





Greet your day with a prayer of gratitude.

From the book Happy Life by Joanna de Angelis / Divaldo Franco

Special Activities - Saturdays @ 5pm

Watch LIVE on: SpiritistNetwork YouTube Channel or SSB Facebook Page

Jun 5 & 6 – <u>15th U.S. Spiritism Symposium</u> (No SSB meeting)



Jun 12 - Be Kind to Your Mind

@ 5 pm − Alba Morales

Many of us are facing challenges that can be stressful, overwhelming, and cause strong emotions in our day to day lives. In addition to that we had been experiencing a pandemic with devastating consequences for our physical and mental health. In this presentation Alba will bring insights about the causes of mental illnesses and its mechanisms under the Spiritist perspective. Also, the speaker will provide some tools to cope with the mental health challenges.

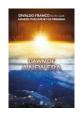
Jun 19 – Times of Health & Conscientiousness | Chap. 3 @ 5 pm – Kirsten DeMelo

Kirsten will begin the study series of the book, "Times of Health & Conscientiousness" by the spirit Joanna de Angelis, through the medium Divaldo Franco. In this talk she will discuss the Chapter 3 entitled "Renewal"

Jun 26 - Dawn of a New Era - Chapters 8 & 9

@ 5 pm - Leonardo Vieira

Leo continues the study series of the book "Dawn of A New Era" by the spirit Manuel P. de Miranda/Divaldo Franco. In this session, Leo will discuss chap. 8 & 9 (Love never sets limits & Delving into understandings)



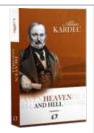
Systematic Study of the book*

HEAVEN and HELL

by Allan Kardec

Thursdays at 7:30pm – 9pm

Come and study with us! Free Admission



* Please connect at least 5-10 min before session starts.

<u>ATTENTION:</u> The **Spiritist Society of Baltimore** (SSB) will continue to hold all its meetings <u>ONLINE</u> until further notice.

Meetings are held via ZOOM and if you need more information on how to connect, please contact us at **443-827-1730** or by email: ssb@ssbaltimore.org

"The desire to reach for the stars is ambitious. The desire to reach hearts is wise."
- Maya Angelou

MONDAYS

6:15 - 8:00 PM*

Fraternal Assistance

Spiritual Treatment

*(6:15pm-6:55pm)

*(7:00pm - 7:45pm)

Mediumistic Meeting (on hold) 8:00pm – 9:30pm

Outreach Program

 Notebook Art Cover Project in collaboration with <u>Fraternity Without Boarders</u>.

For more information: Phone: 443-827-1730 e-mail: ssb@ssbaltimore.org Website: www.ssbaltimore.org