



Monthly Activities

September 2026

"Keep God first and everything else will fall into place"

Special Activities – Saturdays @ 5pm

Watch LIVE on: [Spiritist Network YouTube Channel](#) or [SSB Facebook Page](#)

Sep 05 – Closed in Observance of Labor day weekend

Sep 12 – Existential Emptiness and Releasing Therapy
@ 5 pm – *Alba Morales*

In a world driven by automation, information overload, and a growing disconnection from our inner selves, we must pause, breathe, and reflect on how we fill our inner void—a space that ultimately belongs to God. In this talk, Alba Morales will present key insights from Chapter 15 of the book *Existential Conflicts*, psychographed by the spirit Joanna de Angelis. The session will explore the psychogenesis of losing one's life purpose and introduce releasing therapy as its essential counterbalance.

Sep 19– Beyond Autism: Love, Spirit, and Science in the Journey of the Spectrum

@ 5 pm – *Rafael Rezende (guest speaker)*

Based on his recently released book, "*Para Além do Autismo*" (in Portuguese), join us for an inspiring evening bridging the worlds of cutting-edge neuroscience, Spiritist philosophy, and personal lived experience. Dr. Rafael Rezende—pharmaceutical scientist, neuropharmacologist, and father to triplets (two of whom are on the autism spectrum)—offers a groundbreaking perspective on Autism Spectrum Disorder that transcends traditional medical frameworks to illuminate the soul's path.



Sep 26 – A Return to Life Balance, Health, and Happiness Nutrition Wellness Strategies

@ 5 pm – *Pam Neale (guest speaker)*

The talk will provide positive ideas, guidance, and support on health and wellness strategies. It doesn't matter where you are in life—if you are looking for improved health, please come. Pam's intention is to uplift and have you leave her talk more informed than when you arrived. She believes knowledge is power and wants as many people as possible to be aware of foods that heal and nourish, as well as foods to avoid. Please bring some notebook paper to jot down ideas that inspire you.



This activity will be followed by a **Light Dinner Fundraiser**
(with healthy food...)

Price: \$25/adult \$10 kids. Get your ticket [HERE](#)

Systematic Study of

THE SPIRITS' BOOK

by Allan Kardec

Thursdays at 7:30pm – 9pm*

Come and study with us!



Virtual via [ZOOM meeting](#)

Meeting ID: **811 7511 9627** Passcode: **ssb@1857**

* Please connect at least 5-10 min before session starts.

"Any religion that does not enable people to become better individuals fails to meet its objective."

- Allan Kardec (in *The Gospel According to Spiritism*)

— In order to be pleasing to God and to ensure our future situation, is it enough simply not to do what is evil?



"No. All must do good to the best of their abilities, for all will answer for all the evil that has resulted from the good they left undone."

- *The Spirits' Book*, q/a # 642

MONDAYS

6:15 – 8:00 PM*

Fraternal Assistance

*(6:15pm-6:50pm)

Spiritual Treatment

*(7:00pm – 7:45pm)

Mediumistic Meeting (Private)

8:00pm – 9:30pm

Outreach Program

- Notebook Art Cover Project in collaboration with [Fraternity Without Borders](#).

For more information: Phone: 443-827-1730 e-mail: ssb@ssbaltimore.org Website: www.ssbaltimore.org

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