the Masters, making the difference

Free Admission !!!

Spiritist activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop
Time: 7:30 pm - 9:15 pm

OUR SERVICES LOCATION

SpiritWorks Resource Center

1300 York Rd
Building C, 3rd Floor
Lutherville, MD 21093

Stay away from inferior conditions; acquire higher understanding.

- Emmanuel/Chico Xavier (Our Daily Bread, Ch.6, p.26)

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Help us enlighten many more.**

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Our organization gets a donation-and you get to spread the word about our cause-with every swipe.

By using this card, our organization receives:

- \$50** after your first purchase
- 2%** donation on gas and grocery purchases
- 1%** donation on all other purchases
- Up to 10%** of purchases made at select merchants!

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Visit <http://www.ssbaltimore.org> for more information about us.

A SPECIAL SEMINAR WITH DIVALDO P. FRANCO

"I love myself. I am drug-free": Spiritual Tools to Fight Addiction

This seminar will cover an American true story on drug addiction; family issues and addiction; genetic, psychosocial, socioeconomic and spiritual factors that induce addiction. Divaldo Franco will give an overview of academic and spiritual therapies. One of the highlights will be education as a preponderant factor to Human Being's health.

Saturday, March 12th 2005 (Saturday)

3 PM - 6:30 PM

University of Maryland - School of Medicine

685 W. Baltimore St. MSTF Auditorium

Baltimore, MD 21201

[Driving Directons](#)

[Map](#)



[Download the](#)

[flyer now!](#)

FREE ADMISSION!!!

(No registration is required)



Divaldo Franco is a worldwide renowned speaker. He has given more than 10 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated in 15 languages...[read his full biography](#)

Professional simultaneous translation with wireless headphones will be provided.

Refreshments will be served.

For more information,
please visit our website at <http://www.ssbaltimore.org>
or contact us at (410) 382-5328 or at ssb@ssbaltimore.org

SPONSORED BY

THE SPIRITIST SOCIETY OF BALTIMORE, Inc.

The Spiritist Society of Baltimore, is an Educational Non-Profit Organization.

The SSB is affiliated with the [United States Spiritist Council \(USSC\)](#).



This event is a part of the new campaign launched by SSB: *I love myself, I am drug-free*. The SSB has a broader definition of what is a Drug. It encompasses anything that can harm either our physical body (chemical substances, junk food, etc) or our spiritual body (selfishness, anger, pride, gossip, hatred, etc).



[Whole Foods Market](#)

[Back](#)

SSB

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Parking

On Street



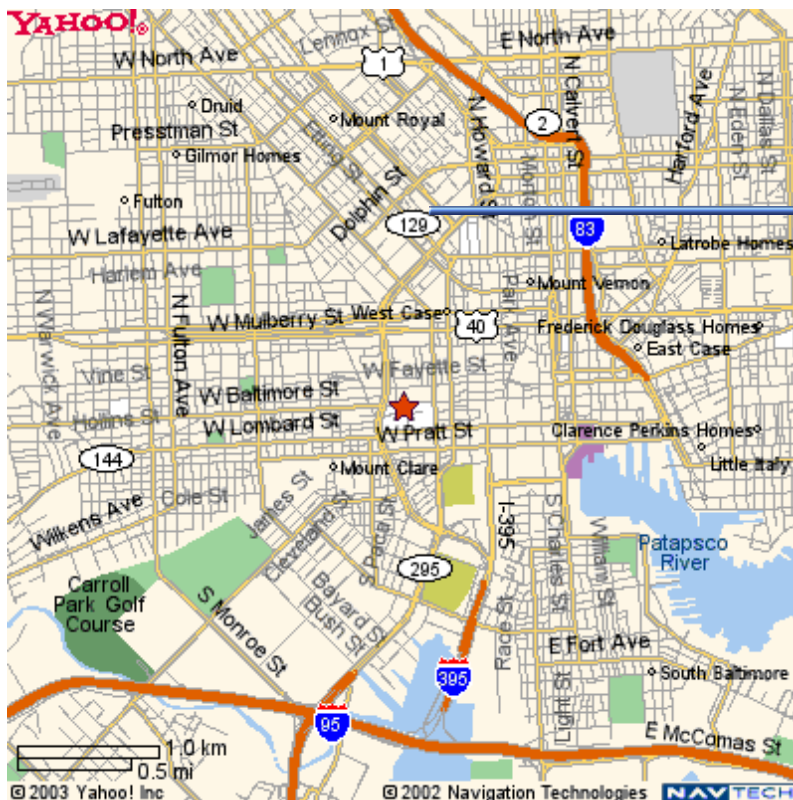
Around the local area you can park on street. Beware of the meters!!!!
In some streets the meters are in effect until 6:00 PM. 15 min / 25 cents.

Grand Garage



The *Baltimore Grand Garage* is open 24 hours per day, 7 days per week. Once you arrive at the garage you will have to take a ticket to open the gate and pay the **\$12.00** visitor rate to park for that day. The Garage is located at: **5 N. Paca St.** - Only two blocks from the event.

Map / Driving Directions



685 W. Baltimore St.

From I-95 South

1. Take the **I-95 NORTH** towards BALTIMORE
2. Take the **I-395 NORTH** exit towards DOWNTOWN, **exit #53** - go 0.9 mi
3. Take the **MARTIN LUTHER KING JR. BLVD/RUSSELL ST** exit - go 0.3 mi
4. Continue on **MARTIN LUTHER KING JR BLVD** - go 0.8 mi
5. Turn **Right** on **W BALTIMORE ST** - go 0.1 mi
6. Arrive at **685 W BALTIMORE ST, BALTIMORE**

From I-95 North

1. Take **I-95 SOUTH** towards BALTIMORE
2. Take the **I-395 NORTH** exit towards DOWNTOWN, **exit #53** - go 0.7 mi
3. Take the **MARTIN LUTHER KING JR. BLVD/RUSSELL ST** exit - go 0.3 mi
4. Continue on **MARTIN LUTHER KING JR BLVD** - go 0.8 mi
5. Turn **Right** on **W BALTIMORE ST** - go 0.1 mi
6. Arrive at **685 W BALTIMORE ST, BALTIMORE**

From I-83

1. Take I-83 S toward Baltimore downtown
2. Merge onto **W. MT ROYAL AVE, exit # 6**, toward US-40-TRUCK. 0.6 miles
3. Turn **SLIGHT RIGHT** onto **CATHEDRAL ST**. 0.1 miles
4. **CATHEDRAL ST** becomes **N MARTIN LUTHER KING JR BLVD**. 1.1 miles
5. Turn **Left** on **W BALTIMORE ST** - go 0.1 mi
6. Arrive at **685 W BALTIMORE ST, BALTIMORE**

[More information](#)

[Back](#)

e-mail: ssb@ssbaltimore.org

SSB

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ABRAHAM LINCOLN
The portrait of Abraham Lincoln in the Lincoln Center
in Washington, D.C. is a reproduction of the original
painting by Grafton Tyler Smith, which was
commissioned by the U.S. War Department in 1864.

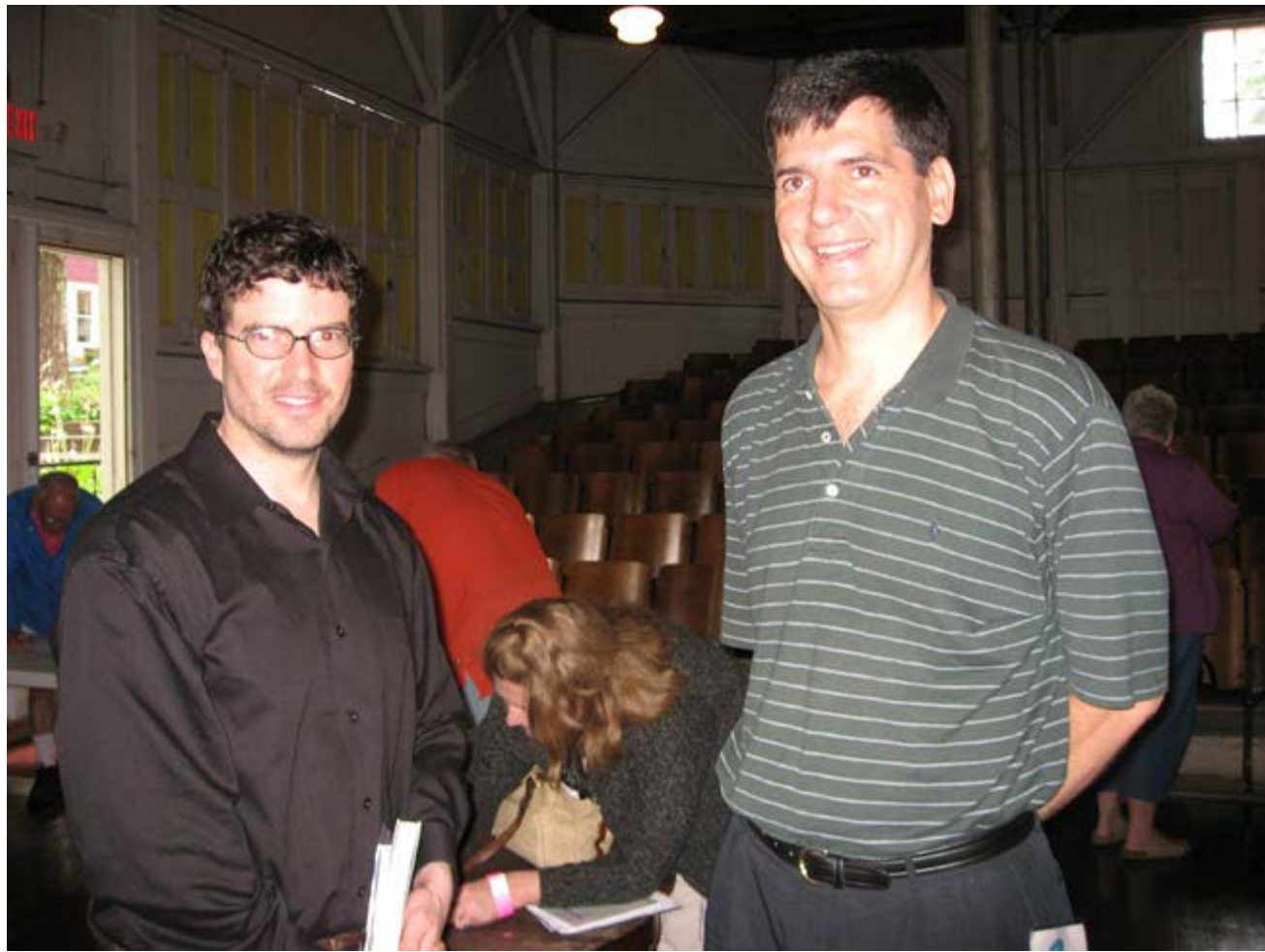




















TRANSPORTED TO LILY DALE IN 1915
DESTROYED BY FIRE IN 1955



BUCHHEITZ, NEW YORK, Nov. 27, 1916.—The mystery of the rappings first noted by the late Isaac N. Hall has been solved. It was caused by the action and clatter of the old-fashioned wooden floorboards in the discovery of open communication.

The two women declared they intended to communicate with the late Isaac N. Hall, and that they were in the room when he died. They had been married and lived in the room until he died. The body was found in the room.

The discovery was made by William (Spook) Jones, a friend of the late Isaac N. Hall, who was a neighbor of the late Isaac N. Hall. He was a friend of the late Isaac N. Hall, and he was a friend of the late Isaac N. Hall.

All Spook's friends were of the late Isaac N. Hall, and they were of the late Isaac N. Hall. They were of the late Isaac N. Hall, and they were of the late Isaac N. Hall.

According to Margaret Pitt's statement, the spirit was described how he had been installed in the house, and body had been removed to the house. The body had been found in the house, and the body had been found in the house.

One of the witnesses stated, according to his cousin Charles Jones, and the witness was a friend of the late Isaac N. Hall, who was a friend of the late Isaac N. Hall. He was a friend of the late Isaac N. Hall, and he was a friend of the late Isaac N. Hall.







MEMORIAL

TO

THE FOX FAMILY

WHO LIVED IN THIS COTTAGE AT THE TIME
MARGARET AND KATIE FOX, AGED 9 AND 11 YEARS,
RECEIVED THE FIRST PROOF OF THE CONTINUITY
OF LIFE WHICH WAS THE BEGINNING OF MODERN
SPIRITUALISM. MARCH 31, 1848.

THIS COTTAGE WAS BOUGHT AND MOVED
FROM HYDESVILLE, N. Y. ITS ORIGINAL SITE,
TO LILY DALE, N. Y. IN MAY 1916, BY

BENJAMIN F BARTLETT



SpiritistNews

Volume 4, Issue 1, Jan/February 2006

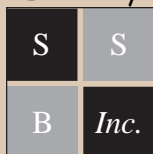
"To be born, to die,
to be reborn again,
and constantly
progress, that is the
Law."

- Allan Kardec

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Edited by



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SSB

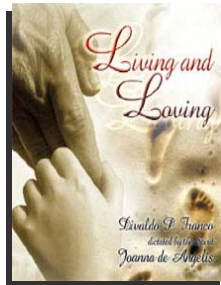
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:
Daniel Santos
Vanessa Anseloni

New Year, New You!

Dear reader, inside this first issue of the year, *SpiritistNews* brings you a special letter from a Scottish couple sharing their amazing experience when they met Divaldo Franco for the first time; an article by Jim Pursley on how to understand suffering; Mediumship according to Spiritism; and the latest news on the Spiritist movement. Enjoy!

EMOTIONAL STABILITY



Emotional stability is attained through inner conviction.

This conviction results from our trust in our faith and the ideals we profess. This is what gives us a sense of security. It reflects our firm spiritual belief and helps us to keep a stable balanced attitude regardless of the problems we must face along our evolutionary path.

Emotional stability overcomes the fear generated by past errors; it also allows us to pursue our superior ideals and be of service to others whenever we wish to do so.

It neutralizes environmental instability and helps us to face pressures or facilities with equal poise, refraining from excess and extravagance.

When aware of our mission on earth, we should set ourselves a goal and strive to attain it. We should neither stop nor run, but walk on firmly and steadily, never disturbing others. Our faith in the truth of everlasting life should help us to act serenely.

Ask yourself what you expect from life, how you plan to achieve it and why you want it.

Appraise the contents of your aspirations and compare

them with the teachings of the Gospel, then choose the most sensible course of action. Ponder over what you have been through, what you have already sown and reaped.

If you are not sure about the right choice, stop and pray, seeking inspiration from the higher realms. Answers will certainly come that will enable you to perceive what is real and most convenient for you, how to achieve it, and why you want it.

Your emotional instability needs prompt and deep care. Start work inside yourself to renew your mental attitude. Decide resolutely to overcome sorrows and pains so that you may attain self-balance.

Whatever you want intensely, you shall get.

Do not put your plans off, nor wait for what the future may bring.

Act now.

Today is your most precious moment.

Tomorrow things will certainly be more difficult: you may be tired, frail, and fearful.

Act on your new resolutions now; you will feel much better as you will be taking your first step towards your emotional stability.

from the book Living and Loving by Divaldo Franco and Joanna de Angelis (Spirit)

An Unforgettable Evening!

From Grief to Hope



March 16, 2006
7:30 pm - 10:30 pm
(Reception at 6:30pm)

Holiday Inn Select
2004 Greenspring Drive
Timonium, MD 21093



**"Reunions: Visionary Encounters
With Departed Ones"**

by
Raymond Moody, Jr., M.D., Ph.D.

Best-selling and award-winning author of eleven books including *Life After Life*, which has sold over 13 million copies world wide. Dr. Moody is a world-renowned scholar and researcher who coined the term "near-death experience".

**"The Spiritist Therapy
for Those Who Stayed"**

by
Divaldo Franco

Humanitarian and worldwide renowned Spiritist speaker and medium, Mr. Franco has given more than 14, 000 lectures and spoken in 56 countries. Through his extraordinary mediumship, he has published more than 200 books. **see page 6**

Letter to the Editor



Divaldo Franco *

by Catherine and Richard

Divaldo Franco?... who's he? The name meant nothing to us. Sounded a bit exotic to a couple from the historic Scottish city of Stirling, made them think of warmer climes and a more exciting location than the industrial belt of Scotland. "Sounds interesting, he's an inspired speaker from Brazil apparently, as well as being a medium and a healer, might be worthwhile going through to Edinburgh to see him".

The poster on the church wall gave date, location and time, as well as a photograph of a happily smiling stranger who immediately drew the attention and interest of my lovely lady Catherine and myself.

We both believe there is no such thing as chance, and nearly all things, events, and people, that are encountered, experienced, or occur in life, are pre-ordained. In other words all things no matter how insignificant they may appear, can, and do, hold much greater importance than is at first apparent. All who enter your life do so for a purpose, which is almost always a means of providing a lesson and/or an opportunity for the soul to expand.

That glimpse Catherine and I shared that day was one such moment.

Sometimes we are all in need of direction but to whom and to where do you turn when you have learnt to rely on your own faith, judgment and guidance? We are both very aware of Gods grace in granting us each other, a partnership in which we find strength, support, and love, as well as balance, reason and very often, a kindly mirror in which we can view our own faults and frailties. We are also very aware of the healthy growth other opinions and viewpoints add to both the individual as well as the couple or group. Debate always lends strength to any idea or ideal as well as pruning out any weakness before it harms or disfigures that life. Without being fully aware of it, Catherine and I were in need:...we were in need of inspiration! But to whom could we turn? And who would or could provide it?

On a lovely evening in Scotland's capital city of Edinburgh, we sat and had coffee in a bar in the very fashionable and 'touristy' area known as the 'Grassmarket'. It was only a few minutes walk from the Quakers Hall where, that evening, we would attend Divaldo's talk. Through the marvel of the Internet we had acquainted ourselves with Divaldo, his wonderful work, his amazing talents, his worldwide renown and universal respect, and his invitations to address the United Nations which he accepted with great grace. Here was a man of enormous abilities and fame but, it did not explain the reason for the excitement and eagerness to hear him talk that Catherine and I were sharing. Nor the reason why we left that coffee bar so early to ensure a good seat at the talk. Catherine always asks her angels and they must have heard her that night, as we were able to procure two seats at the very front. Thanks again angels.

Although we are both considered to be adept in our sensing abilities, neither of us prone to flights of fancy, nor emotionally generated episodes. Whenever we have worked with or in the spiritual field, it has always been scrutinized by means of scientific methodology to aid judgment as to how and what could or did occur, and also brought into balance by a great belief in common sense even when the events are extremely uncommon. I state this now so that it is understood that what we experienced and saw during our evening with Divaldo, is not taken out of context. It is our joint belief that science especially in the quantum field is, and will provide indisputable proof of life beyond this existence. What it won't be able to do is explain it.

Prior to the beginning of the talk, I thought a visit to the men's room would be sensible, rather than blurred vision later whilst in crossed legged agony. On my way there I met a group approaching the room I had just left. Right in the centre smiling at me was the man who had addressed thousands, a man who had addressed the United Nations, a man who wrote books and made C.D.s, and he was smiling right at me!

Divaldo was still on his way to the front of the room when I returned. He was graciously shaking hands and greeting those present, taking time to make all feel special and welcome. It moved

me to see his gratitude to those who had taken time to come to hear him talk.

On taking position at the front beside his interpreter for the evening, Divaldo's smile, voice, presence and spirit filled the hall and hearts of all.

During the first half of the talk Divaldo touched on so many subjects that were close to our hearts. It was as if he knew what we were in need of to uplift and strengthen our spirits. We were convinced he was looking as well as speaking constantly to only us and leaving out all the rest of the audience, a feeling that I'm sure he was able to install in everyone there. He talked with such truth and emotion that in complete unity his interpreter instantly, without realizing, relayed his words using the exact body language, movements and facial expressions that Divaldo used. It was amazing to witness.

Catherine and I simultaneously became aware of a large bright light around Divaldo, accompanied by many smaller bright sparks that seemed to dart around and about him. We also simultaneously experienced an intensely deep and hugely powerful wave of love surge through our being. So powerful, it made us turn to each other in confirmation of the fact and to share the wonder of that moment. We agreed this feeling had originated from Divaldo.

During a short interval we all gathered together to inquire from each other how much we were enjoying the talk. We again both noted that now, everyone appeared to be much warmer and friendlier. Perhaps something in us might have become warmer and friendlier also? Had the vibration in the hall been lifted by something or someone? Had those in the hall been uplifted by something or someone? We thought so.

Divaldo once more began his talk and this time he invited questions from the audience. His gaze fell on me and once again his lovely smile and warm eyes. So... I inquired of him the answer to the pain and quandary I found within myself. "How do you balance your feelings of immense joy with the so obvious vast amount of suffering in this modern era?" His answer, though not long, held the complete comprehension of the total equilibrium between joy and pain, why both are essential, and the purpose they serve in releasing the fear that confines and confuses our greater selves. Catherine and I continued to listen in awe, appreciation and total acceptance, and so many times with tears of joy in our own eyes as his words moved us through constant emotions of empathy. Divaldo's love, light and presence continued to fill and illuminate the whole hall and all within.

At the end of the evening Catherine and I approached the table where Divaldo was seated with his interpreter, and through her we thanked him for a wonderful evening. He took me by complete surprise when he swiftly reached across and took my right hand in both of his, and in an act of immense humility kissed it and blessed me! I was dumbfounded.

"He gave you something," Catherine whispered in my ear as we left. Yes I believe he did, he taught me how to truly give, and he not only gave it to me but he also gave it to Catherine as he gives it constantly to all and everyone. Those with eyes to see and ears to hear know of this gift, it is the great gift as it comes straight from the heart, coming from there it comes straight from God.

It is the gift of love,...unconditional and undemanding, total and complete. It teaches us of our great value, to each other, to ourselves and to God. It gives life and gives life its purpose....unconditional love.

Divaldo gave me a marvelous gift. He gave me *Divaldo*.

Thank you Divaldo

Love always

- Catherine Coleman & Richard R Ritchie
from Scotland

Article submitted on December, 2005



* **Divaldo Franco** is a worldwide renowned speaker. He has given more than 10 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published more than 200 books and 70 of them have already been translated to 15 languages.

FREE MEDIUMSHIP

Mediumship is not an art or skill, and no one should consider it as a professional activity.
"Freely you have received, freely give." Jesus told His disciples. (Matheus, 10:8)



Like the apostles, who were mediums in their own right, the mediums of today receive their gift freely from God. The gift consists in the ability to serve as an interpreter to the spirits who come to impart teaching, to lead people to the pathway of goodness, and to nourish their faith. It isn't right to charge for this gift because the message that mediums convey isn't the result of their own ideas or research or personal work. Note here that God wants the light to reach everyone not to disenfranchise the poorest of the poor. The poor should never be able to say that they don't have faith because they couldn't pay for it, or that they were denied encouragement and expressions of affection from their departed loved ones because of a lack of money. For this reason, mediumship isn't limited to a privileged few, it is found everywhere. To make someone pay for it is to turn it away from its providential purpose.

People who understand the conditions under which good spirits communicate, who recognize the disgust these spirits feel when confronted by anything that smacks of self-interest, and who know how little it takes to drive these spirits away, can never accept the idea that superior spirits are at the beck and call of the first person who comes along and at so much per session claims contact with them. Simple good sense rejects this notion. Isn't it an act of disrespect to call up, for money, highly regarded spirits, or our loved ones? Now, there's no question that a medium can receive communications in this way. But who can really vouch for the genuineness of such messages? Thoughtless, deceitful, mocking spirits the whole crowd of unevolved and unprincipled ones always come running, ready to answer any question without regard to the truthfulness of their views. If you want serious answers, begin by posing serious questions. You should also consider the nature of the affinity the medium has with those in the spirit realm. The conditions for enjoying the goodwill of noble spirits are humbleness of heart, devotion, selflessness, and total disinterest, both moral and material.

Besides the ethical question, a second consideration, no less important, comes to mind: the nature of the gift itself. **Serious mediumship is not, and never can be, made into a profession.** *First, from the ethical standpoint, the idea would carry little credibility with people, and second, it would be quickly seen as akin to mere fortune-telling. But there is another obstacle working against it. As a gift, mediumship is basically unstable, elusive, changeable. No one can count on it as something permanent. As an exploitable resource, it is highly uncertain and can fail when most needed. In this respect it differs from a talent acquired through study and work, which it is the product of one's own efforts, can rightfully be used to one's benefit.* But mediumship isn't an art or skill, and no one should consider it as a professional activity. It exists only to the extent that the spirits are willing to cooperate with the

medium. If the former aren't present, neither is the mediumship: The potential may still exist, but not the practice. There isn't a medium in the world who can guarantee that he or she will be able to produce a spiritual phenomenon at any given moment.

To exploit mediumship for gain is to rely on something over which one doesn't really have control; to claim the contrary is to deceive the person who's paying for the sitting. What's more, one is not really relying on oneself, but rather on the spirits, the souls of those who have departed the earth and on whose assistance one has put a price. The idea causes instinctive disgust. It was this same kind of trafficking and exploitation by charlatans – along with the ignorance, gullibility, and superstition of the people – that moved Moses to ban communication with the dead. Spiritism, through its understanding of the serious nature of this question, has completely discredited such exploitation and elevated mediumship to the category of a mission.'

"... In this respect it differs from a talent acquired through study and work, which it is the product of one's own efforts, can rightfully be used to one's benefit."

Mediumship is sacred and should be practiced in a saintly and devout manner. If there's one type of mediumship that demands this attitude more absolutely than the others, it is healing! In the medical world, a physician offers his or her knowledge, often gained at the cost of painful sacrifice. A healing practitioner' gives of his or her own energies and sometimes even health. A price can be put on their services. The spiritual-healing medium, however, relays healing energies from the good spirits themselves and so doesn't have the right to charge for them. Remember that Jesus and His apostles, although poor, didn't charge for the cures that were brought about through them.



Persons lacking necessary financial support can earn a living from whatever activity they like – except mediumship. If necessary, they should devote to mediumship only the time they have available after providing for their material needs. For their part, the good spirits will value the devotion and sacrifices of these persons. They will, however, turn away from mediums who intend to use them as stepping stone to earthly gratification. ■

The Gospel Explained by the Spiritist Doctrine by Allan Kardec, chap 26, item 7-10 AKES 2003

"It is essential to know what type of mental wavelength we are assimilating, so that we can recognize the quality of our work and evaluate the direction taken."

From the book "In the Domain of Mediumship"
by Andre Luiz through Francisco Xavier.

PAIN IS MERITED, ANGUISH JUSTIFIED

"...Our present sufferings are sometimes independent of us.
But just as often they are the consequence of our own free will..." (The Spirits' Book q.257)



What would you say if you were given this topic at a Toastmasters meeting? Sure, we reap what we sow, we've all heard that – but how does the system really work. What is the mechanism by which we earn those little brownie points of pain, suffering, grief, anguish and regret? Furthermore, what do we do about it, and how do we conduct ourselves so as to gain the most from the experience?

Gain from pain, you ask? How can that be. Let's back up to explain the Spiritist view of existence. Spiritists believe that all of us – indeed all spirits – were created in an ignorant, unknowing and malleable state and that knowledge and perfection is gained through the demonstration of love, faith, hope and above all, charity in the caring for others. Pain and suffering are the expiations, if you will, for lives spent in opposition to love, mercy, generosity, charity and other attributes of the Divine. Viewed in this way, then, pain is merited, anguish justified.

A Student's Prayer

*by Dianna Winsor **

*Dear God,
You have sent me to Earth
To unfold in the Mystery School of Life;
Please guide my course and
Help me to see
That Truth is the teacher who guides
My Heart lovingly into the Knowledge of
All That Is;
That I need not fear Life's tests
if my Soul's desire is to live in Truth;
And that Graduation is the realization
of my Soul's longing
To live in conscioness and Love,
Now and forevermore.
Amen.
With loving thoughts, Dianna*

*SSB member

**Never leave that till tomorrow which
you can do today.**
-Benjamin Franklin

Most of us are not highly developed spirits, knowing themselves fully and understanding the experiences they are having. We are most often left with huge question marks when trying to understand the reason of a particular situation. Frankly, it is practically useless to ask why; instead, one finds more fruitful understanding in questions such as "How can I benefit from this situation", "How can my situation benefit others", "How can I bear this situation with dignity, surrender and abnegation" and "What must I do, think, believe, think or say to get me through this situation in the best possible way for all concerned"? In the foregoing little questions is the stuff of overcoming tragedy and stepping into the advancing spirit you really are.

Bearing an uncomfortable situation with a sense of resignation will help you turn focus away from feeling sorry for yourself and on finding the lessons inherent in every circumstance. Just think, how much learning can you get from a really fun time? zip, *nada* (nothing)...you just get satiated with pleasure and, it could be argued, get soft and less motivated to do the hard work. Yogananda said "An easy life is not a victorious life." The wisdom in these words is quite apparent – it is in the struggle to improve that we can become victorious over the part of ourselves that may be grounded in less than highly spiritual and intellectual activities. Victory goes to the "lucky and the strong"? No – it goes to those who persist, who "keep on keeping on" and NEVER GIVE UP.



It is enough to accept that pain is merited, anguish justified – and move on. The Law of God is quite just – you may not remember what infraction of the law you may have committed, but suffice it that you expiate and cleanse yourself of the residue and effect of those wrongful actions, words, thoughts or a combination of them. Interestingly, the last step in moving through a sorrowful experience is the acceptance of it, so that all of your energy can be directed to moving forward. Fortunately, Spiritism also teaches that more advanced spirits are characterized by a greater sense of inner happiness. Do all of the things to promote inner happiness – prayer, meditation, acting charitably and more of the same – and you may find yourself happy as a pig in mud and quite unaware of the pain and suffering. Try it. ■

*by Jim Pursley
(SSB member)*

Charity is Love in Action !

Cancerous Conversations

by Richard & Catherine

Do you know how much your words weigh?
Do you know they can hurt or heal?
Do you know that each carries much magic?
They cast a spell which others will feel.

Be always aware every time you are speaking
Of the meaning in each word that you say
Put your honesty into every sentence
And keep self opinions at bay.

Many mouths mutter mischief and malice
Gossips filled with fear and despite
So sure their own view point is valid
So certain their reasoning's right.

Conceit, it carries a cancer
It rots, it ruins. It kills.
And if you deal in deadly diseases
You can be sure to catch some of its ills.

Wicked whispers wound not only the victim
They fester in the soul of their source
Poison pours out in petulant prattle
Vitriol, burns all in its course.

First be sure before voicing your belief
Or passing judgment on anyone's life
That you understand the load that they carry
And will not add to their burden and strife.

How many adults still carry from childhood?
A cruel taunt that cut them so deep
Be very watchful of words to the young child
Don't cause a wound that forever they'll keep.

Let laughter and love be your language
Bring compassion and care when you call
Remember! When you have nothing good to say
It's much better to say nothing at all.

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Latest News!

Congratulations USSC!

Last November 20, the United States Spiritist Council -USSC beautifully conducted its first general assembly in English, in Rockville, MD. The president Vanderlei Marques and his team provided a very harmonious environment when past activities of the USSC were reviewed and new perspectives were proposed. Several members of the affiliated spiritist societies nationwide were present giving their support to the Spiritist movement in the United States as well as bringing suggestions on future activities and events.

The Spiritist Society of Baltimore was represented by its president Vanessa Anseloni, its Director of Communications, Daniel Santos and some of its American Spiritist members, Laura Egger, Steve and Selenia Shepard who actively participated at the assembly. The SSB is affiliated to the USSC and continues to support its main mission on the union of the spiritist societies in the United States of America.

SSB Hall of Benefactors

On December 9, 2005, the Spiritist Society of Baltimore launched the SSB Hall of Benefactors. Judith and Kevin Campbell were the first benefactors to receive SSB's homage.

To express our gratitude is very important for our personal and interpersonal growth. So, the SSB Board of Directors decided to launch its Hall of Benefactors, a program that recognizes the efforts of all who went above and beyond the call of duty. The first one to receive our homage was Judith and Kevin Campbell for their extraordinary charitable action in providing the new headquarters of the Spiritist Society of Baltimore.

Thank you, Judith and Kevin! Thanks also everyone who has been helping SSB!

DVD on the IV World Spiritist Congress

The SSB has just acquire a historical set of DVDs on the IV World Congress held in Paris on October, 2004. This event was promoted by the International Spiritist Council (ISC) in celebration to the 200th birthday of Allan Kardec. One of the thirteen DVDs contains the two lectures in the English language given by Sonia Doi, MD (*Death and Spirit Life According to Spiritism*) and Vanessa Anseloni, PsyD, PhD (*Family Ties: Basis of Society*). Get your DVD at our bookstore or order it by email at ssb@ssbaltimore.org.

Our Donations to the Ronald McDonald House of Baltimore and New Orleans

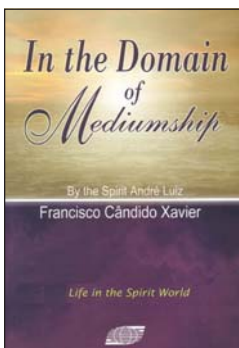
Last semester, SSB promoted a successful campaign to help the Ronald McDonald House of Charities both in Baltimore and New Orleans. We thank all SSB members who charitably contributed to this endeavor. The campaign was mostly coordinated by the children who attend the Spiritist activities at SSB.

New Spiritist Study Groups in English

We announce and express our support to the formation of new study groups on Spiritism in the English language in Chicago (AKSS of Chicago), Boston (AKSS of MA), Trumbull, CT (Spiritist Soc. of Trumbull). May God bless your efforts and charity in this new and rewarding journey.

Submission of material to *SpiritistNews*

Submit your articles, poems, letters to editors, events on the Spiritist English speaking movement in the US and worldwide at ssb@ssbaltimore.org



In the Domain of Mediumship

by the Spirit Andre Luiz,
and F.C. Xavier

In this book, Andre Luiz analyzes the various aspects of mediumship, emphasizing the efforts of mediums faithful to the spiritual mandate received prior to their reincarnation. He also warns of the risks involved in the poor

interchange between the two worlds.

It talks about trance, somnambulism, possession, clairvoyance, the out-of body experience, fascination, psychometry and the mediumship of physical effect, among others.

It is a technical study of great relevance, which discloses the ways in which Spirits act during the intricate processes of communication with the incarnates. It relays concepts of spirituality, received from enlightened mentors contained in explanations of philosophical, scientific and evangelical nature, indispensable to those who dedicate to the study of mediumship.

Published by the *International Spiritist Council*
Translated by Jussara Korngold

To order this book write to: sab-books@sgny.org
The distribution of this book in the U.S. will be made through the *Spiritist Alliance for Books*.

About Dr. Moody

Raymond Moody (born June 30, 1944) is a parapsychologist. He is most famous as an author of books about life after death and near-death experiences, (a term which he coined in 1975). His best selling title is *Life After Life*. Moody studied philosophy at the University of Virginia where he obtained a B.A. (1966), a M.A. (1967) and a Ph.D (1969) in the subject. He also obtained a Ph.D in psychology from West Georgia College, where he later became a professor in that topic. In 1976, he was awarded an M.D. from the Medical College of Georgia. In 1998 Moody was appointed Chair in Consciousness Studies at the University of Nevada, Las Vegas. After obtaining his M.D., Moody worked as a forensic psychiatrist in a maximum-security Georgia state hospital. Moody has been married three times. As of 2004, he is married to Cheryl, and they have one adopted son, Carter. Moody was born in Porterdale, Georgia and currently lives in Las Vegas, Nevada. Moody's most famous book was made into a movie of the same name; *Life After Life*, for which he won a bronze medal in the Human Relations Category at the New York Film Festival for this film. He was also awarded the World Humanitarian Award. The Dr. John Dee Memorial Theater of the Mind is a research institute in Alabama that was founded by Moody as a place where people can experience an altered state of consciousness with the intention of invoking apparitions of the dead. One of the methods used to obtain this altered state is crystallogmancy, or "mirror gazing". Moody has also researched past life regression and believes that he personally has had nine past lives. From a study of 150 people who had clinically died or almost died, Moody concluded that there are nine experiences common to most people who have had a near death experience...

(From Wikipedia, the free encyclopedia)

About Divaldo

Divaldo P. Franco was born on May 5, 1927 in the city of Feira de Santana, Bahia, Brazil. He is a worldwide renowned Spiritist medium and speaker. Divaldo Franco founded the "Pathway to Redemption" Spiritist Center. In August, 1952, he founded the "Mansion of the Way" another non-profit organization that provides basic care and education for at-risk youth and their parents. More than 20,000 people have benefited from free medical, dental, and psychological care provided at the "Mansion of the Way".

To date, Divaldo Franco has given more than 10,000 lectures and spoken in 52 countries in Europe, Asia, Africa and the Americas. Divaldo Franco is a spiritual leader who represented the Spiritist movement in the United Nations Meeting for Peace in 2000. American and Canadian universities have awarded Mr. Franco degrees of Doctor Honoris Causa in Humanities and in Parapsychology. Through his extraordinary mediumship Mr. Franco has published almost 200 books, 70 of which have already been translated in 15 languages. He never charges for any of the lectures, courses, services that he provides. All the proceeds from the sale of his books and CDs go to the above mentioned non-profit organizations...

*To know more about Moody and Divaldo please come to this amazing event: **From Grief to Hope**, on March 16, 2006.*

For more information, please visit our website at <http://www.ssbaltimore.org> or contact us at (410) 382-5328 or at ssb@ssbaltimore.org

Sponsored by
THE SPIRITIST SOCIETY OF BALTIMORE, Inc.

UPCOMING EVENTS

2006 WORKSHOP SERIES

Jan 28 – Indigo and Crystal Children: a Spiritist View

Feb 25 – Adolescence and Spirituality

Mar 25 – Sex and Destiny

Apr 29 - Healing through Reincarnation

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time:

7:30 PM - 9:00 PM

Place:

SPIRITWORKS Resource Center
1300 York Rd - Building C, 3th Floor
Lutherville, MD 21093



WATCH IT

**every Saturday
from 7:30PM**

at:

www.ssbaltimore.org

2006 Calendar (special events)

JANUARY

14-Training for Spiritist Speakers
(Course)

**28- Indigo and Crystal Children:
A Spiritist View**
(Special Workshop)

MARCH

4- Training on "Passes" (course)

9- Training Program (God and Us)

11- SSB General Assembly

16- SPECIAL SEMINAR with Divaldo Franco and Raymond Moody Jr. MD, PhD

25- Sex and Destiny (Special Workshop)

MAY

11- Training Program
(Sleep and Dreams)

20- Parenthood for Modern Times
(Special Workshop)

JULY

13 Training Program (Reincarnation)

15- Art in Action: mediumistic painting with Maria Gertrudes

29-Am I a medium? How? Why?
(Special Workshop)

SEPTEMBER

14- Training Program
(Spiritual Intervention in the Incarnate World)

23-24 - II-Spiritist Retreat
30-A Medical/Psychologic-Spiritist View of Depression (Special Workshop)

NOVEMBER

14- Training Program
(Hopes and Solaces)

18- Aging Well
(Workshop)

FEBRUARY

11- Spiritism 101 (Course)

25- Adolescence and Spirituality
(Special Workshop)

APRIL

13-Movie Discussion: What the Bleep do we know (Special Activity)

22- Arts and Spirituality (Fundraiser)

29- Healing Through Reincarnation
(Special Workshop)

JUNE

08- Book Discussion: The Messengers (Special Activity)

24- Forgive and be healthier... but how?
(Special Workshop)

AUGUST

10- Movie Discussion: Just like Heaven

19- Fun with family -Picnic (Fundraiser)

26- Evolution in Two Worlds: Material evolution driven by Spiritual Conscience
(Special Workshop)

OCTOBER

12- Book Discussion: Emmanuel's book (Special Activity)

28- Do Spirits influence our lives?
(Workshop)

DECEMBER

2- Who is my model?
(Workshop)

9- Winter Event - Educational

JOIN OUR ACTIVITIES

STUDY GROUP ON SPIRITISM

These meetings take place every **Thursday** from 8:00 to 9:30PM for the study on Spiritism. They are open to the general public.

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM.

Meditation with Kardec

Every Saturday 7-8 PM, except on the day of our monthly workshops

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to Spiritism.

Please, contact us for more info.
Phone: 410 - 382-5328 or 410-837-0991
e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

"To be born, to die,
to be reborn again,
and constantly
progress, that is the
Law."
- Allan Kardec

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Mailing Address:

Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

An Unforgettable Evening

A new era in the world dissemination of Spiritism



Dr. R. Moody Jr., Vanessa Anseloni and Divaldo Franco

"Tonight a new era in the world dissemination of Spiritism begins," said the renowned Spiritist medium and speaker Divaldo P. Franco after the historic event organized by the Spiritist Society of Baltimore, Inc.

In the evening of March 16, 2006, the acclaimed researcher, psychiatrist and philosopher Dr. Raymond Moody Jr. shared the stage with Divaldo P. Franco in the city of Baltimore, Maryland, USA. The theme of the event was **From Grief to Hope** in which Dr. Raymond Moody talked about his book "Reunions: Visionary Encounters with Departed Loved Ones" while Divaldo Franco spoke about "The Spiritist Therapy for Those Who Stayed."

The Spiritist Society of Baltimore (SSB) organized and sponsored this event with the goal of bringing the consoling promise of Spiritism to the American public who has undergone challenging times on losing loved ones either through natural calamities or the ones created by Human Beings, the wars. To reach this goal, the SSB established for the first time a bridge between Spiritism and Academia on American soil.

Dr. Raymond Moody began his lecture highlighting the importance of critical thinking when thinking about the great questions of life. Based on the History of Ancient Greece and mainly the Oracle of the Dead, Dr. Moody said that he reproduced a technique to contact the dead found in Greek mythology by building up a room of mirrors in his institute. In his studies with the technique of the mirrors, he proposes a new methodology to investigate the phenomenon of communication with the dead. Dr. Moody said that he was taken by surprise when he verified that the majority of individuals in his studies reported that they had some type of real experience in communicating with their departed loved ones. Dr. Moody also told about his personal experience with his deceased paternal grandmother.

He observed that his experiments also had extraordinary and diverse results. He said, "In half or so of my work, people say they had a three-dimensional image in full color of the person that they set out to see. But there are plenty of things that I did not expect. The other people report that they feel that their consciousness goes through the mirror and they come out onto the other side into a sort of panoramic, three-dimensional realm where they meet the spirits. Some people tell you that the apparition forms in the mirror then steps forward and comes out of the mirror. Thirty percent of the people tell us that they hear the audible voice of the deceased with auditory quality to it. The others who did not go through these experiences report that they had a heart to heart or mind to mind communion with the person that they saw. Another strange fact related to this, a quarter of those individuals see some other individual known to them who died rather than, or in addition to, the person that they set out to see."

Despite his 30 years of research on life after death, Dr. Moody stated that he does not think that his research is a definite scientific proof of the existence of life after death. The climax of his talk was reached when he confirmed the need for new scientific methodology to investigate these profound questions of life. He concluded his lecture in a very optimistic way as he stated that he believes that "in the XXI century, we will witness genuine scientific advances towards proving the essential questions of Humanity, among them the continuity of life after death."

After that, the bright medium and speaker Divaldo Pereira Franco, assisted by the excellent interpreter, Daniel Benjamin (member of the Board of Directors of the Allan Kardec Educational Society), gave a speech on Humankind's ideas on life after life since Ancient times, the Prehistoric Rock Art drawings. After brief historical remarks on the Human universal belief that life continues after death, Divaldo Franco brought the Spiritist Therapy for those who suffer from the loss of their loved ones by death:

1- Tell your loved ones that you love them while you are together with them. It will not be too much to say that your loved one is important for you. (...)

2- Think of your death, not your neighbor's death. Because your neighbor is thinking of yours. (...)

3- Solve your relationship problems before death comes. (...)

4- When someone dies, do not lament. Be grateful for the time you lived with that person. Remember the happy moments you spent together. They will receive your mental message and will get closer to you. Make inner silence and you will be able to hear them in an intracranial voice. Gradually, you will be able to hear them directly. (...)

5- Pray for them. Pray to God for them. And be certain that when your time comes, they will be there to receive you. (...)

The Spiritist Therapy for the pain of separation is of hope, said Mr. Franco who proceeded with great joviality, charisma and universal language, telling about cases of people who were skeptical and after communicating with their loved ones, through mediumship, had gotten the consolation and the certainty that life continues after physical death. One of the culminating points of his lecture was when he narrated a true case of a young man who was shot by his friend and died, while they were playing 'Russian roulette.' Through the mediumistic writing of the beloved Francisco Cândido Xavier (one of the greatest Brazilian Mediums) the 'dead' wrote a letter as a witness affirming that the defendant was not guilty of his death. Such testimonial was accepted by the Judge of the House Court and set the defendant free.

Approximately 70% of the audience was composed of Americans. The public was enchanted with the wise approach that Divaldo Franco used as well as by his eloquent and consoling Spiritist message. Dr.

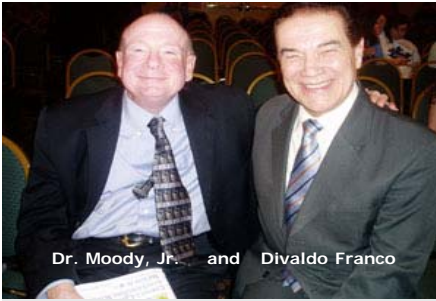


Raymond Moody Jr. also had his prestige confirmed, and at the end he expressed his admiration for the works that the Spiritist Society of Baltimore has been leading.

The unforgettable night was crowned with success also by the launching of new releases: two books (*I love myself, I am addiction free*; and *Happy Life*) and three CDs (*Living and Loving; I love myself, I am addiction free*; and *Therapeutic Visualization: Inner Journey*), all published in English. These materials were produced in collaboration between the Spiritist Society of Baltimore and Divaldo Franco/*Mansão do Caminho* (Mansion of the Way), see page 7.

Certainly, this event of great expression was a historical mark for the beginning of a new era in the world dissemination of Spiritism, in which the dialogue between the Spiritist Science and Material Science was expanded. ■

AMERICANS' TESTIMONIALS ON THE EVENT "From Grief to Hope"



Dr. Moody, Jr. and Divaldo Franco

The event "From Grief to Hope" was an informative and thought provoking event. Both speakers, Dr. Raymond Moody, Jr. and Divaldo Franco, were highly knowledgeable in their fields and presented their work with passion and professionalism. It was fascinating to see the contrast between the ways the spirit world is viewed

in two different arenas. The distinction seems to lie in the understanding of our interactions with spirits. Dr. Moody's work is clearly cutting edge in American scientific research on the subject of life after death. His work supports the belief in spirits and our ability to connect with them however the framework requires a specific environment and facilitation. Divaldo Franco presented the Spiritist perspective that we are always in contact with spirits as we are spirits incarnated in physical form and we are not separate from the spirit world. He presented his personal experience as a medium of many years. These differing perspectives on how we view our connection with the spirit world epitomizes the general disparity that exists between everyday spiritual life in Brazil and in the U.S. Clearly, with events such as this and the dissemination of Spiritism as well as other spiritual practices in the U.S., we are beginning to see a deepening understanding of the spiritual world in American society.

As an American, English speaking Spiritist, who attends many events with simultaneous translation, I must add that I was very pleased with the translation for this event. It was very helpful to have the translation done in tandem as it enabled the listener to clearly hear and absorb the message presented by Divaldo Franco. And as always, it is a joy and a blessing to be reminded that our primary purpose here on earth is to live a loving life and to do the most we can with our time here. I am so very thankful to have participated in this groundbreaking event. Many thanks to the Spiritist Society of Baltimore for their hard work and dedication.

- by Beth Terrence



Divaldo Franco is an inspiring human being and a great and gifted speaker about matters relating to our connections to the Spirit

World. He was able to hold our complete attention to his beautiful and flowing words in spite of the fact that he spoke in his native tongue. This was absolutely no impediment to our almost simultaneous understanding of his speech due to the charming and gifted talents of an expert translator, Mr. Daniel Benjamin. I was impressed with the ease and power of Divaldo's work as a gifted spiritual teacher and one of the world's most talented and prolific mediums, having channeled over 200 works from his spirit co-partners. Divaldo told several stories about his upbringing and his lively account of being the last of 13 children born unexpectedly as a late arrival to a nearly menopausal mother was almost unbelievable. It left me thanking the Lord for his fortunate birth and for the guidance and love which shaped his life and his enormous talents. At the close of the session, many of the attendees were able to purchase copies of Divaldo's original and translated works, which he generously inscribed with his name as he blessed each person in line with a personal greeting and a warm smile.

-by Dianna Winsor, an SSB Friend



I really enjoyed the presentation by Divaldo Franco at the event 'From Grief to Hope' on March 16, 2006. What made this talk especially beneficial to me was the translation by Daniel Benjamin. In the past, in order to

understand Divaldo's message, I used headphones for the translation. The English translation was in my ears at the same time as Divaldo was speaking Portuguese. I found it difficult to hear both speakers in two languages at the same time. But this time Divaldo and the translator took turns. Divaldo would speak in Portuguese and pause; the translator would translate and pause. This new way of delivering translation to the English speaking people in the audience alleviated any confusion that would have resulted from overly concentrating on a translation and trying to ignore the original speaker. Divaldo's message was clear. The humor was understood more easily. Also,

the dynamics between Divaldo and Daniel added to the presentation. I would recommend that consecutive, rather than simultaneous translation for future conferences and seminars be used. Having the translator and Divaldo side by side during the presentation helps bring Divaldo's message to life.

- by Laura Egger



The event was the best seminar sponsored by the SSB so far. Dr. Raymond Moody Jr. and Divaldo Franco both provided their own special insight into dealing with grief. For this event, the translation of Divaldo was especially successful. The use of consecutive translation provided a superior experience than previous seminars using simultaneous translation. The consecutive method allow us to hear Divaldo and his intonation, and then to hear the translation. Excellent seminar. Thank you.

- by Steve & Selenia Shepard



Just to say Tom and I completely enjoyed the Seminar last Thursday! It was so refreshing and uplifting - thank you for putting this evening together! What a gift to meet Divaldo Franco. He signed my book and shook my hand - something I'll never forget.

I also wanted to ask if there was anything I can do to help with SSB. I don't know what you need or how I can help, but please let me know what's there for me. I truly love it there and the fellowship - my soul needs to be more active with Spiritism. Please let me know what I can do. With love,

- by Becky Stafford

This was my first time in a Spiritist event. The combination of approaches given by both speakers brought a new light to my life. I am also thankful to the amazing work that SSB has been doing. May God bless you all!

- by Christy Jones



TESTIMONIALS (cont.)

Thursday's seminar, "From Grief to Hope" featuring Divaldo Franco and Raymond Moody, Jr. was an important milestone in the dissemination of Spiritism in the United States. Dr. Moody, a renowned American author on the subject of near death experiences stated in his lecture "presently, science cannot prove or explain the existence of an after life. However, since this is such an important question, we must perhaps adapt science or even find a new methodology to address this question." During his lecture, Dr. Moody spoke about the ancient Greeks and their "Oracle of the Dead." He even described a modern day "oracle" he had constructed in an upstairs room in his home with a mirror and black curtain. After interviewing thousands of people with near death experiences and a dozen graduate students who saw deceased loved ones in his homemade "oracle," one gets the idea that Moody believes in the survival of the spirit after death. However, his lecture ends there because neither he nor science can explain it.

The theme of this event was supposed to be one of consoling those who lost loved ones with the assurance that their loved ones still live on in Spirit. It was truly amazing to see Mr. Franco, such a wonderful speaker, address the audience with no notes or computer while literally writing a book on the survival of the soul. Although Mr. Franco lacks the same formal higher education of Dr. Moody, it was easy to see why universities from all over the world have bestowed Mr. Franco with honorary degrees. During his lecture, Divaldo did not miss one word of his beautiful Portuguese, pausing only for his interpreter, Daniel Benjamin who gave a wonderful on the spot translation into English. His presentation was that of a charismatic statesman of love, always maintaining a warm and loving eye contact with his audience. Mr. Franco's incredible knowledge of world religions, cultures and philosophies was transmitted to his audience with his resounding message of love, while continually addressing Moody's question of proving the survival of the soul. Mr. Franco's explanation of the Spiritist doctrine was subtly presented as the solution for a new science that can prove the question of life after death. However, founded in the late 1800s Spiritism is not new at all. How can it be possible that the answers to our most important questions have been available for over 150 years? Perhaps we can all work together to learn and teach others, this beautiful doctrine, Spiritism which explains many of our most important questions.

- by Greg Stewart

**"Science without Religion is lame,
Religion without Science is blind."
- Albert Einstein**

LOSS BY DEATH

Profound and dilacerating is the affliction that occurs when one loses a loved one by means of the biological phenomenon of death. However, among other reasons, this pain results from psychological, philosophical and religious atavisms that did not prepare the individual to its natural occurrence. Death is a part of the organic process through which Life expresses itself.

The concept of death itself is fragile and unsustainable, because nothing is annihilated and the dead do not have their existence interrupted. They are temporarily transferred to another vibrational level, but not annihilated. They keep on living. They communicate with those that remain incarnated on Earth. They establish new lines of exchange. They wait for their loved ones, and receive them by the time they disincarnate.

Besides, the thought of losing someone is completely dislodged in this concept. People cannot continue on 'losing' themselves, in the sense of things that leave their 'owners' and disappear. No one belongs to no one. Besides, one only loses what one has.

Thus, the severe pain that accompanies the death of loved ones contains high loads of unbalanced emotions that blast outwardly and reveal self-punitive and non-affective features.

Sometimes, the person who died was not taken care of as one deserved, while on Earth, alive. Then, upon death, those who realized their mistake, self-afflict themselves and develop revolt, despair and depression. In other occasions, projections of retained conflicts come to the surface generating a great deal of imbalances.

However, in the majority of cases, natural feelings of nostalgia, absence, and tenderness hurt those who stayed. Those feelings martyr them.

It is fair that the individual suffers from the detachment pain by crying the loved one's absence. It is natural that one asks oneself in silence about the new situation of one's loved one. However, despair does not either justify itself nor fills in the emptiness that remains.

There are valuable resources for the liberation of the resulting sorrows of a loved one's death such as: (1) pouring out the pain by means of happy recollections and occasional tears; (2) tenderly reviving outstanding episodes; (3) sharing the loved

one's heritage with the ones in need, in one's memory; (4) involving the loved one in prayers; (5) continuing the inner growth.

There are many illogical questions that almost always are made in those kind of situations such as "Why him/her?" or "Why me?" Well, everyone's organic

body is mortal and the number of deaths is considerable. Sooner or later it will reach this or that individual, or someone of one's social group. By the law of probabilities, this time will come for everyone individually or collectively. It is inevitable.

The pain of physical separation lasts for a long period of time. At first, it is traumatic and becomes more consuming throughout the days. However, it should be dealt with hope of the reencounter and communication with the loved one. Thanks to the preserved affection, that pain is softened and only keeps the signs of gratitude once the presence of the loved one was cherished.

Therefore, when one avoids depression and its effects when a loved one dies, it is the proof of love to the one who left and should not feel guilty for one's departure, without prior consultation or consent. That loved one was driven by Life to return to one's origins to where everyone will go back one day. ■

From the book *Self-Discovery: An Inner Search* by Divaldo Franco and Joanna de Ângelis (spirit); pag. 144-146.

OUR NEW SERVICE: MEDITATIONS WITH KARDEC

Do you feel like you need a special place and time to practice your inner journey? Well, you now have it. Every Saturday, the Spiritist Society of Baltimore offers you the service and support you have been looking for.

Meditations with Kardec is a well being service based on the deep and uplifting messages of Allan Kardec's works, especially in the messages from his fascinating book, *The Gospel Explained* by Spiritism. A group of trained coordinators leads reading of inspirational messages followed by introspection time on the teachings. At the end, you will also receive spiritually *magnetized water* and *passes* to wrap up a good amount of inner reflection.

Open to the general public. You are also welcome to this service! (see our service location page 8).



THE PROFILE*

John Matthews, distinct Gospel preacher, in the night he turned 50 years old, after praying with great tenderness along with some friends, went to bed for a well deserved rest. He dreamed of reaching the entrance doors of Spirit Life, and dazzled with the lightness he felt. He tried to raise himself up, in order to better enjoy the loftiness of Heaven, when a worker of the Celestial Passage approached to remind him thoughtfully, "John, to avoid any unpleasant surprises before you enter, it is advisable we take a look at your profile."

And the traveler received an exquisite document, in which frightened he read the following:

- John Matthews
- Reincarnated on Earth in 1904
- From a wealthy family
- Loving parents and friends
- Precious intelligence
- Clear brain
- Honorable Educational background
- Good books
- Rested youth
- Great health
- Envidable notion of comfort
- Calm dreams
- Excellent appetite
- Dependable home
- Constant spiritual protection
- Never suffered severe accidents
- At 20 years of age, got a job in bussines
- At 25, got married, enslaving his wife
- Roman Catholic until 26
- Attended 672 masses without paying them great attention
- At 27, he engaged himself in the Spiritist belief
- Attended about 2,195 Spiritist meetings under the name of Jesus.
- Carried out 1,602 lectures and doctrinal studies and meetings
- Wrote letters and moving pages
- Remarkable narrator
- Always cautious about controversy
- 4 kids
- Food abundance at home
- Does not find time to help his kids to reach out for Christ
- Traveled 106 times for pleasure and vacation
- Great intolerance towards his neighbors
- Not open to any sort of habit changes to serve others.
- Never realizes if an offense has been made from his personal behavior, however he demonstrates extreme sensitivity before someone else's conduct.
- Maintains relationships only with friends of the same social level
- Gets disgusted with social life complications, although incessantly he highlights the imperative of fraternity between human beings.
- Knows how to defend himself with great diligence towards any adversities besides the natural resources, which yielded him respectable position and impressive domestic comfort, under the constant guidance of Jesus, throughout several messengers. He maintains great Real Estate value in properties totaling about \$600,000 and savings of about \$300,000.

For Jesus, who looked for him in the position of beggars, needy and sick ones he gave during all his life the equivalent of 90 cents.

To cooperate on the dissemination of Christ's word, he has offered \$12.00 for social assistance works.

TOTAL DEBT: _____

When he was about to read the item regarding his own debts, strongly impressed, John woke up. It was an early morning.

At night, with such a great disposition, he gathered with friends relating the experience of the previous night.

This fact had changed his life, he said. His dream changed his way of thinking. He would devote himself henceforth to a more active work in the Spiritist Movement. He intended to renew himself innerly and would now walk his talk. Because of that, he was willing to collaborate substantially, building up a shelter home destined to help and teach homeless children. That was something he wanted to do for quite some time. That unforgettable night experience was certainly a precious notice. And, smiling, he said good night to his brothers in arms, asking them for a new meeting the following day. He expected to lay down the foundation of the proposed work. However, in the upcoming night, when his friends knocked at his door, they found him, laying in bed, victim of a heart attack.

John Matthews was dead.

by Brother X

*Page received through the medium Francisco C. Xaviers.

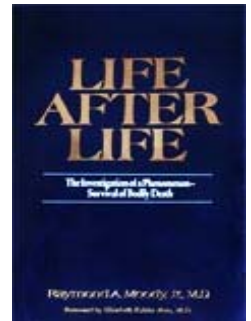
Translated and submitted by Flávio Zanetti (member of the AKSS-MA)

Books by Dr. Moody, Jr.

Life After Life (Hardcover)

Raymond A. Moody

Description: In *Life After Life*, Raymond Moody investigates more than one hundred case studies of people who experienced "clinical death" and were subsequently revived. First published in 1975, this classic exploration of life after death started a revolution in popular attitudes about the afterlife and established Dr. Moody as the world's leading authority in the field of near-death experiences. *Life After Life* forever changed the way we understand both death — and life — selling millions of copies to a world hungry for a greater understanding of this mysterious phenomenon.

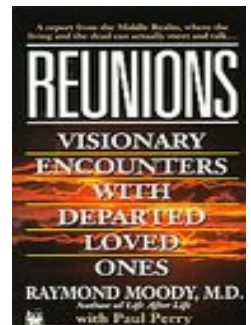


Reunions: Visionary Encounters With Departed Loved Ones

(Paperback)

Raymond A. Moody, Paul Perry

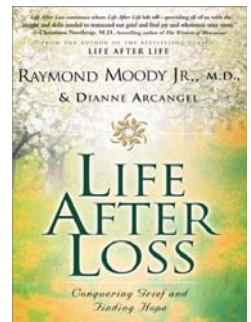
Description: Dr. Moody continues his pioneering studies on death and the afterlife in this fascinating book, making a cogent and persuasive argument for the ability to contact the deceased. Moody describes his experiments with the ancient technique of mirror gazing to induce visions of the dead. Many of the 300 subjects with whom he has experimented had surprisingly real encounters with deceased friends and loved ones while using this technique. Moody seeks to elevate the use of mirror gazing to a respectable level and demonstrates its potential as a therapeutic tool to heal grief and promote self-discovery. He challenges the mind-set of traditional psychologists and doctors and shows the need for open-mindedness in studying the realms of consciousness.



Life After Loss (Paperback)

Raymond A. Moody, Diane Arcangel

Description: A perfect companion to Moody's best-selling *Life After Life*, this poignant resource allows the reader to utilize the process of grief, loss, or bereavement in a positive manner and offers pointers on how to offer or receive sympathy. Here, Moody and coauthor Arcangel write from personal insight and experience, incorporating stories of others' dealing with grief or loss that make this seem like a work of caring. Moody's earlier investigation of near-death experiences lends depth to his observations and helps make the steps offered to diminish the pain of grief, mourning, and bereavement practical and hopeful. Arcangel, as former director of the Kbler-Ross Center in Houston and a grief workshop facilitator, lends sensitivity to the treatment and discussion. A long section of supportive resources, including books, magazines, articles, newsletters, journals, associations, organizations, bereavement centers, crisis hotlines, support-group leads, and web sites is priceless in locating resources and encouraging follow-up.



For information on others books and DVD by Dr. Raymond Moody, Jr. please go to his web site: www.lifeafterlife.com

"Unshakable faith is only that which can meet reason face to face in every Human epoch."

- Allan Kardec

MAKING THE SPIRITUAL JOURNEY

" We always progress. We never regress..."



Realize it or not, we are all making the spiritual journey. That journey, according to Spiritism, began when our soul was created and will reach its climax when we rid ourselves of the very last trace of any trait that is not totally perfect. The intermediate steps, like the current lifetime we are enjoying

here on earth, are part of this journey in that they provide an opportunity for advancement and growth. According to Spiritism and many other spiritual beliefs, we advance by overcoming our faults and learning new things. The most common method for such advancement is to be found in our behavior during multiple lifetimes. But suppose we want a faster route, a method to bypass the slow but steady path of being born, living and dying?

There are many possible tools for use in the effort to quicken our evolution: good works, devotion, meditation, nonattachment to worldly things and pleasures, surrender to a higher power – the list can be quite long. For us, the important thing is that we ask the question in earnest, that our Guardian Angels may reveal the path for us. The path for one may not be the path for another; the particular ingredients of the recipe for quickening may well be the same for all, but the way they are mixed is probably different according to each person's individual karmic circumstances. But let's look at some of the steps to further refine the search for faster evolution

Self Examination

In The Spirits' Book, St. Augustine related a method he used to examine his day. He looked for transgressions he may have committed, good he did not do, negative thoughts he may have had, unkind words he said and so on. Then, as a check on himself, he asked "If someone else were looking at how he was that day, how would they have felt toward him and what faults may they have found"? Though not perfect, this two step self examination is of great help in identifying those things less than perfect in us.

Of course, self examination may be carried on a deeper level, too, and performed in depth from time to time. It is very helpful to maintain a journal, that you may not only chart your progress but help uproot some pattern that can only be found through consistent writing.

What to do with your findings?

The answer to this question is linked with one's ability to spot a "fault" or some imperfection of character. We used to suffer tremendously from jealousy of others' abilities. Of course, this stemmed from a deep unappreciation of our own abilities! Unfortunately, the fix did not happen quickly. Herein is the first cautionary message. Once embarked on a spiritual path (defined not as just evolving but really consciously intent on self improvement, it will be absolutely necessary to exercise patience and still more patience. The Divine works in its time, and many of the processes for your advancement occur without your knowledge or direction. In a really big way, this angelic help is a huge boost, for it raises us in areas we are not even aware of and makes our path that much easier.

Read the lives of people you admire (saints and others who have done much good)

In works about good and great people, one may find some inspiration and even consolation that even these wonderful people had to struggle. Spiritual advancement is not a silver spoon in the mouth – it is often born of pain and is christened with struggle. The real blessing is to be found in the end result – purification CAN be accomplished. In fact, it is widely believed that this earth is the perfect place for purification, for it comes with effort and struggle. It is in this effort and struggle that we may advance more rapidly than if we just had an easy time of it. This may sound strange, but the struggle toward perfection is all the more meaningful if one has made an investment of effort.



"...Spiritual advancement is not a silver spoon in the mouth – it is often born of pain and is christened with struggle. The real blessing is to be found in the end result – purification CAN be accomplished."

A general instruction

Once the process of self improvement has begun through introspection and modeling, it is of course necessary to perform such acts as prayer and meditation, for these bring you into closer contact with God and your Superior spirits. These acts will also help you to sensitize yourself to the messages of your Guardian Angel. With such a close connection to the being most intimate to you, your way will be made easier, as we have pointed out earlier.

From here, though, the path is quite individualized. Some people with strong wills may need to adopt surrender, some with addictions may need to find ways to control them, some with anger may need to find an antidote...and so on. The important thing to remember as one progresses is that there really IS a plan; it is only up to you to find it and to work it. And that plan is to be found in rooting out your faults and character blemishes – and of course replacing them with the Godly qualities of charity, faith, hope, trust, generosity and such.

Signs of advancement

An early sign of advancement may be the full or partial destruction of your life as you knew it, only to be replaced by a firmer foundation. Farther along, though, the best sign we know that we are advancing is the increase in peace and inner harmony we enjoy. Indeed, it is said in The Spirits' Book that higher existences are happier ones and vice versa – truly happy, not just the fleeting enjoyment of an earthly pleasure.

Summation

Will doing all of the things we mentioned above quicken your evolution? We can't say for sure, but it certainly can go a long way toward such an outcome. It follows that if the end state is perfection, ridding yourself of faults and character defects now will mean that there is just that much less to shed in the future.

- Jim Pursley
(SSB member)

"The body is a vehicle that we use for learning or healing ourselves, for self-redemption, or for accomplishing a specific task."

From the book *And Life Goes On...* by Andre Luiz/Francisco C.Xavier

"When you fall down, pick yourself up and start over again. You are an ever-unfolding soul temporarily enrolled in the school of life."

From the Book *Child of God* by Joanna de Ângelis & Divaldo Franco

Near Death Experience

"...What is the predominant feeling most people experience at the moment of death? Is it doubt, fear, or hope? - Doubt for hardened skeptics, fear for the guilty, and hope for the good." (The Spirits' Book q.961 by Allan Kardec)

A replay of significant events from your life may pass before your eyes — the process only takes a few seconds, but time seems to slow down for you during this process. Next, you may have an out-of-body experience and see emergency workers or medical personnel working on your body. Then you may see a brilliant, warm, white light and find yourself moving through a dark tunnel toward that light. You may even be greeted by friends and family members who have passed on before you. But in a second, the whole transcendental event can end, and you wake up in a strange place, such as a hospital bed. Your near-death experience is over — your physical body survived.

There are, in fact, literally thousands of documented cases of people who have had a near-death experience. Well-established medical doctors, psychologists, theologians, cardiologists, and social scientists of various kinds have done extensive research and detailed study on the phenomenon. Researchers such as Cobb, Crookall, Savage, Hyslop, Richet and many others, have accumulated data from subjects over the last hundred years. More recently, books by doctors Moody, Kubler-Ross, Sabom, Lundahl, Gabbard, Twenlow, and others have been added to an extensive and varied library of professional journal articles and previous research papers.

If there were any questions about the pervasiveness of near-death experience, George Gallup, Jr., of Gallup Poll fame, has laid them to rest. In his book, *Adventures in Immortality*, Mr. Gallup reports that five percent of the U. S. adult population has had a near-death experience. This percentage equals about 8,000,000 people who have had such an experience. If nothing else, Gallup's statistics speak well for the medical emergency technology's ability to resuscitate clinically dead or near-dead patients.

But the pervasiveness of the phenomena has not always been convincing in itself. In 1975, when Dr. Raymond A. Moody,

Jr., Ph.D. published his best-selling book, *Life After Life*, his descriptions and conclusions were often viewed with considerable skepticism or simply dismissed out of hand by members of the medical and scientific community.

In this book, Dr. Moody describes accounts of many different people who have had near-death experiences. He was the first to coin the term "near-death experience."

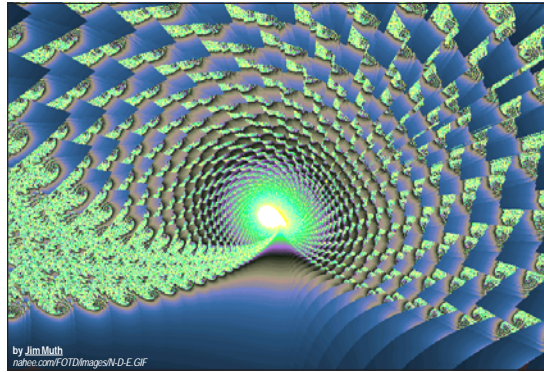
For many, a near-death experience, or NDE, is a life-altering event. This incredibly personal and profound experience proves to the person who went through it that there is in fact life after death.

Perhaps the most remarkable aspect of near-death experiences is the consistency of their descriptions. The consistency occurs in spite of the fact the persons involved uniformly characterize their NDE as inexpressible or ineffable. The difficulty people have in describing their near-death experience appears to be due to the fact that our language is symbolic—words are only

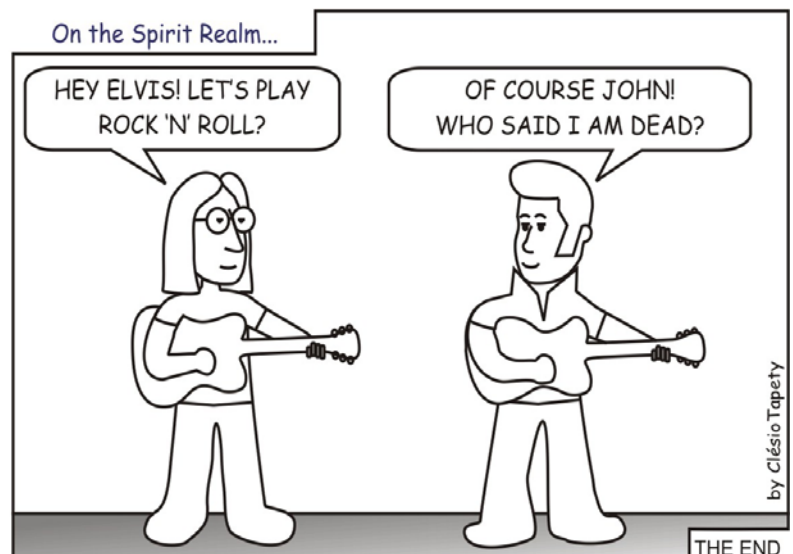
names for our experiences. Inasmuch as NDEs fall outside our common experience, adjectives and superlatives may be inadequate to describe the events that occur during an NDE.

Clearly, near-death experiences provide a strong argument for life after death. Deathbed experiences add additional fuel to the fire. Together, both forms of "data collection" agree with each other and provide us with a better understanding of what might be occurring on the other side.

Near-death experiences are giving society answers to such questions. In general, near-death experiences reveal that the quality of our lives after death isn't determined by HOW we die, but by how we LIVE. ■



From the book *Those Left Behind – Understanding Suicide from a Spiritist View*, by Jussara Korngold (In Press)



Latest News!

LAUNCHING OF NEW BOOKS and CDs

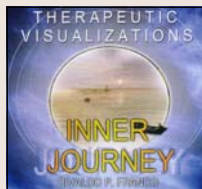
SSB in collaboration with the 'Mansion of the way' brings to you new Spiritist books and CDs

Therapeutic Visualizations – Inner Journey

“Live in a way that you leave enlightening footprints in your pathway as if they were stars pointing out the pathway to happiness.” - *Joanna de Ângelis*.

Deep therapeutic visualizations. Three tracks:

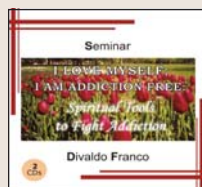
- 1 – *Decision to be happy*
- 2 – *Visualization of Liberation*
- 3 – *Visualization for Inner Balance*



“I love myself, I am addiction-free”: SPIRITUAL TOOLS TO FIGHT ADDICTION

Bilingual book (English - Portuguese) and CD (English) Seminar given by the renowned medium Divaldo Franco in Baltimore, MD - USA, 2005

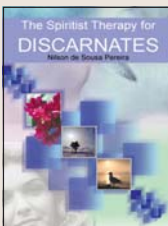
The seminar covered true stories about drug-addiction; family issues in drug-addiction; and genetic, psychosocial, socioeconomic and spiritual issues that induce addiction. Divaldo Franco explored academic and spiritual therapies from a Spiritist perspective. He placed special emphasis on the role of education as a critical factor for the health of the whole person.



The Spiritist Therapy for Discarnates

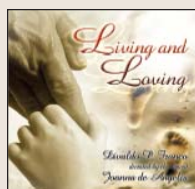
Nilson Pereira

This fascinating book is the most objective guideline to the therapeutic approach for discarnates according to Spiritism. It is strongly recommended to all who are interested in (1) understanding the dynamics of spirit-intervention; (2) working towards a better humankind by using the Spiritist therapy; and (3) being a Spirit counselor/psychotherapist.



Living and Loving (CD)

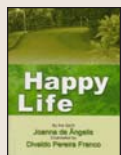
Through the hands of Divaldo Franco, Joanna de Ângelis brings us inspirational messages that will uplift your heart and enlighten your soul. Beautiful voices of Dave Enway and Amy Biank.



Happy Life

Divaldo Franco/Joanna de Ângelis

This book is for your day-to-day use. Each page brings joy and comfort to all events of life.



These books/CDs will be available soon in our online bookstore:
www.ssbaltimore.org

“Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight.”

-Benjamin Franklin

DIVALDO FRANCO IN THE GREATER CHICAGO AREA:

Indigo and Crystal Children: A Spiritist View

Last February 18, the great medium and speaker Divaldo Franco was in Oswego, IL to give a talk on Indigo and Crystal Children. The event was sponsored by The Angel Center and Intuition Unlimited thanks to the efforts of Amy Biank (its host) and Vanessa Anseloni. Divaldo Franco brought deep understanding and new knowledge on Indigo and Crystal Children, according to the Spiritist View. The contents of the talk will soon become a book.



10 YEAR ANNIVERSARY OF ALLAN KARDEC SPIRITIST SOCIETY OF DANBURY, CT.

Divaldo Franco delivered a special lecture at the celebration of this Spiritist Center's 10-year achievement. Approximately three hundred people attended this special occasion.



Congratulations, dear Spiritist friends of the AKSS of Danbury!

Also the AKSS of Danbury has its new website in English and Portuguese versions. Please go and check it out at: www.akscdanbury.com.

DIVALDO FRANCO SPEAKING TOUR IN THE USA

February

- 10 – Orlando, FL - Mental and Spiritual Health
- 11 – Miami, FL - Catastrophes According to Spiritism
- 12 - Pompano Beach, FL - Family Life
- 13 - New York, NY - The Evolution of Thought
- 14 – Newark, NJ - Reincarnation and Life
- 15 - New Jersey, NJ - The Conscious Being
- 16 – Danbury, CT - The Conscious Being
- 17, 18 - Chicago, IL - Indigo and Crystal Children: The Spiritist Perspective



March

- 10 - Santa Monica, CA - Indigo and Crystal Children: The Spiritist Perspective
- 11 - San Diego, CA - To Be or Not To Be: Existential Problems
- 12 - Santa Monica, CA - Between Worlds: Spiritual Influences in our Lives
- 13 - San Francisco, CA - Reincarnation and Spiritual Commitments
- 14 – Washington, DC - Existential Conflicts
- 15, 16 – Baltimore, MD - From Grief to Hope - The Spiritist Therapy for Those Who Stayed.
- 17, 18 – Boston, MA - Existential Conflicts

July

- 21-22 – Lily Dale, NY – **Psychic and Mediumistic Phenomena** (At the 1st Spiritist Weekend in Lily Dale, NY) More info go to www.lilydaleassembly.org

New web site!

The Spiritist Group of Davis, California, announces its new web address. Please check it out at www.spiritism-davis.org

Submission of material to SpiritistNews

Submit your articles, poems, letters to editors, events on the Spiritist English speaking movement in the US and worldwide at ssb@ssbaltimore.org

Educational Fundraiser

A SPECIAL TRIBUTE TO ALL MOTHERS

Celebrate with us!

- Cases on the spiritual power of motherhood
- Visualization to bring harmony to mother-child relationship

Presentation followed by DINNER!

Saturday, May 13, 2006

5:00 PM – 7:00 PM

SpiritWorks Resource Center
1300 York Rd
Building C – 3rd floor
Lutherville, MD 21093

Get your ticket today

PRICE: \$ 15.00 (adult)
\$ 7.00 (8 - 14 years old). 0 - 7yo Free

*Tickets by e-mail, phone,
or at the door*

*"Before the Divine Providence we are all one family, all interconnected, and it is our duty to help each other."
by Andre Luiz/Francisco Xavier*

Course:

TRAINING ON PASSES*

Saturday, April 22, 2006

10:00 AM – 5:00 PM

SpiritWorks Resource Center
1300 York Rd
Building C – 3rd floor
Lutherville, MD 21093

Free Admission

(Registration required)

*Passes is a Spiritist therapy in which a medium and/or spirit source gives spiritual energies or vital fluids to a patient. (...)

For more information,
please visit our website at
<http://www.ssbaltimore.org>

or contact us at (410) 382-5328 or at
ssb@ssbaltimore.org

Sponsored by
THE SPIRITIST SOCIETY OF BALTIMORE, Inc.

UPCOMING EVENTS

2006 WORKSHOP SERIES

Apr 29 - Healing through Reincarnation
May 20 - Parenthood for Modern Times
Jun 24 - Forgive and be healthier... but how
July 29 - Am I a medium? How? Why?

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop
Time:
7:30 PM - 9:15 PM

OUR SERVICE LOCATION

SpiritWorks Resource Center
1300 York Rd - Building C, 3th Floor
Lutherville, MD 21093



WATCH IT

**every Saturday
from 7:30PM
at:
www.ssbaltimore.org**

2006 Calendar (special events)

JANUARY

14- Training for Spiritist Speakers (Course)
28- Indigo and Crystal Children: A Spiritist View (Special Workshop)

FEBRUARY

25- Adolescence and Spirituality (Special Workshop)

MARCH

4 - Spiritism 101 (Course)
9- Training Program (God and Us)
11- SSB General Assembly
16- SPECIAL SEMINAR with Divaldo Franco and Raymond Moody Jr. MD, PhD
25- Sex and Destiny (Special Workshop)

APRIL

13-Movie Discussion: What the Bleep do we know (Special Activity)
22- Training on "Passes" (course)
29- Healing Through Reincarnation (Special Workshop)

MAY

11- Training Program (Sleep and Dreams)
13 - Educational Fundraiser
20- Parenthood for Modern Times (Special Workshop)

JUNE

08- Book Discussion: The Messengers (Special Activity)
24- Forgive and be healthier... but how? (Special Workshop)

JULY

13 Training Program (Reincarnation)
15- Art in Action: mediumistic painting with Maria Gertrudes
29-Am I a medium? How? Why? (Special Workshop)

AUGUST

10- Movie Discussion: Just like Heaven
19- Fun with family -Picnic (Fundraiser)
26- Evolution in Two Worlds: Material evolution driven by Spiritual Conscience (Special Workshop)

SEPTEMBER

14- Training Program (Spiritual Intervention in the Incarnate World)
23-24 - II-Spiritist Retreat
30-A Medical/Psychologic-Spiritist View of Depression (Special Workshop)

OCTOBER

12- Book Discussion: Emmanuel's book (Special Activity)
14- Art & Spirituality Event
28- Do Spirits influence our lives? (Workshop)

NOVEMBER

14- Training Program (Hopes and Solaces)
18- Aging Well (Workshop)

DECEMBER

2- Who is my model? (Workshop)
9- Winter Event - Educational

JOIN OUR ACTIVITIES

STUDY GROUP ON SPIRITISM

These meetings take place every **Thursday** from 8:00 to 9:30PM for the study on Spiritism. They are open to the general public.

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM.

Meditation with Kardec

*Every Saturday 7-8 PM,
except on the day of our
monthly workshops*

Mediumship Educational Meetings

(by invitation only)

These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to Spiritism.

Please, contact us for more info.
Phone: 410 - 382-5328 or
410-837-0991
e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

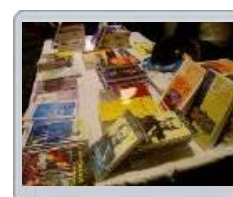
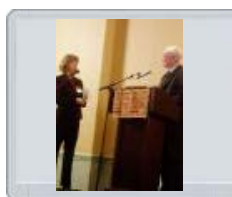
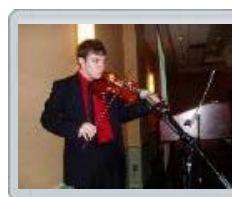
Check [NEWSLETTER](#)
on this Event

PHOTOS from the SEMINAR From Grief to Hope

with Dr. Raymond Moody, Jr. and Divaldo Franco (Sponsored by SSB)

[Information](#)
on this Event

Click on the thumbnail image to display a full photograph





[Back](#)

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SpiritistNews

Year 4, Issue 3, May/June 2006

"To be born, to die,
to be reborn again,
and constantly
progress, that is the
Law."
- Allan Kardec

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Mailing Address:

Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:

Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

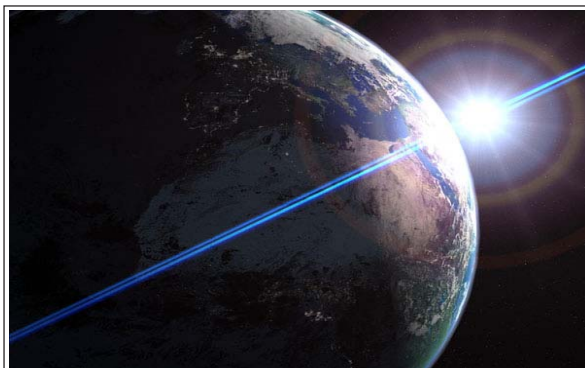
S P I R I T I S M

bringing common sense into our lives

When we look into our past, we can find so many great things, good people, stories of success, victories all around us, those great baseball games when we were 10 y/o struggling with our little league team, our friends from the neighborhood, being selected captain of the class, and that prize from the first spelling bee contest. Those are great memories, but the world has changed for us, people expect so much more from us now, and sometimes we are afraid of not being able to deliver. Anxiety invades us, a constant feeling of insecurity takes over us, and we can't find anything in our life system that can help us to retake control. We look for help, we visit some specialists, we read a couple of books, but still we feel empty, our loving family is there but we cannot connect. We are depressed. We cannot understand, everything was going just fine. We take the medicines, we feel different, but still not us. We keep looking, for answers and for remedies. We try everything. We feel worse. We don't want to continue like this, the worst come to our mind but something tell us that is not right, so the idea is discarded. We don't want to take a shower, foods tastes all the same, we don't want to be awake, but don't want to sleep, we ask for our friends but don't want to see them. We know that depression is not a terminal illness. We can come back from it, but how? Sometimes is too late when we realize that our life system is too fragile and we are not strong enough to confront our fears. That our possessions are our Master, we live for them, and if we lose them, the reason for us to live is also gone.

In the Spiritist Centers, all around the world, we can find stories like this. People that is brought in because of pain and it is great to see how, something as simple as a 30, 40 min conversation can change so dramatically the perspectives that

some people have about their lives. Spiritism is so rich, it makes so much sense into our everyday life that once you expose yourself to its logic and rational way of thinking there's no way back. When we participate in a study group, it is great to see how easy we get to open ourselves and share our points of view with others in the group, usually the studies last few months even few years, so there's plenty of time to connect with others. That's one of the key points of Spiritism. We get to understand



that "without charity there is no salvation" as stated by Allan Kardec. We need to reach inside us, and reform those aspects of our personality that we feel are not right, but also to reach out to others, be there for others. We can connect with our family in a spiritual way while doing the "Gospel at Home", once a week, at

the same day and time, sitting down with our family, doing an opening prayer, reading the Gospel according to Spiritism, then making some comments about the reading and closing with a prayer. That simple routine, this family activity will benefit the family as a whole and to every member individually.

It is never too late to start, it is just a matter of determination. When we realize that we had suffered enough then we make the decision to take actions in favor to our future, that we want to be happier than in our past. Spiritism is a great tool to shape our great future and correct our past. The study group, even a small one, with 4 or 5 participants, will give us the strength to continue moving forward, in our long road to perfection.

God bless us all.

*by Luis Salazar**

* Luis Salazar has been a Spiritist for sixteen years, volunteer worker at *Bezerra de Menezes Kardecian Spiritist Assoc.* Miami, Florida since 2001. Currently, he is Vice-president of the Spiritist Center (2005-2007) - Article submitted on April 2006.



The Enduring Bonds of Affection

Affection is the expression of one heart for another. Affection is born of affinity, or a desire to embrace with the warmth that emanates from the purity of Spirit. As humans may have affection for each other, and indeed for all things in creation, so may they (in the clothing of corporal life) extend the warmth of the heart to those whom they may have known in this life and who have quit the body for the existence of Spirit. And, indeed, the process may be reversed; a Spirit may extend affection to one on the earth.

Is it not comforting to know that, though “deprived” of physical closeness, one may reach out through the means of the universal fluid to one who is no longer in Form? The exchange between incarnate and discarnate may be enhanced greatly according to the degree of affection and selflessness felt by each of them.

A Spirit, who is at least somewhat purified, has full recollection of its former existences but may not be interested in revisiting them as new pursuits arise. But, if the affection emanating from the heart of the human be strong enough and pure enough, it will gain the attention of the Spirit for whom it is intended. The process may work in reverse; a noncorporeal being may desire to improve the lives of those whom it has known before in corporal life and may visit them with messages of love and inspiration.

It is only necessary to reach deeply into the heart and, by touching the loving bonds of affection grown there by mutual caring, one may feel an overwhelming sense of joy and peace at the thought of a departed loved one. Surely a response will come – it is in the nature of things.

- by *Jim Pursley*



Decision to Be Happy*



Joanna de Angelis, in her book *Moments of Health*, establishes “the Divine psyche flows through me. God sustains and guides me all days of my life. There is a flux and reflux of strength that flows through my being and pushes me towards progress. It is up to me to coordinate the movements, choose the goal and move forward. Submitting to this vital force, everything becomes accessible, and I will be able to reach my aspirations in peace.” This is the purpose of the meditations.

About this, Joanna de Angelis writes, “Decision to be happy”. Make every effort to make your life pleasant to yourself and to others. It is important that everything you do shows positive meaning and motivation of new stimuli for the continuation of your existence, which should be characterized by enriching experiences. If the people around you do not agree with your desire to be happy, do not become discouraged. Without any aggression, keep generating well-being. You are the only person whom you can count on from your birth to your death, and after, as a result of your actions. To generate sympathy creating optimistic stimuli for you represents meaningful emotional growth and psychological maturity in full bloom.

It is relevant that your behavior create a pleasant and caring exchange with other people. However, if you do not enjoy it, it will become a torment which will lead you to disturbing and dishonest acts. Your changes in behavior affect the people you interact with. It is natural however, that in fulfilling yourself, you will acquire more resources for generating more happiness around you. All the great leaders of Humankind worked hard until they achieved their goals. To reach what they had selected as happiness, as fundamental to the continued search. Buddha renounced all royal comforts to achieve illumination. Mohammed suffered persecutions and remained unbowed until he attained his goal. Gandhi was imprisoned many times without reaction, faithful to the vision of “no violence” and freedom for his people. And Jesus chose the infamous cross, the change in behavior that focused on love. Everyone who desires integration with the cosmic

consciousness generates sympathy and animosity into the world. They are always at arms length in disagreement with the feelings of others. However, they are faithful to themselves, upon whom they always rely, as well as with God.

When one chooses an enriched lifetime of peace and well being, one is not exempt from suffering, disagreements and other difficulties that may appear. On the contrary, they always emerge with disturbing challenges that they should face without losing their way, and without altering the pleasure they enjoy in preserving the elected behavior. In this way, one transforms the afflicting stimuli into positive contribution without complaint, without suffering, without giving up. Whoever sees only suffering in the struggles of life has a pathologic attitude and needs adequate treatment.

Life is a blessing and must be kept healthy, happy and promising, even when under the injunction of trials and expiations. By turning your life into a pleasant one, your days will be fruitful and sunny. In the decision to be happy, it is indispensable an inner journey to the deepest recesses of the integral being that is the immortal spirit. You are a spirit. You are in a perishable body. The psycho-social mandates, the socio-economic, the socio-emotional, the hereditary, and the prenatal phenomena, all contribute to your reality. Quite often, you find yourself disoriented, bewildered, crushed by the weight of the afflictions that should not be on your shoulders disturbing your sanity. Do not go into rebelliousness.

It is told that Victor Hugo, the admirable French writer, during his exile, was in the habit of going to a place where there was a hill next to the sea at sunset. There, he would sit, delving into prolonged reflections. While the great genius of the neo-latin language meditated, children played around him. After sufficient meditation, the giant of the quill would stand, then bend over, get a stone and throw it into the ocean. This movement had become so common that he did it automatically. One day, one of the children who usually played there, seeing the great writer repeat the gesture of throwing the stone into the ocean, asked with a mischievous look and childish smile: “Monsieur Hugo, Sir, why do you take a stone and throw it into the ocean after meditating each day?” The esteemed, exiled man answered with a tone of melancholy. “I have many problems and have decided to meditate about one problem each day. Then, after studying it, throw it to the ocean of forgetfulness.”

* From the CD: *Therapeutic Visualizations – Inner Journey* by Divaldo Franco/ Joanna de Angelis. See page 7 for more information on this CD.

First Spiritist Weekend in Lily Dale - NY

This July, Spiritism and Spiritualism finally come together again. Join us in this historical event on **July 21 and 22**. [Divaldo Franco](#), [Maria Gertrudes](#) and [Vanessa Anseloni](#) are giving presentations on Spiritism at the mecca of American Spiritualism in Lily Dale. This event is all organized by the Lily Dale Assembly.

REINCARNATION & ITS HEALING FEATURES

Friday, July 21, 2006 1-4pm
Registration: \$40.00
Location: Assembly Hall
Presented by: Vanessa Anseloni



VANESSA ANSELONI is a Brazilian Spiritist who lives in the USA. For years, she has been instructing individuals and group on the profound teachings and practice of Spiritism in the United States and worldwide. Last year, she beautifully conducted a workshop about America and Its Roles on Earth's Spirituality.

In this therapeutical workshop Vanessa Anseloni will:

- Explain the need for reincarnation and its phenomenal mechanisms.
- Instruct about the healing effects of each reincarnation.
- Provide hands-on work on the Spiritist techniques that can potentiate the healing effects of reincarnation.
- Teach how you can recognize your reincarnatory plan of this lifetime, according to Allan Kardec's works.

VANESSA ANSELONI, Psy.D., Ph.D. is a fifth generation Spiritist from Brazil. She is a neuroscientist and assistant professor at the University of Maryland. As a medium, professor, and founder of the Spiritist Society of Baltimore, Maryland, Vanessa trains and conducts mediumship meetings, spiritual treatments and workshops in the U.S. and worldwide.

Painting with the Spirits

Friday, July 21, 2006 7-10pm
Registration: \$20.00
Location: Assembly Hall
Presented by: Maria Gertrudes



Prepare to be enchanted as you watch internationally known Brazilian Spiritist artist Maria Gertrudes Coelho. Painting mediumistically and using both her hands and feet, Maria Gertrudes's beautiful oil-in-canvas works materialize in less than five minutes each. You can identify the various impressionistic styles evident in her work: Joseph Turner, Van Gogh, Monet, Picasso, Renoir, and a dozen more.

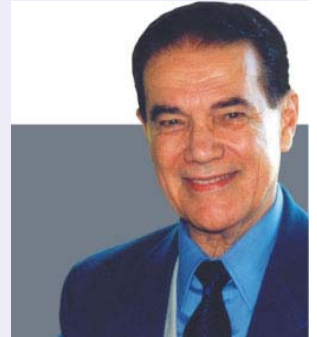
In a single session, Maria Gertrudes, produces between 10 and 12 paintings, and she paints during this demonstration will be sold in a silent auction that follows. Proceeds go, directly to a charity foundation (Fundacao Jeronimo Mendonca) in the interior town of Ituiutaba, state of Minas Gerais, Brazil, in support of educational efforts for local orphans, and vulnerable children and adolescents.

Maria Gertrudes Coelho's work can be found in such prestigious institutions as the World Bank and the Inter-American Development Bank, and was prominently featured in The Washington Post in 2001.

Be Grateful to Everyone!

PSYCHIC AND MEDIUMISTIC PHENOMENA

Saturday, July 22, 2006 9:00am - 1:00pm
Registration: \$49.00
Location: Auditorium
Presented by: Divaldo Franco



Finally in Lily Dale, the Brazilian Spiritist medium Divaldo Franco is one of the outstanding mediums in the world. Divaldo Franco has an inspirational and profound message. Enjoy an inspiring and in-depth journey in the get-to-know of the Spiritist therapeutic approach in mediumship with Divaldo Franco. He will share with you techniques you may have never heard of.

In this marvelous and moving event, Divaldo Franco will:

- Teach about the Spiritist Techniques to facilitate Spirit-phenomena, as of Allan Kardec's works
- Teach about psychic surgeries and their healing effects
- Explain how to educate your mediumship and the needed conditions for a sage and productive outcome
- Run a special visualization to help each participant understand his/her own spirituality.

Join us for this historic joining of Spirit as Divaldo Franco addresses issues of great importance for all humankind in our search for enlightenment. Divaldo is a Brazilian Spiritist Medium and internationally renowned speaker whose appearances have inspired and, touched millions, worldwide.

DIVALDO FRANCO is a worldwide renowned medium and trance-speaker with 62 years of mediumistic practice. Through his extraordinary mediumship, Mr. Franco has psychographed almost 200 books and 70 of them have already been translated in 15 languages, including English. He has given more than 10,000 lectures and spoken in 52 countries in the continents of Europe, Asia, Africa, and the Americas. Divaldo Franco is a spiritual leader who has represented the Spiritist movement at the United Nations meeting for Peace in 2000. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities.

This event is all organized by the Lily Dale Assembly.
For registration and more information click [HERE](#) or
go to <http://www.lilydaleassembly.com/>





THE NEW MEDICINE*

Integrating mind, body, and Spirit

A burgeoning movement is taking place in hospitals and clinics across the United States - integrating the best of high-tech medicine with a new attitude that recognizes that treating the patient as a whole person is essential to the healing process. THE NEW MEDICINE, aired on PBS Wednesday, March 29, 2006 and suggests

that medical practice in America may be on the brink of a transformation. As scientific findings reveal that the mind plays a critical role in the body's capacity to heal, the medical community is beginning to embrace a new range of treatment options, including many once considered fringe.

With host Dana Reeve, who was diagnosed with lung cancer following the death of her husband, Christopher, THE NEW MEDICINE went inside medical schools, healthcare clinics, research institutions and private practices to show physicians on the cutting edge of this new approach. By paying attention to a person's cultural values and lifestyle, stresses and supports, these doctors acknowledge the important role that patients can and should play in their own healing and healthcare.

"For years my husband and I lived on, and because of, hope," says Dana Reeve in the introduction to the program. "Hope continues to give me the mental strength to carry on, but also, I'm convinced, hope very directly influences my physical health."

Until recently, scientists viewed the connection between the mind and the body's response to disease with skepticism. Today, thanks to sophisticated new research, the complex biology of mind-body interaction is becoming clearer, and physicians are discovering how something as intangible as hope can help people heal and something as pervasive as stress can sabotage the body's ability to fight infection. THE NEW MEDICINE introduced viewers to some patients who are receiving a new kind of medical care as a result of this breakthrough in understanding:

Tammy lies in a hospital bed at one of America's leading teaching hospitals, at risk of losing her pre-term baby. Despite all the best that high-tech medicine has to offer her, what may actually save her baby's life is relaxation therapy to address the complex biochemical link between stress, the immune system and illness.

Michael is listening to a soothing voice on a visualization tape that will help him feel positive about his upcoming back surgery and speed his recovery. The source of this New Age-sounding tape? His insurance company.

Matthew, who has cerebral palsy, has lived his entire 18 years with unremitting and sometimes excruciating pain. The new therapy his doctor introduced to provide relief and enable him to attend college next year on his own is self-hypnosis to dial down the pain.

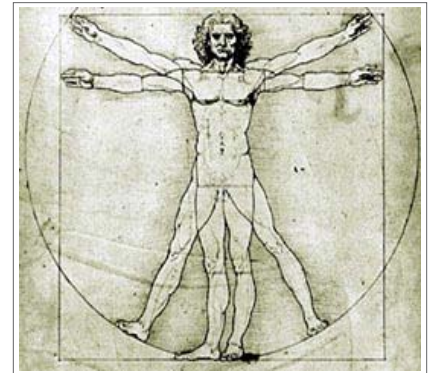


THE NEW MEDICINE explored why even some of the most conservative health institutions are now prescribing meditation and self-hypnosis alongside high-tech modern medicine. "With brain imaging, with molecular biology, cell biology, physiology, we can put all of the pieces of the puzzle together, which we certainly couldn't do even just a few decades ago," explains Dr. Esther Sternberg, research scientist at American University.

THE NEW MEDICINE revealed that medical education is also changing in response to this new science. Drexel University College of Medicine in Philadelphia is one of a growing number of medical schools where there is renewed emphasis on teaching some of the skills of pre-modern medicine - the importance of listening, comforting and encouraging the body's own healing abilities. The traditional doctor-patient relationship is undergoing a shift from paternalism to partnership, as practitioners and consumers alike have begun to promote a more holistic form of healthcare called integrative medicine - seeking to heal the whole person, not simply cure a disease.

Trust and communication are aspects of medicine that have, in many cases, been left behind by a healthcare system in which time is a precious commodity and the average doctor visit with a patient lasts about six minutes. Time to get to know and care about the whole person is a luxury that many physicians feel they don't have.

THE NEW MEDICINE explored the need for medicine to focus more on prevention and engaging people as active players in their own healthcare. At 56, Bill Fink has been wrestling with heart disease for more than 20 years. While high tech medicine has done a good job of keeping him alive, it has done a poor job of keeping him healthy. Now, in a program called "Healing Hearts," at the Scripps Center for Integrative Medicine, he's learning to develop a lifestyle that will keep him out of the operating room - exercising, learning to buy and cook healthy food, attending support groups and stress management classes, taking classes in music, yoga and spirituality, and more.



"Fifty percent of the causes of mortality in this country are related to modifiable behaviors. Smoking, eating, sedentary lifestyles, all of those and more," notes Dr. Dennis H. Novak of Drexel University College of Medicine. Ironically, medical insurance is willing to pay for extremely expensive surgery once a patient with these behaviors becomes acutely ill, but often unwilling to cover the relatively low cost of coaching them through the lifestyle changes that could prevent surgery in the first place.

The National Institutes of Health has been funding rigorous scientific research to determine what alternative healing strategies are safe and effective so that there is solid evidence to broaden medical choices for patients. "Integrative medicine means being able to offer patients a full array of choices from conventional medicine, but to be able to add those complementary and alternative strategies where we have scientific evidence that they work and they're safe," says Dr. Margaret Chesney, Deputy Director of the National Center for Complementary and Alternative Medicine (NCCAM), a division of the NIH.

For those people without health insurance, the option of complementary therapies or a physician who sees a patient as a whole person is rare, but a model program run by Dr. Ellen Beck proves it can be done. THE NEW MEDICINE visited her clinic in La Jolla, California, where medical students, pharmacy students and students of Asian medicine, supervised by volunteer doctors, dentists and nurses, all work together to provide integrative medical care for communities of people who do not qualify for health insurance.

*Source: PBS website

If you missed this documentary you can certainly buy the DVD or read more about it at www.thenewmedicine.org



First United States Spiritist Medical Congress

BRIDGING MEDICINE AND SPIRITUALITY

Washington, D.C., October 7 & 8, 2006

SATURDAY, OCTOBER 7, 2006

- 9am – 12pm **Spirituality in Patient Care** by Harold Koenig, MD
- 12 – 1pm Lunch break
- 1 – 1:40pm **The Spiritist Medical Paradigm** by Marlene Nobre, MD
- 1:40 – 2:30pm **Why Must I Suffer? - Searching for the Soul in Psychiatry** by Andrew Powell, MA, MB.Bchir, MCRP, FRCPSych
- 2:30 – 3:30pm **Mental Disease in Spiritist & Medical Treatment** by Roberto Lúcio Vieira de Souza, MD
- 3:30 – 4:10pm **Spirituality and its Association with Cardiovascular Disease** by Alvaro Avezum, MD
- 4:10 – 5:20pm **The Impact of Reincarnation on the Paradigm of Change** by Décio Iandoli Jr., MD
- 5:20 – 6pm **Organic and Psychic Phenomenology of Mediumship** by Sérgio Felipe de Oliveira, MD

SPEAKERS FROM THE U.S.A and U.K.



SEMINAR - PROFESSOR HAROLD KOENIG, MD
- **Spirituality in Patient Care:** Saturday, October 7, 9:00 am to 12:00 pm

Medical degree from the University of California, San Francisco, with specialization in Geriatrics, Psychiatry and Biostatistics · Associate Professor of Medicine and Psychiatry, and Director of the Center for Spirituality, Theology and Health at Duke University, North Carolina · Author of 30 books and more than two hundred articles and materials on mental health, geriatrics and religion ·

Editor of two specialized medical publications: International Journal of Psychiatry in Medicine and Research News & Opportunities in Science and Theology · His Handbook of Religion and Health is considered the most complete approach on the subject.



LECTURES BY PROFESSOR MERLVIN MORSE, MD
- **Near Death Experiences – NDE**
- **Where God Lives (Areas of the brain as a biological interface with an interconnected universe):** Sunday, October 8, 9 am to 11 am

Medical degree from George Washington University, Washington, D.C., with a specialization in Pediatrics · Besides private practice, is a professor in Seattle at the University of Washington · Has done research on brain tumors and leukemia, and founded the

Pediatric Interim Care Center for children exposed to cocaine during the pre-natal phase · In 2005, founded a clinic for the diagnosis and treatment of autism · Twenty years ago, was the first to research Near Death Experiences (NDE) in children · Has produced scientific articles and books that have generated numerous documentaries and interviews · Wrote the best-sellers *Closer to the Light* (translated into 19 languages in 38 countries), *Transformed by the Light*, *Parting Visions* and *Where God Lives*.



LECTURES BY PROFESSOR ANDREW POWELL MA, MB.Bchir, MCRP, FRCPSych
- **Why Must I Suffer? - Searching for the Soul in Psychiatry:** Saturday, October 7, 1:40 pm
- **Spirit Attachment, Spirit Release and Soul Integration:** Sunday, October 8, 11:10 am

Degree in Psychiatry from Cambridge University, with a specialization in Psychiatry and Psychotherapy from Maudsley Hospital, London · Worked for eleven years as Consultant and

Senior Professor at St. George Hospital, also in London. Moved to Oxford, where he continued working for the National Health Service until 2000 · Was counselor for the Scientific & Medical Network · In 1999, founded the Spirituality and Psychiatry Special Interest Group at the Royal College of Psychiatrists in the United Kingdom, of which he is President, and which assembles more than 1,000 psychiatrists (www.rcpsych.ac.uk/spirit). Scientific publications and articles are listed at www.rcpsych.ac.uk/college/sig/spirit/publications/index.htm

BRAZILIAN SPEAKERS



ALBERTO ALMEIDA, MD
- **Forgiveness and Reconciliation:** Sunday, October 8, 1:00 p.m.
- **Love and its Healing Power:** Sunday, October 8, 5:20 p.m.

Physician and therapist with specializations in Homeopathy, Transpersonal Psychology, Group Dynamics, Regressive and Past Life Therapy, Systemic Family Therapy and Neuro-Linguistic Programming.

SUNDAY, OCTOBER 8, 2006

- 9 – 11am **Near Death Experiences – NDE and Where God Lives (Areas of the brain as a biological interface with an interconnected universe)** by Melvin Morse, MD
- 11:10am – 12pm **Spirit Attachment, Spirit Release and Soul Integration** by Andrew Powell, MA, MB.Bchir, MCRP, FRCPSych
- 12 – 1pm Lunch break
- 1 – 1:40pm **Forgiveness and Reconciliation** by Alberto Almeida, MD
- 1:40 – 2:20pm **Transdimensional Physiology** by Décio Iandoli Jr., MD
- 2:20 – 3:20pm **Universities and Spirituality in the 3rd Millennium** by Sérgio Felipe de Oliveira, MD
- 3:20 – 4pm **The Multiple Faces of Depression** by Roberto Lúcio Vieira de Souza, MD
- 4 – 4:40pm **Scientific Evidence of Intercessory Prayer: A Systematic Review** by Alvaro Avezum, MD
- 4:40 – 5:20pm **Scientific Evidence for Life after Death: Research on Mediumship** by Marlene Nobre, MD
- 5:20 – 6pm **Love and its Healing Power** by Alberto Almeida, MD



ÁLVARO AVEZUM, MD
- **Spirituality and its Association with Cardiovascular Disease:** Saturday, October 7, 3:30 p.m.

> **Scientific Evidence of Intercessory Prayer: A Systematic Review:** Sunday, October 8, 4:00 p.m.

Medical degree from the Federal University of the Mineiran Triangle (Universidade Federal do Triângulo Mineiro), with residency in General Practice at the Federal University of the Mineiran Triangle · Residency

in Clinical Cardiology at the Dante Pazzanese Institute, and in Emergency and Intensive Therapy at the Dante Pazzanese Institute · Fellowship in Clinical Epidemiology (MSc) at McMaster University, Hamilton, Canada. Medical degree from the University of Sao Paulo. Director for the Research Department at the Dante Pazzanese Institute of Cardiology.



DÉCIO IANDOLI JR, MD
- **The Impact of Reincarnation on the Paradigm of Change:** Saturday, October 7, 4:10 p.m.

- **Transdimensional Physiology:** Sunday, October 8, 1:40 p.m.

Physician specializing in Digestive System Surgery. Medical degree from the Federal University of Sao Paulo – Unifesp. Full professor of Physiology in courses in Biology, Physiotherapy and Pharmaceutics at the University of Santa Cecília at Santos (Universidade Santa Cecília de Santos – UNISANTA), State of Sao Paulo. Associate Professor of Health and Spirituality in the course for Gerontology at UNISANTA and member of the Brazilian Spiritist & Medical Association (Associação Médico Espírita AME) Santos, Sao Paulo. Author of several books.



MARLENE NOBRE, MD
- **The Spiritist Medical Paradigm:** Saturday, October 7, 1:00 p.m.
- **Scientific Evidence for Life after Death: Research on Mediumship:** Sunday, October 8, 4:40 p.m.

Gynecologist specializing in cancer prevention. President of AME-Brazil and AME-International. Editor responsible for the newspaper *Folha Espírita – FE*, Sao Paulo · President of G.E. Cairbar Schutel and of *Creche Lar do Alvorecer*. Author of several books.



ROBERTO LÚCIO VIEIRA DE SOUZA, MD
- **Mental Disease in Spiritist & Medical Treatment:** Saturday, October 7, 2:30 p.m.

- **The Multiple Faces of Depression:** Sunday, October 8, 3:20 p.m.

Medical degree from the Federal University of Minas Gerais, with residency in Psychiatry at the Minas Gerais State Hospital Foundation · Vice-president of AME-Brazil · Founder and Publications Director of AME-MG · Assisting Physician at André Luiz Spiritist Hospital. Psychiatrist and Psychotherapist at the Renascimento Psychic Assistance Institute. Author of several books.



SÉRGIO FELIPE DE OLIVEIRA, MD
- **Organic and Psychic Phenomenology of Mediumship:** Saturday, October 7, 5:20 p.m.

- **Universities and Spirituality in the 3rd Millennium:** Sunday, October 8, 2:20 p.m.

Medical degree from the University of Sao Paulo · Master's degree in Neurosciences from the University of Sao Paulo · Director of the Pineal Mind Health Institute · Founder and Director of the Unispirit project and President of AME-SP.

Sponsored by the United States Spiritist Council and the International Spiritist Medical Association (Info.: www.usmcongress.org/index.en.htm)

THE MEDIUMS' BOOK

ALLAN KARDEC



Good or Imperfect Mediums? Tell someone about it!

Have you ever changed something in your life after receiving a medium's reading? Do you feel that you may have a hard time discerning good from imperfect mediums? Well, save your time and money and get to know the features of imperfect and good mediums. In the book on Mediums, *chapter 16*, Allan Kardec compiled a very thorough list on the classification of mediums *according to their moral qualities*. Kardec "asked especial attention in regard to the influence exercised by the good and bad qualities of mediums upon the reliability of the communications received by them, and the indications which enable us to decide between *imperfect mediums*, and those whom we may rightly consider as *good mediums*." Do not let you or your loved ones be misguided. Learn about the characteristics of good and imperfect mediums and tell someone about it!

Good Mediums

Serious mediums: those who only use their faculties for good and really useful ends, and who would regard it as a profanation to use them for the satisfaction of the curious and indifferent, or for any futile purpose.

Modest mediums; those who make no merit of the communications they receive, however good they may be they look upon themselves as being only the instruments of others, and do not regard themselves as infallible. Far from shunning disinterested counsel, in regard to the exercise of their mediumship, they seek it.

Devoted mediums: those who understand that the true medium has a mission to fulfill, and that he must be ready, when necessary, to sacrifice his tastes, habits, pleasure, time, and even his worldly interests, to the good of others.

Safe mediums: those who, in addition to their power, are worthy of confidence on account of their personal excellence and the elevated nature of the spirits who assist them, and who are thus the least likely to be deceived. We shall see hereafter that this security does not depend in any way upon the honorability of the names assumed by the communicating spirits.

Forgive and Forget

Sincerely forgive the prevailing ignorance.

Do not expect any justification from the other, the one who offended you.

Overcome the ingredients of his aggression and try really to forget the bad occurrence.

The person who carries grudges is intoxicated by the miasmas that they expel. The aggressor is unbalanced and needs the medicine of goodness to recover.

He has lost his lucidity, and for this reason he attacks.

Give him the opportunity that he did not give you.

The position of the generous person is always more comfortable.

It is better for you to be the giver, meaning that you have already attained what your neighbor lacks.

(Happy Life by Divaldo Franco/Joanna de Angelis)

Imperfect Mediums

Mediums who are obsessed: those who cannot rid them selves of importunate, deceptive spirits, but who are fully aware of; and regret, this obsession.

Fascinated mediums: those who are acted upon by deceptive spirits, but who are not aware of this obsession, and who are consequently under a delusion as to the nature of the communications they receive.

Subjugated mediums: those who are under the moral, and sometimes the physical, domination of evil spirits.

Frivolous mediums: those who do not regard their faculty in a serious light, and who exercise it only for amusement or for futile objects.

Careless mediums: those who derive no moral profit from the instructions which they receive, and whose attitude and habits are not improved thereby.

Presumptuous mediums: those who assume themselves to be the only ones who are in communication with superior spirits. They believe themselves to be infallible, and regard as worthless and erroneous whatever does not come through them.

Proud mediums; those who feed their vanity with the communications which they receive, imagine themselves to have nothing more to learn in regard to Spiritism, and do not apply to themselves the lessons often read to them by spirits. Not contented with the mediumistic faculties they possess, they imagine themselves to possess all the others.

Touchy mediums; they are a variety of the proud ones, and are hurt at the criticisms of which they are the object; they take offence at the slightest contradiction, and, if they show what they obtain, they do so in order to be admired, and not at all to profit by the opinion of the listeners. They generally take an aversion to those who do not applaud them unreservedly, and desert the meetings in which they cannot take a leading part.

Mercenary mediums: those who make their faculty a source of financial gain.

Ambitious mediums: those who, without putting a price upon the exercise of their faculty, seek to turn it to their own advantage, social, or other.

Dishonest mediums: those who, possessing some genuine mediumistic faculties, simulate others which they do not possess, in order to give themselves importance.

Selfish mediums: those who use their faculty only for personal ends, and who keep to themselves the communications they receive.

Jealous mediums: those who are vexed at seeing other mediums better developed, and more highly appreciated, than themselves.

All these bad qualities of mediums have necessarily their counterparts in good ones.

Source: *The Mediums' Book* by Allan Kardec, chap XVI, item 196-197, FEB

CHARITY IS LOVE IN ACTION!



The **SSB bookstore** is finally online. Now you can buy your book or CD by using your Credit Card (*MasterCard, Visa, American Express, Discover*) or Paypal System. Also, special discounts will be offered to Spiritist Centers. To visit it, please go to www.ssbaltimore.org/bookstore

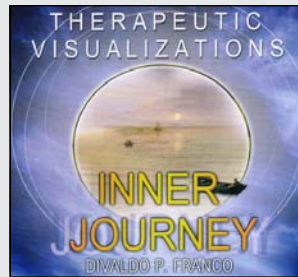
NEW SPIRITIST BOOKS and CDs

Therapeutic Visualizations – Inner Journey

“Live in a way that you leave enlightening footprints in your pathway as if they were stars pointing out the pathway to happiness.” - *Joanna de Ângelis.*

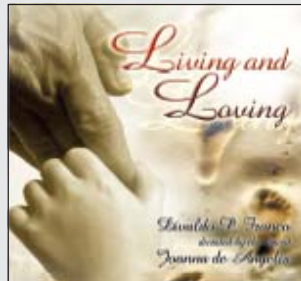
Deep therapeutic visualizations. Three tracks:

- 1 – *Decision to be happy*
- 2 – *Visualization of Liberation*
- 3 – *Visualization for Inner Balance*



Living and Loving (CD)

Through the hands of Divaldo Franco, Joanna de Ângelis brings us inspirational messages that will uplift your heart and enlighten your soul. Beautiful voices of *Dave Enway* and *Amy Biank*.



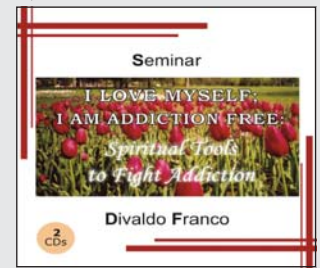
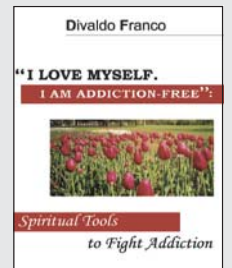
These books/CDs are available for purchase at SSB bookstore online. The production of these materials is a fruit of collaboration between SSB and the "Mansion of the Way"

“I love myself, I am addiction-free”: SPIRITUAL TOOLS TO FIGHT ADDICTION

Bilingual book (English - Portuguese) and CD (English). *Seminar given by the renowned medium Divaldo Franco in Baltimore, MD - USA, 2005*

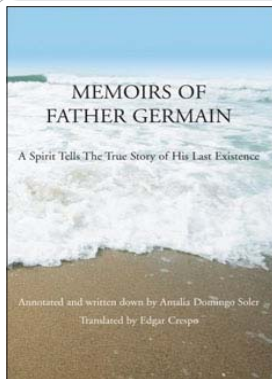
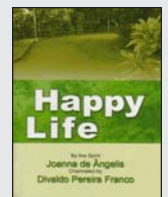
The seminar covered true stories about drug addiction; family issues in drug-addiction; and genetic, psychosocial, socioeconomic and spiritual issues that induce addiction. Divaldo Franco explored academic and spiritual therapies from a Spiritist perspective. He placed special emphasis on the role of education as a critical factor for the health of the whole person.

(CD voices: *Greg Stewart* and *Vanessa Anseloni*)



Happy Life

Divaldo Franco/Joanna de Ângelis
This book is for your day-to-day use. Each page page brings joy and comfort to all events of life.



Memoirs of Father Germain: *A Spirit Tells The True Story of His Last Existence* by *Amalia Domingo Soler*

Memoirs of Father Germain is the touching, true account of this beloved priest's life relayed to the Spiritist writer **Amalia Domingo Soler** of Spain. (The spirit communications were received through an unconscious medium and Ms. Soler wrote them down...Father Germain was also her spirit guide). The true life story of Father Germain is full of intrigue, adventure, human emotion, and morality... which will provide you with tremendous love, inspiration, and hope!

The book is available for purchase at Amazon.com, Barnes & Nobles, and other book websites in paperback for \$21.95.

(Annotated and written down by *Amalia Domingo Soler* Translated into English by *Edgar Crespo* from the *Spiritist Society of Florida*)

BE OPEN...

Be open to new ideas.

Discuss them, compare them with what you know and think. Get the most benefit possible out of information that is new to you.

Healthy ideas renew the emotions and supply the feelings with stimuli and enthusiasm.

Nobody is so wise that they do not need to learn more, or so complete that they can dispense with other contributions to their inner growth.

Learn more and be receptive to new contributions.

HAPPY LIFE by *Divaldo Franco/Joanna de Angelis*

Submission of material to *SpiritistNews*

Submit your articles, poems, letters to editors, events on the Spiritist English speaking movement in the US and worldwide at ssb@ssbaltimore.org

Special Event

ART and SPIRITUALITY in ACTION

by the worldwide acclaimed Brazilian medium painter Maria Gertrudes
Don't miss this unique opportunity to see Ms. Gertrudes Channeling great artists!



Saturday, July 15, 2006 • 6 - 8:00 PM
• Spirit Works Resource Center
1300 York Rd - Building C • Lutherville, MD
Free Admission
(Bring cash or checkbook if you would like to buy a painting)

MARIA GERTRUDES COELHO, the Brazilian artist who produces original paintings in the styles of Joseph Turner, Van Gogh, Monet, Picasso, Renoir and a dozen other great impressionists is back in the area to hold FREE public painting session followed by live or silent auctions. Proceedings go directly to a charity foundation (Fundação Jeronimo Mendonça) in the interior town of Ituiutaba, state of Minas Gerais, Brazil, in support of educational efforts for local orphans and at-risk children and adolescents.

Each painting takes less than 5 minutes to materialize. Maria Gertrudes paints with her hands and feet (oil on canvas), and her work is truly beautiful. Each session takes about 60 minutes, and she can paint up to 10-12 paintings per session, always a mix of different artists. This is Maria Gertrudes' fourth visit to the great Washington-Baltimore area. During her previous visits in 2001 and 2003 she performed over 20 sessions and produced and sold nearly 250 paintings in various locations, including institutions such as the World Bank and the Inter-American Development Bank. The funds she's been able to raise with her paintings have allowed her to almost finish the construction phase of the Foundation, with 14 rooms and a large recreational area dedicated to ongoing workshops organized by volunteers on all types of artistic and professional education.

Maria Gertrudes has enchanted thousands of people throughout the world with her phenomenal artistic gifts, producing over 4,500 paintings since 1996. Her mission is to complete 5,000 paintings, and this feat will be achieved this year. THE WASHINGTON POST dedicated half a page to her work in the Arts Session, published in July 12, 2001.

This event is sponsored by the *Spiritist Society of Baltimore, Inc.*
 For more information, please call 410-382-5328

Special Talk
Scientific Research on Mediumship - Present and Past
 by Alexander Moreira-Almeida, MD, PhD



Alexander Moreira-Almeida, MD, PhD, is a Clinical Psychiatrist, Founder and Director of NEPER (Center for the Study of Religious and Spiritual Problems) at the Institute of Psychiatry, University of Sao Paulo, Brazil. He is a Post-Doctoral Fellow in Religion and Health at Duke University Medical Center. His research interests include mediumistic trances and the relationship between spirituality and health.

Saturday, June 10, 2006
7:30 PM - 9:00 PM

Spirit Works Resource Center
1300 York Rd -Building C, 3rd fl.
Lutherville, MD

Free Admission

If you have any questions, please give us a call at (410) 382-5328.

Sponsored by the
 SPIRITIST SOCIETY OF BALTIMORE, Inc.

UPCOMING EVENTS

2006 WORKSHOP SERIES

May 20 - Parenthood for Modern Times
 Jun 24 - Forgive and be healthier... but how
 July 29 - Am I a medium? How? Why?
 Agu 26 - Evolution in Two Worlds: Material evolution driven by Spiritual Conscience
Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop
 Time:
7:30 PM - 9:15 PM

OUR SERVICE LOCATION

SpiritWorks Resource Center
 1300 York Rd - Building C, 3rd Floor
 Lutherville, MD 21093



WATCH IT

every Saturday
from 7:30PM
at:
www.ssbaltimore.org

2006 Calendar (special events)

JANUARY

14- Training for Spiritist Speakers (Course)
 28- Indigo and Crystal Children: A Spiritist View (Special Workshop)

FEBRUARY

25- Adolescence and Spirituality (Special Workshop)

MARCH

4 - Spiritism 101 (Course)
 9- Training Program (God and Us)
 11- SSB General Assembly
 16- SPECIAL SEMINAR with Divaldo Franco and Raymond Moody Jr. MD, PhD
 25- Sex and Destiny (Special Workshop)

APRIL

13-Movie Discussion: What the Bleep do we know (Special Activity)
 22- Training on "Passes" (course)
 29- Healing Through Reincarnation (Special Workshop)

MAY

11- Training Program (Sleep and Dreams)
 13 - Educational Fundraiser
 20- Parenthood for Modern Times (Special Workshop)

JUNE

08- Book Discussion: The Messengers (Special Activity)
 24- Forgive and be healthier... but how? (Special Workshop)

JULY

13 Training Program (Reincarnation)
 15- Art in Action: mediumistic painting with Maria Gertrudes
 29-Am I a medium? How? Why? (Special Workshop)

AUGUST

10- Movie Discussion: Just like Heaven
 19- Fun with family -Picnic (Fundraiser)
 26- Evolution in Two Worlds: Material evolution driven by Spiritual Conscience (Special Workshop)

SEPTEMBER

14- Training Program (Spiritual Intervention in the Incarnate World)
 30-A Medical/Psychologic-Spiritist View of Depression (Special Workshop)

OCTOBER

12- Book Discussion: Emmanuel's book (Special Activity)
 21-22 - II-Spiritist Retreat
 28- Do Spirits influence our lives? (Workshop)

NOVEMBER

14- Training Program (Hopes and Solaces)
 18- Aging Well (Workshop)

DECEMBER

2- Who is my model? (workshop)
 9- Art & Spirituality Event (Fundraiser)

JOIN OUR ACTIVITIES

STUDY GROUP ON SPIRITISM

These meetings take place every **Thursday** from 8:00 to 9:30PM for the study on Spiritism. They are open to the general public.

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM.

Meditation with Kardec

Every Saturday 7-8 PM, except on the day of our monthly workshops

Mediumship Educational Meetings

(by invitation only)
 These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to Spiritism.

Please, contact us for more info.
 Phone: 410 - 382-5328 or 410-837-0991
 e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

SpiritistNews

Year 4, Issue 4, July/August 2006

"To be born, to die,
to be reborn again,
and constantly
progress, that is the
Law."
- Allan Kardec

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Mailing Address:
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:
Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

When Spiritism and Spiritualism Come Together for the First Time in the United States

Words cannot express the immense joy celebrated by several people who attended the workshops performed by Dr. Vanessa Anseloni and Professor Divaldo Franco at Lily Dale-NY, last weekend. It was the marking of a new era, which brought Spiritism and Spiritualism closer together!

Dr. Anseloni and the Spiritist Society of Baltimore compiled three wonderful presentations introducing to the public in attendance foundations of Spiritism: Reincarnation as a form of healing, history and real purpose of mediumship, and an exhibition of great mediumistic paintings performed by the Brazilian medium Maria Gertrudes.

The first seminar was conducted by Dr. Anseloni on reincarnation - a topic that somewhat separates the philosophies. Making use of her vast background in Neuroscience and Psychology, Dr. Anseloni was able to provide scientific evidence of the topic and tie it to God's Divine justice as a form of healing. The audience was both enlightened and moved.

Following that same afternoon, the well-known Brazilian medium Maria Gertrudes performed mediumistic paintings in front of a large crowd. Several paintings were generated in the course of one hour. The proceeds from the auction of the paintings went to support her non-profit organization for needy children in Minas Gerais, Brazil - Gertrudes' organization project houses more than 100 children in grades K-12 and several living with learning disabilities. It is one of the many projects in which Ms. Gertrudes helping throughout her life from her dedicated mediumistic work.

As it was elucidated in all workshops, Spiritism views mediumship as a sacred mission and the same should never charge for individual gain. Like Spiritualists, several Spiritists strive to achieve high degrees in their professions as part of spiritual



evolution. Hence, Mediumship in Spiritism is never seen as a profession - it is a work of selflessness to get one closer to God. Several outstanding paintings were created mediunicalistically that night - a blessed event indeed.

The weekend events culminated with Professor Franco's workshop the following day in which he presented a historic timeline of mediumistic moments through time, detailing the phenomena (including pre-historical and biblical accounts) and the purpose of this sense. Professor Franco brilliantly related several mediumistic moments, several scientific points of view, and masterfully united Spiritism and Spiritualism under his explanations.

The event was marked by an elucidating message from Dr. Menezes (a discarnate Brazilian physician) mediumistically pronounced by Franco. In it Dr Menezes provided guidance to the relation and responsibility of spiritualists and spiritists. (*read his message below*). ■

by Daniel and Marcia Benjamin*

* Marcia and Daniel Benjamin are members of the Allan Kardec Educational Society-AKSS and the Allan Kardec Fellowship of California. They have been active in Spiritism in the U.S. for the last 20 years.

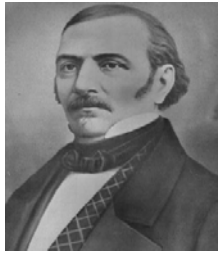


Message to Spiritists and Spiritualists

Dear friends, we live a historic time in the building of a better world. Our knowledge of the truth is a commitment with the Lord of Life to make society happier. Be useful in the knowledge of truth. There is great harshness in the hearts and lots of suffering in the inner world of human beings. To sow the light of hope in the fertile soil of human needs is our duty in the name of the one who is the way, the truth and the life. You have signed an agreement before birth. You have become an instrument of the truth that now you must honor. The time is this and it cannot be delayed. Love and be joyful for you have been called for the work of eternal love. Strive so you can be chosen as faithful servants in the name of Jesus. We signed an alliance of the

Spiritualist spirits and the Spiritist spirits in this city working on the future of blessings for Humanity. May God bless you, dear souls. With tenderness from the devoted, humble and fraternal server, *Bezerra de Menezes*. Much Peace!

This message was received through the medium Divaldo Franco at the closing ceremony of the *First Spiritist Weekend in the Spiritualist City* - Lily Dale, NY, on July 22, 2006 - *Original message in Portuguese, translated by Vanessa Anseloni*.



Allan Kardec
The Codifier of
SPIRITISM

SPIRITISM AND SPIRITUALISM

Paris, September 14, 1869, at the house of Miss Anna Blackwell

One can hardly imagine how happy I am in seeing my good friends gathered together. I am among you, in a congenial and benevolent atmosphere that pleases my spirit and my heart.

For quite some time I have heartily desired the establishment of a regular relationship between the French school and the American one. In order for us to understand one another, it would be sufficient to meet and exchange ideas. I have always considered your hall, dear lady, as a bridge launched between Europe and America, between France and England, destined to suppress the divergences that separate us, and to establish a chain of common ideas from which a union would result in the future.

Dear Mr. Peebles, allow me to congratulate you for your sincere desire to communicate with us. We should not be concerned if we are spiritists or spiritualists. We truly are individuals and Spirits that conscientiously search for the truth and that will acknowledge it with recognition, whether it is a result of French or American studies.

Spirits conserve in Space their affinities and their earthly habits. The Spirits of deceased Americans remain Americans, as the discarnates that lived in France remain French in the spirit world. From this results the difference of education in some centers. Each group of Spirits, due to its own nature, its nationality, makes its instructions suitable to the character, the special genius of those to whom it addresses itself. But in the same manner that on Earth the barriers that separate the nationalities tend to disappear, in Space the distinctive characters disappear, the nuances mix with one another, and in a future time, closer than you think, there will be no more French, English or American on Earth or in Space, but only Individuals and Spirits, all children of God, dedicated, due to all their faculties, to progress and universal regeneration.

Ladies and gentlemen, tonight at this meeting I salute the dawn of a future union of the diverse spiritist schools, and I am glad to count Mr. Peebles among those without bias, whose assistance and goodwill will assure the heartiness of our teachings in the future and their universal dissemination.

Translate my works! Only the arguments against reincarnation are known in America. When the demonstrations in favor of this principle become popular, Spiritism and Spiritualism will walk hand in hand and will become, as a result of their union, the natural Philosophy embraced by all.

- Allan Kardec

Source: *Revista Espirita* p. 460-1, 1869 - (Portugues) FEB - "Communications of Allan Kardec." - Translated by Jussara Korngold



Mr. Peebles
One of the leading
American Spiritualist of
the 19th Century.

A Spiritist Weekend in Lily Dale-NY*

After accidentally discovering Spiritism while on a trip to Brazil nearly three years ago, it is ironic that I would now visit the Spiritualist community of Lily Dale, New York to hear Brazilian lecturers. However, since I actually learned of this 150-year old community, which is the center of the American Spiritualist movement from Brazilian Spiritists, perhaps this was an appropriate journey.

I had already heard both lecturers Vanessa Anseloni and Divaldo Franco speak on prior occasions. And, I had also previously witnessed the wonderful mediumship of artist, Maria Gertrudes. Therefore, there was one prevailing question in my mind when I arrived at Lily Dale on Thursday, July 20th: Since Brazilian Spiritists seem to know a lot about American Spiritualism, do American Spiritualists know anything about Spiritism? Also, how similar is Spiritism to Spiritualism in the US?

These questions were easy to answer during the wonderful weekend at Lily Dale because everyone was very friendly and more than willing to discuss spirituality. While a couple of people I spoke with had heard the term "Spiritism," most Americans knew nothing about Spiritism. This is not surprising since the United States Spiritist Council (www.usspiritistcouncil.com) was only formed in November, 1997. There was a small handful of Spiritist Centers in the US prior to 1997 and today there are over 70 Spiritist Centers in the US. However, most centers are predominately Brazilian with some conducting meetings only in Portuguese. When I expressed my frustration of wanting to help disseminate Spiritism in America to Ellen Bourn, the current president of the Lily Dale Assembly, she shared my frustration and told me that even though Spiritualism has been in the United States for over 150 years, relatively few Americans participate or are aware of the movement. I recently visited the National Spiritualist Association of Churches' web site (www.nsa.org) and discovered the NSAC general offices are

actually located in Lily Dale and was founded in 1893. I was surprised to learn that there are approximately 80 Spiritualist churches across the US. However, I know of one Spiritualist church located in Washington, DC where you will only find approximately 20-25 people attending the Sunday service.

How similar is Spiritism to Spiritualism? From what I learned during my weekend at Lily Dale, I would have to say, very similar. The main difference is that Spiritualism, according to the principles published by the NSAC does not recognize reincarnation as one of its' principles. However, reincarnation is a very important part of Spiritism. It is interesting to note that everyone I talked with at Lily Dale personally believed in reincarnation, even though it is not officially recognized by the Spiritualist Church located within the community. In fact, while shopping in the wonderful Lily Dale bookstore, a person actually reminded me that one of the most well known mediums in recent US history, Edgar Cayce (www.edgarcayce.org) struggled with the concept of reincarnation. Apparently, Cayce was raised as a strict Christian but later the spirits revealed the principle of reincarnation to him. (*cont. p.3*)



From Left: Vanessa Anseloni, Tom Cratsley, Divaldo Franco and Maria Gertrudes



Another small difference I noticed between Spiritism and Spiritualism is that Spiritism is based around a set of principles that was originally comprised of five books codified and published in France by Allan Kardec in the 1850's.

These enlightening and eloquent books contain messages from the spirits that were brought forth from various mediums in Western Europe. Therefore, it could be said that the comprehensive Spiritism was dictated to us by the Spirit World. After attending a public meeting at Lily Dale and speaking with various attendees, it seemed that some modern Spiritualist teachings are taken from some of our popular authors, such as Dr. Wayne Dyer and Louise Hay. However, Jack Ericson, a member of the Lily Dale Church for over 20 years, was nice enough to give me a tour of the Lily Dale Library. There I saw many old books and journals that form the basis of the Spiritualist beliefs. After speaking with Jack, I could see that Lily Dale has a difficult task ahead with the preservation and perhaps re-publishing of some of these precious books. It is also interesting to note that in the late 1800's there were over 200 journals published per year about Spiritualism. Therefore, one could not help but think that the Spiritualist movement was much more popular in the 1800's than it is today. However, on the other hand, Spiritism has grown to include a few million people around the world, but mostly in Brazil.

One last difference I noticed between Spiritists and Spiritualists is that Spiritism prohibits mediums from accepting money for their spiritual work. This way no one can say that a medium is "faking" spiritual work for profit. Also, it is believed that a medium's sensitivity is more likely to be pure without the pressure of having "to perform" for money. This principle clearly does not work for the community of Lily Dale. For example, the town charges a gate fee per day for guests to enter the grounds. Most people visit Lily Dale so they can attend a workshop or to get a reading from one of the community's registered mediums who also charge for their services. Therefore, one might say the entire community is setup to accept money for spiritual work. I am not pointing this out in any way to criticize the community of Lily Dale. On the contrary, I met wonderful people there who seem to be highly dedicated to spirituality. Also, homes there are very quaint, but humble and it is obvious that no one is getting rich in Lily Dale. Since Lily Dale only charges a gate fee during the Summer months, one gets the idea that the Lily Dale Assembly could use some financial help which I believe to be a worth while cause as it serves such an important role in preserving and disseminating Spiritualism in America.

Accepting money for mediumship is a difficult issue. Two people who are very active in the Lily Dale community told me that they believe the primary reason mediums there do not experience the same level of spiritual phenomena that was experienced years ago is due to money and commercialization. However, like



all of us, this beautiful community needs financial resources to survive.

How were the three Brazilian mediums received during this "First Spiritist Weekend in Lily Dale?" Everyone I spoke with was thrilled with what they learned and experienced during the presentations. Vanessa Anseloni's workshop on "Reincarnation & Its Healing Features" was presented to a full crowd in the Assembly Hall. Vanessa's experience as a *PhD* research psychologists brings us wonderful insight to the world of spirituality. A medium and Spiritist for many years, Vanessa delivered her presentation in perfect English even though Portuguese is her native language.



Maria Gertrudes who also presented in the Assembly Hall mesmerized her audience with incredible original oil paintings that she painted with her fingers right there in front of us. She took no longer than 5 or 6 minutes to paint each painting in the style of its Spirit artist, including pre-impressionist *Joseph Turner* and such well-known impressionists as *Van Gogh* and *Monet*. Maria is said to trance the spirit of these artists when she paints and once one witnesses her work, it is hard to dispute this claim.



Vanessa Anseloni (president of SSB), Ellen Bourn (current president of the Lily Dale Assembly), Divaldo Franco (Brazilian spiritist medium) and Tom Cratsley (one of directors of the Lily Dale Assembly)

On Saturday, the second day of this two-day event, Divaldo Franco presented "Psychic and Mediumistic Phenomena" in the Auditorium. Divaldo Franco is one of Brazil's most renowned mediums. He has written over 200 books and delivered over 14,000 lectures in 52 Countries, including presentations to the United Nations. The Auditorium at Lily Dale holds over 1000 people and has been, on occasion sold out for well known

American speakers, such as James Van Praagh and Dr. Wayne Dyer. When Divaldo speaks in Brazil, he typically speaks for crowds of 5,000 to 7,000 people. This time; however, Divaldo spoke for approximately 250 people, many of which had not heard of him prior to coming to this event. I am sure they will never forget Divaldo after the wonderfully amazing lecture he shared with us. He spoke in his native language, Portuguese, for over 3 hours, which included answering questions. Although the entire presentation with breaks lasted 4 hours, it seemed like minutes as the audience listened to every word Divaldo's wonderful interpreter Daniel Benjamin said. Divaldo concluded with the trance communication of the Brazilian Spirit Bezerra de Menezes. Bezerra was once a Spiritist medical doctor in Brazil and is now one of Brazil's most beloved Spirits. Through Divaldo, Bezerra told us "This day marks the beginning of a new era." When one considers the important messages that both Spiritism and Spiritualism have to give us in a time when so many people are searching for answers, one can only agree. ■

* by Greg Stewart



Divaldo Franco (left) and his interpreter Daniel Benjamin



First United States Spiritist Medical Congress

BRIDGING MEDICINE AND SPIRITUALITY

Washington, D.C., October 7 & 8, 2006

SATURDAY, Oct. 7, 2006

- 9am – 12pm **Spirituality in Patient Care** by Harold Koenig, MD
- 12 – 1pm Lunch break
- 1 – 1:40pm **The Spiritist Medical Paradigm** by Marlene Nobre, MD
- 1:40 – 2:30pm **Why Must I Suffer? - Searching for the Soul in Psychiatry** by Andrew Powell, MA, MB.Bchir, MCRP, FRCPSych
- 2:30 – 3:30pm **Mental Disease in Spiritist & Medical Treatment** by Roberto Lúcio Vieira de Souza, MD
- 3:30 – 4:10pm **Spirituality and its Association with Cardiovascular Disease** by Álvaro Avezum, MD
- 4:10 – 5:20pm **The Impact of Reincarnation on the Paradigm of Change** by Décio Iandoli Jr., MD
- 5:20 – 6pm **Organic and Psychic Phenomenology of Mediumship** by Sérgio Felipe de Oliveira, MD

SUNDAY, Oct. 8, 2006

- 9 – 11am **Near Death Experiences – NDE and Where God Lives (Areas of the brain as a biological interface with an interconnected universe)** by Melvin Morse, MD
- 11:10am – 12pm **Spirit Attachment, Spirit Release and Soul Integration** by Andrew Powell, MA, MB.Bchir, MCRP, FRCPSych
- 12 – 1pm Lunch break
- 1 – 1:40pm **Forgiveness and Reconciliation** by Alberto Almeida, MD
- 1:40 – 2:20pm **Transdimensional Physiology** by Décio Iandoli Jr., MD
- 2:20 – 3:20pm **Universities and Spirituality in the 3rd Millennium** by Sérgio Felipe de Oliveira, MD
- 3:20 – 4pm **The Multiple Faces of Depression** by Roberto Lúcio Vieira de Souza, MD
- 4 – 4:40pm **Scientific Evidence of Intercessory Prayer: A Systematic Review** by Álvaro Avezum, MD
- 4:40 – 5:20pm **Scientific Evidence for Life after Death: Research on Mediumship** by Marlene Nobre, MD
- 5:20 – 6pm **Love and its Healing Power** by Alberto Almeida, MD

SPEAKERS FROM THE U.S. and U.K.



SEMINAR - PROFESSOR HAROLD KOENIG, MD
- **Spirituality in Patient Care:** Saturday, October 7, 9:00 am to 12:00 pm
Medical degree from the University of California, San Francisco, with specialization in Geriatrics, Psychiatry and Biostatistics · Associate Professor of Medicine and Psychiatry, and Director of the Center for Spirituality, Theology and Health at Duke University, North Carolina · Author of 30 books and more than two hundred articles and materials on mental health, geriatrics and religion · Editor of two specialized medical publications: International Journal of Psychiatry in Medicine and Research News & Opportunities in Science and Theology · His Handbook of Religion and Health is considered the most complete approach on the subject.



LECTURES BY PROFESSOR MERLVIN MORSE, MD
- **Near Death Experiences – NDE**
- **Where God Lives (Areas of the brain as a biological interface with an interconnected universe):** Sunday, October 8, 9 am to 11 am
Medical degree from George Washington University, Washington, D.C., with a specialization in Pediatrics · Besides private practice, is a professor in Seattle at the University of Washington · Has done research on brain tumors and leukemia, and founded the Pediatric Interim Care Center for children exposed to cocaine during the pre-natal phase · In 2005, founded a clinic for the diagnosis and treatment of autism · Twenty years ago, was the first to research Near Death Experiences (NDE) in children · Has produced scientific articles and books that have generated numerous documentaries and interviews · Wrote the best-sellers Closer to the Light (translated into 19 languages in 38 countries), Transformed by the Light, Parting Visions and Where God Lives.



LECTURES BY PROFESSOR ANDREW POWELL MA, MB.Bchir, MCRP, FRCPSych
- **Why Must I Suffer? - Searching for the Soul in Psychiatry:** Saturday, October 7, 1:40 pm
- **Spirit Attachment, Spirit Release and Soul Integration:** Sunday, October 8, 11:10 am
Degree in Psychiatry from Cambridge University, with a specialization in Psychiatry and Psychotherapy from Maudsley Hospital, London · Worked for eleven years as Consultant and St. George Hospital, also in London. Moved to Oxford, where he continued working for the National Health Service until 2000 · Was counselor for the Scientific & Medical Network · In 1999, founded the Spirituality and Psychiatry Special Interest Group at the Royal College of Psychiatrists in the United Kingdom, of which he is President, and which assembles more than 1,000 psychiatrists (www.rcpsych.ac.uk/spirit). Scientific publications and articles are listed at www.rcpsych.ac.uk/college/sig/spirit/publications/index.htm

Senior Professor at St. George Hospital, also in London. Moved to Oxford, where he continued working for the National Health Service until 2000 · Was counselor for the Scientific & Medical Network · In 1999, founded the Spirituality and Psychiatry Special Interest Group at the Royal College of Psychiatrists in the United Kingdom, of which he is President, and which assembles more than 1,000 psychiatrists (www.rcpsych.ac.uk/spirit). Scientific publications and articles are listed at www.rcpsych.ac.uk/college/sig/spirit/publications/index.htm

BRAZILIAN SPEAKERS



ALBERTO ALMEIDA, MD
- **Forgiveness and Reconciliation:** Sunday, October 8, 1:00 p.m.
- **Love and its Healing Power:** Sunday, October 8, 5:20 p.m.
Physician and therapist with specializations in Homeopathy, Transpersonal Psychology, Group Dynamics, Regressive and Past Life Therapy, Systemic Family Therapy and Neuro-Linguistic Programming.



ÁLVARO AVEZUM, MD
- **Spirituality and its Association with Cardiovascular Disease:** Saturday, October 7, 3:30 p.m.
> **Scientific Evidence of Intercessory Prayer: A Systematic Review:** Sunday, October 8, 4:00 p.m.
Medical degree from the Federal University of the Mineiran Triangle (Universidade Federal do Triângulo Mineiro), with residency in General Practice at the Federal University of the Mineiran Triangle · Residency in Clinical Cardiology at the Dante Pazzanese Institute, and in Emergency and Intensive Therapy at the Dante Pazzanese Institute · Fellowship in Clinical Epidemiology (MSc) at McMaster University, Hamilton, Canada. Medical degree from the University of Sao Paulo. Director for the Research Department at the Dante Pazzanese Institute of Cardiology.



DÉCIO IANDOLI JR, MD
- **The Impact of Reincarnation on the Paradigm of Change:** Saturday, October 7, 4:10 p.m.
- **Transdimensional Physiology:** Sunday, October 8, 1:40 p.m.
Physician specializing in Digestive System Surgery. Medical degree from the Federal University of Sao Paulo – Unifesp. Full Professor of Physiology in courses in Biology, Physiotherapy and Pharmaceutics at the University of Santa Cecília at Santos (Universidade Santa Cecília de Santos – UNISANTA), State of Sao Paulo. Associate Professor of Health and Spirituality in the course for Gerontology at UNISANTA and member of the Brazilian Spiritist & Medical Association (Associação Médico Espírita AME) Santos, Sao Paulo. Author of several books.



MARLENE NOBRE, MD
- **The Spiritist Medical Paradigm:** Saturday, October 7, 1:00 p.m.
- **Scientific Evidence for Life after Death: Research on Mediumship:** Sunday, October 8, 4:40 p.m.
Gynecologist specializing in cancer prevention. President of AME-Brazil and AME-International. Editor responsible for the newspaper Folha Espírita – FE, Sao Paulo · President of G.E. Cairbar Schutel and of Creche Lar do Alvorecer. Author of several books.



ROBERTO LÚCIO VIEIRA DE SOUZA, MD
- **Mental Disease in Spiritist & Medical Treatment:** Saturday, October 7, 2:30 p.m.
- **The Multiple Faces of Depression:** Sunday, October 8, 3:20 p.m.
Medical degree from the Federal University of Minas Gerais, with residency in Psychiatry at the Minas Gerais State Hospital Foundation · Vice-president of AME-Brazil · Founder and Publications Director of AME-MG · Assisting Physician at André Luiz Spiritist Hospital. Psychiatrist and Psychotherapist at the Renascimento Psychic Assistance Institute. Author of several books.



SÉRGIO FELIPE DE OLIVEIRA, MD
- **Organic and Psychic Phenomenology of Mediumship:** Saturday, October 7, 5:20 p.m.
- **Universities and Spirituality in the 3rd Millennium:** Sunday, October 8, 2:20 p.m.
Medical degree from the University of Sao Paulo · Master's degree in Neurosciences from the University of Sao Paulo · Director of the Pineal Mind Health Institute · Founder and Director of the Unispirit project and President of AME-SP.

Sponsored by the United States Spiritist Council and the International Spiritist Medical Association (Info.: www.usmcongress.org/index.en.htm)

The Role of Love in Spiritism*



The role of love is an integral part in both the teaching and the practice of Spiritism as well as the evolution of humanity.

Most of the teachings on love are found in the Gospel According to Spiritism, as this is the basis of Jesus' teachings and the moral code of

Spiritism. There are several discussions about love, which indicate that it is not only a core teaching of the Doctrine, but is actually the highest rule of Spiritism.

The Gospel defines love in the introduction where among the comments it states:

"Love – the force which will eventually unite humanity – is according to Plato, a Law of Nature. Socrates adds, "Love is a great spirit: for the whole of the spiritual is between divine and mortal."

In our studies of the role of love in Spiritism and in life, it is important to remember this concept that love is a law of nature and an inherent part of our evolution.

In discussing the Precept, "Without love there is no salvation," the Gospel describes this teaching as **the highest rule of Spiritism**. It is based on a principle of universality and equality. It is by loving each other as brothers and sisters, with gentleness, understanding and compassion, that is the destiny of humanity. As Paul the Apostle discusses, this precept is the key to peace on earth and also in heaven, as for those who have practiced love on earth will most certainly find grace in God's eyes. Paul also indicates that no one can go wrong in embracing love as a norm for life and that regardless of one's faith, if they follow the teachings of love and charity, they are considered a disciple of Jesus. The Gospel goes on to tell us even more succinctly that all of our human obligations can be summed up in this one maxim, "Without love, there is no salvation."

Furthermore, Jesus taught not only that love is one of the conditions of salvation, but also is really the only condition. He believed that all other conditions were implicitly included in the practice of love. In discussing the Last Judgment, Jesus said that we will not be asked what we fulfilled in this life, but only, **one question** will be asked, "Have you practiced the law of love?" Then, according to the answer, the Supreme Judge will make a decision: "Go to the right, all of you who've helped your brothers and sisters. Go to the left all of you who've been hardhearted." Jesus also believed love was not simply to be encouraged but that its practice was essential as the antithesis to pride and selfishness and that it is the absolute condition for future happiness.

Saint Vincent de Paul gives us a message in the Gospel that "Love is the fundamental virtue." He states the following,

"Love is the fundamental virtue. All earthly virtues are based on it, and lacking it, none of the others can exist. Without love, there is no hope for a better fate and no interest in a moral plan of life. Without love, faith is null, since faith is the radiant power that makes a loving soul brilliant. On every sphere of life, love is the anchor of salvation, the purest emanation of life, God's own essence shared with his children."

We are taught that love is above all else, because it is accessible to everyone from the poorest to the richest, from the least to the most educated. It is also a universal principle, independent of particular beliefs and accessible to all beings regardless of their background.

In the section in the Gospel on Love Toward Criminals, we are taught that true love is one of the most sublime principles of the Divine Code. Jesus emphasized that the practice of this principle is what would bring humanity forward in complete brotherhood. As Elizabeth of France states:

"True love for others doesn't consist in simply making monetary contributions to the needy, giving handouts, or even offering comforting words as your gifts. God expects much more from you. Sublime love, as Jesus taught it, also consists in constant generosity in all things pertaining to your neighbor. Your love should even embrace those who solely believe in giving alms. For, when true love blossoms in their lives, how beautiful will be the words of love, faith and courage they will help raise to the Lord."

Jesus specifically discusses Love toward Criminals to point out that we must not discriminate against the less fortunate and we must not despise anyone, as we are all equal before God. We are reminded that even a soul who has become rebellious has come to learn and evolve and that it is our duty to help this type of individual with our prayers and our love.

In the book *Self Discovery*, Divaldo Franco as the spirit Joanna de Angelis, states,

"Love is the most vigorous foundation for the construction of a healthy personality. It is so because it generates stable behavior."

Here, once again, love is described as a tool for evolution. It is what makes the individual capable of setting oneself free from the rigorous effects of instincts. We see an evolution of love from the possessive quality to one of unconditional acceptance. Through the practice of unconditional love as Jesus taught, we are evolving as individuals and as a whole.

As we can see from this brief examination, love is not only a core teaching of Spiritism, but it is of the highest order. Love is fundamental to fulfilling the teachings of Jesus and is the true basis for the evolution of humanity. It transcends all religion and philosophy. It is a universal code, which can guide us forward if we are willing to follow it. As the Spirit of Truth reminds us so clearly:

"Spiritists, love one another. This is the first precept. Educate yourselves. That is the second." ■

* by Beth Terrence



A LITTLE MORE

You have the impression of having exhausted the stock of all your resources in a particular work of love. But if you persevere a little more in your devotion, nobody can predict the laurels of light that will shine in your path.

You are sick and intend to obtain a prolonged license. But if you continue a little more in your service, nobody can predict the treasure of new energies which will appear in your way.

You meet huge difficulties when doing good deeds and wish to run away from them. But if you persist a little more in the construction of goodness, nobody can predict the triumph that your hours will collect at the living sources of charity.

You believe you cannot tolerate the inopportune friend, the disobedient son, the inconsequent brother, the inconstant wife or the unwise husband. But if you withstand a little more the difficulties in the family, nobody can predict the extension of the jubilation that is to come in your home nest.

You assume that misfortune is your destiny and cry at the door of despair. But if you cultivate a little more faithfulness to your own obligations, nobody can predict the greatness of your success in a close tomorrow.

You experience great fatigue and do not wish to hear the friend with a long talk. But if you extend a little more your sacrifice, nobody can predict the prodigies from the harvest of blessings that will come from your brief minutes of courtesy.

Note that you also demand incessantly from your neighbor a little more of goodwill, a little more of cooperation, a little more of time, a little more of kindness. Patience should never end.

It is fair that you wish a little more of happiness. But to achieve that it is necessary that you help a little more in the happiness of others.

Pay attention to the lessons of life and you will understand that the victory in good is always to work according with your duty and to serve a little more.

by **André Luiz**

(Message received by the medium Chico Xavier)

Translated by Luis E. Almeida

Note...

The 1st Spiritist Event in Lily Dale happened on July 21-22, 2006. It was sponsored by the spiritualist organization, *Lily Dale Assembly*.

All the proceeds of the ticket sale went to Lily Dale Assembly organization who kindly paid all travel and lodging expenses for all presenters and interpreter.

Vanessa Anseloni and her team of the *Spiritist Society of Baltimore* (SSB) lovingly helped in the organization of the event. However, none of them received any financial benefit from it.

As a Spiritist society, the SSB is committed to spreading Spiritism based on one of its most noble principles "doing good without expecting any reward."



SPIRITIST DOCTRINE: 150 YEARS OF LIGHT AND PEACE



SPIRITIST WORLD CONGRESS



CARTAGENA, COLOMBIA
OCTOBER 10-13, 2007
CONVENTION CENTER OF CARTAGENA

PROMOTED AND ORGANIZED BY THE INTERNATIONAL SPIRITIST COUNCIL (ISIC)
CARRIED OUT BY THE EDESSEANIAN SPIRITIST CONFEDERATION (CONFESIC)
WITH THE SUPPORT OF THE SPIRITIST FEDERATION OF THE ATLANTIC COAST (FEDECA)

INFORMATION:
ISIC SECRETARIAT: Av. 10-4-3322-3024 Tel: 57-3-4492921 FAX: 57-3-4492921
CONFESIC SECRETARIAT: Av. 10-4-3322-3024 Tel: 57-3-4492921 FAX: 57-3-4492921
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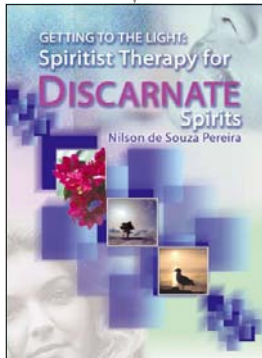


Bookstore



The **SSB bookstore** is finally online. Now you can buy your book or CD by using your Credit Card (*MasterCard, Visa, American Express, Discover*) or Paypal System. Also, special discounts will be offered to Spiritist Centers. To visit it, please go to www.ssbaltimore.org/bookstore

NEW RELEASES

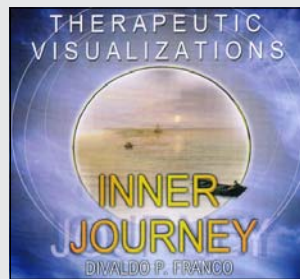


Getting to the Light: *Spiritist Therapy for Discarnate Spirits* by Nilson de Souza Pereira

This small book offers objective guidelines about the therapeutic approach to troubled discarnate spirits according to Spiritism. It's strongly recommended to anyone interested in (1) understanding the dynamics of spirit intervention; (2) using Spiritist therapy for the good of humankind; and/ or (3) serving as a Spirit counselor or psychotherapist. Someone may ask, "why do we need to treat discarnate spirits?" This book certainly addresses this question and many others. An example of how much can be done through spirit-counseling is a moving true story from Divaldo Franco's book (and CD) *Understanding Spiritual and Mental Health*. A discarnate spirit who had been obsessing a mother and son communicated through Divaldo Franco and received spirit-counseling from Nilson Pereira. As a result of the treatment, the troubled spirit was able to be helped towards the light, mother and son were freed from the obsession, and the outcome of the treatment brought new life to all involved in the drama. To this extent, this book truly presents the Spiritist Therapy, a way to alleviate human suffering, both for discarnate and incarnate spirits. (35 pages) - Published in collaboration with SSB.

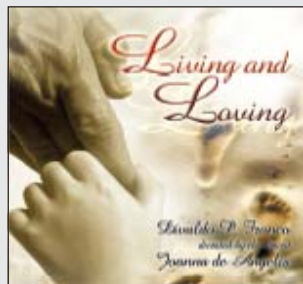
Therapeutic Visualizations – Inner Journey (CD)

"Live in a way that you leave enlightening footprints in your pathway as if they were stars pointing out the pathway to happiness." - Joanna de Ângelis.
Deep therapeutic visualizations. Three tracks:
1 – Decision to be happy
2 – Visualization of Liberation
3 – Visualization for Inner Balance



Living and Loving (CD)

Through the hands of Divaldo Franco, Joanna de Ângelis brings us inspirational messages that will uplift your heart and enlighten your soul. Beautiful voices of Dave Enway and Amy Biank.

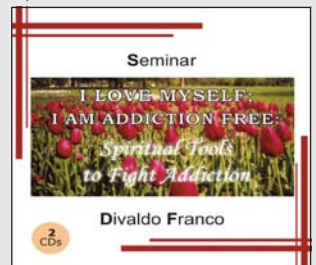
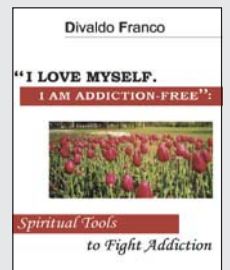


These books/CDs are available for purchase at [SSB bookstore](http://SSBbookstore) online. The production of these materials is a fruit of collaboration between SSB and the "Mansion of the Way"

"I love myself, I am addiction-free": SPIRITUAL TOOLS TO FIGHT ADDICTION

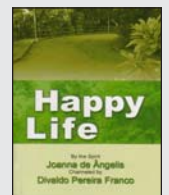
Bilingual book (English - Portuguese) and CD (English). Seminar given by the renowned medium Divaldo Franco in Baltimore, MD - USA, 2005

The seminar covered true stories about drug addiction; family issues in drug-addiction; and genetic, psychosocial, socioeconomic and spiritual issues that induce addiction. Divaldo Franco explored academic and spiritual therapies from a Spiritist perspective. He placed special emphasis on the role of education as a critical factor for the health of the whole person.
(CD voices: Greg Stewart and Vanessa Anseloni)



Happy Life

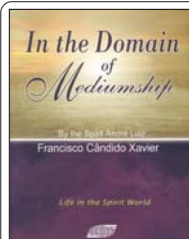
Divaldo Franco/Joanna de Ângelis
This book is for your day-to-day use. Each page brings joy and comfort to all events of life.



Memoirs of Father Germain: A Spirit Tells The True Story of His Last Existence by Amalia Domingo Soler

The true life story of Father Germain is full of intrigue, adventure, human emotion, and morality... which will provide you with tremendous love, inspiration, and hope!

Translated into English by Edgar Crespo from the Spiritist Society of Florida). \$ 21.95 at Amazon.com.



In the Domain of Mediumship by F. Candido Xavier and the Spirit Andre Luiz

In this book, Andre Luiz analyzes the various aspects of mediumship, emphasizing the efforts of mediums faithful to the spiritual mandate received prior to their reincarnation. He also warns of the risks involved in the poor interchange between the two worlds. Published by the ISC, translated by Jussara Korngold. - To order this book write to: sab-books@sgny.org

Submission of material to SpiritistNews

Submit your articles, poems, letters to editors, events on the Spiritist English speaking movement in the US and worldwide at ssb@ssbaltimore.org

Special Event

II SPIRITIST RETREAT

October 21 – 22, 2006

All spiritist workers are invited to attend it.

This retreat main goal is to learn new tools that can be used to improve our work in Spiritism in a wonderfully relaxed setting at the Harmony Farm.



A special 4-hour workshop (*Eliminating Cultural Barriers*) will be given by the expert **NARA VENDITTI, PhD.** See her bio at www.succeedinamerica.com.

Pre-registration required at (410) 382-5328 or ssb@ssbaltimore.org.

More information will soon be posted at www.ssbaltimore.org

Harmony Farm
1338 Harris Mill Road
Parkton, MD 21120

This event is sponsored by the *Spiritist Society of Baltimore, Inc.*
For more information, please call **410-382-5328**

Summer Event:

FRATERNAL PICNIC



Saturday, August 19th, 2006

11:00 AM to 4:00 PM

Activities:

1:00 PM - Relay Race
2:30 PM - Scavenger Hunt
Bring your picnic blanket!

Tickets:

\$15.00 (above 12 years old)
\$7.00 (6 - 12 years old)
Free (below 6 years old)

Training on Passes

Sep. 14 and 21, 2006

7 PM – 10 PM

At our Service Location

SpiritWorks Resource Center
1300 York Rd - Building C, 3rd Floor
Lutherville, MD 21093

UPCOMING EVENTS

2006 WORKSHOP SERIES

Aug 26 - Evolution in Two Worlds: Material evolution driven by Spiritual Conscience
Sep 30 - A Medical/Psychologic-Spiritist View of Depression
Out 28 - Do Spirits influence our lives?

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop
Time:

7:30 PM - 9:15 PM

OUR SERVICE LOCATION

SpiritWorks Resource Center
1300 York Rd - Building C, 3rd Floor
Lutherville, MD 21093



WATCH IT

**every Saturday
from 7:30PM**

at:

www.ssbaltimore.org

2006 Calendar (special events)

JANUARY

14-Training for Spiritist Speakers (Course)
28- **Indigo and Crystal Children: A Spiritist View** (Special Workshop)

MARCH

4 - Spiritism 101 (Course)
9- **Training Program** (God and Us)
11- **SSB General Assembly**
16- **SPECIAL SEMINAR with Divaldo Franco and Raymond Moody Jr. MD, PhD**
25- **Sex and Destiny** (Special Workshop)

MAY

11- **Training Program** (Sleep and Dreams)
13 - Educational Fundraiser
20- **Parenthood for Modern Times** (Special Workshop)

JULY

13 **Training Program** (Reincarnation)
15- **Art in Action: mediumistic painting with Maria Gertrudes**
29- **Am I a medium? How? Why?** (Special Workshop)

SEPTEMBER

28- **Training Program** (Spiritual Intervention in the Incarnate World)
30- **A Medical/Psychologic-Spiritist View of Depression** (Special Workshop)

NOVEMBER

14- **Training Program** (Hopes and Solaces)
18- **Aging Well** (Workshop)

FEBRUARY

25- **Adolescence and Spirituality** (Special Workshop)

APRIL

13- **Movie Discussion: What the Bleep do we know** (Special Activity)
22- **Training on "Passes"** (course)
29- **Healing Through Reincarnation** (Special Workshop)

JUNE

08- **Book Discussion: The Messengers** (Special Activity)
24- **Forgive and be healthier... but how?** (Special Workshop)

AUGUST

10- **Movie Discussion: Just like Heaven**
19- **Fun with family -Picnic** (Fundraiser)
26- **Evolution in Two Worlds: Material evolution driven by Spiritual Conscience** (Special Workshop)

OCTOBER

12- **Book Discussion: Emmanuel's book** (Special Activity)
21-22 - **II-Spiritist Retreat**
28- **Do Spirits influence our lives?** (Workshop)

DECEMBER

2- **Who is my model?** (workshop)
9- **Art & Spirituality Event** (Fundraiser)

JOIN OUR ACTIVITIES

STUDY GROUP ON SPIRITISM

These meetings take place every **Thursday** from 8:00 to 9:30PM for the study on Spiritism. They are open to the general public.

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM.

Meditation with Kardec

Every Saturday 7-8 PM, except on the day of our monthly workshops

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to Spiritism.

Please, contact us for more info.
Phone: 410 - 382-5328 or 410-837-0991
e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

"To be born, to die,
to be reborn again,
and constantly
progress, this is the
Law."
- Allan Kardec

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Mailing Address:
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:
Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

Bridging Health and Spirituality First U.S. Medical Spiritist Meeting



The United States Spiritist Council (USSC) and the International Medical Spiritist Association, supported by the U.S. spiritist centers, organized the first U.S. Medical Spiritist Meeting on

October 7 and 8 in Washington, DC. The event was co-sponsored by the International Spiritist Council, the Brazilian Spiritist Federation and *Lar Fabiano de Cristo*.

In the opening ceremony, Mr. Antonio Cesar Perri de Carvalho, representing the International Spiritist Council and the Brazilian Spiritist Federation, greeted the public in English. He reviewed Allan Kardec's observations, William James' studies and Andre Luiz's reports on a new vision of the relationship between the physical and the material worlds. Representing *Lar Fabiano de Cristo*, Mr. Marcelo Jorge Costa Neto talked about the great philanthropic work initiated by Carlos Torres Pastorino in 1958. Dr. Marlene Nobre, president of the Brazilian and International Medical Spiritist Associations, paid special tribute to the USA for its pioneering scientific research on Spirituality and Health. Finally, Mr. Vanderlei Marques, president of the USSC, concluded the opening ceremony by giving a brief history from the spirit phenomena in 1848 with the Fox sisters to the Codification of Spiritism in France through the pioneering efforts of Allan Kardec. He also mentioned that Kardec reinforced the importance of an indispensable collaboration between Science and Spiritism.

The first lecture of the meeting was given with great elegance by Dr. Harold Koenig, physician, professor at Duke University and director of the Center for Studies on Religion, Spirituality and Health in North Carolina, USA. He reported on his scientific research about the importance of Spirituality in the promotion of health. Among his findings, Dr. Koenig presented data on the fact that "negative emotions can change our brain." He also called the public's attention to the need of understanding the cultural aspects of the patient in order to effectively approach his/her spirituality. In that sense, Dr. Koenig emphasized the importance

of using the word Spirituality instead of Religion, in order to avoid controversial issues. However, he recommended that health practitioners talk with their patients about spirituality, because his research demonstrates that spiritual people live longer and are less addictive.

Dr. Marlene Nobre added to this discussion by introducing the medical-spiritist paradigm and stressing the importance that health professionals should see their patients as whole, integral beings. She clearly presented her scientific findings on Francisco Cândido Xavier's mediumship. At the end of her second day presentation, she touched everyone when showing a short video on the life of the greatest medium of the 20th century.



With great ability, Dr. Décio landoli explained the impact of reincarnation in the change of paradigm, concluding that reincarnation "kind and beneficially imposes ethico-moral changes (...), due to a consequent transdimensional view of the human being." Evidence on the importance of Spirituality, intercessory prayer and cardiovascular diseases were discussed by Dr. Álvaro Avezum. In relation to mental disturbances, Dr. Roberto Lúcio, with a vast experience at the Psychiatric Hospital Andre Luiz in Belo Horizonte, talked about interesting clinical cases that were analyzed through the medical spiritist view. After that, Dr. Sérgio Felipe de Oliveira stated the importance of an educational system for the Third Millenium in which we study spirit and matter together. *Cont. on next page -->*

II Annual Spiritist Retreat

The Spiritist Society of Baltimore organized and sponsored its **II Annual Spiritist Retreat** last October 21-22, 2006. The retreat main goal was to (1) gather together Spiritist workers; (2) to learn new tools that can be used to improve our work in Spiritism. It was held at the wonderfully relaxing setting Harmony Farm in Parkton, MD. Members from others Spiritist Groups also joined us. The retreat was adjourned with a four-hour workshop presented by Nara Venditti, PhD, a linguist and educator. The theme of the workshop was "Eliminating cultural barriers". — *Cont. on page 3*



With great eloquence and humor, Dr. Oliveira approached his scientific research on the relationship of the pineal gland and mediumship. Dr. Alberto Almeida concluded the two days of lectures in style and kindness, talking about the transpersonal view on the need of forgiveness and love as essential tools to healing in general.

The audience was also blessed with the presentations of Drs. George Ritchie and Melvin Morse, pioneers in the field of health and spirituality. Dr. George Ritchie, emeritus professor of the University of Virginia, talked about his own near-death experience (NDE) and his encounter with Christ. He said he greatly influenced Dr. Raymond Moody Jr., who was his student at the time, before he became the renowned and pioneer investigator of NDEs. Dr. Morse, pediatrician and professor at the University of Washington, Seattle, USA discussed about his research on NDE in children. He presented many drawings that his patients did about their NDEs. Although he said he is not religious, he touched the audience when telling the story on the birth of his first biological son. *"(...) On the day of his birth, I felt like my arms were guided by invisible beings who helped me realize that the umbilical cord was rolled around my son's neck, which saved his life(...)"*, declared Dr. Morse, introducing his baby son and his wife to the present audience.

Due to the absence of Dr. Andrew Powell, a British psychiatrist who could not be present due to health problems, the USSC invited Drs. Sonia Doi and Vanessa Anseloni to present Dr. Powell's interesting research on *Why must we suffer* and *The contribution of spirit release therapy to mental health*.

The organization of the event provided simultaneous translation of all talks either to English, Spanish and, eventually, to Portuguese. The event was professionally recorded and also transmitted online live through the webtv of the International Spiritist Council (www.tvcei.com). A set of DVDs will soon be available through the United States Spiritist Council (www.usspiritistcouncil.com).



Dr. Melvin Morse

According to the organizers of the event, 320 people attended the meeting. The majority of the attendees were Brazilians and Hispanics living in the U.S. Participants from Canada, Japan, Portugal and Puerto Rico also attended the meeting. However, less than 10% of the audience were Americans, which denotes a present need of a deeper and more effective work to disseminate Spiritism in the USA in the English language.

"We wish to leave a suggestion that all spiritist centers and institutions be grateful to this country [USA], because as Emmanuel said in the book "In the Pathway to Light", the great North American people contributed and will still contribute to Humankind in the scientific investigation and love for Truth. I would like to humbly ask that all spiritist nuclei from the smallest to the biggest respect those who live in this country. The greatest reverence is the union of our efforts [in the dissemination of Spiritism] (...)", proposed Dr. Marlene Nobre in her final comments.

The closing ceremony of the meeting was very moving. Mr. Marques, president of the USSC, expressed his gratitude to all

and to the spiritual help for the accomplishment of the successful meeting.

The I United States Medical Spiritist Meeting undoubtedly promoted fraternity and solidarity of all spiritist centers in the U.S., which will open perspectives for new meetings of the kind in North America. May those fraternal and harmonious moments readily multiply themselves on future occasions! ■

- The Editors



From Left - Doctors: Roberto Lucio, Décio Iandoli, Marlene Nobre, Alberto Almeida, and Sérgio Felipe.

Dr. Harold Koenig



Dr. George Ritchie



To see more photos from this event, please visit the SSB web site at www.ssbaltimore.org. And to order a DVD contact the USSC at www.usspiritistcouncil.com.

Cont.

II Annual Spiritist Retreat

What an enriching opportunity! Those will certainly be memories for a lifetime. Some of the highlights of our two-day retreat were: (1) *integration of SSB Spiritist workers/volunteers;* (2) *exchange of experiences with Spiritist workers/volunteers from other Spiritist centers in the U.S.;* (3) *review of the importance of teamwork and self-awareness of our unique task;* (4) *unveiling the DNA of a happy Spiritist worker/volunteer;* (5) *insights on how to overcome the "obsessor factor";* (6) *building together interesting Spiritist approaches to treat depression, grief, addiction, low self-esteem and family issues;* (7) *revelation of participants' artistic ability and skills;* (8) *special tips and suggestions on how to be a more culturally-fit spiritist worker/volunteer.*

May we continue performing our unique task counting on one another always!

Some Testimonials (II- Annual Spiritist Retreat)

Harmony Farm was the site of the 2nd annual retreat for the Spiritist Society of Baltimore. My arrival on Saturday in time for breakfast turned out to be the perfect beginning to a very productive and enjoyable retreat.

All day Saturday was filled with activities that helped us to get to know each other better, to flesh out our unique talents, skills and abilities and to determine just how deeply we can involve ourselves in the service of others through love and in the framework of Spiritism.

We were able to delineate the unique approaches that will be critical in bringing others to an understanding of Spiritism, as well as to take a good hard look at ourselves as workers, practitioners and volunteers. The design of the retreat was great for getting us to work together in various groups named after notable Americans such as Abraham Lincoln, Clara Barton, Ben Franklin, Abigail Adams, and Dr. Martin Luther King Jr. This retreat turned out to be a real "party with a purpose." I say that because the food, the games, movies and exercises turned out to be a really great time. Both my sense of purpose and of love was heightened and expanded.

I came away from this weekend with a new sense of purpose and direction of my spiritual life in service to others with like minded people who just happen to be Spiritists.

- by Margo Johnson

Few times in life we have the opportunity of spending quality time among those that share our thoughts and beliefs. During the weekend of October 20 to 22, we were able to gather in a harmonious group to improve our skills and to discuss better ways to spread Spiritism in the USA. The gathering was made possible by the impeccable organization of the members of the Spiritist Society of Baltimore, Inc., and to the kind and generous help of Judith and Kevin Campbell, who gratuitously offered her farm in Maryland for the weekend.

It is difficult to express in words what happened there, particularly because we, spiritists, know quite well that things go beyond the limits of our physical eyes.

The name of the farm, Harmony Farm, actually describes quite well the atmosphere of peace and friendship that we all enjoyed there.

On Saturday, the day was dedicated to diverse spiritist activities, which were developed in rotating groups. On Sunday, we had a special seminar with Nara Venditti, PhD about *Eliminating Cultural Barriers*. We would like to express our heartfelt gratitude to the spirit of generosity, duty and service that the SSB has been demonstrating since their formation in the dissemination of the Spiritist Thought in this country. We are sure that long lasting friendship were developed among all participants.

-by Jussara and Joao Korngold

Tucked away in the bucolic fall scenery of Harmony Farms, all who attended the Second Annual Spiritist retreat enjoyed ourselves and are ever so grateful for the generosity of our brother and sister Judith Campbell and her husband for the use of their retreat center. All the activities were centered around a common theme, what it means to be a good, active Spiritist worker or practitioner, even volunteer if you will. Once we defined ourselves and realized what keeps us from being our true selves as God intended, we are open to share with others the good news of Spiritism and help bring about the transformation of the American spirituality. We learned that the DNA of a good Spiritist worker will release the hold of a strong ego and self-sacrificially work for the common good. And it is the challenge of our faith in God and commitment to each other to find what piece of the puzzle make us tick complementarily with the rest of the group. We can certainly identify with those we have a lot in common and also find ways to work well with those who differ from us. Such was illustrated all weekend long. We also shared Spiritist approaches to everyday problems, such as depression, grief, addiction low self-esteem and family issues working out improvised skits, doing PowerPoint presentations, singing and distributing pamphlets. There is talent in SSB and the New York Spiritist group like you wouldn't believe. Broadway watch out! Finally, we ended the weekend with a day-long seminar on how we can become culturally savvy enough to introduce Spiritist values to others and how to make the average person who walks through our doors feel good about something that can transform their lives for the better.

When we have a clearer understanding of God's will for our all our lives, to evolve in each life-time, be free of obsession and be faithful to help suffering souls, we will know what Kardec meant when he wrote over 200 years ago about humanity's transformation being complete. America is waiting my friends and the time is ripe, now.....

- by Jackie Cho



The second annual Spiritist retreat held on October 21 -22, 2006 was a momentous event. I have waited years to commune with people of loving hearts and like minds committed to advancing the great work of Jesus Christ, our mentor. How grateful I was to share in creating

a venue for like-minded people to brainstorm on issues crucial to our personal development and spiritual growth. Workshops on topics examining depression, family issues, grief, low self-esteem and the role of Spiritism in helping people manage these concerns were an integral part of the retreat. The focus on dealing with the self in advancing Spiritist views was both enlightening and instructive. Affirming my belief in the spirit world and the teachings of Allan Kardec, in a safe haven with others who shared my views, was invigorating. I anxiously await next years' retreat!

- by Mary Tandia



"The Spiritist retreat weekend on October 21-22 at Harmony Farm was a truly enriching and harmonious event. The event which gathered people from different centers, towns and backgrounds in order to learn together and share experiences proved very positive. Also beneficial was the opportunity of expanding our networks of people who come together in the interest of developing themselves and spreading the philosophy found in the works signed by Allan Kardec. At the end of it, we have realized that the amount of people sharing our beliefs and goals is much larger than that which we see in our own groups every week, giving a boost in the confidence and effort that each one of us puts into working towards the spreading of spiritism and expanding its fraternal links among the centers."

- by Danny Claudio

Cont. on next page

Cont. Testimonials

What a beautiful and peaceful weekend! The second annual retreat was a renewal in the foundation and philosophy of Spiritism! To revisit the principles and reflect on the dissemination of Spiritism energized me with excitement!

Though there was much work to be done, we found time to laugh and share beautiful, happy memories. Janete learned to think and speak fast in the "Taboo board game," Daniel and Val learned what an "A-S-2" is (*Angel Second Class*), and Jackie worked on her theater skills by being an obsessed alcoholic who finds help in Spiritism! I also met wonderful new friends from the New York and Rockville, MD centers who gave me hope of the growing presence of Spiritism across America.

Our speaker, Nara Venditti, also pointed out the importance of cultural barriers being dissolved through understanding and education. This is not only a task for those here who came from other countries, but for those American-born as well. We should acknowledge humanity's importance through our respect and compassion for others.

This weekend's retreat was a gift - thank you!

- by Becky Stafford



We would like to express our deepest gratitude to the SSB for having offered us the opportunity to join their weekend retreat at the beautiful and tranquil setting of Harmony Farm. As with other SSB events, the retreat reflected intensive planning focused on the central themes of propelling the evolution and expansion of the Spiritist movement in the United States. Passing the weekend in the intimate, fraternal company of fellow Spiritists from the SSB and other Spiritual centers around the country elevated the joy of the occasion.

One highlight of the weekend workshops for us included the detailed group discussion of the unique challenges of being a Spiritist in the United States, which focused on the importance of spreading the movement to the mainstream population. Another favorite workshop involved working in teams to identify obstacles that we encounter in our quest to being good Spiritists, and brainstorming solutions to overcome these barriers.

The SSB weekend retreat provided us a valuable opportunity to expand our network of Spiritist friends and clarified our responsibilities as Spiritists living in the United States. We look forward to integrating these gifts into our daily lives. God bless.

- by Chris and Djanira Murchinson



WHAT IS TO BE SPIRITUAL?

Nowadays, it is fashion to say "I'm spiritual." But what is to be spiritual? In a nutshell, to be spiritual is to be open to the ins and outs of our true reality, as spirits. It is to feel ourselves as spirits living an incarnate life. The implications are great. It changes our perspective.

But who is invited to be spiritual? We all are. But, many are invited and few are chosen, the saying goes. But why? Because the choice comes at our own pace. Little by little, each one of us is called to realize our greatest insight: the insight of being an immortal spirit. The people that we know today will not disappear with death. Instead, they will keep on living and we will meet them again. That is the reason why Christ suggested that we should make friends and reconcile with the enemy as we walk with them. After all, life doesn't end for anyone.

The spiritual person learns the value of each and every second as the ultimate opportunity to interact with a fascinating world of hopeful possibilities. Love and kindness become our motto. Neither fear, nor doubt remains in the heart of the spiritual person, because of the assurance that God is always present, loving and kind.

Let us get off the ground and be spiritual!

- by Vanessa Anseloni

SPIRITIST DOCTRINE: 150 YEARS OF LIGHT AND PEACE

**SPIRITIST
WORLD
CONGRESS**

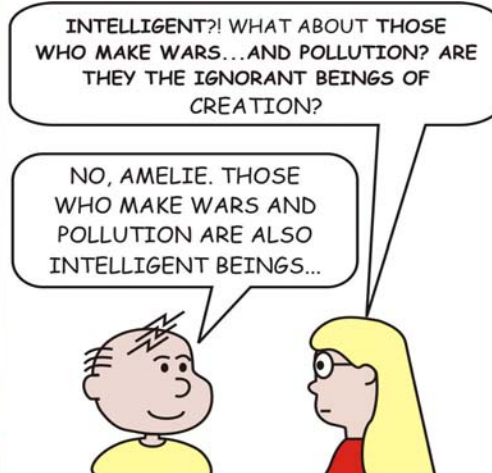
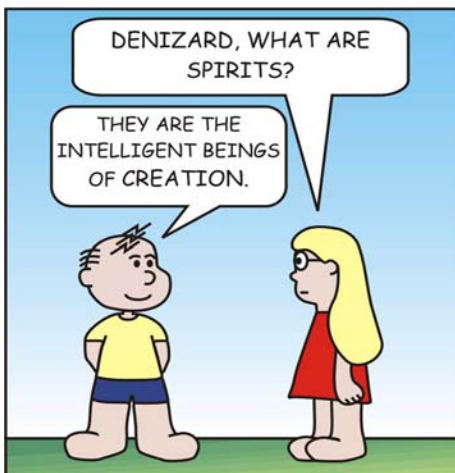
CARTAGENA, COLOMBIA
OCTOBER 10-13, 2007
CONVENTION CENTER OF CARTAGENA

PRODUCED AND ORGANIZED BY THE INTERNATIONAL SPIRITIST COUNCIL (ISC)
CARRIED OUT BY THE COLOMBIAN SPIRITIST CONFERENCE (CONFEESPI)
WITH THE SUPPORT OF THE SPIRITIST FEDERATION OF THE ATLANTIC COAST (FEDESA)

INFORMATION:
ISC: BELLEFONTE
Rd. 100-1000000000
Tel: 20-20201 2020
Fax: 20-20201 2020
Web: www.spiritist.org
E-mail: info@spiritist.org

ORGANIZACION FINANCIADA POR:
Rd. 100-1000000000
Tel: 20-20201 2020
Fax: 20-20201 2020
Web: www.spiritist.org
E-mail: info@spiritist.org

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EVENTS in the U.S.

Workshop Series on Spiritism in Boston, MA

On September 8, 2006, the Allan Kardec Spiritist Society of Massachusetts launched their Workshop Series on Spiritist Thought in the English speaking language. Vanessa Anseloni, *PsyD, PhD* was invited to give a keynote address on *The Medical-Psychological Spiritist View on Depression*. Americans and Brazilians gathered together to celebrate the beginning of a new phase in the AKSS-MA's works. Last October 13, Jussara Korngold, BS, MBA, gave a workshop on *Life in the Spirit World*, when she brought in new insights on the spiritual communities that are devoted to goodness. Next November 10, Judith Peterschmitt, MD, PhD will give a workshop on *Health and Spirituality*.

I Auta de Souza Fraternal Meeting in Marlborough, MA

The 'Workers of the Last Hour' Spiritist Group sponsored the I Auta de Souza Fraternal Meeting on September 17 in the Holiday Inn Hotel, in Marlborough, MA. The main theme of the meeting was the spiritist view on Life through discussions on the topics of Abortion, Euthanasia, Suicide and Capital Punishment. On the day before the event, Spiritist workers from other States as well as from the region, gather together to discuss the *Role of Spiritism in America*. The meeting was dedicated to the illustrious Brazilian poet Ms. Auta de Souza, who inspired Chico Xavier to write beautiful poems. In September 1948, Divaldo Franco launched a charitable work to help elderly and disabled people in Salvador, Bahia - Brazil inspired by the Spirit Auta de Souza. (see some pictures below)



USSC General Assembly



According to the USSC's Bylaws, the next United States Spiritist Council (USSC) General Assembly will be held on Sunday, November 12th, at 10:00 AM. For more information visit the USSC website at:

www.usspiritistcouncil.com

II International Spiritist Meeting in Miami, FL

On September 8-10, the Spiritist Center Jose de Luz sponsored the II International Spiritist Meeting in Miami, FL. The acclaimed medium and speaker Divaldo Franco and representatives of Argentina, Cuba, Panama, Colombia, Guatemala, France, Brazil and USA presented talks on the scientific, philosophic and religious aspects of Spiritism. The three-day event was a great success! (see some pictures below)



AKES/USSC Ambassador Program

The Allan Kardec Educational Society (AKES), a non-profit educational organization based in Philadelphia, PA and The United States Spiritist Council (USSC) are pleased to announce an exciting training program for public speakers.

WHOM: Spirit-minded individuals who want to further their public speaking skills to better serve purpose of disseminating the Spiritist Doctrine in English.

WHEN: Introductory Session: **November 3-5, 2006**
Intermediate Session: Spring 2007

WHERE: Dallas, TX

For additional information, please contact Daniel Benjamin, (714) 469-7922, ambassador_20_20@yahoo.com or Sonia Doi at sdoi@usuhs.mil

Allan Kardec Spiritist Society of Massachusetts (AKSS-MA)

invites you to the III Spiritist Conference of Massachusetts on Nov 19, 2006. General Theme: **"Invitation to Love & Reason"**. Speakers: Raul Teixeira, PhD, Vanessa Anseloni, PhD, Judith Peterschmidt, MD, PhD and Rômulo Fanni, LL.M. For more Information visit AKSS-MA web site at: www.akssma.com

The Christian Spiritist Study Center of Pompano Beach, FL is sponsoring and organizing a *Training for Spiritist Public Speakers* conducted by Vanessa Anseloni. This training session will help current Spiritist Speakers to learn how to adapt their public speaking skills to the American public. All other interest persons are invited to participate even if not related to public speaking. For more info. go to: www.kardec.com

THE NEW GENERATION:

The Spiritist View on Indigo and Crystal Children

Keynote Address by DIVALDO FRANCO

TUESDAY, JANUARY 9, 2007
6 PM – 10 PM

A special night to celebrate the coming of a new generation and the 150th Anniversary of Spiritist Thought

Gala Dinner with Divaldo Franco

Divaldo Franco is a worldwide renowned humanitarian, Spiritist speaker and medium from Brazil whose accomplishments include:



- Founded the *Mansion of the Way*, an educational nonprofit organization that supports at-risk children and youth, as well as their parents;
- Awarded Peace Ambassador of the World by the *Embassade Universalle Pour la Pax* in Geneve, Switzerland;
- Given 14,000 lectures throughout 56 countries including eight talks at the United Nations;
- Published over 200 books through his extraordinary mediumship.

Premier Release of New Book!

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Baltimore, Maryland 21240

Advanced Tickets Only
\$40.00 (until Dec 15)
\$45.00 (until Jan 04)
No ticket sale at the door

More information at www.ssbaltimore.org
410-382-5328

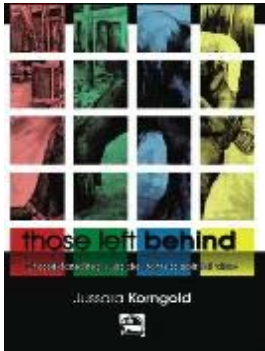
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The **SSB bookstore** is finally online. Now you can buy your book or CD by using your Credit Card (*MasterCard, Visa, American Express, Discover*) or Paypal System. Also, special discounts will be offered to Spiritist Centers. To visit it, please go to www.ssbaltimore.org/bookstore

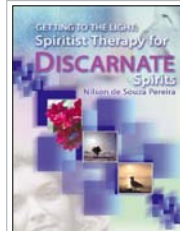
NEW RELEASE



Those Left Behind: Understanding Suicide from a Spiritist View

by *Jussara Korngold*

This is the first book in English to examine suicide from a Spiritist viewpoint. With extensive research, author Jussara Korngold follows the steps of noted Spiritist Allan Kardec to illuminate classic Spiritist attitudes toward suicide. If you have endured the trauma of a loved one taking his or her own life, *Those Left Behind* will console and comfort to help you find answers you need to some of your most difficult questions. - *To order this book send an e-mail to: sab-books@sgny.org*



Getting to the Light: Spiritist Therapy for Discarnate Spirits

by *Nilson de Souza Pereira*

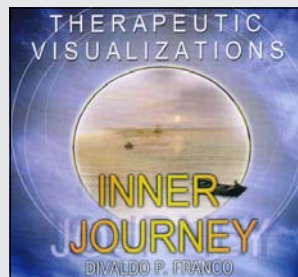
This small book offers objective guidelines about the therapeutic approach to troubled discarnate spirits according to Spiritism. It's strongly recommended to anyone interested in (1) understanding the dynamics of spirit intervention; (2) using Spiritist therapy for the good of humankind; and/ or (3) serving as a Spirit counselor or psychotherapist. (35 pages) - *Published in collaboration with SSB.*

Therapeutic Visualizations – Inner Journey (CD)

“Live in a way that you leave enlightening footprints in your pathway as if they were stars pointing out the pathway to happiness.” - *Joanna de Ângelis.*

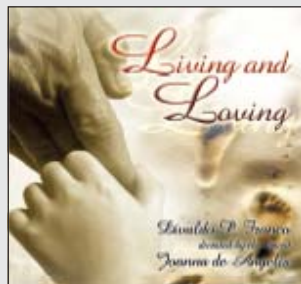
Deep therapeutic visualizations. Three tracks:

- 1 – *Decision to be happy*
- 2 – *Visualization of Liberation*
- 3 – *Visualization for Inner Balance*



Living and Loving (CD)

Through the hands of Divaldo Franco, Joanna de Ângelis brings us inspirational messages that will uplift your heart and enlighten your soul. Beautiful voices of *Dave Enway* and *Amy Biank*.

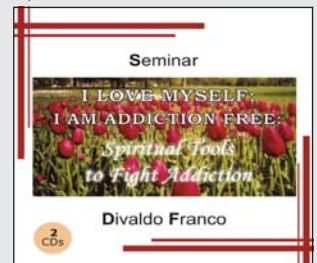
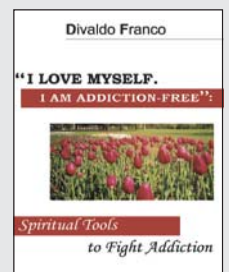


These books/CDs are available for purchase at [SSB bookstore](http://SSBbookstore) online. The production of these materials is a fruit of collaboration between SSB and the "Mansion of the Way"

“I love myself, I am addiction-free”: SPIRITUAL TOOLS TO FIGHT ADDICTION

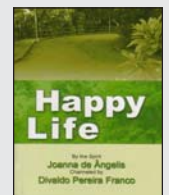
Bilingual book (English - Portuguese) and CD (English). *Seminar given by the renowned medium Divaldo Franco in Baltimore, MD - USA, 2005*

The seminar covered true stories about drug addiction; family issues in drug-addiction; and genetic, psychosocial, socioeconomic and spiritual issues that induce addiction. Divaldo Franco explored academic and spiritual therapies from a Spiritist perspective. He placed special emphasis on the role of education as a critical factor for the health of the whole person. (CD voices: *Greg Stewart* and *Vanessa Anseloni*)



Happy Life

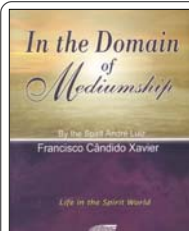
Divaldo Franco/Joanna de Ângelis
This book is for your day-to-day use. Each page brings joy and comfort to all events of life.



Memoirs of Father Germain: A Spirit Tells The True Story of His Last Existence

by *Amalia Domingo Soler*
The true life story of Father Germain is full of intrigue, adventure, human emotion, and morality... which will provide you with tremendous love, inspiration, and hope!

Translated into English by *Edgar Crespo* from the Spiritist Society of Florida). \$ 21.95 at Amazon.com.



In the Domain of Mediumship

by *F. Candido Xavier* and the Spirit *Andre Luiz*
In this book, Andre Luiz analyzes the various aspects of mediumship, emphasizing the efforts of mediums faithful to the spiritual mandate received prior to their reincarnation. He also warns of the risks involved in the poor interchange between the two worlds. Published by the ISC, translated by *Jussara Korngold*. - *To order this book write to: sab-books@sgny.org*

Submission of material to SpiritistNews

Submit your articles, poems, letters to editors, events on the Spiritist English speaking movement in the US and worldwide at ssb@ssbaltimore.org

Special Talk

THOSE LEFT BEHIND: A Spiritual View on Suicide

by Jussara Korngold

Saturday, Nov 11, 2006
8pm - 9:30pm



Jussara Korngold, BS, MBA, is the founder-president of the Spiritist Group of New York and the Spiritist Alliance for Books, located in Manhattan, NY. She is second generation Spiritist from Brazil, and has been translating and writing Spiritist materials and books since 1993.

Location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, Suite 300
LUTHERVILLE, MD 21093

Free Admission!!!

(No registration required)

This event is sponsored by the Spiritist Society of Baltimore, Inc. For more information, please call 410-382-5328

A Special Fundraising Event

ART & SPIRITUALITY

"Art under all forms will discover in it inexhaustible sources of inspiration and emotion. In art the skeptic will find faith, the discouraged hope; all those who suffer, the profound idea that a law of justice presides over all things."

- Leon Denis



Come and join us in this inspirational journey through poetry, music, and spirituality!

Tickets: \$15.00

Saturday, Dec 9, 2006

6:00 PM - 8:00 PM

At our Service Location
SpiritWorks Resource Center
1300 York Rd - Building C, 3rd Floor
Lutherville, MD 21093

UPCOMING EVENTS

2006 WORKSHOP SERIES

Sep 30 - A Medical/Psychologic-Spiritist View of Depression
Oct 28 - Do Spirits influence our lives?
Nov 18 - Aging well
Dec 02 - Who is my Model?

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time: 7:30 PM - 9:15 PM

OUR SERVICE LOCATION

SpiritWorks Resource Center
1300 York Rd - Building C, 3rd Floor
Lutherville, MD 21093



WATCH IT

every Saturday from 7:30PM

at:

www.ssbaltimore.org

2006 Calendar (special events)

JANUARY

14-Training for Spiritist Speakers (Course)
28- Indigo and Crystal Children: A Spiritist View (Special Workshop)

FEBRUARY

25- Adolescence and Spirituality (Special Workshop)

MARCH

4 - Spiritism 101 (Course)
9- Training Program (God and Us)
11- SSB General Assembly
16- SPECIAL SEMINAR with Divaldo Franco and Raymond Moody Jr. MD, PhD
25- Sex and Destiny (Special Workshop)

APRIL

13-Movie Discussion: What the Bleep do we know (Special Activity)
22- Training on "Passes" (course)
29- Healing Through Reincarnation (Special Workshop)

MAY

11- Training Program (Sleep and Dreams)
13 - Educational Fundraiser
20- Parenthood for Modern Times (Special Workshop)

JUNE

08- Book Discussion: The Messengers (Special Activity)
24- Forgive and be healthier... but how? (Special Workshop)

JULY

13 Training Program (Reincarnation)
15- Art in Action: mediumistic painting with Maria Gertrudes
29-Am I a medium? How? Why? (Special Workshop)

AUGUST

10- Movie Discussion: Just like Heaven
19- Fun with family -Picnic (Fundraiser)
26- Evolution in Two Worlds: Material evolution driven by Spiritual Conscience (Special Workshop)

SEPTEMBER

28- Training Program (Spiritual Intervention in the Incarnate World)
30-A Medical/Psychologic-Spiritist View of Depression (Special Workshop)

OCTOBER

12- Book Discussion: Emmanuel's book (Special Activity)
21-22 - II-Spiritist Retreat
28- Do Spirits influence our lives? (Workshop)

NOVEMBER

14- Training Program (Hopes and Solaces)
18- Aging Well (Workshop)

DECEMBER

2- Who is my model? (workshop)
9- Art & Spirituality Event (Fundraiser)
16 Special Talk - TBA

JOIN OUR ACTIVITIES

STUDY GROUP ON SPIRITISM

These meetings take place every Thursday from 8:00 to 9:30PM for the study on Spiritism. They are open to the general public.

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every Monday from 7:00-7:45PM.

Meditation with Kardec

Every Saturday 7-8 PM, except on the day of our monthly workshops

Mediumship Educational Meetings

(by invitation only)

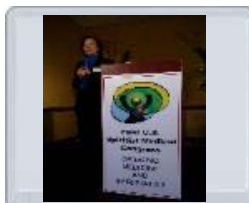
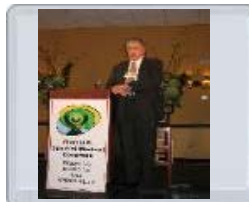
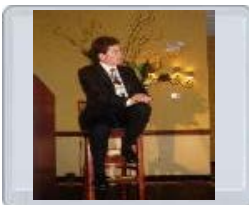
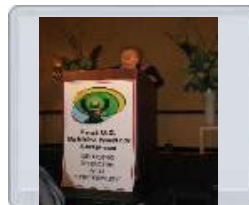
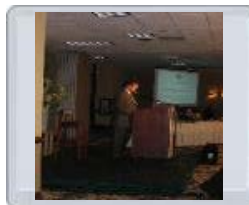
These meetings take place every Monday from 8:00 PM to 9:30PM for the study and practice of mediumship according to Spiritism.

Please, contact us for more info. Phone: 410 - 382-5328 or 410-837-0991 e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

Photos from the [First United States Spiritist Medical Congress](#) held in Washington DC on Oct 7-8/2006).
This event was sponsored by the [United States Spiritist Council](#) and the International Medical Spiritist Association [Click to enlarge photos!](#)

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The Event

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SSB

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SpiritistNews

Year 4, Issue 6, Nov/December 2006

"To be born, to die,
to be reborn again,
and constantly
progress, this is the
Law."
- Allan Kardec

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Mailing Address:
Spiritist Society of Baltimore, Inc.
115 S. High Street
Baltimore, MD 21202
Tel: 410-382-5328
e-mail: ssb@ssbaltimore.org
web site: www.ssbaltimore.org

EDITORS:
Daniel Santos, Ph.D.
Vanessa Anseloni, Ph.D.

A Special Year!

The new year is just around the corner and certainly will not be a regular one. At least for Spiritists around the globe, 2007 will be a very significant year because of the 150th anniversary of Spiritism founded by Allan Kardec. National and international Spiritist organizations around the world are planning special events in tribute to Spiritism and mostly, to The Spirits' Book. Millions of lives have been renewed after being touched by its teachings that are truly universal and bring hope to all.

The *SpiritistNews* will pay its tribute in 2007 by bringing a special column on the History of Spiritism. The Spiritist Society of Baltimore and other Spiritist centers nationwide will be sponsoring the **1st US Spiritist Symposium** in tribute to the 150 years of Spiritism, which will happen on April 14, 2007 in the historical city of Baltimore, Maryland. (see more info. on page 6)



THE NEW GENERATION



Allan Kardec - Fourth era photograph by W. Lejars.

In the 1800's Allan Kardec had already described, "The current time is of transition in which the elements of two distinct generations are mingled together. Placed in the middle ground, we witness the departure of one and the arrival of the other, but already displaying in the world their peculiar characteristics."

"The new generation can be distinguished by its precocious intelligence and reasoning, allied to an innate propensity for righteousness and the spiritualist beliefs, which denote a doubtless

indication of a certain degree of previous evolvement. The new generation will not be composed exclusively by eminently superior Spirits, but of those that have already accomplished a certain progress, and therefore find themselves inclined to assimilate the progressive ideas and to second the regeneration movement."

"What, in contrast, designates the backward Spirits in the first place, is their revolt against God, because they refuse to recognize any superior power than that of the human beings; their instinctive propensity to lewd passions, their anti-fraternal feelings of selfishness, pride, envy, and jealousy; and finally, their attachment to earthly related values, such as: sensuality, ambition, and avarice¹."

- Allan Kardec

¹In the book *Genesis* by Allan Kardec, chapter 18, item 28.

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- Founded the Mission of the Way, an educational nonprofit organization that supports at-risk children and youth, as well as their parents;
- Awarded Peace Ambassador of the World by the Embassade Universelle Pour la Paix in Geneva, Switzerland;
- Given 14,000 lectures throughout 56 countries including eight talks at the United Nations;
- Published over 200 books through his extraordinary mediumship.

Premier Release of New Book

More information at www.ssbaltimore.org - 410-382-5328

Sponsored by Spiritist Society of Baltimore, Inc.
The Spiritist Society of Baltimore is an educational non-profit organization affiliated with the United States Spiritist Council (USSC).

A Little Guide to SELF AWARENESS

To paraphrase Rene Descartes in a 1641 work on philosophy, “I think, therefore I am”. The capacity for self awareness and direction through the exercise of free thought and free will separates humans from animals. Would it were that simple.

Borrowing from *The Spirits' Book*, we can conclude that humans are a blend of thought from the spirit realm and action in the physical realm. And, because we have animal bodies, we are subject to animal instincts. What is the process by which we can begin to harmonize the animal and the spirit in us? More importantly, how can we cause the Spirit in us to advance?

Perhaps the first step toward self awareness is to use the power of observation in introspection. Start by keeping a little diary of events and thoughts. Soon, you will see patterns. In those patterns, you will begin to understand yourself.

In the process of self awakening, you may also want to find works of inspiration to use as guideposts. In Spiritist literature, *The Gospel According To Spiritism* is probably one of the most uplifting and inspiring books you can read. Other works include about anything by Rabindrath Tagore, Kahlil Gibran, Parahamansa Yogananda, The Dalai Lama and a certain host of others, including Mahatma Gandhi. Biographies of the lives of Saints are particularly rewarding. Soon, you will note that there is a notable discrepancy between where you are and where you want to be.

Note that we subtly introduced the concept of betterment along with awareness. It is certain that a person, once aware, will not want to hold on to past habits and attitudes supportive of lower order thoughts and instincts, such as jealousy, greed, avarice or rage and anger.

To survive on this planet, it makes sense that we achieve harmony in mind and body. An early step toward self control lies in identifying the source of an emotion. Today, I confess that I had a certain second chakra satisfaction when I learned of a difficulty that an “enemy” of mine was having. But I recognized the source of the emotion and decided not to feed this power center with further thoughts of joy at this person’s trials. I instead remembered that Jesus exhorted us to love our enemies. And so it was that I withdrew the power behind the thought to my heart. I then put myself in a golden light and forgave my self for the emotion of retribution. And I moved on.

This little exercise in self awareness helps me stay in control of the powerful emotions that still lie within me, apparently not completely resolved. If they were completely resolved, I would not have revealed in my enemy’s problems. But at least I had the awareness that I was experiencing a divergence between what I was and what I wanted to be.

You may pray for an epiphany to help you quickly bridge the gap between your current state and a desired state. However, it is far more common to have to roll up your sleeves and build that bridge through hard work and introspection. If you do the work, the epiphany comes naturally! ■

- by Jim Pursley

KARDECISM DOES NOT EXIST!

The word *Kardecism* does not officially exist in the Spiritist foundation. There is no mention to this word either in Kardec’s books, or in Francisco Xavier’s 400+ books or any other solid spiritist books.

Actually, there is only one Spiritism, which is the one given in a neologism by Allan Kardec. The word Spiritism had first been created by Prof. Hippolyte Léon Denizard Rivail in 1857. “*For new ideas new words are needed, in order to secure clearness of language by avoiding the confusion inseparable from the employment of the same term for expressing different meanings... We say, then, that the fundamental principle of the spiritist theory, or Spiritism, is the relation of the material world with spirits, or the beings of the invisible world; and we designate the adherents of the spiritist theory as spiritists.*” (see introduction of *The Spirits' Book*)

It is important to remember the main reasons why Prof. Rivail used his pen name Allan Kardec to set the groundwork in Spiritism:

- (1) “Professor Rivail did not want to publish any of the books under his own name, which was highly respected in French cultural circles, to keep the work from being accepted solely on the basis of his personal reputation. Rivail thus decided to use the name he had had in a previous life, according to his spiritual friend *Zephyr*, and adopted the pseudonym Allan Kardec.” (These were *Divaldo Franco’s* words published in his book *Understanding Spiritual and Mental Health*; also this information can be found in the book “*Posthumous Works*” published by the *Brazilian Spiritist Federation*);
- (2) Professor Rivail was the Codifier, in modern words, the founder and Editor-in-Chief of the Spirits’ teachings. He compiled information that several different mediums received at the time.

Although not-well-informed people refer to Spiritism as *Kardecism*, it does not mean that this term is official or even beneficial to Spiritism and its movement. When one calls it *Kardecism*, one personalizes Spiritism. However, Spiritism was not created by a man. On the contrary, it was brought by enlightened Spirits together with the help of many mediums, and masterfully compiled by Prof. Rivail (Allan Kardec). ■

- by Vanessa Anseloni

The three most important steps on Spiritism



Developing Our Mediumship



If you want to develop automatic writing or psychography, begin by righting small notes of encouragement to family members, friends, colleagues at work, a birthday card, a wish well card, etc. Then, start writing longer letters for chronically ill patients, people who live alone, prisoners, and others. Little by little, the good spirits will inspire you each time you get to write. Maybe you will not publish best seller books, or affirmations, but your writings will be useful.

If you would like to become a 'prescribing-medium', begin by taking a needy person to the doctor. Take his/her prescription and buy their medication. This is a good beginning. Other ways will appear soon or later. If, instead, you would like to heal people by laying on off hands, start by helping someone. Take care of an ill person, talk to him/her. Make him/her company. Read for the ill person. Sing a song, Play an instrument, say a prayer...

If you would like to develop your physical mediumship - materialize spirits, remember that reincarnation on Earth is the most beautiful and useful materialization of a spirit. Be a responsible, kind father or mother. Love your children and the children of others, especially the ones who suffer. Educate them and illuminate their lives with your love.

If you would like to be a good spirit counselor or coordinator of Spiritist meeting, learn to speak about God's love and goodness. Be optimistic and talk about optimism. Do not demand moral changes in others. Do not let yourself be enveloped in discouragement. Intensify your faith. Appreciate life. Love it. Try it! Maybe you will never become famous, or have your name written in the newspapers, but you will find inner irreplaceable satisfaction. ■

- by Amílcar Del Chiaro Filho

Translated from its original text (Portuguese) by Vanessa Anseloni

If you would like to develop your speaking mediumship, begin talking about beautiful things. Do not curse, profane, or be ironic. May you always have words of harmony, peace and understanding. Comfort those who are suffering; guide the ones who are lost; and soon, the good spirits will be by your side when you need to speak. Maybe you will not be a great speaker, but you will be blessed by everyone.

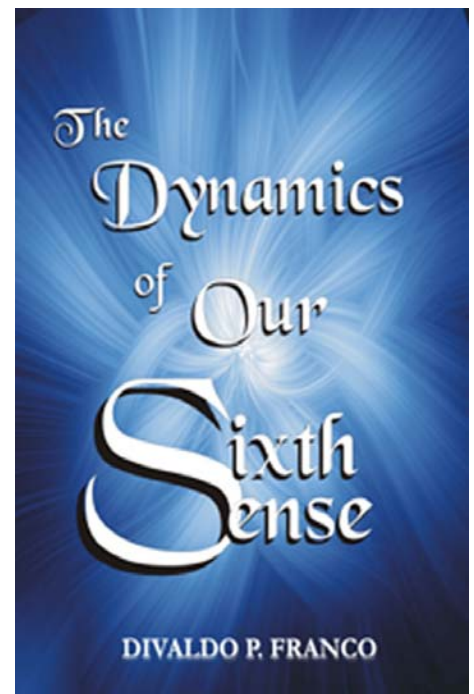
If you aspire to be a seeing medium, then observe the landscapes of nature. Value the smile of a child, the trembled steps of an aging woman. See the beauty of life and treasure it. Appreciate the natural beauty of the sky, the stars, the silvery light of the moon and the golden light of the sun...

The Dynamics of our Sixth Sense

The mediums are the new builders of a new future. We are being invited to build a new world. To achieve this goal, we need a lot of emotional education. A lot of moral discipline. Because mediumship is neutral, it does not confer moral character. It is just like intelligence. When the medium becomes a moral person, he/she attracts the superior spirits whom begin to guide him/her and inspire him/her to great deeds. Therefore, the medium should have a very balanced moral life. The same way that a very intelligent person should take care of him/her intelligence with great care and abnegation. The medium is a medium all the time. A medium can "block" the faculty only to have a normal life. We live in a world of very disturbing vibrations. If the medium does not have this discipline, he may tune to very ill vibrations, with mystifying spirits. Then, mediumship may become a reason for suffering and imbalance.

The greatest worry of Spiritualism and Spiritism concerning mediumship is the question of education and the medium's moral discipline. So that he may be an instrument of goodness and help to build a happier and more just society. It is not enough only to give messages. It is necessary to live according to the messages that he/she gives. Otherwise, he/she is only a speaker without emotions. All of us can reach this level through training, through inner silence.

When we balance our emotional state we harmonize our ego. Then, the Self blossoms and we enter into the world of the infinite. This is the most difficult task in mediumship. To see spirits and speak with spirits is very natural. The same way we see people, we talk to people. But it is necessary to create this condition of mental, emotional and moral health. So we may also achieve a state of peace.



- Excerpt from Divaldo Franco's new book *The Dynamics of Our Sixth Sense*.

Another Touchdown

I would have liked to name this article “*Another Goal*” due to my passion for soccer, which is deeply rooted in my culture as it is in most Brazilian hearts. But I had no choice but to name it as is, because as a participant of the Spiritist Movement in the USA, I am now living in a different environment and need to adapt my way of thinking and expressing my ideas to the needs of this great land.

Spiritism has been present in the USA for decades, unfortunately, it has until recently, only been disseminated among Brazilian and Latin immigrants.

There had been in the past many scattered attempts to start this process of divulging Spiritism in English for Americans, but they had not been successful until recently, when organizations like the Spiritist Society of Baltimore (SSB) and the Spiritist Group of New York (SGNY) were formed with an entirely new concept in Spiritist dissemination and works in America.

While visiting the Christian Spiritist Center in Florida this past Thanksgiving holidays, Vanessa Anseloni of the S.S.B. presented a few speeches and most importantly, conducted a whole-day training on how to adapt our knowledge and skills as Spiritist speakers from the Portuguese to the English environment. During this training section she also shared her experiences in dealing with the American public in the S.S.B. and the many cultural aspects to be observed when opening up our Spiritist organizations to the English speaking public.

“We need to understand the American culture and its history in order to better approach them with the wonderful message that Spiritism brings,” said Vanessa to an audience composed of many Spiritist workers from Florida and from the Regeneration Spiritist Group of Atlanta, which is also planning to start its public meetings in the English language in February of 2007.

These events were webcasted live as a new project which has just been completed by Christian Spiritist Study Center, now offering all of its speeches live through its website www.kardec.com.

After much criticism by many, including some Spiritist brothers who even described our Spiritism as non existent in the USA, moments like these are no longer rare and are an absolute proof of the changes in the face of our Movement which is being reshaped to embrace the American people. ■

- by Maurício Cisneiros

(President and founder of the Christian Spiritist Study Center, FL)



Members of the Spiritist Group Regeneration (Atlanta) and Spiritist Groups of Florida at the Training for Speakers in Pompano Beach, FL.



Public present at Vanessa Anseloni's talk on "The Medical-Psychological, Spiritist View of Depression" held at the Christian Spiritist Study Center (Florida).

Invitation to Love and Reason at the III Spiritist Meeting of Massachusetts

Sixteen years ago, the first spiritist group in the Portuguese language was born in the State of Massachusetts - USA, the Allan Kardec Spiritist Society of Massachusetts (AKSSMA). It was the seed of the Promised Consoler to the Brazilian public in MA. In 2002, as the regional Spiritist movement got stronger, the AKSSMA sponsored the I Spiritist Meeting of MA. In 2003, a bigger audience participated to the II Spiritist Meeting. In 2006, ***Invitation to Love and Reason*** brought once again new hope and solaces to the public of MA. Prof. José Raul Teixeira and Prof. Dr. Vanessa Anseloni were the guest speakers of the event. **This was the first spiritist meeting also directed to the American public, once simultaneous translation and workshops in English were also offered that day.** The Argentinean doctor Judith Peterschmidt and Mr. Romulo Fani also participated as in-house speakers.

In the opening ceremony, Prof Raul Teixeira described Reason and correlated it to its development throughout the kingdoms of nature from the mineral to the human in the evolution in two worlds, the spiritual and the material ones. “The inter-relationship of the kingdoms proves the evolution

of the Human Beings from the mineral, vegetable and animal kingdoms, reaching the human kingdom when we reached reason," explained professor Teixeira. "After our internships in previous kingdoms, we reached reasoning as we became able to feel the presence of God," explained him. "After reaching reasoning and feeling the presence of God, we found happiness. And to be happy is to love the ones who love us and respect the ones who do not love us."

During the first part of his presentation, Professor Raul Teixeira invited the public to reflect on the fact that reason, when well understood, does not give us room to complain that we are unhappy. He said that the spirits taught us that to use reasoning is to be able to distinguish good from bad. "This is the reason why it is worth praising God, because we have in our brains three important elements: (1) analysis; (2) synthesis; and (3) evaluation, which provide us with tools to leave our animal instinct to raise up to the spiritual side in us - from the primitive atom to the archangel," concluded him.

Forgiveness and Health

Dr. Vanessa Anseloni led reflections on the theme *Forgiveness and Health*. She showed scientific data on the fact that aggressiveness is a phylogenetic heritage. Also, she analyzed the study of the scientist Frans de Waal on the recent discovery that the impulse of reconciliation exists in animals, not being an exclusive impulse of human beings, although it presents itself in humans in a more developed form. "In his experiments with primates, Dr. de Waal shows to us that as soon as those primates finish fighting, they demonstrate clear signs of reconciliation, sometimes through the expression of lips contact." The central idea of the talk consisted of showing that there are bridges between the spiritist principles that motivate us to understand the importance of forgiveness and modern sciences which explain how much we gain in health if we forgive easily.

In a second lecture entitled *Therapeutic View of Reincarnation*, Vanessa Anseloni explained about the studies on "the importance of a spiritual education in childhood and adolescence so we can succeed in a reincarnation, as well as the importance of understanding the reincarnatory constraints or challenges as blessings in disguise that will help us progress as they call us to expand our moral and intellectual qualities."

The scientist and doctor Judith Peterschmidt brought solaces to the English-speaking public as she delivered her message on the topic *We are Never Alone*. She explained that our behavior tells us how we are doing both psychologically and spiritually. The talk referred to the types of spiritual obsession that trigger feelings of sadness. Judith also mentioned the solution, the way one can treat obsessions. The first step is to learn how to distinguish good from bad thoughts, as well as give more attention to our good thoughts, as taught by the Spirit of Truth in the question and answer 467 of *The Spirits' Book*. That is the key that tells us that we are never alone.

Romulo Fani gave a talk on *Love and Ethics*, talking on the history of great icons in humankind such as Martin Luther King Jr., Mother Teresa of Calcutta, among others.

Love was the main theme of the closing ceremony of the III Meeting when Raul Teixeira delivered a memorable message. "When we revisit the history of human beings, we get a sense of its beauty. Yesterday, we were in the caves, tribes, and today in the skyscrapers. We were created simple and ignorant and we are progressing. Jesus said 'My kingdom is not of this world' and, we, as His sheep, aren't either. Fraternal love is the only one that we can offer to the world. I can distribute it to the world and I will never remain without it. Love was Jesus' life," said professor Teixeira.

"The first letter of the divine alphabet is love. The second is reincarnation. Lazarus, in spirit, said that love is of divine nature, those are the reasons why we have great difficulties in understanding and seeing love, because we still live passionate love. We are human beings, we achieved reason. Self-love also helps us to take care of the body, soul, nature and consequently others." ■

- by Marcony Almeida

(Member of the Allan Kardec Spiritist Society of MA)



Speakers (from left): Judith Peterschmidt, Vanessa Anseloni, Raul Teixeira and Romulo Fani



1st U.S. SPIRITIST SYMPOSIUM

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1857

Saturday, April 14, 2007

2007

12 pm - 5 pm

early afternoon refreshments will be served

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(Limited seats: 300 people)

Opening Ceremony:

Empowering Ourselves As We Revisit The History Of Spiritism

Panel Discussion:

The Spirits' Book, The Tree Of Life

Posters Sessions: (during coffee break)

Unfolding The Spiritist Foundation

Round Table:

The Impact Of Spiritism In My Life

Closing Ceremony:

Engineering Our Future With Spiritism

Youth Activity:
Finding Myself in the New Era
(12 to 18 years old)

Speakers:

Vanessa Anseloni (SSB, MD)
Mauricio Cisneiros (CSSC, FL)
Jussara Korngold (SGNY, NY)

Sonia Doi (AKSS of MD)
Daniel Benjamin (AKES, AZ)
Daniel Assis (Blossom, CA)

Elza d'Agosto (Love and Light, NJ)
Nahur Fonseca (AKSS of MA)
Eduardo Vasconcellos (AKSS of NY)

Ronny La'Mar (SGD, CA)
Gregory Stewart (AKSS, MD)
Becky Stafford (SSB, MD)

Poster presenters:

Luís Almeida (SSB, MD)
Judith Peterschmidt (AKSS, MA)
João Korngold (SGNY, NY)

Akemi Adams (Blossom, CA)
Flávio Zanetti (AKSS, MA)
Carolina Strosnider (SSB, MD)

Júlio Carvalho (SCDL, NJ)
Marconi Vieira (AKSSD, CT)

Ezio Oliveira (SGR, GA)
Junara Araújo (SGNY, NY)

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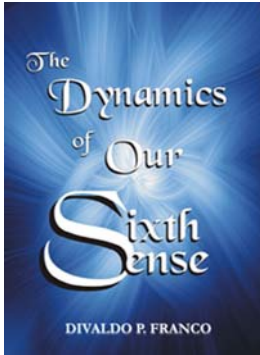
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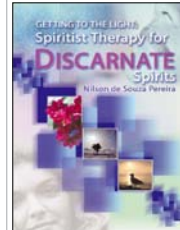
The **SSB bookstore** is finally online. Now you can buy your book or CD by using your Credit Card (*MasterCard, Visa, American Express, Discover*) or Paypal System. Also, special discounts will be offered to Spiritist Centers. To visit it, please go to www.ssbaltimore.org/bookstore

NEW RELEASE



The Dynamics of Our Sixth Sense by Divaldo Franco

This book came true as a result of a phenomenal workshop given by the Brazilian medium and speaker Divaldo P. Franco on July 22, 2006 in the auditorium of the Lily Dale Assembly. It crowned the *1 Spiritist Weekend in Lily Dale*, sponsored by the Lily Dale Assembly. This workshop represents an unforeseen study of our sixth sense, our mediumship. Divaldo Franco provides us with the definition of mediumship, its types, and its therapeutic features. Through his personal experiences, he enlightens us with considerations on the role of mediumship and its charitable purpose. The core of his teachings was of love and kindness. The end of the workshop was blessed with an uplifting trance channeled message of *Dr. Bezerra de Menezes* through Divaldo Franco's extraordinary mediumistic ability.



Getting to the Light: Spiritist Therapy for Discarnate Spirits by Nilson de Souza Pereira

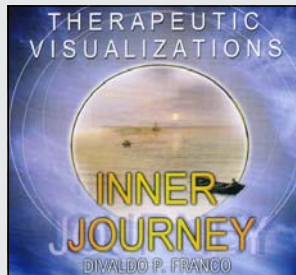
This small book offers objective guidelines about the therapeutic approach to troubled discarnate spirits according to Spiritism. It's strongly recommended to anyone interested in (1) understanding the dynamics of spirit intervention; (2) using Spiritist therapy for the good of humankind; and/ or (3) serving as a Spirit counselor or psychotherapist. (35 pages) - Published in collaboration with SSB.

Therapeutic Visualizations – Inner Journey (CD)

“Live in a way that you leave enlightening footprints in your pathway as if they were stars pointing out the pathway to happiness.” - Joanna de Ângelis.

Deep therapeutic visualizations. Three tracks:

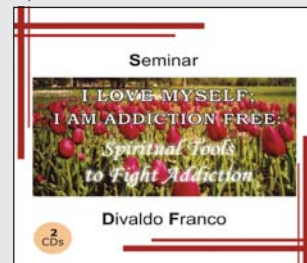
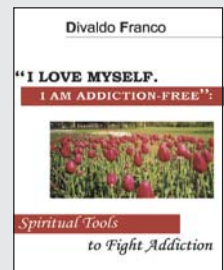
- 1 – Decision to be happy
- 2 – Visualization of Liberation
- 3 – Visualization for Inner Balance



“I love myself, I am addiction-free”: SPIRITUAL TOOLS TO FIGHT ADDICTION

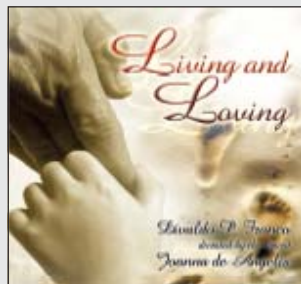
Bilingual book (English - Portuguese) and CD (English). Seminar given by the renowned medium Divaldo Franco in Baltimore, MD - USA, 2005

The seminar covered true stories about drug addiction; family issues in drug-addiction; and genetic, psychosocial, socioeconomic and spiritual issues that induce addiction. Divaldo Franco explored academic and spiritual therapies from a Spiritist perspective. He placed special emphasis on the role of education as a critical factor for the health of the whole person. (CD voices: Greg Stewart and Vanessa Anseloni)



Living and Loving (CD)

Through the hands of Divaldo Franco, Joanna de Ângelis brings us inspirational messages that will uplift your heart and enlighten your soul. Beautiful voices of *Dave Enway* and *Amy Biank*.



Happy Life

Divaldo Franco/Joanna de Ângelis
This book is for your day-to-day use. Each page brings joy and comfort to all events of life.



These books/CDs are available for purchase at [SSB bookstore](http://SSBbookstore) online. The production of these materials is a fruit of collaboration between SSB and the "Mansion of the Way"

Those Left Behind: Understanding Suicide from a Spiritist View

by Jussara Korngold

This is the first book in English to examine suicide from a Spiritist viewpoint. With extensive research, author Jussara Korngold follows the steps of noted Spiritist Allan Kardec to illuminate classic Spiritist attitudes toward suicide. If you have endured the trauma of a loved one taking his or her own life, *Those Left Behind* will console and comfort to help you find answers you need to some of your most difficult questions.

- To order this book send an e-mail to: sab-books@sgny.org

Submission of material to SpiritistNews

Submit your articles, poems, letters to editors, events on the Spiritist English speaking movement in the US and worldwide at ssb@ssbaltimore.org

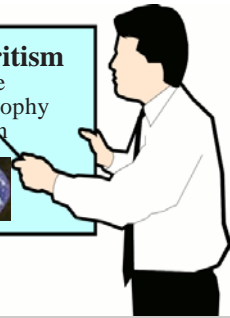


Special Activity

Training for Spiritist Speakers

Thursday, Jan 11 and 18, 2007
7pm - 10pm

Spiritism
-science
-philosophy
-religion



This training session will form new Spiritist speakers as they learn public speaking skills and other tools on how to present the Spiritist message to the American public.

conducted by

Vanessa Anseloni, Psy.D, PhD

Location:

SPiritWORKS Resource Center
1300 York Rd - Building C, Suite 300
LUTHERVILLE, MD 21093

Free Admission!!!

(No registration required)

This event is sponsored by the **Spiritist Society of Baltimore, Inc.**
For more information, please call **410-382-5328**

SPIRITIST DOCTRINE: 150 YEARS OF LIGHT AND PEACE

SPIRITIST WORLD CONGRESS

CARTAGENA, COLOMBIA
OCTOBER 10-13, 2007
CONVENTION CENTER OF CARTAGENA

PROMOTED AND ORGANIZED BY THE INTERNATIONAL SPIRITIST COUNCIL (ISC)
CARIED OUT BY THE COLOMBIAN SPIRITIST CONFEDERATION (CONFESPI)
WITH THE SUPPORT OF THE SPIRITIST FEDERATION OF THE ATLANTIC COAST (FECA)

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UPCOMING EVENTS

2007 WORKSHOP SERIES

- Jan 27** - The spiritual nuts and bolts of youth
- Feb 24** - Spiritual tools to overcome relationship struggles
- Mar 31** - The Spiritist ABC's of anxiety, stress and depression
- Apr 28** - Reincarnation, patch to freedom

Free Admission !!!

Spiritist activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time:

7:30 PM - 9:15 PM

OUR SERVICE LOCATION

SpiritWorks Resource Center
1300 York Rd - Building C, 3rd Floor
Lutherville, MD 21093



WATCH IT
every Saturday
from 7:30PM
at:

www.ssbaltimore.org

2007 Workshop Series on Spiritism

- January 27th
The spiritual nuts and bolts of youth
- February 24th
Spiritual tools to overcome relationship struggles
- March 31st
The Spiritist ABC's of anxiety, stress and depression
- April 28th
Reincarnation, path to freedom
- May 19th
Astral cities, our spiritual homes
- June 30th
Feeding the body and the soul
- July 28th
The dynamics of our sixth sense
- August 25th
Spiritual influence: who is in control of my life?
- September 29th
Sleep, dreams and the whole nine yards of the soul's emancipation
- October 27th
Decoding the Bible with a Spiritist key
- November 17th
Environmentally savvy, Spiritually wise
- December 15th
Learning with the Masters, making the difference

***Spiritist Education for children above 4 years old are provided during the workshop**

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A tribute to the 150th anniversary to help us deepen our knowledge on Spiritism. - Open to the public, every **Thursday** from 8:00pm to 9:30pm.

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7pm to 7:45pm.

Therapeutic Moments

Every **Saturday** 7-8pm, **except on the day of our monthly workshops**

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00pm to 9:30pm for the study and practice of mediumship according to Spiritism.

Please, contact us for more info.
Phone: 410 - 382-5328 or 410-837-0991
e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!



Join our Drug Prevention Campaign!!!

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Edited by



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SSB

Spiritist Society of Baltimore, Inc.
Baltimore, MD 21202

Tel: 410-382-5328

e-mail: ssb@ssbaltimore.org

<http://www.ssbaltimore.org>

EDITOR: Daniel Santos
Revised by: Vanessa Anseloni

The Spiritist Revelation



Published in Paris on April 18th, 1857 “The Spirits’ Book” is the initial mark for a new phase of human evolution. Spiritism is based on the solidity of this book on the credibility and wisdom of its spiritual sources on the purity of its evangelical moral on the means for mediumistic transmission and on the coherence of its revelations.

The essential characteristic of any revelation has to be the truth. Revealing a secret means to make a fact become known. If it is false, it ceases to be a fact and, therefore there is no revelation. All sciences that help us know the mysteries of nature are revelations and we may say that there is, for humankind, a non-stop revelation. Astronomy has revealed the world of the stars we did not know. Geology has revealed how Earth is formed. Chemistry has revealed the law of the affinities among substances. Physiology has revealed how bodies function. Copernicus, Newton, Galilee, La Place and Lavoisier were Revealers.

Spiritism, by letting us know the spiritual world around us, and consequently our destiny after we die is a true revelation in terms of the scientific meaning of the word. The Spiritist Revelation has a divine origin and is a spiritual initiative being its elaboration the fruit of human work.

Following a historical sequence, the first divine revelation had its personification in Moses, the second one in Christ, and the third one is not restricted to simply one individual. There lies an essential factor of great importance. The Spiritist Revelation, or Third Revelation, is collective in the sense that it has not been given as a privilege to any person. It has been simultaneously spread all over the Earth to millions of human beings of all ages and walks of life.

The revelations of Moses and Christ, because they resulted from personal teaching, have come around just one point from where the idea spread little by little. But many centuries were necessary so that they would achieve the extremities of the world not even covering it completely.

The Spiritist Revelation, for not being personified in on person, has appeared simultaneously in thousands of different points which became centers or focus of irradiation. If Christ had not said everything, it is because he found convenient to leave untouched some truths until humankind would reach a point where they could understand them.

But who has authority to interpret the Holy Scriptures? Who has that right?



In times of intellectual emancipation and freedom of conscience, the right to examine belongs to all: scientists, clergy, philosophers and researchers. Humans, ever so more enlightened as new facts and

new laws are revealed, will be able to separate the utopian systems from reality. While sciences make some laws known, Spiritism reveals other laws. All of them are essential to the intelligence of the Holy texts of all religions from Confucius and Buddha through Christianity.

One last characteristic of the Spiritist Revelation is that, by being supported by facts, it has to be and it cannot cease to be essentially progressive, like every other observational science. Walking hand in hand with progress, Spiritism will never be outdated. If a new truth is revealed, it will accept it.

Today, more than 100 years after the publishing of “The Spirits’ Book” none of the fundamental principles of Spiritism has been defied. Every one of them remain intact in a time when the world has been through radical changes in every field of the human knowledge.

What we might notice is that the development of science happens exactly towards the Spiritist principles. We see most recent examples on the papers (newspapers, magazines). After the atom and all its subdivisions, scientists have gone a step forward in the study of the microcosmos now with the official announcement of the discovery of “top quark”, the most fundamental particle of matter. That scientific discover, which will help us understand planets, stars, galaxies and life itself, has come to confirm the teachings that had been anticipated to us on the second chapter of “The Spirits’ Book” about the general elements of the universe and the properties of matter. Besides “The Spirits’ Book”, other basic works compose the Spiritist coding. “The Medium’s Book” “The Gospel According to Spiritism” “Heaven and Hell” and “The Genesis” develop, deepen and consolidate the principles of Spiritism. All those principles which result from the spirits’ teachings have been systemized and coded by Allan Kardec. ■

Spiritism: From Kardec Through Today, DVD, by FEB 2004

Tsunami



The end of 2004 brought a difficult moment for millions of our brothers and sisters in South Asia. Several thousands departed from this incarnation in a glimpse. Many more remained behind and will bear moral and material difficulties in the times ahead. In moments like these, we are naturally compelled to search for the meaning of so much suffering. Fortunately, Kardec had already posed the same questions to the Superior Spirits and we can find solace in their answers. On page 5, you will find the enlightening explanations given by the Spirit Benefactors

as compiled in The Spirit’s Book by Allan Kardec.

According to the principle of charity, there are several ways of helping our brothers and sisters in South Asia. We can help by praying for those who departed to the spirit world and for those who remained here on Earth. Both are certainly going to benefit from this, because prayer is thought. And thought is life. You can also help through donations to non-profit organizations such as the following ones: *American Red Cross, Unicef, Christian Children’s Fund, Doctors Without Borders, AmeriCares, Network for Good, etc.*

The Spiritist Society of Baltimore wishes Love and Light to all the families affected by the Tsunami.

Read more on page 5

Moving Inner Mountains with Spiritism

by Jim Pursely*



Jesus enjoined us that we can move mountains, if we have but the faith of a mustard seed. Of course, his parables were often veiled pronouncements of profound truths, and this is no different. Faith is the cornerstone

of our advancement, as it gives us volition to believe that something can be different from the way it is today. Faith is well described as evidence of things yet unseen. Faith is the certainty that "B" will happen if you do "A", that some future event will take place as predicted and that, a certain set of inputs will generate the desired result, even though the exact picture of the outcome is not defined. Spiritism, as do the world's religions, employs faith as a tool in daily living, helping in the task of soul advancement. But Spiritism's approach hones this valuable tool to a razor sharp edge.

In Chapter 19, 205:12 of *The Gospel according to Spiritism*, faith is described as "the will to desire and the certainty that this wish may be achieved." Jesus performed many material "miracles" – or actions whose mechanisms were not understood. Jesus' actions, and his words, have been assigned by most people to the world of religion. But if looked at in a different, more scientific light, perhaps Jesus was leading us toward the development of our own powers.

Faith, then, is the bridge between our reality of today and the reality to which we can aspire by following inner guidance and by believing, with every fiber, that the outcome is certain. Even one kernel of doubt may be enough to cause the desired result to fail to materialize. Thus, faith is a powerful exercise in preparing the mind to accept a new reality, with 100% certainty.

Faith must be unshakeable, according to this reasoning, and must be based on logic and reason. It is not enough to love God; it is necessary to know why you love It. By combining reason and faith, attainment of a particular outcome is greatly enhanced. It is necessary to overlook seeming failures along the path to attainment,

as these will only distract. But how does one secure the inner guidance necessary to fortify faith as a power in one's life?

Faith is enhanced by an inner relationship with one's Guardian Angel. Guardian angels are advanced spirits who have agreed to accept the task of guiding the advancement of other, lesser, spirits. According to *The Spirits' Book*, beginning with question 489 and continuing, one's relationship with the Guardian angel is described as a friendship "truer and more devoted than the most intimate union you can contract upon". Is it not encouraging, then, that we have at our disposal superior beings who are with us every minute of every day and who are prepared to aid us in our advancement? Thus, Spiritism not only offers a very reasoned discussion of faith, it points the way to unshakeable faith through the promotion of ones most intimate relationship, a relationship that is grounded in certainty and the greatest of caring for one being by another.

It is not necessary to "try" to reach our Guardian Angels; they are most receptive to our every thought, word or desire. It may, however, be necessary to cultivate the garden of one's inner awareness of this most beautiful spirit. Just point your attention to your Guardian Angel with the certainty that you will receive a response that you will recognize and understand. The desired result may or may not be instantaneous, but it will surely come. It may be necessary to hold some faith first, then little by little you will feel more secure in the knowledge that your angel is really there for you, guiding your advancement. Do not, though, look to your angel to solve every little material problem you may have. Guardian angels are far more interested in our moral and intellectual advancement than they are in the resolution of problems we may have that are purely physical and which do not bear on moving forward in our soul's journey.

With faith and implicit trust that your Guardian angel will assist you, you can move those proverbial mountains of difficulty which block you from becoming the person and soul that you are eventually destined to be. This is a certainty. ■

**Jim Pursely is a SSB member*

Letters to the Editor

Pain brought me to Spiritism. Love kept me in it

by Cristiane Lopes*

In life, I am sure that everyone experienced a deception or something unexpected that might have caused either pain or suffering. In those moments, we generally have two choices: (1) to complain and to feel like victims, or (2) to accept it and meditate on the causes and the consequences of our actions, resolving then to change what was wrong. In choosing the latter, some questions come up, such as "who am I?"; "what am I doing to myself?"; "what is my responsibility in this world, with my family and friends?"; "why is this happening to me?"; "what can I do to make me happy again?" It is possible that during those occasions, religion, philosophy and life experience may guide our thoughts in order to overcome it and bring about the best of us.

This introduction was just to tell you when I started thinking of Spiritism. That happened when I was going through a sad moment. Someone broke my heart. Oh, but don't worry! This was a long time ago. Now, I am sure that it happened to wake me up

about my own actions. This explains the first part of my letter's title "Pain brought me to Spiritism".

Since then, I started to study and to learn about the Spiritist principles. Some of them really meant to me and changed my way of thinking and acting about life. As a scientist, I learned the law of action and reaction in Physics, but I hardly applied it in my life. Actually, Spiritism taught me how to do that. For example, *to be loved, we have to love first*. We have to work seriously to be compensated, and so on. I also learned Darwin's law of evolution in Biology, but I wasn't able to think about my own evolution in this planet. There again Spiritism taught me how to do that. It made me feel that I can improve myself continuously. We all can adapt to any condition. We can do our best always, if we want to. It taught me much more... ■

** Cristiane Lopes is a SSB member*

(This section continues on page 4)

Depression: A Scientific and Spiritual View

An estimated 121 million people currently suffer from depression. An estimated 5.8% of men and 9.5% of women will experience a depressive episode in any given year. These figures can, however, vary across different populations. (World Health Organization)

Causes of Depression

Science, as advanced as it is today, still has not yet clearly defined the origin of depression. Doctors have been able to narrow down possibilities to conclude that depression may be caused by chemical imbalances, genetic factors, psychological predispositions, and environmental stresses. The possibilities listed above are all true. However, science does not explain why some people become depressed and others do not, even though some people share the same dispositions.



Joanna de Ângelis, per medium *Divaldo P. Franco*, states in "Recipes for Peace" that depression is a disease that originates in the spirit and not in the body. This explains why some people become depressed and others do not.

Joanna de Ângelis further explains that spirits who reincarnate with an exceptionally guilty conscience are more likely to suffer from depression. This guilty conscience is due to destructive behavior in the past, which the spirit has not been able to free him/herself from. A guilty conscience as well as suffering from a deep unhappiness with oneself, causes imprints on the brain that may, over time, cause depression. Science is right; depression is triggered by chemical imbalances and environmental effects among other things. The cause, however, is spiritual and not material.

Treatment for Depression

Joanna de Ângelis reminds us that those who live their lives constructively and maintain stable thoughts, regardless of predisposition, will not fall into the web of depression.



As reincarnated spirits, we need to understand that all illnesses originate in the spirit. It is also in the spirit that we find the resources to fight and conquer our imperfections. However, we also need to understand that if God has given us

the science to help us fight depression, we must use it. Depression should be treated at both the material and spiritual level. Medical treatment is usually necessary to help the patient with the physical effects of depression. Some patients need medicine to help them reestablish the chemical balance in the brain.

As spirits, we know that treating just the effects will not cure depression, since everything originates in the spirit. That is why it is essential to seek spiritual treatment. Spiritual treatment will help the spirit deal with the effects of their destructive behavior from past lives and help the spirit improve their current lives. It is important for us to understand as reincarnated spirits that we need to treat the spirit and the body and not just one or the other. Science and Spiritism go hand in hand in treating depression and other illnesses.

by Carolina Strosnider is a SSB member

"A body's disease can create a disease of the soul,
And a disease of the soul can provoke a disease of the body."

"Happiness does not come from possessions or power,
but rather from a wise and dedicated heart."

- *Andre Luiz / F.C Xavier*

Endearing Gems From Francisco C. Xavier by J. Korngold & M. Levinson - SAB 2004

Spiritist Tools for a Better Life

Fraternal Counseling

Spiritist Centers offer this modality of fraternal assistance in order to help the newcomers and anyone who is in need of counseling due to physical, psychological and/or spiritual disturbances. The fraternal counselors are specially trained on both the knowledge of Spiritism and in the techniques of counseling.

Fluidically magnetized water

The human body is known to be composed of about seventy percent of water. In Spiritism, it is a common practice to offer a small quantity of water to the patient after receiving the 'passes' as a complement to this process and as a means of revitalizing the physical body. This is not ordinary water, because it has been saturated with beneficial fluids (*psimolecules*) originated in the spirit-world under the guidance of the Spirit Benefactors responsible for the work of *passes*. This is why it is named magnetized water. This special water enables the patient to retain energies and increases the absorption potentialities of restoring fluids received during the *passes*. (read more about it in the previous newsletter, issue Sept/Oct. 2004).

Volunteering Work

Reserve some time to do volunteering work. By helping others without expecting any reward, you will find the joy of life and also you will realize how much you are blessed and how much you can give out. Remember, to receive, we need to give first.

Passes

The *passes* is a transfusion of energies that alters the entire cellular field. *Passes* can be divided in three types: (1) magnetic, in which the energy source is the medium; (2) spiritual, in which the energy source is the spirit; and (3) mixed, in which the source is both. Spiritism explains that, in practice, most *passes* are of the third type. The *passes* has a decisive influence in healing when received with respect and faith.

Spiritual Treatment

Anyone who undergoes a difficult time due to physical, psychological and/or spiritual imbalance is eligible to receive the spiritual treatment. This service comprises of prayers, instructions and special *passes* followed by spiritually magnetized water. Also combined with conventional medical treatment, spiritual treatment can help harmonize the spiritual body which is vital to maintain the physical body working property.

Study Meetings

Study is necessary if we want to understand the laws that govern the universe and us, in all its aspects. When we join a serious and consistent study group, not only do we learn how to free ourselves from ignorance, but also how to live a better life in general. By studying, we will certainly renovate our ideas and help the renovation of our organic cells as well.

(This section continues on page 5)

Phenomenon is Only the Beginning

by Greg Stewart*

One year ago I traveled to Brazil for the first time where I had the opportunity to witness spiritual phenomenon in the form of healings, facilitated by a medium. This trip marked the beginning of a great change in my life. For the first time, I had witnessed proof that there were spirits helping us and communicating with us from another world.

During this trip to Brazil, I began a regular practice of prayer and meditation that lead me to experience my own mediumistic phenomena. As wonderful and beautiful as these experiences were, I began to feel a little uneasy and confused. What was really going on and should I be opening myself up to these kinds of experiences?

After returning from my trip, I wanted to learn more about what had happened to me so I looked on the Internet for clues. I had heard a prayer while in Brazil called the *Prayer of Caritas* so I entered the name of this prayer into the Internet search engine. I was surprised to see that there were Spiritist centers in the U.S. as well as an organization called the United States Spiritist Council (www.usspiritistcouncil.com). I immediately ordered Spiritist books from the Allan Kardec Educational Society (www.allan-kardec.org) and contacted two Spiritist centers within a 2-hour drive from my home.

After attending meetings regularly and reading Spiritist books over the last year, I realize that the phenomena I have witnessed and experienced is only the beginning of my new life. While the Spiritist Doctrine has provided me with many answers to my questions, it has also prompted me to think about things that never occurred to me before. The concept of Inner Reform is something I now embrace on a daily basis.

I feel a strong desire to tell other Americans about Spiritism because I believe very few Americans know about the Spiritist Doctrine. Also, I have come to the conclusion that one of the best ways to share the Spiritist teachings is through our own conduct. *How do we treat others? What thoughts do we allow to take hold of us? Are we able to put aside lower emotions, such as anger and jealousy? Do our actions; whether they are related to our professional or personal life encourage goodness in others?*

Brothers and Sisters, I encourage you to read and study the Spiritist Doctrine together with a strong intention of implementing the Spiritist teachings into your own life. I realize that the complicated material world we live in does not always provide us with enough free time; however, I can assure you that the rewards you will reap from your study and practice of Spiritism are well worth your efforts.

* Greg Stewart is an AKSS-MD member

"Whatever are the Prodiges performed by human intelligence, such intelligence has also a primary cause. It is the superior intelligence to the primary cause of all things no matter what name men might use to define it."
- Allan Kardec.

10 Suggested Spiritual Tools for Our Daily Lives

1. Positive thoughts always.
2. Practice goodness without expecting any reward.
3. Take care of body and spirit.
4. Believe in progress and changes.
5. Believe in the order and harmony of the universe
6. Believe in cooperation. Cooperation is the key to happiness.
7. Competition only to surpass one's own limitations
8. We are social beings.
9. Find God within yourself.
10. Golden rule: Do to others what you would like others do to you.

If these 10 suggested spiritual tools are not enough, you may continue with Benjamin Franklin's 13 virtues program.

Ben Franklin's 13 Virtues

TEMPERANCE: Eat not to dullness; drink not to elevation.

SILENCE: Speak not but what may benefit others or yourself; avoid trifling conversation.

ORDER: Let all your things have their places; let each part of your business have its time.

RESOLUTION: Resolve to perform what you ought; perform without fail what you resolve.

FRUGALITY: Make no expense but to do good to others or yourself; i.e., waste nothing.

INDUSTRY: Lose no time; be always employed in something useful; cut off all unnecessary actions.

SINCERITY: Use no hurtful deceit; think innocently and justly, and, if you speak, speak accordingly.

JUSTICE: Wrong none by doing injuries, or omitting the benefits that are your duty.

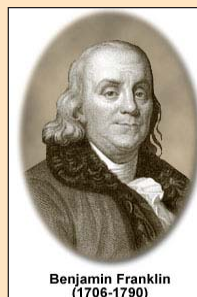
MODERATION: Avoid extremes; forbear resenting injuries so much as you think they deserve.

CLEANLINESS: Tolerate no uncleanness in body, cloths, or habitation.

TRANQUILITY: Be not disturbed at trifles, or at accidents common or unavoidable.

CHASTITY: Rarely use venery but for health or offspring, never to dullness, weakness, or the injury of your own or another's peace or reputation.

HUMILITY: Imitate Jesus and Socrates.



Benjamin Franklin
(1706-1790)

During the early 1700s and while in his late 20s, Benjamin Franklin gathered thirteen virtues that he felt were a guide to live by. Ben Franklin tried to lead his life, following these virtues. He placed each one of the virtues on a separate page in a small book that he kept with him for most of his life. He would evaluate his performance with regard to each of them on a daily basis. He would also select one of the virtues to focus on for full week.

The list of 13 virtues is certainly an admirable guide to try to follow and build up a good character.

Natural Calamities



Whether death occurs through a calamity or an ordinary cause, it cannot be avoided when the time comes. The only difference is that, in the case of the calamity, many people depart at the same time.

If we could raise our thoughts high enough to contemplate the human race as a whole, and to take in the whole of its destiny at a glance, the scourges that now seem so terrible would appear to us only as passing storms in the destiny of the planet.

Among natural calamities that are independent of human will, we find plagues, famines, floods, and crop-destroying weather. But we have also found the means to neutralize or at least alleviate the effect of these disasters through scientific means, *e.g.* the improvement of agricultural processes, crop rotation and irrigation, and the study of health conditions. One wonders, consequently, what we will do for our material well-being once we learn to use all our intellectual resources and when, in our struggle for survival, we begin to incorporate a feeling of real Christian love toward each other.

What is the purpose of Providence in allowing major natural calamities to occur?

"They bring about transformations that will speed along your progress. As we have told you, destruction (physical death) is necessary for the moral renewal of spirits who, in each new lifetime, reach a higher level of perfection. You have to look at the objectives in order to appreciate the results of these events. Don't judge them from your own personal point of view and call them calamities because they bring you losses. These adversities are frequently necessary to accelerate the development of a better order that otherwise might not come about for centuries."

Do such natural calamities, despite the problems they cause, have any useful purpose from a purely physical point of view?

"They sometimes modify conditions in certain areas. But generally it is future generations that will enjoy the resulting benefits."

Aren't such calamities also moral trials for us, forcing us to strive harder to get what we need?

"Yes. Calamities are trials that give you an opportunity to exercise your intelligence, to demonstrate your patience and resignation to higher laws. At the same time, they give you the chance to grow in abnegation, selflessness, and love for others."

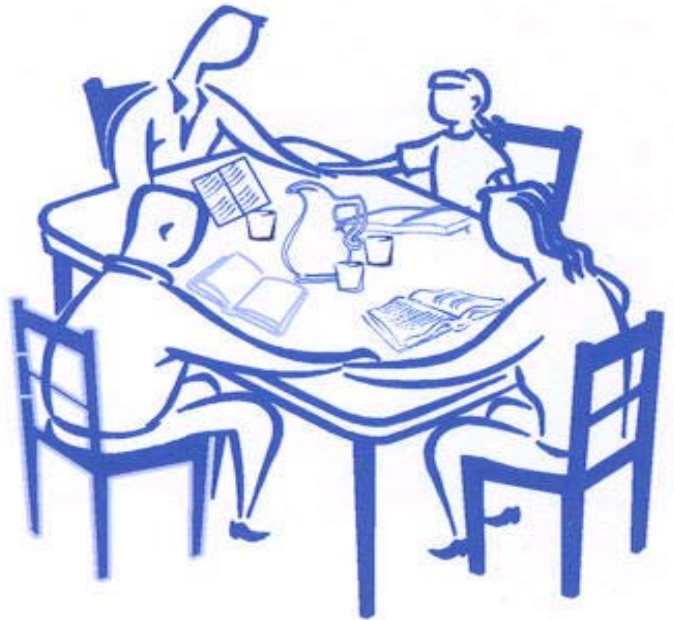
Can we avert calamities?

"Yes, in part. But not in the way generally believed. Many calamities are the consequence of human negligence. However, as you develop scientific knowledge and accumulate experience you will learn how to probe into their causes and will be able to prevent them." Still, some of the hardships that beset you are of a collective nature and subject to the designs of Providence. To one degree or other, each affected person has something to learn from such experiences, and it is impossible to avoid them. The best course is to find refuge in resignation and acceptance of a higher purpose. But at times the suffering is made more biting by the indifference and callousness of fellow human beings.

The Spirits's Book by Allan Kardec, questions 737,739,740,741. AKES 2003

"Death is a complete change of house, without a person's essential change." - Chico Xavier

(Spiritist Tools - continued)



Spiritism 101

God at Home

In a challenging world, it is essential that the family finds ways to protect and recharge its forces in the light of spiritual teachings. The God at Home meetings are these wonderful opportunities in which the spirit guides/mentors can help the family/home members. Here are some guidelines to these family meetings:

1. Choose day and time to have the God at Home meeting in a weekly basis. Be consistent!!!
 2. Invite family members and/or friends to participate. However, if no one wants to, do it yourself alone.
 3. Start it with a short heartfelt prayer.
 4. Read and study inspirational messages from books such as the Gospel According to Spiritism, Child of God, or any others that fit the purpose.
 5. Close this meeting with a prayer.
 6. Maximum time recommended for the meeting: ~30 min.
 7. Do not use these meetings to bring about family/personal issues.
- The Gospel at Home (by AKES) is also an excellent reference book for this type of gathering.

The God at Home is "equivalent to a lamp shining onto the work of assistance and spiritual enlightenment." (From the book *Disobsession* by Andre Luiz, F.C. Xavier and W. Vieira - SAB 2003).

Mediumship Education

Some people come to this world with special gift that needs to be educated in order to be more useful. Mediumship is one of these special gifts. It is an inherent human condition. It is extremely necessary that the person joins a serious and knowledgeable mediumistic group to have a good support and to avoid charlatanism. It is strongly recommended that one does not practice mediumship alone. A teamwork effort, in a homogenous basis, is recommended. Mediumship, when practiced selflessly and free of charges is Divine gift.

Prayer

Prayer is thought. And thought is life. Based in this assertive, we conclude that is indispensable the act of pray. Pray connects us to the divine and the feedback is always positive. And to be connecting to this force we only need will and a sincere heartfelt prayer.

UPCOMING EVENTS

2005 WORKSHOP SERIES

- January 29 – Where Science and Spiritism Intersect
- February 26 – Spiritist tools for everyday use
- March 19 – Spiritist insights for health practitioners
- April 30 – Spirit-influence in our well being
- May 21 – Reincarnation and sexuality
- June 25 – America and its role on Earth's spirituality
- July 30 – Poor or rich: why?
- August 27 – Spirituality at Work
- September 17 – Mediumship in you
- October 29 – Wars and the spirit-world
- November 19 – The family I chose
- December 10 - Christ consciousness

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time:
7:30 PM - 9:00 PM

Place:
Ruscombe Mansion Community Health Center
4801 Yellowwood Avenue
Baltimore - MD 21209

A SPECIAL SEMINAR WITH DIVALDO P. FRANCO

**“I love myself. I am drug-free.”
Spiritual Tools to Fight Addiction**

This seminar will cover an American true story on drug addiction; family issues and addiction; genetic, psychosocial, socioeconomic and spiritual factors that induce addiction. Divaldo Franco will give an overview of academic and spiritual therapies. One of the highlights will be education as a preponderant factor to Human Being's health.

Saturday, March 12th 2005
3 PM - 6:30 PM
University of Maryland - School of Medicine
685 W. Baltimore St. MSTF Auditorium
Baltimore, MD 21201



FREE ADMISSION !!!

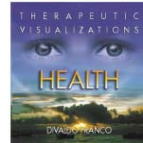
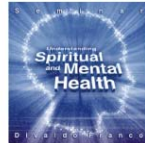
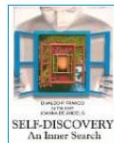
Refreshments will be served.



Divaldo Franco is a worldwide renowned speaker. He has given more than 10 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor HonorisCausa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated in 15 languages.

Professional simultaneous translation with wireless headphones will be provided.

LAUNCHING OF NEW BOOKS AND CDS



Sponsored by **SSB**

SPIRITIST SOCIETY OF BALTIMORE, Inc.
SSB is an Educational Non-Profit Organization.



JOIN OUR ACTIVITIES

SPIRITIST THOUGHT STUDY GROUP

These meetings take place every **Thursday** from 8:00PM to 9:30PM for the study of the Spiritist Doctrine. They are open to the general public. For more information, please contact us. Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM. Please, contact us for more information. Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

Mediumship Educational Meetings

(by invitation only)
These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to the Spiritist thought.

Activities are free of charge !!!

Fundraising Event

You are invited to the
PASTA LUNCH

Join us in this fundraising event
&
Have a special lunch with your family and friends!

Delicious variety of pasta dishes!

When: Sunday, February 6th (2PM - 5PM)

Price: \$10.00 each (8-12 year-old children pay half price)

**Where: Ruscombe Mansion Community Health Center
4801 Yellowwood Avenue - Baltimore, MD 21209**

For more information:
(410) 382-5328 or (443) 540-0442
Sponsored by SSB

Addiction in the Light of Spiritual Science

by **Peter Hinderberger, M.D., Ph.D.**



in April

Many people suffer from addictions. These addictions vary from alcohol, legal and illegal drugs to gambling, sex and tobacco. Genetic as well as socio-psychological factors are disposing elements. Neurotransmitters are maintaining them. In this presentation we are exploring the deeper meaning of addiction beyond the physical realm: What do addictions do to the sublime members of our human organism, our etheric, soul and spirit?

**Thursday, April 21st 2005
8 PM - 9:30 PM**

University of Maryland -Student Center
222 Pine St - 2nd floor
Multi-Purpose Room 245
Baltimore, MD 21201

This event is a part of the new campaign launched by SSB: I love myself, I am drug-free. The SSB has a broader definition of what is a Drug. It encompasses anything that can harm either our physical body (chemical substances, junk food, etc) or our spiritual body (selfishness, anger, pride, gossip, hatred, etc).

Special Seminar:

I love myself. I am drug-free.
Spiritual Tools to Fight Addiction

March 12, 2005
by Divaldo Franco

Sponsored by
The Spiritist Society of Baltimore, Inc.

This special seminar is the highlight of our just launched campaign on how Spiritism can help prevent and treat addictions in general. It will cover an American true story on drug addiction; family issues and addiction; genetic, psychosocial, socioeconomic and spiritual factors that induce addiction. Divaldo Franco will give an overview of academic and spiritual therapies. One of the highlights will be education as a preponderant factor to Human Being's health.

Divaldo Franco is the keynote speaker of our campaign. In the year 2000, he was invited to speak at United Nations as one of the spiritual leaders in the world. He is Doctor *Honoris Causa* in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated in 15 languages.



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SELFISHNESS: THE WORST IMPERFECTION OF ALL TIMES!

Think about the roots of Human problems. Underneath wars, anger, fear, depression, envy, jealousy, addictions, *etc.* lies selfishness as their common factor.

Isn't that a struggle when you deal with other people's selfishness? What about the consequent torments of our own selfishness?

Unfortunately, it is easy to recognize the signs of selfishness in our society. Usually, people wake up thinking of the bills they need to pay, the work they need to get done and other material goals that need to be achieved. Of course, people should be responsible to fulfill their tasks and pay their bills. But is that all there is to life? Some even claim that they focus that much on themselves, their jobs, their money, because they need to live better and make their own families live better. But, should it always be about "me" and "us", and nothing about the "others" or "them"?

If you still have questions on what selfishness really means, here is the definition given by Merriam-Webster's dictionary: a selfish person is the one who is "concerned excessively or exclusively with oneself: seeking or concentrating on one's own advantage, pleasure, or well-being without regard for others." Isn't that what we find nowadays? Don't people spend most part of their days concerned about their own achievements without any regard to others? Sometimes, you just want to be heard by a friend, but that friend doesn't have time for you! The worst we have seen lately is people who want to talk about spirituality in order to promote themselves. Their ultimate goal isn't to raise awareness in spirituality, but to make a life out of selling its concepts, as if we could buy them in the market or in a bookstore.

This issue on selfishness is further explained in The Spirits' Book. In question 895, Allan Kardec asked the Enlightened Spirits the following: "What is the most characteristic sign of moral imperfection?" The Loving and Wise Spirits answered: "*Selfishness. Many people make a show of goodness, but it is like gilt in copper: it cannot stand up under the touchstone. A great many people possess qualities that the world takes for virtues, but they often lack resilience to resist trials, and the slightest blow to their self-esteem is sometimes enough to reveal the real character underneath. In fact, absolute disinterestedness is so rare on Earth that it approaches the miraculous. Attachment to material things indicates, in any event, a low level of progress. The more you care for the things of the world, the less you understand your destiny. On the contrary, detachment shows that the person has arrived at a wider and clearer view of the future.*"

Is there a way out of this deeply rooted selfishness? Yes, there is. And Spiritism gives us hope because it tells us of our long but certain journey to perfection and happiness. And yet, we will reincarnate as many times as needed to fulfill that ultimate goal. What a relief! We still have time. But let us start now. The sooner, the less we will suffer from its sad consequences. There will be less wars, depression, diseases, and disasters.

Let us then program ourselves for a less selfish life. Begin your day by proposing to give a hand to someone that is in need of a smile, a word, care, love, food, and give that person what she/he needs without expecting anything in return. This will certainly bring more peace and harmony to you and the world around you. ■

-The Editors

Edited by



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SSB

Spiritist Society of Baltimore, Inc.
Baltimore, MD 21202

Tel: 410-382-5328

e-mail: ssb@ssbaltimore.org

Web: <http://www.ssbaltimore.org>

EDITORS:
Daniel Santos
Vanessa Anseloni



CAMPAIGN

This campaign "*I love myself, I am drug-free*" was launched by SSB in 2004. Its goal is to raise awareness of the underlying causes of addictions in general, as well as to educate the general public onto the prevention mechanisms and procedures, according to the Spiritist View.

The SSB has a broader definition of what is a Drug. ***It encompasses anything that can harm either our physical body (chemical substances, junk food, etc) or our spiritual body (selfishness, anger, pride, gossip, hatred, etc).***



Being well, or the state of well being, is a most comfortable, secure and fulfilled feeling, or isn't it? Is well being homeostasis, or equilibrium, wherein the various forces of life are balanced one upon another?! If this is true, well being can only be transitory, for forces in motion can only briefly be put into balance before they get out of whack once again. "Stability leads to instability" is a well known axiom of economics, and it may well, due to human psychology, be applicable in many, many human venues. If well being is not simply a balancing act and "feel good", what may it be?

Let's get down to basics. Spiritism asserts that the purpose of life is the advancement of souls to perfection. If this truly be the case, we must view well being as being in tune with such progress, on an individual and collective level. Viewed this way, well being is independent of human emotion and opinion; it is dependent on being connected to one's purpose. First and foremost, then, Spiritism turns the concept of well being on its head by focusing on something much, much less transitory and more likely to endure and bring maximum benefit.

In *The Spirit's Book*, Alan Kardec sets forth various spirits' answers to specific questions he put to them through a number of mediums. In this book, there are many references to the purpose of life and to one's optimal conduct. *The Gospel According to Spiritism* carries this discussion much further. A reading of the two books discloses the following concepts, truths and laws which lead one to follow one's purpose and, hence, to find well being.

We are not alone

Creation - the totality of existence - is quite well populated with incarnated and disincarnated spirits of varying degrees of advancement, each working its way toward the ultimate fulfillment of its life mission - perfection or union with God. With such a varied population, we find ourselves influenced by spirits who are helping us on our paths and by spirits who are more interested in their narrow self gratification. Well being, according to Spiritism, is enhanced by eschewing the advice, counsel and temptations of the lesser spirits in favor of the "superior" spirits, whose only interest is advancement or betterment of themselves and of others.

Self advancement is linked to the advancement and succor of others

Spiritism asserts that, on Earth, our primary duty is to love, fully and completely. We show this through charity and desire to help others, through strict adherence to Christ's moral principles and by following the counsel of our Guardian Angels. By loving and helping others, we break the bonds

that ego (the self that is separated from others) and materialism want to construct for us.



Each of us has a Guardian Angel

Fortunately, we have not been sent to earthly life without a lifeline - a connection with the being which has chosen to accept our care and advancement as its primary mission. What thought can better promote well being - even in the transitory sense - than the knowledge that we have the most wonderful of relationships at the beacon of a thought in its direction. How comforting is this relationship, and how fulfilling!

How do we combine the knowledge that we are literally swimming amidst spirits, that doing good for others leads to our well being and that a Guardian Angel has volunteered to guide us through our earthly process to our life's purpose.

Simply run each thought, word or action you do through a filter - "is this love or something else?" But to get a true answer, you must be purified enough to be able to filter out an ego-bound or lesser spirit-inspired answer. Spiritism shows the way to inner purification in the beautiful words of the *Gospel According to Spiritism*, especially in *chapters 17 and 19*. Even a beginner will begin to see results by following the precepts set forth in those chapters.

In conclusion, then, while most people may define well being as a "feel good" state of homeostasis, we would argue that it is nothing of the kind. Only constant attention to one's progress toward advancement of the soul brings well being. It may be that true well being may not feel very good from time to time, but a solid inner knowledge that one is following the counsel of one's Guardian Angel succors the pangs of doubt and momentary pain. Begin to look at the world through eyes and perceptions of your true, Guardian Angel-inspired self - and you will be well along on the path toward the fulfillment that being true to your life's purpose brings. Such is well being. ■

*SSB member

*"When you fall down,
pick yourself up and start over again.
You are an ever-unfolding soul
temporarily enrolled in the
school of life."*

From the book *"Child of God"* by Joanna de Angelis
through Divaldo Franco, p. 45

Before Other Nations

In a world where we communicate faster and get to know of other nations' issues and culture in the blink of an eye, many people struggle with existing cultural differences among nations. How should we behave, feel and think about that?



You shall conserve the dignity of home and honor, loving tirelessly the parents that provided you with birth and life.

You shall never negate your help to those who ask for support and understanding with domestic comfort.

You shall exalt it serving the soil that embraces you as a generous mother by reciprocating it with care and respect the bread that it gives you.

You shall be grateful to the space in which you live guaranteeing cleanliness and offering as often as possible the perfume of a flower that depend on your care.

You shall, after all, situate your heart in the nation that gathers brothers from the same ideal and same language. But you shall not forget that the same starry sky that looks at our aspirations embraces other nations' hopes which have received the Blessing of God as much as we have.

When you go to work every morning, remember that other human beings do the same, as the Sun announces the day. When you envelop your children in the night prayer, think of the mothers that in distant countries guard for their children, supplicating to the All Merciful protection and guidance to their loved ones.

Do not be judgemental thinking that the wealthy of some and the economic affairs of others are the reason of differences. The sufferings that chip our soul and the joys that push us ahead vibrate in thousands and thousands of hearts on the other hemisphere.

When you hear something related to other groups and nations which may be making wars, pray for them. They are brothers who do not know the painful consequences that will readjust their spirits later on. When you listen to the news related to other groups which may be under atonement, equally pray for them, so the gifts of work and patience do not become scarce for them.

Consider all as being our companions, creatures of the same Creator and children of the same Father. In the future, in the kingdoms of Spirit, you will see them in the condition of humanity – our true family.

Learn, then, from today, to banish the word “foreigner” from your dictionary. And when you refer to someone who was born in a different nation, allow fraternity to raise up from your soul to your lips, and sincerely say “our brother”.

- EMMANUEL

*Paris, France, August 21, 1965.
Emmanuel was Chico Xavier's mentor.*

Among Brothers of Other Lands (*Entre Irmaos de Outras Terras*) by Francisco Candido Xavier and Waldo Vieira, chapter 32, FEB, 1965. This book is being translated by the SSB. Revised by Laura Egger.

Kids' Place

by Carolina Strosnider*

The importance of praying



Sometimes, we don't feel too good. We hurt inside, because someone hurt our feelings, because we are scared of something, or because we know we did something bad.

What can you do to feel better?

We can talk to God. Because God is all-powerful, all-good and all-wise. God always listens to us, even if do something wrong. God will always love us no matter what.

Talking to God is called praying. We can pray anytime, anywhere. We don't have to speak out loud to God, because God always knows what we are thinking.

Praying is better in a quiet place like our bedroom before we go to sleep. In our prayers, we can thank God for the wonderful things He has given us, like our family and friends. You can thank God for anything you want.

You can also ask God for forgiveness for something you did wrong. We can also ask God for things we want or for help doing something.

By praying, we get closer to God. Praying also makes us feel better. Next time you don't feel too good inside, remember to talk to God, to pray. You can pray anytime, anywhere because God is always listening to us.

COLORING SPACE

Kangaroo



Dog

Word Search

Word search puzzles are great fun, yet they are very easy to play: Just find the words that have been hidden in the grid —up, down, forward, backward, or diagonally. Within a word search puzzle, words can overlap; i.e., a letter can be part of two or more words.

Words to find:

FAITH	LOVE
GOD	IMMORTAL
LIFE	MEDITATION
PRAYER	SPIRIT

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F R S S L A D S S G A U P R J
Z T Z B I J R L L I W W R J Y
V M I F F X C X R J C R A B H
P U G R E H V K N J J L Y C C
I U Z E I B Z L N I O L E M F
X A I R V P N V A V Z Q R Z Z
I S M N R U S J E T W B T M P
H R M R R S Y C X I V A D K W
T N O I T A T I D E M O Y B R
I G R A O L R E W F N J T U A
A R T W F Z C G O V H W E M O
F D A R O J J E V H R H P V K
Q R L C K E I Z L E E D F Y F
L M E T Q Y Y E E X O S K K S
O B A E R S J R Z G Q H D A H
    
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* SSB member

UPCOMING EVENTS

2005 WORKSHOP SERIES

January 29 – Where Science and Spiritism Intersect

February 26 – Spiritist tools for everyday use

March 19 – Spiritist insights for health practitioners

April 30 – Spirit-influence in our well being

May 21 – Reincarnation and sexuality

June 25 – America and its role on Earth's spirituality

July 30 – Poor or rich: why?

August 27 – Spirituality at Work

September 17 – Mediumship in you

October 29 – Wars and the spirit-world

November 19 – The family I chose

December 10 – Christ consciousness

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time:

7:30 PM - 9:00 PM

Place:

Ruscombe Mansion Community Health Center

4801 Yellowood Avenue
Baltimore - MD 21209

A SPECIAL TALK

Addiction in the Light of Spiritual Science

by **Peter Hinderberger, M.D., Ph.D.**

Many people suffer from addictions. These addictions vary from alcohol, legal and illegal drugs to gambling, sex and tobacco. Genetic as well as socio-psychological factors are disposing elements. Neurotransmitters are maintaining them. In this presentation we are exploring the deeper meaning of addiction beyond the physical realm: What do addictions do to the sublime members of our human organism, our etheric, soul and spirit?

Thursday, April 21, 2005

8 PM - 9:30 PM

University of Maryland - Student Center
222 Pine St - 2nd floor
Multi-Purpose Room 245
Baltimore, MD 21201



FREE ADMISSION !!!

(no registration is required)



Peter Hinderberger, M.D., Ph.D., attended medical school in Switzerland, where he was trained in traditional as well as anthroposophically-extended medicine. Dr. Hinderberger is a leader in the field of alternative treatments for cancer, and Medical Director at Ruscombe Mansion Community Health Center in Baltimore, MD. He may be reached for telephone consultation from 8:30 - 10:00 a.m., weekday mornings (except Thursday) at (410) 367-6263.

For more information on Dr. Hinderberger visit his website at:
<http://www.ruscombe.org/pract/phinderberger.html>

For more information,

please visit our website at <http://www.ssbaltimore.org>
or contact us at (410) 382-5328 or at ssb@ssbaltimore.org

Sponsored by

THE SPIRITIST SOCIETY OF BALTIMORE, Inc.

The Spiritist Society of Baltimore, is an Educational
Non-Profit Organization.

JOIN OUR ACTIVITIES

SPIRITIST THOUGHT STUDY GROUP

These meetings take place every **Thursday** from 8:00PM to 9:30PM for the study of the Spiritist Doctrine. They are open to the general public. For more information, please contact us. Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM.

Please, contact us for more information.

Phone: 410 - 837-0991 or 410-382-5328

e-mail: ssb@ssbaltimore.org

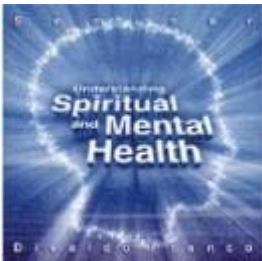
Mediumship Educational Meetings

(by invitation only)

These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to the Spiritist thought.

Activities are free of charge !!!

NEW BOOKS AND CDs by Divaldo Franco (in collaboration with SSB)

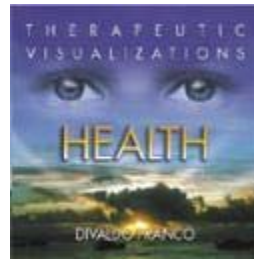


This double CD set contains Divaldo Franco's seminar "**Understanding Spiritual and Mental Health**" which happened on March 12, 2004, in the city of Baltimore, Maryland, USA. This is the first audio CD of a Spiritist seminar in the English Speaking language. The seminar covered a psychiatric analysis on the endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies. It beautifully describes the Spiritist view of the psychological and spiritual disturbances, as much as it gives us a clear idea of its approach to eradicate its causes and effects.



This profound and brilliant seminar, **Understanding Spiritual and Mental Health**, also generated a bilingual book (English and Portuguese, '**Compreendendo a Saude Espiritual e Mental**') that will be launched in this event.

If you prefer the book format, this is also a great opportunity.



Therapeutic Visualizations - Health - CD is a unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health. "*Meditation becomes an effective way to discipline the will. It facilitates patience which helps you to conquer every day the lower tendencies that disturb you. Meditation is an imperious necessity that imposes itself before any realization. In the meditative state, you calm down your emotions and clarify your discernment, harmonizing your feelings.*" (Excerpts extracted from the book Moments of Meditation, by Joanna de Ângelis, psychographed by Divaldo P. Franco)



"**Self-Discovery, an Inner Search**, can certainly be considered a masterpiece on the Spiritist Psychology. Its spirit-author, Joanna de Ângelis, through the admirable hands of Divaldo P. Franco, brings the reader what could be considered a doctorate thesis in the topics of human psyche, its disturbances and deepest causes, as well as effective therapeutics for Humanity's greatest problems. It also summarizes a variety of theories in the field of Psychology and Psychiatry combining them with the Spiritist View of the human being and life. Moreover, Joanna de Ângelis undoubtedly develops Allan Kardec's works."

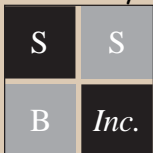
To obtain this material, please contact us by e-mail at ssb@ssbaltimore.org or call (410) 382-5328.



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Edited by



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SSB

Spiritist Society of Baltimore, Inc.
Baltimore, MD 21202

Tel: 410-382-5328

e-mail: ssb@ssbaltimore.org

<http://www.ssbaltimore.org>

EDITORS:

Daniel Santos
Vanessa Anseloni

Can Spiritism Improve Our Mental Health?

As a mental health practitioner, I became interested in Spiritism not only for my own spiritual development but also to learn what Spiritist practices could contribute to the well being of my clients.

In the 1970's, Transpersonal Psychology attended to our spiritual nature by practices such as centering, visualization, and meditation. However Transpersonal Psychology was overshadowed by cognitive-behavioral therapy and talk therapies which primarily focused on the client's thoughts and feeling. With the popularity of books like Thomas Moore's *The Care of the Soul* and M. Scott Peck's *The Road Less Traveled*, Americans demonstrated their interest in Spirituality for self-improvement and support for daily life functioning.

Spiritism offers practices for the maintenance of mental health and treatments for mental disturbances. Prayer is explained as the opening of our hearts to our Creator, God the Father/Mother, or our favorite spiritual being such as Christ, the Buddha, Mother Theresa, etc. with a natural outpouring of words describing our petitions for ourselves, others, and the world as well as our gratitude for the spiritual help that we readily receive. Books such as *Recipes for Peace* and *Living and Loving* psychographed by Divaldo Franco from the spirit Joanna de Angelis provide illuminating thoughts to begin our day and to clear the effects of the day before going to sleep. Examples of prayers are found in *The Gospel According to Spiritism* (a metaphysical interpretation of Christ's teachings). A weekly time for spiritual reading and prayer through the spiritist practice of 'God at Home' strengthens our mental health and the mental health of our family. The practice of meditation by listening to the therapeutic visualizations on Divaldo Franco's Health CD releases stress and when used on a daily basis potentiates mental health treatments.

Specialized treatments for mental disturbances are lovingly given free of charge at Spiritual Treatment Clinic in the Spiritist Center. Fraternal counseling

enables people to reframe or gain a new understanding of their problems as opportunities for growth. They then work to release their fears which are creating blockages to the flow of universal love and compassion within themselves and through themselves to others. Trained spiritist healers¹ give persons seeking help 'passes' of healing energies. These spiritual healers act as instruments of the spirit psychiatrists and spirit therapists who work along with the person's Spirit guides and spiritual mentors to treat the mental disturbances. These 'passes' are hand movements through the energetic fields or perispirit²



around the person's body which facilitate the release of negative energies by the permutation of beneficial spiritual fluids. Spring or distilled water can be spiritually magnetized to be used throughout the week between the spiritual treatments to further support the person's return to well being.

As I have done these practices and experienced the specialized treatments I can testify to their effectiveness. They complement both allopathic and homeopathic medicine and/or the use of herbs and supplements for healing mental disturbances or imbalances. Furthermore, I have found the spiritists themselves to be exceptional role models of Spiritism. Their warmth, generosity, and loving acceptance and encouragement of everyone they meet is genuine and provides a healing balm so necessary in these stressful times.

So the answer to the question "Can Spiritism improve our mental health?" is **YES!** ■

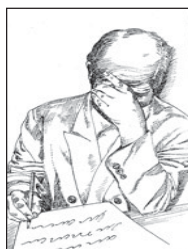
-Paula Schmidt, Ed. D.
Clinical Psychologist and SSB member

Editor's note:

¹Although the word *healer* is used here, we clarify that in Spiritism healing comes from God and His messengers, the superior Spirits.

²Please check *March/April 2004* and *Sept/October 2004* issues for more information on what is perispirit, passes, fluidic water, spiritual treatment, ect. - website: www.ssbaltimore.org.

Chico Xavier: the greatest medium of modern times



Jesus once said: "by the fruits, we will know the tree" and we tell that Chico Xavier certainly was a very good tree in the Orchard of God. Besides his unaccountable messages of comfort to those who lined up to see him, he was a model in how to make good use of a mediumship. As a medium, Mr. Xavier produced more than 400 books, several of them have been translated into English, Esperanto, French, Greek, Japanese, etc. Always simple and humble, he has never profited in any way from his mediumship...

Read more on page 4

THE GRANDEUR OF RENUNCIATION



1471 - 1528

Albrecht Durer, the excellent German painter, before he was well known, and needing to study, agreed with a young friend, a fellow artist, on the need to move to a place of greater culture where they could improve their styles. As neither had the help of a Maecenas, it was agreed that one would take a menial job as a dishwasher whilst the other painted, so that with the sale of the first paintings the one who was working would then take up his studies.

Having established the basis of their undertaking, the two friends started to work. Albert said - *"I shall dedicate myself to work"*... - whilst the other replied: -*"I am older and I already have a job at the restaurant"*.

Having agreed with his friend, Durer began to study and paint.

When they had saved up an amount that would allow the other to study, the latter gave up his job and went to School. He noticed, however, that the coarse work had destroyed his tactile sensibility and upset his motive rhythm. He realized that he would never be brilliant, he even discovered the superior talent of his friend.

Endowed with noble sentiments, he renounced his career and carried on working. One night, returning from the studio, Durer silently opened the door and remained motionless in the shadows as he saw the moonlight entering the by the skylight and illuminating hands in an attitude of prayer. It was his friend, kneeling and beseeching blessings for his companion to triumph and succeed as a painter.



The artist, moved by the sight, rendered it immortal in a small canvass, that passed on to posterity with the name *"Study of the hands of an apostle"*, at the altar of Heller, now at Albertina, Viena.

Renunciation is the emotion of Higher Spirits transformed into blessings on the pathway of men.

He who renounces, establishes future guidance for his neighbour in a climate of peace.

Renunciation is the most beneficial for he who offers it.

To be able to yield, when it is easy to quarrel; to recognize an other's worth, when at their side, giving them opportunity of development; to help without competing, these are lofty expressions of renouncement that give life a meaning of significative grandeur.

The path that is today covered with thistles and thorns, is the same that yesterday was blessed and free, but that was journeyed with selfishness.

The rough pathway marked by today's swamp, is none other than that which was left in abandonment.

The road which is difficult to get through, is the fruit of the negligence of those who went along it.

The walking feet always return to the known route, like the heavenly bodies in their periplus through space return to the same course, obeying the mathematics of universal gravity.

Happy are they, that give in today to receive tomorrow; those who give now to be enriched later; those who understand that true happiness is to help and to pass by without imposing or taking. He who renounces fills his soul with peace, attracting life's gratitude for that which has been received.

Jesus, renouncing the throne of the Almighty came to live with us and bear us.

Recognizing our smallness, He renounced His grandeur.

To make Himself understood, He renounced His transcendental wisdom.

To love us, He renounced His tranquillity, and suffered for us.

And renouncing His own elevation, he waits for us.



Recipes for Peace by Joanna de Angelis(spirit) & Divaldo Franco

Letters to the Editor

GUIDANCE LEADS TO FORMATION OF SPIRITUAL CENTER

I believe that God has blessed all of us with spiritual guidance for our journeys here on earth. Whether you use the term guide, mentor, "still small voice," or angel - we all can access that part of ourselves which is a reflection of the Divine within. When we do, we are often greeted by the most loving and direct communications from our guides.

My angel's name is *Grace*. The comfort of her presence has sustained me through many Dark Nights. Her guidance over the years has helped shape my life immeasurably. Her latest "suggestion" has led me to develop The *SpiritWorks* Resource Center located in Lutherville, Md.

SpiritWorks became a reality through an incredibly generous gift from a donor who wishes to remain anonymous. When I struggled with the guidance, concerned about the financial aspects of such an undertaking, Grace pointed me in the right direction for funding. When I resisted her suggestion regarding location, she held firm and the perfect space was delivered. The physical creation of the Center has now been completed with the help of many loving friends who have volunteered their time and energy.

As a philanthropic outreach to the public, *SpiritWorks* offers a place where information, programs, and workshops addressing spiritual interests and concerns are presented. We hold that "the paths to God are many," and as such, there is no bias toward any particular spiritual persuasion or religion. Any individual or group whose purpose is to help expand spiritual awareness is invited to use our space.

The **Spiritist Society of Baltimore** is a perfect example of the type of organization whose own goals and mission are directly aligned with ours. We are delighted to welcome the **SSB** to its new home at The *SpiritWorks* Resource Center.

by Judith Campbell

Executive Director of Health Awareness, Inc.

My Experience with Spiritism

I was born in a spiritist family. My grandfather had first jointed a Spiritist group in the year of 1959 in Sao Paulo, Brazil. In 1984 he together with my mother and my aunt continued with the meetings at that Spiritist center. I participated in the spiritist activities for children and my mother would read children's books on Spiritism to my brother and me. But it was not until I was 16 that the teachings on the Spiritism would deeply got into me. At that time I had 1 year left to graduate from high school and a question came to mind, what if I dye before I get my degree? It may seems an innocent question but it was really terrifying for me because on my mind a degree would be the only way to prove that I had accomplished something in my life. That was when the teachings of Spiritism helped me to realize the importance of the immortality of the soul. The great relieve came specially when I learned that everything we go through, the experiences, the great moments in our lives will be with us as spirit, nothing would be wasted. Therefore, it is a not a degree that I would acquire that would measure my qualities as a spirit, I am much more than that. Many other lessons I have been learning along the years through Spiritism. At the present moment I have been working on the lesson of serving. To serve our neighbor and our society help us to fight against selfishness and pride. I decided not to wait to have more time or not to have problems in order to be able to help a friend or give some of my time to work at the Spiritist centers. I have been learning not to wait for the moment in which I think I can do it, that I can perfectly speak English to speak at the Spiritist meetings in the United States because this time may never come. Because one thing is true, at the end we receive more than we give.

by Fabiana F. Moura, PhD

SSB member and Founder of the Spiritist Group of Davis, CA

LIFE'S TRIALS: EMERGING AS A BETTER PERSON



Metaphors abound about the effect of disagreeable or uncomfortable circumstances. “Trial by fire”, “hardening steel with high heat” and even “no pain, no gain”. On the other hand, we certainly have a

natural tendency to seek happiness and pleasure and eschew difficulty and trial. These words are meant to offer a Spiritist view of trial and suffering in the hope that they may serve as a guide to understanding affliction and its role in betterment.

Let's first consider tests. This particular kind of trial often follows completion of some lesson or another. For example, if you are attempting to overcome a vice, you will often experience a challenge to check your progress. Viewed in this way, a test is simply a logical extension of your exertion of will to better yourself. Certainly there can be complicated processes at work in the administration of your test, such as competing Spirits urging you to go this way or that. But, if you recognize a test for what it is and you truly will to overcome your defect, you will triumph to the extent that your moral awakening allows.

Successful completion of a test requires faith, exercise of will toward your moral objective and, surrender to your higher attributes. It may seem contradictory that you at once exercise will and surrender, but key to the successful application of will and surrender is to recognize that your small will is not the will in question. You must link your little human will to that of the Divine, as expressed through your Guardian Angel. You must constantly ask – “what is the highest good here?” It's remarkable how quickly tests go when you adopt the twin powers of Will and Surrender. It is through this means that you can escape your human bound ego, the part of you which seeks self-advantage.

Another type of trial is a more chronic situation which can be called an affliction. Afflictions may present as addiction, illness, moral depravity or any number of other human weaknesses which

separate us from the perfection which is on our path. How does one best get through a “dark” period of affliction? Of course, the answer to this question is highly individualized, but there are certain principles which can guide you.

Question 486 in The Spirits Book enjoins us to bear afflictions with resignation, comparing the process of enduring affliction to the taking of an unsavory medicine which cures. Kubler-Ross and others have documented states of illness (affliction). They note that the last state is “acceptance” or resignation. It is in this state

– after the denial, struggle, conflict and bitterness – that the ground is plowed for real learning and awareness. It is, of course, appropriate to struggle and to exercise will. Being passive is not the issue here. But, after all is done and tried, resignation may well be the proper course, as it leads to insight and awareness. It is in these latter two states that real progress can be made, helping you truly overcome the affliction. Remember, healing and cure are two different concepts. Cure refers to removal of physical symptoms; healing refers to a broader process in which the affliction is no longer recognized and its power quashed.



Your attitude toward difficulties and afflictions is central to overcoming them. Seeing them for what they are – expiations of your past excesses, volunteering to allow another to demonstrate kindness, natural cause of exercise of free will toward less than high intentions – whatever the cause, afflictions bring you a blessing in the form of a way to betterment. Viewed this way, comfort is a welcome respite in the continual challenge to overcome affliction with resignation and joy that, sometime in the future, you are sowing the seeds of your betterment. It is rare to be able to fully understand the causes and ramifications of your afflictions. But it is enough to recognize them as teachers and helpers on your way to betterment. Take stock of your afflictions now, and rejoice for their presence in your life. You may well find that your burden will lighten and your road will feel less bumpy ■

by Jim Pursely
(SSB member)

In the presence of Sex



Sex is a Divine source and therefore should be taken seriously without abuse.

Psychologically speaking, in terms of sex, each person has a different view.

In any aspects of sex, think before acting, for the word given generates bonds for the spirit.

Do not try to simplify the affection needs of others by your own needs.

Although, love is a sublime and constant light the understanding of this varies in many different ways, on the pathway of evolution.

When having sex, make use of your common sense so that you do not feel guilty.

In any relationship, remember the basic rule: “do not do to others as you would not have them do to you.”

A honourable work which gives you support is a solid certainty against prostitution.

Do not deceive anyone on the pathway of love as you yourself might end up deceived.

Do not build your happiness by making other people's lives a misery. For every unbalanced relationship there will be a rectification on the basis of the reincarnation.

If someone has made a mistake relating to sexual experience, think honestly if you would not have done the same if you had a similar opportunity.

Do not judge the sexual failures or problems of others, but respect them, just as you would like to be respected in this matter. Sexual life is a private issue between two people. Therefore, if one of the partners

brings their problems to light, perhaps this person is guiltier than his partner is, as he participated in the same experiences.

With any difficulties or problems of sex, be merciful with those who are facing it.

Remember, on the basis of support and comprehension, if today is your day to give perhaps tomorrow is going to be your day to receive.

Green Light by F.C Xavier and Andre Luiz, published by SGB-UK, 2004

LIVING TO SERVE



1910-2002

Francisco Cândido Xavier (Chico Xavier) is considered the most prolific psychographic medium of all time. He was born in Pedro Leopoldo, Minas Gerais, Brazil, on April 2nd, 1910. He has lived in the town of Uberaba since 1959. He only completed his primary studies and worked as a shop assistant and later as a modest civil servant. He has been retired since 1958. He had a difficult childhood and the need to work from an early age was, in his words, “an indescribable blessing.”

His first Spiritist meeting was in May 1927. Two months later he started to exercise his mediumship publicly, at the age of 17. In 1931 he saw his mentor Emmanuel for the first time. In those early days, Emmanuel asked Chico if he was really willing to work on mediumship with Jesus. He said he was, if the Good Spirits stayed with him. Emmanuel said he would not be forsaken, but added that he needed to work, study and make efforts for goodness. Chico asked Emmanuel if he thought he was up to the task. Emmanuel replied: “Certainly, provided you try and respect the three basic points in this Service...” As the benefactor remained silent, the young man asked: “What is the first one?” “- *Discipline*,” Emmanuel replied. “And the second one?” “- *Discipline*” was the answer. “And the third one?” “- *Discipline*”. The medium remembers another important teaching he received in those early days:

“I remember that in one of his first contacts with me, Emmanuel told me that he intended to work with me for a long time, but that I should above all, try to follow the teachings of Jesus and the lessons of Allan Kardec. He added that if one day he taught me something that were not in accordance with Jesus or Kardec, then I should stay with Jesus and Kardec, and try to forget him.”

In 1932, the Brazilian Spiritist Federation (FEB) published his first book, “Parnassus of the Beyond”. Today his published books count more than 400. Several are translated into English, Esperanto, French, Greek, Japanese, etc. Always simple and humble, he has never profited in any way from his mediumship. He has withstood criticism and mockery of all possible sorts with true Christian

resignation. With the medium Waldo Vieira, he travelled to the United States and Europe, where they visited England, France, Italy, Spain and Portugal, always serving the Spiritist Doctrine. From the books he has published, over 12 million copies have been sold, only of those edited by FEB, which count 88. His historical novels, “2000 Years Ago,” “50 Years Later,” “Hail, Christ” and “Paul and Stephen,” prompted the author Roberto Macedo to write the book “Historical-Geographic Vocabulary of Emmanuel’s Novels,” in which the writer explains the historical events contained in those books.

The André Luiz collection of books is at one time revealing, doctrinal and scientific. The 15 books in great part complete previous works about life after discarnation by authors such as Swedenborg, A. Jackson Davis, Reverend G Vale Owen and others. The books “Nosso Lar – A Spiritual Home” and “And Life Goes On,” already available in English, are part of that collection.

In 1997, Francisco C. Xavier completed 70 years of continuous mediumistic activity. Until that year he received more than 400 books, by hundreds of Spiritual authors, about the most diverse subjects and in various styles, including poems, chronicles, novels and short stories about general and Brazilian History, science, philosophy, religion, children’s books, etc.

He has dedicated days and nights to his brothers and sisters in humanity. Health problems in his youth and middle age, including eye problems and surgeries, have not stopped him from fulfilling his mission to assist those in need. His outlook is only one: love of his neighbours, disinterest in material gains and a constant and exclusive concern with other people’s happiness.

Chico Xavier was a gift from Above to our troubled times, enriching our values with his life of true Christian spirit.

One of his wish was to die on a day that the Brazilian people were happy. And his wish was fulfilled on June 30, 2002, when people in Brazil were celebrating the soccer world cup championship. On that day, Chico Xavier traveled peacefully to the Spiritual realm leaving his legacy on how to *Live and Serve*.

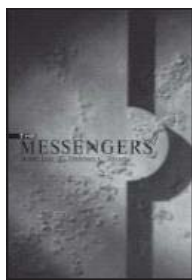
Adapted from the SGNy website

A Tribute to Humanitarian Francisco Xavier A Legacy of Hope and Love Allan Kardec Educational Society

presents:

A joyous evening of reliving the life, achievements, and wisdom of Francisco Xavier. The event will culminate with the launching of **The Messengers**, one of Xavier’s most influential books. Also, Divaldo P.Franco will be the keynote speaker on this event. *Don't miss it!!!*

THE MESSENGERS



Everyone wants to know what happens when our bodies die. *The Messengers* is about life in the after life. Andre Luiz’s is a masterful work that affirms in vivid colors the reality of ceaseless life. Reflections, self-analysis, and commitment to change are the common notes in the life story of the many people he interviews, and whose life he follows. Andre Luiz has given us *The Messengers* so we too can understand that death is but a door to another world and that, truly, life goes on.

Saturday, July 9, 2005, 6:00 p.m.
Community Church of New York,
40 East 35 St., New York, NY 10016

For more information
go to: www.allan-kardec.org
email: akesbooks@cox.net
Tel.: 602.996.3123

New Spiritist Books in English

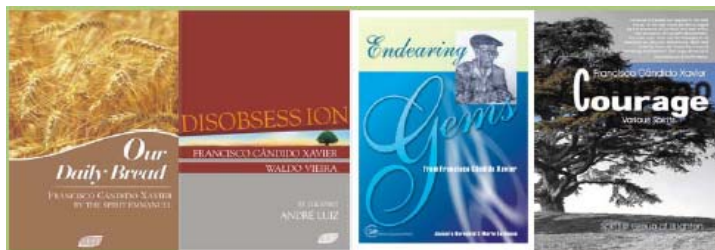
The Spiritist Alliance for Books (SAB) in collaboration with the International Spiritist Council is launching two new books:

- **Our Daily Bread** (by Emmanuel/Francisco C. Xavier)
- **Disobsession** (by Andre Luiz/Francisco C. Xavier & W. Vieira)

The Spiritist Group of Brighton, U.K. is launching:

- **Courage** (by Francisco C. Xavier/Various Spirits)

- **Endearing Gems From Francisco C. Xavier** (by J. Korngold & M. Levinson) published by SAB



To order these books write to: sab-books@sgny.org

The distribution of these books in the U.S. will be made through the *Spiritist Alliance for Books*.

For more information go to <http://www.sgny.org>

UNIVERSAL CONTROL OF THE SPIRIT TEACHINGS

If the Spiritist Doctrine were of a purely human conception it would offer no more guarantee than the enlightenment of those who actually conceived it. But no one on Earth could seriously contemplate the pretension of possessing the exclusive and absolute truth. If the Spirits who made these revelations had manifested to only one man we would have no guarantee of their origin since we would need to believe, on his word alone, what he said he had received as teachings from them. If we accepted perfect sincerity on his part, the most he could do would be to convince his circle of acquaintances. He would be able to form a sect, but never be able to form a world congregation.

God wished the new revelations to reach mankind by the quickest and most authentic path, so He entrusted the Spirits to deliver them from pole to pole, manifesting everywhere without conferring the exclusive privilege of hearing these words to any one individual. One person might be deceived, could even deceive himself, but this could not happen when millions of people see and hear the same thing. This constitutes a guarantee for each one and for all. For the rest, it is possible to make one man disappear, but it is not possible to make everyone disappear. It is possible to burn books, but you cannot burn Spirits, and even if all the books were burnt, the base of the doctrine would still be inexhaustible because it is not to be found on Earth and would reappear in every place so that all might partake of it. If there is a shortage of men to diffuse it, there will always be Spirits whose action reaches everyone and even those whom no person can reach.

So then, it is the Spirits themselves who do the propagating with the help of innumerable mediums, disseminating all over the world. If there had been but one interpreter, however favored he might have been, Spiritism would barely be known. To whatever class he belonged, that interpreter would have been the object of caution to many people and not every nation would have accepted him, whereas the Spirits communicate to the four corners of the Earth, to all peoples, to all sects, to all parties and everyone accepts them. Spiritism has no nationality and does not stem from any known cult that might exist; nor is it imposed by any social class seeing that any person may receive instructions from parents, relatives and friends from

the beyond. This is how it had to be accomplished if it was to lead all mankind towards brotherhood. If it did not maintain itself in neutral territory it would nurture dissensions instead of pacifying them.

The force of Spiritism, as well as the cause of its rapid spread, resides in this universal teaching. Where the word of one solitary person, even with the help of the press, would take centuries to become known by all, millions of voices are making themselves heard simultaneously in every corner of this planet. All are proclaiming the same principles and transmitting them on all levels, from the scholarly down to the most ignorant, in order that no one

be disinherited. So far, this is an advantage that no other doctrine has to offer. If Spiritism then be the truth, it is not afraid of being unwanted by man, nor of modern revolutions, nor of the physical subversions of this globe, because nothing can touch the Spirits.

We know that Spirits, due to differences in their various individual capacities, do not possess all the truth and do not claim to. It is not given to all to be able to penetrate certain mysteries. The knowledge of each one is proportional to their evolution. Ordinary Spirits know nothing more than does Man himself, but amongst them, as amongst men and women, are

those who are presumptuous and falsely wise, who think they know everything, but who in fact are ignorant; these are the systematical ones who take their own ideas to be the truth. In short, it is only the highly evolved Spirits, those who are almost completely dematerialized, who find themselves free from earthly ideas and prejudices. It is also known that less scrupulous Spirits do not hesitate to deceive by taking names which do not belong to them in order to impose their utopian ideas. As a result of all this and in relation to all that is outside the exclusive field of moral education, the revelations that any one medium may receive will have an individual character, without any stamp of authenticity and should be considered as personal opinions, from this or that Spirit, and it would be imprudent to accept them or thoughtlessly propagate them as absolute truths.

The Gospel According to Spiritism by Allan Kardec, Introduction, item 2.
published in 1864. (English version by AKP)

Do It Anyway

"Kind words can be short and easy to speak, but their echoes are truly endless."

*People are often unreasonable,
Illogical, and self-centered;
Forgive them anyway.*

*If you are kind,
People may accuse you of selfish, ulterior motives;
Be kind anyway.*

*If you are successful,
You will win some false friends and some true enemies;
Succeed anyway.*

*If you are honest and frank,
People may cheat you;
Be honest and frank anyway.*

*What you spend years building,
Someone could destroy overnight;
Build anyway.*

*If you find serenity and happiness,
They may be jealous;
Be happy anyway.*

*The good you do today,
People will often forget tomorrow;
Do good anyway.*

*Give the world the best you have,
And it may never be enough;
Give the world the best you've got anyway.*

*You see, in the final analysis,
It is between you and God;
It never was between you and them anyway.*

Written by Mother Theresa

UPCOMING EVENTS

2005 WORKSHOP SERIES

June 25 – America and its role on Earth's spirituality

July 30 – Poor or rich: why?

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time:

7:30 PM - 9:00 PM

Place:

SPIRITWORKS Resource Center
1300 York Rd - Building C, 3th Floor
Luterville, MD 21093

Special Talk

SPIRITISM IN OUR DAILY LIVE
by Miguel & Terezinha Sardano

Saturday, May 28, 6PM-8PM
Place: 1300 York Rd - Building C, 3th Floor
Luterville, MD 21093

Be Aware !!!

After May 28/2005
All our activities will be held at new location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, 3th Floor
LUTERVILLE, MD 21093

"See SSB website for directions"

A SPECIAL WORKSHOP

Living The Harmonial Philosophy The Life and Teachings of Andrew Jackson Davis with Tom Cratsley*

Andrew Jackson Davis was more highly regarded and well known in the 19th century than Edgar Cayce has been in the 20th century and yet his influence has been all but lost to time. In this workshop we will review some of the many contributions Davis made to modern thought and the understanding of the human condition. We will also review his rise from illiteracy to the prophet of his century.

In addition to lecture, this workshop will include discussion, meditation, and other exercises so that the principles of the harmonial philosophy can be better understood and practically applied.

Thursday, June 2nd, 2005

7 PM - 10:00 PM

at new location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, 3th Floor
LUTERVILLE, MD 21093

FREE ADMISSION !!!

(no registration is required)



*Tom Cratsley, B.S. A dynamic healer and teacher, Tom has developed innovation methods for healing which achieve consistent results. His joyful approach opens the hearts of all who work with him. Tom studied psychology and religion at [Harvard Divinity School](#). He has traveled extensively for over 20 years teaching and healing throughout the U.S. and Canada.

He is one of the directors of *Lily Dale Assembly*, mecca of the spiritualist movement in the U.S.

For more information,

please visit our website at <http://www.ssbaltimore.org>
or contact us at (410) 382-5328 or at ssb@ssbaltimore.org

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The Spiritist Society of Baltimore, is an Educational
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JOIN OUR ACTIVITIES

SPIRITIST THOUGHT STUDY GROUP

These meetings take place every **Thursday** from 8:00PM to 9:30PM for the study of the Spiritist Doctrine. They are open to the general public. For more information, please contact us. Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

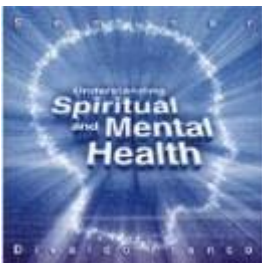
These services are offered every **Monday** from 7:00-7:45PM. Please, contact us for more information. Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to the Spiritist thought.

Activities are free of charge !!!

NEW BOOKS AND CDs by Divaldo Franco (in collaboration with SSB)



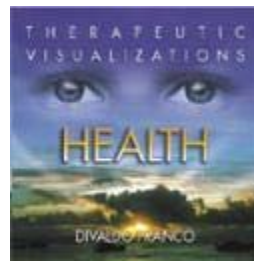
This double CD set contains Divaldo Franco's seminar "Understanding Spiritual and Mental Health" which happened on March 12, 2004, in the city of Baltimore, Maryland, USA. This is the first audio CD of a Spiritist seminar in the English Speaking language. The seminar covered a psychiatric analysis on the

endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies. It beautifully describes the Spiritist view of the psychological and spiritual disturbances, as much as it gives us a clear idea of its approach to eradicate its causes and effects.

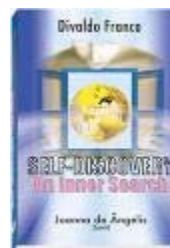


This profound and brilliant seminar, *Understanding Spiritual and Mental Health*, also generated a bilingual book (English and Portuguese, 'Compreendendo a Saude Espiritual e Mental') that will be launched in this event.

If you prefer the book format, this is also a great opportunity.



Therapeutic Visualizations - Health - CD is a unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health. "Meditation becomes an effective way to discipline the will. It facilitates patience which helps you to conquer every day the lower tendencies that disturb you. Meditation is an imperious necessity that imposes itself before any realization. In the meditative state, you calm down your emotions and clarify your discernment, harmonizing your feelings." (Excerpts extracted from the book Moments of Meditation, by Joanna de Ângelis, psychographed by Divaldo P. Franco)



"Self-Discovery, an Inner Search, can certainly be considered a masterpiece on the Spiritist Psychology. Its spirit-author, Joanna de Ângelis, through the admirable hands of Divaldo P. Franco, brings the reader what could be considered a doctorate thesis in the topics of human psyche, its disturbances and deepest causes, as well as effective therapeutics for Humanity's greatest problems. It also summarizes a variety of theories in the field of Psychology and Psychiatry combining them with the Spiritist View of the human being and life. Moreover, Joanna de Ângelis undoubtedly develops Allan Kardec's works."

To obtain this material, please contact us by e-mail at ssb@ssbaltimore.org or call (410) 382-5328.

SpiritistNews

Volume 3, Issue 4, July/August 2005

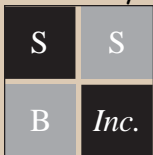


TOWARD SELF REALIZATION

In this issue:

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Edited by



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SSB

Spiritist Society of Baltimore, Inc.
Baltimore, MD 21202

Tel: 410-382-5328

e-mail: ssb@ssbaltimore.org

<http://www.ssbaltimore.org>

EDITORS:

Daniel Santos
Vanessa Anseloni

It could be argued that much of childhood is spent acquiring a concept of self, or differentiation from others. It is in this period that we learn to gratify our wants and needs and make a transition from dependence to independence, at least in theory. This may be true in the general sense, just as schooling leads to a state of education. But as we search ourselves and look about at others, we see that the process of childhood is often far from perfect, resulting in what The Spirits' Book by Allan Kardec calls "crooked sticks" (*Section on selfishness, questions 916 and thereabouts*).

Indeed, where does our "self" begin and end? Spiritism, and many of the world's religions, differentiates between the little material self (or ego self) and the larger, more connected "higher" self. Indeed, The Spirits' Book devotes an entire section (*see around questions 912-920*) to selfishness, or focused concentration up on the material self and its wants and needs. Spiritism is not alone in enjoining us to purge of selfishness and to extend to charity, or identification with the higher self. Jesus' words are many on this issue (...*Love one another as I have loved you, and Love thy neighbor as thyself are but two of his ideas on the subject*).



As "crooked sticks" we embody faults which imprison us in the ego self and which prevent us from attaining the state of charity in the higher self. Spiritism's focus on selfishness as the root of all evils and as social gangrene makes it clear that, when selfishness is eradicated, so will other evils such as greed, avarice, jealousy, and their kin. The healthy concept of self, according to Spiritism, lies not in "enlightened self interest" but in the recognition that we are not islands apart from each other but are part of one fabric and, as such, have a fraternal bond with one another. But how do we effect the transformation from one state to the other?

Spiritism enjoins to be in the cocoon of "knowing thyself". Of course, knowing oneself may well be a long and complicated process of peeling off the layers of falsity built up over years, indeed lifetimes. Fortunately in this age we have many tools at our disposal beyond simple introspection. We have countless mental health therapies, body work, meditation and much literature to guide us along the

path to eradication of selfishness. But we have another, very important tool at our disposal. We have our behavior. To act as both an aid and as a barometer of progress.

It is perhaps most effective to embark upon two things simultaneously when making the transition from little self to larger self – shedding undesirable traits and beliefs and acquiring desirable ones. The latter may well be done by having a mentor or through service to others, in effect practicing and modeling the desired state. But be warned that this work is not easy and many, many pitfalls lie in your path. The house of cards that you have built by being in the little self must come down, and the process may not be pretty. You may lose friends, as you change toward what Spiritism would call the healthier self concept. But the rewards are plentiful and the results lasting.

Look for guidance from your Guardian Angel. It is no doubt, that you decide to eschew selfishness in all its forms and to embrace the path of charity and oneness with all. Your Guardian Angel is your very own personal counsel, though it may not communicate with you in the manner to which you are accustomed. Look for signs that your angel places in front of you. Surely they will be there!

In the process of individual transformation, we may well bring others to do the same. Paramahansa Yogananda once said "reform yourself and you have reformed thousands". Seek the company of those you admire. The list of "to dos" is immense and too large to be covered in its entirety here.

Rest assured, though, that the search for one's higher self is not an empty one; surely with effort, patience and resignation the search will bear fruit. It cannot be anything but. ■

- Jim Pursley
(SSB member)



PHYSICAL AND SPIRITUAL KINSHIP



Blood ties don't necessarily create bonds between spirits. The body comes from the body. The spirit, however, doesn't come from the spirit, since the spirit existed before the formation of the body. The parents don't create the spirit of the child. They simply supply its material wrapping—although it's their duty to help with the intellectual and moral development of their child in order to further its progress.

Spirits incarnated in the same family, especially as close relations, are, more often than not, congenial. For the most part, their mutual affection in this life has roots in past existences. But such spirits can also be complete strangers to each other. Or they may act coolly toward each other because of some past dislike that is translated, on earth, into mutual antagonism. And here, the antagonism they feel for each other may become, in itself, a form of corrective trial.

Real family ties have nothing to do with blood. Instead they are ties based on empathy and the affinity of ideas developed before, during, and after their incarnations. As a result, two people born of different parents may be more like brothers or sisters than if they were related by blood. These people will attract each other, seek each other out, and feel happy together. On the other hand, two blood brothers or sisters may reject each other, something we often see. This is a moral issue the Spiritist Doctrine can resolve through the principle of reincarnation?

In a way, there are two basic types of families: those whose members have spiritual ties and those whose members share solely physical ties. In the first case, the ties are long-lasting and strengthen with their progress; they also carry over into the spirit world by way of the diverse journeys of the soul. In the second case, the ties are as fragile as the physical body itself; they die with it and, in many instances, wither even while still in the physical realm. This was what Jesus was trying to make His disciples understand when He said, "Here are my mother and my brothers (by spiritual ties). For whoever does the will of my Father in heaven is my brother and sister and mother."

The Gospel - Explained by the Spiritist Doctrine .chap14, item 8 AKES 2003

Why do the different peoples of the Earth have distinctive characters?

"Spirits constitute different communities that are formed by their similar tendencies and stage of evolution. Each people of Earth



is a great community which is formed by the assembly of like-minded spirits. The tendency of these spirits to congregate, in turn, produces the resemblances that constitute the distinctive character of a people. After all, would good and benevolent spirits want to incarnate among the ruthless? No; the same principle of affinity that attracts spirits to particular families attracts families to particular nations. They go to the region on Earth, to the people where they will feel most in harmony."

The Spirits' Book question 215, AKES 2003

WIN FRIENDS

"I tell you, use worldly wealth to gain friends for yourselves."

- Jesus (Luke, 16:9)



If the individual could succeed in discovering through human experience the profound past, he, would more rapidly, reach the conclusion that all the opportunities that complement him in knowledge and health, come from Divine Kindness and, that most of the material resources that are at his disposition and desires proceed from injustice.

It is not up to us to particularize, but rather to deduce that the concepts of human rights originated from the divine influence because, as far as we are concerned, we are compelled to recognize our slow individual evolution from fierce selfishness toward a universal love, from the iniquity toward true justice.

It will be enough to recall in this sense that almost all the Countries arose, centuries ago, through cruel conquests. With exception, men have been squandering servants at the benefits received.

It is for this reason that Jesus left us the parable of the unfaithful servant, inviting us into a sincere fraternity in order that through it we could find the path of rehabilitation.

The Master encouraged us to gain friends, that is, to expand our circle of friends through which we can feel more intensive protection in a spirit of cooperation and through intervening values.

If our spiritual past is somber and painful, let us try to simplify it, by acquiring true dedications that will assist us through the hash climb of redemption. If we do not, today, have a determined bond with the wealth of injustice, we had it yesterday, and it becomes indispensable that we take advantage of time for our own individual readjustment before the Divine Justice.

- Emmanuel

From the book: Our Daily Bread
by Francisco C Xavier/Emmanuel, item 111, SAB 2005)



THE POWER OF PRAYER

"Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours." - Jesus (Mark, 11:24)



There are people who argue that prayer is not effective because God knows all our needs and we have no reason to recite them. They add that, since everything in the Universe is linked together by eternal laws, our prayers cannot change God's decrees anyway.

Is this true?

We can say, without doubt, that there are natural and unchangeable laws in the Universe that God does not repeal at the whim of an individual. But this is a long way from believing that every life circumstance is preordained by fate. If that were the case, human beings would be passive instruments, devoid of free will and initiative. Thus, in the face of any challenge, our only course would be to bow our heads and make no effort to overcome the situation. Taken to an extreme, we should not even try to protect ourselves from lightning. But God didn't give us **reason** and **intelligence** to let them go unused, or a will to discourage us from willing things, or physical energy to have us stay still. We are free to act in one way or the other, both for ourselves and toward others, and the consequences of that freedom depend on what we do or fail to do. Because of our free will, there are events that escape fate without disrupting the harmony of the universal laws. Compare it, if you will, to the speeding up or slowing down of a clock pendulum-actions that do not repeal the laws of motion on which the movement mechanism is based. Thus, Providence may attend certain prayers without disturbing the laws that govern the whole of life. Ultimately, the response will manifest the will of God.

To conclude from the precept "whatever you ask for in prayer, believe that you have received it, and it will be yours" that we can receive anything we want just by asking for it, is illogical. It would be equally unfair to blame Providence in cases where a request isn't answered, since God knows better than we do what is in our own best interest. In a way, God is like a good parent who refuses to give something to a child in the realization that it may not be good for her. Generally, like children, we see only the present moment. If our current suffering is necessary to our future happiness, however, God will let us suffer, just as a surgeon will allow a patient to suffer the pain of a curative procedure.

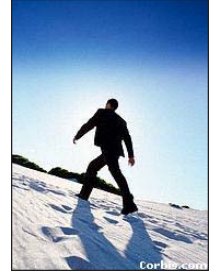


Present of God

What God will give us, if we direct our prayers with confidence, is courage, patience, and fortitude. God will also give us ways of resolving situations ourselves with the help of ideas that spirit guides suggest to us. In the end, the merit is ours. God helps those who help themselves. God does not help people who simply wait for the help of others and do not use their own abilities. In most cases, unfortunately, what we desire are miracles that require no effort on our part.'

How is that?

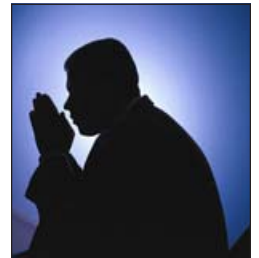
Let's take an example. A man finds himself lost in the desert. Thirst tortures him terribly. Eventually he faints and falls to the ground. After coming to himself, he asks God for help and waits. No angels, however, come to give him water. Instead, a good spirit inspires him to pick himself up and take one of several paths before him. With the movements of an automaton he gathers all the strength he has left, gets up, starts to walk again, and discovers a stream not far away. The sight of it fills him with new strength. If he is a person of faith he cries, "Thank you, dear God, for the inspiration and for the strength you gave me." If he does not have faith, he will say, "What a good idea I had. A lucky thing to take the right-hand path instead of the left-hand! Chance is a good guide sometimes! I have to congratulate myself for my courage and for not giving up!"



But, you ask, why did not the spirit say to him clearly, "Follow that path and you will find what you need"? Why did not the spirit show itself? Why not guide the man and support him along the way? Certainly this would have convinced him of the intervention of Providence. But by not receiving direct help, the man learns that each of us must help ourselves and make use of our own strength. Also, by leaving the man unaware of the providential help he is receiving, the man's trust in God and observance of God's Will is put to the test. The man is in the same situation as a child who falls down and, because someone is with him, starts to cry and waits to be picked up. If the same child sees that no one is with him, he will make the effort and get up by himself. If the angel who accompanied Tobias had said, "I am sent by God to guide you on your journey and preserve you from danger," Tobias would not have any merit for his actions. He would have entrusted himself to his companion and would not even had to think. This is why the angel only made itself known after the return.

How to Pray

Jesus clearly defined the quality of prayer. When you pray, he said, you should not draw attention to yourself, but pray in secret. Do not make your prayers overlong. It is not the number of words that guarantees you a hearing, but their sincerity. If you have anything against another person, forgive him or her before you pray: Prayer that comes from a heart touched by uncharitable feelings is not pleasing to God. Finally, pray with humility as the tax collector did, not with pride like the Pharisee. Look at the imperfections in your character, not at your good qualities; and if you compare yourself to someone else, look at your own faults first. (The Gospel - Explained by the Spiritist Doctrine, Chap. 27 item 4-8, AKES 2003)



"Prayer is the KEY of the morning and the BOLT of the evening." - Gandhi

Mediumistic Paintings

Last April 16, the medium painter, Maria Gertrudes, visited the Spiritist Society of Baltimore for the first time. Maria Gertrudes conducted an inspirational mediumistic session where 12 paintings (*Monet, Joseph Turner, Velasquez, etc.*) came true in 1-hour. Before her mediumistic session, she gave a beautiful 15-minute introduction. Her words were wise and still vibrate in our hearts. In Gertrudes' visit to Baltimore, she also gave us all a living example of what to do with our mediumship and the true message of what it is to be a spiritist. She never charges for her sessions and the proceeds of the paintings auction go to "Jeronimo Mendonca" Foundation for children in Brazil. In the right side is a painting by Velasquez, named "*Sister of Light*" and painted in 5:10 minutes.

In the following text, you will find Gertrudes' words in regard to a passage from The Gospel Explained by Spiritism (chapter X):



The Message of Jesus

"All Jesus' teachings are focused in the love for others. He also asked that our love should be extended to those who are our enemies. Sometimes we have difficulty in loving a friend, a partner, a spouse, because anything they do against us, we feel angry, hatred, and yet we begin to demand on them. Thus, we ask: "where is our love?" What is this love that 'loves' but doesn't forgive? Love that 'loves' but does not accept. We want to change people, mold them according to our own perceptions. We demand on them. Our love is still very small. We are walking towards the true love, the unconditional love. And when we reach that level of love, we will move our enemies, because we won't have enemies. That is when we learned to love.

Jesus' message is profound. It is the most profound message ever told. But, we find it difficult to follow his teachings. We are like spiritual children for Jesus and the Superior Spirits who help us. They are very patient with us. But we are not patient to one another's growth. That is because we are proud of ourselves... That happens in all places of the world, in all social status, in all cultures and religions.

This is the message of this afternoon that can be used for our meditation."

- Maria Gertrudes

"Christ did not ask much from us, He did not demand that people climb the Mount Everest or make great sacrifices. He just asked that we should love one another."

- Chico Xavier

Kids' Place

Mark and Snoopy

Mark's birthday was yesterday, he got a kitty for his birthday. He named his kitty Snoopy. Mark was very happy with his new gift and excited to be able to go outside and play with his new friend.

"Mom, I am done with my breakfast, can I go outside and play with Snoopy?" Mark asked.

His mom responded, "Yes, go ahead, but be careful and stay close to home."

Mark and Snoopy were outside playing when a squirrel distracted Mark. When Mark turned around he did not see Snoopy. Mark was very sad; he thought he was never going to see his kitty again, so he started to cry.

His mom ran outside and asked him: "Why are you crying? What happened?"

"Snoopy has run away!" Mark replied.

"What I am going to do? I am never going to see him again," said Mark.

"Let's pray and believe that Snoopy is going to come back home and everything is going to be all right. Then we will go search for him," replied his mom.

Mark and his mom searched the neighborhood up and down. "Snoopy, Snoopy" "Snoopy, Snoopy!" called out Mark and his mom.

They searched everywhere but they did not find Snoopy. They went back home and waited for Snoopy.

"Mom, do you really think Snoopy is going to come back?" asked Mark.

"We have to have hope, to believe that everything is going to be all right. Do you know what hope means?" asked his mom.

"Hope means to never give up, to keep going even when things are hard and always believe for the best." Mark said.

"That is correct, let's have hope and believe that Snoopy is going to come back," responded his mom.

An hour later they saw Snoopy as he was entering the yard. "Snoopy, I am so happy you are back," said Mark as he grabbed Snoopy. He looked at his mom and said, "I believe, I have hope, I am always going to hope for the best."

Mark always remembers that day when bad things happen to him, because he learned not to give up and believe that things are always going to get better.

The meaning of hope

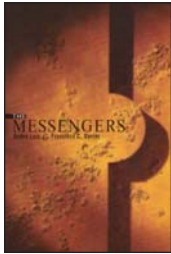
- To never give up
- To always believe that situations are going to get better
- To keep going even when things are hard
- What does hope mean to you.....?

by Carolina Strosnider
(SSB member)

For you to color:



SUGGESTED SPIRITIST BOOKS



The Messengers

by Andre Luiz and F.C. Xavier

Andre Luiz, a former medical doctor, invites you to follow him in his healing work in the Messengers, to shadow him during his rounds. This time the subject is no longer the body, it's a new order of life;

it's the anatomy of the soul.

The Messengers is an unusual story. As introduced in the previous book *-Nosso Lar*, the narrator is a spirit writing from the spirit world where he arrived more than eight years ago. He was able to write these words through the spiritual gifts of Francisco C. Xavier (1910-2002), a Brazilian medium who dedicated 70 years of his life to the work of spiritual education.

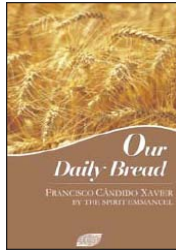
Andre Luiz is not very different from most of us. He believed in God, but was not a religious person. He was devoted to family but thrifty with his feelings outside a circle of friends. He was an average person who, like most of us, had a little inflated sense of self.

Everyone wants to know what happens after we die. Andre was no different. You can learn with him in his quest. You can peer inside his soul as he struggles to let go of old habits, create a new self-concept. He tells us candidly about the hard work of changing his inner feelings to adjust to a new dimension, a new life.

This book is about optimism and freedom. It affirms the power and beauty of life in its transcendental expressions. It releases the human spirit from the shackles of dogma and tradition.

Published by Allan Kardec Educational Society (AKES)

To order this book please contact AKES
P.O. Box 3062
Phoenix, AZ 85046
Phone: 602.996.3123
Fax: 602.996.1937
Email: akesbooks@cox.net
www.allan-kardec.org



Our Daily Bread

by Emmanuel and F.C. Xavier

Emmanuel, in the condition of Spiritual Guide of the medium Francisco Cândido Xavier, was responsible for the coordination of the psychographic work developed by the medium,

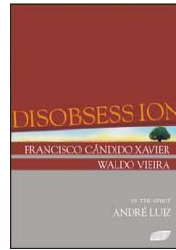
some of which he is the spiritual author. Through his literary production we can follow the evolutive trajectory of this Spirit, his profound knowledge regarding the message of Jesus engraved in the Gospels, his devotion to the task to disseminate the teachings among his incarnate brothers on Earth, the necessity of the study and the living of the teachings of the Christ.

Emmanuel emphasizes the Teacher of the Gospel par excellence, Jesus, in which the vigorous style of his writings coexists with the high manifestation of wisdom and love. In order to cope with all the difficulties and the struggles of life in this world, we must turn ourselves to the good and wise helpers that God sends our way. The spirit Emmanuel is definitely one of them.

Through this simple but wise book, *Our Daily Bread*, written through the pen of the medium Francisco Cândido Xavier, he humbly offers his help to us through the recipe that we all need in order to move onward with our journey towards righteousness. The wide range of messages that comprise this marvelous opuscle covers a varied extent of situations that we all face in our everyday lives, and Emmanuel's counseling are opportune and clear.

Published by: International Spiritist Council

Translated by: Jussara Korngold & Marie Levinson



Disobseccion

by Emmanuel, F.C. Xavier and Waldo Vieira

In 1941, at the year end, the Spirit of Emmanuel informed Francisco Cândido Xavier about the forthcoming prospected project of the launching of books that would result in an illumination for all human beings regarding the

conditions of Spiritual Life. Soon thereafter, the Spirit of André Luiz introduced himself to the medium, informing him about his prior incarnation. He stated that he had been a medical, however, never actually revealing his true identity. The faculty of mediumship, with its various manifestations, has been the dominant factor in proving the reality of the afterlife and the transcendental nature of our universe. Through this faculty, a multitude of phenomena has been witnessed, demonstrating to the astonishment of many that intelligence is not merely a product of brain cells. André Luiz's purpose in writing this book was to recruit new groups of workers of goodness, whose intent is to aid in the readjustment of those no longer in the physical plane and who have become distanced from reality. There is nothing more appropriate and just; because if ignorance needs the dedication of the teachers, and psychopathology awaits the abnegation of the doctors who use the techniques of balanced dialogue in the practice of psychoanalysis, and so it is that the mental alienation of the disincarnates demand the fraternal assistance of friendly hearts, with enough understanding and an abundance of love to aid in the spiritist centers. This volume is an important synthesis in the effort to aid those suffering from obsessive processes, through the work of collaborators of varied talents. It is characterized by its absolute simplicity in the expositions of the subjects indispensable to the constitution and sustenance of Spiritist groups devoted to the liberation and healing task of disobseccion.

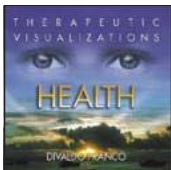
Published by: International Spiritist Council

Translated by: Jussara Korngold & Marie Levinson

To order these books write to: sab-books@sgny.org

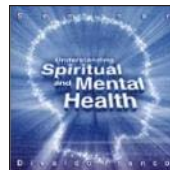
The distribution of these books in the U.S. will be made through the *Spiritist Alliance for Books*. - (Source: SGNY)

BOOKS AND CDs by Divaldo Franco (in collaboration with SSB)

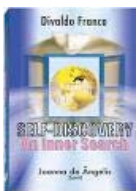


Therapeutic Visualizations - Health - CD is a unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Angelis, gives us this spiritual tool to find pathways to balance and health. *"Meditation becomes an effective way to discipline the will. It facilitates patience which helps you to conquer every day the lower tendencies that disturb you. Meditation is an imperious necessity that imposes*

itself before any realization. In the meditative state, you calm down your emotions and clarify your discernment, harmonizing your feelings." (Excerpts extracted from the book Moments of Meditation, by Joanna de Angelis, psychographed by Divaldo P. Franco)

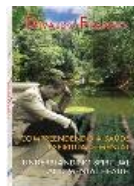


This double CD set contains Divaldo Franco's seminar **"Understanding Spiritual and Mental Health"** which happened on March 12, 2004, in the city of Baltimore, Maryland, USA. This is the first audio CD of a Spiritist seminar in the English Speaking language. The seminar covered a psychiatric analysis on the endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies. It beautifully describes the Spiritist view of the psychological and spiritual disturbances, as much as it gives us a clear idea of its approach to eradicate its causes and effects.



"Self-Discovery, an Inner Search, can certainly be considered a masterpiece on the Spiritist Psychology. Its spirit-author, Joanna de Angelis, through the admirable hands of Divaldo P. Franco, brings the reader what could be considered a doctorate thesis in the topics of human psyche, its disturbances and deepest causes, as well as effective therapeutics for Humanity's greatest problems.

It also summarizes a variety of theories in the field of Psychology and Psychiatry combining them with the Spiritist View of the human being and life. Moreover, Joanna de Angelis undoubtedly develops Allan Kardec's works."



This profound and brilliant seminar, *Understanding Spiritual and Mental Health*, also generated a **bilingual book** (English and Portuguese, *"Compreendendo a Saude Espiritual e Mental"*) that will be launched in this event. **If you prefer the book format, this is also a great opportunity.**

To obtain this material, please contact us by e-mail at ssb@ssbaltimore.org or call (410) 382-5328

UPCOMING EVENTS

2005 WORKSHOP SERIES

- July 30 – Poor or rich: why?
- August 27 – Spirituality at Work
- September 17 – Mediumship in you
- October 29 – Wars and the spirit-world
- November 19 – The family I chose
- December 10 - Christ consciousness

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop
Time:

7:30 PM - 9:00 PM

NEW ACTIVITY

Meditations with Kardec

Every Saturdays 7-8 PM,
except on the day of our
monthly workshops

All our activities are held at:

SPIRITWORKS Resource Center
1300 York Rd - Building C, 3th Floor
Lutherville, MD 21093

A SPECIAL TALK

**Death and Spirit Life
According to the Spiritist Doctrine**
by Sonia Doi*

This talk will focus on the meaning of death according to the Spiritist Doctrine compared to death seeing from the material point of view. It will address the issue of why we have this instinctive fear of death. In addition, it will discuss how some scientists from the past have explained death as a transitional process, and how more modern scientists are facing evidence of the existence of a spirit life. In summary, this talk will emphasize what we have learned from the Higher Spirits through Kardec's books about death and the spirit life.

Saturday, August 06, 2005

7:30 PM - 9:00 PM

Location:

SPIRITWORKS Resource Center
1300 York Rd - Building C, 3th Floor
LUTHERVILLE, MD 21093

FREE ADMISSION !!!

(no registration is required)



***Sonia Doi. Professional background:** MD, PhD, currently occupying a position of Associate Professor of Medicine at the Uniformed Services University, Bethesda, Maryland. **Spiritism background:** familiar with Spiritism since childhood, began studying Spiritism in a systematic manner in 1990 together with a group that latter founded the *Allan Kardec Spiritist Society of Maryland*. Currently occupying the position of Doctrinal Director of the AKSS of Maryland.

For more information,
please visit our website at <http://www.ssbaltimore.org>
or contact us at (410) 382-5328 or at ssb@ssbaltimore.org

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**SPIRITIST THOUGHT STUDY
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These meetings take place every
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Spiritist Doctrine. They are open
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&
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**Mediumship Educational
Meetings**

(by invitation only)
These meetings take place every
Monday from 8:00 PM to
9:30PM for the study and
practice of mediumship
according to the Spiritist
thought.

Activities are free of charge !!!

- FUNDRAISING - (Summer event)

You are invited to the

PICNIC AT THE BEACH PARK

Delicious Barbecue, fun and games.
Bring your family and friends for a wonderful day!

When: Saturday, August 20th (11AM - 6PM)

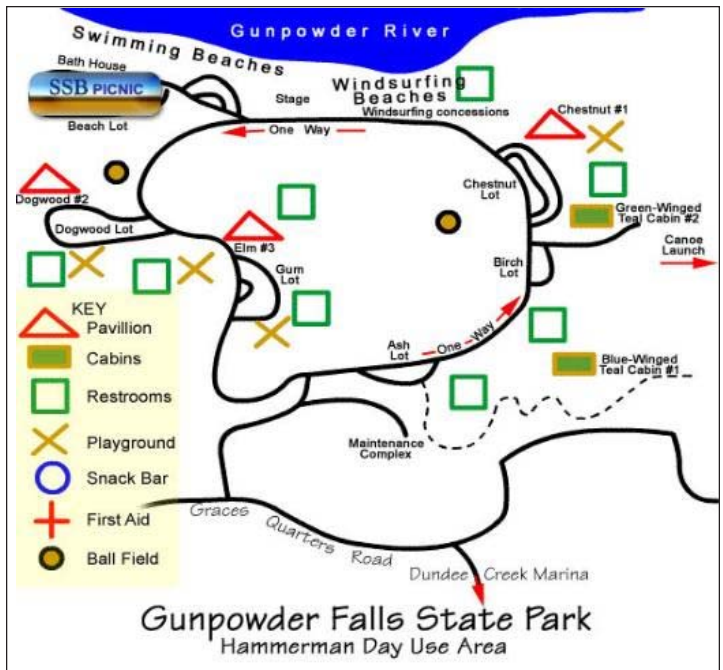
Price: \$15.00 (Purchase ticket in advance)

Where: Gunpowder Falls State Park
7200 Graces Quarters road,
Middle River, MD 21220

(Rain Date: August 21st)

Directions:

- Take I-95 N to exit 67-A
- Follow exit 67-A to Route 40 East
- At the first light, turn right onto Ebenezer Road
- Follow Ebenezer Road 4.5 miles to Gundpowder Park
- Park entrance on your left (\$3.00 – park fee)
- Meet us at the [Beach Lot](#) (See [SSB picnic](#) on map)



For more information: (410) 382-5328 or (443) 540-0442
ssb@ssbaltimore.org This event is Sponsored by
The Spiritist Society of Baltimore, Inc.

SpiritistNews

Volume 3, Issue 5, Sep/October 2005



Brazilian House of Representatives hosted a tribute to the Spiritist Dr. Bezerra de Menezes

In August 23-26, Brazil held its I Week of Spirituality at the Brazilian House of Representatives. It dedicated one week in tribute to the great politician, humanitarian and Spiritist Dr. Bezerra de Menezes. The keynote speaker was the renowned medium Divaldo P. Franco who gave a conference on the Life and Work of Bezerra de Menezes. There were also panels on Ethical Spirituality and Politics. *The main objective was to provide an energetic cleansing of the capital of Brazil, due to the occasion of the 174 birthday of the unforgettable Doctor of the Poor, Bezerra de Menezes.*



Bezerra de Menezes

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EXCLUSIVE INTERVIEW WITH DIVALDO FRANCO*

Regarding the event, the renowned medium speaker Divaldo Franco gave an exclusive interview to the Spiritist Society of Baltimore on August 25, 2005.

1. Dear Divaldo, how and when did that initiative begin? What is the purpose of such event?

Last year, the federal member of the House of Representatives Luiz Bassuma (State of Bahia) who also presides the Spiritist Center Bezerra de Menezes, organized a solemnity in the plenary of the Federal Chamber, in Brasilia, in tribute to the distinguished advocate of Spiritism in Brazil, Dr. Bezerra de Menezes. To the closing of that event, Mr. Luiz Bassuma channeled a message in public which had a great repercussion in Brazil. He was interviewed more than once by several TV stations nationwide and by other press media.

The purpose of such important celebration is to call the attention of authorities and the public at large for the reality of life that does not limit itself to the carnal body, but has an eternal flavor.

Spiritism can show the legitimacy that it proclaims thanks to the scientific proofs that come with its information.

In the current year, other more complex and broader events will be carried out and bring about approaches on the respect to LIFE and its triumph over the lamentable situations in which we live.

Mr. Bassuma, who knows me personally, invited me to utter a public conference in the parlor *Petrônio Portela* located in the dependences of the Federal Senate, where I had spoken in previous occasions.

2. Why are spiritists called to perform this role? Was it the first time you gave a talk in the Brazilian House of Representatives?

Spiritism is spreading its principles to the Brazilian public opinion in its philosophical, ethico-moral and scientific features. It is endorsed by high-level intellectuals, authorities and people in general.

Spiritism encompasses all Human needs. Due to that, it offers solutions for the greatest problems of society. At the same time, Spiritism helps the individual in its realization towards the conquest of one's self-illumination.

The social work carried throughout Brazil by the spiritist movement is expressive in all areas: schools, nursing homes, day-care centers, homes for abandoned children, psychiatric hospitals, transitory houses, services of immediate aid to the needy, shelters, etc.

It has constituted a great force of love that surprises even those who were gratuitous adversaries of Spiritism and cannot deny its value.

As a consequence of that social work, I have previously been invited by the Brazilian Senate to participate in debates about children and youth education due to the Foundation of the Mansion of the Way. The latter is located in the city of Salvador where we have educated more than 20 thousand children.

In another opportunity, as I mentioned above, I gave a conference talk in that same auditorium.

3. How can Spiritism help the socio-politico-economical change of nations?

The greatest adversary of the human being is selfishness, which generates the badness that afflicts everyone. Besides that, ignorance and cruelty develop themselves and induce devastating afflictions to the social organism. Its antagonist is altruism that contributes to the individual and collective happiness of people.

Spiritism is the great enemy of materialism and its companions: cynicism, perversity, indifference, pride, arrogance, badness, crimes, war, terrorism, hideousness, and the whole cast of cruel murderers of the human being.

Spiritism offers security in regard to the continuity of life after death. It elucidates that happiness is possible when the individual illumines oneself and love, thus becoming a useful element in the general organism.

In that way, once the individual transform oneself, it is certain that Humankind will also transform itself.

One who is certain of the survival of the Spirit, despite the cellular disjunction through death, prepares the future through one's conduct in the present. As a consequence, one renovates oneself by self-improvement and thus makes a happier world.

This is how Spiritism will be able to influence the change of conduct of the nations on Earth. That will happen through the moral renovation of each of their members which cannot be reached by means of decrees or laws, impositions or threats. ...*(Continues on next page)*

Edited by



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SSB

Spiritist Society of Baltimore, Inc.
Baltimore, MD 21202

Tel: 410-382-5328

e-mail: ssb@ssbaltimore.org

<http://www.ssbaltimore.org>

EDITORS:

Daniel Santos
Vanessa Anseloni



Letter to the Editor

May Your Light Spread Through the USA, Our Home Away From Home

A note of thanks to the Spiritist Society of Baltimore, you brought back meaning to my life and gave me new direction. I felt a bit isolated in my religious experiences because for a long time I have been searching for answers and knew that we are more than what we've been taught by religion. Religion does not answer the questions that the Spiritist Doctrine answers.

We all know that God is "all-powerful sovereignty, just and good", so why do many suffer, while others are so well off. To me only reincarnation, "that the preexistence of the soul as the only justification for the conditions of the present", makes sense. How we have lived our past lives, and this life will determine our future existence.

Only through the Golden Rule "do unto others..." and "love thy neighbors as ourselves" can we be charitable and help others. We have the free will to change ourselves to take responsibility for all our thoughts, words and deeds. Only through these teachings and through our sincere efforts to better ourselves can we then make a difference and only then can peace prevail on earth.

I know that there are a lot of people, my friends, associates and other Americans, who will benefit from these teachings, so I plead that these teachings be spread throughout the USA, with workshops, seminars, classes, English speaking engagements and more books in the English language.

In the midst of all this chaos we find ourselves in, we need hope and light - like you have been for my family and me.

Thank you Vanessa, Daniel and all the members of the Spiritist Society of Baltimore.

The Shepard Family
(SSB members from PA)

Spiritist Lectures in the USA

The speaker Miguel de Jesus Sardano returned to the U.S. for the seventh time for a series of conferences. Miguel Sardano is the president-founder of the Spiritist Center Dr. Bezerra de Menezes, located in Santo André, Sao Paulo. His itinerary consisted of 14 lectures during last May 15-30.

Sardano visited spiritist groups in several American States and cities. In some of them, his lectures were translated into the English language.

In Baltimore, a workshop was conducted on the theme "Experiences in the Spiritist Center and the application of Spiritism in our daily lives". Terezinha Sardano also participated on it.



Miguel reported his observations in regard to his trip to the U.S. The attendance to the lectures varied a great deal, because there are centers with 50, 100, or 200 attendees. But, the spiritist movement grows as the years go by. There is an average of 60 spiritist centers in the USA. The majority of them offer services either in Portuguese or Spanish. They do not make their activities available in the English language. In this sense, the language presents itself as a challenge to be overcome.

In the United States, there are only two groups who offer all of their activities in English which are the Spiritist Group of New York and the Spiritist Society of Baltimore. These two groups have a compound attendance (English and Portuguese), but they run all meetings in English. The talks given by visiting Brazilian speakers are simultaneously translated. In those groups, which run meetings in English, there are attendees who do not speak English, but they see it as an opportunity to learn the English language in parallel to learning and practicing Spiritism.

That is a work to implement Spiritism in the United States to Americans. There is somewhat Spiritist literature in English. There are about 60 titles already available and it tends to increase as the translations keep coming. Those groups translate books, messages, workbooks, etc. They have also begun producing CDs and DVDs in English. Sometimes, the two above mentioned groups - which run meetings in English - receive criticisms from our Brazilian brothers who also reside in the U.S. The latter do so because they do not understand those directors' goals who had realized that the groups will never attract the native speakers of the country if they speak in Portuguese.

For the time being, the Spiritist Movement in the United States is made by Brazilians and Hispanics. This is understandable and natural, once Brazilians and Hispanics initiated and organized the Spiritist Movement in the U.S., mainly with the support of the United States Spiritist Council, which is settled and is doing very well, although it has not reached out to Americans.

Divaldo Pereira Franco has been the most consistent encourager of Spiritism in the United States, supported by the United States Spiritist Council which is under the coordination of Vanderlei Marques, located in Washington, DC. For many years, John Zerio, a Brazilian who lives in Phoenix, Arizona, had collaborated with Divaldo both as interpreter and coordinator of his schedule of lectures. Currently, Divaldo counts on the collaboration of several companions in many American States and cities. Local organizers have been taking care of the events. Naturally, as the country is very large, the unification of the groups is challenged by its distance. The internet has been an excellent tool of interaction among groups.

The original article was published in the Spiritist newspaper
"O Clarim" from Matao-SP, Brazil

Divaldo's interview (cont.)

4. How was the event at the House of Representatives for you? What were your impressions on it?

The commemorative solemnity to Dr. Adolfo Bezerra de Menezes Cavalcanti's birthday was very meaningful. Although its actual date was on August 29, the celebration was anticipated due to the creation of the I Week of Spirituality in the Brazilian House of Representatives. In previous years, there were special tributes to Allan Kardec and Chico Xavier. Now, the work will expand to the future.

The federal member of the House of Representatives, Mr. Luiz Bassuma, presided the solemnity. Mr. Bassuma was the idealizer and coordinator of the project. The table was constituted by Senator Paulo Paim, Mr. Nestor Masotti (President of the Brazilian Spiritist Federation), Dr. Zalmino Zimmermann (President of the Brazilian Association of the Spiritist Magistrates) and the president of the Spiritist Group Bezerra de Menezes at the House of Representatives.

The auditorium was overloaded with people who were also seated on the carpet of the beautiful room. There were more than 800 people.

After the traditional introduction and the opening prayer I gave a conference talk in an environment of respect and great silence that lasted 1 hour and 15 minutes. I narrated the lifetime of the eminent Spirit in the Nation of Truth. I also mentioned some of his biographic passages with relevant spiritual references. Several members of the House of Representatives, Senators, judges, lawyers, physicians and the public in general were present.

* Divaldo Franco is a worldwide renowned speaker. He has given more than 10 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated in 15 languages.

Building Blocks in Disseminating Spiritism

If you accept the premise that Spiritism is a vital, vibrant path which offers a rigorous process of inquiry into the really large questions (like What are we doing here, where did we come from and where are we going?) and if you accept that Spiritism offers clear and truthful answers and insights, then it makes sense that it should be widely disseminated throughout the world. While this is a laudable goal, one which is accepted by most Spiritists, one finds disagreement at times on the strategy and tactics of activities which promote the dissemination of Spiritism through programs, literature and people to people contact.

Let's be concerned with just one issue here – the language in which we communicate Spiritism to the world. This concern has two dimensions: Language family (English, French, Spanish, etc.) and actual words and phrases employed in those languages.

Current Dispersion of Spiritists Throughout the World

Roughly 90% of all Spiritists in the world are to be found in Latin America in general and, most notably, in Brazil in particular. The rest of the world has Spiritist activities, to be sure, but they remain a very small part of the population in English speaking countries, European countries and, even less densely, Asian and Oceanic countries.

The heavy concentration of Spiritists in Latin America is a great resource, but it brings with it an inertia in language and culture which must be balanced if Spiritism is to be widely disseminated outside of Latin America.

Expanding Spiritism to the World

Two issues come to mind:

- What should be the language of Spiritist books, magazines, programs and other communications?
- How should resources be allocated to achieve the widest penetration across the world with the most efficient use of resources?

If a language other than that of the host country is selected for local Spiritist communication, it will be clear to those in the host country that Spiritism is an activity brought to its shores by foreigners, who choose to remain foreigners. Very little will happen. In the United States, for a large number of Spiritist organizations, this observation appears to be the case. Perhaps the U.S. is too close to Latin America, with frequent immigration, to force local Spiritist groups to integrate into the society. Whatever the reason, Spiritism in the U.S. is not growing as much as its potential would suggest.

Let's encourage all Spiritists everywhere to use the host country language. Did Brazil use French? No – it used Portuguese. The second question is a bit more difficult to pursue. It is inefficient for every local group to have translating activities, but Spiritism is not a well centralized activity, either. The best we can do, we believe, is to convene groups of Spiritists from time to time and to develop global priorities as part of one's Spiritist responsibilities.

Let's look at global internet usage, as e-books are an inexpensive and effective way of disseminating Spiritist writings and to communicate among Spiritists. Of the world's some 6.5 billion people, about 15% are estimated to be internet users. Roughly 70% of all internet users are to be found in Europe, Australia and North America. Penetration in Europe is about 39% and in North America it is 70%. Asia only has some 9%, while Latin America has 13%. Granted, the populations in Asia represent half of the world's total population.

If one sees the internet as a viable means of communication, one looks to the English speaking areas of the world for the most fertile ground. But in which language to publish?

English speaking countries only account for about 8% of the world's population, but the English language is widely spoken and written as a second language. Spiritists have long championed Esperanto, but learning it takes the same time as learning another language. Perhaps people would be far better off learning the dominant world language, as a practical matter.

Let's look at another set of statistics, the number of speakers of the main world languages. According to Translation USA, there are about 1.1 billion people in the world who speak English (this could be underreported, because many people read English but don't speak it). In contrast there are 1.4 billion Chinese Speakers (this must be an old number), 389,000 Spanish speakers and 227,000 Portuguese speakers. Using these data, it makes sense to mount efforts in English or Chinese. This said, the great majority of Chinese speakers reside in China, while less than half of the world's English speakers reside in North America, Great Britain/Ireland and Australia/New Zealand.

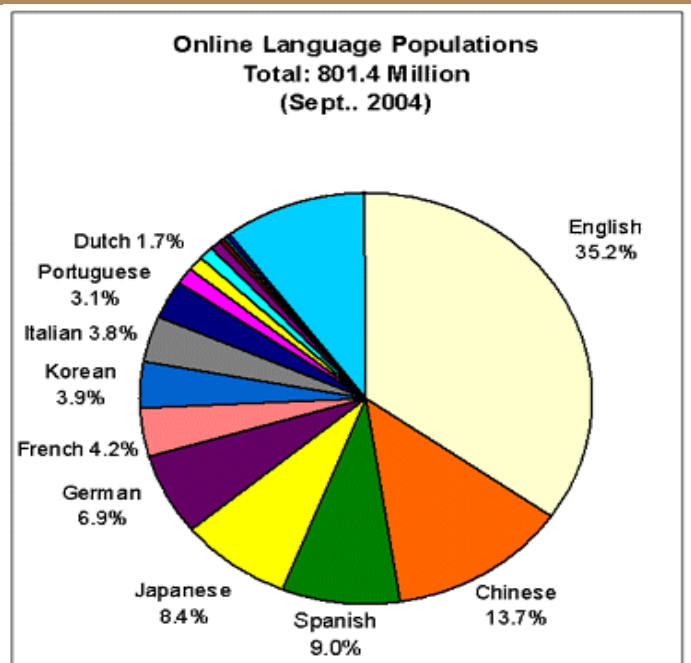
But, in deciding on any kind of translation effort, one must consider the growth of languages, too. Unfortunately, there are no good statistics available. But, barring decline in the cultures of the English-speaking world, the language will continue to grow as not only a first language but as an important second one.

If Spiritists had only one language from which to choose, it should be English, period. Fortunately, we do not have to make such a difficult choice. Local activities can and should be held in the language of the host country. But communication in English should be prioritized if Spiritism is to efficiently reach a large number of the world's people.

Converting to a host country language by a first generation immigrant can be a difficult experience, as we can attest (being in Brazil). But we have little choice, as there are few other Americans here with whom to communicate. The same may not be true elsewhere, but effectiveness in any effort involving communication must be held in the dominant language. If done otherwise, results are likely to be paltry, with the outcome being a reduced desire for it. Spiritism deserves more than a token effort, we believe, and efforts should be made to increase the probability of success through a serious strategic look at what it takes to be effective.

References: www.translationservicesusa.com; www.nationmaster.com

by Jim Pursley
(SSB member)



Source: <http://www.global-reach.biz/globstats>

Do You Want To Become a Medium?

So many "New Age" schools have popped up, that for a fee, one can receive instruction on becoming a medium (i.e. spiritual healer, channeler, psychic, etc.). **What has Spiritism to say on this matter?**

Spiritism says that each person is already a so-called "psychic or medium", or one who can be said to have what many call the "sixth sense." This faculty is natural part of our spirit which is, more or less, in tune with receiving impressions from the spirit world. Some people are more open to these impressions than others. Now, if we put our special attentions to further opening up this faculty, yes, we may be able to amplify its reception.

But... let me say this, if it is not meant for a person to be able to receive these more direct and obvious spirit communications or impressions, for whatever reason, then no matter how much a person can try and be "a medium", it is not going to happen. Everything is subject to the laws of cause and effect, and, the Will of the Creator, so in this life we may not be able to have this faculty opened.

As for a person who is set upon wanting to open up their mediumship faculties, they should seriously and sincerely examine the reason they would want to do so. This faculty can be dangerous to the novice, in that, one exposes oneself to errant spirits (those earth bound and troubled souls) and their sometimes potentially harmful influences. If one is not attending a good Spiritist Center which provides good

mediumship education, there is danger the medium could be the subject of spirit fascination and worse, possibly obsession.

The books of Allan Kardec provide information in the instruction and the proper guidelines for mediumship. **It emphasizes moral rectitude on the part of the medium and accepts that mediumship is a special gift, rather more for the moral improvement of the medium (than for transmitting messages to others).** In addition, mediums provide a sacred service which should be done freely, without compensation.

This gift is by virtue of the Will of God, and can be taken away as swiftly as it has been given.

Nevertheless, mediums at a Spiritist Centers provide a wonderful and fulfilling service by allowing troubled spirits access to our material world, so they can provide assistance to them in helping them understand their condition in the spirit world. They also act as instruments for communication from the spirit world for proof of life after physical

death and some consolation for those here left behind. There are also mediums for healing. In addition, spirit guides inspire and guide us with their beneficial communications.

Do you still want to be a medium? Are you ready for the responsibilities that come with it?

by Yvonne Limoges

*President of the Spiritist Society of Florida.
Text extracted from GEAE website (www.geae.inf.br/en/)*



SUGGESTED SPIRITIST BOOKS



Endearing Gems from Francisco Candido Xavier

by Jussara Korngold & Marie Levinson

The reader will be delightfully pleased with some of the enlightening messages and examples of Mr. Xavier's life. Francisco C. Xavier dedicated his life to utilizing his aptitude as a medium to bring comfort to as many people as possible. His books sold an estimated 25 million copies, the profits of which were all channeled into charitable organizations.

Health problems in his youth and middle age, including eye problems and surgeries, had not stopped him from fulfilling his mission to assist those in need. His outlook is only one: love of his neighbors, disinterest in personal or material gain and a constant and exclusive concern with the happiness of others.

In the year 2002 we found ourselves in such a great quandary due to the departure of such a dear and valuable missionary, the true example of self-denial and love to others, and we could not avoid being concerned about the present situation of the spiritists located in the United States striving for the dissemination of the Spiritist Philosophy in the Americas. Therefore, we have gathered in this book a collection of articles, interviews and book excerpts, in order for the reader of the English speaking countries to understand and get to know a little about the extraordinary person that Francisco (Chico) de Paula Candido Xavier was. As Jesus said it is by the fruits that we know about the quality of the tree, and in the same manner, it is by the work he left us that we can see how valuable he was. (paperback, 96 pages).

Published by: Spiritist Alliance for Books – USA
Written by: Jussara Korngold & Marie Levinson



Here and Hereafter

by Leon Denis

Here and Hereafter, is a scientific and rational solution of the problems of life and death, and of the nature and destiny of the human ego in its successive lives. This book is an able and luminous account of the phenomena and doctrines included under the term "Spiritualism", their relation to modern science and their influence on conduct. The present volume is a new revised and enlarged edition according to the original work.

At all times rays of divine truth have shone upon men; every religion has had its share in them, but human passions and sordid interests too soon have intervened, and obscured their purity; then followed dogmatism, religious persecution and all manner of abuses, and thus man relapsed into indifference and skepticism. The tide of materialism has overflowed all, relaxing the character and undermining the conscience.

The education of the soul being the very object of existence, it is necessary to briefly recapitulate the precepts thereof: To repress all gross desires and material inclinations, and to cultivate, in their place, elevated and intellectual tastes. To strive, to struggle, and if needs be, to sacrifice self, to the advancement of mankind and of all races. To inculcate in our brothers and sisters the transcendent beauty of Truth and Righteousness. To love truth and justice, and to practice good will and charity towards all men; this is the key to future happiness, this is Duty. (New revised edition - Published by SAB)

To order these books write to: sab-books@sgny.org

The distribution of these books in the U.S. will be made through the *Spiritist Alliance for Books*.

For more information go to <http://www.sgny.org>

AMERICA'S CHALLENGE

The United States of America are now facing its own tsunami. It was called Hurricane Katrina. And now it is estimated that hundreds may have been killed...thousands of homes damaged or destroyed...billions of dollars in property loss...one million people without power for who knows how long...and of course...personal nightmares forever.

Many people will bear moral and material difficulties in the times ahead. In moments like these, we are naturally compelled to search for the meaning of so much suffering. Fortunately, Kardec have already posed the same questions to Superior Spirits and we can find solace in their answers. You will find enlightening explanations given by the Spirit Benefactors as compiled in The Spirits' Book (Part 3, chap 6, q 737-741) and in The Gospel According to Spiritism (Chap 5, item 27) by Allan Kardec.

According to the principle of charity, there are several ways of helping our brothers and sister in New Orleans. We can help by praying for those who departed to the spirit world and for those who remained here on Earth. Both are certainly going to benefit from this, because prayer is thought. And thought is life. You can also help through donations to non-profit organizations such as the ones listed below:

AMERICAN Red Cross; Network for Good or your local **Fire Fighter Headquarter**

The Spiritist Society of Baltimore wishes Love and Light to all the families affected by the Hurricane Katrina.



SOLIDARITY

an imunization against mental diseases

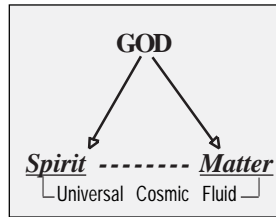
During approximately six years of the Second Great World War, European doctors and psychologists noticed a decrease on the cases of mental diseases while the war was happening. By the end of the war, the statistics showed that the number of mental illnesses intensified. How can that be explained?

- "Emmanuel, our spiritual friend explains that on the course of our collective hardship we are instinctively driven to work in favor of the needy, forgetting about ourselves. In that way, we spontaneously learn about solidarity, tolerance, unity and mutual understanding, which results in an immunization against many of the diseases considered "mental". And he adds that if we decide to work in favor of one another without the purpose of selfishness and ambition, in times of peace, we will always have the same results. At our present stage of evolution, that happens because, as we devote our time to help other people with love and no hidden agenda, it is easier to carry along our "mental weight."

from the book: "Janela para a Vida", by Francisco Candido Xavier
Submitted and Translated by Aloisio Correia (SSB member)

Charity is Love in Action !

Passes - a spiritual therapy



Examining the general elements of the Universe, Allan Kardec received precious information from the Superior Spirits, as we can read in "The Spirits' Book" (Part I, Chapter 2). The Spirits explained that there are three elements in the Universe: God, Spirit and Matter (*see figure*).

God is the Supreme Intelligence-First Cause of all things. It is the cosmic force and the cause of everything that has been created. It also established Laws that regulate the equilibrium of the Universe.

The spirit is the intelligent principle of the Universe. It is the psyche that is elaborated throughout its evolution by internships in the different Kingdoms: mineral, vegetable, animal, humanoid, and later, angelical. **Matter** is the bow that enchains the Spirit. It is also the instrument that the Spirit uses and on which it exerts its action. However, matter is not a simple element. It can present itself in different levels and states.

Thinking about this, Allan Kardec asks to the superior Spirits in question 30 of "The Spirits' Book": "Is matter formed by one or many elements?" The spiritual entities answered: "Of one only primitive element. The bodies that you consider simple are not true elements. They are transformations of the primitive matter."

Therefore, there is a material primitive element, source of everything we know as matter and its transformations. The Codifier, Allan Kardec, called it the primitive element of the **Universal Cosmic Fluid**. That matter (*Universal Cosmic Fluid*) is the origin of all the material states, flavors, odors, colors, sound, qualities, of all the transformations that matter undergoes. The poison and the remedy are originated from exactly the same principle. The difference between one and another substance is in the dispositions and transformations of its molecules.

The Spirit - intelligent agent of the Universe - can act upon matter modifying its

molecules. That is what occurs in the magnetization process. By using the will power, the magnetizers modify one substance, giving flavor, and color to it. It can also give active qualities of other substances.

Because of thought, the Spirit can radiate healthy or deleterious fluids. These fluids, even the most quintessenced ones, are transformations of the Universal Cosmic Fluid. Through thinking, the Spirits can act on the spiritual fluids, manipulating them.

This is what occurs in the *pass*. The *pass* is a Fluidic transmission. This practice came from Jesus and the primitive Christians, when they raised their hands and radiated healthy vibrations that healed people. At the moment of the pass, the pass-giver can also give out energy (magnetic fluid), at the same time the Spirits use the pass-giver to pour spiritual fluids on the patient.



The pass acts directly in the perispirit. The benefits are physical, emotional and spiritual. From the physical point of view, the perispirit will transmit the irradiations,

received in the pass, to the body, providing a renovation of healthy cells. On the emotional view, the patient will feel more tranquil; he/she will experience more clarity in his/her ideas, and a psychic freedom to organize the thoughts. On the spiritual view, the pass is essential, because it will help the patient to easily attune with the good Spirits; and, if, for any reason, the patient is suffering from an "obsession", the pass will help to loose the link established between the patient and the spirit. This process is normally a reciprocal mental disturbance. Finally, the pass is a spiritual therapy of Love, applied in the Spiritist Institution, as a reinforcement of one's moral transformation which provides a reestablishment of the integral health.

- Get to know of it!

by João Batista Cabral

President of ADE-SERGIPE

(Association for the Dissemination of Spiritism - Sergipe, Brazil)

UPCOMING EVENTS

2005 WORKSHOP SERIES

September 17 – Mediumship in you
October 29 – Wars and the spirit-world
November 19 – The family I chose
December 10 - Christ consciousness

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time:

7:30 PM - 9:00 PM

Place:

SPIRITWORKS Resource Center
1300 York Rd - Building C, 3th Floor
Lutherville, MD 21093



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Sept 17th (Saturday)

Mediumship in you

with Jussara and Joao Korngold

7:30 PM to 9:00 PM

SPIRITWORKS Resource Center

1300 York Rd - Building C, Suite 300

LUTHERVILLE, MD 21093

Free Admission!!!

(No registration required)

Sept 18th (Sunday)

The Spiritist View on the Catastrophes

by Raul Teixeira, PhD

5:00PM – 7:00PM

BWI Wingate Hotel

1510 Aero Drive

Linthicum, MD 21090

Love donation to help defray cost of event.

(No registration required)

Simultaneous translation will be provided.

(SSB and USSC)

For more information,

please visit our website at <http://www.ssbaltimore.org>
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STUDY GROUP ON SPIRITISM

These meetings take place every
Thursday from 8:00 to 9:30PM
for the study on Spiritism. They
are open to the general public.

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every
Monday from 7:00-7:45PM.

Meditation with Kardec

Every Saturday 7-8 PM,
except on the day of our
monthly workshops

Mediumship Educational Meetings

(by invitation only)

These meetings take place every
Monday from 8:00 PM to
9:30PM for the study and practice
of mediumship according to
Spiritism.

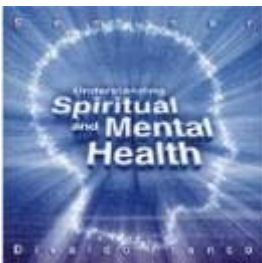
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e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

BOOKS AND CDs by Divaldo Franco (in collaboration with SSB)



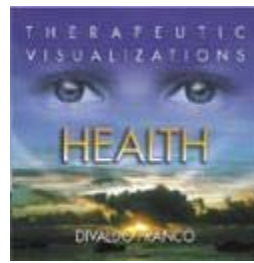
This double CD set contains Divaldo Franco's seminar "**Understanding Spiritual and Mental Health**" which happened on March 12, 2004, in the city of Baltimore, Maryland, USA. This is the first audio CD of a Spiritist seminar in the English Speaking language. The seminar covered a psychiatric analysis on the

endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies. It beautifully describes the Spiritist view of the psychological and spiritual disturbances, as much as it gives us a clear idea of its approach to eradicate its causes and effects.



This profound and brilliant seminar, **Understanding Spiritual and Mental Health**, also generated a bilingual book (English and Portuguese, '**Compreendendo a Saude Espiritual e Mental**') that will be launched in this event.

If you prefer the book format, this is also a great opportunity.



Therapeutic Visualizations - Health - CD is a unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health. "*Meditation becomes an effective way to discipline the will. It facilitates patience which helps you to conquer every day the lower tendencies that disturb you. Meditation is an imperious necessity that imposes itself before any realization. In the meditative state, you calm down your emotions and clarify your discernment, harmonizing your feelings.*" (Excerpts extracted from the book Moments of Meditation, by Joanna de Ângelis, psychographed by Divaldo P. Franco)



"**Self-Discovery, an Inner Search**, can certainly be considered a masterpiece on the Spiritist Psychology. Its spirit-author, Joanna de Ângelis, through the admirable hands of Divaldo P. Franco, brings the reader what could be considered a doctorate thesis in the topics of human psyche, its disturbances and deepest causes, as well as effective therapeutics for Humanity's greatest problems. It also summarizes a variety of theories in the field of Psychology and Psychiatry combining them with the Spiritist View of the human being and life. Moreover, Joanna de Ângelis undoubtedly develops Allan Kardec's works."

To obtain this material, please contact us by e-mail at ssb@ssbaltimore.org or call (410) 382-5328.

SpiritistNews

Volume 2, Issue 6, Nov/December 2004



Join our Drug Prevention Campaign!!!

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Edited by



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SSB

Spiritist Society of Baltimore, Inc.

1101 N Calvert St. # 514,

Baltimore, MD 21202

Tel: 410-382-5328

Fax: 410-837-4590

ssb@ssbaltimore.org

<http://www.ssbaltimore.org>

Dear reader, this is a special issue of our SpiritistNews newsletter. It focuses on some aspects of the dissemination of Spiritism in English-speaking countries, as well as topics related to the last three 2004 workshops: *America's Role on Earth's Spirituality*; *Astral Cities - Our Spiritual Homes*; and *The Spiritist View of Jesus, the Christ*. We would also like to remind everyone that October 3rd started the celebration of the 200th anniversary of Allan Kardec, the codifier of Spiritism, and it will 'end' on October 3rd of 2005. So we have a promising year to revisit Allan Kardec's achievements and remind us of the true meaning of Spiritism, its dissemination, and application into our lives.

- The Editor



- Allan Kardec

Spiritism For All

Spiritists of the world, we have a common cause which is to practice Spiritism in our daily lives and also to disseminate its inspiring set of principles wherever we are.

When revisiting Kardec's works, we learn that Spiritist principles are universally controlled. Therefore, Spiritism is for all. Spiritism was codified in France, but it is not French. Spiritism is wide-spread in its practice in Brazil nowadays, but it is not Brazilian. Neither French, nor Brazilian, Spiritism has no nationality and will never have. Thus, Spiritism is independent of spatial boundaries.

In the book "Among Brothers of Other Lands" (*Entre Irmaos de Outras Terras*), psychographed by Francisco Xavier and Waldo Vieira, the spirit-doctor Andre Luiz gave us clear recommendations on how we, spiritists, should behave when we are living or visiting other lands (countries). In chapter one, Andre Luiz clearly stated that we should not only learn the host country's laws, culture and habits, but also respect it by speaking in its most predominant language (see page 6).

For that reason, we, spiritists, who live in English-speaking countries, are invited to commit to the true practice of charity (love). Let us give a chance to the millions and millions of brothers and sisters who will never be able to get to know of Spiritism, unless it is spoken or written in their own native language.

The 4th World Spiritist Congress held this October in Paris gave Spiritists from all lands a wonderful opportunity to meet in mutual inspiration

and support, celebrating the 200th anniversary of the birth of Allan Kardec, the codifier of Spiritism. Great emphasis is now being placed on dissemination of Spiritism in English, in the United States and other English speaking countries.

In the U.S.A., some Spiritist groups have already risen to the challenge of using English in all communications. Several resources are available in the English language (see page 7). Therefore, we encourage other Spiritist centers to welcome English-speaking participants by opening activities in English. The alternative is isolation and failure to be effective in offering Spiritism to the greatest number that they may respond as they are moved without the need to adopt a foreign language.

Let us remember the sweet and encouraging words by Dr. Bezerra de Menezes² (1831-1900): "The unification is urgent but not rushed. Some still do not understand his saying and interpret his words in favor of postponing the efforts. However, we clearly understand that Dr. Menezes first mentioned "URGENT", meaning NOW. And when he said "NOT RUSHED", he meant "NOT WITHOUT A PLAN" and its followed dedication to it.

Dear Spiritists, time has come. Let us bring Spiritism to all. In the twenty-first century, we cannot delay the march of progress on Earth. Equality, Solidarity and Fraternity because Spiritism is for all. ■

¹ This book is in process of translation by the SSB.
² Influential Spiritist in Brazil, politician and charitable physician often called "Doctor of the Poor".

Why I Walk the Spiritist Path

by Jim Pursley*

Spiritism, to me, is nothing less than full spectrum spirituality. Unlike religion, Spiritism does not divide people into those who have the Message and those who don't. Spiritism does not assert superiority in any way; rather, it is a coordinated system for philosophical inquiry into the large questions, such as "Who are we", "Where did we come from", "Where are we going", "What is our place in the order of things" and "What is the purpose of life"? Spiritism views the entirety of creation, incarnated beings on Earth, incarnated beings in other places and completely discarnate beings (those with no bodies) as a gigantic mass of individually formed spirits whose sole task is to attain perfection and, thence, oneness with God, the Creator.

From the above description, it is clear that Spiritism and Religion have much in common. Spiritism, however, does not start and end with a finite set of writings like the Christian Bible, the Koran, the Upanishads, the Torah or any other collection of stories and instructions left by God's messengers in prior ages. To me, a major strength of Spiritism is the open environment for inquiry, free from dogma. Spiritists have their basic writings - the five books compiled by Alan Kardec in the mid-19th Century - but Spiritist thought does not end with these writings nor does it restrict itself to endless interpretations of them. Spiritism is truly organic, in that it is capable of renewing its message as conditions change. Immutable, however, is the pursuit Spiritists make of a truly moral life here on earth.

Spiritists, in my experience, support each other in manifesting the moral teachings of Christianity. Thus, not only is Spiritism a philosophical inquiry joining heart and intellect, it is a practical way to support one another in leading as pure an earthly life as possible.

I am a Spiritist because I wish to take my place in the society of humans partnering with Superior Spirits in the realms of applying love to every endeavor. In community and in safety from the excess of human or Spirit ego, I join Spiritists in the great quest for individual perfection through collective association.

I could find community as a member of a religion, but I am likely to feel slightly apart from others who do not agree with me or share my religious views.

I could wholeheartedly participate in secular charitable activities, but these are not purified by surrender of the human ego to a Divine will.

I could go my own way and free lance my spirituality. This can be a dangerous path, as I may not have the discrimination to tell a well meaning guide from a selfishly intentioned one.

I could abstain from all spiritual pursuit and remain as pure as I can in thought, preferring a humanist philosophy to a Divinely-centered one.

Frankly, I am a Spiritist because Spiritism answers more questions, poses no restrictions, erects the fewest barriers of self-proclaimed superiority and is the purest form of mutual support for the pursuit of individual perfection that I have found. ■

* Jim Pursley is a SSB member

An American Spiritist's New View on Life

by Laura Egger*

I have always had a strong faith in God and a belief system that included angels as messengers of God. But my outlook expanded radically a year and a half ago when the principles of Spiritism first entered my life. Spiritism has altered the way I think, live, and pray.

If not for the writings by *Joanna De Angelis*, I would not know that God needed me to reflect His light. The words of the Lord's Prayer, "Thy will be done on earth as it is in heaven" illustrate this idea. I now understand that the spirit is always alive whether as an incarnate or a disincarnate. This knowledge has transformed every aspect of my life. I now realize that relationships continue after material death. This principle has shaped the way I exist. For example, the golden rule, "Treat others as you yourself would like to be treated" has implications that extend into my future lives. My prayers have also changed. I not only thank God for all my blessings, but I include rescue prayers for suffering spirits that may be around my loved ones or me. I incorporate thoughts from the prayers in the back of *The Gospel Explained by Spiritism*. Most importantly, the principles of Spiritism guide my life. I consciously seek to raise my vibrations through good thoughts. I know that to perfect my spirit I must accomplish good deeds and selfless acts of loving kindness and compassion.

I have always had a concept of what it means to be a good person. But Spiritism has broadened my view, refined my vision, and influenced my decisions as I continue to learn and act. The Spiritist writings inspire me like a beacon provides a light in the dark.

* Laura Egger is a SSB member

Reward in Spreading Spiritism

by Jussara Korngold *

In many parts of the world, through observation and work, we verify that the human being is the same wherever he is reincarnated, and we can certainly observe how much in need people in this country are. It has been very rewarding to be able to spread Spiritism in English in the United States among Americans and people from other nationalities. Through this experience, it has been clear to us that the acceptance of the Spiritist Philosophy will depend on the genuine interest and spiritual involvement of every individual, independent and regardless of his/her nationality. Therefore, it is our duty, as true spiritists who try to follow the teachings of Jesus, "Without Charity there is no Salvation", to be charitable and to give them the opportunity to benefit from Spiritism, as well.

* J. Korngold is the President of SGNY

(This section continues on page 6)

America's Role on Earth's Spirituality

"By studying the characteristics of various countries, or of any human grouping, it is easy to get an idea of the invisible population that partakes of their lives and actions." - Allan Kardec



Courtesy Capitol Historical Society

In the inspiring book *A Caminho da Luz*¹ (Walking towards Light) psychographed by the medium Francisco C. Xavier, the spirit Emmanuel gives us a beautiful and logical account of the history of Humankind through the Spiritist View. Basically, it tells us that at every human event in a nation, there is a spiritual guidance for it. In its first paragraphs, Emmanuel narrates that "the traditions of the spiritual world tell that in the guidance of all phenomena in our solar system, there is a Community of Pure Spirits selected by the Supreme Lord of the Universe. In their hands reside the directing guidelines of life in its planets. That Community of Angelic and Perfect Beings of which one of its members is Jesus, had already met twice in the proximities of Earth for the solution of decisive issues in the organization and direction of our planet."

Emmanuel corroborates Allan Kardec's saying that nations are collective individualities: just like individuals, they go through their periods of infancy, maturity, and gradual decline.

In this retrospective of humankind's history on Earth, Emmanuel remembers the difficult times we went through in the Medieval Age. There, the Inquisition imposed by the Church caused an imbalance in Europe's karma in such way that "Christ finds in America* its greatest hope. In that field of new regenerating battles, all good-willed spirits could work for peace and fraternity of the future humanity. Therefore, it was defined the role of each region of the continent. The 'brain' of the new civilization was localized where

is nowadays the United States of North America. And, its 'heart' is located in the welcoming and replete soil where Brazil in the South America blossoms... Under Jesus' orientation, the invisible plan conducted to America all the sincere and working spirits that did not need reincarnations in Europe... Entities called to the organization of the future progress were transferred to the hemisphere of the New World."

In 1776, in the British colony of North America, "the Invisible world executes in the new lands the great democratic principles taught by the philosophers and thinkers of the XVIII century." Certainly, there are many clear signs that the formation and independence of the USA was inspired by Enlightened Spirits, starting from its Founding Fathers who wrote the most democratic and fraternal Constitution ever existed on Earth. The Spiritist concepts are intricate in its first paragraphs as follows: "... We hold this truth to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights that among these are life, liberty and the pursuit of happiness..."

And later, in the night of March 31, 1848, "aware of America's mission of concord and fraternity, the invisible plan placed therein the spiritual world's first tangible manifestations." Those were the Hydesville spirit-phenomena that inspired many Men of Science, including Kardec in France. There, the Superior Spirits deposited the seeds of Spiritism. Those phenomena changed Humankind forever by starting a New Era. ■

** This is the reason why many Europeans felt the urge to navigate overseas and explore new lands. That caused the Discovery of the American Continent guided by the Superior Spirits.*

¹ FEB, 1938. This book is to be translated in English.



The Wings of Progress

There are two kinds of progress - intellectual and moral. These mutually support each other, though they do not necessarily march in tandem. Among civilized nations in this century, intellectual progress has been

stimulated and supported to a degree unheard of in the past. At the same time our ethical progress has lagged behind. Yet if we compare the social customs of the last few centuries with those of today, we find it undeniable that real moral progress has taken place. There is no reason to suppose, then, that moral progress has stopped. It is altogether probable that there will be as great a difference in moral conduct between the nineteenth and twenty-fourth centuries as there has been between that of the fourteenth and the nineteenth. To doubt the continuity of moral progress is to believe either that humanity has reached the summit of

perfection, which is absurd; or that it is not ethically perfectible, which experience has proven to be incorrect. (*The Spirits' Book by Allan Kardec – The Laws of Progress, Chap 23 - AKES 2003*)

IMPORTANCE OF KNOWLEDGE

Knowledge is never useless, since it contributes to your progress. Besides, acquiring new knowledge expands your intellectual capacity and quickens your development in the spirit-world. There you will learn in one hour what might otherwise have taken you many hours to understand. Greater knowledge, when put to proper use, also gives you an opportunity to help others. The journey toward perfection is based on achieving an all-encompassing knowledge; thus, everything you learn promotes your development.

Does moral progress always follow intellectual progress?
- This would be the normal sequence; however, it does not automatically follow sometimes. (The Spirit's Book q 780)



Spirit World

The spirit-world is like a great city where individuals of all ranks and conditions see and meet each other but do not necessarily socialize. As in a city, circles are formed by similarities in tastes, and good and bad spirits share the same space without having to interact.

Architecture

The buildings on the physical plane originate in the *architects' thoughts* and in the *material* that is used in the engineers' plans. The construction of our buildings follows the same principle, except that the *matter is in a state much more malleable to the influence of thought.*"¹

Hierarchy

The authority of spirits over one another is very great. Their power results from their moral ascendancy. Their influence over the lower one is, so to speak, irresistible... Spirits belong to different orders because of their moral merit...Moral superiority is everything."²

Accessibility

Spirits of different orders see each other, but they are separated. According to their mutual likes and dislikes, they approach or shun each other just as you do. The spirit-life is one of varied conditions and relationships, and the earthly life is only a vague reflection of it. Spirits of the same order are drawn together by a sort of affinity and form groups or families united by a common aim-the good ones by the desire to do good, the bad by the desire to do wrong. They gather together because of the similarity of their activities and by the wish to be among those they resemble. The good spirits go everywhere, they must in order to influence wrong-doers. But the regions the good spirits inhabit are forbidden to those of lower degrees because of the disturbing nature of the latter's thoughts and desires."²

Communication

Spirits need only see each other to communicate their ideas. Their 'Language' is more meaningful than ours as their thoughts are reflected in themselves. In addition, the Cosmic Principle acts as a medium that conducts their thoughts through the universe, much like air conducts sounds. By means of the Cosmic Principle, spirits can send their thoughts across different worlds."²

Family Reunion

Relatives and friends reunite after death depending on how evolved they are and the paths they have to follow. If one is further advanced and progresses more rapidly than the other, the two cannot remain together. They may see each other occasionally, but they can only be reunited for good when the one behind catches up or when both reach the state of perfection. Moreover, a spirit is sometimes deprived of the sight of its relatives and friends as a means of correction."²

Transition

Relatives and friends will come to meet you when you are leaving Earth because you are a spirit they love. They greet you as if you had come back from a journey and congratulate you on your escape from the dangers of the road. They also aid you in freeing yourself from the bonds of the flesh..."²

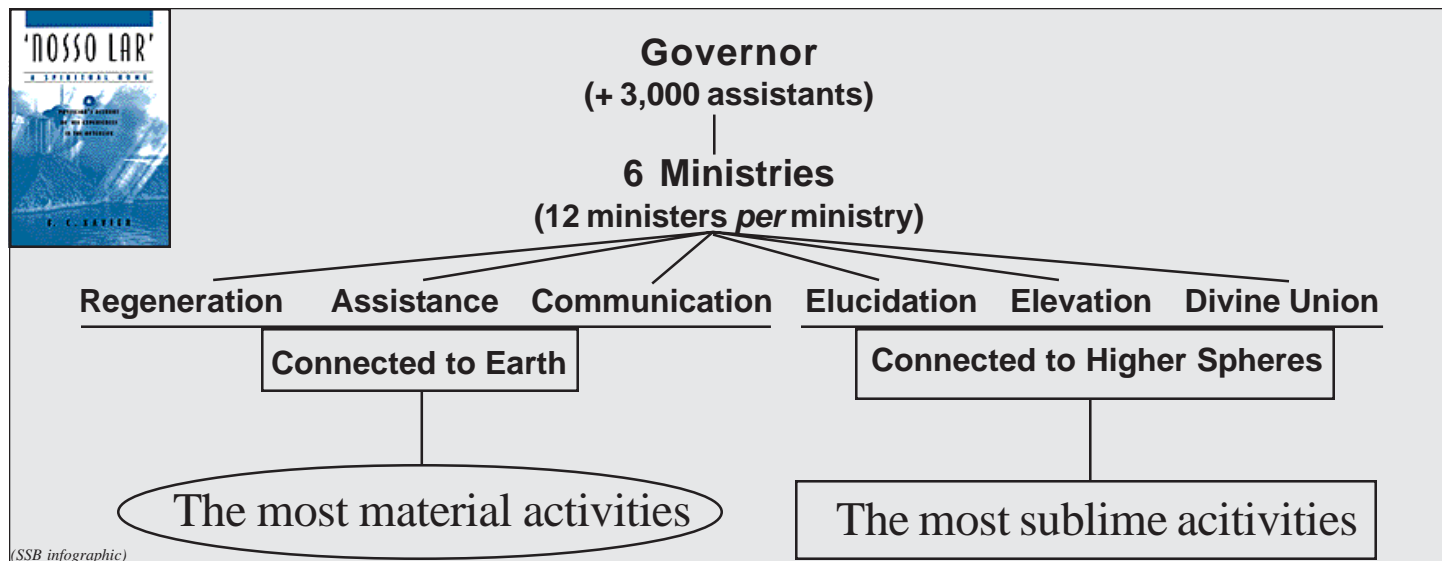
¹And Life Goes On... by Andre Luiz/Francisco Xavier, Chap 9 -AKES 2000

²The Spirits' Book by Allan Kardec, Spirit Life, Chap 10 -AKES 2003

Example of the Organization of a Spiritual City: "Nosso Lar"

"Nosso Lar" (means Our Home) is a spiritual city in many that exist in the Universe. The spirit-doctor Andre Luiz told us by the hands of the medium Francisco Xavier that 'Nosso Lar' is a transitory spiritual colony in Brazil (Chapter 37). 'Nosso Lar' was founded by a group of distinguished Portuguese pioneers who, after passing on, settled in the spiritual planes over Brazil in the sixteenth century. In this inspirational book, Andre Luiz explains us about the organization of this spiritual city, as drawn in the scheme below.

(Nosso Lar - A Spiritual Home by Andre Luis/Francisco C. Xavier - AKES 2001)



(SSB infographic)

The Spiritist View of Jesus, the Christ

Neither God, nor an ordinary Man... a Superior Spirit

His Nature...

Without prejudging anything of the nature of Christ..., let us consider him as nothing other than a superior spirit, — one of those of the highest order; and let him be placed only by his virtues above the rest of terrestrial humanity. By the great results which he produced, his incarnation into this world could have been only one of those missions which are confided alone to direct messengers from the Most High for the accomplishment of his designs. By supposing that he was not God himself, but an ambassador of him for the transmission of his word, he would be more than a prophet: he would be a divine Messiah.¹

The Role Model of Moral Perfection

In the question 625 of the Spirit's Book, Kardec asked to the Superior Spirits what is the most perfect guide and model that God has offered to us? Their answer was *Jesus*. Kardec discussed that Jesus is the God-given model of moral perfection toward which we should all strive. Animated by the Divine Spirit, Jesus was the purest being who has ever appeared on Earth; and the doctrine He taught is, accordingly, the purest expression of the Divine law. Others who have professed to instruct humanity in the law of God have, by contrast, sometimes led it into error. The reason is not hard to discover. The latter have been swayed by ideas and feelings of a too earthly nature and have confused laws that regulate the life of the soul with those that govern the life of the body. Many pretended revealers, moreover, have announced as Divine laws what were only human ones, which they devised to serve their own interests and to assure their domination over others.²

As a Man...

As a Man, he had the organization of organized beings; but as a pure spirit, detached from matter, he must have lived in the spiritual life more than in the carnal, of which he had not the weaknesses. *His superiority over men was only of his spiritual nature, which absolutely controlled matter, and his perispirit, which was formed of the most refined of earthly fluids* (Chap. XIV, item 9). His soul must have been attached to the body only by the most indispensable links; constantly separated from one another, it must have endowed him with a double sight, not only permanent, but of an exceptional penetration, very superior to that of ordinary men. It must have been the same with all the phenomena which depend upon the perispiritual or psychic fluids. The quality of these fluids gave to him an immense magnetic power, seconded by a constant desire to do good.¹

As a Medium...

In the cures which he performed, did he act as a *medium*? Can he be considered as a powerful healing medium? No; for the medium is an intermediary, an instrument which discarnate spirits use. Now, Christ had no need of assistance, he who assisted others; he acted, then, by himself, by virtue of his personal power. Thus can incarnated beings, in certain cases, do according to their strength. What other spirit would have dared to inspire him with his own thoughts, and charge him to transmit them? If he received a strange influx, it could only be from God. According to a definition given of him by a spirit, he was a *medium of God*.¹

¹Genesis by Allan Kardec, Chap XV - Superiority of the Nature of Jesus - SAB 2004

²The Spirit's Book by Allan Kardec. Question 625 - AKES 2003

Christ's Mission



Jesus did not come to destroy the Law, that is to say God's Law. He came to fulfill and develop it, to show its real meaning and to adapt it to the degree of Man's advancement at that time. That is why we find within the Law the principle of our duty to God and our fellowmen to be the base of His doctrine... But Jesus was no mere moralist legislator offering His ward as exclusive authority. It fell to Him to complete the prophecies which had announced His advent, by means of the exceptional nature of His Spirit and His divine mission. Jesus came to teach mankind that true life is not the one lived here on Earth, but rather the life lived in Heaven. He came to show the pathway to this Kingdom, how to be reconciled with God and to present these facts as part of things to come which would enable mankind to fulfill its destiny. However, He did not explain everything, but limited Himself to offering only the initial part of the truth on many subjects, saying that Man as yet could not understand the whole truth. But He talked about all things in implied terms. In order for people to be able to understand the hidden meaning of His words it was necessary for new ideas and knowledge to mature, so bringing the indispensable key, as these things could not appear before the human Spirit had achieved a certain degree of maturity. Science still had to play an important part in the emergence and development of these ideas; therefore it was necessary to give time for science to progress. ■

The Gospel According to Spiritism by Allan Kardec, Chap I - I Have Not Come to Destroy the Law - AKP 1987

Studying Spiritism: a Privilege

by Michael Friedenber*

Growing up in a Jewish household and being a practicing Jew, left many unanswered questions as to what happens when you pass away. As I grew older the thought of reincarnation sounded more like a reality than a fantasy. There were too many things about it that made complete sense, I could not help but believe. After meeting Ingrid, she invited me to come to a study group of the Spiritist Society of Baltimore. In the study group, we discuss laws that bind us to life and death, not the laws of men. Going to the study group and workshops have helped me answer the life long question of what happens to us when we die, how to have more peaceful existences, and to help those in need. Everyone that I have met through the group, though not having the exact thoughts, are all on the same page of life trying to make the best of what has been given to us. Attending the study group has helped me to answer questions that I have had, and raise new ones to be answered when the time comes. I do feel it a privilege to have met everyone in the group as they have helped me become more educated about reincarnation.

*M. Friedenber is a SSB member

Spreading Spiritism in the USA

by Yvonne Limoges*

My father and the director of our Center, who was born in NYC, attended a large Spiritist Center that was established in NYC in 1933. It was in a Spanish neighborhood and they held their meetings in Spanish. He attended that Center as a child and then later when he started his mediumship in mediumship classes. When my father moved his family to Florida for better job opportunities, he missed terribly the Spiritist Center.

My parents raised us to believe in Spiritism. We read all the books of Kardec, Leon Denis, Amalia Domingo Soler, Miguel Vives, and more. As my brother, sister and I grew older and spoke about of our beliefs to our friends, they became very interested and wanted to study and attend our meetings. My father agreed, with advice from his spirit guides, and that is how our Center started. We officially became **The Spiritist Society of Florida** in 1982.

A tremendous amount of Americans in this country believe in the existence of a soul, in mediumship, the spirit world, in spirit communication, in reincarnation, in the plurality of other worlds, in the morality of Jesus, and that our souls need to moralize ourselves and follow an evolutionary path towards a higher and morally sublime level. They believe it in their very souls, but they do not have a name to call these beliefs "as whole set of concepts together." Only Spiritism exists right now to encompass these ideas, but they do not know that it exists. But, when they find out about our Spiritist Center, they feel right at home. Everything they ever believed in, is right there... altogether in what we call "Spiritism."

Thus, in the United States, the ground is very fertile for further direction, clarification, cultivation, and "the sifting of the wheat from the chaff." **Will the Americans figure it out for themselves through trial and error and spirit revelations, or, are the Spiritists from other countries truly willing to lend a helping hand?**

*Y. Limoges is a 4th generation American and belongs to The Spiritist Society of Florida

Guidelines for Spiritists in a trip

by ANDRÉ LUIZ

Get to know of the legal dispositions that rule the Country that you visit and obey them.

Avoid prejudices or dissensions that you may find. Respect the feelings of each person that you encounter and try to assist him or her by rendering your assistance.

Avoid personal exhibition.

Be discrete and practice simplicity.

Respect the systems of spiritual work that may be different from the one you chose.

Avoid criticisms and arguments.

Do not compromise Spiritism in any circumstances, mainly in those that are related to personal interest.

Reject any participation in clandestine business even though some may be apparently masked of legality in order to improve your financial situation.

Study the language and the customs of the visited Country in order to be more useful.

Refuse to make depreciatory comparisons susceptible of humiliating your hosts.

Avoid vexatious adjectives in regard to personalities, situations, cases and things of the Nation that receives you.

Cease anecdotes and jokes of bad taste.

Do not give opinions on the difficulties of the region where you stay without a thorough knowledge of the causes that caused them.

Do not create problems.

As much as possible, avoid being in financial debt wherever you go.

Never adulate nor humiliate.

Never ridicule the habits and beliefs of the Country where you may be at.

Refrain from indoctrinating others. But, be ready to say a good word or the true concept of the Spiritist View in order to sow renewal and elevation to the listeners.

Do neither wish superiority for your home country nor diminish it with thoughtless comments.

Abolish the "**foreign**" word of your vocabulary and treat the children of other nations as your true brothers.

(New York, NY, USA, July 29, 1965)

Among Brothers of Other Lands (*Entre Irmaos de Outras Terras*) by Francisco Candido Xavier and Waldo Vieira, chapter I (FEB). This book is being translated by the SSB.

Spiritist Books Available in English

TITLE	AUTHOR	PUBLISHERS	CHILDREN'S BOOK	AUTHOR	PUBLISHERS
1 The Spirits' Book	Allan Kardec	FEB ¹ , AKES ²	1 And For the Rest of Our Lives	Wallace Leal V. Rodrigues	SAB
2 The Gospel Explained by Spiritism	Allan Kardec	AKP ³ , AKES	2 Children from the Beyond	Cairo Ramaciotti/Francisco Xavier	SAB
3 The Medium's Book	Allan Kardec	FEB, LAKE	3 The Sower	Amelia Rodrigues/Divaldo Franco	LEAL
4 Heaven and Hell	Allan Kardec	SAB ⁴	4 A Ghost Story	Laura Bergallo	SAB*
5 Genesis	Allan Kardec	SAB	5 Life Taught Us	Maria I. B. Bolcone	SAB*
6 Introduction to the Spiritist Philosophy	Allan Kardec	AKES	6 Life Tells Us I, II, III	Neio Lucio	SAB*
7 Here and Hereafter	Léon Denis	SAB*	7 The Legend of the Miracles of Love	Selma Lagerlöf / Divaldo Franco	LEAL
8 Life and Destiny	Léon Denis	SAB*	8 Big Bad Wolf	Roque Jacinto	AKP
9 The Mystery of Joan of Arc	Léon Denis	SAB*	9 The Wicked Queen	Roque Jacinto	FEB
10 Christianity and Spiritualism	Léon Denis	SAB*			
11 Death and Its Mystery – volume I	Camille Flammarion	SAB*			
12 Death and Its Mystery – volume II	Camille Flammarion	SAB*			
13 Unknown	Camille Flammarion	H&Brothers			
14 Mysterious Psychic Forces	Camille Flammarion	Boston Small			
15 Uranie	Camille Flammarion	Cassel P Co.			
16 Haunted Houses	Camille Flammarion	Tower Books			
17 Evidence for a Future Life	Gabriel Delanne	SAB*			
18 Nosso Lar	Andre Luiz/Francisco Xavier	AKES			
19 And Life Goes On	Andre Luiz/Francisco Xavier	AKES			
20 In the Domains of Mediumship	Andre Luiz/F. Xavier & Waldo Vieira	SAB*			
21 Disobsession	Andre Luiz/F. Xavier & Waldo Vieira	SAB*			
22 Our Daily Bread	Emmanuel/Francisco Xavier	SAB*			
23 The World of the Spirit	Francisco Xavier & Waldo Vieira	Phil. Library*			
24 The Gospel at Home	Maria Payás & Olga Romaguera	AKES			
25 Christian Agenda	Andre Luiz/Francisco Xavier	AKP			
26 We are All Mediums	Odilon Fernandes/Carlos Baccelli	CEEPPD			
27 Magnetic and Spiritual Healing	Jussara Korngold	SAB			
28 Child of God	Joanna de Angelis/Divaldo Franco	LEAL ⁵			
29 After the Storm	Joanna de Angelis/Divaldo Franco	LEAL			
30 Obsession	Manoel P. Miranda/Divaldo Franco	LEAL			
31 Guidelines for Safety	Raul Teixeira & Divaldo Franco	Frater ⁶			
32 Illuminating Messages from the Beyond	Jussara Korngold & Marie Levinson	SAB*			
33 Who's Afraid of Death	Richard Simonetti	CEAC			
34 Endearing Gems from Francisco C. Xavier	Jussara Korngold & Marie Levinson	SAB*			
35 Life's Triumph	Paulo Rossi Severino & AME-SP team	Ed. Fe			
36 Obsession, Passes and Counseling	J. Herculanio Pires	SAB*			
37 Living and Loving	Joanna de Angelis/Divaldo Franco	LEAL			
38 Recipes for Peace	Joanna de Angelis/Divaldo Franco	LEAL			
39 Studies in Spiritism	Amy Tanner	Promet. Books			
40 Green Light	Andre Luiz/Francisco Xavier	SGBRIGHTON ⁷			
41 After Death What	Cesare Lombroso	Aquarian Press			
42 The History of Spiritualism	Sir Arthur Conan Doyle	Arno Press			
43 Spirits and Scientists	David J. Hess	Penn Univ. Press			
44 Kardec's Spiritism	Emma Bragdon	Lightening Up Press			

¹ FEB: www.febnet.org.br, ² AKES: www.allan-kardec.org, ³ AKP: www.spi-london.com/kardec, ⁴ SAB: www.sgny.org, ⁵ LEAL: www.mansaodocaminho.com.br, ⁶ FRATER: www.editorafrater.com.br, ⁷ SGBRIGHTON can be ordered through SAB, *Electronic version (pdf)

RECOMMENDED BOOKS



Endearing Germs from F.C. Xavier
by Jussara Korngold & Marie Levinson

The authors have gathered in this book a collection of articles, interviews and book excerpts, in order for the reader of the English speaking countries to understand and to get to know a little about the extraordinary person that Francisco (Chico) de Paula Cândido Xavier was. As Jesus said it is by the fruits that we know of the quality of the tree, and in the same manner, it is by the work he left us that we can see how valuable he was. Mr. Xavier channeled 409 books during his lifetime on Earth. So far only *three books* (*Nosso Lar - A Spiritual Home*, *And Life Goes On...*, and *Christian Agenda*) have been translated and published in English.

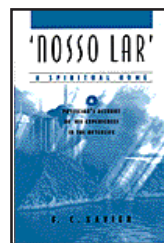
Electronic Version - SAB 2004



Introduction to the SPIRITIST PHILOSOPHY
by Allan Kardec

This book is, for all purposes, a primer on Spiritism. It contains two of Allan Kardec's works: *Qu'Est-Ce Que Le Spiritisme?* (What is Spiritism?) and *Spiritisme Reduit a sa plus Simple Expression* (Spiritism in its Simplest Expression). In the first work, Allan Kardec converses informally with three characters, a critic, a skeptic, and a priest, introducing them to a view of life and spirituality centered on the individual. The characters represent a composite of the adversarial stances Allan Kardec faced in Europe at a time when religious orthodoxy cast a dense shadow over people's views of reality. It is a light and engaging review of the Spiritist proposal detailed earlier in *The Spirits' Book*. The second work, though smaller in size, presents an insightful yet rich summary of the Spiritist wisdom. Less descriptive and more inspirational, it is a soulful letter addressed to the heart of the reader.

-AKES 2004



Nosso Lar – A Spiritual Home
by F.C. Xavier
André Luiz Collection

"The former physician André Luiz's articulate and compelling reporting reads more like a novel than a detailed, compelling document of afterlife existence that it is. Rarely does one find information about the afterlife that is both inspirational and informative — but such is the case here."

-AKES 2000



And Life Goes on...
by F.C. Xavier
André Luiz Collection

"This is a true story that illuminates life. In Evelyn's courage you will discover the force of faith, and traces of the invisible design that guides every person's return to love."

-AKES 2000

UPCOMING EVENTS

2004 WORKSHOP SERIES

Aug 28 – Spiritual Treatment

Sep 18 – Photography of the Thought

Oct 16 – America and its role on Earth's spirituality

Nov 13 – Astral cities: Our spiritual homes

Dec 04 – The Spiritist View of Jesus, the Christ

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time:
7:30 PM - 9:00 PM

Place:
Ruscombe Mansion Community Health Center
4801 Yellowwood Avenue
Baltimore - MD 21209

JOIN OUR ACTIVITIES

SPIRITIST THOUGHT STUDY GROUP

These meetings take place every **Thursday** from 8:00PM to 9:30PM for the study of the Spiritist Doctrine. They are open to the general public. For more information, please contact us.

Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM. Please, contact us for more information.

Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to the Spiritist thought.

Our activities are free of charge !!!

TAKING POSITIVE STEPS

When you find yourself on the verge of despair, quicken your steps forward inhibiting your pause. Pray, to God for more light In order to overcome the shadows.

Do something positive, beyond the weakness that you may find within yourself. Read an enlightening message that may heighten your reasoning in the constructive variance of ideas.

Be in contact with people whose conversation will enhance your inner spiritual self.

Seek out an environment that would be conducive to receiving ennobling inspirations.

Do someone a favor, particularly to someone who you have been avoiding for a long time.

Go visit a friend, who is ill, seeking a little comfort in those who are facing far greater difficulties than yours.

Complete your prior unfulfilled tasks that may be causing these clouds of discouragement.

Be assured that we are all marching forward, overcoming problems and struggles, as we acquire experience, Life accepts our pauses for the restoration of our energy, but it does not accept any moments of inertia.

ANDRÉ LUIZ-FRANCISCO CANDIDO XAVIER
From **Endearing Germs From F.C Xavier** by
J. Korngold & M. Levinson – SAB 2004

Fundraising Event

You are invited to the

FOOD FOR THE SOUL

Delicious organic and healthy food!
Bring your family and friends for a wonderful day!

When: Sunday, November 21th (12PM - 3PM)

Price: \$10.00 each

Where: Ruscombe Mansion Community Health Center
4801 Yellowwood Avenue - Baltimore, MD 21209

For more information:
(410) 382-5328 or (443) 540-0442

This is a fundraising event sponsored by the **Spiritist Society of Baltimore, Inc.** and **Whole Foods Market**



This event is a part of the new campaign launched by SSB: *I love myself, I am drug-free*. The SSB has a broader definition of what is a Drug. It encompasses anything that can harm either our physical body (*chemical substances, junk food, etc*) or our spiritual body (*selfishness, anger, pride, gossip, hatred, etc*).



Join our Drug Prevention Campaign!!!

Inside this issue...

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Edited by



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SSB

Spiritist Society of Baltimore, Inc.
1101 N Calvert St. # 514,
Baltimore, MD 21202
Tel: 410-382-5328
Fax: 410-837-4590
ssb@ssbaltimore.org
<http://www.ssbaltimore.org>

What Is Spiritual Treatment For?

According to Spiritism we live to develop the psyche's potentialities with which we are all endowed. Our earthly existence has as its aim the transcendence, that is to say, the constant overcoming of our human condition¹. Illness belongs to the tests and vicissitudes of earthly life. It is inherent of the grossness of our material nature. Passions and excesses of all kinds create unhealthy conditions in our organism, which are sometimes transmitted by heredity. Moreover, ignorant spirits encircle the Earth, due to the moral inferiority of its inhabitants. Their ignorant action forms part of the afflictions which face humanity. Obsessions, just as much as infirmities and all life's tribulations, must be considered as tests and atonements.

In an obsession, the person being obsessed is enveloped and impregnated by pernicious substances, so neutralizing the action of healthy fluids and repelling them. It is very important to free the person from these negative vaporous fluids. However, a bad fluid cannot be eliminated by other bad fluids. By a similar action to that exercised by a healer in the case of illness, it is necessary to expel the bad substances with the help of better ones, which in a certain way

produces the effect of a reaction. This may be called a mechanical action, but it is not sufficient alone. It is also necessary and most important, to *act upon this* intelligent being by speaking with authority, which can only be achieved through moral superiority. The greater this is, the greater will be the authority.

This is not all however. In order to guarantee liberation from the obsessor it is also necessary to induce the ignorant Spirit to renounce their bad designs, to awaken repentance in them and a desire to do good. This can be done through the means of skillfully directed instruction, given during special private meetings for this purpose, with the objective of offering moral education to this Spirit. Then it may be possible to have the double satisfaction of liberating an incarnate Spirit and converting a discarnate one at the same time.

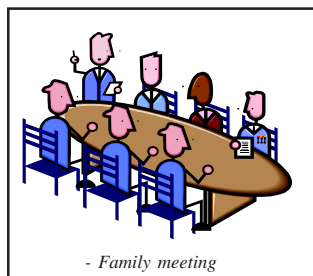
This task is made easier when the obsessed person, understanding her situation, joins it with prayers and adds her cooperation in the desire to recuperate². ■

¹ Obsession by J. Herculano Pires, Chap 1 - The meaning of life, SAB 2004.

² The Gospel According to Spiritism by Allan Kardec, Chap 28 - For those who are obsessed. AKP 1993.

GOD AT HOME

"For where two or three are gathered together in my name, there am I in the midst of them." - Jesus Christ. (Matthew, 18: 20).



In a challenging world, it is essential that the family finds ways to protect and recharge its forces in the light of the Divine teachings. The God at Home meetings are these wonderful opportunities in which the spirit guides/mentors can help the family/home members. Here are some guidelines to these family meetings:

- 1- Invite family members and/or friends to participate. However, if no one wants to, do it yourself alone.
- 2- Choose day and time to have the God at Home meeting in a weekly basis. Be consistent!!!
- 3- Start it with a short heartfelt prayer.
- 4- Read and study inspirational messages from books such as the Gospel Explained by Spiritism, Child of God, or any others that fits the purpose.
- 5- Close it with a prayer.
- 6- Maximum time recommended for the meeting: 30-40 min.
- 7- Do not use these meetings to bring about family/personal issues.

The God at Home is "equivalent to a lamp shining onto the work of assistance and spiritual enlightenment." (From the book Disobsession by Andre Luiz, F.C. Xavier and W. Vieira - SAB 2003)

What is a spiritual disturbance?

*In Spiritism, spiritual disturbance can also be named as Obsession.
The treatment for obsession is named Disobsession.*

Obsession is the persistent action which an ignorant spirit exercises over an individual. It presents many different characters, from the moral influence without any distinct exterior signs, to complete disturbance of the organism and of the mental faculties¹.

Can a spirit temporarily take over an animate body and act in the place of the spirit rightfully incarnated in it?

- A spirit does not enter a body as you enter a house. It might, however, associate itself with a person with similar defects and qualities, and the two of them may act together. But one always acts of one's own free will. No other spirit can take the place of one who is incarnated in a given body. A spirit is indivisibly united with its body until the hour Providence has decreed the body must die.

If there is no such thing as "possession" in the ordinary sense of the term that is to say, the cohabitation of two spirits in the same body is it possible for an incarnate spirit to find itself so influenced by a another that its will is paralyzed?

-Yes. It is this domination that actually constitutes what you call possession. But it happens only when the subject, by its own free will or weakness of character, agrees to it. We should add that people often confuse possession with cases of epilepsy or madness cases that require the help of a doctor rather than a clergyman².

¹Genesis by Allan Kardec, Chap XIV - Fluids - SAB 2003.
²The Spirits' Book by Allan Kardec, q 473 and 474 - AKES 2003.

GOOD vs. BAD

"Good is anything that conforms to the law of God; bad is anything that departs from it. To do right is to conform to the law of God; to do wrong is to break it."

(The Spirits' Book q.630)

How can one stop a spiritual disturbance?

The will power of an upright person may be useful in attracting the cooperation of good spirits. The more upright someone is, the more power he or she possesses both to drive away wrong-doing spirits and draw good ones nearer. Still, even the best person is powerless in cases where the subjugated individuals refuse to participate in efforts to liberate themselves. There are men and women, unfortunately, who take pleasure in a state of dependence, especially one that panders to their lower appetites. But in no case can someone with an impure heart exercise a liberating influence. The more advanced spirits shun that person, and the less evolved ones feel no respect in his or her presence.

Prayer is always a successful means of getting help. But remember that muttering certain words is not enough. God helps those who help themselves but not those who limit their action to asking for help. People in such a situation must do everything they can to rid themselves of the imperfections that are attracting these spirits. ■

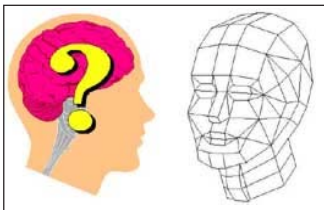
- The Spirits' Book by Allan Kardec q 476/479. AKES, 2003

SUGGESTED PRAYER TO BE SAID...

...For the one who is obsessed: Almighty God, may it please You to give me the power to liberate X... from the influence of the Spirit that is obsessing him. If it be in Your designs to put an end to this test, concede me the grace of speaking to this Spirit with the necessary authority. I ask all good Spirits who help me, and you, his Guardian Angel, to give me your assistance; help me to free this sufferer from the impure fluids which envelop him. In the name of Almighty God, I urge the malefic Spirit which torments this person to retire!

...For the obsessing Spirit: Lord of infinite goodness, I implore Your mercy for the Spirit who is obsessing X... Help him to see the Divine Light so that he may recognise the falsity of the path he follows. Good Spirits, help me make him understand that he has everything to lose by the practise of evil, and everything to gain by the practise of good. To the spirit who is tormenting X..., I beg you to listen to me since I speak to you in the name of God! If you would but reflect, you would understand that evil can never outdo goodness and that it is not possible to be stronger than God and the good Spirits. *(for more suggested prayer read chap 28 from the Gospel according to Spiritism by Allan Kardec.)*

THOUGHT IS LIFE !!!



Men are incarnate beings and have in part the attributes of the spiritual life; for they live in this life as well as in a corporeal one, always during sleep, and often in a conscious state. The spirit, incarnating itself, preserves its

perispirit with the qualities which are proper to it, and which, as is known, is not circumscribed by the body, but envelops and radiates around it like a fluidic atmosphere.

By its intimate union with the body the perispirit plays a preponderating role with the organism. By its expansion it places the incarnated being more directly in contact with free spirits. The thought of the incarnated mind acts upon the spiritual fluids as that of the discarnated spirit's thought acts. It is transmitted from spirit to spirit in the same way, and, according as it is good or bad, it holds a vicious or healthy relation to the surrounding fluids. Since the fluids of an ambient are modified by the projection of the spirit's thoughts, his perispiritual body - which is a constituent part of his being, and which receives directly and in a permanent way the impressions of his thoughts - should receive even more so

the impressions of his good or bad qualities. The fluids vitiated by the effluvia of the bad spirits can be purified by their removal. The perispirit however will always be that which it is, as long as the spirit does not modify itself.

The perispirit of incarnates, being of a nature identical to that of the spiritual fluids, assimilates itself with them readily, as a sponge absorbs water. These fluids have over the perispirit an action which is the more direct because of its expansion and radiation; it confounds itself with them.

These fluids acting upon the perispirit, the latter, in its turn, reacts upon the material organism with which it is in molecular contact. If the effluvia are of a good nature, the bodies receive a salutary impression; if bad, a painful one. If the bad are permanent and energetic, they can cause physical disorders; certain maladies have no other cause.

The midst where bad spirits abound are then impregnated with bad fluids, which are absorbed through all the perispiritual pores, as by the pores of the body pestilential miasmas are absorbed. ■

¹Obsession by J. Herculano Pires, Chap I - the meaning of live, SAB 2004.

²The Gospel According to Spiritism by Allan Kardec, Chap 28 - For those who are obsessed. AKP 1993.

The Spiritist Help

Passes and Prayer



The pass is a transfusion of energies that alters the entire cellular field. Science teaches us that the atom is not the indivisible component of matter, but rather prior to it are sub-atomic principles, and that prior to those principles is thought. In Nature, everything originates in the spirit. If we renew our thoughts, everything within us is modified. In magnetic healing, the sending and receiving of this spiritual assistance helps the patient to help herself. Her enlivened mind is able to renew the microscopic organisms in her body and healing begins. The pass has a decisive influence in healing when received with respect and confidence,

...And can it be given at a distance?

"Yes, as long as there is harmony between the one who administers it and the recipient. In this case, several spiritual companions collaborate to promote its realization. Silent prayer is the best vehicle for healing energy." - In the Domain of Mediumship by Andre Luiz (Spirit)

through F.C Xavier, SAB 2004. Fig. from *Magnetic and Spiritual Healing* by Jussara Korngold, SAB.

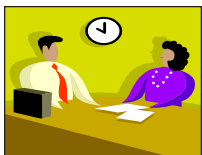
At-a-distance Spiritual Treatment

This is a type of pass that is carried out in the absence of the patient. There are many cases in which the patient is physically unable to go to the pass session, because of distance involved or because the patient is bed-ridden. Sometimes it may be the case of someone who is in dire need but does not believe in Spiritism or in any other belief. Therefore, Absentee Pass makes it possible to be of assistance to anyone in need, either physically or spiritually, whether they are believers or not, or whether they know what we are involved in or not.

This process is usually carried out in conjunction with the Mediumship Development Session. At a pre-arranged time especially reserved for this purpose, the names of those patients needing this type of assistance are called out individually and the group spends a few moments in concentrated prayer, directing their thoughts exclusively to each person, as their name is said. This creates a greater concentration of energies in their direction, the energies are multiplied according to the number of persons joined in prayer and not, as is usually supposed, by the length of time dedicated to each name.

Practical Guide for Magnetic and Spiritual Healing by Jussara Korngold, Absentee Pass. Chap 9. SAB 2003.

Fraternal Counseling



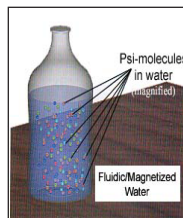
Spiritist Centers offer this modality of fraternal assistance in order to help the newcomers and anyone who is in need of counseling due to physical, psychological and/or spiritual disturbances.

The fraternal Counselors are specially trained on both the knowledge of Spiritism and in the techniques of counseling.

Fluidic/Magnetized Water

The human body is known to be composed of about seventy percent of water. In Spiritist Thought it is a common practice to offer a small quantity of water to the patient after receiving the pass as a complement to this process and as a means of revitalizing the physical body. This is not ordinary water, because it has been saturated with beneficial fluids (*psi-molecules*) originated in the spiritual world under the guidance of the Spiritual Benefactors responsible for the work of passes. This is why it is called magnetized water. This special water enables the patient to retain energies and increases the absorption potentialities of restoring fluids received during the pass. This will allow the patient to continue to receive spiritual benefits between the pass sessions. It is also very helpful for the digestive organs to receive a direct influx of spiritual fluids.

Ordinary water has the possibility of conserving spiritual fluids for indefinite periods of time without having their properties suffer any deterioration. Being of an inorganic nature this substance also plays an important part in the revitalization of the physical body and is in fact the primal vehicle of vitality and thought to act as a possible link between organic and inorganic principles. (*Practical Guide for Magnetic and Spiritual Healing* by Jussara Korngold, *Magnetic Properties of Matter*. Chap 13. 2003 SAB. Figure adapted from '*Manual do Passista*' by Jacob Melo 2003).



Secret Thoughts

I hold it true that thoughts are things
Endowed with bodies, breath, and wings,
And that we send them forth to fill
The world with good results – or ill.

That which we call secret thought
Speeds to the earth's remotest spot,
And leaves its blessings or its woes
Likes tracks behind it as it goes.

It is God's law. Remember it
In your still chamber as you sit
With thoughts you would not dare have known,
And yet make comrades when alone.

Theses thoughts have life; and they will fly
And have their impress by-and-by,
Like some marsh breeze, whose poisoned breath
Breathes into homes its fevered breath.

And after you have quite forgot
Or all outgrown some vanished thought,
Back to your mind to make its home,
A dove or raven, it will come.

Then let your secret thoughts be fair;
They have a vital part and share
In shaping worlds and molding fate –
God's system is so intricate.

Newspaper: The Progressive Thinker
Chicago, IL. May 27, 1939

UPCOMING EVENTS

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Aug 28 – Spiritual Treatment

Sep 18 – Photography of the Thought

Oct 16 – America and its role on Earth's spirituality

Nov 13 – Astral cities: Our spiritual homes

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Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time:
7:30 PM - 9:00 PM

Place:
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4801 Yellowood Avenue
Baltimore - MD 21209

JOIN OUR ACTIVITIES

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Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

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Our activities are free of charge !!!

DO NOT RUIN YOUR DAY

Your irritation will not solve any problems.
*

Your contrarities will not alter the nature of things.
*

Your disappointments will not do the work that only time will achieve.
*

Your bad humour will not modify life.
*

Your pain will not stop the sun from shining tomorrow over the good and the bad.
*

Your sadness will not illuminate pathways.
*

Your discouragement will not edify anyone.
*

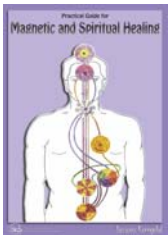
Your tears will not replace the sweat and effort which you ought to employ for the benefit of your own happiness.
*

Your complaints, even if affectionately construed, will never increase other's sympathy for you by one ounce.
*

Do not ruin your day. Learn from Divine Wisdom to forgive endlessly, so constructing and reconstructing for the Infinite Good.

Christian Agenda - by Andre Luiz
(Spirit) through F.C.Xavier

RECOMMENDED BOOKS



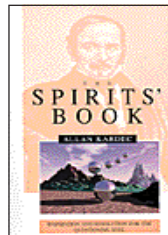
Magnetic and Spiritual Healing

by Jussara Korngold

This book is a practical manual for the use of passes (laying on of hands). It is the most straightforward guide for pass-givers in the spiritist literature as it compiles the best explanations in the Science of the Fluids.

"The act of laying on of hands is not just for a transfusion of psychic energies. It is the ideal tool to balance the mind, and an effective aid to all kinds of treatments. Discouragement and sadness, as much as dissatisfaction and revolt, are syndromes of the soul; they establish imbalances and promote diseases in the body. Where there is health, these states of mind bring about organic disasters; when there is disease, they are equivalent to predispositions for premature death; but this is not all. In every mental unbalance, negative forces enter more easily into action, starting obsessive processes of unpredictable duration. If we use antibiotics as a substance to frustrate the development of microorganisms in the physical body, why not adopt passes as an agent capable of impeding depressive hallucinations of the soul?"

- SAB, 2003

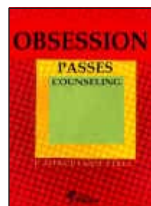


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- AKES, 2003

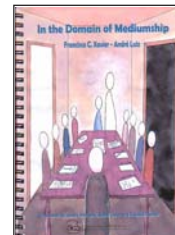


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- SAB, 2004



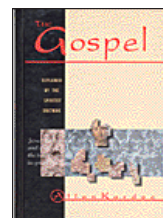
In the Domain of Mediumship

by

F.C. Xavier /Andre Luiz

In this book Andre Luiz offers us a valuable and remarkable account of his experiences when studying the subject of mediumship. -"In the Domain of Mediumship" is pivotal for all those who seriously and responsibly desire to approach mediumship. At the same time its reading is extremely enlightening it is also written in Andre Luiz's particularly captivating way, which envelops the reader's attention through the last page.

- SAB, 2004



The Gospel - Explained by the Spiritist Doctrine

by Allan Kardec

"The Gospel rediscovers the richness of the New Testament. Allan Kardec's selection of the timeless moral teachings of Jesus is the rock on which we are called to establish our spiritual houses and to build a new human community. It reintroduces us to a work that has shaped our thought for thousands of years."

- AKES, 2001

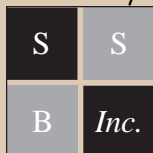


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Edited by



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SSB

Spiritist Society of Baltimore, Inc.
1101 N Calvert St. #514,
Baltimore, MD 21202
Tel: 410-382-5328
Fax: 410-837-4590
ssb@ssbaltimore.org
<http://www.ssbaltimore.org>

Spiritism and Miracles

Spiritism comes, then, in its turn to do that which each science has done at its advent, to reveal new laws, and explain, consequently, the phenomena which are the result of these laws.

These phenomena, it is true, are connected with the existence of spirits, and with their intervention in the material world which has been called supernatural. But to make it really so it would be necessary to prove that spirits and their manifestations are contrary to the laws of nature, that not one of these laws produces their manifestation.

The spirit is none other than the human life or soul which survives the body. It is the real indestructible being which cannot die, while the body is only a destructible accessory. Its existence is, therefore, as natural after as during the incarnation. It is submitted to the laws governing the spiritual principle, as the body submits to those which rule the material universe; but as these two principles have a necessary affinity, as they incessantly react upon one another, as from their simultaneous action result the harmony and movement of the whole, it follows that the spiritual and material elements are parts of the same whole, one as natural as the other, and that the first is not an exception, an anomaly in the order of things.

During the incarnation the spirit acts upon matter through the intermediation of its fluidic body, or perispirit; it is the same when discarnated. It accomplishes as spirit, and by the measure of its capacities, that which it did when on Earth; only, as it has no longer for an instrument its mortal body, it serves itself, when necessary, with the material organs of an incarnate being who is what we call a *medium*. It does as he does, who, unable to write himself, employs a secretary, or who, not understanding a language, is served by an interpreter. A secretary and an interpreter are *mediums* for an incarnated being, as a medium is the secretary or the interpreter of a spirit.

The question of miracles, then, is not, properly speaking, in the province of Spiritism; but, sustaining itself by the reasoning that God makes nothing uselessly, this idea can be educed: *that, miracles not being necessary to the glorification of God, nothing in the universe is diverted from the general laws. God does not perform miracles; since his laws are perfect, he has no need to derogate them.* If there are some facts which we do not understand, it is because we have not the necessary knowledge to comprehend them. ■

Genesis by Allan Kardec, chap XIII - The Miracles According to Spiritism - SAB 2003.

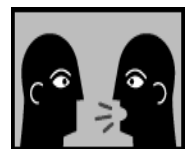
Our Conversations



- You know?!....

"Thinking or talking constantly about ill things - such as unfair accusation of others, the destructive critic, cruelty or sarcasm - we immediately connect with incarnate or discarnate influences who feed those ill agents. And, as we go back to the same issues, we create a conditioning reflex that will develop an automatism for disturbances in general."

(Mechanisms of Mediumship by Andre Luiz/Francisco Xavier - FEB 1959).



All Men Are Mediums

All men are mediums. All have a spirit-guide who, if they listen to him, directs them in the right way. It matters little that some men communicate directly with their spirit-guide by means of their own medianimity, while others only receive the counsels of their guide through his occult action on their heart or on their mind; in either case, it is their familiar spirit who gives them counsel. Call it as you will - your familiar spirit, inspiration, reason, intelligence - it is always a voice that answers the inner voice of your soul, and addresses to you wise counsel, though you do not always profit thereby. All men are not yet able to follow the suggestions of reason; I refer, not to the reason that grovels and crawls in its devotion to worldly things, and that loses itself in the care of gross material interests, but to the reason which raises a man above himself; the reason which transports him to unknown regions, the sacred flame which inspires the artist and the poet, the divine thought which elevates the mind of the philosopher, the vital impulsion which carries forward not only individuals but peoples, the reason which the vulgar cannot comprehend, but which lifts man ever nearer and nearer to God, the reason which leads him on from the known to the unknown, and enables him to achieve the sublimest results. Listen to the monitions which come to you incessantly, and your perceptions will gradually be opened to the voice of your guardian-angel, who holds out to you a helping hand from the celestial heights. The inner voice which speaks to the heart of every man is the voice of the good spirits around him; and, from this point of view, it may be truly said that *all men are mediums*

- CHANNING

Mediums' Book by Allan Kardec, Chap. 31
part II - Dissertations by spirits - FEB.

Guardian Angels and Mentors



They are spirit guides of **high degree** who associate themselves with a particular individual.

Their mission is to protect us in giving good advice, consoling and keeping up our courage as we undergo the trials of earthly life.

The Spirits' Book by Allan Kardec, chap. 13 - AKES 2003.



Mediumship Meetings

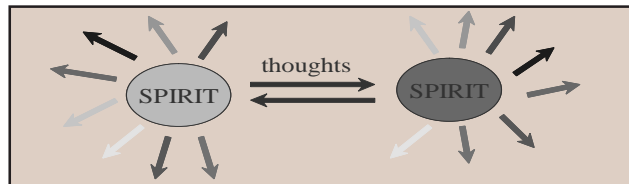
Advice by François Fénelon

My friends, you desire to form a Spiritist Society, and I approve of your doing so, for mediums should not remain isolated. This sublime faculty has been given to them, not for themselves alone, but for the general good. **By their interaction with others, they are enabled to form a truer judgement in regard to the value of the communications they themselves receive; whereas, if they remain alone, they are more easily brought under the power of deceptive spirits, who are delighted at having no one to judge their statements.** This is my advice to you in reference to mediums, who, unless they are swayed by pride, will understand and profit by it. And, now, in reference to other points.

Do you really understand what a spiritist meeting should be? No; for, in your zeal, you think the best thing to be done is to bring together as many persons as possible, in order to convince them. Undeceive yourselves; the fewer you are, the more valuable will be the results you will obtain. It is by your moral ascendancy that you will bring the incredulous to your side, much more surely than by the exhibition of physical phenomena which people come to see from curiosity, and not only do not always believe, but often laugh at. On the other hand, if they find among you only persons worthy of esteem, though they may perhaps not at once accept your belief, they will, at any rate, respect you; and *respect* always predisposes to *confidence*. You know that *the mission of spiritism is to bring about a moral reform of the human race*; let all spiritist societies, then, set an example of Christian virtue; and, in these days of selfishness, let such gatherings always offer the spectacle of friends united by a true and noble kindness." (Mediums' Book by Allan Kardec, Chap. 31 part II - Dissertations by spirits - FEB.)

LAW OF THE MENTAL FIELD

The law of the Mental Field commands the energetic home of the Spirit. Through it, each spirit will assimilate only the influences that it attracts to. Each mind is a world *per se* and breaths in the created waves that it emits or in the psychosphere in which it gravitates towards this or another sentimental objective, according to its own will. Without it, the law of responsibility would not subsist. (Mechanisms of Mediumship by Andre Luiz/Francisco Xavier, chap 17. FEB 1959)



In the above figure, we represented how an incarnate or discarnate spirit gets attuned with other spirits. It all depends on the spirit's mind, consequently on the type of thoughts that one transmits. Each arrow represents a line of thought that are pointed out as vectors characterized by its own qualities, frequency and direction. The attunement of spirits with one another depend on the Law of the Mental Field. (by SSB)

Civilization



Civilization is a gradual process. As people evolve, they are faced with new challenges. But, notwithstanding their complexity, some of these problems are in and of themselves indicative of progress. As people embrace higher moral values, the social anomalies that may exist are gradually eliminated. To be considered truly and completely civilized, a nation must have reached a point at which its members have reduced to a minimum their expressions of selfishness, greed, and pride. In such an environment, intellectual and moral rather than material interests will predominate. There will be equal opportunity for personal growth and a greater degree of mutual good will, good faith, and generosity. The social foundations will be less rooted in class and race prejudices, which are incompatible with the principle of "love your neighbor." The laws will be the same for everyone, without exception, and true justice will be exercised. The weak will be given legal protection; the opinions and beliefs of every person will be respected; and the number of the poor and unfortunate will be at a minimum. Finally, all people of good will be secure in the realization that their minimum needs will be met. ■

-The Spirits' Book by Allan Kardec, part III, Chap 23 - AKES 2003

NATIONS

-Nations are collective individualities: just like individuals, they go through their periods of infancy, maturity, and gradual decline. Doesn't this truth, which is historically verifiable, lead us to suppose that the most advanced nations of this century will, like the ancient ones, have their decline and fall?

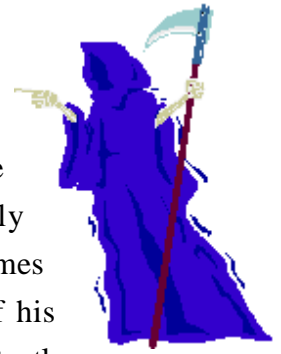
"Nations that are inspired solely by materialistic values, whose greatness is founded on military might and territorial conquest, grow and die because, very like the individual, they exhaust their strength." Nations in which social laws do not favor the education of the mind and heart disintegrate because only knowledge dissipates darkness, and only love eliminates selfishness. Nations, like individuals, have to acknowledge the life of the soul; and ones in which the laws are in harmony with the everlasting laws of God will live, becoming beacons for others." (The Spirits' Book by Kardec, q788).

"We can live without religion and meditation, but we cannot survive without human affection."

- DALAI LAMA

The Fear of Death

When a person is materially minded, more attracted by the physical than the spiritual life, he identifies himself primarily with the pains and pleasures of earthly existence. His only happiness comes from the elusive satisfaction of his physical desires. This person, constantly preoccupied with the demands of material life, becomes tortured by perpetual anxiety. In this context, the thought of death is terrifying because he doubts the future and because he realizes that in dying he must leave all his affections and aspirations behind.



By contrast, when a person becomes spiritually minded, she raises herself above the illusory wants created by material desires; and she experiences, even on this earthly plane, enjoyments the materially minded person cannot conceive of. The moderation of desires gives her calmness and serenity of spirit. Involved in the good she has done, she finds no great disappointments in life, and its annoyances pass lightly over her without leaving lasting impressions. ■

-The Spirits' Book by Allan Kardec, part IV, Chap 28 - AKES 2003

Human Body



If we analyze the human body and its natural functions we cannot fail to recognize that despite all the charms it can offer to our senses, it is, on the whole, when we consider only its substance, a rather vulgar object. Its true nobility lies in its spirit, its feeling, its intelligence, in its veneration for art and science; and the value of a man does not lie in his body, so short-lived, so changeable, so frail, but in his soul, which reveals itself, even in this life, as blessed with the faculty of enduring eternally.

- Death and Its Mystery by Camille Flammarion. vol I chap. 2 - SAB 2002.

- How can Spiritism contribute to human evolution?

"It can help disprove the ideas of philosophical materialism and thus make human beings understand where their real interest lies. It can eliminate doubts about life after death, so that people can feel secure about their future. And it can be vital in eradicating the prejudices of religions, social classes, and races. Spiritism will, ultimately, teach humanity the great lesson of brotherhood under which all men and women will eventually live in solidarity." (The Spirits' Book by Kardec, q799).

UPCOMING EVENTS

Special talk Spiritism: My Saving Grace

by Barbara Paulin

Saturday July 17, 2004 - 7:30 PM to 9:00 PM

Barbara Paulin is the author of *Path of Promise, Path of Peace: How to Hear Your Higher Self Speak*. She is an active member of the Allan Kardec Educational Society. Also, she is an A.R.E member from Florida. She has taught meditation and psychic-intuitive development for more than thirty years.

In this talk, Barbara Paulin will talk about her personal experience with Spiritism and how it changed her life.

Free Admission !!!

At Ruscombe Mansion Community Center
4801 Yellowwood Avenue - Baltimore, MD 21209

Special talk Unfolding Our Spiritual Nature: Path of Harmony

by Raul Teixeira, Ph.D.

Sunday August 08, 2004 - 3:00 PM to 6:00 PM

In this seminar, Prof. Teixeira will unfold the true nature of human beings; the progression of spirits; the mechanisms of spiritual communication; its profound and serious purpose as means of humankind progress and harmony.

Prof. Raul Teixeira is one of the greatest names behind the Spiritist Thought in the world today. Raul has 21 Spiritist books published, and continues to produce many mediumistic works through automatic writing.

Advanced registration fee: \$10.00* (to defray costs)

At the door fee: \$ 15.00

Refreshments will be served

Professional simultaneous translation w/ wireless headphones will be provided

Place:

University of Maryland School of Medicine
685 W Baltimore St - MSTF Auditorium
Baltimore, MD 21201

*Send a check to payable to:
Spiritist Society of Baltimore
1101 N Calvert St # 514
Baltimore, MD 21202

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Jun 26 – Our mediumship, Our Sixth Sense

Jul 17 – Special Talk by *Barbara Paulin*

Aug 08 - Special Talk by *Raul Teixeira*

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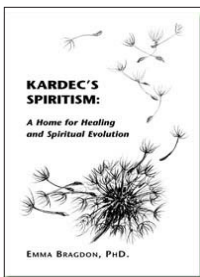
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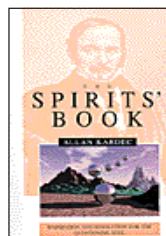


KARDEC'S SPIRITISM: *A Home for Healing and Spiritual Evolution*

by Emma Bragdon,
Ph.D

Community centers that function as grassroots welfare systems, alternative health centers, and schools for training mediums (psychics) and fostering spiritual evolution, all rolled into one have been developed in Brazil. Called Kardecist Spiritist Centers, they are ecumenical, and foster brotherhood and peace. Bragdon suggests we import components of these highly effective places of healing — proven successful for 100 years — to improve our ailing healthcare system. Current lls us that a strong spiritual life is therapeutic, and Energy Medicine may be the wave of the future. This book will guide you in exploring that direction.

Published by *Lightening Up Press*, 2004

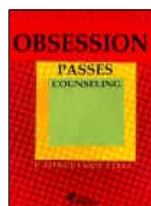


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- AKES, 2003



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- SAB, 2004



Death And Its Mystery

by Camille Flammarion

Is death an end or a transformation? Do there exists proofs, evidences of survival of the human being after the destruction of the living organism? Until today the subject has remained outside the field of scientific observation. Is it possible to approach it by the principles of experimentation to which humanity owes all the progress that has been realized by science? Is the attempt logical? Are we not face to face with the mysteries of an invisible world that is different from that which lies before our senses and which cannot be penetrated by our methods of positive investigation? This book is a collection of three volumes related to what happened before death (vol I); at the moment of death (vol II) and after death (vol III).

Published by: *The Century Co. New York, 1921*
- SAB, 2002

SpiritistNews

Volume 2, Issue 3, May/June 2004



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1101 N Calvert St. # 514,
Baltimore, MD 21202
Tel: 410-382-5328
Fax: 410-837-4590
ssb@ssbaltimore.org
<http://www.ssbaltimore.org>

In this issue

The SSB presents to you some background on what will be discussed in our next two workshops on Past Lives, Past Memories (April 24) and Sleep and Dreams (May 15). All the texts represent the Spiritist view on the topics above mentioned.

Enjoy it !!!!



PAST LIVES AND US

We do, of course, have hints of our past. On being reborn, we bring with us the progress we have attained before. In this sense, we are born exactly the way we have made ourselves. Yet in another way each life begins for us from a new starting point. Regardless of what we were in the past, we live today with the consequences of previous actions. In our frailties and bad dispositions, we have a glimpse of what we need to be working on. We should work hard at ridding ourselves of these problems until no trace of them is left. Here is where conscience serves us. The good resolutions we make are the voice of conscience, which both calls attention to what is right and wrong and gives us the strength to resist temptation.

Moreover, our forgetfulness of the past only occurs during the incarnate life. On returning to the spirit world, we regain our memory of the past. Our forgetfulness is temporary, a slight interruption that on Earth is analogous to a night of deep sleep from which we wake with an integral recollection of what we did the day before.

And it is not only after so-called physical death that the spirit can recover its memory of the past.

Past memory is never lost, even during the incarnate life.

This is demonstrated by the fact that during sleep - a period when we enjoy a certain amount of freedom - the spirit is aware of its past acts. It knows then why it suffers and sees that its suffering is just. Our forgetfulness of the past, then, only occurs when the spirit is re-immersed in the flesh for everyday life. But even though the spirit has no precise memory of its past lives - a remembrance that could prove painful and disrupting to personal relations - the spirit can draw strength from the fuller awareness it enjoys while the body sleeps¹. ■

Why cannot the incarnate spirit remember its past?

- "As human beings you cannot, and may not, know everything. God, being wise, has determined so. Without the veil that hides certain things from you, you would be dazzled, as if you had suddenly passed from darkness to light. Through the forgetfulness of the past you are more fully your essential selfs." (*The Spirits' Book*, q392).

¹ *The Gospel Explained by Spiritism by Allan Kardec, -Chapter V
Translated and Edited by AKES, 2003.*

Many Lives



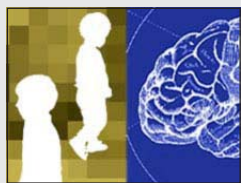
The fear some people have about ever-expanding circles of relationships as the result of having lived many lives is basically selfish. It shows that their ability to love is too limited for them to embrace a large number of people. Look at it this way: Would parents who have many children love them any less than they would love only one child? But selfish people can rest easy on this score: Their fear is groundless. The fact that a person may have had ten incarnations does not mean that in the spirit world that person will find ten fathers, ten mothers, ten wives, and a corresponding number of children and relatives. In all likelihood, we will meet there the loved ones we knew on Earth. In some instances they may assume the same roles they played here; in others they will not. (*The Gospel Explained by Spiritism by Allan Kardec, AKES -2003*)

SUCCESSIVE LIVES

Life in the flesh is the sleep of the soul. It is the dream, sad or joyous, and while it lasts we forget the preceding dreams; that is to say, past incarnations. Nevertheless, it is always the same individuality which persists under its two forms of existence. In its evolution it traverses alternatively periods of contraction and dilation, shadow and light. The personality is restrained or expanded in its two successive states, as it loses and finds itself in the alternating periods. The soul, arrived at its moral and intellectual apogee, finishes forever with dreams. In each one of us there is a mysterious book wherein all things are inscribed in ineffaceable letters; sealed to our eyes during terrestrial life, it opens in space. The advanced spirit reads these pages, and finds there instructions and impressions which the material man cannot comprehend. This book is what we call the etheric or astral form. The more it is purified and refined, the more precise are our memories. Our lives, one by one, emerge from the shadows and defile before us to accuse or glorify us. Then the spirit contemplates the formidable reality - it measures its degrees of elevation. How sweet to the soul in that hour are good actions accomplished! How bitter the works of selfishness and iniquity.

INTEGRAL MEMORY

We must remember that, during incarnation, the astral body is covered by the material like a thick mantle. It compresses and smothers its radiations. That is the cause of its forgetfulness. Delivered from this restriction, the spirit rises and finds the fullness of its memory. The inferior spirit remembers little but its last incarnation, that is all that is essential for him, as it gives the sum of his progress, and by it he can measure his situation. Those souls who were not impregnated in this life with the idea of pre-existence remain long ignorant of their former lives. They have not interrogated the depths of their being: they have not opened the book wherein all is engraved. They retain the prejudices of earth, and these prejudices, in place of inciting them to search, turn them from it. The superior spirits, by a sentiment of charity, knowing the weakness of those souls, and knowing that the knowledge of their past is not yet necessary to them, spare them the painful picture. But a day comes when through suggestions from on high, their wills awake, and they turn the leaves and read the hidden pages of memory. There their past lives appear like a distant mirage. For the purified soul, memory is constant, and the awakened spirit has the power to revive at will his past, to see the present, with its consequences, and to penetrate into the mysterious future, whose depths are illuminated for a moment, and then are plunged again into the sombreness of the unknown. (Life and Destiny by Leon Denis, SAB 2002)



Does a spirit think as a child or as an adult during infancy of the body?

- "Because the brain is underdeveloped during infancy, the spirit cannot show the reasoning capacity of an adult. Its

intellectual range remains narrow until the infant grows older and its reason evolves. Furthermore, the perturbation the spirit experiences during the process of incarnating does not immediately stop at birth; it ends only gradually, as the body's organs mature."

- The Spirits' Book q 380



Reincarnation

by Dr. Ian Stevenson

The evidence for reincarnation that we have suggests that living human beings (and perhaps nonhuman animals also) have minds, or souls if you like, that animate them when they are living and that survive after they die. Most

biologists will stigmatize this suggestion as 'vitalism' and declare it to have been discredited decades ago. However, new evidence - and even examination of older, neglected evidence - may restore the credit of vitalism. I do not think scientists in other disciplines need lose anything except some of their assumptions - such as that a person is nothing but a physical body - if they examine open-mindedly the evidence we have of life after death. Reincarnation, at least as I conceive it, does not nullify what we know about evolution and genetics. It suggests, however, that there may be two streams of evolution - the biological one and a personal one - and that during terrestrial lives these streams may interact. How they might do this we can barely envisage at present, although in a later chapter I put forward some tentative speculations about processes that may occur.

The idea of reincarnation offers a contribution to the understanding of the uniqueness of individual persons. ■

(Book: Children Who Remember Previous Lives by Ian Stevenson, M.D. - 2001)

Feelings of Empathy



The sense of unity and affection that exists between relatives indicates prior feelings of empathy. This is why, when we see a family member whose character, tastes, and inclinations differ markedly from other members of the same family, we often say that the person doesn't belong to that family.

The remark expresses a deeper truth than we realize. In certain families, God lets spirits who are uncongenial, or strangers to each other, reincarnate together with the dual purpose of serving as a test for some members of the family, and as a means of progress for others. In this way, less enlightened spirits have a chance to improve themselves by living among higher-minded ones, and benefiting from the affectionate care they receive. Their characters grow milder, their dispositions become more refined, and their hostility disappears. In the end, this is how solidarity among the different orders of spirits comes about. In the same manner solidarity develops among the peoples and nations of Earth. ■

(The Gospel Explained by Spiritism by Allan Kardec, AKES)

S L E E P

The purpose of sleep is to rest the body. The spirit, however, doesn't need rest, so while the physical senses are in a passive state, it partly frees itself from the body and in this state enjoys all its faculties. Sleep allows us to renew ourselves both at the organic and the psychic level. While the body recovers the energy it expended during its waking hours, the spirit renews itself through contact with other spirits. From what it is given to see, listen, and learn in this state, the soul derives resolutions that afterwards will occur during the day as intuitions. Sleep, then, represents the temporary return of the exile to the true world; it is analogous to a moment of freedom granted to a prisoner.

But sometimes—just as in the case of an unrepenting prisoner—the spirit does not always use its moments of freedom for its own progress. If it is inclined to wrong-doing, it will spend its time in the company of like-minded spirits instead of in the company of good spirits and will go to places where it can give free rein to its desires.

Prayer

God, for a few short instants my soul will be together with other spirits. I beg the good spirits to come and advise me. Guardian Angel, please help me keep a lasting and beneficial impression of this encounter when I wake!

GOSPEL EXPLAINED BY THE SPIRITISM by Allan Kardec – AKES 2003

D R E A M S

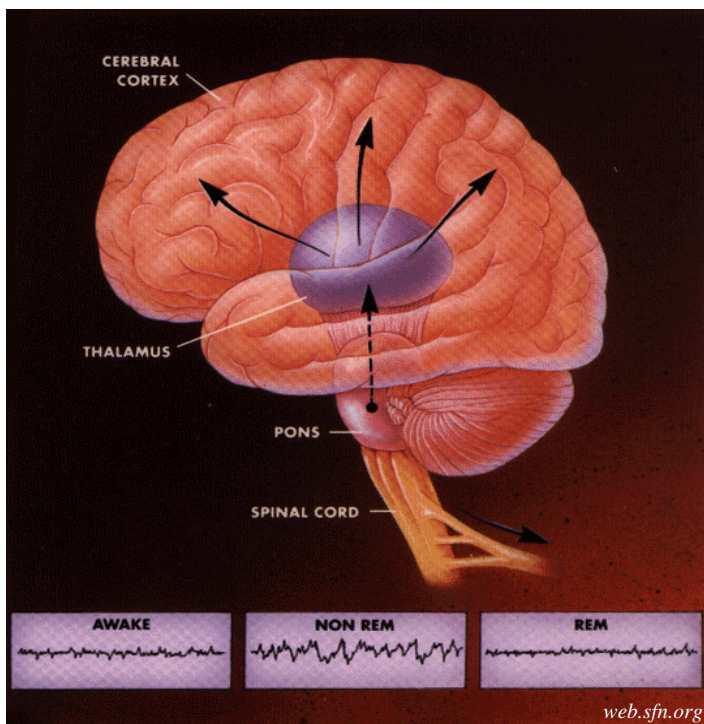


Dreams are a product of the freeing of the soul, which becomes more energetic as the activities of daily life are suspended. In the dream state, the soul enjoys an all-penetrating clairvoyance which extends to far away and unknown places, and even other realms of life. This state of freedom may also produce the recollection of events from present and prior lives.

However, many times we are struck by a fantastical jumble of incoherent images. These images result from the mixing up in the memory of extravagant scenes observed in other domains and the lively impressions of incidents of our earthly lives.

The incoherence of dreams can be explained still further by limitations in our ability to remember them clearly. The situation is somewhat similar to that of a story from which sentences and parts of sentences have been accidentally deleted. Place the deleted parts of those sentences back into the story at random and you will find that all intelligible meaning has been lost.

-The Spirits' Book by Allan Kardec, Cap XII. AKES 2003



web.sfn.org

When people sleep, they experience periods of Rapid Eye Movement. During this stage, which is associated with dreaming, the brain becomes very active. REM sleep and dreaming are triggered by the pons and neighboring structures in the brainstem. The pons sends signals to the thalamus and the cerebral cortex — which is responsible for most cognitive activities. The pons also sends signals to shut off the neurons in the spinal cord. (Illustration by Lydia Kibiuk)

Why don't we always recall our dreams? - "In what you call sleep, it recovers parts of its freedom and contacts those closest to it, on this or other realms. But the body's matter is heavy and it is difficult for the spirit, on waking, to retain the impressions it received during sleep, since these did not come through its physical organs." (SB by Allan Kardec, q. 403)

What happens while we are sleeping?

Physically...

- The brain is active.
- There are different sleep stages
- REM (Rapid Eye Movement)



Dreams phase!

Important for:

1. Stability of brain synapses;
2. Memory consolidation;
3. "Almost all synaptic activations in embryonic circuitry in some animals occur during sleep states";
4. "A marked increase in the excitability of the brain's internal communication systems occurs during REM sleep."

Spiritually...

Importance:

-The spirit is never inactive!

-We have continuous thought.

-Our abilities are expanded while the body is resting.

-The body does not need his presence, then the spirit travels through space.

- To keep in touch with the spiritual plane.

- It is a way to offset our close contact with earthly energies.

- To replenish ourselves in the sources of higher good.

- It is a time of leisure before returning to our tasks.

- Reinforce our goals for this reincarnation.

UPCOMING EVENTS

2004 WORKSHOP SERIES

Apr 24 – Past lives, Past memories
May 15 – Sleep and Dreams
Jun 05 – We are never alone
Jun 26 – Our mediumship, Our Sixth Sense
Jul 17 – Spiritual Treatment
Aug 07 – Astral cities: Our spiritual homes
Aug 28 – Peace at work
Sep 18 – Photography of the Thought
Oct 16 – America and its role on Earth's spirituality
Nov 13 – SOS Family
Dec 04 – The Spiritist View of Jesus, the Christ

Activities for CHILDREN are provided, while parents are at the workshop !!!!

7:30 - 9:00 PM

Ruscombe Mansion Community Health Center
4801 Yellowwood Avenue - Community Hall
Baltimore - MD

JOIN OUR ACTIVITIES !!!

SPIRITIST THOUGHT STUDY GROUP

These meetings take place every **Thursday** from 8:00PM to 9:30PM for the study of the Spiritist Doctrine. They are open to the general public. For more information, please contact us.

Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org
<http://www.ssbaltimore.org>

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM. Please, contact us for more information.

Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to the Spiritist Doctrine.

Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

Message

GOD LOVES YOU

God loves you,
and you know it.

His tenderness
caresses your face,
and His hands sustain
you.

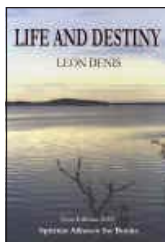
His breath vitalizes you.
His silent voice
reaches your ears
with blessings,
with hope,
and guidance.

God seeks for you
and finds you.
Now that you feel Him
let yourself be
permeated
and be guided
to the happy destiny
awaiting you.

God lives,
and manifests Himself,
and extends His love
through you.
You know this...
And wherever you are,
God is with you

Child of God - Divaldo
Franco - by Joanna de
Angelis (Spirit)

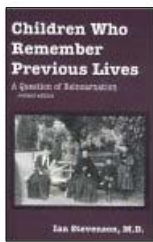
RECOMMENDED BOOKS



LIFE and DESTINY by Leon Denis

This book is the crowning work of Mr. Denis's three score years and ten of life - the ripe fruit of more than half a century of continual study and research. It can be said of Mr. Denis (which cannot be said of all authors), that his personal life accords with his beautiful philosophy. From a troubled and painful youth, he has slowly climbed an ascending path of difficulties, overcome obstacles and surmounted sorrows, attained profound knowledge and a wide education, and put into daily practice the lofty principles he sets forth in this volume. It is rarely that a mind of such an analytically scientific bent, as that of Leon Denis, is at the same time so poetical. This, together with the writer's profoundly reverential nature, makes his work of threefold value. He appeals to those who pursue psychological research in a purely scientific manner; he appeals to those who value noble and moving literature; and he appeals to every soul that loves and believes in a God great enough to be the Supreme Creator of this magnificent universe.

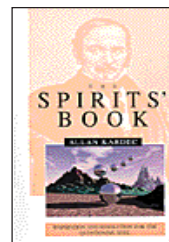
Edited by SAB-2002



Children Who Remember Previous Lives by Ian Stevenson, M.D.

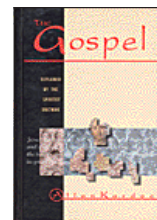
Can human personality survive death, to return in another body? Here, in a newly revised edition, is a classic work on an intriguing phenomenon: children who claim to remember previous lives. Following an overview of reincarnation beliefs and evidence, author Ian Stevenson discusses representative children and the stories they tell. He examines the research methods, analyzes the cases (including how they are influenced by culture), and considers the implications of reincarnation for some unsolved problem in psychology and medicine. Covering 40 years of experience, including new replication studies and investigations, this is a work that opens the reader's eyes and mind to ever more fascinating possibilities.

Published by McFarland and Co.-2001



The Spirits' Book by Allan Kardec

"The Spirit's Book contains the basic tenets of Spiritism. But whether one is a Spiritist or not, this book is a must-read for every spiritually-inclined person. The "dialogues" between Kardec and the spirit instructors reveal a wisdom that challenges many of our preconceived notions about our spiritual reality, as well as about the causes and purposes of many things and events that are seemingly inexplicable.



The Gospel - Explained by the Spiritist Doctrine by Allan Kardec

"The Gospel rediscovers the richness of the New Testament. Allan Kardec's selection of the timeless moral teachings of Jesus is the rock on which we are called to establish our spiritual houses and to build a new human community. It reintroduces us to a work that has shaped our thought for thousands of years."

Edited by AKES-2003

SpiritistNews

Volume 2, Issue 2, March/April 2004



Join this Campaign!!!

Seminar: Understanding Spiritual and Mental Health March 12, 2004 by Divaldo Franco

Sponsored by
The Spiritist Society of Baltimore

The seminar will cover a psychiatric analysis on the endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies.

Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated in 15 languages.



Inside this issue...

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LOVE, THE BEST THERAPY

When treating mentally deranged patients, love should be listed among the most precious therapies. Treated with love, the mentally sick achieve remarkable recoveries. At the same time, while love helps a sick person towards recovery, hatred hinders him, and acts in just the opposite way. Jealousy, deceit, pride, lust, avarice - all children of selfishness - will tie the rebellious spirit to the wheels of an inevitable redeeming suffering. There is no exception on Earth. No excuse will prevail upon the law of cause and effect. In every sufferer we will always find an indebted spirit striving for his own redemption. His toils should drive us to meditation on God's Laws and direct us towards Service to our fellow men.

In the multitude of people who suffer from what modern psychiatry classifies as insanity, there are many obsessed persons atoning for errors committed in past incarnations, and criminals that cheated human justice and avoided just reparation. They are the murderers, thieves, and crooks of all kinds who come back linked to those they murdered, defrauded, or abandoned but could not discard forever because of the infallible natural law of cause and effect. They died, but were not destroyed. They changed their physical garments, but are still the same spiritual individuals.

Divine Laws find them where they are, and curb them. And the links of responsibility they forged in the consciously forgotten past again join victim to criminal, creditor to debtor, in the same redeeming process.

Tied down by their karmic chains, they toss and turn, struggling in a continuous energy consuming

effort which drives them insane, until the lights of love and forgiveness succeed in breaking the chains apart, setting them free so that they may begin to help one another.

Unless love conquers hate and forgiveness surpasses affront, they will keep on fighting and chasing one another, hurting themselves endlessly in a maze of horrors where they brutalize themselves, stepping into the lowest possible savagery.

The number of obsessed people on the Earth plane is much larger than anyone might think. They are found alone, in groups, or in whole communities... These are critical times both for individuals and mankind as a whole. Spiritism has a giant task - to restore Jesus' teachings in every heart,

to clarify the philosophical thought of mankind, and to help science, encouraging it to look for the causes of diseases in the depths of the spiritual being rather than in the effects of its actions.

Suffering is not divine in its essence; therefore it is of a transitory nature having a specific work to perform, and can be easily overcome provided that man decides to persist in the effort to attain the legitimate finality of his life.

While dealing with the obsessed in particular, and obsession in general, let us arm ourselves with love so that we may succeed in breaking the chains that keep them bound to pain, and set them free to pursue the happiness they yearn for. ■

"Suffering is not divine in its essence; therefore it is of a transitory nature having a specific work to perform, and can be easily overcome provided that man decides to persist in the effort to attain the legitimate finality of his life. "

Edited by



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SSB

Spiritist Society of Baltimore, Inc.

1101 N Calvert St. # 514,

Baltimore, MD 21202

Tel: 410-382-5328

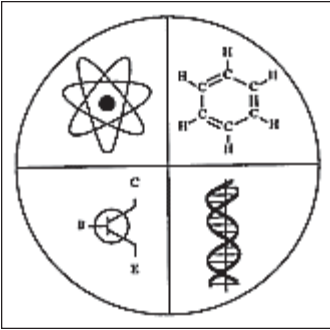
Fax: 410-837-4590

ssb@ssbaltimore.org

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From the book: OBSESSION by Divaldo Franco, dictated by the spirit Manoel Philomeno de Miranda, 1980.

MISSION OF THE INTELLIGENT PERSON ON EARTH



Never be too proud of what you know because the limits of your knowledge on Earth are very narrow. Even if you are a prominent intellectual on Earth, you have no right or reason to be boastful about it. If God causes you to be born into an environment in which you can develop your intelligence, it was because God wanted you to use it for the benefit of everyone. The fact that you have this instrument, through which you can help the progress of others and hence bring them close to the Creator, indicates that you have been given a mission. Doesn't the nature of an instrument indicate its purpose? Doesn't the hoe the gardener gives his assistant show what use it should be put to? What would you say if instead of working with the hoe, the assistant raised it against the gardener with the aim of hurting him? You would say it was outrageous, that the assistant should be fired. The same situation applies to the person who uses his or her intelligence to destroy the idea of God and Providence. This is like raising the hoe, which was made for weeding, against the gardener. Does the assistant then have the right to receive the promised

salary? On the contrary, he or she deserves to be driven out of the garden. And don't doubt that this will happen. The individual who works contrary to God's purpose will endure many unhappy lives full of frustrations until, learning meekness of heart at last, he or she accepts the One to whom everything in life is owing.

Where it is used for its proper end, intelligence is rich in its effects. Indeed, if every man and woman of intelligence used it as God wished, the spirits would find performing their task of helping humanity advance much easier. Unhappily for many people, their sharp intelligence leads to an inflated sense of themselves, and to wasting a life opportunity. Humanity abuses intelligence as it does all its other faculties. Nevertheless, there is no lack of teachings that warn of a powerful Hand that may withdraw what it has given. *Ferdinand, a Guardian Spirit (Bordeaux, 1862).*

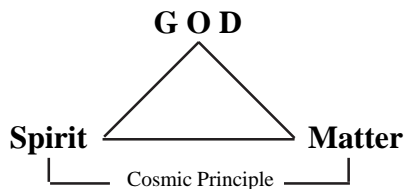
THE GOSPEL EXPLAINED BY SPIRITISM by Allan Kardec – *Blessed Are The Poor Spirit - iten 13* – Chapter 7, 1864. (AKES)

SPIRIT

Spirits can be defined as the intelligent beings of creation. They populate the entire universe and can be found well beyond the boundaries of the material world¹.

The soul is the *principle* of life, the cause of all sensation: it is the invisible, the indissoluble force which governs our organism and harmonizes the different parts of our being. 'The faculties of the soul have nothing in common with matter. Intellect, reason, judgment, will, are *quite* another thing from the flesh that clothes our muscles. So is it with conscience, that instrument vouchsafed us to weigh our actions and discriminate between right and wrong; that quiet tongue which is ever whispering to all men, to the great and to the lowly alike; that voice whose murmuring accents may discredit the brightest glory, is free from all material suggestion².

The elements of the Universe



There are, then, two general elements of the universe - matter and spirit and above them is God, the creator of all things. These three - God, spirit, matter - are the essence of all that exists, the universal trinity. We should also add here the Cosmic Principle which is intermediary between spirit and matter... (The Spirits' Book, q - 27).

¹The Spirits' Book by Allan Kardec - Chapter II and V - 1857.

Edited by AKES, 2003.

²Here and Hereafter by Leon Denis - The Immortal Spirit - Second Part Chapter 10. Edited by SAB, 2003.

PASSE S: a good therapy

Passes, as practiced in Spiritist Centers, can be described as a transmission of fluids coming directly from the spiritual world. These fluids are manipulated by the Spiritual Benefactors and channeled through incarnate pass givers, who donate a portion of their own "vital fluid" to assist the patient.

There we can observe three aspects of the pass:

- It offers the patient some relief from suffering, even though a cure might not necessarily be achieved.
- It offers the pass giver an opportunity to be charitable and to serve his neighbor.
- It offers the spiritual workers a more effective means of helping those in need. ■

Magnetic & Spiritual Healing by Jussara Korngold - 2003 (SAB)

FLUIDS

The universal cosmic fluid (or principle) is the elementary primitive matter, of which the modifications and transformations constitute the innumerable varieties of the bodies of nature.

The action of spirits upon spiritual fluids has consequences of a direct and capital importance for incarnated beings. From the instant that these fluids are the vehicle of thought, that thought can modify the properties of them. It is evident that they must be impregnated by the good or bad qualities of the thoughts which put them in vibration, modified by the purity or impurity of the sentiments. Bad thoughts corrupt the spiritual fluids, as deleterious miasmas corrupt the air we breathe. The fluids which surround or that project bad spirits are then vitiated, whilst those which receive the influence of good spirits are as pure as the degree of moral perfection to which they have attained. ■

Allan Kardec (Genesis chap XIV edited by SAB)

Reincarnation

“The return of a soul, or spirit, to physical life in another body that has been newly formed for it.”



The principle of reincarnation is the natural consequence of the law of progress. Without reincarnation, how is it possible to explain the difference which exists between the present social state of the world and that

endowed by God than their predecessors? Why have they better comprehension, purer instincts, gentler manners? Why have they knowledge of certain things without having learned them? We defy anyone to dispute reincarnation without at least admitting that God created souls of diverse qualities, some superior to others, according to time and place - a proposition irreconcilable with sovereign justice.

Say, to the contrary, that souls of today have already lived in remote times, that they have been barbarous as their age, but that have progressed; that to each new existence they carry the acquisition of anterior existences; that consequently the souls of civilized times are not which have been created superior, but which have perfected themselves with time, and will have the only plausible explanation of the cause of social progress. ■

of barbarous times? If souls have been created at the same time as bodies, those which are born today are all as new, all as primitive, as those who lived a thousand years ago.

Let us add, that there is not between them any connection, no necessary relation; that they are completely independent of one another. Why, then, should the souls of today be better

Genesis by Allan Kardec - Chapter XI, 2003. (SAB)

You were. You will be! Know this while you are.

"The work of the universe is served by the actions of incarnated spirits. Wisely, God has also willed that this action should furnish spirits with the means of advancement through which they will eventually come into the Divine presence. As a result of this admirable law of Providence, all things are interconnected, and unity is established among nature's different realms". -Allan Kardec (SB).

"The soul in its new body is given the opportunity to learn from the past, to live the present and to prepare for the future".

"Purification does require change. But, in order to bring about true inner transformation, the soul needs the trials of a new physical life."



Childhood: the first stage



"A spirit is more impressionable during childhood, when the impressions it receives more easily mold its personality and therefore its progress."

The Spirits' Book by Allan Kardec, q. 383 (AKES)

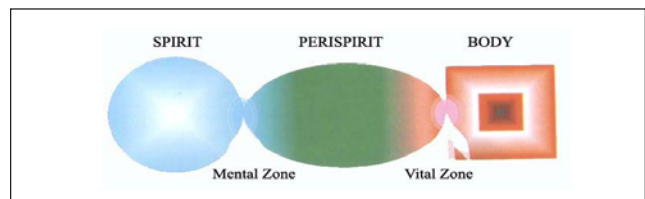
"The good and bad tendencies a child reveals early on have roots in previous lives. This finding is, by itself, of serious study. Clearly, the root of all bad tendencies can be found in selfishness and pride."



The Gospel Explained by Spiritism, Allan Kardec (AKES)

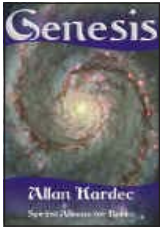
Perispirit (Spiritual body)

The perispirit, or fluidic body of the spirits, is one of the most important products of the cosmic fluid: it is a condensation of this fluid around a focus of intelligence or soul. It is also seen that the fleshly body has also its origin in this same fluid transformed and condensed into tangible matter. In the perispirit the molecular transformation operates differently, for the fluid preserves its imponderability and its ethereal qualities. The perispiritual and carnal body have, then, their source in the same primitive element; both are of matter, although under two different states of it. - Allan Kardec (Genesis chap XIV edited by SAB)



The scheme was adapted from the book *"Manual do Passista"* by Jacob Melo, Editora Mnêmio Túlio - 1998

Recent publications by the Spiritist Alliance for Books - SAB



GENESIS
Allan Kardec

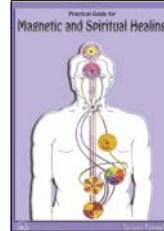
As its title indicates, the object of this book is the study of three points diversely commented upon and interpreted even to this day - "**Genesis, Miracles, and Predictions**" in their relationship with the recently known laws which as it revealed through the observation of spiritual phenomena. It develops scientific aspect of Spiritism, divided in three sections: 1- *Genesis, Organic and Spiritual Origins* - presenting a geologic, study of Earth and theories of its formation. 2 - *The Miracles* - explaining the nature and properties of fluids. And 3 - *The Gospel Predictions* - analyzing the change of times and new generation. The existence of God, the universal creation, the plurality of existences, Adamic race, the biblical deluge and the miracles of the Gospel, are some of the tions answered in this book.



HEAVEN & HELL
Allan Kardec

This book explains God's justice, demonstrating the spirit's immortality and its state in the invisible world as a consequence of his own acts. It is divided in two parts: the first *compares religious doctrines regarding the passage from corporeal to spiritual life, analyzing topics such as angels, demons, hell, purgatory, etc.* The second *gathers situations of different spirits, such as repentant criminals, suicides, suffering and happy spirits.*

The state of the soul after death is no longer a matter of theory, but a result of observation. The veil is lifted, and the spirit-world appears to us in all its activity and reality. It is not men who have discovered that world, through some ingenious conception of their imagination; it is the inhabitants of that world who come in person to describe to us the state of being in which they find themselves.



Magnetic and Spiritual Healing
Jussara Korngold

This book is a practical manual for the use of passes (laying on of hands). It is the most straightforward guide for pass-givers in the spiritist literature as it compiles the best explanations in the Science of the Fluids.

"The act of laying on of hands is not just for a transfusion of psychic energies. It is the ideal tool to balance the mind, and an effective aid to all kinds of treatments. Discouragement and sadness, as much as dissatisfaction and revolt, are syndromes of the soul; they establish imbalances and promote diseases in the body. Where there is health, these states of mind bring about organic disasters; when there is disease, they are equivalent to predispositions for premature death; but this is not all. In every mental unbalance, negative forces enter more easily into action, starting obsessive processes of unpredictable duration. If we use antibiotics as a substance to frustrate the development of microorganisms in the physical body, why not adopt passes as an agent capable of impeding depressive hallucinations of the soul?"

e-mail: sab@sgny.org

UPCOMING EVENTS

**And Life goes on...
Book discussion and dinner**

Thursday, **March 25** from 7:00-9:30PM.
For more information:
410-382-5328

2004 WORKSHOP SERIES

- Mar 20 – To be or not to be a spirit
- Apr 03 – Reincarnation: Our many lives, Our many opportunities
- Apr 24 – Past lives, Past memories
- May 15 – Sleep and Dreams
- Jun 05 – We are never alone
- Jun 26 – Our mediumship, Our Sixth Sense
- Jul 17 – And life goes on
- Aug 07 – Astral cities: Our spiritual homes
- Aug 28 – Guidelines for eternity
- Sep 18 – Peace at work

7:30 - 9:00 PM
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Baltimore - MD

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MESSAGE

GOD LOVES YOU

God loves you,
and you know it.

His tenderness
caresses your face,
and His hands sustain
you.

His breath vitalizes you.
His silent voice
reaches your ears
with blessings,
with hope,
and guidance.

God seeks for you
and finds you.
Now that you feel Him
let yourself be
permeated
and be guided
to the happy destiny
awaiting you.

God lives,
and manifests Himself,
and extends His love
through you.
You know this...
And wherever you are,
God is with you

Child of God - Divaldo Franco - by Joanna de Angelis (Spirit).

**JOIN THIS
CAMPAIGN!!!**



Inside this issue...

Who is Allan Kardec ?.....	2
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Edited by



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SSB

Spiritist Society of Baltimore, Inc.
1101 N Calvert St. #514,
Baltimore, MD 21202
Tel: 410-382-5328
Fax: 410-837-4590
ssb@ssbaltimore.org
<http://www.ssbaltimore.org>

The Universal Control of the Spirits' Teachings

If Spiritism were entirely a human idea, it would only be as good as the person who conceived it. Yet no one on Earth can credibly claim to be in exclusive possession of absolute truth. By the same token, if the spirits who brought us Spiritism had chosen to speak through one individual alone, we would have had no guarantee of its real source, other than that medium's claim that he or she had received it. And even if we believed that this medium was perfectly sincere, he or she would never be able to do more than convince the small circle of acquaintances who would personally be touched by that sincerity. Spiritism in that case might well attract a few followers, but it would never capture the attention of the world.

Thus, according to the Divine Plan, the new revelation came to us by a quicker, more authentic route. That is why the enlightened intelligences of the spirit world were entrusted to spread it from pole to pole, making their presence felt everywhere so that no one individual could claim the exclusive privilege of hearing their words. One person might be deceived, might even be self-deceived. But when millions of people see and hear the same thing, the chances of such deception grow very slim. This provides a guarantee for each of us personally and for all of us generally. Moreover, while we can ignore one person, we cannot ignore the masses. You can burn books; you cannot burn spirits. And even if all the books were burned, the basis of Spiritism would still not be exhausted. Why? Because the origin of

Spiritism is not found on Earth. Thus, it would soon reappear worldwide and everyone could share in it once again. Additionally, should there be a shortage of men and women to spread it, there will always be spirits whose action reaches all of us, and who cannot be silenced by human beings.

We should all understand that it is the spirits themselves who, with the help of many mediums, are engaged in spreading this thought throughout the world. If there had been a single interpreter, favored though that individual might have been, Spiritism would be virtually unknown. Regardless of social class, he or she would have been treated with suspicion by many people and would certainly not have been accepted in so many countries. But the spirits communicate to the four corners of the Earth, to all peoples, all denominations, all parties, and everyone accepts them. Spiritism has no nationality. It does not stem from any known religious movement. It is not imposed by any social class. Anyone can receive instructions from parents, relatives, and friends from the beyond. This was how Spiritism had to spread if it was to lead all humanity toward brotherhood. Without this neutrality, it would promote disagreements rather than ease them. The strength of the Spiritism, and the cause of its rapid spread, comes from the universality of its teachings. ■

GOSPEL EXPLAINED BY SPIRITISM by Allan Kardec-
Introduction - 1864. Edited by AKES.



Proof of God's Existence:

"An axiom in science states. There is no effect without a cause. Look for the cause of things which are not the work of human beings and your reason will provide the answer."

The Spirits' Book, q - 04.

Who is Allan Kardec ?



Allan Kardec, the nom de plume of H. Leon Denizard Rivail, was a French educator and philosopher born in Lyon on October 3, 1804. Rivail spoke several languages, and his impressive intellectual background allowed him to teach courses in

comparative physiology, astronomy, chemistry and physics in a prestigious scientific school in Paris. For one of his research papers, he was inducted into the Royal Academy of Arras. He organized and taught free courses for the underprivileged.

In 1854, at the age of 50, Rivail heard of the mysterious paranormal phenomena that had taken America and Europe by storm. Despite his skepticism, he was convinced by close friends to attend an experimental meeting where he was able to witness such occurrences firsthand. His intellectual curiosity and scientific instincts told him that there had to be a rational explanation for these phenomena. Consequently, he began soon afterward to conduct investigations of his own.

Using the same logical rigor that he had applied to his work in education and science, Rivail set out to understand the phenomena. He submitted questions to different channels (mediums), in different countries. The answers were compared, analyzed, and organized for inclusion in **The Spirits' Book**, which was first published in 1857.

To keep his new area of research apart from his writings on education, Rivail — on the advice of spirit instructors — adopted the name Allan Kardec, which he was told had been his name in a previous incarnation. In addition to the publication of the books listed below, he founded the Spiritist Society of Paris and La Revue Spirite, a journal he edited until his death on March 31, 1869.

Books by Allan Kardec:

The Spirits' Book
The Medium's Book
The Gospel – Explained by Spiritism
Heaven and Hell
Genesis
Posthumous Work

Allan kardec Education Society - AKES
<http://www.allan-kardec.org>

NEW IDEAS...

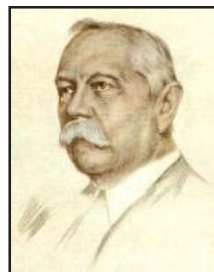
For new ideas we need new words, both as a way of ensuring exactness of expression and of avoiding the use of the same word for ideas that are, intact, quite different. Now, the words “**spiritual**,” “**spiritualist**,” and “**spiritualism**” already have a commonly understood meaning; and to introduce a new one to describe the doctrine set forth by spirits would be to multiply the causes of linguistic confusion unnecessarily. Strictly speaking, from a philosophical perspective) Spiritualism is the opposite of Materialism. Everyone is a Spiritualist who believes that there is in him something more than matter, although such a person may accept neither the existence of spirits nor their communication with the visible world.’ Here we have adopted the words “**Spiritist**” and “**Spiritism**” to refer to the system that admits both of these phenomena. These words have a similar root and thus should be easily assimilated by the reader.

Thus, we reserve the words (philosophical) “spiritualism” and “spiritualist” only to convey the meanings usually attached to them, whereas we define **Spiritism** as a doctrine that has its foundation in the relationship between the material world and spirits, i.e., the beings of the invisible world. We designate the followers of **Spiritism** then as **Spiritists**.

In a special sense, “THE SPIRITS' BOOK” contains the doctrine or theory of spiritism; in a general sense, it is related to the Spiritualist school, of which it represents one perspective. ■

The Spirits' Book by Allan Kardec - Explanatory Notes - 1857. Edited by AKES.

Arthur Conan Doyle's Consideration



It is impossible to give any date for the early appearances of external intelligent power of a higher or lower type impinging upon the affairs of men. Spiritualists are in the habit of taking March 31, 1848, as the beginning of all psychic things, because their own movement dates from that day. There has, however, been no time in the recorded history of the world when we do not find traces of preternatural interference and a tardy recognition of them from humanity.

The only difference between these episodes and the modern movement is that the former might be described as a case of stray wanderers from some further sphere, while the latter bears the sign of a purposeful and organized invasion. But as an invasion might well be preceded by the appearance of pioneers who search out the land, so the spirit influx of recent years was heralded by a number of incidents which might well be traced to the Middle Ages or beyond them.

The History of Spiritualism by Arthur Conan Doyle, 1926



Why do planets exist? What are they for?

“Do not let your hearts be troubled. Trust in God; trust also in me. In my Father's house are many rooms; if it were not so, I would have told you. I am going there to prepare a place for you. And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am.”

Jesus Christ (John, 14:1-3)

GOSPEL EXPLAINED BY THE SPIRITISM by Allan Kardec- Chapter 3 - 1864.
edited by AKES.

G O D

"The Supreme Intelligence of the Universe; first cause of all things"

It is possible that science as it advances in the knowledge of nature may have caused God to recede: but God in withdrawing has grown greater. The Eternal Being, as measured by the theoretical standpoint of evolution, towers majestically over the fantastic God of the Bible. That which science has forever destroyed is the notion of an anthropomorphic God, framed in man's image, and exterior to the physical world. A higher standpoint has taken its place: that of an immanent God ever present in the matrix of the universe. The idea of God no longer expresses that of any concrete personage, but rather a Being in whom all beings are.

Nor is the universe that creation* evolved from nothingness of which religion tells. The universe is a stupendous organism animated by an everlasting life. As our own body is governed by a central will which directs its actions and ordains its motions; as we, each of us, through the modifications of our flesh, feel ourselves alive in the permanent unity that we name soul, conscience or ego: so in like manner does the universe, beneath its changing, varied and multiple aspects, know, reflect and possess itself in a living unity, in a conscious reason, which is God.

The Supreme Being does not exist outside of the world, of which He is the essential and integral part. He is the central unity, in which all affiliations meet and harmonize; He is the principle of love and solidarity, by which all men are brothers. He is the hearth whence all spirits forces such as wisdom, justice and righteousness proceed and radiate throughout eternity. ■

* According to Eug. Nus ("*A la Recherches des Destinées*," chap. XI.) The Hebrew verb which we interpret as signifying created, really means, *to pass from principle to essence*.

Here and Hereafter by Leon Denis - *The Universe and God* - Second Part Chapter 9. Edited by SAB

Unshakeable faith

I seem destined these days to encounter brief quotes from a variety of sources that inspire me to write. From the pages of the *Spiritist Society of Baltimore*, I encountered the following quote from a work by Allan Kardec, on whose works lay the foundations of modern spiritist thought.

'Unshakeable faith is that which can stand face to face with reason in all epochs of humanity'.

Kardec did not say that faith stands side by side with reason, implying that they are somehow interrelated. But he is saying that faith, called in the Christian Bible the "evidence of things yet unseen", can be unshakeable when confronted by reason. We do not take reason to mean philosophical argument, for people have been "proving" or "disproving" the existence of God by rhetoric and argument for centuries. Rather, we take reason as the application of scientific method to an inquiry.

He is probably not referring to the "true believer", either, whose faith is based on the uncritical ingestion of propaganda from some charismatic source. Knowing Kardec a bit, I suspect that his idea of faith is an eyes open, heart open critical assessment of Truth as it can be experienced and intuitively known. Here the waters get muddy. In relativism, one posits that one's truth is relative to another's. We believe, based on our own experience, that relative truth is of material and psychological nature and that spiritual Truth is absolute and unchangeable.

Therefore, unshakeable faith in Absolute Truth is a pillar of existence that can stand the tests of time. After about ten thousand years of the development of civilization, we are finally approaching the confluence of Reason (Science) and Spirituality. This confluence is coming at us in many

forms - scientific, intuitive, developmental and societal. Witness the huge changes in human economic, political, social, cultural and spiritual organization in the last 150 years or so. The process of integrating our minds and hearts is quickening.

To me, faith becomes unshakeable when that which is being nurtured by it is impregnable to reason. Note that reason may not be able to puncture faith, much as a screwdriver may not pound a nail into wood. Reason tempered with intuition, however, is capable of capturing great truths. Most scientists will tell you that their discoveries are to some extent the product of patient, diligent observation but to a greater extent born in the matrix of quiet, introspective non-thought. Great ideas often come from emptiness, or the powerful storehouse of all Knowledge.

Unshakeable faith, then, is the power to believe something with heart AND mind integrated. In this way, you not only believe something to be true but you can demonstrate it without resorting to rhetoric and pure logic.

Let us think and feel a bit about where our best service to God and humanity can be realized. We're in a fascinating period in human history, full of crisis and opportunity. Above all, develop that unshakeable faith in your life. I believe it will give you an indestructible foundation. All of this said, when confronted by facts which contradict your current beliefs, you must be able to "learn to unlearn" and shed the former for the latter. Human evolution is moving that rapidly.

by Jim Pursley,
Oregon - USA

UPCOMING EVENTS



UNDERSTANDING SPIRITUAL AND MENTAL HEALTH

by **Divaldo P. Franco**

The seminar will cover a psychiatric analysis on the endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies.

Friday, March 12th 2004

6:30 PM – 9:30 PM

**University of Maryland - School of Medicine
685 W. Baltimore St. – MSTF Auditorium**

Baltimore, MD 21201

Professional simultaneous translation with wireless headphones will be provided.

Refreshments will be served.

Pre-registration: \$10 (form on website)
At the door: \$15

For more information, visit our website at
<http://www.ssbaltimore.org>

or contact us at (410) 382-5328 or at ssb@ssbaltimore.org

2004 WORKSHOP SERIES

Jan 31 – The Spiritist Thought and Humankind

Feb 21 – God and Us

Mar 20 – To be or not to be a spirit

Apr 03 – Reincarnation: Our many lives, Our many opportunities

Apr 24 – Past lives, Past memories

May 15 – Sleep and Dreams

Jun 05 – We are never alone

Jun 26 – Our mediumship, Our Sixth Sense

Jul 17 – And life goes on

Aug 07 – Astral cities: Our spiritual homes

Aug 28 – Guidelines for eternity

Sep 18 – Peace at work

Oct 16 – SOS family

Nov 13 – Love, Justice and Compassion

Dec 11 – Our Destination: Happiness

7:30 - 9:00 PM

Ruscombe Mansion Community Health Center
4801 Yellowwood Avenue - Community Hall
Baltimore - MD

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God seeks for you
and finds you.
Now that you feel Him
let yourself be
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and be guided
to the happy destiny
awaiting you.

God lives,
and manifests Himself,
and extends His love
through you.
You know this...
And wherever you are,
God is with you

Child of God - Divaldo
Franco - by Joanna de
Angelis (Spirit)

RECOMMENDED BOOKS



GENESIS Allan Kardec

As its title indicates, the object of this book is the study of three points diversely commented upon and interpreted even to this day - "**Genesis, Miracles, and Predictions**" in their relationship with the recently known laws which as it revealed through the observation of spiritual phenomena. It develops scientific aspect of Spiritism, divided in three sections: 1- *Genesis, Organic and Spiritual Origins* - presenting a geologic, study of Earth and theories of its formation. 2 - *The Miracles* - explaining the nature and properties of fluids. And 3 - *The Gospel Predictions* - analyzing the change of times and new generation. The existence of God, the universal creation, the plurality of existences, Adamic race, the biblical deluge and the miracles of the Gospel, are some of the things answered in this book.

Edited by Spiritist Alliance for Books (SAB)



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Edited by SAB

<http://www.sgny.org>

SpiritistNews

Volume 1, Issue 1, Nov/Dec 2003



Welcome!!!

Welcome to the first issue of our SpiritistNews. This bimonthly newsletter will be reporting articles on the spiritist thought as well as a summary of each workshop theme and upcoming events sponsored by The Spiritist Society of Baltimore (SSB). In this special issue, we are covering topics related to the seminar on Health and Spirituality.

LOOK AFTER BOTH BODY AND SPIRIT

Inside this issue...

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Edited by



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Fax: 410-837-4590
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Do you need to mortify the body in order to reach moral perfection? In answering this question I turn to elementary principles. First, I begin by showing you the importance of taking good care of the body because its health or sickness has a significant influence on the soul. The soul is, after all, a sort of prisoner of the flesh; and if the soul is to function, prance, and rejoice in freedom (albeit relative), the body must be sound, alert and vigorous. Consider the following situation. Suppose that both body and soul are in perfect condition: What should you do to maintain the balance between their very differing aptitudes and needs? Two systems have arisen with supposed answers to this situation: the system of the ascetics, who want to chastise and subdue the body; and the system of the materialists, who glorify the body and want to annihilate the soul. These are, in fact, two forms of violence and one is about as foolish as the other. Between these two perspectives is a large and indifferent mass of people. They lack both conviction and passion, they are tepid in love and stingy in pleasures. Ask yourself, then, Where is the wisdom in any of this? Where is the science of living? No where at all. But do not doubt for a moment that this great problem would remain unsolved if the Spiritist Doctrine had not come to help the researchers and to demonstrate the real relation-

ship between the body and soul, to show them that, since the two are absolutely necessary to each other, both body and soul have to be looked after. Love your soul, but also take care of your body, which is the instrument of the soul. Not to pay attention to its needs is to ignore the Laws of Nature, which is akin to ignoring God. Do not blame your body, either, for failings that happen only because you misuse your free will and for which the body is about as responsible as a misguided horse is for the accidents it causes. Besides, will you be more perfect if in chastising your body you do not become less selfish, less arrogant, more loving toward your neighbors? No, this is not the way to perfection, which can only

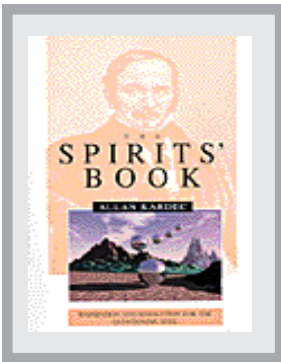
“Love your soul, but also take care of your body, which is the instrument of the soul.”

be found in the betterment of the spirit. When it comes to your lower tendencies, subdue and slight them; indeed, reform them in the forge of your good resolutions. This is the way to make your soul responsive to the Divine Will. This is the one and only way to perfection. 11 - **Georges, A Guardian Spirit (Paris, 1863).** ■

GOSPEL EXPLAINED BY THE SPIRITISM by Allan Kardec- *Be Perfect*. Chapter 17, item 1864. *edited by AKES*

“Unshakable faith is that which can stand face to face with reason in all epochs of humanity.”

Allan Kardec



BODY & SPIRIT

Is the free exercise of the spirit's faculties subordinated to the development of his corporeal organs during his incarnation?

“Those organs are the soul’s instruments for the manifestation of its faculties; that manifestation is, therefore, necessarily subordinated to the degree of development and perfection of those organs, as the perfection of a piece of manual work depends on the goodness of the tool employed.”

May we infer a connection between the development of the cerebral organs and that of the moral and intellectual faculties?

“Do not confound effect and cause. A spirit always possesses the faculties that belong to him; but you must remember that it is not the organs that give the faculties, but the faculties that incite to the development of the organs.”

The Spirits' Book by Allan Kardec - Questions 369 and 370. - *edited by AKES.*

Because people wrongly believe that their nature cannot be changed, they often consider themselves relieved of the responsibility of trying to correct their faults. This applies especially to faults that they willingly indulge in—their pursuit of pleasure or that would require a great deal of persistence and inner strength to eliminate. This is why, for example, people who are prone to angry outbursts usually blame an “uncontrollable temper” for their pattern of behavior. Instead of admitting their guilt, they point to some physiological cause of their anger, and in this way shift the blame for their problem onto God still another result of the pride that is at the heart of human imperfections.

Unquestionably, some people are more likely to commit violent acts than others, just as some muscles are more flexible and more capable of acts of strength. But do not think that the real cause lies in their physical constitution. You can rest assured that a peaceful spirit, even in a strong, muscular body, will always be peaceful. But a violent spirit, even when it occupies a feeble body, will not be any milder; its anger will simply take on a different form. One

"Anger does not mean that you don't have good qualities; but it can stop you from doing good, and it may lead you into great evil. These two facts alone should be enough for human beings to make the necessary effort to overcome this emotion..." - A Guardian Spirit (Bordeaux, 1863). .."

A N G E R

is characterized by self-control, the other is given to uncontrolled outbursts.

It is not the body that causes raging anger or any other vice. All the higher qualities, and all the lower ones, come from the spirit. If not, where would merit and responsibility lie? The person who has a physical deformity cannot do anything to remedy that situation because his spirit lacks the power to correct it. What he can change is his internal impulses when, that is, the desire to change is strong enough. And do

not doubt that the power of such desire is nearly unlimited as you can see when you look at the truly m i r a c u l o u s transformations in people’s lives that happen around you daily. It is important

to realize that human beings are only controlled by their vices because they want to be. People who really want to free themselves can always do it. If this were not so, the Law of Progress would not exist.

-Hahnemann (Paris, 1863)■

GOSPEL EXPLAINED BY THE SPIRITISM by Allan Kardec – *Blessed The Meek and the Peacemakers – Anger, item 10* – Chapter 9, 1864. - *edited by AKES*

SUGGESTED PRAYER TO BE SAID...

...by the sick person: God, You are all justice. The illness You saw fit to send me I must deserve, since You never allow suffering without a just cause. So I entrust my cure to Your infinite mercy. If You decide to restore my health, blessed be Your Name! And if it is necessary for me to suffer more, blessed be Your Name just the same. I submit to Your wise purpose without complaining, knowing that what You do can only be for the good of Your creatures. Dear God, let this sickness be a timely warning to me—one that will cause me to meditate on myself. I accept it as correction for my past and a test of my faith, and out of respect for Your Will.

...for the sick person: Dear God, Your plans are inaccessible to us and in Your wisdom You have allowed this illness to afflict [name]. I implore You, God, to look on this suffering with pity and, if You see fit, to bring it to an end. Good spirits, ministers of the Almighty, I ask you to second this request

to ease [name]’s sufferings. Direct my thoughts so that a balm is poured over his/her body and comfort poured into his/her soul. Inspire [name] with patience and the acceptance of God’s Will. Give [name] the strength to support the pain with Christian resignation so that the fruits of this test will not be lost.

... by the Healer: Dear God, if it pleases You, use me as an instru-ment, even if I am not yet worthy of such opportunity. Let me cure this sickness if You so desire it, because I have faith in You. I know that I cannot do anything alone. Let the good spirits concentrate their beneficial energy in me so that I can send it to the sick person. Free me, too, from all thoughts of pride and selfishness that might alter its purity.

GOSPEL EXPLAINED BY THE SPIRITISM by Allan Kardec- *A Collection of Spiritist Prayers* - Chapter 28, 1864. - *edited by AKES*

FREE MEDIUMSHIP

"Like the apostles, who were mediums in their own right, the mediums of today receive their gift freely from God."

The gift consists in the ability to serve as an interpreter to the spirits who come to impart teaching, to lead people to the pathway of goodness, and to nourish their faith. It is not right to charge for this gift because the message mediums convey is not the result of their own ideas or research or personal work. Note here that God wants the light to reach everyone not to disenfranchise the poorest of the poor. The poor should never be able to say that they do not have faith because they could not pay for it, or that they were denied encouragement and expressions of affection from their departed loved ones because of a lack of money. For this reason, mediumship is not limited to a privileged few-it is found everywhere. To make someone pay for it is to turn it away from its providential purpose. Mediumship is sacred and should be practiced in a saintly and devout manner.

If there is one type of mediumship that demands this attitude more absolutely than the others, it is healing. In the medical world, a physician offers his or her knowledge,

often gained at the cost of painful sacrifice. A healing practitioner gives of his or her own energies and sometimes even health. A price can be put on their services. The spiritual-healing medium, however, relays healing energies from the good spirits themselves and so does not have the right to charge for them. Remember that Jesus and His apostles, although poor, did not charge for the cures that were brought about through them.

Persons lacking necessary financial support can earn a living from whatever activity they like-except mediumship. If necessary, they should devote to mediumship only the time they have available after providing for their material needs. For their part, the good spirits will value the devotion and sacrifices of these persons. They will, however, turn away from mediums who intend to use them as stepping stone to earthly gratification. ■

GOSPEL EXPLAINED BY THE SPIRITISM by Allan Kardec - *Freely you have received, freely Give* - Free Mediumship. Chapter 26, 1864. -edited by AKES.

The Gift of Healing

1. "Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received, freely give."

(Matthew, 10.- 8)

2. "Freely you have received, freely give," Jesus told His disciples. With these words He recommended that no one be charged for something that hadn't cost anything in the first place. Now, what the disciples had received freely was the gift of healing the sick and casting out devils (i.e., wrongdoing spirits). God gave these gifts to them in order to ease others' suffering and to spread the faith. So Jesus told the disciples not to commercialize their gifts, i.e., to use them to earn profits or make a living.

GOSPEL EXPLAINED BY THE SPIRITISM by Allan Kardec - *Freely you have received, freely Give - The Gift of Healing*. Chapter 26, 1864. - edited by AKES.



MECHANISMS OF HEALING

The universal cosmic principle is the primitive element of the corporal body and of the perispirit, which are only transformation of it. By the sameness of its nature this elementary principle can furnish to the body the restorative principle. Being condensed in the perispirit, the propelling power is the spirit, incarnated or discarnated, which infiltrates into a deteriorated body a part of the substance of its fluidic body. The cure is performed by the substitution of an unhealthy molecule for a healthy one. The curative power *will* then be drawn from the purity of the inoculated substance. It depends also upon the energy of the will, which provokes a more abundant fluidic emission, and gives to the fluid a greater force of penetration. In short, it is the intentions of him who desires to cure, *let him be man or spirit*. The energy which emanate from an impure source are like defective medical substances.

The effects of the fluidic action upon illnesses vary according to circumstances. Its action is sometimes slow, and requires a prolonged treatment, as in ordinary magnetism. At other times it is rapid as an electric current. There are some persons endowed with such a magnetic power, that they perform upon certain ill people instantaneous cures only by the laying-on of hands (*passes*), or sometimes by the sole act of will. Between the two extreme poles of this faculty there is an infinite variety of distinctive shades. All the cures of this kind are from the different varieties of magnetism, and differ only in the power and rapidity of their action. The principle is always the same: it is the cosmic principle that plays the role of therapeutic agent, the effect of which is subordinated to its quality and to special circumstances. ■

GENESIS by Allan Kardec - *Cures*, Chapter 14. 1868. -edited by Spiritist Alliance for Books

"...Love the Lord your God with all your heart and with all your soul and with all your mind.'

This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself."

Jesus Christ

JOIN OUR ACTIVITIES !!!

2004 WORKSHOP SERIES

- Jan 31 – The Spiritist Thought and Humankind
- Feb 21 – God and Us
- Mar 13 – To be or Not to be a Spirit
- Apr 03 – Reincarnation: Our many lives, Our many opportunities
- Apr 24 – Past lives, Past memories
- May 15 – Sleep and Dreams
- Jun 05 – We are never alone
- Jun 26 – Our mediumship, Our Sixth Sense
- Jul 17 – And life Goes on
- Aug 07 – Astral Cities: Our spiritual homes
- Aug 28 – Guidelines for Eternity
- Sep 18 – Peace at Work
- Oct 16 – SOS Family
- Nov 13 – Love, Justice and Compassion
- Dec 11 – Our Destination: Happiness

7:30 - 9:00 PM

Ruscombe Mansion Community Health Center
4801 Yellowwood Avenue - Community Hall

SPIRITIST THOUGHT STUDY GROUP

These meetings take place every **Thursday** from 8:00PM to 9:30PM for the study of the Spiritist Doctrine. They are open to the general public. For more information, please contact us.

Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org
<http://www.ssbaltimore.org>

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM. Please, contact us for more information.

Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

Mediumship Educational Meetings (by invitation only)

These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to the Spiritist Doctrine.

Phone: 410 - 837-0991 or 410-382-5328
e-mail: ssb@ssbaltimore.org

DO NOT LOSE IT !!! A. Luiz

Do not lose hope.
There are millions of people who would relish having the resources that are now at your disposal.

Do not lose your sense of humor.
Aggravation will take away from your life by depleting inner strengths.

Do not lose your tolerance.
Your imperfections are continuously being tolerated by others.

Do not lose your serenity.
The problem may not be as difficult as you think.

Do not lose your modesty.
The mountain is above the plane, but beyond the mountain there is an infinite horizon.

Do not lose your desire to learn.
Death itself is a lesson.

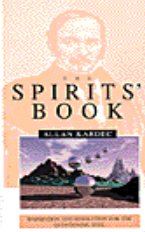
Do not lose the opportunity to help.
Sooner or later you will need the assistance of others.

Do not lose time.
New days will come but each moment is only lived once.

Do not lose your patience
Think of the everlasting patience of the Creator.

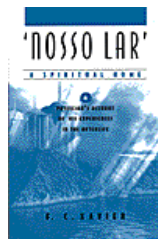
Inspirational writing by F. C. Xavier.
Produced by Allan Kardec Education Society - AKES.

RECOMMENDED BOOKS



The Spirits' Book Allan Kardec

"The Spirit's Book contains the basic tenets of the Spiritist Doctrine. But whether one is a Spiritist or not, this book is a must-read for every spiritually-inclined person. The "dialogues" between Kardec and the spirit instructors reveal a wisdom that challenges many of our preconceived notions about our spiritual reality, as well as about the causes and purposes of many things and events that are seemingly inexplicable. On a more personal level, the questions and answers featured in the book invite us to a better understanding of the higher-self within each of us; they also show us how our past can be reflected in our present successes and struggles and how we can unlock the gates to a brighter, better future. Throughout, Kardec's flawless logic, coupled with the spirits' superb discernment and compassion, make *The Spirits' Book* a source of inspiration and resolution for the questioning soul, a guide for living ethically in our unsettled world." - *edited by AKES.*



Nosso Lar - A Spiritual Home F.C. Xavier

André Luiz Collection

"The former physician André Luiz's articulate and compelling reporting reads more like a novel than a detailed, compelling document of afterlife existence that it is. Rarely does one find information about the afterlife that is both inspirational and informative — but such is the case here." *edited by AKES.*



Life and Life Goes on...

F.C. Xavier
André Luiz Collection

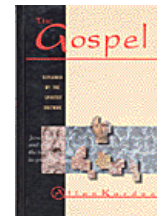
"This is a true story that illuminates life. In Evelyn's courage you will discover the force of faith, and traces of the invisible design that guides every person's return to love." - *by AKES*



Guidelines for Safety

D. P. Franco & J. R. Teixeira

The two most renowned medium-speakers of the spiritist movement nowadays answer important questions regarding multiple aspects of mediumship according to the Spiritist Doctrine. They offer safe guidelines for those who would like to understand and practice mediumship in a safe and charitable way. - *edited by Frater*



The Gospel - Explained by the Spiritist Doctrine

Allan Kardec

"The Gospel rediscovers the richness of the New Testament. Allan Kardec's selection of the timeless moral teachings of Jesus is the rock on which we are called to establish our spiritual houses and to build a new human community. It reintroduces us to a work that has shaped our thought for thousands of years." - *edited by AKES.*

SpiritistNews

Volume 3, Issue 6, Nov/December 2005

CASES
on the
AFTERLIFE
and
REINCARNATION

Sunday
December 4th

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Edited by



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SSB

Spiritist Society of Baltimore, Inc.
Baltimore, MD 21202

Tel: 410-382-5328

e-mail: ssb@ssbaltimore.org

<http://www.ssbaltimore.org>

EDITORS:

Daniel Santos
Vanessa Anseloni

What is the News?

In this last issue of the year, *SpiritistNews* brings you a special interview with Professor and medium Raul Teixeira; a special article on the exhibition "The Perfect Medium" held in NY; news on the Webcasting Spiritism and true stories by Chico Xavier. Well, as you see this is a very special issue. **Enjoy it!**

Interview with Prof. Raul Teixeira



On September 19th, the renowned medium speaker Prof. Raul Teixeira, gave a special interview to the Spiritist Society of Baltimore. On the previous day, Prof. Teixeira gave an inspirational conference about the Spiritist view on catastrophes. You can watch this conference at the SSB website (*section Webcasting Spiritism*).

(See page 3)

The Perfect Medium

Jussara Korngold took a tour in the Metropolitan Museum of Art in New York City to see some of the greatest photographs of the exhibition "The Perfect Medium." Herein she reports her impressions on this amazing experience. This special exhibit is open until December 31, 2005. Check it out!



(See page 6)

Webcating Spiritism



Webcating Spiritism is the most recent way to learn and spread Spiritism throughout the world. Do not miss this opportunity! This is an initiative of the Spiritist Society of Baltimore, USA, in collaboration with *Plenus.net*, Brazil.

(see page 2)

True Stories by Chico Xavier



Chico Xavier's life is filled with amazing stories and cases related to the teachings of Spiritism. Some of them are picturesque, while others express his simple and wise way of living. We selected some of them to share with you.

(see page 5)

PRESENT CAUSES OF SUFFERING - (see page 7)

OUR PLANET AND SELF TRANSFORMATION

"... Earth is no longer a valley of sorrows, or a place of exile as described in the spiritual Christian traditions of the past. According to Spiritism, Earth is a school with students in many different learning stages. Those students find themselves at different levels of consciousness, ranging from a sleep-like basic level, all the way to those who have already developed a cosmic consciousness, a transcendental view of the self, society, and God.

... According to the doctrine of reincarnation, we are reborn in a physical body in order to rectify our mistakes, correct our imperfections, acquire new experiences, and free ourselves from primordial animal tendencies, to build on the anthropological and socio-psychological heritage of our evolutionary process. Before the psyche becomes fully human, it goes through several phases in the evolutionary process. This is why the Bible talks about God having created us in His image and likeness. We are the heirs of the divine psyche, of all the gifts God could provide us ..."

by *Divaldo Franco* (Seminar "I Love myself, I am addiction-free: Spiritual Tools to Fight Addiction" given on March 12, 2005 in Baltimore, MD - USA)



Letter to the Editor

About Webcasting Spiritism

Dear readers of the SSB Newsletter, I am a Brazilian Spiritist and a couple of months ago I discovered this important vehicle of communication and charity. As the Spirit benefactor Emmanuel stated, "the greatest charity we can do is to disseminate Spiritism." So, watching Webcasting Spiritism, I have had the great opportunity to know what is going on in the U.S. Spiritist movement.

There are two main reasons why I watch Webcasting Spiritism every Saturday:

-The first one is that my family and I are spiritists since we were born and nowadays we are members of a spiritist center named "Caridade de Jesus" (Jesus' Charity). So we believe that it is very important for us to exchange information and experiences with other spiritists around the world.

-The second one is that as I work in an American company branch in my city and English is a very important tool of communication for me.

So I think I found the perfect way to combine my interest in Spiritism with my study of the English language in a pleasurable way. I also would like to highlight that I have witnessed the great spiritist knowledge that SSB has presented. They have also employed their best effort and technology available to show us the lectures, interviews, testimonials, etc. I also enjoy the opportunity of asking questions to the speaker through the chat room. The latter is also another way to make new friends and to clarify many doubts that I still have on Spiritism. I pray that God allows us the opportunity to participate and watch the Webcasting Spiritism for many years to come.

I pray to the Spiritual Benefactors and to God in His infinite Goodness, that more and more friends shall be able to join us in the network of Webcasting Spiritism. Thus, when watching it, we can gather our thoughts together in prayer, and that shall help us face the challenging times we all live on Earth nowadays. This is certainly one of the best and most successful uses of the internet resources.

Peace in Jesus to everyone and congratulations SSB team. Thank you very much.

by **Daniel Rocha dos Santos (Dan)**
(São Francisco do Sul-SC, Brazil)

Divaldo Franco's opinion about Guns



Guns are instruments of cowardice.

Whoever has guns, intends to use them. When one is armed, naturally one intends to execute a crime. The individual's gun is his/her's moral and ethical values. Many individuals, if there were not armed, they would not die when confronting criminals who are ready to kill. It is lamentable that we need to protect our assets under guns. Thus, it shows us how much we are not equipped with ethical values! Facing a calamitous situation, Gandhi said, "It is better to be a victim than an executioner." Jesus gave us the example. To keep a gun is to be ready to destroy a life. When we do not own a gun and the criminal knows that we do not have one, there is no reason to destroy our lives, because there is no object of fear. And normally, the criminal shoots first because he/she is afraid that we'll shoot him/her. It is cowardice that fires the first shot. When we can negotiate, when we have an attitude of patience, resignation, humility, we overcome the catastrophic situation. To keep a gun is to be ready to kill or to be killed.

(You can see the video by going to SSB website - webcasting Spiritism)

* **Divaldo Franco** is a worldwide renowned speaker. He has given more than 10 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated to 15 languages.

Webcasting Spiritism



Webcasting Spiritism is the first and most recent online tool in the dissemination of Spiritism, created especially for the English-speaking world. This is a Spiritist Society of Baltimore's (SSB, USA) initiative, as it promotes all of its services and meetings in the English language. The SSB had an especial incentive from North-Americans to start this project. We especially acknowledge the support and collaboration of Luis

Hu and Plenus.net (Brazil).

We first thought about Webcasting Spiritism as we attended the inspirational *IV International Spiritist Meeting in Paris, France in 2004*. Subsequently, this idea materialized right after we acquired more elements during the instrumental *I International Encounter for Spiritist Multipliers* which happened in July 2005 at the headquarters of the Brazilian Spiritist Federation, organized by the International Spiritist Council.

On September 3, 2005, we began its transmission within and outside of North-American boundaries. This program is webcast for two and half hours on Saturdays at 7:30 PM (US Eastern time) through the sites www.ssbaltimore.org (English) and www.plenus.net (Portugues). Webcasting Spiritism presents workshops, talks, interviews, Spiritist activities for children, and introductory teachings of Spiritism (Spiritism 101) to the general public.

On our first trimester of intense but successful work, we have already transmitted 15 workshops, 8 lessons of Spiritism 101 and other activities that were coordinated by the SSB in collaboration with the Spiritist centers in NY (SGNY), CT (AKSC), Boston (AKSS-MA) and a spiritualist group in Chicago. More recently, we presented Raul Teixeira's talk with simultaneous translation, as well as important interviews with Raul Teixeira and Cesar Perri de Carvalho, a representative of the International Spiritist Council, who was visiting the USA on October 15-16 in an event sponsored by the United States Spiritist Council. Some of our recorded programs are available on demand in our website.

Our perspectives for the Webcasting Spiritism are to have new collaborators and to involve other Spiritist centers in the USA and worldwide, who are willing to work in the Spiritist dissemination in the English language. Therefore, we leave here an open invitation to all. If you are interested, please contact us at ssb@ssbaltimore.org. May Jesus bless this new effort in the dissemination of Goodness and Peace. ■

- The Editors

... If you cooperate with the order of the Divine Laws, they will cooperate with you, and peace will prevail, and your life will be a blessing.

- Joanna de Angelis /Divaldo Franco



COME to this NETWORK!

If you have Orkut, don't forget to join the **SPIRITISM USA** community and be informed about Spiritist events in the USA. This community has SSB as a moderator. Our purpose is to spread Spiritism to the English-Speaking public. Please join and tell your friends about it too!

SPECIAL INTERVIEW with RAUL TEIXEIRA

1 - How long have you been a Spiritist?



My journey in Spiritism has started exactly 39 years ago. I have been in the Spiritist work since my adolescence, when I started giving lectures, coordinating Spiritist activities for Children and Youth, as well as other types of Spiritist works.

When I was 17 years old, I began educating my mediumistic faculty, once I registered the presence of spirits in my house, in my life, since my childhood. My whole life I have felt the need of educating this perception and working it to the highest goodness.

2 – How have you been dealing with your mediumship?

Since I began working as a medium, at 17, the Good Spirits, who have always guided my way for so many years, have been calling my attention to the purpose of mediumship, according to the Spiritist view.

To Spiritism, it is not important to channel spirits, since even drunk people do that. Also, people under the effects of different drugs do that, since those chemicals, substances which have a huge neurological tropism act in our nervous system, can open the channels of perception. The same happened to the Indian tribes in the past, among the primitive peoples. They used specific substances to connect them to their “gods.” That was a psychical reality that still exists nowadays.

Thus, channeling spirits is not the highest point in our Spiritist Doctrine. The fundamental point of mediumship, according to Spiritism, is the possibility of improving and becoming useful to ourselves and to others around us.

That established, mediumship has taken us to a work of discipline, of self-discipline. And that discipline is not limited to the moments of our meetings, to the moments of their manifestations. It is the discipline that accompanies us all day long. Discipline in speaking, discipline in eating, discipline in our social lives. So, we live with people, from our family to everybody else, in such a way that later we don't have anything to regret.

In our professional relationship, we shall do our best to whomever pays our salary. So, there will be no complaint or regret, regarding our good will. It is the consciousness that we are not in this world by chance, that we are in this world to fulfill God's proposal.

Throughout my life, I have been developing my possibilities in the guidelines of the Spiritist Doctrine. I have learned with the Good Spirits how to work with tranquility, respecting time, respecting the Spirits. Working with discipline in a way that I have more and more possibilities of establishing a closer contact, an inner contact with the Spiritual Benefactors, our Guardian Angels, who see us as bridges,

in order to bring consolation and guidance to our world. In that way, we keep on walking this mediumistic journey without showing off, without noise, without interest in coming up or being someone we are not, but always, every single day, trying to develop our work with simplicity, with inner satisfaction, and lots of happiness.



3 – You founded the “Remanso Fraternal” or The Fraternal Retreat. When did it begin? Did you receive any spiritual instruction to put that together?

The Fraternal Retreat belongs to the planning of the Spirit-World. It has been a long time since the Spirits told us that there was a special project that we should develop at the right moment to attend the needs of people. They explained us that if we educate a



child, we will not have to punish either young people or adults in our society.

The Spiritual Benefactors believe that family is the basic foundation to shape the character of individuals. And, thus, if family receives our moral support and the material help that the child needs, he/she will be able to fulfill his/her work with proficiency and tranquility. Then, the incarnation of the individuals will fulfill its goal.

In that way, as the Spirits told us about that upcoming project, we purchased in our city a piece of land with 12.41 acres to build the quarters of our social work in 1986.

The Fraternal Retreat established its roots exactly in 1978, when we started to work in a poor community in our city, called “favelas” in Brazil. There, we supported sick children, children and adults who needed to be alphabitized, as well as people with other needs.

After a long time, we transferred that work to the current new area, purchased in the country side of our city. Throughout the years, the Fraternal Retreat, a project of the Spiritual Benefactors, has helped an endless number of children, adolescents and their families. We help them overcome their difficulties.

We have a day care and also an elementary school. We also provide odontological, medical and psychological care, and professional follow-up.

There, we have the opportunity to study the teachings of Jesus Christ, according to Spiritism. Thus, people can give real value to their lives, their current reincarnation, as well as their families, their jobs and everything else that is a fundamental element of their activities in the world. Thus, the Fraternal Retreat has been fulfilling its objectives. Thank God!



4 – Then, in this case, what would you say about the practice of mediumship?

Through the mediumistic faculty, we find the guidance of those who are indeed responsible for the social work we carry out, the Spirits. Through mediumship, they teach us how to take care of that work and the people who are under our responsibility.

On the other hand, mediumship is a good tool to show us our reality, where we came from. The primitive natural world, the Spirit World, is our main home, our first home. Mediumship also tells us that those who are there are waiting for us. They expect that we fulfill our projects here on Earth, our work in this world and then, we go back home, exactly the same way the student who studies a long time at school, in college and, later, goes back home for a very deserved vacation. There, one thinks over and over about the work done, evaluating what one has done. And then, one applies to come back once again, for a new year of studies, which means - in this context -, a new reincarnation, to improve whatever one has left behind or left incomplete.

In that way, mediumship has helped us to filter the Spirits' thought, guiding us into that work. All the material that the Spirits bring us through books, speeches, different texts, spoken texts, written texts and so on, has helped us to get the necessary financial resources to maintain this very important work. All the proceeds from the books and CDs go to the Fraternal Retreat. Through this, we are able to provide free uniforms, school materials, food, and medication for children. Everything that is at our reach we make it available to the community at the Fraternal Retreat.

Therefore, in our reality, in our lives, mediumship gives assistance to as many blessings as God allows us to make use of on Earth.

- Continue next page

5 – Raul, when did you begin travelling to give talks around the world? How do you see the Spiritist Movement in the world nowadays?

Since I was very young I started travelling to attend the invitations of the Spiritist Movement. I first travelled out of my city, out of my State, when I was 19 years old. Since then, I have travelled from north to south of Brazil. Later on, I started travelling abroad. And nowadays, we have the honor of having visited 38 countries throughout the world, in South America, North America, Europe and Africa, including Israel in the Middle East. Year after year, in all of our trips, we have found a movement that grows very slowly, but at very steady steps and shapes the growth of our Spiritist Movement everywhere.

Every day, we have observed that more and more interested people want to study Spiritism, and its moral phenomenology. I observe the gift of Spiritism changing lives, educating people as they understand its very deep and beautiful philosophy. Spiritism helps us understand that we are not living here by chance; we are not in this world to play. We are here, indeed, to learn a little bit of God's project that intends to make us grow, perfect, improve ourselves, so that, one day, we will become angels, in the spiritual meaning of the word, as we will all have this integral meeting with our Celestial Father. This interchange that now we establish with the superior powers of life is step-by-step taking us to this meeting with God.

Then, abroad, in all continents, we have found a non-stop developing Spiritist Movement that is growing with valuable people heading it. These people are taking care, with a great deal of love, of this splendid seed that the Spiritist Doctrine puts in our hands, which is the seed of the opportunity of serving, working, and loving our fellow beings.

"...let us never forget that the principles of Spiritism must be brought to those who are anxious to receive them, respecting cultural issues, psychological positions of the individuals..."

6 - So now we would like to ask for your final comments.

I would like to greet my brothers and sisters who are working in the Spiritist Doctrine in the United States and abroad and may find the difficulties inherent to this task.

This effort is absolutely not easy and it cannot be easy, since we are talking about understanding the culture of the country where we are living. We need to understand the dynamics of the thought of the people in this country; and from this point, try to adapt the Spiritist thought to the new realities without ever losing sight of what Spiritism means. We shall never change any single principle of the Spiritist Doctrine. However, let us never forget that the principles of the Spiritism must be brought to those who are anxious to receive them, respecting cultural issues, psychological positions of the individuals so that they can slowly understand the Spiritist Doctrine and, at the same time, by understanding it, they begin loving and living it.

I also understand that this is a very hard work, a very difficult work, a very demanding one. I would like to greet here all those who are working on the Spiritist Thought and disseminating it in other countries, among different cultures. I greet all who, either here in the United States or abroad, have the courage, the disposition, the good will to talk about the thought of Jesus Christ and Spiritism, reaching out to the good-willed souls, those who are tired of so much storm, so much moral fatigue, those who are willing, anxious to find peace and balance in the lessons of Jesus Christ, under the interpretation of the Spiritist Doctrine.

I leave my very fraternal embrace, wishing peace, progress and enthusiasm, so that we can teach the spiritist message with an immeasurable happiness in our lives.

Peace to everybody. Thank you very much. ■

-Thank you very much Raul, Thank you all!

Coordination by Vanessa Anseloni and Daniel Santos; Transcription from Portuguese by Cristiane Lopez; Translation by Marcelo Abinajm

Cases on the Afterlife and Reincarnation

This is an educational fundraiser regarding mediumship and cases on the afterlife and reincarnation told by the spirit doctor Andre Luiz in the books *Nosso Lar - a spiritual Home*, *And Life Goes On...*, and *The Messengers*.



Chico Xavier, the role model medium

Guest Speaker: **Jussara Korngold**, B.S., M.B.A.
President-founder of the Spiritist Group of New York. Spiritist lecturer, Jussara is also the writer of *Spiritual and Magnetic Healing and Endearing Gems* from Francisco Xavier.



The Spirit Doctor Andre Luiz and the Afterlife

Vanessa Anseloni, Psy.D., Ph.D.
Neuroscientist and Assistant professor, president-founder of the Spiritist Society of Baltimore, Vanessa is a fifth-generation Spiritist, medium and lecturer in the U.S.



Cases on Reincarnation

Luis Eduardo Almeida, M.D., Ph.D.
Neuroscientist, director-founder of the Spiritist Society of Baltimore, Luis is one of the coordinators of the Spiritist study group at SSB.

LEARN & GALA LUNCH

**Sunday December 4th, 2005
10:30am to 2:00pm**

**University of Maryland Golf Course
College Park, MD 20742**

Tickets are: \$25 for adults; \$40 for two tickets; \$15 for children under 12
(All proceeds go to the SSB projects)

Gala lunch will be provided
R.S.V.P. required by NOV. 30
(Advanced tickets only)

call (410) 382-5328
or ssb@ssbaltimore.org

This event is sponsored and hosted by the **SPIRITIST SOCIETY OF BALTIMORE, Inc.**



True Stories by Chico Xavier

Chico Xavier's life is filled with stories and cases related to the teachings of Spiritism. Some of them were picturesque, while others demonstrate his simple and wise way of living.

Who is Chico Xavier?

Francisco Cândido Xavier (April 2, 1910 - June 20, 2002), popularly known as "Chico Xavier" (Chico is the nickname of Francisco, just as "Frank" is to "Francis"), was the most popular and prolific Medium in 20th century. Over his life he wrote over 400 books, using a process known as psychography, where his hand was said to be guided by Spirits that wanted to leave a written message, or sometimes entire books.

Some of his books are considered to be fundamental for the comprehension of the practical aspects of Spiritism.

Chico Xavier was a respected figure, whose honesty and good character were undeniable, even by his opponents from other religions. He kept a simple life, donating all the income from the books he wrote and the contributions he received for charity.

He often stressed the point that none of the abilities attributed to him was really his, but that he was only a channel for the work of the Spirits; that he was not able to produce any miracle, such as healing people, and he could not contact someone that was dead, unless that person was willing to be contacted.

Chico Xavier's popularity remained unchanged in Brazil. Despite his health problems (general weakness as a consequence of old age), he kept working up to his death, in June 30, 2002, the same day of the National Brazilian soccer team won the 2002 World Cup.

He had declared in a TV interview years before, that he wished to die in a happy day for the country, so that his death would not be remembered with sorrow. His wish was fulfilled.

Source: encyclopedia.thefreedictionary.com



Our Prayer

by Chico Xavier

*Lord, teach us to pray without forgetting to work
To give without distinction,
To serve without end,
To suffer without hurting anyone,
To progress without losing simplicity,
To sow goodness without expectations,
To forgive unconditionally,
To move forward without numbering the obstacles,
To look at life without malice,
To listen without corrupting its contents,
To speak without hurting others' feelings,
To understand people without asking to be understood,
To respect everyone without demanding others' attention,
To give the best of us, beyond our duties, without expecting rewards.
Lord, strengthen our patience with the others' limitations,
As much as we need others' patience with our own limitations.
Help us so we do not do to others what we do not want for us,
Above all, help us to recognize that our happiness will invariably be greatest when we fulfill your will now, today and always.*

Submitted by Roberta Torres (Annapolis, MD)

Charity and life changes

In 1928, a blind beggar got injured by falling from an overpass, 13.2 feet height, and he was taken by some people to *Luiz Gonzaga's* center to be helped. Chico did what he could for the poor man, helping him during the night (the time that he had for this). Despite the medium's assistance, the injured man needed some help during the day. Therefore, Chico published a note in *Pedro Leopoldo's* weekly newspaper asking for help, notwithstanding any religious background. Six days later, two prostitutes showed up saying that they had read the ad and would like to help him. And so they did. They helped the sick man during the day and left when Chico got back from work. Every day, before they left, they prayed together with Chico. The blind man got better a month later. At their farewell prayer, the four of them cried as they realized how much their lives had changed throughout that period. The blind man got better and the two ladies were going to move to another city. One of the women found a job in a dry cleaner and the other decided to become a nurse.

Funny Spirits

A funny case was told by Chico himself about a Spiritist student who used to open "*The Gospel according to Spiritism*" whenever he needed advice. This is a common practice among Spiritists. One day, when he was at his farm, a very strong storm came across, frightening everybody. A lightning struck close to him and some people, killing a cat. The man called his relatives to join him in a prayer of gratitude for the Spirits' protection. He randomly opened "*The Gospel According to Spiritism.*" The message he read was entitled "*If he had been a good man, he would have died...*" This brought laughter to everyone in the house. People say the Spirits themselves made the joke.

Right on-time payment

When José, Chico's brother, died, Chico was left in charge of the family. As such, he needed to pay an electricity bill in the amount of "11 dollars." At that time, in Brazil, it was considered a lot of money. Chico did not have the resources as his salary was not enough. While thinking about the way to pay it, Emmanuel, Chico's Spirit-guide, told him not to worry about that and wait. Few hours later, someone knocked at Chico's door. When Chico opened it, there was a man who told him that he knew about his brother's death. He also mentioned that he was there to pay off a debt for a sheath made by Jose to him along time ago. The man gave him an envelope and left. When Chico opened the envelope, he found exactly the amount he needed to pay off his electricity bill.

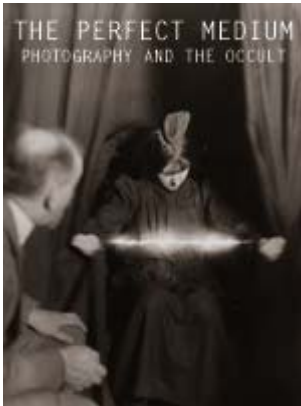
*Translated by Paulo Ricardo Fonseca Costa
(from the magazine "Espiritismo & Ciência, Ano 1, vol.2)*

*...Extend your hand to those who are in need of support.
Your day for receiving cooperation will arrive.*

*...Be kind to those dependent upon you.
Do not forget that Christ Himself was compelled to obey.*

- Chico Xavier / Andre Luiz

Charity is Love in Action !



The Perfect Medium: Photography and the Occult

A selection of stunning, surprising photographs from the turn of the last century that reflect an attempt to reconcile the spiritual and physical worlds.

As I climbed the stairs inside the Metropolitan Museum of Art (in New York City), I could not quite believe that I was there to see an exhibition of photographs of the occult. Walking through the corridor on the second floor, my heart raced with excitement, and then, to my left, I saw the word “Spirits.”

I went to see the exhibition on the day of the opening; a Tuesday morning, only a few hours after it actually opened. There were more people there than I first anticipated, and apart from some mockers that were having fun (especially when looking at the photographs on one particular wall, which they called the wall of hoaxes), everyone else seemed, surprisingly, very interested in the exhibition.

The exhibition features about 120 photographs from collections from all over the world, and arrived in New York after a showing in Paris. Most of the images date from about the 1860's until World War II; a period when people were greatly interested in spiritualism and the paranormal. Using photography to document any images or incidents became a popular way of trying to get proof.

The show is divided into three sections. The first features images of “ghosts” or “spirits,” while the second section has photographs of mediums and their séances. The third section displays pictures of what people thought were the vital life forces emanating from human beings.

The description you find next to the photographs, as well as the large remarks made by the museum hanging on the walls, talks about fluids, ectoplasm, magnetic passes, psychographs, animistic nature, and vital fluid among others - actually employing all these terms.

The show also contains images from critics of spiritualism, such as the illusionist Henri Robin. One photograph shows him in the grasp of a ghostly skeleton, an image he openly admitted creating through a double exposure of the film plate. However,



Levitation of a table at the home of Sven Türk, a professional photographer, in Freiburg im Breisgau, Germany (1940-45). Picture was taken in dark room

even the images presented on the “wall of hoaxes” makes one wonder why there were so many photographers dedicating themselves to producing them. One can only imagine that there was a great interest in them, and the occult, at that time.

It is quite an emotional experience for the believer to see each of the photographs exposed there. They have on display the classic



Séance with Eusapia Palladino at the home of Camille Flammarion, Rue Cassini, Nov.25/1898

photographs (the originals) of the Spirit Katie King from the famous physicist Sir William Crookes - the first to take photographs of materializations during his experiments with the medium Florence Cook - as well as some photographs of the famous medium of physical manifestations, Eusapia Paladino. In one of these, the description implies that she was using her hands to levitate the table. In fact, one cannot know for sure if that was the case in that particular photograph because Ms. Paladino herself used to say that, whenever possible, she would fake some of the manifestations because they were very tiring for her. This, however, does not imply that she was not capable of producing them.

There are photographs taken by Camille Flammarion (1842-1925), a renowned astronomer and internationally recognized popularizer of science, during a series of eight séances which he conducted in his apartment in Paris in November of 1898. Some of the participants in these séances were: Charles Richet, Albert de Rochas, Victorien Sardou, Gustave le Bon, and Gabriel Delanne.

Some photographs in the exhibition were taken in the presence of Sir Arthur Conan Doyle, while others showed the spirit of Sir Arthur materialized after his death. Conan Doyle appeared in many pictures taken by William Hope (whom he had defended against the accusation of fraud), some of which were taken in the presence of his widow and son, Denis.

One must realize that in modern times this is the first time we have an exhibition of this magnitude on the subject, first in Paris and now in one of the most important museums of the world, The Metropolitan Museum of Art.

I am sure that during the three months that the photographs will be presented to the public (it will run through Dec. 31), many will leave the room wondering about the existence and survival of spirits, and perhaps, even wishing that this may be true. They will leave the exhibition wondering if one day they will be able to join their loved ones who have departed and find out about the mystery of life. ■

Text written and submitted by Jussara Korngold
President of the SGNY

PRESENT CAUSES OF SUFFERING

There are two kinds of suffering on earth; or, if you prefer, our trials have their origin in two different sources. The first kind has its cause in present - day life; the second arises from causes outside the present life.

In considering the troubles of earthly life, it is evident that a great number of them are the consequence of a person's own attitudes and actions. Many of us flounder because of our faults -victimized by our thoughtlessness, arrogance, and ambition. Many of us destroy ourselves through lack of discipline and perseverance, and through bad conduct and an inability to control our own desires. Likewise, many marriages turn sour simply because they are built not by the heart, but by the partners' calculating self-interest and vanity. So many disagreements and disastrous hostilities could be avoided with the help of a little restraint and more tolerance. In the same way, how many illnesses and diseases result from overindulgence and abuses of all sorts?

Families, particularly, pay a price for these failures. Parents find they are disappointed in their children because they didn't intervene early enough to overcome their children's harmful impulses. In spoiling or neglecting their children, these parents let the seeds of pride, selfishness, and foolish conceit take root in them, so that their hearts became dry and shriveled. Later on, when the parents start reaping what they have sown, they're surprised and hurt at the indifference and lack of gratitude their children show them.

We ask each of you who has experienced heartaches because of disappointments and losses to study your own consciences closely, going back, step by step, to the origins of each problem that is causing you pain. More likely than not, most will be able to say: If I had done, or not done, such and such a thing, I wouldn't be where I am today.

Who is, in such cases, responsible for the sufferings if not the person who suffers? In most cases, men and women are the architects of their own troubles. Yet rather than admit this fact, they usually find it easier and less humiliating to their egos to blame their troubles on fate, God, bad luck, or even on an unlucky star. However, this "unlucky star" is actually no more than their own carelessness.

When we consider life's problems, we find that this kind of suffering makes up the greatest part of our problems. Only when we make the commitment to work at self-transformation, raising ourselves both morally and intellectually, will we be able to avoid suffering of this kind.

Human laws deal with various offenses and prescribe punishments for them. In such cases, persons convicted of a crime are said to bear the consequences of their own wrongdoing. But the law doesn't-and can't-deal with every wrong. The law is concerned mostly with actions that cause injury to society, not with those that hurt the doer only. However, God, Who desires the progress of every soul, doesn't allow detours from the upright path to go unnoticed. There is no wrong, no infraction of the Divine Law, however small, that doesn't carry its own consequences. In small things, as in great, people are always corrected according to their wrongs. The suffering that follows is always a warning. Through it, we humans gain valuable knowledge that allows us to distinguish between right and wrong. Thus we realize the necessity of bettering ourselves so that in the future we can avoid the behavior whose negative consequences we now feel. Without such consequences, progress would be slower and human beings would be even farther from our blissful destination.

Unfortunately for some people, understanding this principle arrives rather late, when the life has already been wasted and filled with trouble. In many cases, the physical life is nearing its end and remedying the wrong is no longer possible. Then the person will frequently say, "If I had only known then what I know now, how many errors I could have avoided! If only I could begin again, I would act differently! But my time is up." Like a lazy worker who says, "I've wasted my day," this type of person says, "I've wasted my life!" But just as the sun rises on a new day and gives the worker the chance to make up for lost time, the dawning of a new physical life provides the spirit a renewed opportunity to take advantage of its past experiences and newly acquired understanding, and put its good resolutions for the future into practice. ■

*Gospel, According to Spiritism by Allan Kardec.
Chapter 5, item 4.*

THE PERFECT EXAMPLE

Allan Kardec asked to the Superior Spirits the following question: *What is the most perfect example that God has offered to us as a guide and model?*

And the Enlightening Spirits answered: "**Jesus.**" And then Kardec makes his comments by saying that *Jesus is the God-given model of moral perfection toward which we should all strive. Animated by the Divine Spirit, Jesus was the purest being who has ever appeared on Earth; and the doctrine He taught is, accordingly, the purest expression of the Divine*



law. Others who have professed to instruct humanity in the law of God have, by contrast, sometimes led it into error. The reason is not hard to discover. The latter have been swayed by ideas and feelings of a too earthly nature and have confused laws that regulate the life of the soul with those that govern the life of the body. Many pretended revealers, moreover, have announced as Divine laws what were only human ones, which they devised to serve their own interests and to assure their domination over others.

The Spirits' Book by Allan Kardec, q 625.

I SPIRITIST RETREAT



Last October 1-2, the Spiritist Society of Baltimore organized its ***I Spiritist Retreat*** at the Harmony Farm Retreat Center. This was a distinctive way to celebrate the 200th Anniversary of Allan Kardec, the Codifier of Spiritism as we planned the launching of a series of retreats to facilitate the American encounter with Spiritism in 2006.

During that weekend, the SSB coordinated fulfilling indoor and outdoor activities on the teachings and practice of Spiritism. From walking meditation on God to a play on Reincarnation, we all had a wonderful opportunity to get inspired by Spiritism along with enjoying the enchanting and restful nature at Harmony Farm.

We acknowledge all those who helped and joined us in this beautiful and inspirational gathering. Special thanks to Judith and Kevin Campbell, our dear benefactors, who gave us the opportunity to make this happen at their spiritual and gorgeous farm.

We welcome you to join us in our next year Spiritist retreat!

UPCOMING EVENTS

2005 WORKSHOP SERIES

September 17 – Mediumship in you
October 29 – Wars and the spirit-world
November 19 – The family I chose
December 10 - Christ consciousness

Free Admission !!!

Activities for CHILDREN (above 4 years old) are provided, while parents are at Workshop

Time:

7:30 PM - 9:00 PM

Place:

SPIRITWORKS Resource Center
1300 York Rd - Building C, 3th Floor
Lutherville, MD 21093



WEBCASTING
SPIRITISM

Now available !!!

WATCH IT

**every Saturday
from 7:30PM**

at:

www.ssbaltimore.org

SPECIAL EVENT

CASES ON THE AFTERLIFE AND REINCANATION

see
page 4

Featuring:

Chico Xavier, the role model medium
by Jussara Korngold

The Spirit Doctor Andre Luiz and the Afterlife
by Vanessa Anseloni

Cases on Reincarnation
by Luis Eduardo Almeida

December 4th (Sunday)

10:30am– 2:00pm

Location:

University of Maryland Golf Course
College Park, MD 20742

**Tickets are: \$25 for adults; \$40 for two
tickets; \$15 for children under 12**

(All proceeds go to the SSB projects)

Gala lunch will be provided
R.S.V.P. required by **NOV. 30**
(Advanced tickets only)

R.S.V.P. required: (410) 382-5328

For more information,
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JOIN OUR ACTIVITIES

STUDY GROUP ON SPIRITISM

These meetings take place every **Thursday** from 8:00 to 9:30PM for the study on Spiritism. They are open to the general public.

FRATERNAL COUNSELING & SPIRITUAL TREATMENT

These services are offered every **Monday** from 7:00-7:45PM.

Meditation with Kardec

Every Saturday 7-8 PM,
**except on the day of our
monthly workshops**

Mediumship Educational Meetings

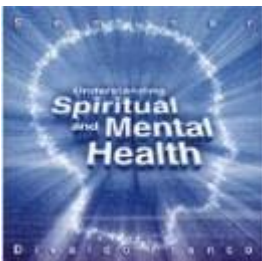
(by invitation only)

These meetings take place every **Monday** from 8:00 PM to 9:30PM for the study and practice of mediumship according to Spiritism.

Please, contact us for more info.
Phone: 410 - 382-5328 or
410-837-0991
e-mail: ssb@ssbaltimore.org

Activities are free of charge !!!

BOOKS AND CDs by Divaldo Franco (in collaboration with SSB)

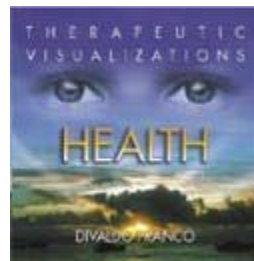


This double CD set contains Divaldo Franco's seminar "**Understanding Spiritual and Mental Health**" which took place on March 12, 2004, in the city of Baltimore, Maryland, USA. This is the first audio CD of a Spiritist seminar in the English Speaking language. The seminar covered a psychiatric analysis on the endogenous and exogenous causes of mental and spiritual disturbances (depression, anxiety, phobias, schizophrenia); a review on its pharmacological therapeutics, and an analysis of spiritual intervention and other effective psychotherapies. It beautifully describes the Spiritist view of the psychological and spiritual disturbances, as much as it gives us a clear idea of its approach to eradicate its causes and effects.



This profound and brilliant seminar, **Understanding Spiritual and Mental Health**, also generated a bilingual book (English and Portuguese, '**Compreendendo a Saude Espiritual e Mental**') that will be launched in this event.

If you prefer the book format, this is also a great opportunity.



Therapeutic Visualizations - Health - CD is a unique material brought by the spectacular mediumship of Divaldo Franco. His spirit-mentor, Joanna de Ângelis, gives us this spiritual tool to find pathways to balance and health. "*Meditation becomes an effective way to discipline the will. It facilitates patience which helps you to conquer every day the lower tendencies that disturb you. Meditation is an imperious necessity that imposes itself before any realization. In the meditative state, you calm down your emotions and clarify your discernment, harmonizing your feelings.*" (Excerpts extracted from the book Moments of Meditation, by Joanna de Ângelis, psychographed by Divaldo P. Franco)



"**Self-Discovery, an Inner Search**, can certainly be considered a masterpiece on the Spiritist Psychology. Its spirit-author, Joanna de Ângelis, through the admirable hands of Divaldo P. Franco, brings the reader what could be considered a doctorate thesis in the topics of human psyche, its disturbances and deepest causes, as well as effective therapeutics for Humanity's greatest problems. It also summarizes a variety of theories in the field of Psychology and Psychiatry combining them with the Spiritist View of the human being and life. Moreover, Joanna de Ângelis undoubtedly develops Allan Kardec's works."

To obtain this material, please contact us by e-mail at ssb@ssbaltimore.org or call (410) 382-5328.

A SPECIAL SEMINAR WITH DIVALDO P. FRANCO

“I love myself. I am drug-free.” Spiritual Tools to Fight Addiction

This seminar will cover an American true story on drug addiction; family issues and addiction; genetic, psychosocial, socioeconomic and spiritual factors that induce addiction. Divaldo Franco will give an overview of academic and spiritual therapies. One of the highlights will be education as a preponderant factor to Human Being's health.

Saturday, March 12th 2005
3 PM - 6:30 PM
University of Maryland - School of Medicine
685 W. Baltimore St. MSTF Auditorium
Baltimore, MD 21201



FREE ADMISSION!!!

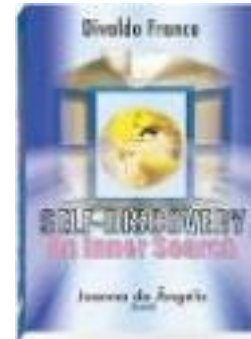
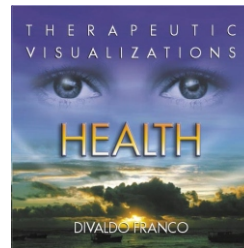
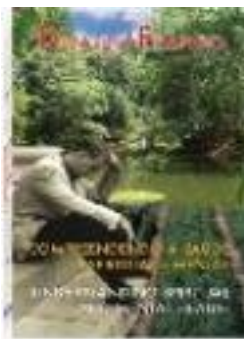
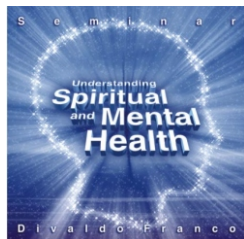
Refreshments will be served.



Divaldo Franco is a worldwide renowned speaker. He has given more than 10 thousand lectures and spoken in 52 countries in the continents of Europe, Asia, Africa and the Americas. Mr. Franco is Doctor Honoris Causa in Humanity and also in Parapsychology by American and Canadian Universities. Through his extraordinary mediumship, Mr. Franco has published almost 200 books and 70 of them have already been translated in 15 languages.

Professional simultaneous translation with wireless headphones will be provided.

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e-mail: ssb@ssbaltimore.org

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An Unforgettable Evening! From Grief to Hope

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[Dr. Moody's Bio](#)

[Divaldo's Bio](#)

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[Parking/Map](#)



March 16, 2006
7:30 pm - 10:30 pm
(reception at 6:30pm)

Holiday Inn Select
2004 Greenspring Drive
Timonium, MD 21093



**"Reunions: Visionary Encounters
With Departed Loved Ones"**

RAYMOND MOODY Jr., M.D., Ph.D.

Best-selling author of eleven books including Life After Life, which has sold over 13 million copies world wide. Dr. Moody Jr. coined the term "near-death experience".

Read more about Raymond Moody Jr.
by Clicking [here](#)

**"The Spiritist Therapy
for Those Who Stayed"**

DIVALDO FRANCO

Humanitarian and worldwide renowned Spiritist speaker and medium, Mr. Franco has given more than 14, 000 lectures and spoken in 56 countries. Through his extraordinary mediumship, he has published 200 books.

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SSB Spiritist Society of Baltimore

Baltimore - MD, USA



Photos from the [First United States Spiritist Medical Congress](#) held in Washington DC on Oct 7-8/2006).
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The Event











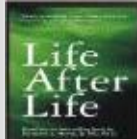












Raymond A. Moody, Jr.



Raymond Moody, Jr., M.D., Ph.D.

Best-selling and award-winning author of eleven books including *Life After Life*, which has sold over 13 million copies world wide. Dr. Moody is a world-renowned scholar and researcher who coined the term *Near-Death Experience*.

Best-Selling Author of eleven books including *Life After Life*—which has sold over 13 million copies world wide—and *Reunions*, as well as numerous articles in academic and professional literature. Dr. Moody continues to capture enormous public interest and generate controversy with his ground-breaking work on the near-death experience and what happens when we die.

Featured Expert In the Media. Dr. Moody has appeared three times on Oprah, as well as on hundreds of other local and nationally syndicated programs such as MSNBC: Grief Recovery, NBC Today, ABC's Turning Point, Donahue, Sally Jessy Raphael Show, Geraldo, and The Joan Rivers Show.

World-Renowned Scholar and Researcher. Dr. Moody is the leading authority on the 'near-death experience'—a phrase he coined in the late seventies. Dr. Moody's research into the phenomenon of near-death experience had

M.D. from the Medical College of Georgia, 1976

Ph.D. in philosophy from the University of Virginia, 1969

M.A. in philosophy from the University of Virginia, 1967

B.A. with Honors in philosophy from the University of Virginia, 1966

A Dynamic Lecturer. Dr. Moody has enlightened and entertained audiences all over the world for over three decades. He offers many different lecture/workshop presentations on the topics of: Near Death Experiences, Death With Dignity, Life After Loss, Surviving Grief & Finding Hope, *Reunions: Visionary Encounters With Departed Loved Ones*, The Healing Power of Humor, The Loss of Children, The Logic of Nonsense, and Catastrophic Tragedies & Events causing collective grief response.

Expert Trainer & Instructor. Dr. Moody trains hospice workers, clergy, psychologists, nurses, doctors, and other medical professionals on matters of grief recovery and dying.

Private Counselor. Dr. Moody works as a practitioner of philosophic counseling, consulting on a private, individual basis—in person, by phone, or at the bedside of the dying.

Award-Winning Author. Dr. Moody received the World Humanitarian Award in Denmark in 1988. He was also honored with a bronze medal in the Human Relations category at the New York Film Festival for the movie version of *Life After Life*.

Creator and Founder of the Raymond Moody Institute, a not for profit organization dedicated to the teaching, understanding, and researching of all issues related to death and dying, what happens when we die, and grief recovery.

source: www.lifeafterlife.com

- [Books by Raymond A. Moody](#)
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For more information about Dr. Raymond Moody, Jr. please visit his website at: www.lifeafterlife.com

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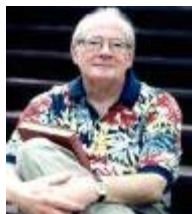
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An Unforgettable Evening!

From Grief to Hope

Reunions: Visionary Encounters with Departed Loved Ones

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The Spiritist Therapy for Those Who Stayed

Divaldo Franco



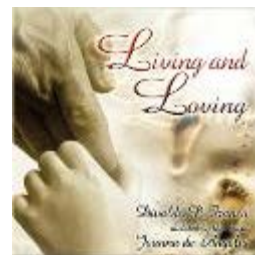
Humanitarian and worldwide renowned Spiritist speaker and medium, Mr. Franco has given more than 14, 000 lectures and spoken in 56 countries. Through his extraordinary mediumship, he has published more than 200 books...
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when
MARCH 16, 2006
7:00pm - 10:30pm
(reception at 6:30pm)

where
Holiday Inn Select
2004 Greenspring Dr.
Timonium. MD 21093
[Directions](#)

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U\$ 35.00

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get a FREE CD
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on-site



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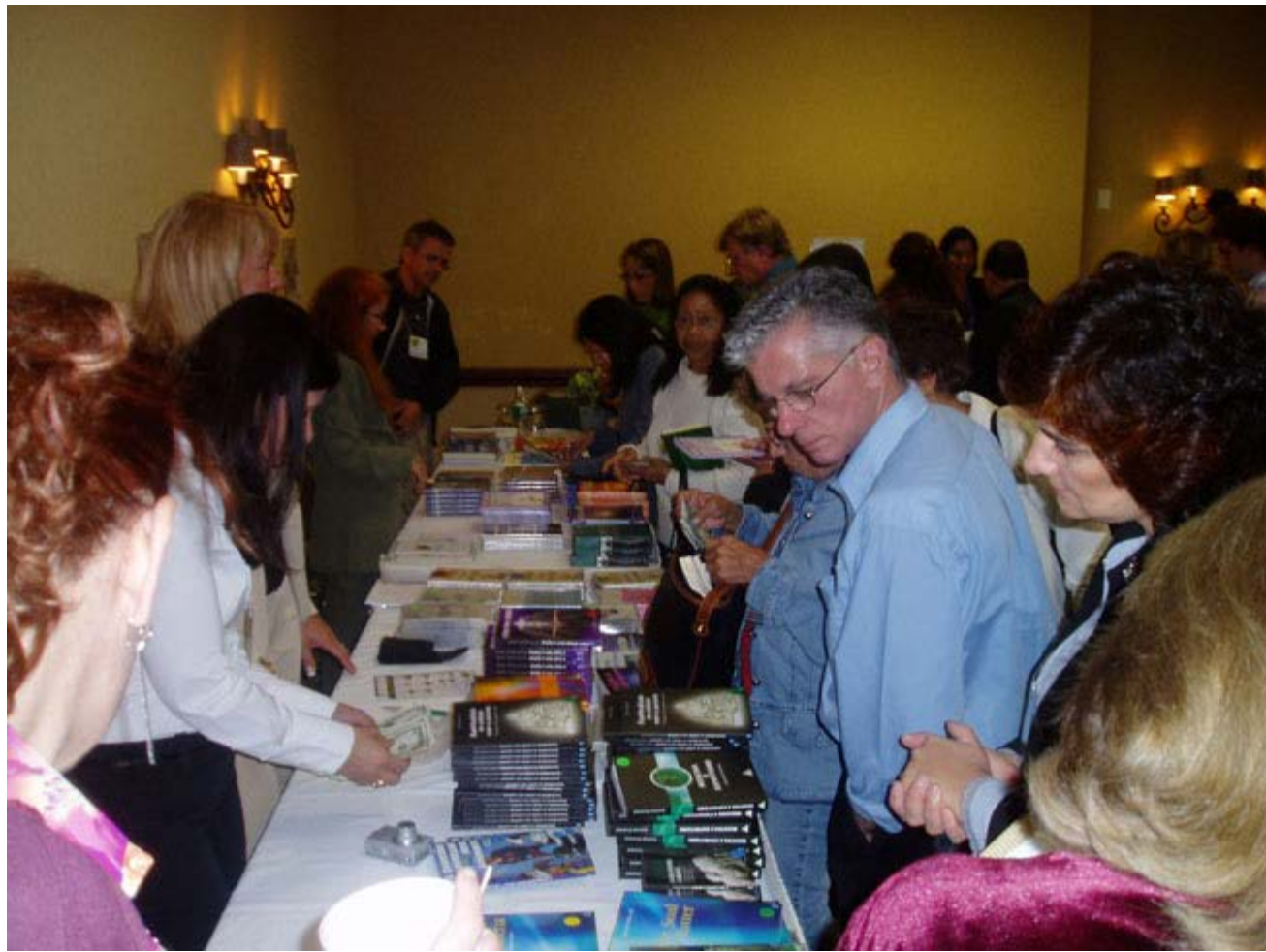








































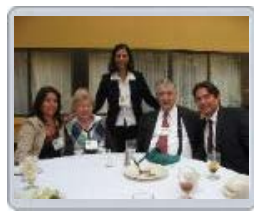
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The Spiritist Therapy for Those Who Stayed

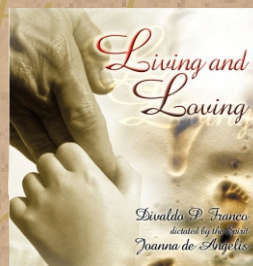
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7:00 PM - 10:30 PM
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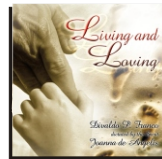
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and constantly progress. That is the law."*

Allan Kardec

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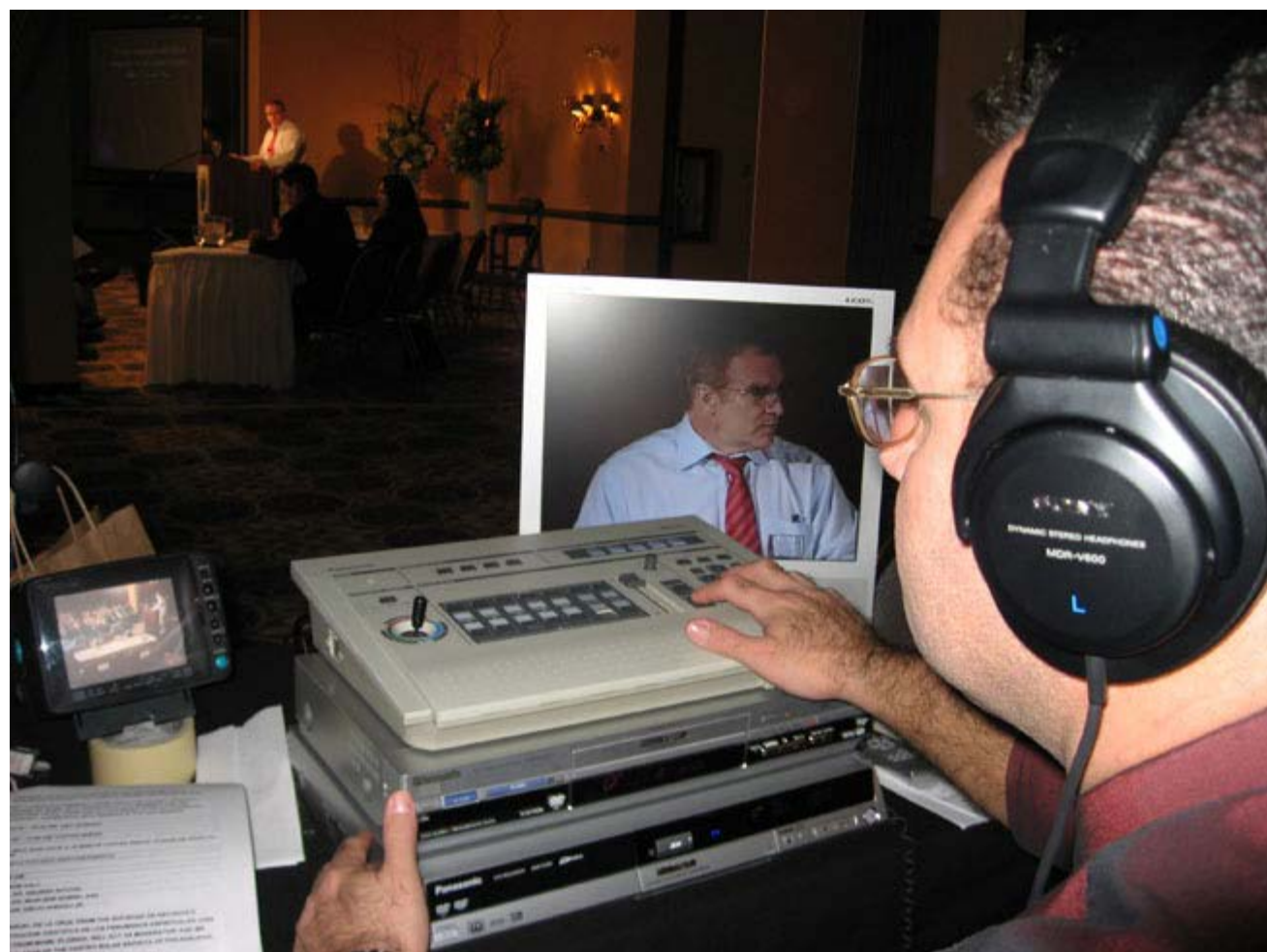
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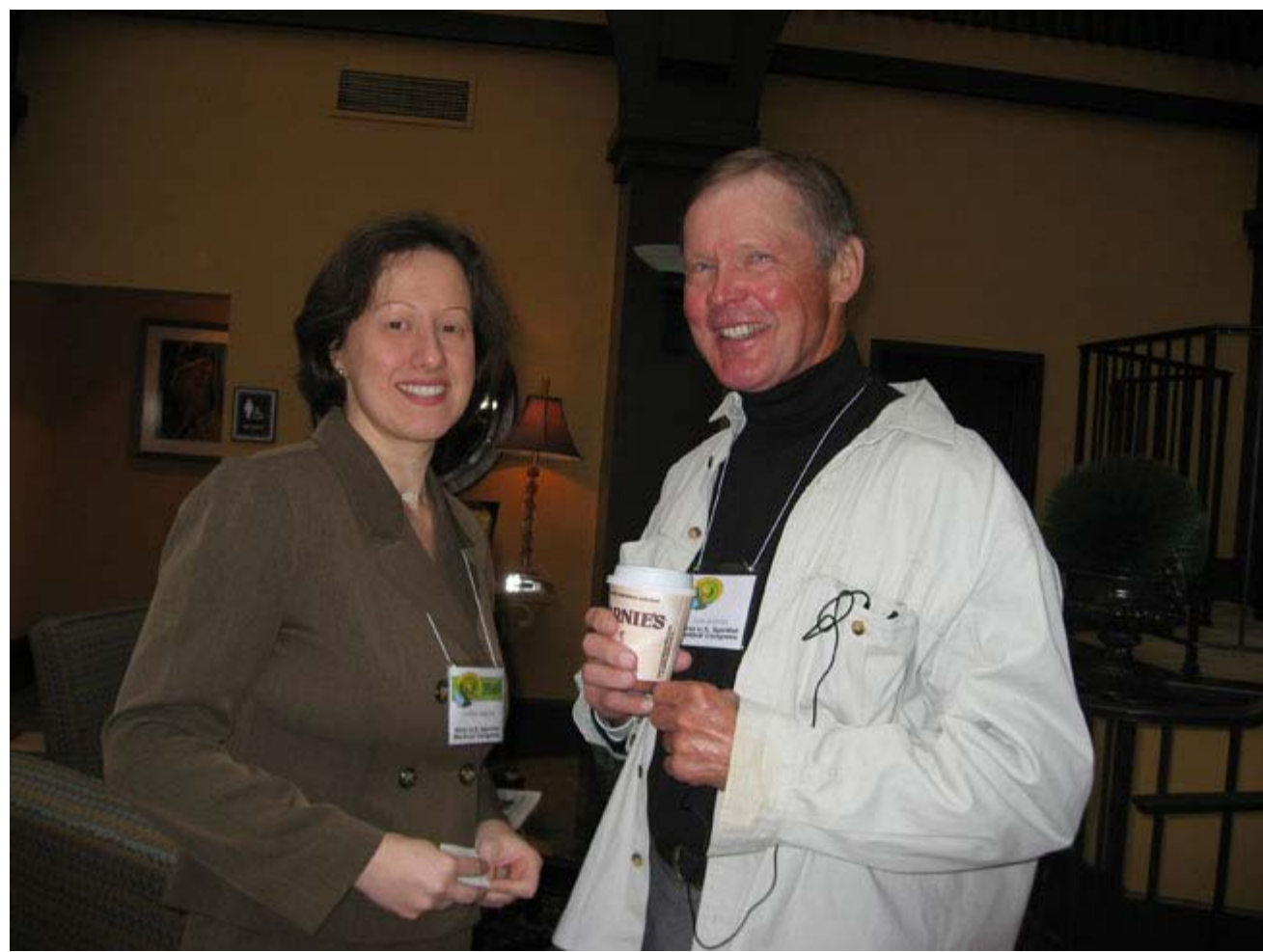










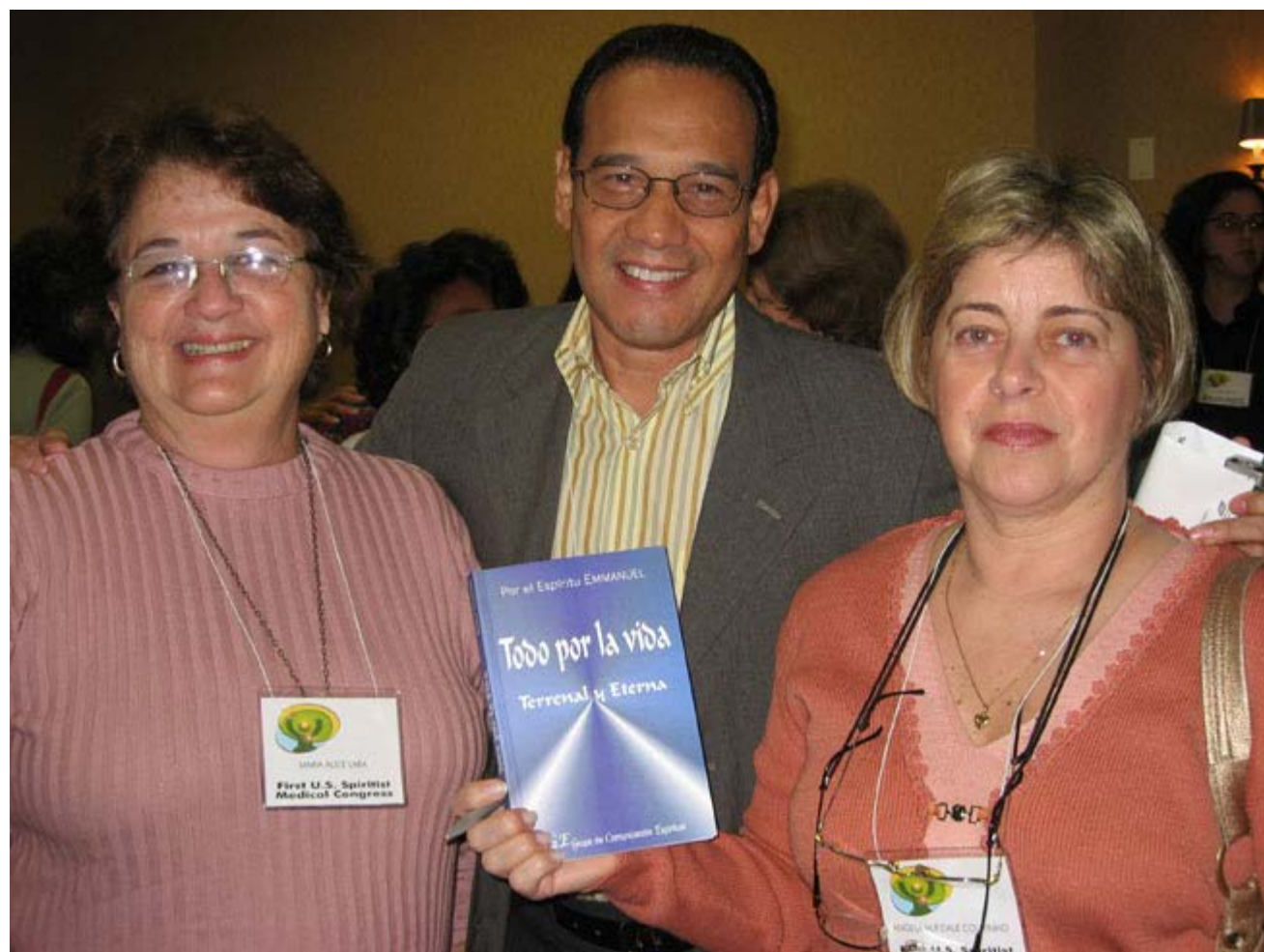






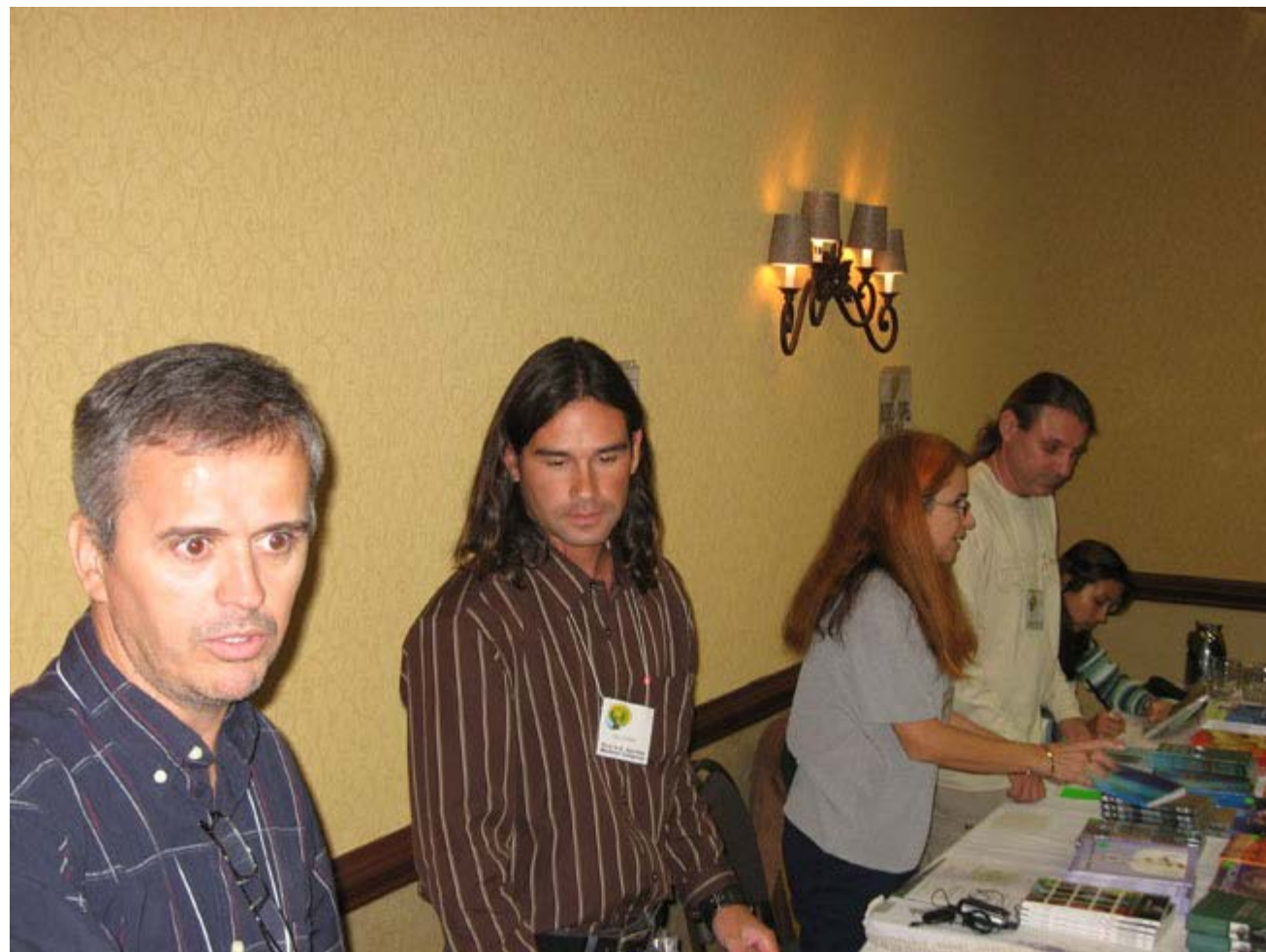






































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TEMPO
5 MINUTOS

3:20
4:00
4:40

Faltan 5 minutos.

" 5 MINUTES LEFT "

